

# LEISURE

**FUN IN BORDERLAND**  
The Journal welcomes ideas for stories about people in our community who have interesting pastimes or hobbies.  
**Call the Journal at 285-7411**

## Catch a bus to the opera July 13

**Reservations required by June 30**  
**JOURNAL STAFF REPORT**  
The opera is only a bus ride away. Northern Lights Music Festival, Music on the Iron Range, is presenting the opera “Carmen” by Bizet, at 3 p.m. July 13 at Chisholm High School. Backus Community Center officials are chartering a bus to the opera and encourage the local community to attend. The cost is \$80 per person, and includes round-

trip transportation, buffet lunch at Valentini’s Supper Club, a pre-show lecture by Minnesota Public Radio host John Birge, and ticket to the opera. The bus departs Backus at 9:30 a.m. July 13 and returns following the performance. Reservations are required by calling Backus at 285-7225 no later than June 30. “Carmen,” directed by Benjamin Spierman with Gavriel Heine of St. Petersburg’s Marinsky Theatre as musical conductor, stars Janara Kellerman in the title role.

## Falls native releases second children’s book

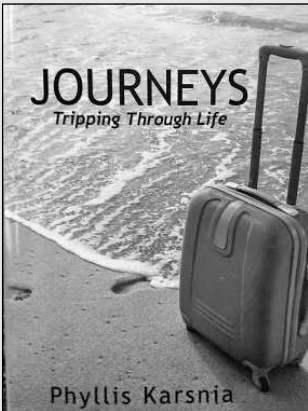
**JOURNAL STAFF REPORT**  
“Aidan & His Magic Wand,” a children’s book from author Christina M. Giles, hit shelves earlier this month. This is the second children’s book for Falls native Giles, who still has ties to the community. In the story, when the lights go out, Aidan is too afraid of the dark to fall asleep. Fortunately, he has his magic wand to help him stay awake. With the help of this magic wand and his wild imagination, he travels to faraway places, meets extraordinary friends, and learns that the darkness can be quite fun. Readers can expect to find out how Aidan and his magic wand learn to conquer the dark and fall asleep at last. Published by Tate Publishing and Enterprises, the book is available through bookstores nationwide, from the publisher at [www.tatepublishing.com/bookstore](http://www.tatepublishing.com/bookstore), or by visiting [barneandnoble.com](http://barneandnoble.com) or [amazon.com](http://amazon.com). This is also an eLIVE

title, meaning each book contains a code redeemable for a free audio book version from TatePublishing.com. Giles is an assistant principal living in Odessa, Texas, with her husband, Jason, and their son. She will host a book signing July 7 from 10 a.m. to 2 p.m. at City Drug. Christina Giles, author of “Aidan & His Magic Wand,” will host a book signing July 7 from 10 a.m. to 2 p.m. at City Drug.

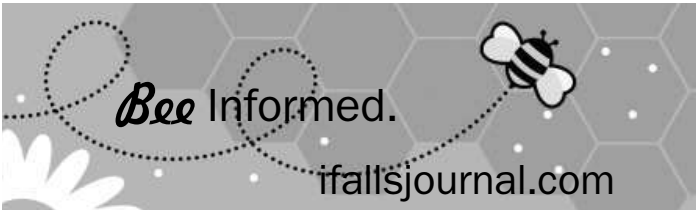


## Local author releases book of travels

**JOURNAL STAFF REPORT**  
Local author Phyllis Karsnia is back with a new book, and this time, instead of bringing the past to life, she documents her travels from around the world. “Journeys Tripping Through Life” is a collection of travel adventures Karsnia took to Portugal, Italy, England, Austria, Norway, the Greek Islands and beyond. The author shares stories about the beauty, fun, and wonder of different countries and their cultures, histories and people. A book signing for the publication is scheduled for Friday from 2 to 4 p.m. at Moose and Squirrel Books, 900 Third St.



