

Your only
Locally-owned
Supermarket for
over 50 years.



PRICES IN EFFECT NOON

Sun., October 27 - Sat., November 2

Open 7 Days A Week 5:00 a.m. - Midnight
Hwy. 11-71 West, I. Falls, MN
283-8440 • www.s1foods.com

MANUFACTURER COUPON | VALID: 10/27/13-11/02/13 | RV0100 | 1010

Gevalia
Coffee
12 oz. bag

\$3.96 each

Limit 1 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1020

Essential Everyday
Grape Jelly
32 oz. jar

\$1.46 each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1030

Essential Everyday
Peanut Butter
18 oz. jar

\$1.46 each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1040

Essential Everyday
White Bread
1½ lb. loaf

96¢ each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1050

Shoppers Value
Tomato Juice
46 oz. can

96¢ each

Limit 2 per family with coupon at Super One thru November 2, 2013

REDEEMABLE COUPON | VALID: 10/27/13-11/02/13 | RV0500 | 1060

SAVE \$5.00
INSTANTLY ON ROTISSERIE CHICKEN
with the purchase of TEN (10) Knorr® Sides
Pouches must be made in a single transaction.

Limit 1 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1070

Shoppers Value
Saltines
1 lb. box

96¢ each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1080

Essential Everyday
Cream of Mushroom Soup
10.5 oz.

46¢ each

Limit 4 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1090

Essential Everyday
Cream of Chicken Soup
10.5 oz.

46¢ each

Limit 4 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1100

DAIRY

Kraft Philadelphia Cream Cheese
8 oz. block

96¢ each

Must Buy 2

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1110

DAIRY

Essential Everyday
Orange Juice
64 oz. carton

\$1.66 each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1120

Knorr
Noodles and Sauce
3.8-4.5 oz.

86¢ each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1130

Knorr
Rice and Sauce
4.3-5.8 oz.

86¢ each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1140

Prego
Spaghetti Sauce
24 oz. jar

\$1.46 each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1150

Creamette
Vermicelli, Thin Spaghetti or Long Spaghetti
16 oz. box

68¢ each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1160

Wesson
Vegetable Oil or Canola Oil
48 oz. bottle

\$2.46 each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1170

FROZEN

Stone Ridge Creamery Premium Ice Cream
48 oz. scround

\$1.96 each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1180

Essential Everyday
Pancake Mix
32 oz. box

\$1.66 each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1190

Essential Everyday
Syrup
24 oz. bottle

\$1.66 each

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1200

Open Pit
BBQ Sauce
18 oz. bottle

76¢ each

Limit 2 per family with coupon at Super One thru November 2, 2013

MANUFACTURER'S COUPON | COUPON EXPIRES 11/2/13

Pepsi & Pepsi Products 24 pks.

2/\$14
- \$2 in ad Coupon
2/\$12 Final Cost with Coupon

Must buy 2

Limit 2 per family with coupon at Super One thru November 2, 2013

MANUFACTURER'S COUPON | COUPON EXPIRES 11/2/13

Pepsi & Pepsi Products 24 pks.

2/\$14
- \$2 in ad Coupon
2/\$12 Final Cost with Coupon

Must buy 2

Limit 2 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1015

John Morrell
Pork Sausage Rolls
12 oz.

99¢ each

Limit 10 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1025

John Morrell
Bologna or Cotto Salami
12 oz.

