

Text the Word  
**IFALLSSUPER1**  
To 77948

To receive our weekly circular  
And weekly specials right to  
your mobile phone

**SuperOne**  
FOODS **1**

Open 7 Days A Week  
5:00 a.m. - Midnight

Hwy. 11-71 West, International Falls, MN

283-8440

Visit our new website  
**superoneifalls.com**

**PRICES IN EFFECT**

Noon Sunday, February 8 - Saturday, February 14



We reserve the right to limit quantities!

*Your only locally-owned Supermarket for over 50 years.*

## Meat Department - Fresh Meats Cut Daily



Stewart's  
SuperOne  
U.S.D.A. Choice  
Black Angus

**Boneless  
Ribeye Steak  
or Roast  
"Prime Rib"**  
**\$7<sup>88</sup>** lb.

Stewart's  
SuperOne  
U.S.D.A. Choice  
Black Angus

**Boneless  
Chuck  
Roast**  
**\$3<sup>98</sup>** lb.

**Fresh Cut  
Bone-In  
Pork Sirloin  
Roast**  
**\$1<sup>68</sup>** lb.

**Fresh Cut  
Boneless  
Pork Country  
Style Ribs**  
**\$1<sup>88</sup>** lb.

Gerber  
**All Natural  
Amish Farm  
Whole Chicken**  
**\$1<sup>48</sup>** lb.

DelicaSea

**Jumbo Cooked  
Tail on Shrimp**..... 16 oz. **\$9<sup>99</sup>**

Fresh Frozen

**Jumbo Canadian  
Snow Crab Legs**..... lb. **\$8<sup>49</sup>**

Fresh Frozen

**Canadian Cold Winter  
Lobster Tails**..... 4 oz. each **2/\$10**

Hormel Always Tender

**Pork Shoulder Roast**..... 24 oz. **\$4<sup>99</sup>**

W.H.M. Stewart's

**Smoked Polish  
Sausage Links**..... **\$4<sup>49</sup>** lb.

Essential Everyday  
**Braunschweiger**..... 12 oz. **2/\$4**

Essential Everyday  
**Classic Corn Dogs**..... 16 oz. **2/\$5**

Essential Everyday  
**Premium Lunch  
Meat Tubs**..... 7-9 oz. **\$3<sup>49</sup>**

Essential Everyday  
**Hardwood Smoked  
Bacon**..... 16 oz. **\$3<sup>79</sup>**

Schweigert  
**Original or Beef  
Summer Sausage**..... 16 oz. **\$4<sup>29</sup>**

**Bongard's  
Creameries  
Assorted Block Cheese**

**\$3<sup>89</sup>**  
16 oz.

VALUABLE COUPON

Louis Kemp's  
Imitation Crab  
or Lobster  
8 oz.

**\$1<sup>50</sup>**

VALUABLE COUPON

John Morrell  
Pork Sausage Rolls  
12 oz.

**\$1<sup>50</sup>**

VALUABLE COUPON

Steak-umm  
Sliced Beef  
Sandwich Steaks  
9 oz.

**\$2<sup>99</sup>**

VALUABLE COUPON

On•Cor  
Bread Chicken  
Patties or Nibblers  
35-36 oz.

**\$3<sup>99</sup>**

Meat Department  
Limit 10 per family with coupon at Super One thru February 14, 2015

Meat Department  
Limit 10 per family with coupon at Super One thru February 14, 2015

Meat Department  
Limit 10 per family with coupon at Super One thru February 14, 2015

Meat Department  
Limit 10 per family with coupon at Super One thru February 14, 2015

<b>Washington Extra Fancy Red Delicious Apples</b> <b>79¢</b> lb.	<b>Sweet Red or Green Seedless Grapes</b> <b>\$2<sup>39</sup></b> lb.	<b>Fresh Ripe Blueberries</b> 1 pint <b>\$2<sup>99</sup></b> ea.	<b>Fresh Sweet Ripe Whole Pineapple</b> <b>\$2<sup>99</sup></b> ea.	<b>Fresh California Grown Broccoli</b> <b>99¢</b> lb.	<b>Fresh Red-on-the-Vine Tomatoes</b> <b>\$1<sup>49</sup></b> lb.	<b>Fresh Roasted-in-Shell Peanuts</b> Salted or Unsalted <b>\$1<sup>59</sup></b> lb.	<b>Fresh Produce</b>
	<b>Fresh Color Bell Peppers</b> 4 pack <b>\$3<sup>99</sup></b> ea.	<b>Fresh Garden Green Beans</b> <b>\$1<sup>29</sup></b> lb.	<b>Fresh Snowwhite Sliced or Whole Mushrooms</b> 8 oz. <b>2/\$3</b>	<b>Jumbo Sweet Yellow Onions</b> <b>79¢</b> lb.			

