LIFESTYLES

SHARE YOUR STORY

The Journal welcomes ideas for stories about people in our community who have gotten married, graduated, joined the military, etc.

Call the Journal at 285-7411

Prepare to start a new school year

Diane ADAMS

@ YOUR LIBRARY

We still have museum passes. If you are planning a trip to elsewhere in the Arrowhead, stop in at the library before heading out. These passes are only good until the end of August and we will not be getting more for fall, so if you've been meaning to check out area museums and attractions, now is the time.

It is also a good time to begin preparing to start a new school year. A little preparation over the next 10 days will make the school year much more successful. Spend a little time each day reading or doing a few math problems, but make it fun. Bake and have your child measure the ingredients. Have them add up the price of two treats they'd like. Spending a few minutes a day engaging the brain will make the transition back to school much easier for the kids and thus for the parents.

I am certainly hoping for a long fall, partly to be able to harvest produce but also because I know I am not ready for the cold yet. If you are looking to finish some home improvement projects and will need some know-how, be sure and check out our subscription to the online resource "Home Improvement Reference Center."

You can access the reference center by visiting our website at http://internationalfallslibrary.us/resources.html. The center can help you with home repair, maintenance and remodeling projects with step-by step instructions for thousands of projects. You will need a user id and password to get onto the site. If you have accessed other resources it is the same as before, or call and we'll let you know what they are.

We also have subscriptions to Consumer Reports online and Valueline. If you are looking to make a purchase then take a look at Consumer Reports and see what they recommend. Full reviews of tested products are available online. Valueline is the investment resource to utilize if you are investing on your own. You can look at company profiles, industry profiles and search for recommended stocks and investments.

This is just three of the resources available to you as a resident of International Falls. The library provides a variety of online resources, the Arrowhead Library System of which we are members, also provides a number of online resources including Chilton's and a Small Engine repair. You also have access to a variety of other resources, primarily educational, made available by the state to all its residents. These include a magazine index with many full-text articles available.

Geek the Library. We are still looking for your input. Stop by the library and tell us what you geek. What makes you excited? What would you love to learn more about? Did you know that if you spend one hour per day learning about your chosen subject in less than 10 years you will be an expert in the field! We want to know in what you want to be an expert.

PET OF THE WEEK

CONTRIBUTED PHOTO

Hello, my name is "Nora." As you can tell from my photo, I have very unique looks. My jaw line and cheek bones are very different than all the other cats here at the holding facility. I have been told and have heard people say how pretty I am. Do they expect anything less from a princess? I am a very outgoing girl and I love to be the center of attention. I have amazing eyes and fluffy feet. I would love for you to drop by and say "Hi." — Always, *Nora*

For more information, visit the website at www.borderlandhumanesociety.org or call 218-324-2313 or 283-9276.

Wegge presides at RLMC Auxiliary meeting

BY MARGUERITE DAVISON

Rainy Lake Medical Center Auxiliary met Aug. 5 at the hospital. President Sonia Wegge presided, with 13 members present.

Hospital liaison Kelly Millerbernd reported on the equipment, an elliptical bike for the cardio rehab unit, has been ordered and should arrive soon. The golf tournament sponsored by the RLMC Foundation was very successful. The rural health clinic has been well received.

Membership chairperson Beverly Beck reported on the membership drive. There are 56 paid-up members. Volunteer chairperson Bea Brown said there are two new volunteer stations for volunteers.

Chairperson of the gift shop, Helen Billig, said fall merchandise has been received and Christmas items are on order.

Wegge outlined the present plans for the fall meeting of the District B Hospital Auxiliaries of Minnesota (HCAM), which the Falls unit is hosting Oct. 2.

The next regularly scheduled meeting of the auxiliary will be Sept. 2 at the hospital.

LOOKING BACK

25 YEARS AGO

New coaches hired Monday by the International Falls School Board include Stu Nordquist as head basketball coach, Kevin Gordon as "B" hockey coach, Sue Begg as assistant volleyball coach and Paul Hjelle as head girls' track coach.

Grace Granger's daughter and grandchildren would like to invite all friends and relatives to her 80th birthday party Saturday from 2 to 5 p.m. in the Community Room at West Falls Estates.

40 YEARS AGO

President Ford today nominated Nelson A. Rockefeller to be vice-president.

Mechanical Engineer Randall Lampa began his duties this month in the maintenance engineering department of Boise Cascade Paper Company.

Mr. and Mrs. Vivian Marble of Ray celebrated their 50th wedding anniversary Aug. 11. To mark the event, a tour of Kettle Falls and a dinner party were arranged by their two daughters, Mrs. Ron (Annette) Warness of Blaine, and Mrs. Wodrow (Margaret) Ewald of the Falls, and their son, Lewis, of Ray.

50 YEARS AGO

A3/c Fred A. Servis, son of Mrs. Dolores Servis, 512 Ninth St., is attending teletype school at Offutt Air Force Base, Omaha, Neb.

