

LEISURE

FUN IN BORDERLAND

The Journal welcomes ideas for stories about people in our community who have interesting pastimes or hobbies.
Call the Journal at 285-7411

Concert set for Sunday

JOURNAL STAFF REPORT

A group of siblings – The Hunts – will bring their talent to the Backus Community Center stage at 2 p.m. Sunday to perform a concert for the entire family.

According to a release, the “We Were Young” tour features seven brothers and sisters from Chesapeake, Va., playing indie-folk music. Organizers of the event say these brothers and sisters, driven by a passion for creating compelling music, collaborate with one another to enhance their individual gifts of writing, composing and musicianship. Stringed instruments, surrounded by harmonies and rhythms, invoke an organic yet transcendent sound, according to a news release on the group.

The Hunts have toured the country and worldwide for more than 10 years. In November 2012, the Hunts released their newest album, *We Were Young*, which was produced by 13-time Grammy nominee Mark Carman. *We Were Young* features 10 original songs, each telling its own tale of youthful memories, conquering fears, aching hearts and inspiring journeys. The album landed



CONTRIBUTED PHOTO

The Hunts will perform at Backus Community Center at 2 p.m. Sunday.

The Hunts a deal with SONGS Music Publishing. The album’s first track, “Make This Leap,” started receiving airplay from key market radio stations almost immediately after its release and is now featured on a national Milk-Bone commercial.

Parents Clint and Sandy met in college, married and began the challenging task of raising their young family by instilling a love of music and the stage, the release said. Sandy went to work teaching violin to the children once each one reached six years of age. Clint taught each of them guitar when they were a little older. One by one, each of the kids took on their own musical personalities. Twins Jessi and Jenni honed their skills on vocals,

violin and guitar. Jessi also added the banjo to her set of talents. In addition to vocals, Josh plays acoustic and bass guitar. Jonathan fills out the ensemble with the keyboard. Jordan holds it all together on the drums, while Justin and Jamison round out the group with vocals, hand percussion, mandolin and viola.

The early days saw The Hunts performing at local festivals and at Busch Gardens Williamsburg. In addition to appearing on numerous television and radio programs, The Hunts were featured at “GM’s 100th Year Anniversary” and “Virginia’s Royal Welcoming of Queen Elizabeth.” The road was calling, and The Hunts set out to take their unique brand of folk music to theaters, concert

halls, schools and festivals to rave reviews, the release continued.

The Hunts also have a deep love for music education and missions work. They host a music camp for children and teens every summer in their hometown. While on the road, they offer school shows and educational workshops in strings, fiddle, guitar and songwriting. The goal of their school shows and workshops is to educate participants and promote the arts while instilling a passion for music.

Tickets for the show are available in advance at Backus or at the door. The cost is \$12 for adults; \$6 for students; \$25 for a family and children ages five and under are free.

Reminder to review AIS laws before traveling

DNR STAFF REPORT

As the summer travel season approaches its peak, the Minnesota Department of Natural Resources reminds visitors to review aquatic invasive species laws before traveling to ensure compliance and avoid a citation.

Stepped up education and enforcement of Minnesota’s AIS laws is intended to protect the state’s more than 10,000 lakes, which play a critical role in attracting anglers and families from across the country for a lakeside vacation.

Nonresident visitors are held to the same standards as Minnesota residents when transporting boats and other water-related equipment, and are also subject to the same citations for violations.

“Minnesota’s lakes, rivers and forests are a big draw for visitors,” said John Edman, director of Explore Minnesota Tourism. “It’s important that everyone who enjoys our woods and waters helps protect these natural treasures.”

Minnesota’s boat plug law is now three years old, but is still one of the most common AIS-related violations.

“It’s important for everyone to take the time to read and understand the laws – they may be different than your home state’s AIS laws,” said Ann Pierce, DNR invasive species unit supervisor.

“Not only do the laws help protect Minnesota waters from new infestations, they are a sound practice to reduce the chance of taking home an unwanted aquatic hitchhiker to your own community.”

Before traveling to Minnesota every boater must:

- Clean all aquatic plants, zebra mussels and other prohibited invasive species from boats and trailers.
- Drain water from boat, bait buckets and motor; drain livewell and bilge by removing drain plugs; and keep drain plugs out while transporting watercraft.

In Minnesota is it illegal to:

- Transport watercraft without the drain plug removed.
- Arrive at lake access with drain plug in place.
- Transport aquatic plants, zebra mussels, or other prohibited species, whether dead or alive.
- Launch watercraft with prohibited species attached.
- Transport water from Minnesota lakes or rivers.
- Release live bait into the water.

More information about Minnesota’s AIS laws is posted on the DNR website at www.mndnr.gov/ais. Resorts, chambers of commerce, convention and visitors bureaus, and lake associations may also provide trip-planning information and links to AIS laws.

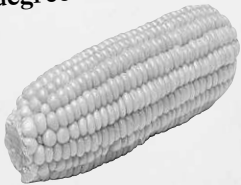
Tchotchke

(choch•key)

meaning:
trinket, doohickey, gizmo, whatchamacallit

Corn on the Cob

The easiest way to cook corn on the cob is to put it in the oven at 350 degrees for 25-30 minutes. Leave the husk on and it will trap in the moisture, leaving you with juicy, tender corn. The husk and silk will peel away easily once its cooked.



Submitted by Toni Korpi: Healthy summer pops

I found the perfect summer “treat” to cool the kids off on those hot days!! Blend strawberries, a banana, and a hand full of spinach with 1/2 cup water and freeze in ice cube trays, adding a popsicle stick half way through. They love them, and have no idea how healthy they are.



How to Feed and Attract Butterflies

Butterflies like a variety of food sources, especially overripe fruit and rotting vegetation. If you own an apple, plum, cherry or pear tree, allow fallen fruit to ferment on the ground to create a favorite feeding spot.



Watermelon Breeze

3 cups cubed chilled watermelon
1 cup coconut water squeeze of fresh lime Ice if needed Sprig of mint.
Put all ingredients in blender. Blend until smooth. Makes two servings. 90 calories per serving.



Homemade Bubbles for the Kids

1/2 cup of dishwashing liquid (Dawn or Joy)
2 cups of water
2 teaspoons of sugar



SunBurn Remedies from your Kitchen

White or apple cider vinegar. White vinegar on a paper towel, and dab the skin. Works miracles to help take the sting away. Try adding a cup or two to cool bathwater, or soaking paper towels and applying to your burn. Or try cool plain yogurt can calm hot skin, soothing and moisturizing straight from the fridge.