Your only Locally-owned Supermarket for over 50 years.

Stewart's 1 SuperOne FOODS

Use our In-store ATM

We reserve the right to limit quantities!

PRICES IN EFFECT NOON
Sun., March 30 - Sat., April 5

Open 7 Days A Week 5:00 a.m. - Midnight
Hwy. 11-71 West, I. Falls, MN
283-8440 • www.s1foods.com

Valuable Coupon 1010

Malt-O-Meal **Cereals** 22-36 oz. bag **$2.88**

Limit 1 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

Valuable Coupon 1020

Post **Great Grains Cereal** 14-16 oz., **Grape Nut Flakes** 16 oz., **Grape Nuts** 24 oz., **Grape Nuts Fit** 19.2 oz., **Banana Nut Crunch** 15.5 oz., **Spoon Size Shredded Wheat** 16.4 oz., **Shredded Wheat and Bran** 18 oz., **Frosted Shredded Wheat** 19 oz., **Honey Nut Shredded Wheat** 20 oz., **Shredded Wheat** 15 oz., **Natural Bran Flakes** 16 oz. **3/$8**

Limit 3 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

Valuable Coupon 1030

Essential Everyday **Oatmeal** 18 oz. canister **88¢ each**

Limit 2 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

Valuable Coupon 1040

Nabisco **Snack Crackers** 5.5-9.1 oz. box **5/$7**

Limit 5 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

Valuable Coupon 1050

Nabisco **Chips Ahoy! Cookies** 9.5-13 oz. pkg. **5/$7**
Bel Vita 8.8 oz. pkg.

Limit 5 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

Valuable Coupon 1060

Nabisco **Toasted Chips** 4.5-5.5 oz. pkg. **5/$8**

Limit 5 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

Valuable Coupon 1070

Crystal Light **Water Enhancers** 1.62 oz. bottle or MIO **Water Enhancers** 1.62 oz. bottle **3/$6**

Limit 3 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

Valuable Coupon 1080

Buy 10 Lipton Rice and Sauce or Noodles and Sauce Get $5.00 OFF a Rotisserie Chicken

Limit 1 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

MANUFACTURER'S COUPON | EXPIRES 4/30/14 | DO NOT DOUBLE | RV0200 | 1090

Buy 2 Hellmann's Mayo Save $2.00 on Fresh Chicken

Limit 2 per family with coupon at Super One thru April 5, 2014

Valuable Coupon 1100

Campbell's **Slow-Kettle Soups** 15.5-15.73 oz. or **Go Soups** 14 oz. pouch **$1.99**

Limit 1 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

Valuable Coupon 1110

Kraft **Natural Sliced Cheese** 7-8 oz. pkg. **$1.66**

Limit 1 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

MANUFACTURER'S COUPON | EXPIRES 4/30/14 | DO NOT DOUBLE | RV0165 | 1120

Buy 2 Country Crock Spreads 45 oz. and Save $1.65 on Fresh or Frozen Vegetables

Limit 1 per family with coupon at Super One thru April 5, 2014

VALUABLE COUPON 1130

DAIRY

Simply **Hashbrowns** 20 oz. bag **2/$3**

Limit 2 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

NO CLIPPING NECESSARY 1140

FROZEN

Old Orchard **Orange Juice** 12 oz. can **88¢ each**

Limit 3 per family with coupon at Super One thru April 5, 2014

NO CLIPPING NECESSARY 1150

Essential Everyday **Marinades** 12.25 oz. bottle **88¢ each**

Limit 2 per family with coupon at Super One thru April 5, 2014

NO CLIPPING NECESSARY 1160

Crystal **Sugar** 4 lb. bag **$1.77**

Limit 1 per family with coupon at Super One thru April 5, 2014

NO CLIPPING NECESSARY 1170

DAIRY

Essential Everyday **Grated Parmesan Cheese** 8 oz. canister **$1.66 each**

Limit 2 per family with coupon at Super One thru April 5, 2014

NO CLIPPING NECESSARY 1180

Hunt's **Spaghetti Sauce** 24 oz. can **77¢ each**

Limit 2 per family with coupon at Super One thru April 5, 2014

NO CLIPPING NECESSARY 1190

Essential Everyday **Fabric Softener Sheets** 40 count box **66¢ each**

Limit 2 per family with coupon at Super One thru April 5, 2014

NO CLIPPING NECESSARY 1200

Essential Everyday **Napkins** 120 count pkg. **77¢ each**

Limit 2 per family with coupon at Super One thru April 5, 2014

VALUABLE COUPON 1210

FROZEN

Bertolli **Dinners** 24 oz. bag or P. F. Chang's **Dinners** 22 oz. bag **2/$12**

