

# Expectant mom with a past must consider baby’s future

**DEAR ABBY:** Coming out of an abusive relationship in the past, I made some poor decisions. I moved away from home and into pornography and prostitution. I come from a small town, and it became a big deal when it hit the Internet. Everyone in my generation back home knew what I did.

Years later, I’m back home. I have a wonderful husband and we’re expecting our first child – a girl. My husband loves and accepts me in spite of my past, and my mother has become my best friend. I love my life here. Nowhere else feels like home.

But I’m worried that my child’s life could be miserable here because of my past. She will go to school with the children of people who know my history. No parent would want their child around me and -- by extension -- her. She may also learn the unsavory things I did.

I’m torn between moving away for her sake or staying. My parents are aging and have no one else to care for them. They can’t follow me, but say I should do what is best for the baby. I hate the idea of deserting my parents when they need me. But I also hate that my child



DEAR ABBY

will be ostracized. Can you help? — **LOST IN THE SOUTH**

**DEAR LOST:** For your child’s sake, I think you should relocate. As I’m sure you have already realized, people can be cruel and they love to talk. When children overhear what is said over the back fence, they can be cruel, too, and I’d rather your daughter wasn’t subjected to it. (This is not to imply that wherever you go, you might not encounter someone who recognizes you – but the chances are less.)

You don’t have to move right away. Take your time and scout out locations. Arrangements can be made for care if your parents need it. But your daughter’s welfare must come first.

**DEAR ABBY:** When you go to the store for milk

and eggs there is a “sell-by” date on the package. How long after that date is it safe to use them? — **WONDERING IN NEW JERSEY**

**DEAR WONDERING:** According to Eatbydate.com, when it comes to milk, the length of time it lasts beyond the expiration date on the carton depends on what kind of milk it is. Lactose-free and non-fat milk last another seven to 10 days. Skim and reduced-fat milk, one week. Whole milk should last five to seven days. Of course, for this to happen, the milk must be stored properly, at a temperature at or below 40 degrees Fahrenheit.

The Academy of Nutrition and Dietetics states that eggs should be refrigerated at the time you buy them and as soon as possible upon your return home, and can be used up to three weeks after the sell-by date if they have been stored properly.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

## su | do | ku

© Puzzles by Pappocom

		8				2		
	6		4	7			3	
				8			5	
7	8				5	4		1
6								2
4		1	6				9	5
	2			6				
	7			3	8		4	
		3				7		

Instructions for play: Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

That’s all there is to it. There’s no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It’s fun. It’s challenging. It’s addictive!

Solving time is typically from 10 to 30 minutes, depending on your skill and experience. The solution for today’s puzzle will be published in Saturday’s paper. Or you can go to [www.sudoku.com](http://www.sudoku.com) to find the solution.

2	7	8	1	4	3	5	9	6
4	1	3	5	9	6	2	7	8
5	9	6	2	8	7	1	4	3
7	8	2	9	6	5	3	1	4
1	3	5	8	2	4	9	6	7
9	6	4	3	7	1	8	5	2
3	4	1	7	5	8	6	2	9
8	2	7	6	1	9	4	3	5
6	5	9	4	3	2	7	8	1

## HELOISE’S KITCHENEERING BY HELOISE

### Microwave Your Ice Cream?

Dear Heloise: Every day I read your column in the Texarkana Gazette. I have a hint about scooping ice cream: I put the half-gallon container in the microwave UPSIDE DOWN for 20 seconds. It causes the ice cream to thaw just enough to scoop it. — Bobbie M. in Texas

Hello to my friends at the newspaper! When I last visited your city, I was doing my one-woman show at the Perot Theatre, and what fun we had! To see some of the folks onstage sharing their hints was a treat! — Heloise

### Stuck Cake

Dear Heloise: When making a recipe that requires the use of a fluted cake pan, what is the secret to getting the cake out of the pan? I’ve tried following the recipe that says to grease and flour the pan. I’ve even tried spraying cooking oil, but the result seems the same. — Janet A., via email

This can be frustrating! Use a pastry brush to coat the pan with solid vegetable shortening. The key is to make sure you get the shortening into every crack and crevice. Then sprinkle with flour, being sure to get into the indents, and sort of shake out the loose flour.

You really need to let the cake cool completely, so place the pan somewhere that has good air circulation, especially the bottom. When it’s cool, hit the bottom of the pan on your counter a few times to loosen the cake. Let it cool further. — Heloise

### Panko Breadcrumbs

Dear Readers: Have you tried using panko breadcrumbs? They are made from crustless bread and baked a special way. They are larger and lighter than regular breadcrumbs, so fried foods are crispier. Use them in place of regular breadcrumbs. You even can top casseroles with them. — Heloise

### Iced-Tea Cubes

Dear Heloise: I enjoy iced tea almost all year-round. I don’t like the watered-down taste that it gets when regular ice cubes melt. Now, when I brew the first couple of batches of tea, I freeze the leftover tea into ice cubes. I use these ice cubes, especially during the hot and humid summer, to cool down my iced tea. — Maggie T. in Georgia

This is a good way to keep your drink from being diluted or watered down. You also can freeze lemon juice into ice cubes. For many of my favorite tea and coffee hints, send for my Heloise’s Flavored Coffees and Teas pamphlet. To order one, please send, \$3 and a long, self-addressed, stamped (70 cents) envelope to: Heloise/Coffees, P.O. Box 795001, San Antonio, TX 78279-5001. Freeze strawberries to use instead of ice cubes in summer drinks. — Heloise