STAFF PHOTO BY EMILY GEDDE  
**A book signing for “Journeys Tripping Through Life,” by local author Phyllis Karsnia, is set for Friday from 2 to 4 p.m. at Moose and Squirrel Books, 900 Third St.**





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Prescription price comparison above is valid as of May 1, 2014. All trade-mark (TM) rights associated with the brand name products in this ad belong to their respective owners.

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**Summer Food Service Program**  
*Food That's In When School Is Out!*

**FREE SUMMER MEALS TO ALL CHILDREN AGES 1 - 18**  
Lunch Served: 11:45 a.m. – 1:15 p.m.  
Monday through Friday – June 2 – August 29  
No income guidelines or eligibility requirements.

**BACKUS KIDS CLUB**  
Led by Licensed Teachers  
Monday – Friday ~ 7:30 a.m. – 6:00 p.m.  
June 2 – August 27  
Children entering grades K – 6  
Art Projects, Summer Reading Program, Outside Activities, Academics, Field Trips

**OPEN GYM** -- During lunch hours: 11:30 a.m. - 1:30 p.m. for all ages led by an adult. Children under age 5 must be accompanied by an adult

In accordance with Federal law and the U.S. Department of Agriculture policy, discrimination on the basis of race, color, national origin, sex, age, gender identity, religion or disability is prohibited by law. USDA is an equal opportunity provider and employer.

For further information, call the Backus office at **218-285-7225** or visit the web site at **[www.backusab.org](http://www.backusab.org)**.  
Backus Community Center,  
900 5th Street,  
International Falls, Minnesota

**BACKUS Community Center**  
(218) 285-7225 • 1900 5th Street • Int'l Falls, MN  
[www.backusab.org](http://www.backusab.org) | Facebook Backus AB



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**City Drug**  
*Bridal Registry*

**Stephanie Norton & Austin Lockhart**  
July 19, 2014

**Kelsey Kimball and Rylan Street**  
July 26, 2014

**Sarah Anderson & Sethen Ettestad**  
August 16, 2014

**Jenny Olsen & AJ Tucker**  
August 30, 2014

**Jamie Pearson & Bruce Conat**  
August 30, 2014

**Kristen Lund & Steffan Tveit**  
September 13, 2014

**Shawna Bolstad and Travis Cochran**  
September 20, 2014

**Melissa Fisher & Nick Hagen**  
September 27, 2014

**Baby Shower Registry**  
Sunday, June 29

**Parents: Bobbi & Kenneth Mathews**  
*Free gift wrapping & a large selection of Hallmark cards.*

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**ADVERTISEMENT FOR BIDS**

**Koochiching County**  
**SP 036-707-001 (CSAH 107), Minn. Proj. No. HPPH H141(001),** Aggregate Base, Bit'm. Surface, Curb & Gutter, Storm Sewer  
**BIDS CLOSE Wednesday July 9, 2014 at 2:00 pm, local time**

**NOTICE TO CONTRACTORS:** Sealed proposals will be received by the Board of County Commissioners of Koochiching County, Int'l. Falls, Minnesota until 2:00 p.m. on Wednesday July 9, 2014 at the office of the County Auditor/Treasurer in the Koochiching County Courthouse 715 4th Street Int'l. Falls, Minnesota 56649 at which time they will be opened and read publicly for the following:

**Project Designation: SP 036-707-001 (CSAH 107), Minn. Proj. No. HPPH H141(001),** Aggregate Base, Bit'm. Surface, Curb & Gutter, Storm Sewer

**Project Location:** On CSAH 107 between T.H. 71 and CSAH 2 in Int'l. Falls, Total Length – 1.05 Miles

**Major Project Quantities include:**  
-- 25,038 CY of Common Excavation (P)  
-- 5,189 Linear Feet of Storm Sewer  
-- 6,600 Tons of Bituminous  
-- 24,778 SY of Geotextile Fabric  
-- 18,464 Tons of Aggregate Base Class 5 (MOD.)

**Project Completion:** 75 Working Days

**Proposals, Plans and Specifications are available at:**  
Koochiching County Highway Department  
715 4th Street  
Int'l. Falls, MN 56449

**Cost for Plans:** Cost of one set of plans and proposals is \$75 (Minnesota State Sales Tax Included). There is no cost for electronic plans and specs, they are at <https://egram.co.koochiching.mn.us> or phone (218) 283-1186 or email to [joe.sutherland@co.koochiching.mn.us](mailto:joe.sutherland@co.koochiching.mn.us).

