

SuperOne

FOODS

1

Open 7 Days A Week

5:00 a.m. - Midnight

Hwy. 11-71 West, International Falls, MN

283-8440

Visit our new website

superoneifalls.com

PRICES IN EFFECT

Noon Sunday, September 14 - Saturday, September 20

Use our ATM

VISA

MasterCard

We reserve the right to limit quantities!

Your only locally-owned Supermarket for over 50 years.

Meat Department - Fresh Meats Cut Daily



Stewart's SuperOne U.S.D.A. Choice Black Angus

**T-Bone Steaks**

\$7<sup>48</sup> lb.

Stewart's SuperOne U.S.D.A. Choice Black Angus

**Rump Roast**

\$3<sup>98</sup> lb.

Gold-N-Pump

**Family Pack Chicken Drumsticks or Thighs**

\$4<sup>88</sup> 3.5 lb.

Fresh Cut

**Pork Bone-In Country Style Ribs**

\$1<sup>78</sup> lb.

Preference

**Boneless Skinless Chicken Breast**

\$4<sup>68</sup> 2.5 lb. bag

Gold-N-Pump

90% Lean Fresh Ground Chicken.....16 oz.

\$2<sup>99</sup>

Best Buy

Hickory Smoked Bacon.....16 oz.

2/\$5

Elliott's Up North

Sunday Best Breakfast Links.....12 oz.

2/\$5

Arctic Shores

Cooked Tail on Shrimp.....12 oz./41-50 ct.

\$8<sup>99</sup>

W.H.M. Stewart's

Smoked Taco Sausage Links.....

\$4<sup>69</sup> lb.

Oscar Mayer

Classic Turkey Franks.....16 oz.

2/\$4

Oscar Mayer

Turkey Bologna or Turkey Cotto Salami.....16 oz.

2/\$4

Essential Everyday

Pillow Pack Pepperoni.....16 oz.

2/\$6

Essential Everyday

Cocktail Smoked Sausages.....14 oz.

2/\$6

Elf

Pickled Herring in Wine Sauce

\$6<sup>99</sup> 32 oz.

1015

VALUABLE COUPON

Hormel

Little Sizzler Pork Sausage Links

12 oz.

\$1<sup>25</sup>

SuperOne Meat Department

Limit 10 per family with coupon at Super One thru September 20, 2014

1025

VALUABLE COUPON

Elliott's Up North

Traditional or Beef Pasty

12 oz.

\$2<sup>00</sup>

SuperOne Meat Department

Limit 10 per family with coupon at Super One thru September 20, 2014

1035

VALUABLE COUPON

Farm Fresh

Batter Dipped Corn Dogs

16 oz.

\$2<sup>00</sup>

SuperOne Meat Department

Limit 10 per family with coupon at Super One thru September 20, 2014

1045

VALUABLE COUPON

Lloyd's

Chicken, Beef or Pork BBQ Tubs

15-16 oz.

\$3<sup>99</sup>

SuperOne Meat Department

Limit 10 per family with coupon at Super One thru September 20, 2014

Premium Honeycrisp Apples

\$1<sup>99</sup> lb.

Washington Premium Bartlett Pears

99¢ lb.

Fresh Color Sweet Bell Peppers

\$2<sup>99</sup> 4 pk. ea.

Jumbo Red or Green Seedless Grapes

\$1<sup>69</sup> lb.

Fresh Dole Classic Romaine 9 oz. or Green Select 12 oz. Salad Blends

\$1<sup>69</sup> ea.

Fresh Bolthouse Peeled Baby Carrots

\$1<sup>89</sup> 2 lb. bag ea.

Fresh Red-on-the-Vine Tomatoes

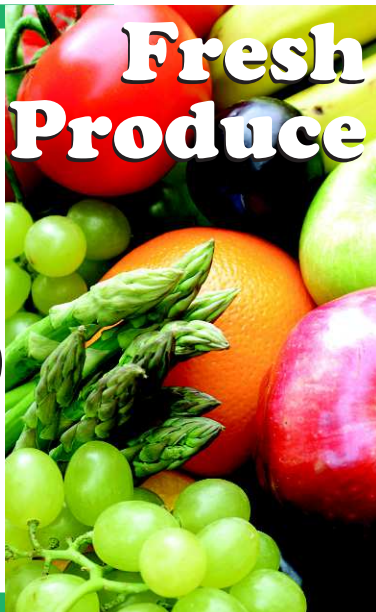
99¢ lb.