Limit 2 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

VALUABLE COUPON 1015

Shoppers Value **Original, Pepperoni or Breakfast Pizza** 4.5-5.25 oz. **79¢**

Meat Department

Limit 10 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

VALUABLE COUPON 1025

Shoppers Value **Breaded Chicken, Sausage Biscuit, Cheese Burger or BBQ Rib Sandwich** XX oz. **99¢**

Meat Department

Limit 10 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

VALUABLE COUPON 1035

Shoppers Value **Tilapia, Pollock, Salmon or Scallops** 4 oz. **79¢**

Meat Department

Limit 10 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

VALUABLE COUPON 1045

Oscar Mayer **Bologna, Light Bologna or Cotto Salami** 12 oz. **99¢**

Meat Department

Limit 10 per family with coupon at Super One thru April 5, 2014
Redeemable at SV Retail Accounting

Pepsi & Pepsi Products 6 pk/24 oz.	**3/$11**
Pepsi & Pepsi Products 2 liters	**5/$5**
Pepsi & Pepsi Products 12 pk	**3/$11**
Aquafina **Water** 24 pk.	**$3.99**
Lipton **Tea** 12 pk.	**$4.99**
Aquafina **Splash** 6 pk.	**2/$5**
Super Chill **Water** 24 pack/0.5 liter bottles	**$2.88**
Langers **Apple Juice Blends** 64 oz. bottle	**2/$4**
Cascade **Ice** 17.2 oz. bottle	**88¢**
Eight O'Clock **K Cups Coffee** 12 ct.	**$4.88**

Frito Lay **Doritos** 10-11 oz.	**BUY ONE GET ONE FREE**
Frito Lay **Ruffles** 7.5-10 oz.	**2/$6**
Frito Lay **Cantina** 9-12 oz.	**2/$6**
Old Dutch **Ripples** 8-8.5 oz.	**$2.79**
Dutch Crunch Chips 8-9 oz.	**$2.79**
Arriba Nacho Cheese Tortilla Chips 12 oz.	**$1.88**
Twin Pack Box Chips 10 oz.	**2/$5**
French Onion Dip 15 oz.	**2/$5**
Essential Everyday **Tortilla Chips** 12 oz.	**2/$3**

Frito Lay **XX Value Chip** singles	**10/$10**
Fritos & Cheetos 8.75-10.25 oz.	**2/$4.44**
Canned Dips 8.5-9 oz.	**2/$5**
Old Dutch **Puffcorn** 7-9 oz.	**$1.88**
Restaurante Style Tortilla Chips 10-15 oz.	**$2.79**
Popcorn 12 oz.	**$3.79**
Pretzels 12-15 oz.	**$1.88**
Carnation **Instant Breakfast** 8-10 count box	**$3.99**
Famous Dave's **BBQ Sauce** 29 oz. jar	**$2.79**
Essential Everyday **Ice Cream Cones** 1.75 oz. box	**88¢**
Essential Everyday **Marshmallows** 16 oz. bag	**$1.29**
Bumble Bee **Chunk Light Tuna** 5 oz. can	**98¢**
Essential Everyday **Mandarin Oranges** 15 oz. can	**77¢**
Sumaid **Raisins** 24 oz. bag	**$3.29**
Jif **Hazelnut Spreads** 13 oz. pkg.	**$2.99**
Ronzoni **Garden Delight Pasta** 12 oz. box	**88¢**
Ronzoni **Healthy Harvest Pasta** 12 oz. box	**88¢**
Hormel **Chunk Chicken Breast** 10 oz. can	**2/$5**
Essential Everyday **Salad Dressing** 22 oz. squeeze bottle	**$1.88**
Essential Everyday **Mayonnaise** 22 oz. squeeze bottle	**$1.88**

Hellmann's **Mayonnaise** 30 oz. jar	**$4.49**
Pompeian **Olivextra Blended Oil** 48 oz. bottle	**$4.99**
Smart Balance **Cooking Oil** 48 oz. bottle	**$3.49**
Essential Everyday **Tea Bags** 48 count box	**$1.29**
Mrs. Butterworth's **Syrup** 24 oz. bottle	**$2.19**
Essential Everyday **Navy Beans** 15 oz. can	**66¢**
Red Beans 15 oz. can	**66¢**
Northern Beans 15 oz. can	**66¢**
Black Beans 15 oz. can	**66¢**
Pinto Beans 15 oz. can	**66¢**
Butter Beans 15 oz. can	**66¢**
Garbanzo Beans 15 oz. can	**66¢**
Van Camp's **Baked Beans** 15 oz. can	**98¢**
Del Monte **Vegetables** 11-15.25 oz. can	**98¢**
Essential Everyday **Gel Air Fresheners** 10 oz. pkg.	**78¢**
Downy **Liquid Fabric Softener** 34 oz. bottle	**$3.99**
Essential Everyday **Reclosable Sandwich Bags** 50 count box	**88¢**
Ajax **Liquid Dish Detergent** 14 oz. bottle	**98¢**
Scotties **Facial Tissue** 120 count	**88¢**

