

SPORTS

47 finish 10th Arrowhead 135 ultramarathon

Weather warm-up helps final day of race

BY KEVIN BONESKE
Sports Editor

Clear skies and sub-zero weather gave way to clouds and double-digit temperatures above zero Wednesday when the 10th annual Arrowhead 135 ultramarathon wrapped up after 47 of the athletes who started at Kerry Park in International Falls made it to the finish at the Fortune Bay Casino near Tower.

Of 142 entrants listed as being present at the start around 7 a.m. Monday, 30 of 84 bikers, 16 of 56 runners and one of two skiers completed the 135-mile route along the Arrowhead State Trail within the allotted 60 hours.

“We had some frostbite, some blisters, some mechanical issues,” race director Ken Krueger said of the difficulties the athletes faced in the cold weather.

Krueger noted this year’s race had the largest number of starters and the second-lowest percentage of finishers in its 10-year history.

From the start of the race, when the air temperature dipped to -24 degrees Fahrenheit, the athletes faced sub-zero weather on the first two days as the wind also enhanced the chill that took its toll on the number able to finish.

“Some folks flat out weren’t prepared (for the possibility of frostbite in sub-zero weather) and they ended up dropping out,” said Krueger, who noted no one in the ultramarathon was seriously injured.

Those that didn’t reach the finish line at Fortune Bay dropped out in the first two days when Krueger noted the trail conditions were good and the weather was brutal.

Of the 30 bikers who finished, Jay Petervary of Idaho came in first overall when he arrived early Tuesday morning at Fortune Bay in a time of 20 hours, 11 minutes. This year’s top female, Tracey Petervary of Idaho, finished fifth overall



From left, Arrowhead 135 bikers Mark Seaberg (104) and Todd McFadden (163), both Minnesotans, rode together Monday morning when they approached the Gateway General Store checkpoint in Kabetogama, where McFadden, last year’s top finisher, dropped out of the race because of frostbite. Seaberg placed 15th in 34 hours, 6 minutes.

in 27:22:00.

One biker became the sixth person ever in the 10 years of the Arrowhead 135 to have finished the ultramarathon by biking, running and skiing as Minnesotan Jim Reed came in 18th overall in 34:27:00.

The final biker to finish, Thomas Woods of Colorado, had a time of 51:15:00.

The only skier to finish, Ben Shillington of Ontario, made it to Fortune Bay in 54:06:00.

All the runners who reached Fortune Bay arrived Wednesday when the extreme cold weather moderated in the cloud cover.

“(The warmer weather on Wednesday) helped a lot,” Krueger said.

Minnesotan Scott Hoberg was the first runner to reach the finish in 43:26:00. A new Arrowhead 135 record for female runners was set Wednesday when Alicia Hudelson of Georgia finished in 47:59:00,

