

# Girl and cousin both need counseling after assault

**DEAR ABBY:** My granddaughter “Cindy,” age 2, was being watched by her mommy’s ex-sister-in-law and her sons. Cindy went to her mommy and said, “Bubby hurt me.” Bubby is what she calls her 10-year-old cousin. Her mother called the police. A policeman spoke to her and said there wasn’t enough evidence. Now my granddaughter is scared of men.



DEAR ABBY

The police went and talked to the cousin who said he “accidentally touched her down there with her pull-up on.” DCFS was called in, and again it was a man. We took Cindy to a female doctor and Cindy told the doctor everything that happened to her. Now she wakes up having nightmares and yells, “No, Bubby. Stop!”

What’s a grandmother to do to help her? We need justice for Cindy. — **DISTRAUGHT GRANDMOTHER**

**DEAR DISTRAUGHT:** You may need justice for Cindy, but what Cindy needs right now is professional help to get past the trauma of what was done to her. Contact the nearest rape treatment center, tell them everything you have told me and ask for their assistance in finding therapy for your grand-

child. They hear stories like this all too often. The boy who assaulted Cindy also needs counseling so that he won’t/can’t repeat what he did to her with another little girl. From my perspective, both of these children need professional help.

**DEAR ABBY:** For years I dated guys who I knew wanted a committed relationship, while I just wanted to have fun. I enjoyed being single and never saw myself getting married. My mom was married three times to men who abused her. It made the idea of marriage terrifying to me.

Through counseling, I have found healing from my past. I regret the damage I caused by leading guys on. Now that I want to be married, my life feels empty. While I used to enjoy my independence, I now want to share my

experiences with someone. Because of the counseling I have had, I know what I shouldn’t settle for, but the only guys asking me out are sleazy. I feel like in some ways life was easier when I wanted to stay single. How do I find a healthy balance so I won’t go back to my old ways or end up settling out of desperation?—**HEALED BUT CONFUSED**

**DEAR HEALED BUT CONFUSED:** One way would be to continue the counseling. While you may want to be married now, desperation and neediness are not traits that attract worthwhile men.

You need to be prepared to take some time and find a balance in your life while you’re looking for Mr. Right. Explore your own interests, make friends with members of both sexes, do some volunteering if you have the time. If you do, the chances of your meeting the right kind of man will improve because you will have more to offer.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

## su | do | ku

© Puzzles by Pappocom

			2	9			
3	4					2	1
		6	4		5	8	
	1	8		2		6	3
	7					1	
	3	4		9		2	5
		3	6		7	9	
8	6					7	4
			1	2			

Instructions for play: Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

That’s all there is to it. There’s no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It’s fun. It’s challenging. It’s addictive!

Solving time is typically from 10 to 30 minutes, depending on your skill and experience. The solution for today’s puzzle will be published in Saturday’s paper. Or you can go to [www.sudoku.com](http://www.sudoku.com) to find the solution.

4	7	6	8	9	2	1	5	3
1	9	3	6	7	5	8	2	4
2	5	8	3	1	4	7	9	6
6	2	1	4	5	7	9	3	8
5	3	7	2	8	9	4	6	1
9	8	4	1	3	6	5	7	2
3	6	5	7	4	1	2	8	9
7	1	2	9	6	8	3	4	5
8	4	9	5	2	3	6	1	7

## HELOISE’S KITCHENEERING BY HELOISE

### Dirty or Clean? Check the Soap

Dear Heloise: We read your column every day in the Ventura County (Calif.) Star. My family has come up with a hint that may help others who never know if the dishes in the DISHWASHER are clean or dirty.

When the dishwasher is emptied, we immediately fill the dishwasher soap container and close it. That way, anyone who has a question about whether the dishes are clean or dirty needs only to look to see if the container is closed or open. If it is open, the dishes are clean. If the container is closed, put your dirty dishes in. — Diana L. in California

This is a good hint, especially if the dishwasher is used every day or two. Most people do run it at night, when dinner is over and the kitchen is “closed.”

