



DELI	
18" MEAT & CHEESE TRAY Serves 30-40	<b>\$36.99</b>
18" VEGGIE & DIP TRAY Serves 30-40	<b>\$33.99</b>
PULLED PORK	<b>\$7.99/LB</b>
BAKERY	
WHITE OR WHEAT DOLLARS BUNS	<b>15% OFF</b> Reg. Price
KAISER ROLLS	<b>15% OFF</b> Reg. Price
½ SHEET CAKE White, Chocolate or Marble	<b>\$22.00</b>
FULL SHEET CAKE White, Chocolate or Marble	<b>\$36.00</b>

**Open 7 Days A Week**  
**5:00 a.m. - Midnight**  
Hwy. 11-71 West  
International Falls, MN  
**283-8440**

Text the Word  
**ifallssuper1**  
To 77948 for  
American Customers. Or  
393939 for Canadian Customers  
to receive our weekly specials &  
ad right to your phone!

Visit our new website  
**superoneifalls.com**

PRICES IN EFFECT  
Noon Sunday, May 17  
to Saturday, May 23

Use our  
In-store ATM

We reserve the right to limit quantities!

## Meat Department - Fresh Meats Cut Daily

**Bone In Ribeye Steak or Roast**  
**\$8.98** lb.

**Fresh Cut Boneless Pork Sirloin Chops**  
**\$1.98** lb.

**Gold'n Plump Family Pack Boneless Skinless Chicken Breasts**  
**\$8.98** 2.38 lb.

**Boneless Rump Roast**  
**\$3.78** lb.

**Fresh Cut Boneless Pork Country Style Ribs**  
**\$1.88** lb.

USDA Choice Black Angus Boneless Bottom Round Steak.....  
**\$3.98** lb.

No Name Steak House Seasoned, Mushroom Swiss, Cheddar Bacon or Roasted Peppers Steak Burgers.....27 oz.  
**\$5.99**

Bluewave Jumbo Breaded or Coconut Shrimp.....9-10 oz.  
**\$3.89**

Arctic Shores Jumbo Cooked Tail On Shrimp.....16 oz. 26-30 ct.  
**\$9.99**

W.H.M. Stewart's German Bologna or Cotto Salami.....  
**\$3.89** lb.

**Minnesota Gold Family Pack Sliced Slab Bacon**  
**\$2.49** lb.

Ball Park Original Franks.....15 oz.  
**2/\$5**

Oscar Mayer Fun Pack Lunchables.....8.8-11.1 oz.  
**2/\$5**

Oscar Mayer Deli Fresh or Selects Lunch Meat Tub.....7-9 oz.  
**\$3.49**

Oscar Mayer Carving Board Chicken Breast Strips.....6 oz.  
**\$3.49**

Jimmy Dean Pork Sausage Rolls, Patties, Links or Crumbles.....9.6-16 oz.  
**\$3.99**

NO CLIP COUPON John Morrell Skinless Franks 12 oz. <b>\$1.00</b> Meat Department Limit 10 per family with coupon at Super One thru May 23, 2015	NO CLIP COUPON John Morrell Smoked Sausage or Polish Sausage 7 oz. <b>\$1.00</b> Meat Department Limit 10 per family with coupon at Super One thru May 23, 2015	NO CLIP COUPON John Morrell Bologna or Cotto Salami 12 oz. <b>\$1.25</b> Meat Department Limit 10 per family with coupon at Super One thru May 23, 2015	NO CLIP COUPON John Morrell Pork Sausage Rolls 12 oz. <b>\$1.25</b> Meat Department Limit 10 per family with coupon at Super One thru May 23, 2015
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**MEMORIAL WEEKEND**

**Sweet Ripe Whole Seedless Watermelon**  
**49¢** lb.

**California Red Ripe Strawberries** 16 oz.  
**2/\$5**

**Fresh Ripe Blueberries** 1 pint  
**\$2.99** ea.

**Chiquita Sweet Ripe Pineapple**  
**\$2.99** ea.

**Fresh Dole Classic Coleslaw Blend** 14 oz. bag  
**99¢** ea.

**Premium Russet Potatoes** 5 lb. bag  
**\$1.59** ea.

**Fresh Bolthouse Peeled Baby Carrots** 16 oz. bag  
**99¢** ea.

**Florida Super Sweet Corn**  
**5/\$1.99**

**Georgia Grown Sweet Vidalia Onions**  
**89¢** lb.

**Fresh Red-on-the-Vine Tomatoes**  
**99¢** lb.

**May 17 - May 23**  
**Sandwich Special**  
Drunken Cod Sandwich w/side \$5.99  
Check out our specials on facebook!  
Deli Hours: 7am-7pm All Week

**DELI**

**MEATS**  
Roast Beef \$6.95 lb.  
Corned Beef \$6.95 lb.  
Cajun Turkey \$6.25 lb.

**CHEESES**  
Muenster \$4.95 lb.  
Lorraine Swiss \$5.35 lb.

Extra Creamy Coleslaw \$2.95 lb.  
Mrs. Gerry's Original Potato Salad \$2.25 lb.

