

Booklet helps nervous parents talk to their kids about sex

DEAR ABBY: Help! My daughter just turned 13, and I need to discuss the facts of life with her. I don't know where to start.

My mom told me absolutely NOTHING, and I know my daughter needs to be educated in a simple but very understandable way – especially in these times. Do you still have your booklet that gives teens answers to questions on sex? I need ideas on how to approach this. — **NERVOUS MOM IN ILLINOIS**

DEAR NERVOUS MOM: Because many parents find the subject of sex embarrassing, they postpone discussing it with their children. When “the talk” finally happens, it is often too late. Their child’s head is filled with information received from contemporaries, and often what they’ve heard is inaccurate. Today, children are maturing years earlier than they did a generation ago. It’s not unusual to hear about teens engaging in adult activities at much younger ages than teens of earlier generations. That is why it’s so important for parents (and guardians) to begin discussions about alcohol, drugs and family values well before their children start experimenting. My booklet,



DEAR ABBY

Included is information on contraception and sexually transmitted diseases (and how to recognize them). My booklet has been distributed in doctors’ offices and used to promote discussion by educators and religious leaders, as well as parents like you who find it difficult to discuss these topics with their children.

DEAR ABBY: I recently started a summer job in the fitting room of a clothing store. Customers often ask me what I think about their outfits, and the most common question is, “Does this make me look fat?” How do I answer if the outfit DOES make the woman look fat? These women want honesty, but how do I avoid sounding rude? — **CONFLICTED IN NEW JERSEY**

DEAR CONFLICTED: Try this: “The color is great on you. Let’s get it in another size and it’ll be perfect. Sometimes garments have been mismarked.” (It’s true.)

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

su | do | ku

© Puzzles by Pappocom

4		3			7		9
			3	9			
8				4			2
3	4		2		6		8 5
		6				2	
1	9		5		3		7 6
7				3			1
			4		2		
6		8			3		7

Instructions for play: Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

That’s all there is to it. There’s no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It’s fun. It’s challenging. It’s addictive!

Solving time is typically from 10 to 30 minutes, depending on your skill and experience. The solution for today’s puzzle will be published in Saturday’s paper. Or you can go to www.sudoku.com to find the solution.

4	8	9	5	1	7	3	6	2
6	1	5	2	4	3	7	8	9
3	2	7	8	6	9	4	1	5
7	3	8	1	9	4	5	2	6
2	5	6	3	7	8	9	4	1
9	4	1	6	2	5	8	3	7
1	9	4	7	3	6	2	5	8
5	6	3	9	8	2	1	7	4
8	7	2	4	5	1	6	9	3

HELOISE’S KITCHENEERING BY HELOISE

Peanut Brittle Is Back!

Dear Heloise: Can you please reprint your HELOISE PEANUT BRITTLE recipe? I haven’t made it in years, and I cannot find the recipe! — Ellen S. in Indiana

This recipe is so easy and quick, because you make it in the microwave. Gather the following ingredients:

- 1 cup of granulated sugar
 - 1/2 cup of light corn syrup
 - 1 1/2 cups of raw (skin on) peanuts
 - 1/8 teaspoon of salt
 - 1 teaspoon of vanilla extract
 - 1 teaspoon of butter
 - 1 teaspoon of baking soda
- Place aluminum foil over a cookie sheet (with sides) and spray lightly with non-stick cooking spray.

In a large, microwave-safe bowl, combine sugar, corn syrup, peanuts and salt. Mix together. Place in the microwave (wattages vary, so you may need to adjust the times) and heat on HIGH for 8 minutes, stirring well halfway through cooking.

Stir in the vanilla and butter, and microwave another 2 minutes on HIGH. Carefully take the bowl out, because it will be very hot!

Add the baking soda and stir until the mixture becomes foamy and light. Be careful not to overstir!

Quickly pour the mixture onto the cookie sheet using a metal knife. You may need help with this.

Evenly spread the mixture to about 1/4-inch thickness. Let it cool, then break into pieces and store the peanut brittle in an airtight container or a plastic, zip-top bag. — Heloise

Send A Great Hint To:

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Fax: 210-HELOISE
Email: [Heloise\(at\)Heloise.com](mailto:Heloise(at)Heloise.com)

Self-Rising Flour

Dear Heloise: As I was growing up, my grandmother said that you could use self-rising flour in baking instead of plain flour, baking powder and salt. Is this regardless of the measurements for the baking powder and salt? -- Renee P. in North Carolina

No, you need to be aware of the measurements, which are the following: 1 cup all-purpose flour, 1 1/2 teaspoons baking powder and 1 teaspoon table salt. These measurements are what change plain flour to self-rising flour. — Heloise

Saving Wrappers

Dear Heloise: I always use the wrappers from sticks of butter to grease casserole dishes or baking sheets. When I have wrappers but no cooking immediately planned for which they will be used, I store the wrappers in the freezer. The freezer keeps the wrappers fresh and ready to use. — Kelly T. in Illinois

Cooking Bacon

Dear Heloise: We cook our bacon outside in an electric skillet to keep odor and splatters out of the house. We cook at least a pound at a time, and we put what we don’t use in a plastic freezer bag. It keeps great in the freezer, and whenever you want a couple of pieces, you pop them into the microwave for 10 seconds. Yum! — Craig and Patti J. in Michigan

