

SPORTS



Who is...
Gary Harala, FHS boys track and field senior, is featured

B2

QUICK HITS

Breanna Shofner named All-UMAC

Former International Falls girls track and field standout Breanna Shofner, a freshman at the College of St. Scholastica, has received All-Conference honors in the Upper Midwest Athletic Conference after being part of the Saints' winning 4X100-meter relay team at last weekend's UMAC Outdoor Championship.

St. Scholastica ended up winning its 11th consecutive conference outdoor title. Shofner joined freshmen Sammi Argir and Mady Urman and sophomore Jodi Sila to win the 4X100 in 49.54 seconds.

Individually, Shofner placed fifth at the UMAC meet in both the 100 dash (12.78) and 200 dash (26.44).

During her high school track and field career, Shofner was a four-time state qualifier in both the 100 and 200 dashes and also was part of the Broncos' state-qualifying 4X100 relay.

Summer Hockey Camps registration

Registration is now open for the International Falls Summer Hockey Camps that will run July 6-17 at Bronco Arena.

The Monday-Friday camps include instruction for Termites, Mighty Mites, Squirts, Pee Wees and Bantams. Squirt, Pee Wee and Bantam players may register for one or two weeks of the developmental camps.

Players should register for the level that they will be playing in for the 2015-16 hockey season. The camps are recommended for both boy and girl hockey players. The deadline for registration is June 26.

A Night League is also being formed for the evenings of the camps for players at the high school level to adult. Full-face protection is required for players under the age of 19.

Brochures for the camps are available at The Sports Shop in downtown International Falls.

For any questions regarding the camps, contact camp director Kevin Gordon at 285-7223.

FHS trap team top 10

The Falls High School trap team is in its second week of competition for the spring season.

The team's top-10 shooters of the week, out of a total of 50 attempts, include Sidney Norstad (45), Stephen Christie (43), Nathan McRoberts (42), Cole Mann (40), Trace Clark (39), Brady Mathews (37), Darius Vohler (37), Nathan Lynch (37), Gage Bergstrom (36) and Malachi Mayfield (35).

BOYS BASEBALL

Vikings shut out Spartans, 6-0

L-BF at 3-10

BY KEVIN BONESKE
Sports Editor

After losing its previous five games, the Littlefork-Big Falls baseball team got back on the winning track Wednesday with a 6-0 home victory over Nashwauk-Keewatin.

The Vikings, who had lost 15-1 a day earlier at North Woods, kept the Spartans scoreless when Evan Wimmer pitched a complete-game shutout. Over seven innings, Wimmer allowed only three hits and a walk while striking out seven.

"Evan did a very nice job for us on the hill," said L-BF head coach Dan Beste. "He kept batters kind of off balance a little bit, and we had some defense behind him (Wednesday night), which was nice to see."

On offense, the Vikings were only able to generate a single run before the bottom of the fifth. They produced their first run



At right, the Vikings' Evan Wimmer delivers a pitch in Wednesday's home game against Nashwauk-Keewatin.

in the first inning when Darian Erickson scored on a sacrifice fly by Wimmer.

L-BF scored five runs in the fifth inning that included singles from Andrew Daniels, Rylan Henrikson and Tommy Manninen and a double by Peter Franz off of N-K pitcher Mason Graves.

"We had our No. 9 hitter (Daniels) to start off and

he sees our first pitch and drives it right out to left field," Beste said. "Andrew did a nice job of getting us started."

Of the Vikings' nine hits, Erickson had three of them with a double and two singles. Franz added a double and a single, while Henrikson picked up a pair of singles.

The win improved L-



STAFF PHOTOS BY KEVIN BONESKE

At left, the Vikings' Andrew Daniels (8) crosses home plate to score in the fifth inning of Wednesday's home game against Nashwauk-Keewatin.

BF's season record to 3-10 going into Monday's home game against Cherry. The Vikings' road game scheduled for Thursday against Mountain Iron-Buhl was

postponed until May 20.

L-BF 6, N-K 0
N-K 0-0-0 0-0-0 0-0-33
L-BF 1-0-0 0-5-0 X-6-92
WP-Evan Wimmer

GIRLS SOFTBALL

Broncos record first loss of 2015 season

FHS falls to Grand Rapids

JOURNAL STAFF REPORT

The International Falls softball team is undefeated no more this season.

It took a Class AAA school to finally defeat the Class AA Broncos at Wednesday's Iron Range Conference Tournament in Grand Rapids.

The Falls entered the tournament at 10-0 after the Broncos broke a tie Tuesday by scoring four runs in the fifth inning and four more times in the bottom of the sixth to win at home over Eveleth-Gilbert, 10-2.

"We didn't hit the ball very well the first three innings," said Falls head coach Kevin Gordon. "That's kind of been our strong suit in games we've played early in the year - we've been able to do some damage right away in the beginning, but it looks like we got enough hits to score 10 runs."

The Broncos broke a 2-2 tie after Cassie Tomczak led off with a triple and Ashley Jonson added a double as part of a four-run fifth inning.

Teagan Anderson recorded the pitching victory, allowing two runs on four hits with a walk while striking out four.

FHS 12, GREENWAY 0

The Falls opened the IRC Tournament on Wednesday with a 12-0 victory over Greenway in five innings.

Marissa Kerry recorded the pitching victory in her first varsity start when she allowed only two hits.

Of the Broncos' 15 hits, Amber Tilander had three of them with two singles and a double. McKenna Rasmussen added three singles. Abby Auran had



STAFF PHOTO BY KEVIN BONESKE

In front from right, the Broncos' Cassie Tomczak (6) beats the throw to Eveleth-Gilbert's catcher while sliding into home plate as McKenna Rasmussen (3) looks on in back during Tuesday's game behind Falls High School.

two doubles, while Janet Humbert and Kerry also picked up two hits. Cassie Tomczak doubled.

