

Fear of 911 publicity causes some not to make the call

DEAR ABBY: A friend of mine was a victim of domestic violence. When I asked her why she didn't phone 911 for help, her response was, "They play those 911 calls on the radio all the time." She didn't want her prominent husband's career damaged by adverse publicity.

Today, a group of us discussed the issue over breakfast. Many of the women said that because of the popularity of 911 calls being broadcast on the Internet, radio and TV, they'd be hesitant to phone for help when needed, too.

Abby, someone is going to suffer serious harm out of fear that their call for help will be publicized. Do you know what can be done about this new "drama entertainment"? I wouldn't want my terrified call heard by the public either, so I'd take my chances without calling for help. I just hope I don't wake up dead one day as a result. — **PUBLICITY-SHY IN FLORIDA**

DEAR PUBLICITY-SHY: Nothing can be done about "drama entertainment" as long as the public has an appetite for it. The reason for the practice of "if it bleeds, it leads" in the media is that it draws viewers and listeners -- which means advertising revenue.

In the case of domestic violence, calling 911 is the lesser of two evils. Out-of-control abusers have been known to maim and kill the ones they "love." Ask yourself if your friend's husband's career was worth risking her life for. It makes more sense to risk a 911 call being broadcast than



DEAR ABBY

to have cameras and TV reporters camped on your lawn while the EMTs or the coroner carry your battered, bloody body out on a gurney.

DEAR ABBY: I'm overweight and have a family history of heart disease and diabetes. An injury to my back severely limits my ability to exercise, so diet is an important part of my health plan.

My problem is people CONSTANTLY try to get me to eat. I explain my situation, but they still urge me to have "just a taste." If I go to a party and shy away from the buffet, the host feels I'm being rude. Recently, my supervisor at work became insulted because I refused some food she brought to a work meeting.

These people wouldn't be upset if an alcoholic refused a drink, so why are they so hostile to me? (Another thing that upsets me is when somebody dies an early death, these same folks say, "He should have taken better care of himself.") — **UNDER ATTACK IN ARIZONA**

DEAR UNDER ATTACK: For many people,

food has become something other than fuel for the body. It can symbolize love, caring, acceptance -- and when it is refused it can seem like a personal rejection to the person offering it. (Yes, I know it's crazy.)

Your best defense is to remind your hosts, your supervisor, your co-workers and friends that you have a family history of health problems and are on a doctor-advised restricted diet to manage it. Remind these generous souls that socializing is more about the company than the food, and you are grateful that they understand.

DEAR ABBY: You give so much great advice, I'm wondering if there is a basic principle you abide by in order to help guide you when giving advice. — **CURIOUS READER**

DEAR CURIOUS: I hadn't really thought about it, but I suppose it's something like this: Show up for work ready to put forth my best effort. Be honest enough to admit that not everyone agrees with me or that I'm sometimes wrong. Tell the truth, the whole truth and nothing but the truth. Don't pull any punches, don't preach and always try to be succinct.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

su | do | ku

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	3			8				6
7	4			2			3	5
1				4		9	8	
	8	2				5		3
			7			9	4	
5				1			7	6
		5	6		1			9
9		4			2		8	1
3				5			7	

Instructions for play: Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

That's all there is to it. There's no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive!

Solving time is typically from 10 to 30 minutes, depending on your skill and experience. The solution for today's puzzle will be published in Saturday's paper. Or you can go to www.sudoku.com to find the solution.

