



Open 7 Days A Week
5:00 a.m. - Midnight

Hwy. 11-71 West, International Falls, MN
283-8440

Visit our new website
superoneifalls.com

PRICES IN EFFECT
Noon Sunday, November 30 - Saturday, December 6

Use our In-store ATM

VISA MasterCard

We reserve the right to limit quantities!

Your only locally-owned Supermarket for over 50 years.

Meat Department - Fresh Meats Cut Daily



Stewart's SuperOne U.S.D.A. Choice Black Angus

T-Bone Steaks

\$6⁷⁷

lb.

Stewart's SuperOne U.S.D.A. Choice Black Angus

Sirloin Tip Steak

\$4⁴⁷

lb.

Fresh Cut

Family Pack Bone-In Pork Sirloin Chops

\$1⁷⁷

lb.

Stewart's SuperOne U.S.D.A. Choice Black Angus

Sirloin Tip Roast

\$4³⁷

lb.

Fresh Cut

Bone-In Pork Sirloin Roast

\$1⁶⁷

lb.

Gold-N-Plump

All Natural Value Pack Chicken

4.19 oz.

\$5⁹⁹

On-Cor

Breaded Chicken Patties or Nibblers

35-36 oz.

\$4²⁹

Barber Foods

Chicken Kiev, Cordon Bleu or Parmesan

10 oz.

\$3⁹⁹

Matlows

Stuffed Clams or Scallops

15-20 oz.

\$3⁸⁹

W.H.M. Stewart's

Wild Rice & Beef or Jalapeno Beef Summer Sausage

\$4⁷⁹

lb.

Oscar Mayer

Original Bologna, Light Bologna or Cotto Salami

16 oz.

2/\$5

Oscar Mayer

Original, Jumbo or Bun Length Wieners

16 oz.

2/\$5

Oscar Mayer

Smokies, Bacon Dogs or Jalapeno Dogs

14-16 oz.

2/\$5

Hormel

Original, Hot & Spicy or Natural Pepperoni or Canadian Bacon

3.15-3.5 oz.

2/\$3

Hormel

Beef Crumbles or Italian Sausage Crumbles Pizza Toppings

2/\$3

4 oz.

1015

Steak-Umm Sliced Beef Steaks

9 oz.

\$2⁹⁹

SuperOne Meat Department

Limit 10 per family with coupon at Super One thru December 6, 2014

1025

Essential Everyday Batter Wrapped Corn Dogs

16 oz.

\$2⁰⁰

SuperOne Meat Department

Limit 10 per family with coupon at Super One thru December 6, 2014

1035

Land-o-Frost Sliced Canadian Bacon

6 oz.

\$2⁰⁰

SuperOne Meat Department

Limit 10 per family with coupon at Super One thru December 6, 2014

1045

Carl Buddig Thin Sliced Lunch Meats

2 oz.

50¢

SuperOne Meat Department

Limit 10 per family with coupon at Super One thru December 6, 2014

Fresh Premium Head Lettuce

99¢

ea.

Jumbo Vine-Ripened Tomatoes

\$1⁶⁹

lb.

Fresh Snowwhite Whole Mushrooms

8 oz.

2/\$3

Fresh California Grown Broccoli

99¢

lb.

Texas Rio Red Grapefruit

5 lb. bag

\$2⁹⁹

ea.

Fresh Quality Baby Spinach

5 oz. bag

\$1⁹⁹

ea.

Jumbo Sweet Yellow Onions

79¢

lb.

Premium Gala Apples

3 lb. Bag

\$2⁹⁹

ea.





November 30 - December 6

Sandwich Special

BBQ Pork w/ side \$4.99

Check out our specials on facebook!

Deli Hours: 7am-7pm All Week

MEATS

Healthy Ones Oven Roasted Turkey Breast \$5¹⁵ lb.

Sweet Molasses Ham \$4⁵⁵ lb.

CHEESES

Lorraine Swiss \$4⁸⁵ lb.

All Made From Scratch By

Our Bakery

BUTTERMILK BREAD

1 lb. loaf

\$1⁶⁹

SNOWFLAKE BUNS

doz.

\$1⁹⁹

CHERRY CAKE DONUTS

doz.

\$2⁹⁹

OUR OWN FRUITCAKE

lb.

\$6⁹⁹



Dairy

Tru Moo Chocolate Milk

gal.

\$2⁹⁸

Land O Lakes Buttermilk

quart

\$1¹⁸

Essential Everyday Cottage Cheese

24 oz.

\$2⁴⁸

Essential Everyday Sour Cream

16 oz. tub

\$1⁴⁸

Essential Everyday Chunk Cheese

8 oz.

\$1⁸⁸

Essential Everyday Shredded Cheese

8 oz. pkg.

\$1⁸⁸

Cracker Barrel Chunk Cheese

7-8 oz. block

\$2⁹⁹

Crystal Farms String Cheese

10 oz. pkg.

\$3⁴⁹

Dannon Oikos Greek Yogurt

5.3 oz. cup

5/\$5

Yoplait Go-Gurt

18 oz. pkg.

2/\$4

Smart Balance Spreadable Butter

7.5 oz. tub

2/\$3

Pillsbury Grands! Biscuits

5 count/10.2 oz. tube

99¢

Crescent Rolls

4 oz. tube

99¢

Cinnamon Rolls

7.3 oz. tube

99¢

Essential Everyday English Muffins

6 count pkg.

99¢

Essential Everyday Orange Juice

64 oz. carton

\$2³⁹

Florida's Natural Orange Juice

89 oz. bottle

\$4⁹⁹

Cruz Flour Tortillas

24 oz. pkg.

\$2³⁹

Frozen

Pagoda Egg Rolls

12.27 oz.

4/\$10

Appetizers

4.8-9.49 oz.

\$1⁸⁹

Shoppers Value All American Pops

12 pack

\$3⁹⁹

Essential Everyday White Bread Dough

5-1 lb. loaf pkg.

\$3⁹⁹

Banquet Pot Pies

7 oz. pkg.

75¢

Banquet Value Meals

4.73-10.25 oz. pkg.

99¢

Coles Garlic Bread

16 oz. pkg.

2/\$4

Garlic Toast

14 oz. pkg.

2/\$4

Essential Everyday Dinner Rolls

12 count pkg.

2/\$3

Banquet Boneless Chicken

12-15 oz. pkg.

2/\$5

Essential Everyday Berry Blend Medley

12 oz. bag

\$2³⁹

Stouffer's Party Size Entree's

90-96 oz. pkg.

\$11⁹⁹

Essential Everyday Potstickers

10 oz. pkg.

\$2⁹⁹

Essential Everyday Sliders

8 oz. pkg.

2/\$5

Essential Everyday Pizza Rolls

20 oz. pkg.

2/\$5

Mr. Dell's Hashbrowns

30 oz. bag

\$2³⁹

Essential Everyday Vegetables

16 oz. bag

89¢

Essential Everyday Steamy Vegetables

12 oz. bag

89¢

Essential Everyday Strudel Pastries

11.5 oz. box

\$1⁶⁹