For other readers who don’t use the dishwasher daily, please note: Powdered detergent (and some of the new “packets”) can be affected by moisture. — Heloise

P.S.: Here’s another hint: Put a coffee cup (open end facing up) on the top rack. If there’s water in there, the dishes are clean!

**Send A Great Hint To:**  
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San Antonio, TX 78279-5000  
Fax: 210-HELOISE  
Email: [Heloise\(at\)Heloise.com](mailto:Heloise(at)Heloise.com)

### Keeping corners down

Dear Readers: Many of you shared your hints about keeping parchment paper on pans. Here are two of them:

Traci A. in Washington wrote: “I love reading your column in The Spokesman-Review every day. I spritz cooking spray on each corner of the cookie sheet to hold the parchment down. You don’t need a lot. Just a dab.”

Linda S., via email, said: “Here’s a trick I learned when working in our local grade-school cafeteria: Tear off the desired length of paper, crumple it up as if you were going to throw it away, then simply smooth it out on your cookie sheet with your hand. Spritz with a little water if it is still unruly.”

— Heloise

### No-mess cleanup

Dear Heloise: I tend to be a messy cook, especially when baking. I now start my preparation by placing a large piece of waxed paper on the counter. When I measure flour, separate eggs, etc., if anything spills, it goes on the waxed paper. When I’m done, I just pick up the waxed paper and put it in the trash. — Rebecca S. in Colorado

### Timesaver

Dear Heloise: To save time washing and rinsing dishes after I have cooked or baked, I fill the sink with warm, soapy water. When I’m done with a utensil or a dish, I slip it into the water. When I am finished cooking, all I do is rinse the dishes and put them in the dishwasher. No more scrubbing! -- Sandy, via email

A good way to speed up cleanup! Just be sure there are no sharp knives to cause a mishap. — Heloise

## CROSSWORD

By THOMAS JOSEPH

### ACROSS

- 1 San Antonio landmark
- 6 Judge
- 10 Low point
- 11 Southern lass
- 12 Start of a Caesar quote
- 13 Last Greek letter
- 14 Act sullen
- 15 From Florence, say
- 16 Tiny worker
- 17 Decimal base
- 18 Attempt
- 19 Well-read
- 22 Soda choice
- 23 Ticks off
- 26 Set free
- 29 Do something
- 32 — Vegas
- 33 Freight weight
- 34 Like teen idols
- 36 Polar explorer
- 37 “Eye,” phonetically
- 38 Sir’s counterpart
- 39 Book section
- 40 Friendly señorita

### 41

- Porgy’s love
- Will Smith’s son

### DOWN

- 1 Beast
- 2 Terse
- 3 Get comfortable with
- 4 Silent performer
- 5 Bonanza stuff
- 6 Reps.’ rivals
- 7 Put in office
- 8 “Pomp and Circumstance” composer
- 9 Nasty fellow
- 11 Rewards for nabbing criminals
- 15 Hot brew
- 17 Fruit-and-nuts snack
- 20 Building wing
- 21 Goof up
- 24 Noisy grass-hopper
- 25 Closet use
- 27 Cove
- 28 Minstrel joker
- 29 Wing it
- 30 Witch
- 31 Cares for
- 35 Gets on
- 36 Crimson Tide, for short
- 38 Capt.’s superior

L	I	S	A		A	J	A	R	
B	O	N	E	R		B	A	K	E
L	A	M	E	R		A	G	I	T
I	N	A	M	E	S	S		N	A
M	E	T		S	K	E	P	T	I
P	R	E	T	T		A	O	N	E
			A	S	F	O	R		
A	P	E	X		A	N	T	H	E
V	A	N	I	L	L	A		A	N
A	R	C		A	L	L		S	T
S	T	O	U	T		A	L	I	C
T	O	R	M	E		R	U	N	T
N	E	A	R		K	E	G	S	

Previous Puzzle

NEW CROSSWORD BOOK! Send \$4.75 (check/m.o.) to Thomas Joseph Book 1, P.O. Box 536475, Orlando, FL 32853-6475