9	1	8	4	6	7	3	5	2
3	4	6	1	5	2	8	9	7
7	5	2	3	9	8	1	4	6
2	9	5	7	1	3	4	6	8
8	6	3	2	4	5	9	7	1
4	7	1	9	8	6	2	3	5
1	8	9	5	7	4	6	2	3
5	3	4	6	2	1	7	8	9
6	2	7	8	3	9	5	1	4

HELOISE'S KITCHENEERING BY HELOISE

Food Stains Go Dutch

Dear Heloise: I have an expensive DUTCH OVEN (enamel over cast iron, I think), and I have been unable to clean the food stains inside. Please help. — Marilyn W., via email

If you have already tried soaking it with dish detergent and warm water without good results, then try this recommended (from a leading manufacturer) method next: Place warm water and a powdered laundry detergent (about 2 teaspoons in 2 pints of water) in the pan and mix to dissolve. Clean with a nylon or soft abrasive pad (NO abrasive cleaners or metallic pads). If stains still remain, set the pan on the stovetop, heat to boiling, then simmer for just a few minutes. Scrub, rinse and dry.

In the future, try not to let the food dry before adding water and detergent to it. This will make cleanup easier. — Heloise

Send A Great Hint To:

Heloise
P.O. Box 795000
San Antonio, TX 78279-5000
Fax: 210-HELOISE
Email: [Heloise\(at\)Heloise.com](mailto:Heloise(at)Heloise.com)

CUTTING SPAGHETTI

Dear Heloise: Our local paper, the (Geneva, N.Y.) Finger Lakes Times, recently published your hint about cutting spaghetti prior to serving it to children.

In my experience, three out of four children refused to eat spaghetti after it was cut even if they did NOT see me cutting it. Thus, I switched from spaghetti to pasta shaped like elbows, shells, wheels, etc., with the spaghetti sauce.

The kids always enjoyed having different shapes of pasta. Strictly speaking, it wasn't spaghetti, but it was less messy! Thanks for all your hints! They are very helpful! -- Sue W., Geneva, N.Y.

BOUQUET GARNI

Dear Readers: Here is a hint for making bouquet garni (a French term that literally means "garnished bouquet"). A "garni" (different herbs tied together) is added to a dish while cooking but removed before the dish is served.

To make a garni, gather thyme, bay leaves, parsley or other herbs. Wrap them in cheesecloth and tie at the top so the leaves and stems stay wrapped in the bag. Drop the bag of herbs in soup, stew or stock for added flavor, removing the bag when the dish is done cooking.

You can buy bags to put your herbs in or purchase premade garnis that can simply be added to your dishes. — Heloise

NO CELERY

Dear Heloise: I was getting out the makings for egg-salad sandwiches and discovered I had no celery. With no time to go to the store, I cut the long center ribs out from the lettuce leaves (Heloise here: Romaine lettuce is what I use) and diced them as I would celery. Nobody even noticed the difference. — A Reader, via email

SALAD CONTAINER

Dear Heloise: I buy salads in hard, plastic containers. When I'm down to the last serving, I add all my extra fixings and use the container for my actual salad. — Tom D., via email

CROSSWORD

By THOMAS JOSEPH

ACROSS

- 1 Barbecue treat
5 Exalt
11 Creative germ
12 Large lizard
13 Linen source
14 Mole hole
15 Wallet bill
16 Last letters
17 Mans the buckets
19 Lynx or lion
22 Incline
24 Kitchen fixture
26 Hoof it
27 Pennsylvania port
28 One of the Titans
30 Rock groups
31 "You betcha!"
32 Hitching tool
34 Aspirin target
35 Greedy desire
38 Debt indicator
41 "Pinocchio" fish
42 Immediately
43 Not to mention
44 Be important

45

"Hey, you!"

DOWN

- 1 Fissure
2 Not active
3 Dangerous pitches
4 Jazz horn
5 Defame, in a way
6 "If you say so"
7 Trappers' wares
8 Road sealer
9 First número
10 Pussy foot
16 Pimple, in slang
18 "Lonely Boy" singer
19 Yokels
20 Gung-ho
21 Golfer's supply
22 Influence
23 Overdue
25 Bulls or Bears
29 Position
30 Frank holder
33 Trail user