CROSSWORD

By THOMAS JOSEPH

ACROSS

- 1 City near Vesuvius
- 7 “Like that’ll ever happen!”
- 11 Noted cow owner
- 12 Grayish purple
- 13 Rats and the like
- 14 Troubling sign
- 15 Soothe
- 17 Gift attachments
- 20 Trims
- 23 Flightless bird
- 24 His title is “Sir”
- 26 Pop’s wife
- 27 Tell tales
- 28 African grazer
- 29 Beats with one’s fists
- 31 German conjunction
- 32 Singing groups
- 33 Gorillas and gibbons
- 34 Baking spice
- 37 Tatters
- 39 Mecca setting
- 43 Burden

44 Indian lutes

45 Sort

46 Play parts

DOWN

- 1 Fall mo.
- 2 Saloon supply
- 3 Apiece
- 4 Flock members
- 5 Lake near Buffalo
- 6 Dubbing concern
- 7 Artemis’ twin
- 8 Recapping surface
- 9 Rink
- 10 Marsh
- 16 Field units
- 17 Entice
- 18 Love affair
- 19 Bungling
- 21 Tubular pasta
- 22 Fancy buttons
- 24 Fortunate, in a way
- 25 Feel poorly
- 30 Rich dessert
- 33 Quartz variety
- 35 Bulk
- 36 Bana of “Troy”
- 37 Nonsense
- 38 Some amount of
- 40 Prohibit
- 41 Hot blood
- 42 Wagon puller

NEW CROSSWORD BOOK! Send \$4.75 (check/m.o.) to Thomas Joseph Book 1, P.O. Box 536475, Orlando, FL 32853-6475

1	2	3	4	5	6	7	8	9	10
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29			30					31	
32							33		
		34				35	36		
37	38					39		40	41
43						44			42
45						46			

7-16

CROSSWORD

By THOMAS JOSEPH

ACROSS

- 1 Years gone by
- 5 Eight-tracks, e.g.
- 10 Small porch
- 12 Limerick people
- 13 Music’s Lena
- 14 Pronounce-ments
- 15 Colony member
- 16 House head
- 18 Less powerful
- 20 Sheltered side
- 21 Proton’s place
- 23 Print units
- 24 Falafel holder
- 26 Early carmaker
- 28 Hr. part
- 29 Store event
- 31 Pig out
- 32 Lab vessel
- 36 Sporting shoe
- 39 Yale rooter
- 40 Neigh sayer
- 41 Texas landmark
- 43 Cream of society
- 44 Doctrine

45 Bourne’s portrayer

46 For all of us

DOWN

- 1 “Fiddle-sticks!”
- 2 Make amends
- 3 In a way, informally
- 4 Hauler’s unit
- 5 Ocean motion
- 6 Met highlight
- 7 Blotto
- 8 Reveres
- 9 Stock units
- 11 Old Spanish money
- 17 Supporter’s side
- 19 Crazy —
- 22 Under-ground rodent
- 24 Instrument that plays itself
- 25 Meantime
- 27 Michele of “Glee”
- 28 Fit together well
- 30 Tad’s dad
- 33 Sandra’s “Speed” co-star
- 34 Bugs bugs him
- 35 Anarchic events
- 37 Concern-ing
- 38 Acute
- 42 Summer sign

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1	2	3	4		5	6	7	8	9
10				11					
13								14	
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18			19					20	
					21		22	23	
	24	25				26	27		
28				29	30				
31					32			33	34
36			37	38				39	
40						41	42		
43						44			
45						46			

7-17

Daily Cryptoquote – Here’s how to work it:

A XYDLBAA XR
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L’s, X for the two O’s, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

7-16

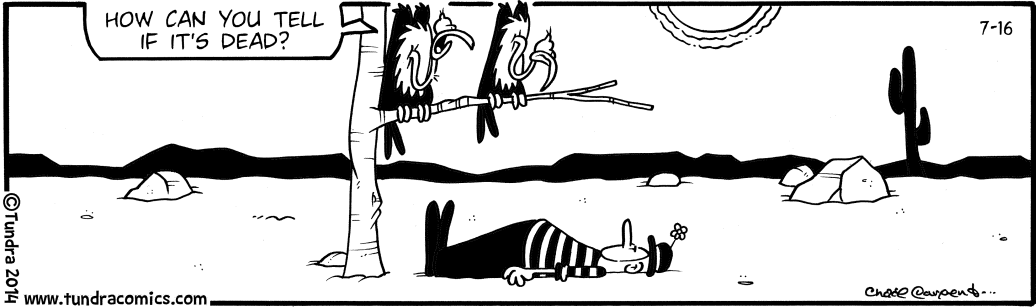
CRYPTOQUOTE

D UFRI FQO CDHGFY CDPP NOFC
CDSU FQO RFCIO, ZKG SIZJU
QH, SUZS SUI PIHH CI QHI FQO
RFCIO SUI NOIZSIO DS CDPP
AI. — SUFYZH BIMMIOHFK

Previous Cryptoquote: THERE ARE THREE TYPES OF BASEBALL PLAYERS: THOSE WHO MAKE IT HAPPEN, THOSE WHO WATCH IT HAPPEN AND THOSE WHO WONDER WHAT HAPPENS. – Tommy Lasorda

COMICS

Tundra



Hagar the Horrible



Peanuts



Baby Blues



Dilbert

