

Your only
Locally-owned
Supermarket for
over 50 years.



PRICES IN EFFECT NOON

Sun., January 19 - Sat., January 25

Open 7 Days A Week 5:00 a.m. - Midnight
Hwy. 11-71 West, I. Falls, MN
283-8440 • www.s1foods.com

NO CLIPPING NECESSARY 1010  Essential Everyday Hot Cocoa Mix 10 envelope box 66¢ each Limit 2 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1020  Folgers Coffee 10.3-11.3 oz. can (excludes decaf) \$2.66 each Limit 2 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1030  Essential Everyday Sloppy Joe Sauce 15 oz. can 66¢ each Limit 4 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1040  Hunt's Ketchup 24 oz. bottle 66¢ each Limit 2 per family with coupon at Super One thru January 25, 2014
NO CLIPPING NECESSARY 1050 FROZEN  Tony's Pizza 13.5-17 oz. \$1.50 Limit 3 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1060  Fresh From Our Bakery Hamburger Buns 8 pack 96¢ each Limit 2 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1070  Wishbone Dressings 16 oz. bottle \$1.66 each Limit 2 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1080  Western Dressings 16 oz. bottle \$1.66 each Limit 2 per family with coupon at Super One thru January 25, 2014
NO CLIPPING NECESSARY 1090  Essential Everyday Marinades 12.25 oz. bottle 66¢ each Limit 2 per family with coupon at Super One thru January 25, 2014	100X1244 REDEEMABLE COUPON VALID: 1/19/14-1/25/14 RV0100 1100  Nabisco Rice Thins Gluten Free Crackers 3.5 oz. box \$1.46 Limit 1 per family with coupon at Super One thru January 25, 2014	MANUFACTURER'S COUPON VALID: 1/19/14-1/25/14 RV0100 1110  Crystal Light Liquid Water Enhancers 1.6 oz. bottle \$2.96 Limit 1 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1120  Essential Everyday Napkins 120 count pkg. 66¢ each Limit 2 per family with coupon at Super One thru January 25, 2014
200X1241 REDEEMABLE COUPON VALID: 1/19/14-1/25/14 RV0200 1130  Pompeian Olive Oil 16 oz. bottle 2/\$5 Must Buy 2 Bottles Limit 2 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1140  Essential Everyday AuGratin or Scalloped Potatoes 4.7 oz. box 66¢ each Limit 2 per family with coupon at Super One thru January 25, 2014	REDEEMABLE COUPON VALID: 1/19/14-1/25/14 RV0125 1150  Campbell's Condensed Soup/Red+White Label 10.5-10.75 oz. can 5/\$5 Must Buy 5 Cans Limit 5 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1160  Zesta Saltines 16 oz. box \$1.66 each Limit 2 per family with coupon at Super One thru January 25, 2014
NO CLIPPING NECESSARY 1170 DAIRY  Essential Everyday Bagels 14.25 oz. 76¢ each Limit 2 per family with coupon at Super One thru January 25, 2014	MANUFACTURER'S COUPON VALID: 1/19/14-1/25/14 RV0100 1180  Minute Maid Pure Squeezed Orange Juice 59 oz. bottle 2/\$3.50 Must Buy 2 Bottles Limit 2 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1190 FROZEN  Shoppers Value Ice Cream 56 oz. pkg. \$1.46 each Limit 2 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1200 FROZEN  Mr. Dell's Hashbrowns 24-30 oz. pkg. \$1.66 each Limit 2 per family with coupon at Super One thru January 25, 2014
NO CLIPPING NECESSARY 1015 Meat Department  Bars Jumbo Franks 16 oz. \$1.25 Limit 10 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1025 Meat Department  Land-O-Frost Sliced Canadian Bacon 6 oz. \$2.00 Limit 10 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1035 Meat Department  Lloyd's BBQ Pork, Beef or Chicken Tubs 15 oz. \$3.99 Limit 10 per family with coupon at Super One thru January 25, 2014	NO CLIPPING NECESSARY 1045 Meat Department  Tyson Any'tizers Breaded Chicken, Chicken with Sauce or Chicken Wings 22-28 oz. \$5.99 Limit 10 per family with coupon at Super One thru January 25, 2014

Pepsi & Pepsi Products 12 packs	3/\$11 - \$2 in ad coupon Final cost 3/\$9
Pepsi & Pepsi Products 2 liters	2/\$3.50
Aquafina Water 24 packs	\$3.99
Lipton Tea 12 packs	\$4.99
Frappuccino 4 packs	\$5.99
X-tra Liquid Laundry Detergent 75 oz.	\$2.69
Brawny Paper Towels single roll	5/\$5
Essential Everyday Bathroom Tissue 24 dbl. roll	\$3.98