**Dairy**

Land O Lakes Sour Cream.....16 oz. **\$1.49**

Land O Lakes Half and Half.....pint **95¢**

Land O Lakes Whipping Cream.....pint **2/\$4**

Land O Lakes Dips.....8 oz. pkg. **5/\$5**

Cracker Barrel Cheese.....7-8 oz. pkg. **\$2.99**

Kraft Shredded Cheese.....8 oz. pkg. **2/\$5**

Kraft Chunk Cheese.....8 oz. pkg. **2/\$5**

Kraft American Singles...12 oz. pkg. **2/\$4**

Essential Everyday String Cheese.....24 oz. pkg. **\$5.99**

Yoplait Original Yogurt.....6 oz. cup **10/\$5**

Yoplait Whips Yogurt.....4 oz. cup **10/\$5**

Land O Lakes Yogurt.....24 oz. tub **2/\$4**

Yoplait Light Yogurt.....6 oz. cup **10/\$5**

Yoplait Custard Style Yogurt.....6 oz. cup **10/\$5**

Coffee-Mate Flavored Creamers.....16 oz. bottle **\$1.88**

Top the Tater.....12 oz. tub **\$1.88**

Reddi Wip.....6.5 oz. aerosol can **\$1.88**

Essential Everyday Butter.....1 lb. quarters **\$2.29**

I Can't Believe It's Not Butter.....8-16 oz. pkg. **2/\$5**

Essential Everyday Crescent Rolls.....8 oz. tube **2/\$3**

Essential Everyday Cinnamon Rolls...12.4 oz. tube **2/\$3**

Minute Maid Lemonades.....59 oz. carton **99¢**

Minute Maid Punches.....59 oz. carton **99¢**

Minute Maid Pure Squeezed Orange Juice.....59 oz. bottle **2/\$5**

Essential Everyday Whipped Cream 6.5 oz. aerosol can  
**98¢**  
Limit 1 per family with coupon at Super One thru May 23, 2015

Essential Everyday Cream Cheese 8 oz. block  
**98¢** each  
Limit 2 per family with coupon at Super One thru May 23, 2015

**Fresh Bakery**

All Made From Scratch By **Our Bakery**

BUTTERMILK BREAD.....1 lb. loaf **\$1.69**

WHEAT DOLLAR BUNS.....doz. **\$1.79**

ICED CINN ROLLS.....½ doz. **\$4.99**

DESSERT SHELLS.....4 cnt. **99¢**

**Frozen**

Kemp's Frozen Yogurt.....48 oz. pkg. **\$2.99**

Kemp's Ice Cream.....48 oz. pkg. **\$2.99**

Klondike Ice Cream Bars.....6 pack **\$3.49**

Popsicles.....12-20 count pkg. **\$2.99**

Pepperidge Farms Layer Cakes.....19-19.6 oz. pkg. **\$2.49**

New York Cheese Texas Toast..8-16 oz. **2/\$5**

Old Orchard Apple Juice.....12 oz. can **99¢**

Old Orchard Apple Juice Blends 12 oz. can **99¢**

Essential Everyday Pizza Rolls.....20 oz. pkg. **2/\$5**

Jose Ole Chimichangas.....18 oz. pkg. **\$5.99**

Taquitos.....20-22.5 oz. pkg. **\$5.99**

Mini Tacos.....20 oz. pkg. **\$5.99**

Lean Cuisine Simple Favorites Entrees.....5.25-10.37 oz. pkg. **5/\$10**

Ore Ida Frozen Potatoes 16-32 oz. pkg. **\$2.99**

Captain Ken's Baked Beans.....14 oz. pkg. **2/\$4**

Essential Everyday Vegetables.....16 oz. bag **89¢**

(Peas & Carrots, Mixed Vegetables, Crinkle Cut Carrots, Peas, Corn, Chopped Broccoli, Cauliflower, Broccoli Cuts)

Essential Everyday Steamy Vegetables 12 oz. bag **89¢**

Essential Everyday Waffles.....12.3 oz. box **\$1.29**

Essential Everyday Frozen Whipped Topping 8 oz. tub  
**68¢** each  
Limit 2 per family with coupon at Super One thru May 23, 2015