99¢ each

Limit 10 per family with coupon at Super One thru November 2, 2013

Frito Lay Doritos 10-11 oz. **2/\$5**

Frito Lay Ruffles 7.5-11 oz. **2/\$5**

Tostitos Cantinas 9-12 oz. **2/\$6**

Tostitos & Lays Salsa & Queso 15-15.8 oz. **2/\$6**

Old Dutch Pretzels 9-15 oz. **\$2.29**

Old Dutch Triple Pack Box Chips 15 oz. **\$2.88**

Barrel O Fun Cheese Puffs, Balls & Curls 10 oz. **2/\$3.98**

Prego Spaghetti Sauce 24 oz. jar **\$1.66**

Creamette Vermicelli, Thin Spaghetti or Long Spaghetti 16 oz. box **76¢**

Knorr Noodles and Sauce 3.8-5.8 oz. **5/\$5**

Rice and Sauce 3.8-5.8 oz. **5/\$5**

Tide Liquid Laundry Detergent 36-50 oz. bottles/18 count pods **\$5.89**

Dawn Dish Detergent ... 20-24 oz. bottle **\$2.75**

Flora Bathroom Tissue 12 roll pkg. **\$5.89**

FROZEN

New York Texas Style Garlic Toast ... 11.25 oz. pkg. **2/\$4**

Totino's Pizza Rolls 19.8 oz. bag **2/\$5**

Jose Ole Burritos 5 oz. pkg. **5/\$5**

Chimichangas 5 oz. pkg. **5/\$5**

Sara Lee Whole Grain White Bread 20 oz. **\$1.99**

Master Muffin Bread 16 oz. **\$1.99**

Sara Lee Classic Wheat Bread 20 oz. **\$1.99**

Essential Everyday Peanut Butter 18 oz. jar **\$1.68**

Essential Everyday Grape Jelly 32 oz. jar **\$1.68**

Frito Lay Variety Pack Chips 20 ct. **\$5.99**

XXL Bagged Chips 2 oz. **4/\$5**

Nut Harvest Natural Nuts 5.5-6.75 oz. **2/\$6**

Family Size Tostitos/Lays/Fritos 13.3-19 oz. **\$4.49**

Old Dutch Flavored Potato Chips 8.5-9 oz. **\$2.79**

Old Dutch Restaurante Style Tortilla Chips 10-13 oz. **\$2.79**

Jiffy Blueberry Muffin Mix 7 oz. box **3/\$2**

Jiffy Corn Muffin Mix 8.5 oz. box **5/\$3**

Eight O'Clock Coffee K Cups 12 cnt **\$4.99**

Donut House Coffee K Cups 12 cnt **\$4.99**

Bigelow Tea K Cups 12 cnt **\$4.99**

Tobasco Sauce 2 oz. bottle **\$1.29**

Starkist Solid White Tuna 5 oz. can **4/\$5**

Libby's Fruit 15-15.25 oz. can **4/\$5**

Dole Fruit Bowls 4 count pkg. **\$2.25**

Essential Everyday Honey 16 oz. bottle **\$3.49**

Old Orchard Healthy Balance Juice Cocktails 64 oz. bottle **2/\$4**

Cran Naturals Juice Cocktails 64 oz. bottle **2/\$4**

Essential Everyday Spaghetti 32 oz. box **\$1.66**

Thin Spaghetti 32 oz. box **\$1.66**

Elbow Macaroni 32 oz. box **2/\$5**

Gedney Dill Pickle Spears 24 oz. jar **\$1.88**

Vlasic Pickle Spears 24 oz. jar **\$1.88**

Wolfgang Puck Pasta Sauces 16 oz. jar **2/\$3**

Campbell's Slow Cooker Soups 13 oz. pkg. **2/\$4**

Campbell's Skillet Sauces 9 oz. pouch **2/\$4**

Essential Everyday Cream of Chicken Soup 10.5 oz. can **58¢**

Essential Everyday Cream of Mushroom Soup 10.5 oz. can **58¢**

Essential Everyday Sliced Water Chestnuts 8 oz. can **58¢**

Pace Picante Sauce 16 oz. jar **2/\$4**

Salsa 16 oz. jar **2/\$4**

Heinz Mayonnaise 30 oz. jar **\$2.48**

Essential Everyday Olive Oil 25.4 oz. bottle **\$5.75**

Progresso Reduced Sodium or Light Soups 18.5-19 oz. can **3/\$4**

S&W Kidney Beans, Black Beans, Chili Beans, White Beans 15-15.5 oz. can **79¢**

Essential Everyday Instant Rice 42 oz. box **\$3.49**

Essential Everyday Tomato Paste 6 oz. can **2/\$1**

Bounce Fabric Softener 70-80 count box **\$3.99**

Downy Fabric Softener 80 count box **\$3.99**

Downy Liquid Fabric Softener 34 oz. bottle **\$3.99**

Essential Everyday Clear Cutlery 24 count box **79¢**

Essential Everyday Designer Bowls 28 count pkg. **\$1.79**

Charmin Bathroom Tissue 18 double roll pkg. **\$10.99**

Bounty Paper Towels 8 giant roll pkg. **\$10.99**

Alpo Dog Food 13-13.2 oz. can **5/\$4**

Essential Everyday Automatic Dish Washer Detergent 32 count pkg. **\$4.99**

NO CLIPPING NECESSARY 1035

John Morrell
Polish or Smoked Sausage
9 oz.

99¢ each

Limit 10 per family with coupon at Super One thru November 2, 2013

NO CLIPPING NECESSARY 1045

John Morrell
Skinless Franks
12 oz.