34

Cream buy

36

Smaller amount

37

Pirate's take

38

Zodiac animal

39

Greek vowel

40

Morse vowel

41

Upper limit

S	P	O	K	E	N		S	P	A	T
A	R	R	I	V	E		A	L	T	O
G	O	B	L	E	T		T	A	T	A
E	V	I	L	S		L	U	T	E	S
S	E	T	S		R	E	P	E	N	T
				I	T	E	M		A	D
	A	U	T	O	F	O	C	I		S
D	I	N		L	E	N	O			
A	R	C	H	E	R		V	A	T	S
B	L	O	A	T		B	E	R	Y	L
S	I	R	S		C	A	R	O	L	E
A	N	K	A		A	B	U	S	E	D
T	E	S	T		P	A	P	E	R	S

Previous Puzzle

NEW CROSSWORD BOOK! Send \$4.75 (check/m.o.) to Thomas Joseph Book 1, P.O. Box 536475, Orlando, FL 32853-6475

1	2	3	4		5	6	7	8	9	10
11						12				
13						14				
15					16					
		17	18					19	20	21
22	23					24	25			
26							27			
28				29			30			
31					32	33				
			34					35	36	37
38	39	40						41		
42								43		
44								45		

8-28

CROSSWORD

By THOMAS JOSEPH

ACROSS

- 1 Soft mineral
5 Attacked
11 Theater award
12 One-celled creature
13 Floor covers
14 Crashed into
15 Sudan neighbor
17 Wine cask
18 Gate feature
22 Sweet liqueur
24 Beam
25 Gaul invader
26 Tooth surrounder
27 Reunion attendees
30 Needs a massage
32 Train station
33 Contrived
34 Reuben base
38 Not often
41 Formerly
42 Starting bid
43 Entice
44 Oust from power

45

Went fast

DOWN

- 1 Went fast
2 Neighbor
3 Stop being so serious
4 Soft metal
5 Deform
6 Contacts, in a way
7 Polite denial
8 Pro —
9 Presidential nickname
10 Smidgen
16 Start of a count
19 Make stricter
20 This is one
21 Dress lines
22 Sudan neighbor
23 Hold power
28 Entertainer Rita
29 Modes

30

LAPD alert

31

Seasonal songs

35

"Jane —"

36

Plot unit

37

Owner's document

38

Gangster's gun

39

Big galoot

40

Dem.'s foe

C	A	D	S		B	L	U	S	H	
O	B	O	E		R	A	N	T	E	D
L	O	D	E		O	T	O	O	L	E
A	U	G	M	E	N	T		O	P	T
S	T	Y	L	I	Z	E		D	O	E
				I	R	E		P	O	U
S	P	R	E	E		G	E	N	T	S
P	E	A	R		B	A	R			
E	A	T		C	O	N	S	I	S	T
A	H	A		A	U	G	U	S	T	A
R	E	T	U	R	N		A	L	O	T
S	N	A	K	E	D		D	A	R	T
S	T	E	W	S		E	M	M	Y	

Previous Puzzle

NEW CROSSWORD BOOK! Send \$4.75 (check/m.o.) to Thomas Joseph Book 2, P.O. Box 536475, Orlando, FL 32853-6475

1	2	3	4		5	6	7	8	9	10
11						12				
13						14				
15						16				
		17					18	19	20	21
22	23					24				
25							26			
27			28	29		30	31			
32						33				
			34		35			36	37	
38	39	40						41		
42								43		
44								45		

8-29

Daily Cryptoquote — Here's how to work it:

A X Y D L B A A X R
is L O N G F E L L O W

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

8-28 CRYPTOQUOTE

P J P E C D C F B X K W M Z K T E Z I F D T Z

C S D X S Z . X W Y P J I Z E P X I

H T K W P N C T W P J B W M X J F .

— _ D B J J _ H C M J K W C J

Previous Cryptoquote: MAN IS MOST NEARLY HIMSELF WHEN HE ACHIEVES THE SERIOUSNESS OF A CHILD AT PLAY. — Heraclitus

COMICS

Tundra



Hagar the Horrible



Peanuts



Baby Blues



Dilbert

