

Mon/Tues/Wed Only!

MEAT

Jamestown Hickory
Smoked Ham Steak
\$2⁰⁰
lb.

DELI

Sweet
Chilli Wing
Hot or Cold
\$4⁷⁵
lb.

FROZEN

Pagoda
Egg Roll &
Appetizers
2/\$4

ESPRESSO LANE

Mango
Iced Tea
Large
\$2⁷⁵

GROCERY

Gatorade
8pk. bottles
\$4⁷⁵

BAKERY

Asst.
Turnovers
1/2 doz.
\$2⁴⁹

SuperOne
FOODS **1**

Open 7 Days A Week
5:00 a.m. - Midnight

Hwy. 11-71 West
International Falls, MN
283-8440

Text the Word
ifallssuper1

To 77948 for
American Customers. Or
393939 for Canadian Customers
to receive our weekly specials &
ad right to your phone!

Visit our new website
superoneifalls.com

PRICES IN EFFECT
Noon Sunday, May 3
to Saturday, May 9



Your only locally-owned Supermarket for over 50 years.

Meat Department - Fresh Meats Cut Daily



**Boneless Chuck
Roast**
\$3⁸⁵
lb.



**Boneless Chuck
Steak**
\$3⁹⁵
lb.

**Fresh Center Cut
Stuffed Pork
Loin Chops**
\$2¹⁵
lb.

**Fresh Cut
Assorted
Pork Loin
Chops**
\$1⁵⁵
lb.

Gerber
Amish Farms
All Natural
Whole Bagged
Chicken
\$1⁵⁵
lb.

Gold-N-Plump
Original, Garlic Herb, or Lemon
Pepper Boneless Skinless
Chicken Breast.....**\$5⁹⁹**
2 lb.

Tyson
Breaded Chicken,
Chicken Wings or Chicken
With Sauce.....**\$6⁹⁹**
22-28 oz.

Elliot's Up North
Cooked Bratwurst or
Polish Sausage.....**\$4⁹⁹**
2 lb.

Elliot's Up North
Original or Old Fashioned
Natural Casing
Wieners.....**\$5⁴⁹**
24 oz.

W.H.M. Stewart's
Smoked Taco
Sausage Links.....**\$3⁸⁸**
lb.

Oscar Mayer
Deli Fresh or Selects
Lunch Meat Tubs.....**\$3⁴⁹**
7-9 oz.

Oscar Mayer
Carvings Board Chicken
Breast Strips.....**\$3⁴⁹**
6 oz.

Elliot's Up North
Double Smoked or
Thick Sliced Bacon.....**\$2⁹⁹**
16 oz.

Ambassador
Big & Meaty or
Big & Cheesy
Summer Sausage.....**\$4⁹⁹**
20 oz.

Ball Park
Fully Cooked Beef Or Beef
& Cheese Patties.....**\$6⁹⁹**
16.7 oz.

**Artic Shores
Seafood Company
Tilapia Fillets**

\$3⁹⁹
16 oz.

NO CLIP COUPON

Bar S
Jumbo Franks
16 oz.

\$1⁰⁰

Meat Department
Limit 10 per family with coupon at Super One thru May 2, 2015

NO CLIP COUPON

Hormel
Little Sizzlers Pork
Sausage Links
12 oz.

\$1⁰⁰

Meat Department
Limit 10 per family with coupon at Super One thru May 2, 2015

NO CLIP COUPON

Hormel
Fully Cooked
Bacon
2.5 oz.

\$2⁵⁰

Meat Department
Limit 10 per family with coupon at Super One thru May 2, 2015

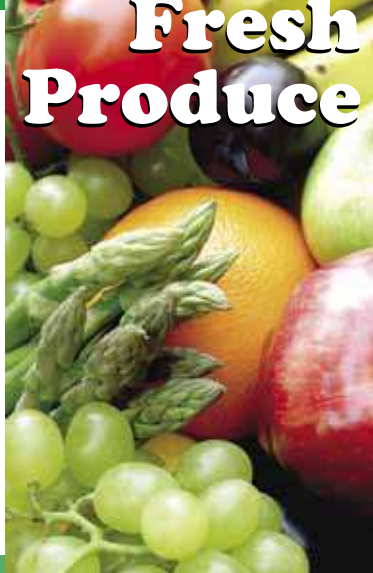
NO CLIP COUPON

Essential Everyday
Batter Wrapped
Corn Dogs
16 oz.