**Bidder's Bond:** Bids must be accompanied by a certified check or bidder's bond made payable to the Treasurer of Koochiching County in an amount not less than 5% of the total bid.

Bid shall be plainly marked on the exterior of the containing envelope: **“CSAH 107, Letting Date, July 9th , 2014”**.

Minimum wage rates to be paid by the Contractors have been predetermined and are subject to the Work Hours Act of 1962, P.L. 87-581 and implementing regulations.

**READ CAREFULLY THE WAGE SCALES AND DIVISION A OF THE SPECIAL PROVISIONS AS THEY AFFECT THIS/THESE PROJECT/PROJECTS**

The Minnesota Department of Transportation hereby notifies all bidders: in accordance with Title VI of the Civil Rights Act of 1964 (Act), as amended and Title 49, Code of Federal Regulations, Subtitle A Part 21. Non-discrimination in Federally-assisted programs of the Department of Transportation, it will affirmatively assure that in any contract entered into pursuant to this advertisement, disadvantaged business enterprises will be afforded maximum opportunity to participate and/or to submit bids in response to this invitation, and will not be discriminated against on the grounds of race, color, disability, age, religion, sex or national origin in consideration for an award;

in accordance with Title VI of the Civil Rights Act of 1964 as amended, and Title 23, Code of Federal Regulations, Part 230 Subpart A-Equal Employment Opportunity on Federal and Federal-Aid Construction Contracts (including supportive services), it will affirmatively assure increased participation of minority groups and disadvantaged persons and women in all phases of the highway construction industry, and that on any project constructed pursuant to this advertisement equal employment opportunity will be provided to all persons without regard to their race, color, disability, age, religion, sex or national origin;

in accordance with the Minnesota Human Rights Act, Minnesota Statute 363A.08 Unfair discriminatory Practices, it will affirmatively assure that on any project constructed pursuant to this advertisement equal employment opportunity will be offered to all persons without regard to race, color, creed, religion, national origin, sex, marital status, status with regard to public assistance, membership or activity in a local commission, disability, sexual orientation, or age;

in accordance with the Minnesota Human Rights Act, Minnesota Statute 363A.36 Certificates of Compliance for Public Contracts, and 363A.37 Rules for Certificates of Compliance, it will assure that appropriate parties to any contract entered into pursuant to this advertisement possess valid Certificates of Compliance.

If you are not a current holder of a compliance certificate issued by the Minnesota Department of Human Rights and intend to bid on any job in this advertisement you must contact the Department of Human Rights immediately for assistance in obtaining a certificate.

The following notice from the Minnesota Department of Human Rights applies to all contractors:

“It is hereby agreed between the parties that Minnesota Statute, section 363A.36 and Minnesota Rules, parts 5000.3400 to 5000.3600 are incorporated into any contract between these parties based on this specification or any modification of it. A copy of Minnesota Statute 363A.36 and Minnesota Rules, parts 5000.3400 to 5000.3600 is available upon request from the contracting agency.”

“It is hereby agreed between the parties that this agency will require affirmative action requirements be met by contractors in relation to Minnesota Statute 363A.36 and Minnesota Rules 5000.3600. Failure by a contractor to implement an affirmative action plan or make a good faith effort shall result in revocation of its certificate or revocation of the contract (Minnesota Statute 363A.36, Subd. 2 and 3).”

A minimum goal of 2.7 % **Good Faith Effort** to be subcontracted to Disadvantaged Business Enterprises.

The Koochiching County Board reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the contract in the best interests of Koochiching County.

Dated at International Falls, Minnesota .....**June 11th, 2014.**

Joe Sutherland, Koochiching County Highway Engineer  
Phone: 218-283-1186  
Email: [joe.sutherland@co.koochiching.mn.us](mailto:joe.sutherland@co.koochiching.mn.us)