Jumbo Sweet Yellow Onions

79¢ lb.

Premium Russet Potatoes

\$2<sup>99</sup> 10 lb. bag ea.



DELI

September 14 - September 20

Sandwich Special

Egg Salad w/ Side \$5.29

Check out our specials on facebook!

Deli Hours: 7am-7pm All Week

MEATS

Black Angus Roast Beef \$6<sup>45</sup> lb.

Pepper Turkey \$4<sup>65</sup> lb.

Cajun Turkey \$4<sup>55</sup> lb.

Black Forest Ham \$3<sup>95</sup> lb.

CHEESES

Pepper Jack \$4<sup>75</sup> lb.

Hoffman Variety Cheese \$3<sup>95</sup> each 8 oz.

All Made From Scratch By

Our Bakery

Fresh Bakery

BUTTERMILK BREAD.....1lb. loaf

\$1<sup>69</sup>

HOT DOG BUNS.....8 cnt.

\$1<sup>79</sup>

BRAN MUFFINS.....1/2 doz.

\$2<sup>99</sup>

APPLE CRISP.....8x8

\$3<sup>69</sup>



Dairy

Land O Lakes

Cottage Cheese.....22 oz.

\$2<sup>48</sup>

Tru Moo

Chocolate Milk.....gal.

\$2<sup>98</sup>

Essential Everyday

Chunk Cheese.....8 oz. block

\$1<sup>88</sup>

Essential Everyday

Shredded Cheese.....8 oz. pkg.

\$1<sup>88</sup>

Essential Everyday

American Singles.....16 oz. pkg.

\$2<sup>88</sup>

Essential Everyday

Cream Cheese.....8 oz. block

\$1<sup>18</sup>

Chobani

Flip Yogurt.....5.3 oz. pkg.

4/\$5

Dannon

Light 'n Fit Yogurt.....4 pack

2/\$4

Dannon

Activia Yogurt.....4 pack

2/\$5

Yoplait

Original, Light or Light Granola Yogurt.....2-4 pack

2/\$4

Coffee-Mate

Flavored Coffee Creamer.....32 oz.

\$2<sup>99</sup>

Essential Everyday

Butter.....1 lb. quarters

\$2<sup>99</sup>

Essential Everyday

Crescent Rolls.....8 oz.

2/\$3

Cinnamon Rolls.....12.4 oz.

2/\$3

Essential Everyday

Bagels.....14.25 oz. pkg.

98¢

Dole

Orange Juice.....59 oz. bottle

2/\$5

Juice Blends.....59 oz. bottle

2/\$5

Azteca

Flour Tortillas.....14 oz. pkg.

2/\$3

Frozen

Stone Ridge Creamery

Premium Ice Cream.....48 oz. pkg.

\$2<sup>88</sup>

Stone Ridge

Polar Bars.....6 pack

\$2<sup>99</sup>

Essential Everyday

Raspberries.....12 oz. pkg.

\$2<sup>99</sup>

Essential Everyday

Orange Juice.....12 oz. can

2/\$3

Banquet

Family Size Entrées.....25-28 oz. pkg.

\$2<sup>29</sup>

Bertolli

Dinners.....24 oz. bag

\$6<sup>49</sup>

Lean Cuisine

Entrées.....5.25-10.87 oz. pkg.

4/\$10

Totino's

Pizza Rolls.....7.5 oz. box

4/\$5

Totino's

Party Pizza's.....9.8-10.9 oz. box

4/\$5

Mr. Dee's

Mini Hashbrowns.....31.5 oz. pkg.

\$2<sup>99</sup>

Essential Everyday

French Fries.....32 oz. bag

2/\$4

Essential Everyday

Hashbrowns.....24-30 oz. bag

2/\$4

Essential Everyday

Waffles.....12.3 oz. box

2/\$3