

Your only  
Locally-owned  
Supermarket for  
over 50 years.

Stewart's

1

SuperOne  
FOODS

Use our  
in-store ATM

VISA

MasterCard

We reserve the right to limit  
quantities!

PRICES IN EFFECT NOON  
Sun., September 28 - Sat., October 04

Open 7 Days A Week 5:00 a.m. - Midnight  
Hwy. 11-71 West, I. Falls, MN  
283-8440 • [superoneifalls.com](http://superoneifalls.com)

Essential Everyday  
Baking Chips  
10-12 oz. bag

\$1.38

each

Essential  
EVERYDAY

Limit 2 per family with coupon at Super One thru October 04, 2014

Essential Everyday  
Graham  
Cracker Pie  
Crust  
6 oz. pkg.

88¢

each

Essential  
EVERYDAY

Limit 2 per family with coupon at Super One thru October 04, 2014

Pillsbury  
Brownie  
Mixes  
18.4 oz. box

88¢

each

Pillsbury

Limit 2 per family with coupon at Super One thru October 04, 2014

Essential Everyday  
Pudding  
Cups  
4 count pkg.

78¢

each

Essential  
EVERYDAY

Limit 2 per family with coupon at Super One thru October 04, 2014

Essential Everyday  
Sugar  
4 lb. bag

\$1.68

each

Essential  
EVERYDAY

Limit 2 per family with coupon at Super One thru October 04, 2014

Essential Everyday  
Pumpkin  
15 oz. can

78¢

each

Essential  
EVERYDAY

Limit 2 per family with coupon at Super One thru October 04, 2014

Kraft  
Miracle  
Whip  
30 oz. jar OR  
Mayonnaise  
30 oz. jar

\$2.48

KRAFT

Redeem Via S.V. Retail Accounting  
Limit 1 coupon per family at Super One thru October 04, 2014

Kraft  
Mayonnaise  
30 oz. jar

\$2.48

KRAFT

Redeem Via S.V. Retail Accounting  
Limit 1 coupon per family at Super One thru October 04, 2014

Essential Everyday  
Chunk Light  
Tuna  
5 oz. can

68¢

each

Essential  
EVERYDAY

Limit 2 per family with coupon at Super One thru October 04, 2014

Kraft  
Dressings  
16 oz. bottle

2/\$3.48

KRAFT

Redeem Via S.V. Retail Accounting  
Limit 2 coupon per family at Super One thru October 04, 2014

Fiora  
Bathroom Tissue  
12 double roll pkg. OR  
Fiora  
Paper Towels  
8 roll pkg.

\$3.48

fiora

Redeem Via S.V. Retail Accounting  
Limit 1 coupon per family at Super One thru October 04, 2014

Buy 1 Kraft Miracle Whip  
or Mayonnaise and Get 1  
FREE Essential Everyday  
Chunk Light Tuna 5 oz. can

REDEEMABLE COUPON | VALID: 9/28/14-10/04/14 | RV0100 | 1160

300X1299 | COUPON SAVINGS GOOD: 9/28/14-10/04/14 | RV0300 | 1130

Buy 4 Nature Valley Protein,  
Greek Yogurt Protein or  
Fiber One Protein Bars 5  
count box and Get 1 FREE  
Super Chill Water 24 pack

RETAILER: Return to SUPERVALU RETAIL ACCOUNTING,  
101 Jefferson Ave. So., Hopkins, MN 55343.

VOID IF COPIED, TRANSFERRED, PURCHASED  
OR SOLD. ONE COUPON PER PURCHASE.

