



Open 7 Days A Week
5:00 a.m. - Midnight
Hwy. 11-71 West, International Falls, MN
283-8440
Visit our new website
superoneifalls.com


PRICES IN EFFECT
Noon Sunday, September 28 - Saturday, October 4

Use our
VISA MasterCard

We reserve the right to limit quantities!

Your only locally-owned Supermarket for over 50 years.

Meat Department - Fresh Meats Cut Daily



Boneless New York Strip Steak
\$6⁹⁸ lb.

Boneless Chuck Mock Tender Steak or Roast
\$3⁹⁸ lb.

Fresh Seasoned Boneless Porketta
\$2⁹⁸ lb.

Gold-N-Plump Pesto, Lemon Pepper, BBQ or Mesquite Whole Bagged Chicken
\$5⁴⁸ 3.25 lb.

Fresh Cut Assorted Pork Loin Chops
\$1⁷⁸ lb.

Gold-N-Pump Family Pack Split Chicken Breasts.....**\$4⁴⁹** 2 lb.

Fresh Frozen Canadian Cold Water Lobster Tails.....4 oz. tails **2/\$10**

Copper River Wild Caught Keta Salmon Fillets.....**\$6⁹⁹** lb.

Fresh Frozen Canadian Snow Crab Legs.....**\$8⁹⁹** lb.

W.H.M. Stewart's Smoked Andouille Sausage Links.....**\$4⁴⁹** lb.

Oscar Mayer Original, Jumbo or Bun Length Weiners Bacon Dogs or Smokies14-16 oz. **2/\$5**

Oscar Mayer Original, Light, Garlic or Jalapeno Bologna or Cotto Salami16 oz. **2/\$5**


Oscar Mayer Chopped Ham, Ham & Cheese, Oven Roasted or Smoked White Turkey16 oz. **2/\$6**

Oscar Mayer Deli Fresh or Selects Lunch Meat Tubes.....7-9 oz. **\$3⁴⁹**

Corn King Hickory Smoked Bacon **2/\$5** 16 oz.

<p>1015</p> <p>John Morrell Pork Sausage Rolls 12 oz.</p> <p>\$1⁰⁰</p> <p>Limit 10 per family with coupon at Super One thru October 4, 2014</p>	<p>1025</p> <p>John Morrell Polish Sausage or Smoked Sausage 9 oz.</p> <p>\$1⁰⁰</p> <p>Limit 10 per family with coupon at Super One thru October 4, 2014</p>	<p>1035</p> <p>John Morrell Skinless Franks 12 oz.</p> <p>\$1⁰⁰</p> <p>Limit 4 per family with coupon at Super One thru October 4, 2014</p>	<p>1045</p> <p>Oscar Mayer Snack Size Lunchables 3.2-4.5 oz.</p> <p>\$1²⁵</p> <p>Limit 10 per family with coupon at Super One thru October 4, 2014</p>
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<p>California Red Ripe Strawberries 16 oz.</p> <p>\$1⁹⁹ ea.</p>	<p>Jumbo Sweet Ripe Pineapple</p> <p>\$2⁹⁹ ea.</p>	<p>Washington Bartlett Pears</p> <p>89¢ lb.</p>	<p>Washington Premium Honeycrisp Apples</p> <p>\$1⁹⁹ lb.</p>	<p>Fresh Garden Cello Carrots 2 lb. bag</p> <p>99¢ ea.</p>	
	<p>Fresh Hass Ripe Avocados</p> <p>99¢ ea.</p>	<p>Fresh Tender Green Asparagus</p> <p>\$2⁹⁹ lb.</p>	<p>Jumbo Vine Ripened Tomatoes</p> <p>99¢ lb.</p>		



September 28 - October 4 Sandwich Special
Meatball Sandwich w/Side \$5.99

Check out our specials on facebook!

Deli Hours:
7am-7pm All Week

MEATS

Hickory Smoked Turkey **\$5⁵⁵** lb.
Hard Salami **\$5²⁵** lb.
Pepperoni **\$5²⁵** lb.

CHEESES

Colby **\$4⁶⁵** lb.
Mrs. Gerry's Pepperoni Pasta **\$2⁸⁵** lb.
All Crunchmaster Crackers 4.5 oz. **\$3¹⁵** ea.


OKTOBERFEST

At Stewart's Super One Deli From Oct. 13 – Oct. 17
A New Lunch Dish Every Day Of The Week

Fresh Bakery

All Made From Scratch By **Our Bakery**

FRENCH BREAD 1 lb. loaf **\$1²⁹**
WHEAT DINNER ROLLS..... doz. **\$1⁷⁹**
WHITE OR CHOC. CAKE 8x8 **\$4⁹⁹**
GLAZED APPLE FRITTERS..... ½ doz. **\$2⁴⁹**



Dairy

Land O Lakes Chocolate Milk 1 gal. **\$2⁹⁷**
Land O Lakes Cottage Cheese..... 22 oz. **\$2⁴⁸**
Crystal Farms Deli Style Sliced Cheese..... 8 oz. pkg. **2/\$5**
Essential Everyday Chunk Cheese 8 oz. block **\$1⁸⁸**
Essential Everyday Shredded Cheese.....8 oz. pkg. **\$1⁸⁸**
Essential Everyday String Cheese 24 oz. pkg. **\$5⁹⁹**
Oikos Greek Yogurt.....5.3 oz. cup **5/\$5**
Essential Everyday Spread 15 oz. tub **98¢**
Essential Everyday Bagels 14.25 oz. pkg. **98¢**
Essential Everyday Cream Cheese.....8 oz. block **98¢**
Essential Everyday Orange Juice.....64 oz. carton **2/\$4**
Florida's Natural Orange Juice..... 89 oz. bottle **\$4⁹⁹**

Frozen

Shoppers Value Ice Cream 56 oz. pkg. **\$1⁸⁸**
Dove Ice Cream Bars..... 8.67-10.5 oz. pkg. **2/\$5**
Snickers Ice Cream Bars..... 6 pack box **2/\$5**
Stone Ridge Ice Cream Sandwiches 12 count box **\$2⁹⁹**
Banquet Pot Pies 7 oz. pkg. **5/\$4**
Banquet Boneless Chicken12-15 oz. box **\$2²⁹**
Banquet Value Meals.....4.73-10.25 oz. pkg. **5/\$5**
Essential Everyday Whole Strawberries..... 16 oz. pkg. **\$1⁹⁹**
Essential Everyday Sliced Strawberries..... 16 oz. pkg. **\$1⁹⁹**
P.F. Chang's Entrées..... 22 oz. pkg. **\$6⁹⁹**
Marie Callender's Dinners..... 10-19 oz. pkg. **4/\$10**
Marie Callender's Pot Pies 16 oz. pkg. **4/\$10**
Drive Thru Sandwiches4.6-5.7 oz. pkg. **2/\$3**
Mr. Dee's Twice Baked Potatoes...10 oz. pkg. **2/\$4**
Mr. Dee's Hashbrowns.....24 oz. bag **2/\$4**
Birds Eye Vegetables (Corn, Peas, Green Beans, Broccoli or Mixed).....10-16 oz. pkg. **5/\$5**
Tony's Pizzeria Pizza 14.14-15.76 oz. **\$1⁷⁷**