LIFESTYLES

SHARE YOUR STORY

The Journal welcomes ideas for stories about people in our community who have gotten married, graduated, joined the military, etc.

Call the Journal at 285-7411

Summer reading, hours underway

Diane ADAMS

@ YOUR LIBRARY

Summer hours have begun. For the most part, our hours do not change. But, we are adding Wednesday mornings back into the mix. Our hours are Monday, Tuesday and Wednesday 10 a.m. to 8 p.m., Thursday and Friday 10 to 6. The junior room is open Monday, Wednesday, Thursday and Friday 10 to 6 and Tuesday 10 to 8. Saturday and Sundays we are closed. Saturday hours will return after Labor Day.

You may access our web page at http://internationalfallslibrary.us anytime, day or night, including weekends. We also leave our wireless Internet service on, allowing you to access the Internet through your own devices by sitting outside around the library or at Smokey Bear Park.

Summer Reading is here! If you haven't stopped by the library and picked up summer reading bags for kids or bookmarks for teens and adults, make plans to visit us soon. Summer reading is for everyone. If you want to keep track of the amount of time you spend reading to pre-readers they can participate as well.

We offer a guaranteed prize to any child who reads or listens to at least five hours this summer. Teens and adults receive an entry for prizes for each book read this summer. We would love to see the entire community participate in summer reading. Let's show our kids how enjoyable reading can be and that it is a lifelong activity.

This is their chance to explore. No one is telling them what they have to read. Let them decide what they are going to read and if something doesn't grab them, let them try something else. I encourage everyone to come to the library and explore what is available. We have lots of different kinds of books, fiction and non-fiction, graphic novels, short books, long books, mysteries and more.

Discover a new passion, or explore an old one, just spend time this summer reading and discovering the big, wide world of reading!

Tomorrow, Thursday, June 5, at 10:30 a.m., the library will show "The Jungle Book" in the library meeting room. Join us for popcorn and this classic movie. We will finish in time for you to get to Backus and enjoy their free lunch and gym time.

Stories in the Park will begin on Wednesday, June 11, at 6 p.m. We are meeting in a new location this year. We will be at the Eighth Avenue green space, between the library and the community gardens, probably under the trees. Wednesday, June 11, from 5 to 7 p.m. is also the first of three summer Active Street events. Active Streets will include a free healthy dinner at Backus from 5 to 6 as well as a variety of activities. Come spend the evening enjoying time together as a community.

The current art exhibit in our lobby is watercolors by Joyce Rasmussen. They are gorgeous and make me smile, even on the sunny, warm days when I want to be outside in the sunshine. Her paintings will be displayed until the end of June, so don't miss seeing her work.

CONTRIBUTED PHOTO

Full Gospel Fellowship to host speaker

The Rev. Jarman Esperance will share his experiences at Full Gospel Fellowship, 1530 Sixth Ave. W., at 10:45 a.m. and 7 p.m. Sunday.

The public is welcome to attend.

Esperance was born in Haiti in 1954. He received his early education from missionary-sponsored schools and immigrated to the United States In 1976.

In 1979, Esperance married his wife, Mary. The couple moved to Haiti in 1995 where they served as missionaries until 2004. In 1997, the Esperances founded a Christian school in Chalon, Haiti, which teaches grades kindergarten through 9.

In 2006, he joined the Christian Haitian Outreach and served as its executive director. While serving at the orphanage in Mariani, the Esperances met two children, Manoucheka and Daniel, whom they adopted in May 2011. Manoucheka is now 11, and Daniel is 9 years old.

Esperance was appointed the chief executive officer of CHO in October 2011. He fulfills his duties as CEO while continuing to serve as pastor of Bethesda Haitian Assembly of God in Mount Prospect, Ill.

For more information, call 283-2088.

MEMORIAMS

In memory of **Mike Trafton**, 48, **Jeff Trafton**, 32, and **Gary Trafton**, 44, who died June 3, 4, and 8.

Even though they were years apart,
You left us the same week;
We will always grieve for you,
For comfort we still seek.
We know the Lord took you,
To your home on high;
But here on earth your loved ones,
Many days still cry.
Happy are our memories,
Of living in the past;
We love you, we miss you,
But peace you found at last.

God Bless -
June Alleman
Brenda Long
Tyler and Jenna Johnson
Cortney Smith
Samantha Trafton

Come To Me

God saw you were getting tired,
And a cure was not to be;
So He put His arms around you,
And whispered, "Come To Me."
With tearful eyes we watched you,
And saw you pass away;
Although we loved you dearly,
We could not make you stay.
A golden heart stopped beating,
Hard working hands at rest;
God broke our hearts to prove to us,
He only takes the best.

In loving memory of **John Albert Howdahl**, who passed away one year ago, June 4, 2013.

Sadly missed but never forgotten
by your children, grandchildren
and great-grandchildren -
Love always,
David and Kathy Howdahl
Cindy and Bob Bruggeman
Bryan, Cory, Andrea and Brittany
Talon and Chase
Teagan and Reed

Red Cross launches anti-drowning campaign

RED CROSS REPORT

The American Red Cross recently launched a new national campaign to reduce drownings, urging people to make sure they and their families can swim safely. This multi-year, sustained campaign marks 100 years of Red Cross swimming safety education.

"As we all gear up for trips to the pool, beach, rivers and lakes, we're asking that adults here in Minnesota make water safety a priority this summer," said Phil Hansen, regional chapter executive of the American Red Cross Northern Minnesota Region. "Families need to make sure that both adults and children have the knowledge and skills they need to be safe in and around the water."

The new Red Cross drowning prevention campaign comes at a time when a new national survey shows that people believe they are better swimmers than they actually are. The survey, conducted for the Red Cross, found that while 80 percent of Americans said they could swim, only 56 percent of the self-described swimmers can perform all five of the basic skills that could save their life in the water.

These critical water safety skills, also known as "water competency," are the ability to: Step or jump into the water over your head; Return to the surface and float or tread water for one minute; Turn around in a full circle and find an exit; Swim 25 yards to the exit; and Exit from the water. If in a pool, be able to exit without using the ladder.

Every day, around 10 people die from unintentional drowning in the United States. Twenty percent of those who drown are children 14 or younger, according to statistics from the Centers for Disease Control and Prevention. In the U.S., drowning is the second leading cause of unintentional death for children and the sixth for people of all ages. In Minnesota, 40 people drowned from non-boating, water emergencies in 2012, according to statistics from the Minnesota Department of Natural Resources.

Overall, the Red Cross survey finds that more than half of all Americans (54 percent) either can't swim or don't have all of the basic swimming skills.

PET OF THE WEEK

CONTRIBUTED PHOTO

"Nora" is a well adjusted little girl with a lot to give. She is affectionate and that is the first thing anyone will look for in a cat. Second, she is gentle; another wonderful attribute. Third, she is a great companion for anyone that is looking for someone to fill those lonely nights without all the drama. Wow -imagine that ... a girlfriend with no drama. Can't get better than that and all she needs is your devotion and love in return. Please look at Nora. She, as Pet of the Week, represents all the animals at the Holding Facility that have so much to offer.

For more information, visit the website at www.borderlandhumanesociety.org or call 218-324-2313 or 283-9276.