

Text the Word IFALLSSUPER1

To 77948 for American Customers.
Or 393939 for Canadian Customers
to receive our weekly specials &
ad right to your phone!

SuperOne FOODS 1

Open 7 Days A Week

5:00 a.m. - Midnight

Hwy. 11-71 West, International Falls, MN

283-8440

Visit our new website

superoneifalls.com

PRICES IN EFFECT

Noon Sunday, February 22 - Saturday, February 28



We reserve the right to limit quantities!

Your only locally-owned Supermarket for over 50 years.

Meat Department - Fresh Meats Cut Daily

LENT SPECIALS

Cannon Fish Co.
AHI Tuna Steak

\$3.99
5 oz.

Arctic Shores
**Wild Caught
Cod Fillets**

\$4.79
16 oz.

Arctic Shores
Farm Raised Tilapia

\$3.99
16 oz.

Arctic Shores
**Breaded
Calamari Rings**

\$3.99
8 oz.

Delica Sea
**Raw EZ Peel
Jumbo Shrimp**

\$9.79
16 oz. 16-20 ct.

Stewart's
SuperOne
U.S.D.A. Choice
Black Angus

**Bone-In Ribeye
Steak or Roast**

\$7.78
lb.

Stewart's
SuperOne
U.S.D.A. Choice
Black Angus

**Boneless
Rump Roast**

\$3.98
lb.

Fresh Cut
**Boneless
Pork Loin
Chops or Roast**

\$2.68
lb.

Tyson
**Family Pack
Split Chicken
Breasts**

\$1.28
lb.

Fresh Cut
**Bone-In Pork
Sirloin Chops**

\$1.68
lb.

USDA Choice Black Angus
Bottom Round Steak

\$4.28
lb.

Oscar Mayer
Original, Light, Garlic or
Jalapeno Bologna or
Cotto Salami 16 oz.

2/\$5

Gold'n Plump
Original, Lemon Pepper or
Garlic Ham Boneless
Skinless Chicken Breasts

\$5.99
2 lb.

Oscar Mayer
Original, Jumbo or
Bun Length Wieners.....16 oz.

2/\$5

Hormel
Fully Cooked
Meat Entrees 15 oz.

\$4.99

Oscar Mayer
Turkey Wieners, Smokies,
Jalapeno Dogs
or Bacon Dogs.....14-16 oz.

2/\$5

Quick & Eat
Fully Cooked
Pork Sausage Patties.....21.3 oz.

\$4.49

Oscar Mayer
Deli Fresh or Selects
Lunch Meat Tubs.....7-9 oz.

\$3.49

W.H.M. Stewart's
Mushroom & Swiss or
Wild Rice & Cheddar
Smoked Sausage Links

\$4.99
lb.

Ambassador
Big N' Meaty or
Big N' Cheesy
Summer Sausage.....

\$5.49
1.25 lb.

VALUABLE COUPON

Sugardale
Skinless Hot Dogs
12 oz.

75¢

1015

Essential Everyday
**Pillow Pack,
Pepperoni**
6 oz.

\$2.00

VALUABLE COUPON

Our Farm
Sliced Bacon
16 oz.

\$2.00

1025

Essential Everyday
Pork Sausage Rolls
16 oz.

\$1.00

VALUABLE COUPON

Essential Everyday
Pork Sausage Rolls
16 oz.

\$1.00

1035

Essential Everyday
Pork Sausage Rolls
16 oz.

\$1.00

VALUABLE COUPON

Essential Everyday
Pork Sausage Rolls
16 oz.

\$1.00

1045

TASTE OF SUMMER SALE!!



Del Monte
**Sweet Ripe
Cantaloupe**

69¢
lb.

Sweet
Mini
Seedless
Watermelon

\$3.99
ea.

Chile Grown
Red or Green
Seedless
Grapes

\$1.99
lb.

Driscoll
Red Ripe
Strawberries
16 oz.

2/\$5

Jumbo
Sweet
Ripe
Pineapple

\$2.99
ea.

Seedless
Sweet
Clementines
5 lb. box

\$5.99
ea.

Valley Grown
Red
Potatoes
20 lb. bag

\$3.99
ea.

Fresh
Dole
Premium
Head Lettuce

99¢
ea.

