

COMMUNITY

A LOOK AT BORDERLAND

The Journal welcomes ideas for stories about people in our community.

Call the Journal at 285-7411

ROTARY GUEST



Ed Oerichbauer was the guest of Rotarian Shane Talley at a recent meeting of the International Falls Rotary Club. Oerichbauer is the director and chief executive officer of Koochiching Museums.

Help select 2013 Minnesota Family Physician of the Year

Annual award honors a specialist in family medicine

MAFP REPORT

The Minnesota Academy of Family Physicians is seeking nominations from patients to help select the 2014 Minnesota Family Physician of the Year.

If you feel that your family physician stands out in your community/clinic, cares for patients in an extraordinary way and deserves to be recognized for a job well done, please send a letter to tell us about your special family doctor.

The Family Physician of the Year Award is presented annually to a doctor who specializes in Family Medicine. This doctor should represent the highest ideals of the specialty. Dr. Donald Hughes of Aitkin was honored in 2013.

Nominations will be accepted in writing through Jan. 3, 2014. Nominators should write a letter describing how the candidate has made a difference in the lives of their patients. The letter should also explain the candidate's outstanding personal

and professional qualities and community involvement. Often times a person or group in a community will lead an effort encouraging multiple patients and colleagues to write on behalf of a particular family physician who they feel is doing exceptional work.

Nomination letters can be emailed to kthorson@mafp.org or mailed to the MAFP office at 600 S. Highway 169, Suite 1680, St. Louis Park, MN 55426. Questions should be directed to the MAFP office at 952-542-0130 or 800-999-8198 or online at www.mafp.org/awfamphysician.asp.

All letters/emails will be carefully read and considered by a task force of family physicians who will select up to four finalists. The MAFP Board of Directors will choose one physician to receive the 2014 Family Physician of the Year Award. The award will be presented to the recipient in April. Finalists will be listed on the MAFP website in mid-February.

Nominees must be members of the MAFP. While a majority of family physicians in the state are members, feel free to call or email if you would like to check on your physician's membership status before submitting a letter.

What is that blob on my plum branch?



Jesica CONRAD
MASTER GARDENER

Plums are the most common stone fruit grown in our area. Stone fruits are characterized by a hard "pit" at the center and include peaches, almonds, cherries and apricots. It's pretty tough to get stone fruits to grow here in Northern Minnesota but there are several varieties that soldier on. This article is about two of the most common stone fruit diseases.

Black knot (sounds like a heavy metal band) is caused by *Apiosporina morbosa*, on cherries, chokecherries, and plums. This happens during wet periods in spring on plants that have been previously affected by spores transmitted by wind or rain splashes. First appearing in the fall, one can see slight swellings or cracks in the outer bark where it overwinters. In the spring the bark ruptures and a light yellowish growth fills the cracks of the swollen area. Late spring brings an olive green layer of spores. By late summer or early fall of the next year the knots are hard and black and continue to grow girdling the branch.

Small, white blisters on immature fruit appear

first. These enlarge as the fruit develops surrounding the entire fruit. Interestingly, the entire fruit becomes abnormally large (three-four times its normal size), misshapen, with a thick, spongy flesh. A hollow pocket forms in the center of the fruit as the plum seed does not develop. Fruit develops a grey powdery fungal growth and eventually fruit falls off the tree.

Control of this disease is best accomplished by pruning in late winter before the new growth begins. Remove all infected branches three to four inches beyond the affected areas and discard away from the trees, bagging or burning the lesions. Continue to prune in spring as new swellings are seen in dry weather. University

of Minnesota Extension recommends a single spray of lime sulfur or Bordeaux mix before the buds swell in the spring. This is a common problem on wild cherries in our area.

Brown rot (*Monilinia fructicola*) is more of a problem in southern climes where the disease development is rapid in warm, wet, and humid weather, but with our climate changing here, one should be on the lookout. The North Dakota State University Plant Diagnostic Lab received reports of brown rot affecting stone fruits from Jim Walla, Research Tree Pathologist (NDSU, Department of Plant Pathology). He noted, "I have seen the shoot blight phase in Washburn, Fargo, and West Fargo, N.D., and Bemidji, Minn., in the last week. There was a lot in some of the situations." This was taken from the North Dakota State University Crop and Pest Report of June 2, 2011.