Redeem Via S.V. Retail Accounting  
Limit 1 coupon per family at Super One thru October 04, 2014

100X1296 | COUPON SAVINGS GOOD: 9/28/14-10/04/14 | RV0100 | 1140

Buy 2 Quaker Oatmeal 18 oz.  
canister and Get \$1.00 OFF  
Essential Everyday Brown  
Sugar 2 lb. bag

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200X1297 | COUPON SAVINGS GOOD: 9/28/14-10/04/14 | RV0200 | 1150

Buy 2 Boxes of Nabisco  
Ritz Crackers and Get  
1 FREE Essential  
Everyday Chunk Cheese  
8 oz. block

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Limit 1 coupon per family at Super One thru October 04, 2014

REDEEMABLE COUPON | VALID: 9/28/14-10/04/14 | RV0100 | 1160

SAVE \$1.00 When You  
Buy Any 1 Maxwell House  
or Gevalia Coffee

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Redeem Via S.V. Retail Accounting  
Limit 1 coupon per family at Super One thru October 04, 2014

Pepsi & Pepsi Products  
12 pk. .... 3/\$11

Pepsi & Pepsi Products  
2 Liters .... 4/\$5

Pepsi & Pepsi Products  
6 pk./24 oz. .... 3/\$11

Lipton  
Tea 12 pk. .... \$4.99

Aquafina  
Water 24 pk. .... \$3.99

Super Chill  
Water 24 pack .... \$2.99

Super Chill  
Sparkling  
Water 1 liter bottle .... 68¢

Frito Lay  
Tostitos Dips and  
Salsas ..... 15-15.5 oz. .... 2/\$6

Munchies ..... 8 oz. .... 2/\$6

Natural Chips ..... 4.5-9 oz. .... 2/\$7

Family Size  
Cheetos ..... 18.5-20.5 oz. .... \$4.49

Family Size  
Munchies ..... 15.5 oz. .... \$4.49

Family Size  
Ruffles ..... 13-13.5 oz. .... \$4.49

Family Size  
Doritos ..... 16 oz. .... \$4.49

Old Dutch  
Ripples ..... 8-8.5 oz. .... \$2.79

Arriba Tortilla  
Chips ..... \$1.88

Popcorn ..... 6 oz. .... \$1.89

Essential Everyday  
Microwave  
Popcorn ..... 3 count box .... 78¢

Pringles ..... 5.33-6.63 oz. pkg. .... \$1.48

PIZZA

Red Baron  
Pizza 14.76-29 oz. .... 4/\$10

Pagoda  
Egg Rolls & Appetizers  
4.8-12.27 oz. .... 2/\$5

Brew Pub  
Lotzza Motzza  
Pizzas ..... \$4.94 each

Cole's  
Garlic Bread 16 oz. pkg. .... 2/\$4

Cole's  
Garlic Toast 16 oz. .... 2/\$4

Essential Everyday  
Cream of Mushroom... 10.5 oz. .... 5/\$3

Cream of  
Chicken ..... 10.5 oz. .... 5/\$3

Cream of  
Celery ..... 10.5 oz. .... 5/\$3

Cream of  
Potato ..... 10.75 oz. .... 5/\$3

Essential Everyday  
Chicken Noodle Soup ... 10.5 oz. .... 50¢

Tomato Soup ..... 10.75 oz. can .... 50¢

Chicken Broth ..... 14.5 oz. can .... 50¢

Beef Broth ..... 14.5 oz. can .... 50¢

Nabisco  
Premium Saltines... 9-16 oz. box .... \$1.88

Essential Everyday  
Light Red  
Kidney Beans ..... 15 oz. can .... 58¢

Dark Red  
Kidney Beans ..... 15 oz. can .... 58¢

Chili Beans ..... 15 oz. can .... 58¢

Essential Everyday  
Vegetables (Whole Kernel Corn,  
Cream Corn, Peas, Cut Green Beans,  
French Green Beans,  
Mixed Vegetables)... 14.5-15.25 oz. can .... 55¢

