

Tchotchke

(choch•key)

meaning:
trinket, doohickey, gizmo, whatchamacallit

SAND PUDDING

Ingredients:

1 package vanilla Wafers
2 Oreos
8 oz cream cheese
¼ cup butter
2/3 cup powdered sugar

2 small packages instant
french vanilla pudding mix
2¾ cup milk
12 oz cool whip

Instructions:

Add vanilla wafers and two Oreos to your food processor and crush until they resemble sand.
In a small bowl, cream together softened 8 oz cream cheese, butter and powdered sugar.
In another larger bowl, mix pudding with milk.
Add pudding mixture to the cream cheese mixture.
Fold in all of the Cool Whip.
Layer into bucket in this order: sand, pudding, etc.
sand, pudding
Allow to chill in fridge at least one hour before serving.

Dyer sheets aren't just for the dryer!

Get bugs off of a vehicle by wetting a sheet and wiping the car down. Put a dryer sheet into bags of clothing before storing them away to retain a fresh smell.
A Bounce sheet in a back pocket will repel bees.
Place a dryer sheet under the front seat of your car to keep your car smelling fresh.
A dryer sheet in a pillowcase will keep it smelling fresh.
Get rid of static on your electronic... tv, computer, etc.
Place a dryer sheet in a vacuum to keep it fresh.
Place a dryer sheet in a baking pan and fill with water, leave overnight to remove baked on foods.
Rub a dryer sheet on carpet to collect loose pet hair.
Dryer sheets also collect sawdust.
Dryer sheets repel mosquitos, mice and ants.
They dissolve soap scum in a shower by rubbing it with a wet dryer sheet.
A dryer sheet in old tennis shoes will prevent the closet from filling up with odor.
Place dryer sheets in an old photo album to remove static and odor.
Toss one in the wastebasket to eliminate odors.
Rub one on dull scissors for a quick fix.



Teeth Whitening

Dr. Oz Teeth Whitening Home Remedy: 1/4 cup of baking soda + lemon juice from half of a lemon. Apply with cotton ball or q-tip. Leave on for no longer than 1 minute, then brush teeth to remove.



Get Rid of Ant Hills with Sugar and Borax

Mix the sugar and borax in equal parts. Apply to the ant beds by sprinkling the mixture atop the mound. Use a good amount on ant hill for only pennies!



Outdoor lighting that Sparkles

Mix water with Elmer's glue and brush the inside of the mason jars. Add glitter of your choice to the inside of the jars, and roll/spin the jar around until the glitter coats the sides. Let dry and add a tea light! Makes great outdoor lights!

JULY SCHEDULE

We apologize for reduced available appointments in July.

Due to the Independence Day holiday and a need to travel to visit a college, the number of clinic days will be reduced.

Please call early to schedule your appointment. Full service will resume in August.

Thursday, July 11
Wednesday afternoon, July 17
Thursday, July 18

Rainy Lake
Medical Center
Hospital
Campus

RENAISSANCE
HEARING CENTERS, INC.
612 5th St. NW, Bemidji 444-4444 or 1-800-414-5854
renaissancehearingcenters.com

Great Food To Go
The Rose Garden Restaurant
LUNCH Special Combinations!
Monday - Friday 11am-2pm
All combos include egg roll & fried rice
Family DINNERS
for one up to six 5pm-8pm
HOURS:
M-F 11am-2pm & 5-8pm
Sat. 5-8pm Closed Sunday
Main Street District • 311 4th Ave. 283-4551

LAWN MOWER DRAG RACES

LITTLEFORK FAIRGROUNDS
JULY 12, 2013
WARMUPS 5PM RACES AT 6
100 FT STRAIGHT DRAGS

OFFICIAL RULES: 1. Every entrant must wear a helmet. 2. Must use riding mower frame/chassis. 3. Must use riding mower engine (up to 20 h.p. in modified class). 4. Must be at least 14 years old to race in modifieds. Minors must have parent present and sign waiver form. 5. Must have working engine kill switch. 6. Mowers must have race number.

\$10.00 Entry Fee Modified and stock classes.
Winings depend on number of entries. Separate payout for each class. Additional rules or changes will be discussed at drivers meeting before the races. Decisions of the race official will be final!
Any questions call: Destry Hell 218-244-2234 or Tony Pearson 218-417-0229

Falls Country Club
On Scenic Rainy River

Coca-Cola Junior Golf Tournament

Sponsored by *Coca-Cola* Bottling Co., Int'l Falls

ALL JUNIORS ARE WELCOME REGARDLESS OF AGE.
THIS IS JUST A FUN EVENT!

Thursday, July 18th
8:30 a.m. Starting Time

NO ENTRY FEE!
Gift Packs for all Contestants,
Fun Prizes, Free Lunch!

**#1
Rule is
to Have
Fun!**

Summer Junior Golf Clinic

July 15th, 16th & 17th
8AM - 11AM

Don't Miss Out!
Designed for the younger, beginning player.
Ages 5-12 • \$45 per session

For more info call or stop in at the Pro Shop
218-283-4491 • www.fallsccl.com •

Rainy Lake Medical Center Foundation Golf Classic Thursday, July 25

Registration at 2 p.m., Golf begins at 3 p.m.

To become a sponsor and register your team,
call 218-283-5524

Sponsorship Opportunities:

- Corporate = \$1,500 (golf & dinner for 8)
- Hole = \$500 (golf & dinner for 4)
- Partner = \$300 (golf & dinner for 4)
- Golf & Dinner = \$75/person
- Dinner only = \$25

**Rainy Lake
MEDICAL CENTER
FOUNDATION**

Funds raised from this event will be used to purchase a GE Healthcare MAC5500 HD portable ECG (EKG) Machine with Cardisoft software for the Emergency Department at RLMC.

VFW Post MEMBERS & GUESTS

Friday & Saturday

July 12 & 13
Live music by
"Crew 81"

RENT OUR BANQUET ROOM FOR A GREAT RATE!

Summer Bingo Every Tuesday!

Mon. 6:30 pm - Whist
Wed. 6:30 pm - Gin
Sat. 2:00 pm - Cribbage



Play Pull Tabs • VFW 2948 Gambling Lic. #A-00071