Essential Everyday Hamburger Buns 8 ct.	\$1.39
Essential Everyday Hot Dog Buns 8 ct.	\$1.39
Sara Lee Classic White or Wheat Bread 16 oz.	\$1.99
Sara Lee Delightful Whole Wheat Bread 20 oz.	\$2.49
Sara Lee Delightful Multigrain Bread 20 oz.	\$2.49
Jif Peanut Butter 16 oz. jar	2/\$4
Smucker's Grape Jelly 32 oz.	\$1.88

FROZEN	
Pagoda Express Egg Rolls 12.27 oz.	2/\$5
Tony's Pizza 13.5-17 oz.	\$1.88
New York Garlic Texas Toast 11.25 oz. pkg.	2/\$4
Jose Ole Chimichangas 18 oz. pkg.	\$4.75
Taquitos 20-22.5 oz. pkg.	\$4.75
Mini Tacos 20 oz. pkg.	\$4.75

Frito Lay Nut Harvest Natural Nuts 5.5-6.75 oz.	3/\$10
Cantinas 9-12 oz.	2/\$6
Frito Lay Natural Ruffles 8 oz.	2/\$7
Cheetos 8 oz.	2/\$7
Lays 8.5 oz.	2/\$7
Tostitos 9 oz.	2/\$7
Frito Lay Family Size Tostitos, Lays or Fritos 13.3-19 oz.	\$4.49
Old Dutch Twin Pack Box Chips 10 oz.	2/\$5
Old Dutch Family Pack Flavored Potato Chips 13.5-14.5 oz.	\$3.79
Old Dutch Puffcorn 7-9 oz.	\$2.29
Sage Valley Organic Gluten Free Yellow or Blue Corn Tortilla Chips 9-14 oz.	2/\$5

Barilla Pasta 12-16 oz. box	4/\$5
Barilla Spaghetti Sauce 24 oz. jar	\$1.88
Ortega Taco Shells.. 12 count box	2/\$3
Ortega Taco Sauce 8 oz. jar	2/\$3
Ortega Salsa 16 oz. jar	2/\$3
Mrs. Cubbison's Croutons 5 oz. pouch	98¢
Campbell's Condensed Soup/ Red and White Label 10.5-10.75 oz. can	4/\$5

Chicken Of The Sea Premium Light Tuna 2.5 oz. pouch	4/\$5
Chicken Of The Sea Chunk White Tuna 5 oz. can	4/\$5
Starkist Solid White Tuna 5 oz. can	4/\$5
Chicken Of The Sea Pink Salmon 2.5 oz. pouch	4/\$5
Hellmann's Mayonnaise 30 oz. jar	\$2.98

CEREAL	
General Mills	
Honey Nut Cheerios 12.25 oz.	
Total 10.6 oz.	
Golden Grahams 12 oz.	
Cinnamon Toast Crunch..... 12.2 oz.	
Trix 10.7 oz.	4/\$8
Essential Everyday Fruit Snacks..... 4.8 oz. box	4/\$5
Kellogg's Nutri Grain Bars 7.4-10.4 oz. box	2/\$5

1201 | REDEEMABLE COUPON | VALID: 1/19/14-1/25/14 | RV0300

Save \$3.00

When You Purchase any 5
*Participating Quaker® Products.



*Participating Products include: Cap'n Crunch® and Life® Cereals, Quaker Ready-to-Eat Cereals, Quaker Instant Oatmeal, Quaker Juice and Old Fashioned Oats, Quaker Chewy® Granola Bars, Quaker Cookies, Quaker Breakfast Cookies, Quaker Shila Bars and Bits, Quaker Granola Bites, Quaker Oatmeal to Go, Aunt Jemima® Pancake & Waffle Mixes and Syrup, and Quaker Instant, Quick and Old Fashioned Grits. (Offer excludes individual sizes, trial sizes and Quaker Rice Syrup).

RETAILER: This coupon to be redeemed by RETAIL ACCOUNTING,
101 JEFFERSON AVE. SO., HOPKINS, MN 55343.

VOID IF COPIED, TRANSFERRED, PURCHASED OR
SOLD. ONE COUPON PER PURCHASE.