Fresh
European
Seedless
Cucumbers

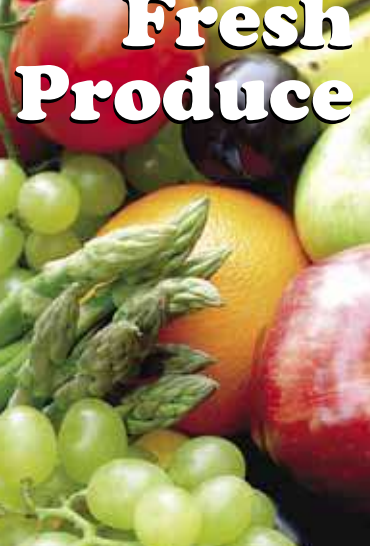
99¢
ea.

Fresh
Tender
Green
Asparagus

\$2.39
lb.

Fresh
Red-on-the-Vine
Tomatoes

\$1.49
lb.



DELI

February 22 - February 28

Sandwich Special

Meatball Sub w/ Side \$6.29

Check out our specials
on facebook!

Deli Hours:
7am-7pm All Week

MEATS

Kretschmar Turkey
Off The Bone \$5.75 lb.

Deli Turkey \$3.15 lb.

Pepperoni \$4.95 lb.

CHEESES

Colby \$4.75 lb.

Cojack \$4.75 lb.

Fresh Bakery

All Made From
Scratch By

**Our
Bakery**

WHEAT BREAD 1 lb. loaf **\$1.79**

WHITE DOLLAR BUNS doz. **\$1.99**

SUGAR COOKIES doz. **\$2.99**

8X8 CINNAMON SWIRL COFFEE CAKE..... ea. **\$3.69**



Dairy

Land O Lakes
Cottage Cheese.....22 oz.

\$2.79

Land O Lakes
Whipping Cream.....pint

\$1.88

Essential Everyday
Natural Slice Cheese 8 oz. pkg.

\$2.29

Dannon
Yogurt..... 6 oz. cup

10/\$5

Silk
Soy Milk..... 64 oz. carton

\$2.99

Almond Milk 64 oz. carton

\$2.99

Essential Everyday
Sour Cream..... 16 oz. tub

\$1.39

Essential Everyday
Butter 1 lb. quarters

\$2.29

Essential Everyday
Spread 15 oz. tub

89¢

Essential Everyday
Crescent Rolls 8 oz. tube

2/\$3

Cinnamon Rolls..... 12.4 oz. tube

\$1.99

Cruz
Flour Tortillas..... 12 oz. pkg.

\$1.99

Florida's
Natural Smoothies...33.8 oz. bottle

\$2.99

Florida's
Natural
Orange Juice 59 oz. carton

\$2.99

Frozen

Red Baron
Pizza 14.76-29 oz.

\$2.98

Tony's
Pizza 14.14-15.76 oz.

\$1.98

Pagoda
Egg Rolls & Appetizers..... 4.8-12.27

2/\$5

Stone Ridge
Creamery Ice Cream... 48 oz. pkg.

\$2.99

Kemp's
Ice Cream
Sandwiches 9-18 count pkg.

\$3.49

Kemp's
Sundae Cones 6 count box

\$3.49

Pepperidge Farms
Garlic Texas Toast.....11.25 oz.

2/\$5

Cheese Texas Toast 9.5 oz.

2/\$5

Garlic Bread 10 oz.

2/\$5

Gorton
Fish Sticks or
Fish Portions.....14-24.5 oz. pkg

\$3.49

Essential Everyday
Blueberries..... 12 oz. bag

2/\$4

Bertolli
Frozen Bagged Dinners....24 oz. pkg.

\$6.49

Smart Ones or Weight Watchers
Entrees 6.25-10.5 oz. pkg.

5/\$10

Stouffer's
Family Size
Entrees 29.5-40 oz. pkg.

\$6.99

Essential Everyday
Steamy Vegetables..... 12 oz. bag

5/\$5

Vegetables..... 16 oz. bag

5/\$5

(Peas & Carrots, Mixed Vegetables, Crinkle Cut Carrots, Cauliflower,
Cut Green Beans, French Style Green Beans, Peas, Corn, Broccoli)

5/\$5

VALUABLE COUPON

DAIRY

1110

Essential Everyday
**Shredded
Cheese**
8 oz. pkg.

\$1.50
each



Limit 2 per family with coupon at Super One thru February 28, 2015

DAIRY

1120

Essential Everyday
**Chunk
Cheese**
8 oz. block

\$1.50
each



Limit 2 per family with coupon at Super One thru February 28, 2015

DAIRY

1130

Land O Lakes
**Orange
Juice**
1/2 gallon plastic bottle

\$1.00
each



Limit 2 per family with coupon at Super One thru February 28, 2015

DAIRY

1140

Essential Everyday
**Garlic
Bread**
10 oz. pkg

\$1.00
each



Limit 2 per family with coupon at Super One thru February 28, 2015