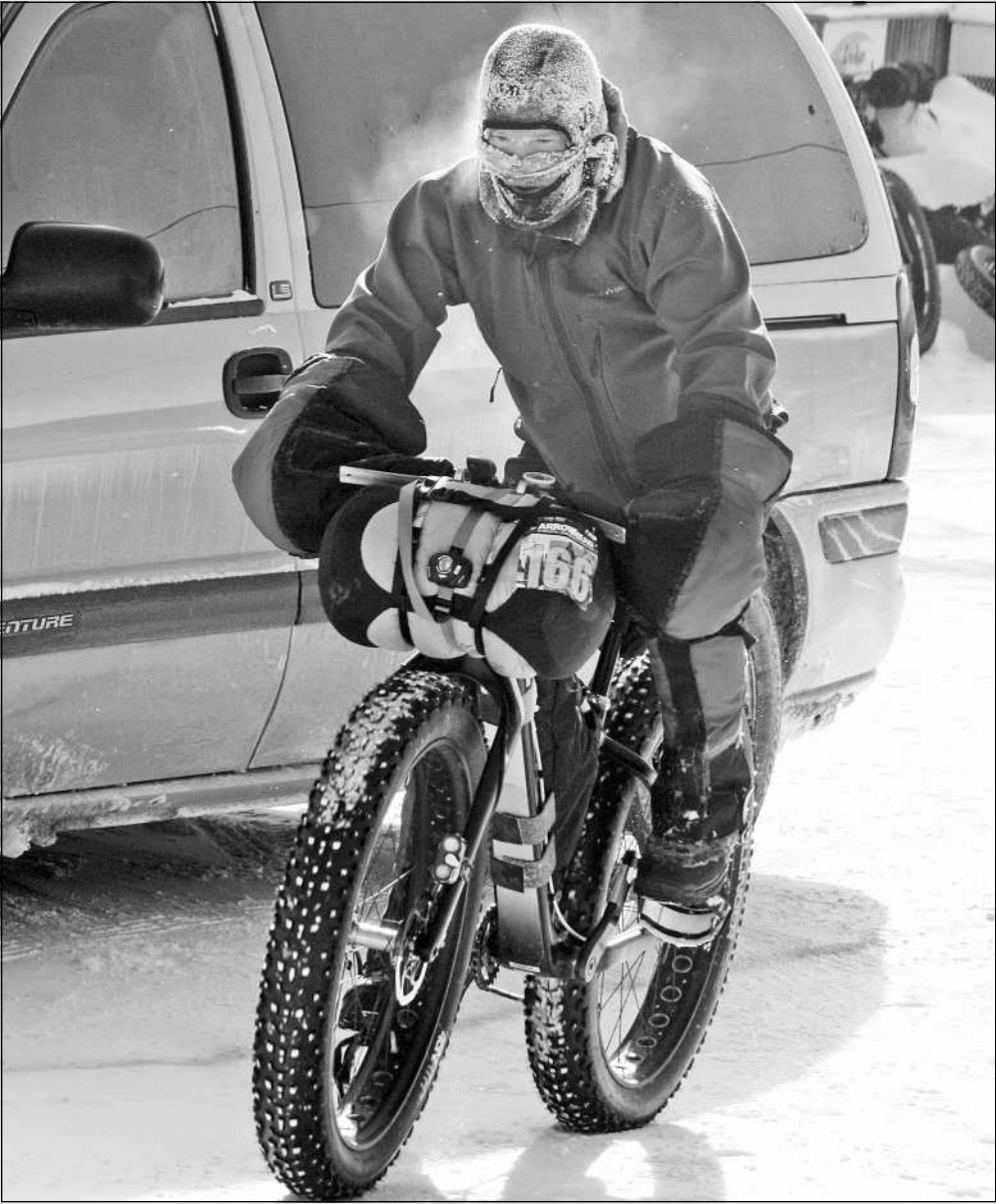
shattering the previous record by around 7 hours.

Minnesotan Roberto Marron was the last to finish in time when he arrived at Fortune Bay in 59:43:00.

Brazilian Carla Goulart had hoped to become the first South American woman to finish the Arrowhead 135 within 60 hours. However, she arrived at Fortune Bay 10 minutes after the cutoff time.

Complete results of the Arrowhead 135 are posted on the race’s website, www.arrowheadultra.com.

Krueger, who is from the Falls and was in his first year as the race director with his wife, Jackie, after taking over from Dave Pramann – who is from Burnsville and was previously in charge of the race with his wife, Mary – said the key volunteers who have been involved with the Arrowhead 135 in the past were back this year to help make the ul-



Arrowhead 135 biker Tracey Petervary (166) of Idaho, shown leaving the Gateway General Store in Kabetogama on Monday morning, was the first female to reach the finish line at the Fortune Bay Casino by placing fifth overall in 27 hours, 22 minutes.

tramarathon continue to run smoothly, along with the Pramanns being on hand to help out.

Proceeds from this year’s event will go to the Special Operations Warrior Foundation, the local Minnesota Safe Families for Children organization and the International Falls food shelf.

