

# COMMUNITYNEWS

## BORDERLAND BRIEFS

**NOLAN COMMUNITY LISTENING SESSION**  
Congressman Rick Nolan’s staff representative will be available for a community listening session at the following times and days. Tuesday, Jordan Metsa will be at the International Falls City Hall from 10 a.m. to noon and at Littlefork City Hall from 12:45 to 2:45 p.m. Metsa will be at the Big Falls Gymnasium from 10 a.m. to noon and at Bigfork City Hall from 1:15 to 3:15 p.m. Thursday. Those wishing to discuss Social Security, Medicare, Medicaid or Veterans benefits are welcome to attend.

**GROCERY DELIVERY PROGRAM**  
Koochiching Aging Options is inviting older adults who have difficulty in shopping for groceries to participate in its Groceries to You! program. Participants aged 60 and over may phone in a grocery order once a week. Volunteers shop for and deliver the groceries. New volunteers are also welcome. To pre-register or to volunteer, call Koochiching Aging Options at 283-7030.

**RED HATTITUDE KATS**  
The Red Hattitude Kats will meet for a luncheon at 1 p.m. Monday at Island View Resort.

**CELEBRATE SUMMER PARTY**  
A celebrate summer party is scheduled for Aug. 22 at the Koochiching Senior Center, 307 4th Street. Music by Borderland Pioneers will be provided from 10:30 a.m. to noon. Lunch will be served at noon. For reservations call 283-3460. The deadline for reservations is Aug. 21 at noon.

**QUILT GUILD**  
Northern Lights Quilters Guild will meet at 6 p.m. Monday at First Lutheran Church for the summer potluck. Bring a dish to share and items for show and tell.

## CALENDAR

### TODAY

- Backus Rainy Lake Triathlon, 9 a.m.; registration, 8, City Beach.
- Backus Community Market, 9 a.m.-noon, Backus/AB Third Street parking lot.
- North Canoe Program (free), 10 a.m., Rainy Lake Visitor Center.
- Samplcity Art Hovel “Art Hovel Hop,” 10 a.m.-4 p.m., various art studio locations.
- Ethnobotanic Garden Tour (free), noon, Rainy Lake Visitor Center.
- Voyageur Boat Tour (admission), 1 p.m., Rainy Lake Visitor Center.
- Black Bay guided canoe trip (free), 2 p.m., Rainy Lake Visitor Center.
- Moose Lodge events — Open, 3 p.m.; BBQ Chicken Supper, 6 (reservations, 283-3615).
- League bowling open house, 3-6 p.m., International House of Bowling.
- Solar Viewing Program (free), 3:45 p.m., Rainy Lake Visitor Center.
- A.A., 7 p.m., Alano Club.

### SUNDAY

- Open Discussion, 9 a.m., Alano Club.
- Falls Trap Club, skeet shooting, 1 p.m., Moonlight Rock Road.
- A.A., 7 p.m., Pineview Recovery Center.
- Sunday Night Into Action Group, Step and Tradition Study, (bring Big Book and Twelve by Twelve), 7:30-9 p.m., Borderland Alano Club.

### MONDAY

- Rainy River Community College new student testing, 8:30 a.m., reception area.
- Northland Art Society open, various arts, 10 a.m.-3 p.m., Backus, Room 114.
- Open Gym, 11:30 a.m.-1:30 p.m., Backus Community Center.
- Summer Food Service Program, 11:45 a.m.-1:15 p.m., (free meals ages 1-18), chicken noodle casserole, peas, fruit, milk, Backus Community Center.
- Red Hattitude Kats, 1 p.m., Island View Resort.
- Summer Community Band, 4 p.m., The Dungeon, Backus Community Center.
- International Falls City Council, 4:30 p.m., Falls Municipal Building, council chambers.
- Women’s Non-Violence Group, 5:15-6:45 p.m., Friends Against Abuse office.
- Texas Hold ‘Em, 7 p.m., Moose Lodge.
- Cribbage, 7 p.m., Elks Lodge 1599.
- Alcoholics Anonymous, Women’s Step Study, 7 p.m., Coffee Landing Café.
- Ranier Recreation Club, 7:30 p.m., Ranier Community Building.
- Borderland Substance Abuse Court Alumni Recovery support group, 7:30 p.m., Alano Club, 410 Fifth Ave.
- Narcotics Anonymous, “How It Works” step gathering, 7:30-9 p.m., Alanon Club.