99¢ each

Limit 10 per family with coupon at Super One thru November 2, 2013

REDEEMABLE COUPON | VALID: 10/27/13-11/02/13 | RV0400

SAVE \$4

when you buy any EIGHT (8) participating ConAgra Foods' products

Limit 10 per family with coupon at Super One thru November 2, 2013

Buy 8 ConAgra Items Save \$4.00

Take An Additional \$4.00 OFF of These Prices When You Buy Any 8 of These Items With Coupon Above

Pam Cooking Spray 5-6 oz. aerosol can **2/\$4**

Wesson Vegetable Oil 48 oz. bottle **\$2.75**

Wesson Canola Oil 48 oz. bottle **\$2.75**

Orville Redenbacher Microwave Popcorn 6-10 count box **\$3.75**

Reddi Wip 6.5 oz. aerosol can **\$1.75**

Banquet Frozen Boneless Chicken 24-26.5 oz. pkg. **\$3.75**

Banquet Frozen Dinners 24 oz. pkg. **\$5.75**

Marie Callender's Frozen Dinners or Pot Pies 8.5-19 oz. pkg. **4/\$10**

P. F. Chang's Frozen Entrees 22 oz. pkg. **\$5.75**

Keebler Fudge Shop Cookies 4-15 oz. pkg. **\$2.28**

Keebler Club Crackers 11-13.7 oz. box **\$2.28**

Keebler Krispy Saltines 16 oz. box **\$1.88**

Keebler Cheez-It Crackers 6-7 oz. box **\$1.88**

Nabisco Chips Ahoy! Cookies 9.5-13.72 oz. pkg. **\$2.28**

Nabisco Ritz Crackers 9.5-15.1 oz. box **\$2.28**

Nabisco Premium Saltines 9-16 oz. box **\$2.28**

Shoppers Value Tomato Juice 46 oz. can **\$1.25**

Essential Everyday Apple Juice 46 oz. bottle **\$1.48**

Hi-C Drink Boxes 10 pack **\$1.88**

Propel Water 6 pack/500 ml. bottle **2/\$5**

CEREAL

General Mills

Honey Nut Cheerios 12.25 oz. box

Total 16 oz. box

Fiber One Honey Squares 11.75 oz. box

Frosted Shredded Wheat 15.1 oz. box

Nutty Cluster Almond Cereal 16.1 oz. box

Chocolate 11.75 oz. box

Caramel Delight 15.6 oz. box

Raisin Bran Cluster 17.25 oz. box

Original 16.2 oz. box **2/\$5**

Honey Cluster 14.25 oz. box

Kashi

Berry Blossoms 10.5 oz. box **2/\$5**

Honey Sunshine 10.5 oz. box

Kellogg's

Frosted Bite Size Mini Wheats 18 oz.

Mini Wheats Big Bites 18 oz.

Mini Wheats Little Bites Original 15.2 oz.

Mini Wheats Little Bites Chocolate 15.2 oz.

Mini Wheats Little Bites Cinnamon Roll 15.2 oz.

Bite Size Mini Wheats Maple Brown Sugar 15.5 oz.

Bite Size Mini Wheats Strawberry 15.5 oz.

Bite Size Mini Wheats Blueberry 15.5 oz.

Bite Size Mini Wheats Touch of Fruit 15 oz. **3/\$8**

Bite Size Mini Wheats Raspberry Fruit 15 oz.

Quaker Instant Oatmeal 11.5-15.1 oz. box **\$2.99**

Nature Valley or Fiber One Protein Bars 5.85-7.1 oz. box **\$2.99**

Essential Everyday Toaster Pastries 6 count box **5/\$5**

Essential Everyday Pancake Mix 32 oz. box **\$1.88**

Essential Everyday Syrup 24 oz. bottle **\$1.88**

Pepsi & Pepsi Products 24 packs **2/\$3.50**

Pepsi & Pepsi Products 24 packs **2/\$14**

- \$2 in ad coupon

Final Cost w/Coupon **2/\$12**

Aquafina Water 24 packs **\$3.99**

Aquafina FlavorSplash 6 packs **2/\$5**

Lipton Tea 12 packs **\$4.99**

Gatorade 6 pack/12 oz. bottle **2/\$5**

Sunny Delight 64 oz. bottle **89¢**

Green Giant Vegetables 14.5-15 oz. can **5/\$3**

Campbell's Tomato Soup 10.75 oz. can **78¢**

Chicken Noodle Soup 10.75 oz. can **78¢**

Hormel Chili with Beans (original only) 15 oz. can **88¢**

Essential Everyday Chili Seasoning Mix 1.25 oz. packet **3/98¢**

Essential Everyday Taco Seasoning Mix 1.25 oz. packet **3/98¢**