

SPORTS



59th Smokey Bear Golf Invitational
Two-day tourney this weekend

B3

QUICK HITS

Clover Cruise 10K/5K races set for Sunday

The fifth annual Clover Cruise 10K Run and 5K Run/Walk will be held Sunday in conjunction with the Northern Minnesota District Fair in Littlefork.

Both races start at 9 a.m. and begin and end at the Northern District Fairgrounds. Race-day registration begins at 8 a.m. The cost to enter on the day of the race is \$20 without a T-shirt. A limited number of T-shirts will be available on race day for \$8 per shirt.

Awards will be presented to the overall top male and female finishers in both races as well as to the top males and females in seven age categories.

Following the Clover Cruise races, a free 1K Kids Run will be held at the fairgrounds with all the participants receiving a ribbon.

For more information, e-mail Jeff Eibler at derdo.eibler@gmail.com or call (218) 341-6043.

Up North Volleyball Camp next week

The annual Up North Volleyball Camp for grades 8-12 will be held at Rainy River Community College from July 15-18.

The sessions will run from 9 a.m.-noon and from 1-3 p.m. with the camp concluding at noon on the final day. Various awards will be given out.

The cost of the camp is \$95, which includes a camp T-shirt. Checks should be made payable and sent to: Mel Millerbernd, P.O. Box 291, Littlefork, MN 56653.

For more information, call (218) 278-4563 or e-mail mel.millerbernd@rainyriver.edu.

Bee Informed

ifallsjournal.com



STAFF PHOTOS BY KEVIN BONESKE

Runners at the front of the pack round the corner behind Falls High School to start Thursday's Bronco 5K Run/Walk. A record number of finishers, 266, ranging in age from 5-72, completed the course ending on the FHS track.

Records set in Bronco 5K

Brandy Erholtz overall winner

BY KEVIN BONESKE
Sports Editor

Being 22 weeks pregnant didn't prevent Brandy Erholtz from setting the women's course record and being the overall winner in Thursday's Bronco 5K Run/Walk.

Erholtz, 35, formerly Griffith, a 1995 International Falls High School graduate who ran cross country and track in high school and now lives in Colorado, reached the finish line first in 19 minutes, 3 seconds — 9 seconds faster than the race's top male runner, John Sobczynski, 20, of International Falls.

Sobczynski, who improved on his time in last year's race by about 10 seconds when he placed seventh overall, held the lead before being passed up by Erholtz in the final stretch behind Falls High School as the two runners headed toward the track for one lap to finish.

"I really didn't expect to catch (Sobczynski), but on the final stretch I caught him," Erholtz said. "I thought he'd get me on the track, because I normally don't have much leg speed, but it was a great race and a lot of fun."

Erholtz, who has been

Bronco 5K — Overall Results — Top 25

Place	Name	Sex	Age	Time
1	Brandy Erholtz	F	35	19:03
2	John Sobczynski	M	20	19:12
3	Dan DeRoche	M	35	19:26
4	Andrew Hayes	M	38	19:28
5	Mary Strain	F	18	19:33
6	Dennis Ogilvie	M	27	20:09
7	Lexi Erickson	F	14	20:15
8	Logan Veillieux	M	18	20:46
9	Kraig Urquhart	M	16	20:52
10	Mike Turenne	M	47	20:53
11	Spencer Jessen	M	15	21:22
12	John Cowman	M	13	21:52
13	Dale Salmi	M	52	21:58
14	Jake Arason	M	12	22:07
15	Louise Richter	F	25	22:11
16	Kirk Aili	M	44	22:15
17	Linda Belanger	F	45	22:31
18	Nick White	M	14	22:38
19	Hailey Beaudry	F	16	22:44
20	Russ Bauer	M	33	22:47
21	Kate Hattemer	F	25	22:56
22	Wesley Gunnerson	M	19	23:04
23	Olivia Cooke	F	18	23:14
24	Andrew Holm	M	12	23:18
25	Riley Nemec	M	14	23:19

the front as the Bronco 5K progressed.

"It's a little hotter than I would like," Erholtz said. "The Freeze Yer Gizzard (Blizzard) Run, that type of weather, is the kind that I truly prefer, but (it was) a beautiful, sunny day.

"The heat was the only



Brandy Erholtz (423) and John Sobczynski (729) arrive at the Falls High School track to run a lap and complete Thursday's Bronco 5K Run/Walk. Erholtz finished first overall and also set the women's course record in 19 minutes, 3 seconds.

thing that was an inconvenience more than anything. It wasn't bad. It's only 3 miles, right?"

Though she believes she took advantage of running

in the lower altitude in the Falls than what she has become accustomed to in Colorado, Erholtz said she

Bronco 5K to B2 ►

VFW BASEBALL

Falls sweeps Greenway

Humbert hurls no-hit shutout

BY KEVIN BONESKE
Sports Editor

The winning ways of the International Falls VFW baseball didn't wilt in Monday's hot, sunny weather at Scheela Field.

The Falls swept both games of a doubleheader against Greenway to improve to 13-5 overall and remain undefeated in games that count for tournament seeding purposes. Both games of Monday's doubleheader counted for tournament seeding after a doubleheader Greenway was supposed to have hosted earlier this summer ended up being rained out.

"Both games we played very well," said Falls VFW head coach Eric Walls. "We pitched it much better (Monday) than we did (July 2 against Hibbing). The bats actually came to life (Monday)."

I. FALLS 10, GREENWAY 0

Ben Humbert pitched a no-hitter in game one when the Falls shut out Greenway, 10-0, in five innings.

Humbert gave up a pair of walks and struck out five as the Falls ended the game early via the 10-run rule.

"Benny pitched very, very well, and he's kind of working



STAFF PHOTOS BY KEVIN BONESKE

The Falls VFW's Ben Humbert (44) delivers a pitch in the first game of Monday's home doubleheader against Greenway. Humbert threw a no-hitter over five innings in Falls' 10-0 victory.



At right, the Falls VFW's Wyatt Ulrich (8) is about to be tagged out sliding into third base in Monday's home doubleheader against Greenway.

back into the rhythm that he had in the high school season," Walls said. "He obviously controlled the game

and allowed us to put some runs on the board early."

Baseball to B3 ►

New and Exciting
Blackjack Games!

BLACKJACK

BINGO

Sunday to Thursday
July 1-28

Blackout (Full Card): Trackers, Explorers, and Adventurers win \$50 cash.
Voyagers and Elites win \$100 cash.

Bonus Bingo 7-7-7 in Hearts: Trackers, Explorers, and Adventurers win \$100 cash.
Voyagers and Elites win \$200 cash.

Please see Blackjack Pit for Complete Details .

Blackjack Bonus Scratch Ticket Weekends:

Any Wild Edge member receiving a suited diamond blackjack will get a scratch ticket every Friday in July. Any Wild Edge member receiving a suited spade blackjack will get a scratch ticket every Saturday in July. All scratch tickets are guaranteed winners.

High Hand Bonus (Carnie Games):

The highest ranked winning hand will win the pot; players must use both cards to be ranked, good on the UTH and MS.

Please see Blackjack Pit for Complete Details .

Fortune Bay

Land of 10,000 Winners

RESORT CASINO

WINNER