Essential Everyday  
Pieces and Stems  
Mushrooms ..... 4 oz. can .... 58¢

Essential Everyday  
Whole, Stewed, Diced  
Tomatoes ..... 14.5 oz. can .... 58¢

Essential Everyday  
Tomato Sauce ..... 15 oz. can .... 58¢

Sara Lee  
Whole Grain White  
Bread ..... 20 oz. loaf .... \$1.88

Old Style  
12 Grain  
Bread ..... 24 oz. loaf .... \$1.88

Old Style  
Potato Bread ..... 24 oz. loaf .... \$1.88

Essential Everyday  
White Bread ..... 24 oz. .... \$1.29

Skippy  
Peanut Peanut  
Butter ..... 16.3 oz. jar .... 2/\$4

Welch's  
Grape Jam/Jelly ..... 32 oz. .... \$1.88

Essential Everyday  
Black Olives ..... 5.75-6 oz. can .... 98¢

Buon Giorno  
Spaghetti Sauce ..... 24 oz. jar .... \$1.66

Essential Everyday  
Pasta ..... 12-16 oz. box .... 78¢

Essential Everyday  
Macaroni and Cheese  
Dinner ..... 5.5-7.25 oz. box .... 2/88¢

Rice-A-Roni ..... 4.3-7.5 oz. .... 5/\$5

Pasta Roni ..... 4-6.2 oz. .... 5/\$5

CEREAL

General Mills

Cheerios ..... 12 oz. ....

Kix ..... 8.7 oz. ....

Cookie Crisp ..... 11.25 oz. ....

Lucky Charms ..... 11.5 oz. ....

Reese's Peanut  
Butter Puffs ..... 13 oz. .... 2/\$5

Kellogg's

Mini Wheats ..... 14-18 oz. ....

Mini Wheats  
Little Bites ..... 15.2 oz. .... 2/\$6

Quaker

Cap'n Crunch ..... 20 oz. ....

Peanut Butter  
Crunch ..... 17.1 oz. ....

Crunch Berries ..... 18.7 oz. ....

Life ..... 18 oz. ....

Life Cinnamon ..... 18 oz. ....

