Open 7 Days A Week
5:00 a.m. - Midnight
Hwy. 11-71 West, International Falls, MN
283-8440
Visit our new website
superoneifalls.com

PRICES IN EFFECT
Noon Sunday, October 19 - Saturday, October 25

Use our In-Store ATM

We reserve the right to limit quantities!

Your only locally-owned Supermarket for over 50 years.

Meat Department - Fresh Meats Cut Daily

Stewart's SuperOne U.S.D.A. Choice Black Angus
Boneless New York Strip Steak $6.98 lb.

Fresh Cut Boneless Pork Loin Chops or Roasts $2.98 lb.

USDA Choice Black Angus Sirloin Tip Roast $3.98 lb.

Fresh Cut Pork Boneless Country Style Ribs $2.48 lb.

Pilgrims Pride Family Pack Split Chicken Breasts $1.58 lb.

Hormel
Always Tender Pork Loin Fillet or Pork Tender Loin ..... $7.99 1.15-1.5 lb

Farm Fresh
Chicken Party Wings ..... $6.99 3 lb.

Arctic Shores
Cooked Tail on Shrimp ..... 12 oz./ 41-50 ct. $7.99

Fresh Frozen
Alaskan Pollock Fillets ..... $1.99 lb.

W.H.M. Stewart's
Smokehouse Smoked Chorizo ..... $4.29 lb.

Carl Buddig
Thin Sliced Lunch Meat Tubs ..... 7-9 oz. 2/$5

Oscar Mayer
Original, Light Garlic or Jalapeno Bologna or Cotto Salami ..... 16 oz. 2/$5

Oscar Mayer
Original, Jumbo or Bun Length Wieners ..... 16 oz. 2/$5

Oscar Mayer
Smokies, Bacon Dogs, Jalapeno Dogs or Turkey Wieners ..... 14-16 oz. 2/$5

State Fair Classic, Beef or Mini Corn Dogs 2/$6 10.56-16 oz.

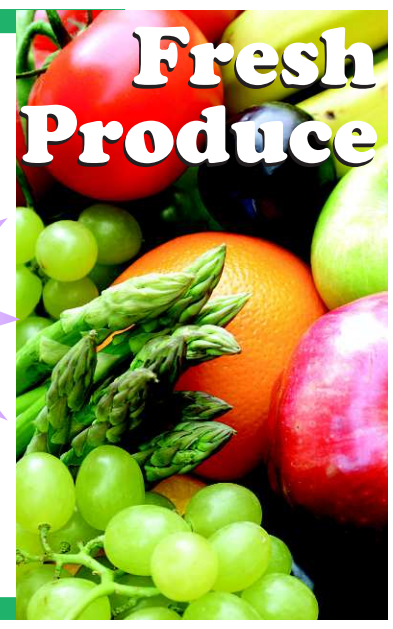
VALUABLE COUPON 1015
Shoppers Value **Original Pepperoni or Breakfast Pizza** 4.5 - 5.25 oz. 75¢
Stewart's SuperOne Foods Meat Department
Limit 10 per family with coupon at Super One thru October 25, 2014

VALUABLE COUPON 1025
Shoppers Value **Cheese Burger, Chicken, Sausage or BBQ Rib Sandwich** 5-5.5 oz. 99¢
Stewart's SuperOne Foods Meat Department
Limit 10 per family with coupon at Super One thru October 25, 2014

VALUABLE COUPON 1035
Hormel **Original, Spicy or Natural Pepperoni** 3.15-3.5 oz. $1.50
Stewart's SuperOne Foods Meat Department
Limit 10 per family with coupon at Super One thru October 25, 2014

VALUABLE COUPON 1045
Family Favorites **Boneless Skinless Chicken Breasts** 2.5 lb. $4.99
Stewart's SuperOne Foods Meat Department
Limit 10 per family with coupon at Super One thru October 25, 2014

Fresh Produce



Fresh Dole Premium Head Lettuce 99¢ ea.

Fresh California Grown Broccoli 99¢ lb.

Fresh Red-on-the-Vine Tomatoes $1.29 lb.

Fresh Jumbo Sweet Yellow Onions 69¢ lb.

Fresh Garden Cello Carrots 2 lb. bag 99¢ ea.

Washington Premium Gala or Granny Smith Apples 3 lb. bag $2.99 ea.

Texas New Crop Red Grapefruit 5 lb. bag $3.99 ea.

Fresh Tender Green Spinach 8 oz. bag $1.89 ea.

DELI

October 19 - October 25
Sandwich Special
BBQ Pork w/Side $4.99

Check out our specials on facebook!

Deli Hours:
7am-7pm All Week

MEATS
Hormel Shaving Turkey $4.25 lb.
Deli Ham $3.35 lb.
Honey Ham $3.75 lb.

CHEESES
Provolone $4.55 lb.
Havarti $4.75 lb.

Fresh Bakery

All Made From Scratch By *Our Bakery*

BUTTERMILK BREAD	1 lb. loaf	$1.69
WHEAT DOLLAR BUNS	doz.	$1.99
CINN. SWIRL COFFEE CAKE	8x8	$3.69
RASPBERRY BISMARCKS	4 cnt.	$2.99

Dairy

Land O Lakes	Sour Cream	16 oz.	$1.48
Land O Lakes	Half & Half	pints	95¢
Cabot	Chunk Cheese	8 oz.	$1.88
Simply Potatoes	Hashbrowns	20 oz. pkg.	$1.88
Crystal Farms	Chunk Cheese	8 oz. block	2/$5
Crystal Farms	Shredded Cheese	8 oz. pkg.	2/$5
Crystal Farms	American Singles	12 oz. pkg.	2/$5
Essential Everyday	String Cheese	24 oz. pkg.	$5.99
Coffee-Mate	Flavored Creamers	16 oz. bottle	$1.88
Crystal Farms	Butter	1 lb. quarters pkg.	$2.99
Smart Balance	Spreadable Butter	7.5 oz. tub	2/$3
Nestle	Cookie Dough	16-16.5 oz. pkg.	2/$5
Essential Everyday	Jumbo Biscuits	16 oz. tube	2/$3
Crystal Farms	English Muffins	6 pack	$1.18
Florida's Natural	Orange Juice	59 oz. carton	$2.99
Three Bridges	Pasta	9 oz. pkg.	$2.99

Frozen

Pagoda	Egg Rolls & Appetizers	4.8-12.27 oz.	2/$5
Edwards	Pie Singles	2 pack	2/$4
Shoppers Value	Orange Cream Bars	12 pack	$2.49
Shoppers Value	Fudge Bars	12 pack	$2.49
Rhodes	Bread Dough	3 pack 1 lb. loaves	$2.99
New York Texas	Garlic Toast	10.5-11.25 oz. pkg.	2/$4
Essential Everyday	Berry Blend Medley	12 oz. bag	2/$4
Banquet	Value Meals	4.73-10.25 oz. pkg.	5/$5
Smart Ones or Weight Watchers	Entreés	6.25-10.5 pkg.	5/$10
Mr. Dee's	Twice Baked Potatoes	10 oz. pkg.	2/$5
Mr. Dee's	Hashbrowns	24 oz. pkg.	2/$4
Essential Everyday	Vegetable Blends	16 oz. bag	4/$5
Essential Everyday	Stir Fry Vegetables	16 oz. bag	4/$5
Essential Everyday	Strudel Pastries	11.5 oz. box	2/$3