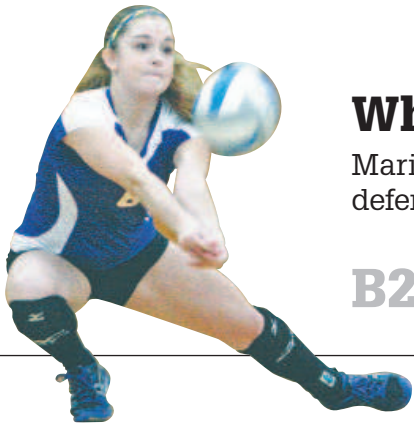


SPORTS



Who is...
Marissa Meyer, Broncos senior defensive specialist, is featured

B2

QUICK HITS

Fort Frances Lakers shut out Ice Dogs

The winning ways of the Fort Frances Lakers continued Wednesday night when they won their 11th consecutive Superior International Junior Hockey League game with a 6-0 shutout over the Ice Dogs at Dryden Memorial Arena.

The only Lakers goal in the first period came from Kevin Kurm at 14:06.

Fort Frances then went on a five-goal barrage in the next 20 minutes started by 2012 Falls High School graduate Mason Meyer and followed by Bryce Lipinski, Patrick Sofer, Colten Spicer and Torrin Grange.

Though no goals were tallied in the final period, penalties continued to be aplenty with the other FHS graduate



Mason Meyer

ate on the Lakers, Lucas DeBenedet, being called for a 2-minute minor un-sportsman-like conduct penalty 50 seconds into the period.

Both teams combined for 14 penalties over three periods with Fort Frances committing six 2-minute minors.

Jordan Cartney made 29 saves to record the shut-out victory in goal for the Lakers, who improved to 12-1-0-1 for the season and remained atop the six-team SIJHL standings.

Dryden goalie Shayne Dietl stopped 24 of 28 shots, before being relieved late in the second period by Robert Kopytek-MacKenzie, who faced 16 shots when he gave up two goals.

Fort Frances will seek its 12th win in a row when the team returns to action tonight at 7 against the English River Miners at Ear Falls Arena.

Gordon, Cramer score in Oilers' shootout loss

Goals by two International Falls players on the Tulsa Oilers forced overtime Wednesday night, before the Allen Americans ended up winning the Central Hockey League contest at home in a shootout, 4-3.

Falls native Ben Gordon, who provided a first-period assist on Tulsa's first goal of the game, then scored an unassisted goal at 17:40 of the second period to cut Allen's lead to 3-2.

Gordon, Tulsa's second leading scorer from a year ago, recorded his first goal of the season after picking off a pass deep in Allen territory and ripping a shot past Americans goalie Bryan Pitton.



Ben Gordon

Former Falls High School player Ryan Cramer tied the game at 3-3 at 1:04 of the third period on a short-handed goal assisted by another player from the Falls, Drew Fisher, and Jake Obermeyer.

It was Cramer's second goal of the season and the team's first shorthanded goal.

After no additional goals were scored in the rest of the period and in the overtime session, both teams had five shooters go after goals in the shootout.

Fisher and Gordon were unsuccessful on their shoot-out attempts, while the game-winner came from the Americans' Tyler Ludwig.

BRONCO ATHLETIC HALL OF FAME

2014 induction class picked

Four individuals include first female inductee; state champion football team also being honored

BY KEVIN BONESKE
Sports Editor

Four individuals, including the first female inductee, and a state championship football team will be honored April 26 as the next class of inductees into the Bronco Athletic Hall of Fame.

The Hall of Fame's Class of 2014 includes distance runner Tina (Bahr) Ostroot, hockey coach Dean Blais, hockey players Keith "Huffer" Christiansen and Oscar Mahle and the 1954 International Falls football team.

The four individuals received the most votes this week from the Hall of Fame's selection committee, which included current Falls athletic director Kevin Grover, former athletic director Don Rolando, former longtime head football coach Stuart Nordquist, Bronco sports booster and Fall High School math teacher Timm

Ringhofer, Bronco Basketball Boosters president Chris Oustad and two previous inductees, Neil Sheehy and Tony Lynch.



Dean Blais

The group involved in forming the Hall of Fame planned to induct four individuals and a team for 2014.

Ostroot, who is the first female being inducted into the Hall of Fame, still holds the school records she set at FHS more than 30 years ago in the girls 1600-meter run (5 minutes, 7.5 seconds) and 3200 run (11:06).

"It's quite an honor (being inducted into the Bronco Athletic Hall of Fame)," Ostroot said. "It was kind of a surprise."

Ostroot, a 1980 FHS graduate who participated in cross country, basketball and track and field, was a six-time state qualifier.

When girls cross country runners in Minnesota competed on a 3200-meter course in the late 1970s, Ostroot was the state champion in Class AA her junior and senior years.

She also finished sixth as a sophomore when girls cross country runners competed in a single class

on a 2-mile course.