RAPIDS 3, FHS 2

The Broncos gave up a two-run homer in the first inning and another run in the second inning when they lost the second game of Wednesday's tournament to Grand Rapids, a Class AAA school, 3-2.

"Grand Rapids did a really good job putting the ball in play," Gordon said. Anderson pitched all seven innings and recorded the loss, allowing three runs on eight hits while striking out one.

Of Falls' six hits, Tilander had two singles and Jonson doubled.

FHS 10, CHISHOLM 0

The Broncos closed out the tournament Wednesday by shutting out Chisholm in five innings, 10-0.

Anderson pitched the first three innings and picked up the victory.

At the plate, the Falls got multiple hits from Rasmussen, who had three singles, and Tilander, who recorded two

singles.

With a 2-1 record in pool play, the Broncos placed second at the IRC Tournament behind Rapids.

The Falls, which had its game scheduled for Thursday at Warroad postponed because of the weather, entered Friday's two-game tournament at Hibbing with a record of 12-1.

ME 11, L-BF 9

In other girls softball action this week, Littlefork-Big Falls lost at home Tuesday to Mesabi East, 11-9.

"We had a couple innings of awful, awful defense when we couldn't field the ball," said Vikings head coach Mike Imhof.

Karly Swenson started as L-BF's pitcher and recorded the loss.

The Vikings got three hits apiece from Emily Knaeble, Ellie Julson, Amanda Nelson and Breann Larson with Nelson also hitting a home run.

L-BF's home game that was scheduled for Thursday against Lake of the Woods was postponed.

TRACK AND FIELD

Bronco girls 2nd at Lynae Morrow Invite

FHS boys third in O.J. Belluzzo

JOURNAL STAFF REPORT

The International Falls girls track and field team ended up placing second out of 10 teams after competing Thursday in the rainy weather at the Lynae Morrow Invite held in Hibbing.

Hibbing had the top team score of 134, followed by the Falls (127), Hermantown (102), Greenway/Nashwauk-Keewatin (79) and Mesabi East (77) rounding out the top five.

In the individual events, the Falls took the top-three spots in the pole vault, which was won by sophomore Claire Herzig at 8 feet, 6 inches, while sophomores Lexi Edwards and Emily Saari tied for second at 8-0.

The Broncos added a couple of top-three individual finishes in the shot put, which freshman Emma Gilbert won with a toss of 36-7.5 with senior Savannah Olson coming in third at 35-4.5.

Falls' only other first-place finish came in the relays, in which Abby Kostiuik, Grace Gilbert, Marina Wiley and Anna Earley won the 4X200-meter relay (1 minute, 59.2 seconds), two-tenths of a second ahead of Hibbing's runner-up finish.

"It was an up-and-down day for us with some girls having personal bests and others being tired and sore," Earley said. "Everyone thought the meet would be canceled because of the weather, but we were glad the heavy rain held off."

The Broncos added a pair of runner-up finishes in two relays.

Herzig, Valandre Butler, Grace Gilbert and Emma Gilbert placed second in the 4X100 (54.9), a half second behind Hermantown's winning time.

"Despite varying weather conditions, we pulled through with a good meet,"

Butler said. "Our relays are finally starting to run with the tough competition. We are looking forward to seeing what we can do in the next few meets."

Kostiuk, Tayler Hebner, Carolann Stone and Lexi Erickson placed second in the 4X800 (10:26.2).

Erickson also placed second in 800 run (2:28.6).

The Falls' only other top-three finish came from Kostiuik, Herzig, Erickson and Emma Gilbert placing third in the 4X400 relay (4:22.7).

FHS BOYS 3RD

The Bronco boys competed in the rain Thursday in Chisholm, where they finished third out of nine teams at the O.J. Belluzzo Invite.

Ely had the top score of 156.5, followed by Greenway/Nashwauk-Keewatin (101), the Falls (100.5), Mesabi East (93) and Chisholm (75.3) in the top five.

The Broncos' only first-place finish came from senior Gary Harala, who won the discus (109-2.5) and also placed second in the shot put (37-7.5).

Falls junior Ethan Phung came in second in both the high jump (5-8) and long jump (18-5).

Broncos junior Wyatt Helgeson placed second in the pole vault (11-6) and third in the high jump (5-6).

The Falls picked up two more third-place individual finishes from Wyatt Am Dahl in the pole vault (10-0) and Jared Hunter in the 300 hurdles (49.3)

The Broncos' best finish in the relay events came from Phung, Helgeson, Nick Hedtke and Tanner Budris placing second in the 4X100 (48.4).

"The meet started with a little rain, but it cleared up," Budris said. "We did really good (Thursday) and had a lot of fun."

Falls' boys and girls teams return to action Tuesday in Grand Rapids for the Iron Range Conference Meet.

SPORTS SCHEDULE

Today's games

Boys golf

I. Falls at Giants Ridge, TBD

Men's baseball

RRCC at Mesabi Range, TBD

Monday's games

Boys and girls golf

I. Falls at Giants Ridge, noon

Girls softball

Bemidji at I. Falls, 4:30 p.m.

Northland at L-BF, 4:30 p.m.

Boys baseball

Deer River at I. Falls, 4:30 p.m.

Cherry at L-BF, 4:30 p.m.

Tuesday's games

Track and field

I. Falls in IRC Meet at Grand Rapids, 4 p.m.

Girls softball

Virginia at I. Falls, 4:30 p.m.

Boys baseball

North Woods at I. Falls, 4:30 p.m.

Eveleth-Gilbert at L-BF, 4:30 p.m.

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