	<b>February 8 - February 14</b> <b>Sandwich Special</b> <b>Grilled Ham &amp; Cheese \$4<sup>99</sup></b>	<b>MEATS</b> Kretschmar Honey Ham Off The Bone \$4.95 lb. Kretschmar Smoked Ham Off The Bone \$4.95 lb. Jennie-O Hickory Smoked Turkey \$5.15 lb.	<b>CHEESES</b> Baby Swiss \$5.25 lb. Cherry Confetti \$2.25 lb.
	 Check out our specials on facebook! <b>Deli Hours:</b> 7am-7pm All Week		

<b>Fresh Bakery</b>	
<b>All Made From Scratch By Our Bakery</b>	<b>BUTTERMILK BREAD</b> ..... 1 lb. loaf <b>\$1<sup>69</sup></b>
	<b>SNOWFLAKE BUNS</b> .....dozen <b>\$1<sup>99</sup></b>
	<b>DONUT HOLES</b> ..... 36 count <b>\$2<sup>99</sup></b>
	<b>LEMON COOKIES</b> .....dozen <b>\$2<sup>99</sup></b>

<b>Dairy</b>	<b>Frozen</b>
Land O Lakes Sour Cream..... 16 oz. <b>\$1<sup>59</sup></b>	Bellatoria Pizza..... <b>\$4<sup>44</sup></b> ea.
Tru Moo Chocolate Milk .....gal. <b>\$2<sup>99</sup></b>	Kemp's Ice Cream ..... 48 oz. pkg. <b>\$2<sup>99</sup></b>
Kraft String Cheese ..... 9-12 oz. pkg. <b>\$3<sup>99</sup></b>	Ben and Jerry's Ice Cream ..... pint <b>\$3<sup>49</sup></b>
Essential Everyday Cottage Cheese..... 24 oz. tub <b>\$2<sup>49</sup></b>	Shoppers Value Ice Cream ..... 128 oz. pail <b>\$4<sup>49</sup></b>
Dannon Light n Fit Yogurt..... 4 pack <b>2/\$4</b>	Stone Ridge Polar Bars..... 6 count pkg. <b>\$2<sup>99</sup></b>
Dannon Activia Yogurt..... 4 pack <b>2/\$4<sup>44</sup></b>	Stone Ridge Sundae Cones ..... 8 count pkg. <b>\$3<sup>99</sup></b>
Yoplait Gogurt..... 18 oz. pkg. <b>2/\$4</b>	Rhodes Frozen Rolls..... 8.5-12 oz. pkg. <b>2/\$4</b>
	Coles Garlic Bread..... 16 oz. loaf <b>2/\$4</b>
	Garlic Toast..... 14 oz. loaf <b>2/\$3</b>
	Essential Everyday Sliced Strawberries..... 10 oz. pkg. <b>2/\$3</b>
	Old Orchard Orange Juice..... 12 oz. can <b>2/\$3</b>
	Old Orchard Apple Juice..... 12 oz. can <b>2/\$3</b>
	Apple Juice Blends..... 12 oz. can <b>2/\$5</b>
	Smart Ones Entrees ..... 6.6-11 oz. pkg. <b>2/\$5</b>
	Stouffers Homestyle Classic Entrees .. 6-12 oz. pkg. <b>4/\$10</b>
	Classic Entrees ..... 8.36-12.75 oz. pkg. <b>\$10</b>
	Totinos Pizza Rolls..... 7.5 oz. box <b>5/\$5</b>
	Pizza ..... 9.8-10.9 oz. pkg. <b>\$5</b>
	Stouffers French Bread Pizza .. 11.25-12.37 oz. pkg. <b>4/\$10</b>
	Mr. Dell's Hashbrowns..... 30 oz. pkg. <b>\$2<sup>29</sup></b>
	Essential Everyday Steamy Vegetables ..... 12 oz. bag <b>99¢</b>
	Vegetables ..... 16 oz. bag <b>99¢</b>
	(Peas & Carrots, Mixed Vegetables, Crinkle Cut Carrots, Cut Green Beans, French Style Green Beans, Peas, Corn, Broccoli, Cauliflower)
	Essential Everyday Strudel Pastries ..... 11.5 oz. box <b>2/\$3</b>