### Save Liquid

Dear Heloise: Whenever I use a can of chili beans or other canned vegetables that come with liquid that you drain off, I use the liquid instead of straight water when I cook white rice. It adds a nice flavor. — Karen R. in Oregon

## CROSSWORD

By THOMAS JOSEPH

### ACROSS

1 Chickadee’s perch

5 Cornfield pest

9 Moved slowly

11 Task

12 Heat setting

13 Sierra —

14 Letter before omega

15 Supplied with workers

17 Ran through

19 Hosp. parts

20 Clip sheep

21 Use a crowbar

22 Hammer of “The Lone Ranger”

24 Belief, in brief

26 Bumbling

29 Little laborer

30 Had the lead

32 Played for time

34 Lennon’s wife

35 Science’s Marie

36 Increase

38 Without stop

### 39

“— the Top”

40 Midterm, for one

41 Commentary page

### DOWN

1 Office aides

2 Belt settings

3 Bible prophet

4 Ruby or garnet

5 Restaurant

6 Housetop laborer

7 Like an old cuss

8 Hoe targets

10 Prevent from

11 Not naked

16 House eater

18 Roof support

21 Jury member

23 How Rome wasn’t built

24 Harmonious

25 Long looks

27 Support

28 Prof’s protection

29 Fancy tie

30 Downhill glider

31 Under sedation

33 Pocket fuzz

37 Cow call

NEW CROSSWORD BOOK! Send \$4.75 (check/m.o.) to Thomas Joseph Book 1, P.O. Box 536475, Orlando, FL 32853-6475

1	2	3	4		5	6	7	8
				10		11		
9								
12						13		
14				15	16			
17			18				19	
	20					21		
			22		23			
	24	25			26		27	28
29								31
32			33				34	
35						36	37	
38						39		
40							41	

8-6

## CROSSWORD

By THOMAS JOSEPH

### ACROSS

1 Early light

5 Malice

10 Clarinet cousin

11 La Scala setting

12 Took wing

13 Pressed

14 Came clean

16 Tousled

20 State as true

23 Mamie’s mate

24 Cabaret fixture

25 Makes a lot

27 Antlered animal

28 Rio Grande city

29 Flipped, as a coin

32 Forewent

36 Infuriate

39 Aswan’s river

40 Evergreen shrub

41 Hamlet, for one

42 Take the wheel

43 Strike

4 Some anchors

5 Computer woe

6 Wed without fuss

7 Photographer Goldin

8 Unified

9 Like go-go boots

11 Center

15 Mark’s replacement

17 Singing star

18 Island strings

19 Cuban coin

20 In — (sulking)

30 Extra

31 Gung-ho

CUSPS	ACORN
ONTOP	CURIE
DOYLE	CEASE
	YALE
FLAGRANT	LED
LAIR	STEWED
AMMAN	SLATE
GASPED	EDNA
	HEADGEAR
TOM	DYER
ONEAL	GAFFE
SCALE	APRIL
SELLS	SHIRK

Previous Puzzle

NEW CROSSWORD BOOK! Send \$4.75 (check/m.o.) to Thomas Joseph Book 2, P.O. Box 536475, Orlando, FL 32853-6475

1	2	3	4		5	6	7	8	9
10					11				
12						13			
14					15				
			16				17	18	19
20	21	22					23		
24						25	26		
27						28			
29			30	31					
			32					33	34
36	37	38					39		
40								41	
42								43	

8-7

Daily Cryptoquote – Here’s how to work it:

A XYDLBAAXR  
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L’s, X for the two O’s, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

## 8-6 CRYPTOQUOTE

EQN TUGLE QDKT IT IHG KUTN  
UL GHURNF MA IHG CDGNREL  
DRF EQN LNSIRF QDKT MA  
IHG SQUKFGNR. — SKDGNRSN  
FDGGIP

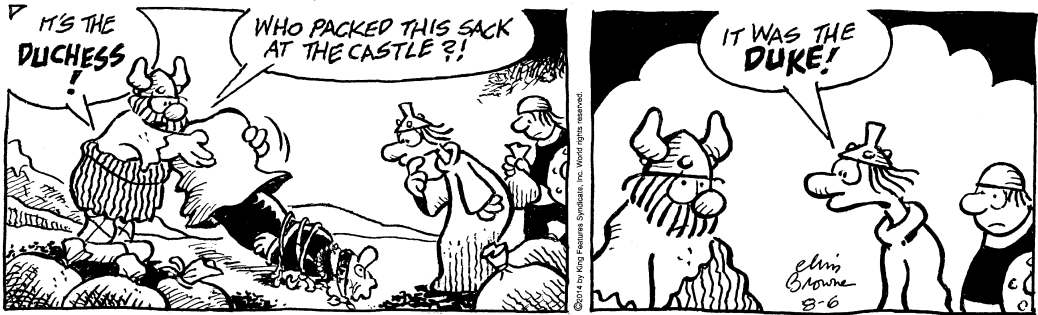
Previous Cryptoquote: LOVE IS A FIRE. BUT WHETHER IT IS GOING TO WARM YOUR HEARTH OR BURN DOWN YOUR HOUSE, YOU CAN NEVER TELL – Joan Crawford

## COMICS

### Tundra



### Hagar the Horrible



### Peanuts



### Baby Blues



### Dilbert

