

# SPORTS



**Running camp**  
Boys and girls learn the basics of track

**B2**

## QUICK HITS

### Taylor DeLack named All-State by MSHSBCA

Taylor DeLack, a short-stop/pitcher this past season on the Littlefork-Big Falls baseball team, has been named to the 2014 Class A Minnesota State High School Baseball Coaches Association All-State Team.

DeLack, who graduated this spring from L-BF, also made the list of Class A All-Academic All-State individuals.

In addition, DeLack and junior teammates Rylan Henrikson and Tommy Manninen have been named All-Section 7A players.

DeLack, Henrikson and sophomore teammate Darian Erickson received Northern Lakes All-Conference honors with Manninen receiving honorable mention.

The Vikings finished the season 10-12.

### Falls Fusion 18U splits with BGMR

The International Falls Fusion 18U softball team split a road doubleheader it played Wednesday against Badger-Greenbush/Middle River.

In game one, the Falls defeated BGMR, 1-0.

“It was a great game,” said Fusion 18U head coach Dieter Humbert. “Both pitchers pitched really well.”

Teagan Anderson pitched seven shutout innings to record the win for the Falls. She gave up three hits with four walks and a hit batter while striking out seven.

Lexi Graves recorded the only hit for the Fusion 18U. Janet Humbert drove in the only run on an error.

The Falls lost game two to BGMR, 15-5, in six innings.

Marissa Kerry picked up the loss pitching the first two innings. She allowed seven earned runs on four hits with five walks and a hit batter while striking out one.

McKenna Rasmussen pitched the next two innings, allowing four earned runs on a hit with five walks and two hit batters.

Anderson closed out the final two innings, giving up four earned runs on three hits with a walk while striking out one.

The Fusion 18U recorded six hits. Anderson batted 2-3 with 2 RBI. Graves and Janet Humbert each had a hit with an RBI, while Maddy Truty and Emma Johnson had a hit apiece.

### Bronco 5K Run/Walk to take place Friday

The 8th annual Bronco 5K Run/Walk will be held next Friday starting at 8 a.m. at the Falls High School track.

The race starts at the entrance to the track, before going along 11th Street to Kerry Park and looping back to Falls High School, ending with a lap on the track.

Preregistered entrants will be able to pick up their bib numbers and T-shirts at the track Thursday between 6-7 p.m. Those not yet registered will be able to sign up at that time.

Race-day registration begins at 7:15 a.m. The entry fee on the day of the race will be \$20 without a T-shirt.

Medals will be awarded to the top-three males and females in nine age categories.

Following the Bronco 5K, at approximately 9 a.m., a free Kids Fun Run will be held on the track with the choice of a 400- or 800-meter run. All participants in the Kids Fun Run will receive a ribbon.

Proceeds from the Bronco 5K benefit the FHS track and field teams.

For more information, call race organizer Jen Erickson at 324-0221 or e-mail kjerickson@midco.net.

## JUNIOR LEAGUE BASEBALL

# Falls drops league game in split with Eveleth

BY KEVIN BONESKE  
Sports Editor

The International Falls junior League baseball team recorded its first Iron Range League loss of the season after splitting a home doubleheader Wednesday with Eveleth.

In the first game that counted toward the league standings, the Falls lost to Eveleth, 3-2.

“I’m kind of disappointed with our bats,” said Falls head coach Josh Koenig. “We need to have a little bit more discipline at the plate and do a little bit better of finding ways to score guys.”

The Falls left nine runners on base over five innings, which included leaving the bases loaded in the bottom of the fifth.

The Falls scored first in the bottom of the first when Barrett Kalar led off with a walk and ended up reaching home when the ball got past Eveleth’s catcher.

The score remained 1-0 until the top of the fourth when the Bears picked up all three of their runs and two of their three hits. Falls pitcher Trimble Butler committed two balks in the inning with one balk bringing in the third run.

Butler, who pitched all five innings in recording the loss, also gave up three walks with hit a batter while striking out four.

The Falls pulled within a run in the bottom of the fourth when Gage Wherley reached second base on an error, advanced to third



STAFF PHOTO BY KEVIN BONESKE

From right, Falls Junior League catcher Barrett Kalar tags out Eveleth’s Cole Anderson (29) at home plate in the first game of Wednesday’s doubleheader at Scheela Field.

on a wild pitch and scored on a ball that got past Eveleth’s catcher.