1	2	3	4	5		6	7	8	9
10						11			
12						13			
14						15			
16						17			18
19			20				21		
	22					23		24	25
						26			28
29	30	31				32			33
34			35				36		
37							38		
39							40		
41							42		

7-23

## CROSSWORD

By THOMAS JOSEPH

### ACROSS

- 1 “Gigi” star
- 6 Biological division
- 11 Baseball’s Tony
- 12 Make blank
- 13 Doctrine
- 14 Lama’s land
- 15 Resentful feeling
- 17 Purr producer
- 19 2016 Olympics host
- 20 Lamb’s father
- 23 Scents
- 25 Rover’s pal
- 26 “Gullible’s Travels” writer
- 28 Turn suddenly
- 29 Snoopy, for one
- 30 Twisty turn
- 31 Maximum amount
- 32 Baseball’s Ron
- 33 Nodding, perhaps
- 35 “Bolero” composer
- 38 Chip choice
- 41 Banish
- 42 Colorful flower
- 43 Muscular

### 44

- Winter weather

### DOWN

- 1 Guest’s bed
- 2 Pub staple
- 3 Phone sounds
- 4 Finished
- 5 Free of additives
- 6 Very beginning
- 7 War of 1812 port
- 8 Collar
- 9 Try out
- 10 Clique
- 16 Neutralize
- 17 Make a cameo
- 18 Spring sign
- 20 Wagner work
- 21 “Rolling in the Deep” singer
- 22 Amsterdam of TV
- 24 Team leader: Abbr.
- 25 Govt. health watchdog
- 27 Eases off
- 31 Bowling spot
- 33 Egotist’s focus
- 34 Painter Klee
- 35 Yank’s foe
- 36 Hatchet’s kin
- 37 Compete
- 39 Not square
- 40 Be decisive

S	O	C	K	S		R	U	T	S
T	R	A	I	L		U	S	E	U
R	A	N	T	O		M	A	N	N
E	T	A		S	O	B		A	R
W	E	L	S	H	R	A	B	B	I
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H	O	Y	A	S		C	R	E	E
A	M	E	N		T	O	T		
B	E	L	G	I	A	N		H	A
I	L	L		N	U	T		M	I
T	E	S	T	S		A	B	I	D
S	T	A	V	E		C	A	T	E
S	T	A	T		T	R	Y	S	T

Previous Puzzle

NEW CROSSWORD BOOK! Send \$4.75 (check/m.o.) to Thomas Joseph Book 2, P.O. Box 536475, Orlando, FL 32853-6475

1	2	3	4	5		6	7	8	9	10
11						12				
13						14				
						15				
17	18					19			20	21
23			24				25			
26							27			
28							29			
30									32	
							31			
							33			
35	36	37							39	40
41							42			
43							44			

7-24

Daily Cryptoquote – Here’s how to work it:

A X Y D L B A A X R  
is L O N G F E L L O W

One letter stands for another. In this sample, A is used for the three L’s, X for the two O’s, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

7-23

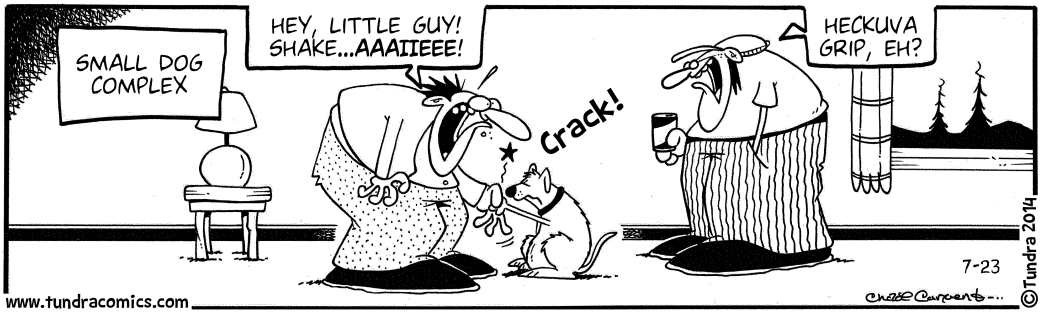
### CRYPTOQUOTE

O N K U T P L F R U X T K Y N W R I W J F  
T P L Z F P K A E W E J P U K E  
W B H P Z U K J U K E O N K U T P L  
X R Y P B R X T K Y N W R I W J F T P L Z  
F P K A E . — Q W F Q W F A K Z

