

# COMMUNITY

## A LOOK AT BORDERLAND

The Journal welcomes ideas for stories about people in our community.

Call the Journal at 285-7411

### OBITUARIES

The Journal publishes paid obituaries in Wednesday and Saturday editions and on its Web site at [www.ifallsjournal.com](http://www.ifallsjournal.com).

Obituaries must be submitted by 10 a.m. Tuesdays to be published in the Wednesday edition, and by 10 a.m. Thursdays to be in the Saturday edition.

All obituaries must be prepaid before they are published.

Obituaries can be faxed to the Journal at 285-7206; e-mailed to [tammiec@ifallsjournal.com](mailto:tammiec@ifallsjournal.com); or mailed to The Journal at 1602 Highway 71, International Falls, MN 56649.

We encourage electronic delivery of obituaries and any accompanying photos.

If desired, The Journal will e-mail or fax a proof of the obituary to the funeral home handling the service.

For more information, call Tammie Calder at 285-7411.

## Bruce Robert Lowes

It is with profound sorrow that the family of Bruce Robert Lowes announces his passing Monday, Sept. 9, 2013. After a five year courageous battle with cancer, Bruce passed away with his family by his side at La Verendrye General Hospital, Fort Frances, Ontario.

Bruce was born in Fort Frances, Dec. 14, 1956, to William (Bill) and Ruth Lowes.

He lived in Fort Frances all of his life and worked at the local paper mill earning his 2nd Class Stationery Engineer ticket and retired this past summer.

Bruce met the love of his life, Margaret Vnuck, and was married July 5, 1980.

Bruce loved the outdoors; he was an avid fisherman, hunter, snowmobiler and four-wheeler. He taught his son Brad to love and enjoy all these same things.

Bruce craved knowledge; if he was interested in something he learned everything he could about it.

He particularly valued his friends and enjoyed coffee with them whenever possible.

At the drop of a hat he would go fishing and hunting with friends if Brad was not available.

Bruce was very devoted to his family and friends.

In later years, the highlight of Bruce's life was when Brad married Terra and the grandchildren started arriving. He loved to spend time with them and in general spoil them.

He leaves behind his wife, Margaret; son, Brad (Terra); grandchildren, Emily, Lia



and Brett; mother, Ruth; sister, Helen (Bruce); niece, Erin; as well as Margaret's family, including Vincent, Sharon (Stewart) and Patricia (Richard); and numerous nieces and nephews and many good friends.

Bruce was predeceased by his father, William, and brother, James.

A memorial service was conducted at 11:30 a.m. Thursday, Sept. 12, at Green Funeral Home, with Fr. Victor DeGagne officiating.

Cremation has taken place with internment at Riverview Cemetery, Fort Frances.

Honorary pallbearers were Steve Johanson, Ron Stuart, Bill York, John Kotnik, Terry Mihichuk and Tony Morelli.

If friends so desire, in memoriam donations may be made to the Manitoba Cancer Care, Suite 5-25 Sherbrook, Winnipeg, MB R3C 2B1, in support of the volunteer driver program.

Online condolences may be made in care of [www.greenfuneralhomefortfrances.com](http://www.greenfuneralhomefortfrances.com).

Green Funeral Home, Fort Frances, was in charge of arrangements.

## Timothy A. Barber, 56

Timothy A. Barber, 56, of Lakeville, Minn., passed away Friday, Sept. 6, 2013, after a brief but courageous battle with cancer.

Survivors include his loving wife, Donna; son and best friend, Alex; daughter, Alyssa; mother, Shirley; brother, Tom (Martha); sister, Cathy Barber Cheng; the Berthilson family; Tim's nieces, nephews, aunts, uncles, many cousins and friends.

He was preceded in death by his father, Bill.

Services will be conducted at 11 a.m. Saturday, Sept. 14, at Trinity Lutheran Church, 5212 41st Ave. S.,



Minneapolis, MN 55417.

Memorials to the family are preferred in lieu of flowers.

See more at <http://www.legacy.com>

## Lynn 'Lucky' Ellsworth, 70

Lucky Ellsworth, 70, of Longview, Wash., was welcomed into the arms of the Lord on Dec. 16, 2012, after a long battle with cancer.

He was born Sept. 12, 1942, in Littlefork, Minn., to Lester and Evelyn Ellsworth of International Falls, Minn.

Lucky was preceded in death by his parents and three brothers, Gifford, Bernard and Keith.

He is survived by his wife, Shelly, daughters, Rashell and Louana and son Jamie, all of Longview, Wash., daughter, Cindy and son-in-law, Layne of Centralia, Wash., and son,

Kevin, who went missing in International Falls in 1982.

He is also survived by a brother, Arnold Ellsworth of Castle Rock, Wash.; sisters, Enid Carr of Wirt, Minn., Lolita Adams of Baudette, Minn., and Robin Adams of Winterville, N.C.; eight grandchildren and several nieces and nephews.

Lucky's CB name was "The Travelin' Man" because of making numerous trips from International Falls to Kelso-Longview and other parts of the country.

He loved to travel, camp,

fish, cook and play cards.

He had a great sense of humor and was always willing to help anyone in need.

He had an abundance of love for his grandchildren and cherished every moment spent with his family.

His love for the Lord was strong and he gave many testimonies.

Lucky's daughter, Cindy, is bringing him back to International Falls to lay him to rest with his parents at Forest Hill Cemetery. She would like you to join her in a memorial service to be conducted at 1 p.m. Friday, Sept. 20, at First



Assembly of God Church, International Falls. There will be coffee and desserts to share. Please bring your memories and a smile, for Lucky!

