

Your only
Locally-owned
Supermarket for
over 50 years.

Use our
In-store ATM



We reserve the right to limit quantities!

Stewart's

1

SuperOne
FOODS

PRICES IN EFFECT NOON
Sun., September 7 - Sat., September 13

Open 7 Days A Week 5:00 a.m. - Midnight

Hwy. 11-71 West, I. Falls, MN


283-8440 • superoneifalls.com

VALUABLE COUPON1010

Nestle Toll House
Morsels
10-12 oz. bag

\$1.77

each



Limit 2 per family with coupon at Super One thru September 13, 2014

VALUABLE COUPON1020

General Mills
Cheerios 8.9 oz. box
Wheaties 10.9 oz. box
Golden
Grahams 12 oz. box
Cinnamon Toast
Crunch 12.2 oz. box
Trix 10.7 oz. box
Cocoa Puffs 11.8 oz. box

\$1.77

each




Limit 2 per family with coupon at Super One thru September 13, 2014

VALUABLE COUPON1030

Post
Fruity Pebbles 11 oz. box
Cocoa Pebbles 11 oz. box
Raisin Bran 20 oz. box

\$1.66

each




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VALUABLE COUPON1040

Chicken of The Sea
Chunk
Light Tuna 5 oz. can

66¢

each




Limit 2 per family with coupon at Super One thru September 13, 2014

VALUABLE COUPON1050

Pillsbury
All Purpose
Flour 5 lb. bag

\$1.77

each



Limit 2 per family with coupon at Super One thru September 13, 2014

VALUABLE COUPON1060

Smucker's
Grape Jam 32 oz. jar
Grape Jelly 32 oz. jar

\$1.66

each



Limit 2 per family with coupon at Super One thru September 13, 2014

VALUABLE COUPON1070

Shoppers Value
Peanut
Butter 18 oz. jar

\$1.39

each



Limit 2 per family with coupon at Super One thru September 13, 2014

VALUABLE COUPON1080

Hi-C
Drink Boxes 10 pack box

\$1.66

each



Limit 2 per family with coupon at Super One thru September 13, 2014

VALUABLE COUPON1090

Mrs. Butterworth's
Syrup 24 oz. bottle

\$1.98

each



Limit 2 per family with coupon at Super One thru September 13, 2014

VALUABLE COUPON1100

Krusteaz
Pancake
Mix 28-32 oz. box

\$1.98

each



Limit 2 per family with coupon at Super One thru September 13, 2014

VALUABLE COUPON1110

Essential Everyday
Grated
Parmesan
Cheese 8 oz. canister

\$1.77

each



Limit 2 per family with coupon at Super One thru September 13, 2014

CEREAL

Kellogg's

Raisin Bran.....18.7 oz.

Corn Flakes.....18 oz.

Crispix.....12 oz.

Raisin Bran Crunch.....18.2 oz.

Raisin Bran
Omega 3.....14.3 oz.

2/\$5

Post

Alpha Bits.....12 oz.

Honeycomb.....12.5 oz.

Golden Crisp.....14.75 oz.

3/\$6

Kellogg's

Pop Tarts.....8 count box

2/\$4

Kashi

Bars.....6.7-8.4 oz. box

2/\$6

Kellogg's

Rice Krispies
Treats.....8 count box

2/\$4

Kellogg's

Nutri Grain
Bars.....7.4-10.4 oz. box

2/\$5

Kellogg's

Fruit Snacks.....8 oz. box

2/\$4

DAIRY

Dairy Fresh

Milk.....skim, 1%, 2% gal.

\$2.97

FROZEN

Red Baron

Pizza.....14.76-23.45 oz.

4/\$10

Stone Ridge

Creameries Premium
Ice Cream.....48 oz.

\$2.88

New York

Garlic Texas
Toast.....11.25 oz. pkg.

2/\$4

Essential Everyday

Pasta.....12-16 oz. box

77¢

Prego

Spaghetti
Sauce.....23.5-24 oz. jar

\$1.88

Classico

Spaghetti
Sauce.....8.1-24 oz. jar

2/\$5

Kraft

Macaroni and Cheese
Dinner.....7.25 oz. box

5/\$5

Arm & Hammer

Liquid Laundry
Detergent...45-75 oz. bottle

\$2.99

Northern

Bathroom
Tissue.....12 double roll pkg.

\$6.88

Brawny

Paper Towels...6 big roll pkg.