\$2⁰⁰

Meat Department
Limit 10 per family with coupon at Super One thru May 2, 2015

<p>Fresh Ripe Blackberries or Red Raspberries 6 oz.</p> <p>2/\$4</p>	<p>Sweet Seedless Watermelon Cuts</p> <p>69¢ lb.</p>	<p>Fresh Sweet Bartlett Pears</p> <p>\$1²⁹ lb.</p>	<p>Fresh Texas Red Grapefruit</p> <p>99¢ lb.</p>	<p>Fresh Red Potatoes 5 lb. bag</p> <p>\$1⁵⁹ each</p>
	<p>Fresh Dole Iceberg Lettuce Blend 12 oz. bag</p> <p>99¢ each</p>	<p>Fresh Ripe Grape Tomatoes</p> <p>2/\$4 1 pint</p>	<p>Fresh Yellow Onions 2 lb. bag</p> <p>\$1²⁹ each</p>	



May 3 - May 9 Sandwich Special

Roast Beef
w/side \$5.99

Check out our specials
on facebook!
Deli Hours: 7am-7pm All Week

DELI

MEATS

Hard Salami \$5.05 lb.
Pepperoni \$5.05 lb.
Black Forest Ham \$4.05 lb.

CHEESES

Ghost Pepper Cheese \$7.99 lb.
Smoked Gouda \$6.99 lb.
Swiss \$5.05 lb.



Dairy

Land O Lakes
Half and half
Pints.....**95¢**

Land O Lakes
Sour Cream..... 16 oz.
\$1⁴⁹

Land O Lakes
Buttermilk..... quart
\$1¹⁸

Land O Lakes
Yogurts..... 24 oz. tub.
2/\$4

Crystal Farms
Shredded
Cheese.....8 oz. pkg
2/\$4⁴⁴

Crystal Farms
Chunk
Cheese..... 8 oz. block
2/\$4⁴⁴

Essential Everyday
String Cheese..... 10-12 oz. pkg.
\$2⁹⁹

Essential Everyday
Grated
Parmesan
Cheese..... 8 oz. xx.
\$1⁹⁹

Chobani
Greek Yogurt..... 5.3 oz. tub
5/\$5⁰⁰

Dannon
Danimals
Yogurt Drinks..... 6 pack
2/\$5⁰⁰

Dannon
Light & Fit
Yogurt..... 4 pack
2/\$4⁰⁰

Greek Gods
Yogurt..... 24 oz. tub
\$2⁹⁹

Essential Everyday
Heavy Duty
Whipping
Cream Pint.....
\$1⁸⁹

Essential Everyday
Margarine.....15 oz. tub
89¢

Simply
Lemonade......89 oz.
\$2⁹⁹

Simply
Orange Juices..... 59 oz. bottle
\$2⁹⁹

Fresh Bakery

**HEY
KIDS!
DECORATE
A CAKE
FOR MOM**
Sat. May 9th
9am-1pm

1# WHEAT BREAD.....**\$1⁷⁹**
HOT DOG BUNS..... 8 ct.
\$1⁷⁹
MONKEY BUNS..... 14 oz.
\$2⁴⁹
ASST. CAKE DONUTS..... doz.
\$2⁹⁹



Frozen

Stone Ridge Creamery
Ice Cream..... 48 pkg.
\$2⁹⁹

Dove
Ice Cream Bars.....8.67-10.5 oz. box
\$2⁹⁹

Stone Ridge Creamery
Sundae Cones.....8 Count pkg.
\$3⁹⁹

Pepperidge Farms
Texas Toast.....9.5-11.75 oz. pkg.
2/\$4⁰⁰

Lean Cuisine
Culinary or Spa
Collections..... 6-10.87 oz. pkg.
5/\$10⁰⁰

Swanson
Hungry Man
Dinners..... 13.1-17 oz. pkg.
2/\$6⁰⁰

Totino's
Pizza Rolls.....90 count 44.5 oz. pkg.
\$6⁹⁹

Eggo
Waffles.....8-10 count box
2/\$4⁴⁴

Essential Everyday
Breakfast
Sandwiches.....9-10.2 oz. pkg.
2/\$5⁰⁰

Essential Everyday
Vegetable
Blends..... 16 oz. pkg.
4/\$5⁰⁰

Essential Everyday
Stir Fry
Vegetables..... 16 oz. pkg.
4/\$5⁰⁰