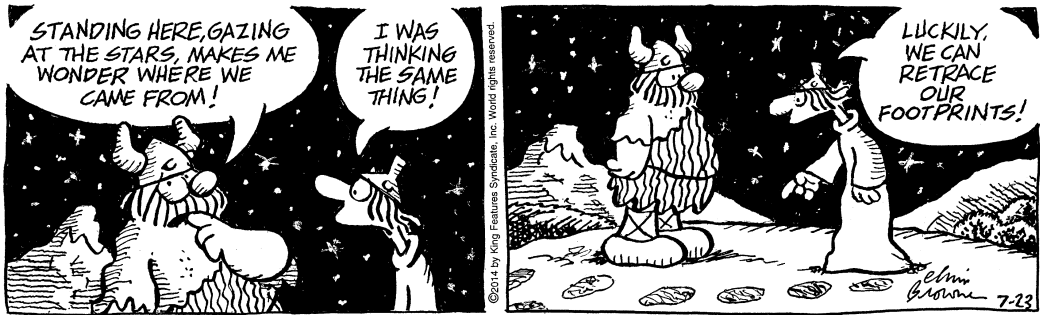
Previous Cryptoquote: THE HIGHEST POSSIBLE STAGE IN MORAL CULTURE IS WHEN WE RECOGNIZE THAT WE OUGHT TO CONTROL OUR THOUGHTS. — Charles Darwin

## COMICS

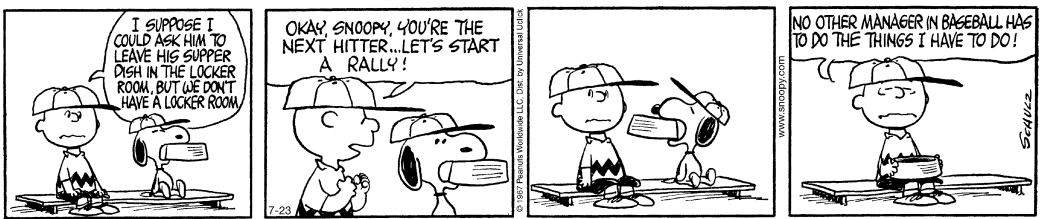
### Tundra



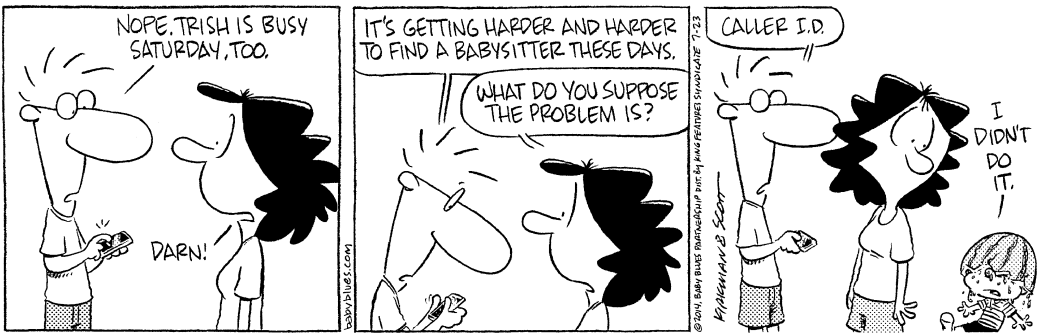
### Hagar the Horrible



### Peanuts



### Baby Blues



### Dilbert