### FUNERALS

#### Donald L. Chowan, 76

Visitation for Donald L. Chowan, 76, of International Falls, who died Wednesday, Sept. 4, 2013, at his home, took place from 5 to 7 p.m. Monday, Sept. 9, at Green-Larsen Mortuary.

A memorial mass was conducted at 11 a.m. Tues-

day, Sept. 10, at St. Thomas Aquinas Catholic Church.

Officiating was Fr. Kris McKusky and Deacon Fran Zaren.

Music was by Joe Belanger.

Recitation of the Holy Rosary was by the Knights of Columbus.

Greeter was Andrew Wright.

Presentation of Cre-

mains was by Garrett Taschuk and Tyler Spry.

Reader was Georgeann Wright.

Presentation of Gifts was by Caitlin Fitzchow-an, Allison, Paige, Cooper, Cayden and Carsyn Taschuk.

Eucharistic ministers were Jim Cowlshaw and Diane Peters.

Remembrances were giv-

en by Scott Chowan.

Honorary pallbearers were Lenny Ayotte, Paul Bucholz, Dennis Christenson, Chuck Lepper, Dick Schaak, Russ Spry, Tyler Spry and Garret Taschuk.

Interment was at St. Thomas Catholic Cemetery.

Arrangements were with Green-Larsen Mortuary Inc., International Falls.

### CAREGIVERS' CORNER

#### Starting the conversation about ending caregiving

*A question and answer column for family caregivers*

**Q. I can no longer provide the daily cares that my parents need to stay in their home. All their legal and financial papers are in order. They have health care directives and have indicated where they would like to move to if they can no longer stay at home. As their daughter, I feel guilty about informing them that I think it is**

#### time they consider moving. How do I begin the conversation with them?

A. It sounds like the conversation began some time ago. You and your family have done all the right planning. That feeling of "guilt" is one of the emotions that many family caregivers feel at one time or another even though it is not warranted. Most often it is not guilt you are experiencing; it is feeling sadness and loss. Do not let the feelings interfere with having the discussion with your parents. Be honest with yourself and be honest with your parents.

When you talk with your parents, emphasize the

positives about your experiences helping them stay at home. Let them know that you will be very supportive if their decision is to move and that, if you are able, you will help them make arrangements to move.

Just because your parents may be moving into a new place does not mean you will no longer be in their lives. Your care-giving role will change, especially if they move to housing with services and the caregiving responsibilities that have been challenging for you will now be provided by professional caregivers. You will be able to focus again on being a daughter.

Not many family members can maintain a full-time caregiver schedule. You have recognized your limits. Be okay with re-starting the conversation. Rest easy. You are doing the right thing. Good luck to you and to your parents.

**If you have any questions or need help you may contact Koochiching Caregiver Consultant Leslee Loop at Koochiching Aging Options, 1000 Fifth St., International Falls, MN 56649; 218-283-7030 – 800-950-4630; [KoochichingAgingOptions@gmail.com](mailto:KoochichingAgingOptions@gmail.com); or visit [www.KoochichingAgingOptions.org](http://www.KoochichingAgingOptions.org).**

## Rainy Lake Medical Center Auxiliary conducts meeting

BY MARGUERITE DAVISON

Rainy Lake Medical Center Auxiliary met Sept. 3 for their monthly meeting with president Sonia Wegge presiding. She led the group in reciting the prayer for hospital auxiliaries.

Monthly reports were given.

Kelly Millerbernd was present and spoke about several hospital regula-

tions to be observed. She also said that school tours for youngsters could be held in the spring.

Corresponding secretary Mary Ann Lien reported on cards sent during the past month..

Membership chairperson Beverly Beck reported that membership stands at 74 members.

Gift shop chairperson Helen Billig presented the gift shop treasurer's

report for the past month. She stated that the gift shop has been decorated for the fall season and fall merchandise is out on display.

Bea Brown will chair the annual bake sale planned for November. A nominating committee will be chosen which will present a slate of officers to the group for voting.

Upcoming events include the Fall District B

meeting to be conducted Oct. 3 in Cloquet. The Retired and Senior Volunteer Program will host an appreciation and awards program banquet Oct. 23. Invitations will be sent out.

Attendance prizes were awarded to Millerbernd and Sadie Darvell.

The next regularly scheduled meeting of the auxiliary will be Oct. 1 at the hospital.

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**First Baptist Church Friendly Reminder**  
**Release Time: Sign up in the school office**

- Begins this Wednesday Sept 18<sup>th</sup>.
- "Release Time" (Religions Instruction) is 1 hr on Wed. mornings.
- We are grateful to the teachers and staff of Falls Elementary who patiently and selflessly educating our children. THANK YOU!!

**Kids Club:**

- Beginning this Wednesday Sept 18<sup>th</sup>
- Time: 6:30pm – 7:45pm
- Ages: K5-6<sup>th</sup>
- Activities: Games, Prizes, Kids Choir, Bible Time, Crafts
- Cost: FREE

**PUBLIC NOTICE**

Koochiching County Community Services is in the process of preparing the Minnesota Family Investment Program County Biennial Service Agreement Plan for the years 2014 – 2015.

This plan can be found at: [http://www.co.koochiching.mn.us/dept/com\\_serv/comservmain.htm](http://www.co.koochiching.mn.us/dept/com_serv/comservmain.htm) and then click on the link for the MFIP Plan 2014 – 2015.

Your input and participation in the development and review of the contents of this plan can be submitted in writing no later than October 15, 2013, to:

Koochiching County Community Services  
Attn: Jane Besch  
1000 Fifth Street  
International Falls, MN 56649

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