\$6.88

Scotties

Facial Tissue...120 count box

88¢

Campbell's

Canned
Pasta.....14.75-15 oz. can

88¢

Campbell's

Canned Pasta with
Meat.....14.75-15 oz. can

88¢

Campbell's

Homestyle
Soup.....15.3-19 oz. can

2/\$3

Campbell's

Condensed Soups (Red+White Label)
.....10.5-11.5 oz. can

4/\$5

Campbell's

Soup on the
Go.....10.75 oz. pkg.

4/\$5

Campbell's

Microwavable
Soup.....15.4 oz. pkg.

4/\$5

Swanson

Broth.....14.5 oz. can

78¢

Coke & Coke Products

12 pk.

\$2.99

Coke & Coke Products

2 liter.....

4/\$5

Dasani

Water 24 pk.

\$3.99

Super Chill

Water 24 pack.....

\$2.88

Essential Everyday

Stuffed Green Olives ...5.75 oz. jar

88¢

Wishbone

Dressings.....8 oz. bottle

98¢

Essential Everyday

CROUTONS.....5 oz.

98¢

Butter Kernal

Vegetables14.5-15.25 oz. can
(Whole Kernal Corn, Cream Corn, Cut Green Beans,
French Cut Green Beans)

66¢

REDEEMABLE COUPON | VALID: 9/7/14-9/13/14 | RV0500 | 1120

Buy Any 5 of these Kraft Dairy Items and Save \$5.00
Items Include: Kraft Shreds, Kraft Chunks, Cracker Barrel,
Philadelphia Brick or Soft Cream Cheese, American Singles,
Natural Slices or String Cheese

100% OFF

MUST BUY 5

Redeem Via S.V. Retail Accounting
Limit 1 per family with coupon at Super One thru September 13, 2014

Take \$5.00 OFF of these prices with coupon above

Kraft

Cracker Barrel Cheese ... 7-8 oz. block

\$2.99

Kraft

Chunk Cheese 8 block

\$2.88

Kraft

Shredded Cheese 8 oz. pkg.

\$2.88

Kraft

Natural Sliced Cheese.... 7-8 oz. pkg.

\$2.99

Kraft

String Cheese..... 10-12 oz. pkg.

\$3.88

Kraft

American Singles..... 12 oz. pkg.

\$2.88

Kraft

Soft Cream Cheese..... 8 oz. tub

\$2.48

Kraft

Philadelphia Cream
Cheese.....8 oz. block

\$2.28

Keebler

Special K
Crackers.....4-8 oz. box

2/\$5

Nabisco

Toasted Chips 8.1 oz. bag

\$2.88

Nabisco

Ritz Crackers 8.8-13.7 oz. box

\$2.88

Essential Everyday

Ketchup.....24 oz. bottle

88¢

Essential Everyday

Yellow Mustard.....14 oz. bottle

66¢

Essential Everyday

Marinades.....12.25 oz. bottle

\$1.18

Taystee

Large White Bread.....24 oz.

\$1.99

Master

Muffin Bread.....16 oz.

\$1.99

Dutch Country

100% Whole
Wheat.....24 oz.

\$2.29

Frito Lay

Tostitos 14.5-19 oz., Lays 13.3-13.8 oz.,
Fritos 19 oz., Cheetos 16 oz.,
Munchies 15.5 oz.

2/\$7

Ruffles

13-13.5 oz.

2/\$7

Tostitos

Salsa & Dips.....23-24 oz.

2/\$7

Old Dutch

Super Size
Popcorn.....12 oz.

\$3.79

Old Dutch

Dutch Crunch
Chips8-9 oz.

\$2.79

Old Dutch

Restaurante Style
Tortilla Chips.....12-13 oz.

\$2.79

Pop Secret

Microwave Popcorn... 3 count box

2/\$4

La Choy

Soy Sauce.....10 oz. bottle

2/\$3

Teriyaki Sauce.....10 oz. bottle

2/\$3

Sweet and Sour
Sauce10 oz. bottle

2/\$3

La Choy

Chow Mein42 oz. bi-pack can

2/\$5

Ortega

Taco Dinner Kit.....10 oz. box

\$1.88

Carlita

Flour Tortillas.....10 oz. pkg.

88¢

Carlita

Taco Seasoning...1.25 oz. envelope

2/88¢

Ortega

Taco Sauce16 oz. jar

\$1.88

Frito Lay

Bagged Chips 20 ct.

