

SPORTS



STAFF PHOTOS BY KEVIN BONESKE

From left, Minnesotans Ken Zylstra (94) and Ben Doom (12) arrive Monday morning at the Gateway General Store in Kabetogama, the first checkpoint of the Arrowhead 135 ultramarathon.

ARROWHEAD

continued from B1

Petervary reached the finish line at 3:11 a.m., 20 hours and 11 minutes after starting from the Falls.

Petervary, who had placed fourth two years ago, finished the 2014 race an hour and 15 minutes ahead of the runner-up from Minnesota, Tom Puzak. Massachusetts biker Alec Petro came in third in 22:34:00.

Minnesotan David Gray reached the finish fourth with his bike in in 25:57:00, while the first woman to finish, Tracey Petervary of Idaho, rounded out the overall top five in 27:22:00.

As of 3 p.m. Tuesday, 12 bikers had completed this year's race.

The bikers were able to load the survival equip-

ment on their bikes, skiers used backpacks and most of the runners pulled sleds known as pulks.

A follow-up story with the final results of this year's Arrowhead 135 will be published in Saturday's edition of The Journal.

Proceeds from the 2014 ultramarathon will go to the Special Operations Warrior Foundation, the local Minnesota Safe Families for Children organization and the International Falls food shelf.

In front, Arrowhead 135 runner Jason Davis (67) of Iowa leads skier Ben Shillington (13) of Ontario midday Monday as they reach the Highway 53 crossing south of Ericsburg.



STAFF PHOTO BY KEVIN BONESKE

From left, the Broncos' Katie West (15) congratulates Amy Auran on scoring the winning goal in overtime against Moose Lake on Saturday afternoon at Bronco Arena.

GIRLS

continued from B1

with a 31-19 advantage in shots in goals when the final shot went in the net.

The Falls scored on the power play after the Rebels' Jamie Bird was called for tripping. Auran, who got an assist from Hillary Fox, shot the puck past Moose Lake goalie Cassie White from just inside the blue line.

"When you're in overtime, just throw the puck at the net - it might go in," said Bolstad, who also noted the overtime win could help lift the Falls into the No. 3

playoff seed in Section 7A.

Keanna Carlson recorded the shutout victory in goal for the Broncos, who improved their season record to 12-8-3 going into Tuesday night's home game against their rival across the Rainy River, Fort Frances.

Results from Tuesday's game, which took place after the production for today's edition, are posted on the ifallsjournal.com website and will also be published in Saturday's paper.

Int'l Falls 1, Moose Lake 0 (OT)
Moose Lake 0 0 0 0 - 0
Int'l Falls 0 0 0 1 - 1

BOYS

continued from B1

in goal for the final period.

The Broncos' road game that was scheduled for Tuesday night against North Shore was postponed. The Falls, which

now has a season record of 4-13-1 overall, next plays Thursday at Hibbing and has a make-up game scheduled at home Friday night against Eveleth-Gilbert.

Grand Rapids 14, Int'l Falls 0
Int'l Falls 0 0 0 - 0
Grand Rapids 6 6 2 - 14

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BORDERLAND'S CHOICE FOR INFORMATION

For the most current information on Rainy and Namakan Lake levels, visit the following:

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(click on the 'Data' link)
or
boiseinc.com

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PUBLIC NOTICE

CONTINUING EDUCATION OPPORTUNITY

2013/2014 AMBO Contractor Training Seminar

When: February 17, 2014 8:00 a.m. - 4:30 p.m.

Where: Backus Community Center
900 Fifth Street, International Falls, MN 56649

Registration: 7:00 a.m.

COURSE SCHEDULED

2012 IRC: Administration, Framing & Finish Applications
One hour of Energy will be presented after the regular session

This seminar will discuss administrative provisions of the State Building Code the contractor needs to understand to minimize project delays, cost overruns, and establishing an effective relationship with the local building department. Part II of the seminar will investigate details of framing in accordance with the IRC. Topics to include, but not limited to, floor systems; cantilevers; roof trusses; building envelope, wall coverings, windows and roofing. The session will close with a discussion on interior finish requirements.

This seminar has been approved for 7 hours CEU by the Minnesota Department of Labor and Industry. Residential contractors, Building inspectors, Building officials, and Architects and designers are encouraged to attend.

INSTRUCTOR
Greg Karow, C.B.O.

FEES AND REGISTRATION

The fee of \$100.00 includes instructions, course materials, lunch and breaks. Make check payable to Backus Community Center in the amount of \$100.00 if submitted by January 31, 2014. Registration after this date is \$110.00 and will be accepted up to one week before the seminar (February 17, 2014). Walk-in registration will be accepted on a space available basis, with a registration fee of \$120.00

Registration can also be made by calling 218-285-7225 or registration forms may be picked up at Backus Community Center Office, Northern Lumber, and Falls Lumber. Or can be found at www.backusab.org Please return registration forms to Backus Community Center, 900 Fifth Street, International Falls, MN 56649. Please call 218-285-7225 for questions. Credit Card accepted.

Refund Policy: If you find that you must cancel, please notify us with a written notice one week in advance. A refund minus \$25.00 cancellation fee will be issued. Refunds will not be given to no shows.

This ad is sponsored by the City of International Falls Building/Safety Department.