Take An Additional \$3.00 OFF of These Prices With Coupon From Above	
Quaker Cap'n Crunch..... 14 oz.	2/\$5
Crunch Berries..... 13 oz.	2/\$5
Peanut Butter Crunch 12.5 oz.	2/\$5
Life..... 13 oz.	2/\$5
Life Cinnamon..... 13 oz.	2/\$5
Life Maple Brown Sugar 13 oz.	2/\$5
Instant Oatmeal..... 8-12 count box	2/\$5
Oatmeal to Go Breakfast Bars..... 12.6 oz. box	2/\$5
Quaker Chewy Granola Bars ... 6.1-7.4 oz. box	4/\$8
Quaker Oatmeal..... 42 oz. canister	2/\$5
Aunt Jemima Pancake Mix 32 oz. box	2/\$4
Aunt Jemima Syrup 24 oz. bottle	2/\$5

Keebler Townhouse Crackers 9.5-13.8 oz. box	2/\$5
Keebler Vanilla Wafers..... 12 oz. box	2/\$5
Keebler Animal Crackers..... 13 oz. bag	2/\$5
Nabisco Family Size Snack Crackers..... 12-16 oz. box	2/\$6
Nabisco Family Size Chips Ahoy!..... 18.2-19.5 oz. pkg.	3/\$10
Nabisco Family Size Oreo's..... 19.1-20 oz. pkg.	3/\$10

Frito Lay Tostitos Salsa, Con Queso, Dips 15-15.8 oz.	2/\$6
Frito Lay XXVL Bagged Chips each	8/\$10
Frito Lay Variety Pack Chips 20 ct.	\$6.99
Frito Lay Lay's Potato Chips 9.5-10 oz.	3/\$10
Frito Lay Lay's Kettle Cooked Chips, Rold Gold Pretzels, Munchies 8-16 oz.	4/\$10
Old Dutch Popcorn 6 oz.	\$1.89
Old Dutch Arriba Nacho Cheese Tortilla Chips 12 oz.	\$1.88
Old Dutch Dutch Crunch Chips 8-9 oz.	\$2.79
M & M's 9.9-12.6 oz. bag.....	\$2.99
Fisher Dry Roasted Peanuts 14 oz. jar	2/\$4
Essential Everyday Snack Mix 8.75 oz. pouch.....	2/\$3
Essential Everyday Microwave Popcorn 6 pack box	2/\$4
Gulden's Spicy Brown Mustard 12 oz. squeeze bottle....	98¢
Bulls Eye BBQ Sauce 18 oz.	88¢
McCormick Country Gravy Mix 2.64 oz. pouch	5/\$5
Essential Everyday Applesauce 6 pack cups.....	2/\$3
Smucker's Strawberry Jelly 18 oz.	
Strawberry Preserves 18 oz.	
Peach Preserves 18 oz.	
Seedless Blackberry Jam 18 oz.	
Orange Marmalade 18 oz.	
Apricot Preserves 18 oz.	
Red Plum Jam 18 oz.	\$2.25
Seedless Strawberry Jam 18 oz.	
Apple and Eve Fruitable Drinks 8 box pack	2/\$5
Langers Apple Juice 64 oz. bottle	2/\$4
Dinty Moore Beef Stew 20 oz. can.....	\$2.25
Gedney Baby Dill Pickles 32 oz. jar.....	2/\$5
Early California Sliced Ripe Olives 2.25 oz. can.....	4/\$5
Early California Chopped Ripe Olives 4.25 oz. can.....	4/\$5
Kraft Homestyle Deluxe Dinners 12.6 oz. pkg.	2/\$4
Marzetti Slaw Dressing 16 oz. jar	\$2.79
McCormick Grill Mates Spices 2.5-3.5 oz. shaker jar ...	2/\$4
McCormick Black Pepper 4 oz. tin	\$3.19
Crisco Vegetable Oil 48 oz. bottle.....	\$2.79
Crisco Canola Oil 48 oz. bottle.....	\$2.99
Essential Everyday Popcorn Kernels 30 oz. pkg.	\$2.25
Essential Everyday Trail Mix 9-10 oz. pouch.....	\$2.25
Campbell's Soup at Hand 10.75 oz. can.....	4/\$5
Campbell's Microwaveable Soup 15.4 oz. tubs.....	4/\$5
Lipton Tea Bags 100 count box	\$3.49
S&W Red Kidney Beans 15.25 oz. can.....	
Chili Beans 15.5 oz. can	
Black Beans 15 oz. can	
Small White Beans 15 oz. can	
Gabanzo Beans 15.25 oz. can	
Cuban Black Beans 15 oz. can.....	78¢
Jalapeno Black Beans 15 oz. can	78¢
Essential Everyday Long Grain White Rice 1 lb. bag	78¢
Essential Everyday Long Grain Brown Rice 1 lb. bag.....	78¢
Dixie Heavy Duty Paper Plates 10"/24 count pkg. ...	2/\$4
Shout 22 oz. trigger bottle	2/\$5
Scrubbing Bubbles Cleaner 22 oz. bottle	\$2.79
Windex 26 oz. trigger bottle	\$2.79
Hefty Foam Plates 8 7/8" 50 count pkg.	\$1.88
Essential Everyday Tall Kitchen Bags 15 count box.....	98¢
Essential Everyday Garbage Bags 30 count box.....	\$1.29
Dove Bar Soap 6 bar pack.....	\$6.99
Palmolive Dish Detergent 25 oz. bottle.....	2/\$5