### TUESDAY

- Water Testing, 8 a.m.-noon, Koochinchig

- County Health Department.
- Boise Cascade retired welders and pipefitters, 9 a.m., Sandy’s Place, Highway 53.
  - WIC Clinic, 9 a.m.-4 p.m., Koochiching County Health Department.
  - Stroke Detection Clinic, 9 a.m-4:30 p.m., Backus Community Center.
  - North Canoe Program (free), 10 a.m., Rainy Lake Visitor Center.
  - Kabetogama Lake guided canoe trip (free), 10 a.m., Kabetogama Lake Visitor Center.
  - Bone Builders, 10 a.m., Woodland Apartments.
  - Congressman Rick Nolan staff representative Community Listening Session, 10 a.m.-noon, International Falls City Hall.
  - Northland Art Society open, various arts, 10 a.m.-3 p.m., Backus, Room 114.
  - Falls Hunger Coalition Food Shelf open, 10 a.m.-4 p.m., 1000 Fifth St.
  - Craft Day, 10 a.m.-8 p.m., International Falls Public Library.
  - Kettle Falls Boat Tour (admission) 11 a.m., Kabetogama Lake Visitor Center.
  - Open Gym, 11:30 a.m.-1:30 p.m., Backus Community Center.
  - Summer Food Service Program, 11:45 a.m.-1:15 p.m., (free meals ages 1-18), sloppy joes on buns, French fries, corn, milk, Backus Community Center.
  - Koochiching County Housing and Redevelopment Authority Board, 12:30 p.m., Lenard’s.
  - Congressman Rick Nolan staff representative Community Listening Session, 12:45-2:45 p.m., Littlefork City Hall.
  - Alanon, 1:30 p.m., Zion Lutheran Church (283-3739, 283-8540).
  - Black Bay guided canoe trip (free), 2 p.m., Rainy Lake Visitor Center.
  - Parent Involvement Committee, 4:30-5:30 p.m., Falls Elementary School library.
  - TOPS MN34, 5 p.m. weigh-in; 5:45, meeting, Koochiching County Senior Center.
  - Life Skills Group for Teen Boys, 5-6 p.m., Friends Against Abuse office (285-7220).
  - Women’s Ministries, 5-7 p.m., The Salvation Army.
  - Community Café, free meals served, 5:30-6 p.m., tuna casserole, bread, fruit, milk, Backus Community Center.
  - Beginner’s Tae Kwon Do, 5:45 p.m., Falls Elementary School gymnasium or cafeteria.
  - BBQ Beef on Buns Supper, 6 p.m., Moose Lodge.
  - Cradle Cafe, breastfeeding support group, 6:30 p.m., St. Paul Lutheran Church.
  - Life Skills Group for Teen Girls, 6:30-7:30 p.m., Friends Against Abuse office (285-7220).
  - Women’s Support Group, 6:30-8:30 p.m., Friends Against Abuse office.
  - “Point Man,” veterans/family support group, 7 p.m., 1101 10th Ave. (283-9673, 1-800-877-VETS, www.pointmanintl.org).
  - Texas Hold ‘Em, 7 p.m., Moose Lodge.
  - Minnesota Deer Hunters Association, Trails End Chapter, 7 p.m., Elks Club.

- Garden Girls, 7 p.m., River’s Edge Villa.
- International Voyageur Snowmobile Club, 7 p.m., Almost Lindy’s, banquet room.
- A.A./N.A., 7 p.m., Pineview Recovery Center.
- “Celebrate Recovery,” 7-9 p.m., Evangelical Covenant Church.
- BigBook Study, 7:30 p.m., Alano Club, 410 Fifth Ave.
- Non-smoking Alcoholics Anonymous Group, 7:30 p.m., Zion Lutheran Church.

### WEDNESDAY

- Retired Boise Cascade electricians, 9 a.m., Coffee Landing Cafe.
- Black Bay guided canoe trip (free), 10 a.m., Rainy Lake Visitor Center.
- North Canoe Program (free), 10 a.m., Kabetogama Lake Visitor Center.
- WIC Clinic, 10 a.m.-2 p.m., Northome Resource Center.
- Northland Art Society open, various arts, 10 a.m.-3 p.m., Backus, Room 114.
- Open Gym, 11:30 a.m.-1:30 p.m., Backus Community Center.
- Summer Food Service Program, 11:45 a.m.-1:15 p.m., (free meals ages 1-18), new macaroni and cheese, turkey dogs/buns, peas, fruit, milk, Backus Community Center.
- Ethnobotanic Garden Tour (free), noon, Rainy Lake Visitor Center.
- Voyageur Boat Tour (admission), 1 p.m., Rainy Lake Visitor Center.
- North Canoe Program (free), 2 p.m., Rainy Lake Visitor Center.
- Kabetogama Lake guided canoe trip (free), 2 p.m., Kabetogama Lake Visitor Center.
- Blind Ash Bay Trail guided hike (free), 2 p.m., Ash River Visitor Center.
- Solar Viewing Program (free), 3:45 p.m., Rainy Lake Visitor Center.
- Backus Community Market, 4-6:30 p.m., Backus/AB Third Street parking lot.
- Sunbeams and Girl Guards, 4:30-6 p.m., The Salvation Army.
- Free At Last, 4:30-6:30 p.m., Forestland Annex, lower level conference room.
- Summer Community Band, 5 p.m., The Dungeon, Backus Community Center.
- Rendezvous Yacht Club Summer Series Wednesday Night Races, Sand Bay, 5:30 p.m., Woody’s/Ranier Dock or Rendezvous Dock.
- International Falls Recreation Commission Board, 5:45 p.m., city council chambers.
- Men’s Non-Violence Group, 6-8 p.m., Friends Against Abuse office.
- Elks Lodge Wednesday Meal, 6:30 p.m., spaghetti and garlic toast.
- Little Lambs (up to age 4) and King’s Kids (ages 5 and up), 6:30-7:15 p.m., Full Gospel Fellowship Church.
- Rainy Lake Sportfishing Club, 7 p.m., Americlenn.
- Line Dancing, 7 p.m., Moose Lodge.
- Downtowners Group, 7:30 p.m., Alano Club.

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## CORRECTION

A story in Wednesday’s edition about Rainy Lake Medical Center and Essentia Health contained an error. The story should have said that a separate contract to install electronic medical records at the hospital will continue, because it isn’t linked to integration.

## LOTTERY

<b>WEDNESDAY’S DAILY 3</b> 7, 3, 2	<b>HOT BALL</b> 11
<b>WEDNESDAY’S NORTHSTAR CASH</b> 11, 18, 19, 27, 28	<b>SATURDAY’S MEGA MILLIONS</b> 2, 31, 32, 37, 41
<b>WEDNESDAY’S GOPHER 5</b> 26, 31, 34, 42, 45	<b>WEDNESDAY’S POWERBALL</b> 4, 11, 17, 43, 51
<b>WEDNESDAY’S HOT LOTTO</b> 1, 12, 16, 20, 34	<b>POWERBALL</b> 20

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