Life Maple Brown  
Sugar ..... 18 oz. .... 2/\$6

Quaker  
Oatmeal ..... 18 oz. canister .... 2/\$5

Essential Everyday  
Chewy Granola  
Bars ..... 10 count box .... 2/\$4

Essential Everyday  
Pancake Mix ..... 32 oz. box .... \$1.88

Essential Everyday  
Syrup ..... 24 oz. bottle .... 2/\$3

Nabisco  
Ritz  
Crackers ..... 11.6-13.7 oz. box .... \$2.88

Nabisco  
Premium Saltine  
Rounds ..... 10 oz. box .... \$1.88

Keebler  
Cheez-It  
Crackers ..... 6-7 oz. box .... \$1.48

Jell-O  
Pudding ..... 4.2-5.9 oz. family size box .... 5/\$5

Jell-O  
Gelatin ..... 6 oz. family size box .... 5/\$5

Essential Everyday  
Apple Pie Filling ..... 20 oz. can .... 2/\$3

Essential Everyday  
Cherry Pie Filling ..... 20-21 oz. can .... 2/\$4

Essential Everyday  
Blueberry Pie Filling ..... 21 oz. can .... 2/\$5

Wesson  
Vegetable Oil ..... 48 oz. bottle .... \$3.49

Wesson  
Canola Oil ..... 48 oz. bottle .... \$3.49

Essential Everyday  
Fruit ..... 14.5-15.25 oz. can .... 5/\$5

Essential Everyday  
Applesauce ..... 46-48 oz. jar .... \$1.88

Essential Everyday  
Pineapple ..... 20 oz. can .... 88¢

Essential Everyday  
Mandarin Oranges ..... 11 oz. can .... 58¢

Gatorade ..... 32 oz. bottle .... 5/\$5

Old Orchard  
Apple Juice ..... 64 oz. bottle .... \$1.66

Old Orchard  
Healthy Balance Juice  
Cocktails ..... 64 oz. bottle .... \$1.66

Old Orchard  
Juice Cocktails ..... 64 oz. bottle .... \$1.66

Old Orchard  
100% Juice ..... 64 oz. bottle .... \$1.66

Old Orchard  
Cran Naturals ..... 64 oz. bottle .... \$1.66

Frito Lay  
Tostitos  
Cantinas 9-12 oz. .... 2/\$6

Canned Dips 8.5-9 oz. .... 2/\$5

Sunchips 7 oz. .... 2/\$6

Doritos 10-11 oz. .... 2/\$6

Nut Harvest  
Nuts 5.5-6.75 oz. .... 2/\$6

Variety Sacks 20 ct. .... \$6.99

Rold Gold  
Pretzels 8.25-16 oz. .... 2/\$6

Lay's Kettle Cooked  
Chips 7-8.5 oz. .... 2/\$6

Old Dutch  
Flavored Potato  
Chips 8.5-9 oz. .... \$2.79

Restaurante Style  
Tortilla Chips 10-13 oz. .... \$2.79

Pam  
Cooking  
Spray 5-6 oz. aerosol can .... 2/\$5

Essential Everyday  
Corn Muffin Mix 7.5 oz. box .... 48¢

Essential Everyday  
Ready To Spread  
Frosting 16 oz. tub. .... 2/\$3

Fiber One  
Protein Bars 5.85 oz. box ..... 2/\$5

Nature Valley  
Protein Bars 7.1 oz. box ..... 2/\$5

Nature Valley  
Greek Yogurt Granola  
Bars 7.1 oz. box ..... 2/\$5

Essential Everyday  
Toaster Pastries 6 count box ..... \$1.28

Maxwell House  
Coffee K Cups 12 count box ..... \$5.99

Gevalia  
Coffee K Cups 12 count box ..... \$5.99

Gevalia  
Coffee 12 oz. bag ..... \$5.99

Starbuck's  
Coffee 12 oz. bag ..... \$6.79

Starbuck's  
Coffee K Cups 12 count box ..... \$6.79

Maxwell House  
Coffee 28-30.6 oz. can ..... \$7.99

Yuban  
Coffee 31 oz. can ..... \$7.99

Ken Davis  
BBQ Sauce 18-18.5 oz. bottle ..... \$1.79

Chicken of The Sea  
Chunk White Tuna 5 oz. can ..... 4/\$5

Essential Everyday  
Albacore Tuna 5 oz. can ..... 2/\$3

Chicken of The Sea  
Pink Salmon 2.5 oz. pouch ..... 5/\$5

Mott's  
Applesauce 6 pack cups ..... 2/\$4

Essential Everyday  
Tomato Juice 64 oz. bottle ..... \$1.66

Essential Everyday  
Chili No Beans 15 oz. can ..... 2/\$3

Essential Everyday  
Corned Beef Hash 15 oz. can ..... 2/\$3

Gedney  
State Fair Pickles 24 oz. jar ..... 2/\$5

Gedney  
Baby Dill Pickles 32 oz. jar ..... 2/\$5

Gedney  
Mini Munchers Pickles 32 oz. jar ..... 2/\$5

Kraft  
Mac and Cheese  
Cups 1.9-2.05 oz. cups ..... 5/\$5

Kraft  
Velveeta Cups 2.19-2.39 oz. cup ..... 5/\$5

Essential Everyday  
Pizza Sauce 14 oz. jar ..... 98¢

McCormick  
Mexican Seasoning  
Packets .7-1.62 oz. packet ..... 66¢

Essential Everyday  
Instant Mashed  
Potatoes 13.3 oz. box ..... \$1.48

Fisher  
Dry Roasted Peanuts 14 oz. jar ..... 2/\$5

Shore Lunch  
Soup Mix 9-12 oz. pkg. .... 2/\$6

Bounce  
Fabric Softener  
Sheets 105-120 count ..... \$4.99

Downy  
Liquid Fabric Softener 41-51 oz. bottle ... \$4.99

Purex  
Liquid Laundry Detergent 50 oz. bottle... \$2.49

Tide  
Liquid Laundry Detergent 138-150 oz. jug... \$18.99

Palmolive  
Dish Detergent 10 oz. bottle ..... 98¢

Essential Everyday  
Storage  
Bags qt. 25 ct., gl. 20 ct. .... 99¢

Freezer  
Bags qt. 20 ct., gl. 15 ct. .... 99¢

Charmin  
Bathroom  
Tissue 9 mega roll pkg. .... \$10.99

Bounty  
Paper Towels 8 giant roll pkg. .... \$10.99

Friskies  
Cat Food 5.5 oz. can ..... 10/\$5