Ostroot's top track and field finishes at state include being second in the 3200 run her senior year and a fourth- and third-place finish in the 1600 run in her sophomore and junior years, respectively.

When asked about being the first female inducted into the Bronco Athletic Hall of Fame, Ostroot said she appreciates all the support she received to be selected from among all the "great female athletes" who have competed for the Falls.

Ostroot continued to compete in running after high school and was named to the Idaho State University Hall of Fame in 1993. Her various achievements while running for ISU from 1980-83 included setting the outdoor school record in the 5000 run in 1982.

She now resides in Elk River, where she has been a teacher for 28 years, and also helps out at track meets.

Ostroot, who is the daughter-in-law of former longtime FHS track and field coach Dick Ostroot, has run this year in various distance events, including having been in the Boston Marathon, where she completed the 26.2-mile route minutes before the explosions near the finish.

She said she plans next

April to once again run in the Boston Marathon, which will take place a few days before the Bronco Hall of Fame induction banquet she is looking forward to attending at the AmericInn in the Falls.

Blais, a Falls native, has an extensive hockey coaching career, including his present position as head coach of the University of Nebraska Omaha men's team, having been in charge of the Mavericks' program since 2009.

His collegiate coaching career has also included being the head coach for 10 seasons at the University of North Dakota from 1994-2004, appearing in seven NCAA tournaments and winning Division I national championships in 1997 and 2000.

Prior to becoming the head coach at North Dakota, Blais was the head coach of Falls' boys hockey team for two seasons from 1992-94, compiling a 32-15 record.

He previously was a high school head coach at Minot, N.D., and at Roseau, where he led the team to the Minnesota state championship during the 1989-90 season.

His various assistant coaching positions included serving on the U.S. Olympic Men's Ice Hockey Team that took fourth place in the 1992 Winter

Olympics in Albertville, France.

He played college hockey for the University of Minnesota from 1969-73. In 124 games, he had 56 goals and 83 assists for 139 points.

Blais then played three seasons of pro hockey with the Chicago Blackhawks' development team in Dallas, Texas, before becoming an assistant college coach at Minnesota in 1976-77.

His nephew, Falls native Willie Corrin, is currently in his sophomore season as a defenseman playing for the University of Minnesota Duluth men's hockey team.

Christiansen played for UMD from 1963-67 and led the team in scoring for four years, tallying 196 points in 102 collegiate games. A first-team All-American in 1966-67, his No. 9 jersey was retired upon his graduation.

He was inducted into UMD's Hall of Fame in 1991 and the U.S. Hockey Hall of Fame in 2005.

Following college, Christiansen played on the U.S. National Team for three years and was also part of the U.S. Hockey Team that won a silver medal in the 1972 Winter Olympics in Sapporo, Japan. Two other players on the 1972 Olympic Team from the Falls, forward Tim Sheehy and goalie Mike "Lefty" Curran, were

Hall of Fame to B2 ➤

GIRLS SWIMMING AND DIVING



FILE PHOTO

International Falls' Abby Kostiuk now holds the Bronco girls record in the 100-yard backstroke after placing first at Tuesday's Pumpkin Quad in 1 minute, 5.18 seconds. She broke the previous school record of 1:05.58 set by Lucy Nevanen in 2006.

Broncos win Pumpkin Quad

Abby Kostiuk sets new FHS 100 backstroke school record

JOURNAL STAFF REPORT

One school record fell Tuesday when the International Falls girls swimming and diving team won the Pumpkin Quad hosted by Mesabi East.

The Broncos had the top score of 379 points, followed by Mesabi East (304), Chisholm (273) and Northeast Range (207).

Two of Falls' swimmers were double individual winners.

Sophomore Abby Kostiuk set a new Bronco girls record in the 100-yard backstroke by placing first in 1 minute, 5.18 seconds, breaking the previous school record of 1:05.58 set by Lucy Nevanen in 2006.

Kostiuk also won the 100 freestyle (1:01.28).

Falls senior Breanna Shofner placed first in

both the 50 freestyle (26.84) and 100 butterfly (1:07.24).

The Broncos got another top individual finish from freshman Claire Herzig in the 100 breaststroke (1:18.76).

The Falls also won a relay race with Kostiuk, Shofner and freshmen Emma Misner and Emily Saari placing first in the 200 medley relay (2:03.72).

Misner added a runner-up finish in the 100 butterfly (1:11.61), while senior Blair Johnson placed second in the 50 freestyle (26.84) and junior Jessie Hell came in second in the diving competition (155.4 points).

The Broncos' third-place individual finishes came from sophomore Abby Auran in the 500 freestyle (6:36.24) and Stone in the



Breanna Shofner

Broncos to B2 ➤

Cut out this information to keep for your reference.

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- Stay Warm Minnesota at **mn.gov/commerce/energy/topics/resources/Stay-Warm-Minnesota**
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