


A Continued Focus



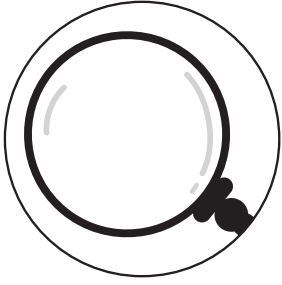
Re-Elect Rob Ecklund

Koochiching County Commissioner District 4

Please Vote Tuesday, Nov. 4 at Aquinas Hall

Co-Chairs: Ward Merrill, Rachel Amdahl
Treasurer: Dave Peterson

Paid for by the Committee to elect Rob Ecklund, Dave Peterson: Treasurer, Int'l Falls, MN.



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Medicare Open Enrollment is here.

Are you happy with your Medicare plan? Medica® offers a range of affordable and comprehensive plan options. I can help you select the right plan for you.

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For more information, call Medica's Center for Healthy AgingSM toll-free at 1-800-906-5432, 8 a.m. to 8 p.m. CT, 7 days a week. TTY users, please call the National Relay Center at 1-800-855-2880. Medica is a Cost and PPO plan with a Medicare contract. Enrollment in Medica depends on contract renewal.

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ROCK-N-ROLLA COROLLA!

KEY TO THE HIGHWAY

SATURDAY, NOVEMBER 1 AT 8PM
WIN A 2014 TOYOTA COROLLA!
Ten winners will get to pick a key. The key that opens the car door wins it. The other nine will each win \$500 cash! Wild Edge members can start to accumulate entry tickets October 1. Only 10 points per entry! Earn 2X tickets every Tuesday!

Fortune Bay
RESORT CASINO

Actual car may differ from image.
Visit fortunebay.com for complete details.

LOCALNEWS



CONTRIBUTED PHOTOS

Alan Burchell titles this morning sunrise “Why we live here.”

KABETOOGAMA FALL

Alan and Miriam Burchell of Kabetgoama shared these fall photos taken a week earlier.

The fall colors, at their peak a week or so ago, reflect on the surface of Kabetogama Lake as Miriam Burchell paddles a kayak.

DO YOU OR SOMEONE IN YOUR FAMILY STRUGGLE WITH ADDICTION, CHRONIC PAIN OR ALCOHOLISM?

BURNTSIDE CONSULTANTS
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International Falls, MN 56649
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Burntside Consultants **Please call 218-283-2010**

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When it comes to your heart, having advanced care close to home is important. That's why Essentia Health brings a nationally recognized Heart & Vascular team to your community.

Most of your Heart & Vascular diagnostic and treatment needs can be cared for at the Essentia Health-International Falls Clinic. The Heart & Vascular Team at International Falls Clinic is supported by the comprehensive treatments and technology available at the St. Mary's Heart & Vascular Center in Duluth. Recently, the St. Mary's Catheterization Lab was **recognized as one of only 22 in the nation** to receive full accreditation from the independent organization called Accreditation for Cardiovascular Excellence (ACE).

Talk to your doctor about ways to reduce your risk for cardiovascular disease. Your doctor may refer you to a member of our heart care team.

Essentia Health-International Falls Clinic
2501 Keenan Drive | International Falls
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YOUR INTERNATIONAL FALLS HEART CARE TEAM



Michael Lucca, MD



Michelle Anderson, PA-C



Mary Starkman, CNP

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