\$6.99

Frito Lay

Baked Ruffles, Lays,
Tostitos, Doritos, Lay's
& Cheetos 6.25-8 oz.

2/\$6

Frito Lay

Sun Chips 7 oz.

2/\$6

Old Dutch

Dutch Gourmet
Chips 8-9 oz.

\$2.79

Old Dutch

Pretzels 12-15 oz.

\$2.29

Krusteaz

Muffin Mixes 17-18.25 oz. box ...

2/\$5

Krusteaz

Bar Mixes 19-21 oz. box.....

2/\$5

Essential Everyday

Fudge Brownie
Mix 19.8 oz. box

\$1.29

Fleischmann's

Simply Homemade
Bread Mix 14 oz. box

\$2.19

Cream of
Wheat 11.5-28 oz. box.....

\$3.49

Ken Davis

BBQ Sauce 35 oz. jar

\$2.99

Green Mountain

Coffee
K-Cups 12 count box

\$6.88

Green Mountain

Coffee 12 oz. bag

\$6.88

Newman's

Own Coffee 10 oz. bag

\$6.88

Dunkin Donuts

Coffee 11-12 oz. bag

\$5.88

Essential Everyday

White Vinegar 64 oz. bottle...

2/\$3

Chicken of The Sea

Sardines 3.75 oz. can

88¢

Essential Everyday

Applesauce 23-24 oz. jar....

2/\$3

Essential Everyday

Applesauce 6 pack/4 oz. cups...

\$1.88

Mott's

Snack and Go
Applesauce 4 pack

2/\$5

Mott's

Applesauce 46-48 oz. jar....

\$2.49

Essential Everyday

Dried
Cranberries 5 oz. pouch

\$1.88

Smuckers

Strawberry Jam 32 oz. jar ...

\$2.49

Jif

Whips 15-15.9 oz. pkg.

\$2.99

Smucker's

Squeeze Grape
Spread 20 oz. bottle

\$1.88

Smucker's

Strawberry
Spread 17.4-20 oz. squeeze bottle

2/\$4

Smucker's

Strawberry Jelly 18 oz. jar...

2/\$5

Smucker's

Strawberry
Preserves 18 oz. jar

2/\$5

Smucker's

Seedless Strawberry
Jam 18 oz. jar

2/\$5

Peach Preserves 18 oz. jar ...

2/\$5

Seedless Blackberry
Jam 18 oz. jar

2/\$5

Orange Marmalade 18 oz. jar...

2/\$5

Apricot Preserves 18 oz. jar...

2/\$5

Essential Everyday

Water
Enhancers 1.62 oz. bottle....

2/\$5

Clamato

Juice 64 oz. bottle

\$3.99

Essential Everyday

Cranberry Juice
Cocktails 64 oz. bottle

2/\$4

Minute Maid

100% Juice
Boxes 10 pack

\$3.49

Hormel

Chili No Beans 15 oz. can ...

2/\$4

Swanson

Chicken
Breast 4.5 oz. can

\$1.88

Essential Everyday

Dill Pickles 24 oz. jar

\$1.88

La Choy

Stir Fry
Sauces 14 oz. bottle

\$2.29

Pace

Salsa 24 oz. jar.....

2/\$5

Carlita

Diced Green
Chiles 4 oz. can

58¢

Carlita

Diced Jalapenos 4 oz.

58¢

Morton

Sea Salt 26 oz. pkg.

2/\$4

Morton

Season All 8 oz. pkg.

2/\$3

Fisher

Trail Mix 3.5-4 oz. pkg.

4/\$5

Essential Everyday

Green Tea
Bags 40 count box

2/\$4

S&W

Black Beans 15 oz. can.....

88¢

Kidney Beans 15 oz. can...

88¢

Chili Beans 15 oz. can.....

88¢

Hunt's

Tomatoes 28-29 oz. can

2/\$3

Essential Everyday

Long Grain White
Rice 1 lb. bag.....

88¢

Long Grain Brown
Rice 1 lb. bag.....

88¢

Uncle Ben's

Rice 32 oz. box

\$2.99

Lysol

Disinfectant
Wipes 35 count pkg.

2/\$5

Lysol

All Purpose
Cleaner 40 oz. bottle

2/\$5

Essential Everyday

Foam Cups 51 count/8 oz. ..

98¢

Foam Cups 20 count/16 oz. ...

98¢