





**Open 7 Days A Week**  
**5:00 a.m. - Midnight**  
Hwy. 11-71 West, International Falls, MN  
**283-8440**  
Visit our new website  
**superoneifalls.com**  
**PRICES IN EFFECT**  
Noon Sunday, January 4 - Saturday, January 10


Use our in-store ATM  
  
We reserve the right to limit quantities!

*Your only locally-owned Supermarket for over 50 years.*

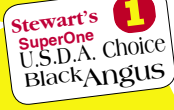
Meat Department - Fresh Meats Cut Daily



**T-Bone Steaks**  
U.S.D.A. Choice Black Angus  
**\$6<sup>98</sup>** lb.

**Sirloin Tip Steak**  
U.S.D.A. Choice Black Angus  
**\$4<sup>68</sup>** lb.

**Fresh Cut Bone-In Pork Country Style Ribs**  
**\$1<sup>78</sup>** lb.

**Sirloin Tip Roast**  
U.S.D.A. Choice Black Angus  
**\$4<sup>48</sup>** lb.

**Country Post Grade A Boneless Skinless Chicken Breasts**  
**\$2<sup>18</sup>** lb.

**Hormel Always Tender Pork Shoulder Roast**.....24 oz. **\$3<sup>99</sup>**

**Nathan's Famous All Beef Franks**.....14 oz. **\$2<sup>99</sup>**

**Hormel Little Sizzler Pork Sausage Links**.....12 oz. **3/\$4**

**Gold-N-Plump Original or Bacon & Cheddar Chicken Patties**.....2 lb. **\$6<sup>49</sup>**

**W.H.M. Stewart's Beef or Pepper Jack & Beef Summer Sausage**.....lb. **\$4<sup>89</sup>**

**Essential Everyday Batter Wrapped Corn Dogs**.....16 oz. **2/\$5**

**Land-O-Frost Sliced Canadian Bacon**.....6 oz. **2/\$5**

**Hormel Natural Choice Sliced Lunch Meats**.....6-8 oz. **2/\$6**

**Johnsonville Polish, Brat, Cheddar Brat or Smoked Sausage**.....12-14 oz. **2/\$6**

**Oscar Mayer Uploaded Lunchables**  
**2/\$6**  
14.1-15.5 oz.

1015

VALUABLE COUPON

Sugardale Premium Hot Dogs 12 oz.

**\$1<sup>00</sup>**

 **Meat Department**

Limit 10 per family with coupon at Super One thru January 10, 2015

1025

VALUABLE COUPON

Shoppers Value Cheese, Pepperoni, Supreme or Breakfast Pizza 4.5-5.25 oz.

**89¢**

 **Meat Department**

Limit 10 per family with coupon at Super One thru January 10, 2015

1035

VALUABLE COUPON

Shoppers Value Cheese Burger, Sausage, Chicken or BBQ Rib Sandwich 4.2-5.5 oz.

**\$1<sup>00</sup>**

 **Meat Department**

Limit 10 per family with coupon at Super One thru January 10, 2015

1045

VALUABLE COUPON

Lloyd's BBQ Beef, Pork or Chicken Tubs 15-16 oz.

**\$3<sup>99</sup>**

 **Meat Department**

Limit 10 per family with coupon at Super One thru January 10, 2015

**California Seedless Navel Oranges**  
**89¢** lb.

**Washington Jumbo Bartlett Pears**  
**99¢** lb.

**Washington Premium Gala Apples** 3 lb. bag **\$2<sup>99</sup>** ea.

**Fresh Ripe Blackberries** 6 oz. **2/\$4**

**Fresh Tender Green Baby Spinach** 6 oz. bag **2/\$4**


**Fresh Sweet Ripe Grape Tomatoes** 1 pint **2/\$4**

**Jumbo Sweet Yellow Onions** lb. **69¢**


**Fresh Snowwhite Sliced or Whole Mushrooms** 8 oz. **2/\$3**

**Premium Russet Potatoes** 10 lb. bag **\$2<sup>99</sup>** ea.





**January 4 - January 10**  
**Sandwich Special**  
Reuben w/ side \$5<sup>99</sup>

 Check out our specials on facebook!

**Deli Hours:**  
7am-7pm All Week


**DELI**

**MEATS**

HONEY TURKEY \$5.05 lb.  
BROWN TURKEY \$4.85 lb.  
PIT HAM \$3.95 lb.

**CHEESES**

BABY SWISS \$5.15 lb.  
COLBY \$4.65 lb.

**All Made From Scratch By Our Bakery**


**Fresh Bakery**


WHEAT BREAD.....1 lb. loaf **\$1<sup>49</sup>**

LARGE SUB BUNS ..... 1/2 doz. **\$2<sup>49</sup>**

CARAMEL ROLLS ..... 1/2 doz. **\$4<sup>99</sup>**

ASST. WHITE OR CHOC. CUPCAKES ..... doz. **\$6<sup>99</sup>**



**Dairy**

Land O Lakes Half & Half..... pint **95¢**

Tru Moo Chocolate Milk .....gallon **\$2<sup>98</sup>**

Essential Everyday Chunk Cheese .....8 oz. block **\$1<sup>88</sup>**

Essential Everyday Shredded Cheese..... 8 oz. pkg. **\$1<sup>88</sup>**

Frigo String Cheese ..... 10 oz. pkg. **\$3<sup>49</sup>**

Essential Everyday Grated Parmesan Cheese ..... 8 oz. canister **\$1<sup>99</sup>**

Essential Everyday Butter..... 1 lb. quarters **\$2<sup>49</sup>**

Essential Everyday Cream Cheese..... 8 oz. tub **2/\$3**

Chobani Greek Yogurt..... 5.3 oz. cup **5/\$5**

Dannon Danimals Yogurt Drink.....6 pack **2/\$5**


Dannon Light n' Fit Yogurt.....4 pack **2/\$4**

Noosa Yogurt.....8 oz. cup **2/\$3**

Imperial Spread.....45 oz. tub **\$2<sup>19</sup>**

Essential Everyday English Muffins..... 6 pack **99¢**

Minute Maid Pure Squeezed Orange Juice.....59 oz. bottle **\$2<sup>99</sup>**

**Frozen**

Shoppers Value Ice Cream..... 56 oz. pkg. **\$1<sup>99</sup>**

Stone Ridge Sundae Cones.....8 count pkg. **\$3<sup>99</sup>**

Gorton's Fish Sticks or Fish Portions .. 17.3-24.5 oz. pkg. **\$3<sup>99</sup>**

Essential Everyday Raspberries ..... 12 oz. pkg. **\$2<sup>99</sup>**

Lean Cuisine Entrées..... 5.25-10.87 oz. pkg. **5/\$10**

Essential Everyday Vegetables..... 16 oz. pkg. **99¢**

Essential Everyday Steamy Vegetables..... 12 oz. pkg. **99¢**

Eggo Sandwiches.....4 count pkg. **\$4<sup>99</sup>**

Pillsbury Scrambles and Toaster Strudel..... 7.2-11.5 oz. pkg. **\$1<sup>79</sup>**

Special K Flatbread Breakfast Sandwiches.....13.4-16.4 oz. pkg. **\$4<sup>99</sup>**