

# SPORTS

## QUICK HITS

### Ben Humbert slated to sign intent letter

A formal ceremony for Bronco senior Ben Humbert to sign a national letter of intent to play baseball at the University of Minnesota has been scheduled for Nov. 12 at 8:15 a.m. in the Falls High School gym.

Humbert, a three-sport athlete for the Broncos in football, basketball and baseball, has been recruited by the Gophers to be a pitcher.

### Bronco Hall of Fame meeting Wednesday

The group involved with forming the Bronco Athletic Hall of Fame will meet Wednesday at 7:30 p.m. in Room 212 at Falls High School.

## SPORTS SCHEDULE

**Today's games**  
**Women's hockey**  
Iowa State vs. RRCC at Bronco Arena, 7 p.m.

**Sunday's games**  
**Women's hockey**  
Iowa State vs. RRCC at Bronco Arena, Noon

**Thursday's games**  
**Girls swimming/diving**  
I. Falls in Section 7A preliminaries at Grand Rapids, 5 p.m.

## GIRLS SWIMMING AND DIVING

# Broncos down Blue Devils in final dual

## Section 7A Meet next

BY KEVIN BONESKE  
Sports Editor

The International Falls girls swimming and diving team wrapped up its dual meet schedule on a winning note Tuesday when the Broncos were victorious in the FHS pool over Virginia, 102-84.

“It was a great meet,” said Broncos head coach Jill Herzig. “I’m really glad we could bring the win home for our parents and our fans, especially our seniors.”

The Falls placed first in eight of the 12 events and also had five runner-up finishes.

Going into Tuesday’s meet, Herzig said she predicted a 93-93 tie.

“It was going about as I had predicted until about the butterfly and then we came on and had some great things happen,” she said.

The Broncos picked up a 1-2-3 sweep in the 100-yard butterfly, which was won by Abby Kostiuk in 1 minute, 6.72 seconds. Abby Auran came in second in 1:13.82, while Josie Bates finished third in 1:17.87.

The Falls had 1-2 finishes in two other events. Kostiuk also won the 100

backstroke (1:05.15) with Carolann Stone placing second in 1:11.91.

The Broncos’ Emily Saari won the 100 breaststroke (1:19.57) with Anna Earley finishing runner-up in 1:21.71.

Falls’ three other top individual finishes came from Stone winning the 200 individual medley (2:36.95), Claire Herzig placing first in the 50 freestyle (28.15) and Emma Misner winning the 100 freestyle (1:01.2). Misner also placed runner-up in the 200 freestyle (2:16.74).

The Broncos won two of the three relays. Kostiuk, Saari, Claire Herzig and Auran placed first in the 200 medley relay (2:03.84). Kostiuk, Misner, Claire Herzig and Tayler Hebner won the 200 freestyle relay (1:52.54).

Auran, Misner, Stone and Hebner came in second in the 400 freestyle relay (4:14.38), 52 hundredths of a second behind the Blue Devils’ winning time.

The Falls won’t have another meet until Nov. 6 when the Broncos will compete in the Section 7A preliminaries at Grand Rapids.

“We need to fix our mistakes – our starts, our turns, our finishes,” Jill Herzig said. “I saw a lot of things (Tuesday) that we need to improve on.

“(At the section meet),



STAFF PHOTOS BY KEVIN BONESKE

**The Broncos’ Carolann Stone swims the breaststroke en route to winning the 200-yard individual medley in 2 minutes, 36.95 seconds, during Tuesday’s home dual meet against Virginia.**

we really want to send some people back to state. We’re going to do everything in our power to do that.”



**The Broncos’ Emma Misner swims the final leg of the 400-yard freestyle relay in Tuesday’s home dual meet against Virginia.**

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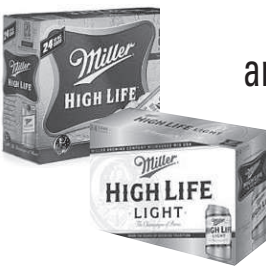
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## PREPARING FOR ANOTHER SEASON



STAFF PHOTO BY KEVIN BONESKE

**At left, Bronco girls hockey head coach Gerald Bolstad speaks with players during Wednesday’s practice at Bronco Arena. The Falls, which began formal practices this week, opens the 2014-15 season Nov. 11 at home against Roseau.**

# Vikings-Redskins Preview

BY JACK CASSIDY  
AP STATS Writer

Washington Redskins coach Jay Gruden knows Minnesota Vikings counterpart Mike Zimmer all too well after they spent three years together in Cincinnati.

Still, Gruden doesn’t expect familiarity to be much help as the Redskins try to top their win total from last season when they visit Minnesota on Sunday.

Both are first-year head coaches after Gruden served as the offensive coordinator for the Bengals from 2011-2013, the same time that Zimmer was their defensive coordinator.

“What makes his defense so good is not many people know what he’s going to do,” Gruden said. “That’s why he’s so successful. ... We competed every day in

practice. It was not friendly, usually.”

Zimmer has transformed Minnesota’s defense from the second-worst unit in the league last year into a top unit in 2014. The Vikings (3-5) allowed 397.6 yards per game last year compared to 323.8 this season, good for eighth in the NFL. They’re also tied for second in the league with 25 sacks.

Washington’s game plan for Zimmer and the Vikings defense will largely depend on who starts at quarterback. Third-stringer Colt McCoy shined Monday night, leading the Redskins (3-5) to a 20-17 overtime victory in Dallas. He went 25 of 30 for 299 yards, threw an interception and ran for a touchdown.

McCoy would only start, however, if Robert Griffin III can’t. Griffin practiced in

full Wednesday, and Gruden said the quarterback would return “if he shows he can handle the workload” in practices.

Griffin hasn’t played since he dislocated his left ankle in Week 2.

“Last week was more of a ‘introducing’ him. This week’s more about getting him more reps with the ‘1’s, a little bit more, and seeing how he handles it,” Gruden said. “The doctors will continue to monitor him through each drill, through each movement, see how he’s doing, then I’ll have to decide whether he’s ready from a mental quarterback standpoint.”

Griffin went 29 of 37 for 267 yards in his only full game this season, an opening 17-6 loss at Houston.