Big Rainy Steak House — on the corner in Ranier — will have music and dancing this Sunday evening from 9 to 1. Dick Burgess on guitar, Ron Reuter, piano, Eddie Ittner, guitar and trumpet, Werner Schuschke, bass.

Fr. Joseph Pitts, OMI, assistant pastor at St. Thomas parish here for the past 3 1/2 years, will leave next Wednesday for his new work as teacher in St. Benedict's School, Chicago.

SP/4 Noel C. Hoppe, son of Mr. and Mrs. Frank Hoppe, Loman Route, is spending a 30-day leave at the home of his parents.

60 YEARS AGO

A daughter was born today at Falls Memorial Hospital to Mr. and Mrs. Larry Hogan, Island View Route; weight, 6 pounds, 4 1/4 ounces.

William Holt, son of Mr. and Mrs. Walter Holt, South International Falls, left Monday morning for San Diego, where he will be stationed with the U.S. Marines.

Now open under new management. Frenchy's Tavern in Sawmill Addition. Vernon and Gladys Kjelaas, managers.

Local hobbyists who would like to have others admire their handicraft are invited to display their articles at the Artists Workshop, 211 Third St. Operating the new shop are Mrs. Frank Eeles, former Falls art teacher; Mrs. Ethel McConnell, sixth grade teacher at Alexander Baker School; and Miss Maude Winger, science teacher at Backus Junior High School.

70 YEARS AGO

Sgt. and Mrs. LeRoy Jones (Olga Stepoway) announce the birth of a daughter today at Northern Minnesota Hospital.

Miss Ruth Eidsberg and Roy Nyberg, A/C, were the honored guests at a a party given by the employees of Erickson's Hardware at the home of Mrs. Ida Gilsoul, 610 Sixth St. The event was in honor of Miss Eidsburg's birthday and a farewell party for Cadet Nyberg.

Kenneth Etienne, son of Mr. and Mrs. Ed Etienne, 616 Ninth St., underwent a tonsillectomy at Littlefork Hospital last week.

Mr. and Mrs. Leo Dugas celebrated their 25th wedding anniversary at a family dinner Saturday evening at the Graylite Cafe in Ranier. Also an honored guest was Claude Blais, S2/c, who left that evening for Farragut, Idaho, to be reassigned.

MEMORIAM

In loving memory of our dear father, grandfather and great-grandfather, **Jerry R. Arel**, who passed away Aug. 21, 2013.

Goodbye Dad, I had to say,
A year ago on a warm August day;
I'll remember the good times and try not to be sad,
But saying goodbye still hurts so bad.
I miss you more than I can express,
My love for you will never grow less;
I keep trying to imagine how I will go on,
I realize tomorrow is another dawn.
I know your in heaven above,
Looking down on us with all your love;
Only to whisper in our ear,
Remember that I'll never stop loving you, dear.
I'll always remember the good times we had,
Remember the man, my wonderful Dad.
I'll remember you each and every day,
And if I need to talk to you,
I'll just sit down and pray.
One day we'll be together again,
To talk about all the places we've been;
Until that time, I'll always treasure,
Having you for a Dad was such a great pleasure.

Loved and missed every day ...
Jill, John and Krysten
Ryan, Jessica, Jake and Hadley

BIRTH

The following birth has been reported from La Verendrye General Hospital, Fort Frances, Ontario.

Born to:

Rob and Venus Adams, Couchiching First Nation, Ontario, a daughter, Izabella Lynne Lirac Adams, 7 pounds, 6 ounces, Aug. 3, 2014.

For All Your Propane Needs Remember...
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Membership Has Its Benefits
There are many benefits of being a member of Northern Star Cooperative Services!
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- Having access to programs and services that have been specifically designed with you, the member owner, in mind.
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BACKUS PERFORMING ARTS SERIES
2014 – 2015 Season
• Monroe Crossing
Saturday, September 27, 2014
• Ragamala Dance ~ Sacred Earth
Saturday, October 25, 2014
• Billy McLaughlin & His Electric String Quartet
Friday, January 9, 2015
• Tonic Sol-fa
Friday, February 6, 2015
• James Sewell Ballet "Guy Noir"
March 20, 2015
All Concerts – 7:00 p.m.
Backus Community Center Auditorium
CLEAN WATER LAND & LEGACY AMENDMENT
This activity is made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund, and funding from the Marshall N. Knudson Family Community Fund.
MINNESOTA STATE ARTS BOARD
BACKUS Community Center
(218) 285-7225 | 910 5th Street | Int'l Falls MN
www.backusab.org | Facebook:Backus AB
Backus is fully accessible to persons with disabilities - please call our main office at **218-285-7225** for specific accommodations.

Eklund's Peaches
COLORFUL SUNBURST FRUIT
SOLD OUT FOR NOW
But don't you worry!
We have more peaches coming August 26-27!
Truck will be in the Parking Lot next to Family Dollar on Highway 53