The 2015 Arrowhead 135 has been set for Jan. 26-28.

Arrowhead 135 runner Sue Lucas (153) of Manitoba, shown crossing Highway 53 midday Monday south of Ericsburg, was unable to finish this year’s ultramarathon.



MEN’S BASKETBALL

Voyageurs shot down at Mesabi Range

RRCC falls to 1-6 in MCAC

JOURNAL STAFF REPORT

Facing another high-percentage shooting team on the road Wednesday night, the Rainy River Community College men’s basketball team lost its fourth consecutive Minnesota College Athletic Conference Northern Division game after falling in Virginia to Mesabi Range, 104-72.

“We just couldn’t slow

them down defensively,” said RRCC head coach Jack Cook, who noted the team couldn’t keep up with the Norsemen shooting 43-69 (62.3 percent) from the field overall, compared to 28-70 (40 percent) for the Voyageurs.

Mesabi Range, which was able to work the ball inside for multiple scoring oppor-



James Sauser Denesia

tunities, had three players end up with more than 20 points. Robert Littleton led the Norsemen with a game-high 29 points, followed by Becarius Dinkins with 25 and Kenneth Delley with 21.

James Sauser Denesia led RRCC with 26 points, which included five 3-pointers, while Ahmad Poche added 17 points as the only other Voyageur player scoring in double figures.

Mesabi Range rebounded RRCC, 35-29, and also committed five fewer turnovers.

The Voyageurs, whose season record dropped to 1-6 in the MCAC North and 3-16 overall, return to action at 2 p.m. today when they host Central Lakes.

Mesabi Range 104, Rainy River 72
Rainy River 34 38 - 72
Mesabi Range 48 56 - 104
Rainy River: Jimson Clerveus 2, Harold Jenkins 6, Ahmad Poche 17, Fedner Fleurant 2, James Sauser Denesia 26, Deion Miley 6, Andrew Nichols 8, Fred Perard 2, Demetrius Murphy 3. 3-pointers: Sauser Denesia 5, Poche 2, Miley 2, Nichols 2, Murphy. Free throws: 4-7. Fouls: 18.

WOMEN’S BASKETBALL

Voyageurs conquered by Lady Norse, 74-44

RRCC drops to 0-6 in MCAC

JOURNAL STAFF REPORT

The Rainy River Community College women’s basketball team remained winless in the Minnesota College Athletic Conference’s Northern Division on Wednesday night when the Voyageurs lost at Mesabi Range, 74-44.

“We struggle for offense,”

said RRCC head coach Dieter Humbert. “We get some pretty good looks (at the basket) and aren’t knocking down our shots.”

The Lady Norse outshot the Voyageurs from the field overall, 30-81 (37 percent) to 17-65 (26.2 percent), and also had a 57-34 advantage in rebounding.

Mesabi Range was led in scoring by Kendra Dallmann and Kathy Ostman with 12 points apiece, while Lavada

Roberson added 11 points.

RRCC had no one score in double figures with Sarina Phrathep, Kurstyn Gordon and Nikeyia Jones having eight points apiece.

The loss dropped the Voyageurs’ season record to 0-6 in the MCAC North and 6-16 overall. RRCC’s next game is at home next Wednesday against Itasca.

With six conference games left halfway through the MCAC North schedule, Hum-

bert said the Voyageurs need to win at least five of six to expect to finish in the top four and qualify for the region tournament.

Mesabi Range 74, Rainy River 44
Rainy River 21 23 - 44
Mesabi Range 34 40 - 74
Rainy River: Sarina Phrathep 8, Kurstyn Gordon 8, Roneisha Jordan 5, Nikeyia Jones 8, CaseyLynn Fulton 3, Alisha Brinker 6, Reggie Krickeberg 6. 3-pointers: Gordon 2, Krickeberg 2, Phrathep. Free throws: 5-8. Fouls: 11.

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