In the bottom of the fifth, the Falls loaded the bases with no one out when Riley Beck singled, Cart-

er Germain walked and Butler was hit by a pitch. However, the Falls then couldn’t get a run home after Garrett Koenig struck out, Wherley hit an infield fly and Blaine Humbert

watched a called third strike that ended the game.

“A couple of key hits, here and there, and we should probably win that first ballgame,” Josh Koenig said. “Hats off to their

pitcher. He pitched well.”

Eveleth pitcher Kyle Sickel picked up the complete-game victory scattering six hits, walking three

Baseball to B2 ➤

## LEGION BASEBALL

# Post 66 Broncos sweep Esko on road

### Falls’ home opener Monday

JOURNAL STAFF REPORT

The International Falls Legion baseball team swept a conference doubleheader Tuesday at Esko.

In game one, the Post 66 Broncos shut out Esko, 8-0.

Falls starting pitcher Ben Humbert struck out 13 batters over five innings.

Jack Bartkowski closed out the final two innings and struck out one.

Of the Post 66 Broncos’ eight hits, Jackson Vollom and Cole Miggins had two hits apiece.

Esko had only two hits and committed four errors over seven innings.

**FALLS 7, ESKO 5**

In game two, the Post 66 Broncos defeated Esko, 7-5.

Falls starter Caleb Dahlin pitched all seven in-



Ben Humbert



Wyatt Ulrich

nings to record the victory, allowing four hits and striking out eight.

The Post 66 Broncos tallied 11 hits with Wyatt Ulrich recording three of them and Clay Bergstrom picking up two more.

Both teams committed eight errors between them with the Falls making five errors and Esko having three.

The Post 66 Broncos return to action at 6 p.m. Monday for their first home game of the season against Deer River. That

game will be preceded by Falls’ VFW team also hosting Deer River.

**Game 1**  
**Falls 8, Esko 0**  
**Falls 0-1-3 1-1-0 2-8-8 0**  
**Esko 0-0-0 0-0-0 0-0-2 4**  
**WP-Ben Humbert**

**Game 2**  
**Falls 7, Esko 5**  
**Esko 1-0-0 0-0-0 4-5 4 3**  
**Falls 2-2-1 1-1-0 X-7 11 5**  
**WP-Caleb Dahlin**

# Learning how to get faster in water

### Don Brush holds swim camp at Falls High School

BY KEVIN BONESKE  
Sports Editor

A swimming coach, whose 20-plus years of experience includes being an assistant coach at Indiana University and the University of Texas, came to International Falls this week to teach techniques on how to swim faster to 18 high school-level swimmers participating at a camp at Falls High School.

“The most important thing is the kids have fun and that they can learn something they can take home to their club teams,” said Donald J. Brush, who now is on the coaching staff of the Fishers Area Swimming Tigers, a club team in suburban Indianapolis. “What I told the kids at the beginning of the camp is attitude is everything. If they can learn to have a positive

attitude with everything they do in life, they’re just going to have a very successful, happy life.”

Brush, who ran the camp attendees through various drills, said the most important thing about swimming is being comfortable in the water.

“We’re very comfortable on land, but when we move to the water we become a little bit uncomfortable,” he said. “They just need to learn how to manipulate their body through the water pretty effortlessly, which will allow them to have better balance in the water and also allow them to go faster and more efficient.”

Brush has been running the camp this week with Falls head boys swimming coach Dawnn Taylor, whose son, Donovan, had been coached by Brush while a swimmer at Indiana University.

“Don and Dawnn Taylor are ambassadors to this sport in this community, and we decided it would be

great to offer a world-class camp to this community,” Brush said. “I worked with Eddie Reese at the University of Texas in 2004, so I spoke to Eddie, and he decided he that he would come and we would just offer a unique opportunity for student athletes in this community.”

In addition to being the head coach of the men’s swimming and diving team at Texas since 1978, Reese also served as the men’s head coach of the United States Olympic team in 2004 and 2008, as well as being an assistant coach at the 1992, 1996, 2000 and 2012 Olympics. Reese was scheduled to be on hand for this morning’s session as the swimming camp wrapped up.

Though some of the girls and boys at the camp swam for the Broncos this past season, Dawnn Taylor noted others came from Grand Rapids, Fort Frances and Thunder Bay.



STAFF PHOTO BY KEVIN BONESKE

At left, Donald J. Brush speaks Wednesday with swimmers participating in a camp held this week at Falls High School. Brush has more than 20 years of experience as a swimming coach, including being an assistant at Indiana University and the University of Texas.

Swimming to B2 ➤