FROZEN

Tony's **Pizzaria Pizzas** 14.14-15.76 oz. (New!)	**5/$10**
Brew Pub **Lotzza Motzza Pizzas** 23.25-30.75 oz.	**BUY ONE GET ONE FREE**
Essential Everyday **Waffles** 12.3 oz. box	**98¢**
Stone Ridge **Creamery Premium Ice Cream** 48 oz. pkg.	**$2.48**

Tide **Liquid Laundry Detergent** 50 oz. bottle	**$5.88**
Bounce **Fabric Softener Sheets** 70-80 count box	**$3.88**
Fiora **Bathroom Tissue** 12 roll pkg.	**$4.88**
Fiora **Paper Towels** 8 roll pkg.	**$4.88**

Pillsbury **All Purpose Flour** 5 lb. bag	**$1.98**
Diamond **Walnuts** 16 oz. bag	**$5.98**
Hunt's **Snack Pack Pudding** 4 pack	**88¢**
Pillsbury **Fudge Brownie Mix** 10.25 oz. pouch	**88¢**
Essential Everyday **Cherry Pie Filling** 21 oz. can	**$1.66**
Essential Everyday **Apple Pie Filling** 21 oz. can	**2/$3**
Essential Everyday **Graham Pie Crust** 6 oz. pkg.	**98¢**

Sara Lee **Whole Grain White Bread** 20 oz.	**$1.99**
Sara Lee **100% Soft & Smooth Wheat Bread** 20 oz.	**$1.99**
Essential Everyday **Split Top Wheat Bread** 24 oz.	**2/$3**
Ballpark **Hamburger or Hotdog Buns** 8 ct.	**$1.99**
Peter Pan **Peanut Butter** 16.3 oz.	**$1.78**
Essential Everyday **Grape Jelly** 18 oz. jar	**98¢**

Essential Everyday **Mashed Potatoes** 3.8-3.84 oz. pouch	**77¢**
Essential Everyday **Scalloped Potatoes** 4.7 oz. box	**88¢**
Au Gratin Potatoes 4.7 oz. box	
Hunts **Whole Tomatoes** 14.5 oz. can	**88¢**
Stewed Tomatoes 14.5 oz. can	
Diced Tomatoes 14.5 oz. can	
Essential Everyday **Light Red Beans** 15 oz.	**66¢**
Dark Red beans 15 oz.	
Chili beans 15 oz.	
Hunts **Tomato Sauce** 15 oz. can	**77¢**

CEREAL

Kellogg's

Rice Krispies 12 oz.	
Gluten Free Rice Krispies 12 oz.	
Frosted Flakes 15 oz.	
Frosted Flakes Chocolate 14.7 oz.	
Apple Jacks 12.2 oz.	
Apple Jacks with Marshmallows 12.6 oz.	
Apple Jacks Cinnamon 10.7 oz.	
Froot Loops 12.2 oz.	
Froot Loops Treasures 10.5 oz.	
Corn Pops 12.5 oz.	
Smacks 15.3 oz.	
Cocoa Krispies 15.5 oz.	
Krave Smores 11 oz.	
Krave Double Chocolate 11 oz.	**2/$5**
Krave Chocolate 11.4 oz.	

Post

Raisin Bran 25 oz.	**$2.88**
Cocoa Pebbles 15 oz.	**$2.88**
Fruity Pebbles 15 oz.	**$2.88**

Honey Bunches of Oats

Honey Roasted 18 oz.	**$2.88**
Almond 18 oz.	**$2.88**
Cinnamon 18 oz.	**$2.88**
Greek 15.5 oz.	**$2.88**
General Mills **Fiber One Bars** 4.1-7 oz.	**2/$5**
Essential Everyday **Toaster Pastries** 6 count box	**$1.18**

Essential Everyday **Ketchup** 38 oz. squeeze bottle	**$1.88**
Plochman's **Yellow Mustard** 24 oz. squeeze bottle	**98¢**
Bullseye **Original BBQ Sauce** 18 oz.	**98¢**
Chef Boyardee **Canned Pasta** 14.5-15 oz. can	**5/$5**
Lipton **Noodles and Sauce** 3.8-4.9 oz.	**5/$5**
Lipton **Rice and Sauce** 4.4-5.8 oz.	**5/$5**
Kraft **Macaroni and Cheese Shapes** 5.5 oz. box	**5/$5**
Kraft **Original Macaroni and Cheese Dinner** 7.25 oz. box	**5/$5**
Healthy Choice **Soups** 15 oz. can	**88¢**
Chi Chi's **Salsa** 16 oz. jar	**$1.66**