Open 7 Days A Week
5:00 a.m. - Midnight
Hwy. 11-71 West, International Falls, MN
283-8440
Visit our new website
superoneifalls.com
PRICES IN EFFECT
Noon Sunday, September 21 - Saturday, September 27
Use our Instore ATM
We reserve the right to limit quantities!

Your only locally-owned Supermarket for over 50 years.

Meat Department - Fresh Meats Cut Daily

Stewart's SuperOne U.S.D.A. Choice Black Angus

Boneless Top Sirloin Steak
$4.68 lb.

Stewart's SuperOne U.S.D.A. Choice Black Angus

Sirloin Tip Roast
$3.98 lb.

Fresh Cut **Lean Pork Shoulder Steak**
$2.48 lb.

Fresh Cut **Pork Shoulder Roast**
$2.38 lb.

Fresh Cut **Lean Pork Spare Ribs**
$2.38 lb.

Gold-N-Pump **All Natural Boneless Skinless Breasts or Thighs** 20-28 oz.	$4.99	
Farm Fresh **Chicken Party Wings**	$6.99 3 lb.	
Jennie-O **White or Mixed Turkey Pan Roast** 12 oz.	$3.99 2 lb.	
Jennie-O or Gold-N-Pump **Original or Bacon Cheddar Patties**	$6.99 2 lb.	
W.H.M. Stewart's **Smoke House Boneless Ham**	$3.79 lb.	
Carl Buddig **Premium Thin Sliced Lunch Meats** 8 oz.		2/$4
Oscar Mayer **Fun Pack Lunchables** 8.8-11.1 oz.		2/$5
Hillshire Farms **Rope or Link Smoked Sausage, Kielbasa or Brat** 13-14 oz.		2/$5
Claussen Kosher **Dill Refrigerated Pickles** 20-32 oz.		2/$6
Porky's **Brat, Beer Brat, Cheddar Brat or Italian Sausage Links** 16 oz.		2/$6

Minnesota Gold Family Pack Sliced Slab Bacon
$3.99 lb.

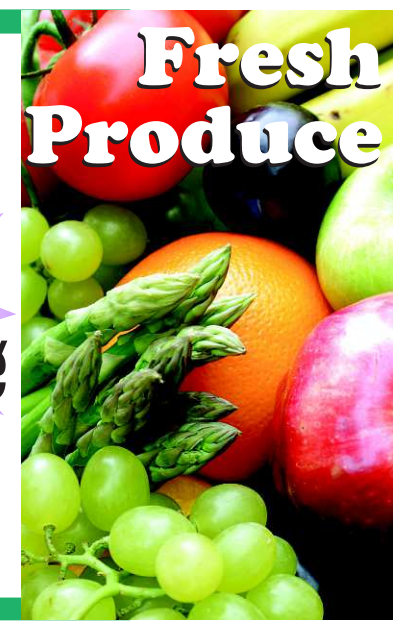
VALUABLE COUPON 1015
Banquet **Brown 'N Serve Sausage Links or Patties** 6.4 oz.
$1.00
Stewart's SuperOne Foods Meat Department
Limit 10 per family with coupon at Super One thru September 27, 2014

VALUABLE COUPON 1025
Schweigert **Fun Dog Franks** 12 oz.
$1.00
Stewart's SuperOne Foods Meat Department
Limit 10 per family with coupon at Super One thru September 27, 2014

VALUABLE COUPON 1035
Steak-Umm **Sliced Beef Steaks** 9 oz.
$2.99
Stewart's SuperOne Foods Meat Department
Limit 10 per family with coupon at Super One thru September 27, 2014

VALUABLE COUPON 1045
On-Cor **Breaded Chicken Nibblers or Patties** 35-36 oz.
$3.99
Stewart's SuperOne Foods Meat Department
Limit 10 per family with coupon at Super One thru September 27, 2014

Fresh Produce



Sweet Seedless **Navel Oranges**
99¢ lb.

Wisconsin **New Crop McIntosh or Cortland Apples** 3 lb. bag
$2.99 ea.

Fresh Ripe Cherub Tomatoes 10.5 oz
2/$5

Fresh California Broccoli
99¢ lb.

Jumbo **Green Bell Peppers**
2/99¢

Fresh **Iceberg Lettuce Salad Blend** 12 oz. bag
99¢ ea.

Fresh Dole **California Celery**
89¢ ea.

Fresh Fall **Garden Squash- Buttercup-Acorn- Butternut-Spaghetti**
69¢ lb.

DELI

September 21 - September 27
Sandwich Special
Grilled PB & J w/ Side $4.99

Check out our specials on facebook!

Deli Hours:
7am-7pm All Week

MEATS
Corned Beef $5.65 lb.
Pastrami $5.75 lb.
Shaving Turkey $3.85 lb.
Pit Ham $4.95 lb.

CHEESES
Cojack $4.65 lb.
Swiss $5.35 lb.
Bone-In Wings
Variety of Flavors $4.15 lb.

Fresh Bakery

All Made From Scratch By *Our Bakery*

7 GRAIN BREAD	1 lb. loaf	$1.99
SNOW FLAKE ROLLS	doz.	$1.79
CARAMEL ROLLS	½ doz.	$4.99
BROWNIE W/FUDGE ICING	8x8	$3.99

Dairy

Land O Lakes **Sour Cream** 16 oz.	$1.48	
Land O Lakes **Half & Half** pint	95¢	
Crystal Farms **Shredded Cheese** 8 oz. pkg.	2/$5	
Crystal Farms **Chunk Cheese** 8 oz. block	2/$5	
Crystal Farms **American Singles** 12 oz. pkg.	$2.29	
Dannon **Yogurt** 6 oz. cup	10/$5.50	
Yoplait **Greek 100 Yogurt** 4 pack	$2.99	
International Delight **Coffee Creamers** 32 oz. bottle	$2.99	
Crystal Farms **Butter** 1 lb. quarters		$2.99
I Can't Believe **It's Not Butter** 8 oz. spray or 15 oz. tub		2/$5
Essential Everyday **Jumbo Biscuits** 16 oz. tube		$1.38
Pillsbury **Bread Sticks** 8 count tube		2/$4
Pillsbury **Crusty French Loaf** 11 oz. tube		2/$4
Pillsbury **Pizza Crust** 11-13.8 oz. tube		2/$4
Crystal Farms **English Muffins** 12 pack		2/$4
Florida's **Natural Orange Juice** 59 oz. carton		$2.99

Frozen

Tony's **Pizza** 14.14-15.76 oz.	$1.98	
Essential Everyday **Whipped Topping** 8 oz. tub	88¢	
Shoppers Value **Ice Cream** 56 oz. pkg.	$1.88	
Stone Ridge **Sundae Cones** 8 count pkg.	$3.99	
Rhodes **Frozen Rolls** 24-36 count pkg.	$3.99	
Essential Everyday **Pasta** 19-25 oz. pkg.	2/$5	
Essential Everyday **Blueberries** 12 oz. pkg.	2/$4	
Healthy Choice **Entrées** 8-9.9 oz. pkg.		5/$10
Swanson **Hungry Man Dinners** 13.1-16 oz. pkg.		2/$5
Hot **Pockets** 9 oz. pkg.		2/$4
Lean **Pockets** 9 oz. pkg.		2/$4
Hot **Croissant Pockets** 9 oz. pkg.		2/$4
Mr. Dell **Hashbrowns** 30 oz. bag		$2.29
Essential Everyday **Vegetable Blends** 16 oz. bag		99¢
Essential Everyday **Stir Fry Blends** 16 oz. bag		99¢