This fungus overwinters in dried affected fruit on the tree and ground. Spring arrives and spores are carried by wind and rain and by insects to blossoms and leaves where they start their damage. Leaves and twigs become brown as

they are covered by spore masses. One can't miss the brown rot that occurs on the fruit. If still green, small round light brown spots will be noted. Fuzzy masses of spores cover ripening fruit. They can rot in hours during wet weather and rot also can develop in storage.

Late fall and summer is when management should occur. Carefully remove all remaining fruit and affected twigs/branches away from your trees. If you suspect brown rot, contact the University of Minnesota Extension for instructions about chemical control products.

To find reliable information about gardening and other horticultural topics, go to the University of Minnesota Extension website <http://www.extension.umn.edu/gardeninfo/>. Local master gardeners will also answer your gardening questions via our free voice-mail service. Call 444-7916, leaving your phone number, name and the nature of your question. A volunteer master gardener will give you a call.

LOOKINGBACK

25 YEARS AGO

Tony and Kellie Wiley, Moab, Utah, proudly announce the arrival of their first child, Sean Michael, born today.

Donald L. Carrier has retired from Boise Cascade after 36 years service. He was the yard supervisor at the International Falls mill.

40 YEARS AGO

William Morinville of Papermakers Colony has been elected president of the Virginia Deanery of the Pastoral Council of the Catholic Diocese of Duluth.

Grand opening of the Larco Supper Club at the Rex Hotel. Northern Minnesota's finest dining and dancing night club. Unique tableside cookery of Larco's Food and Beverage Director Rudy Roxas. Leonard "Bud" Pelland has returned to the Falls and will serve your favorite beverage in the North Star Lounge at the

Rex Hotel. Entertainment by "Jody Lynn" and the "Jonquills."

50 YEARS AGO

A boy was born today at Falls Memorial Hospital to Mr. and Mrs. Walter Ettestad, Bradley Gordon, 8 pounds, 9 ounces.

Norman Scholta of Loman was pleasantly surprised Thursday evening when friends and relatives called to help him celebrate his birthday.

Gay Ethan, a black Morgan stallion owned by Vic and Joyce Soboleski, Riverview Stables, has been sold into California to the James E. Wagoner family of Modesto. The Wagoners chose Gay Ethan to be senior sire of their Morgan breeding operation.

Mrs. Sally Larson, Falls Memorial Hospital medical record librarian, has passed the accreditation examination for medical record librarian.

60 YEARS AGO

A son was born today at Falls Memorial Hospital to Mr. and Mrs. Kenneth Green, South International Falls; weight, 10 pounds, 2 ounces. Name chosen, Paul Alan.

A daughter was born today at Falls Memorial Hospital to Mr. and Mrs. James Long; weight, 7 pounds, 10 ounces. Name chosen, Valerie Donette.

A son was born today at Falls Memorial Hospital to Mr. and Mrs. Stanley Kroeger, 100 1/2 12th St.; weight, 5 pounds, 3 ounces.

Mr. and Mrs. E.J. Helmer of Loman were entertained Saturday evening at a dinner party at the Green Shingle by relatives and friends in honor of their 48th wedding anniversary.

70 YEARS AGO

Pvt. George Havluck, who is attending an Army intelligence school at Camp Savage, returned to camp

last night after a short visit with his mother, Mrs. Sophie Havluck.

A farewell party honoring Wilbur Simmons was given Sunday night at the home of Mrs. Harvey Long of Papermakers Colony. Mr. Simmons left Monday for Fort Snelling where he will be inducted.

The Rev. Marshall Owen Eck, son of Ed Eck, was recently elected minister of the Federated Church at Marlboro, N.H., where he preached his first sermon Oct. 1. The Rev. Eck attended both grade and high school here.

Mrs. Lucille Maki arrived this morning from Portland, Ore., to visit her parents, Mr. and Mrs. Thomas Pollard. Mrs. Maki has been employed in the shipyards in Portland for seven months.

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 Dean McHurray Psychic/Medium 10:30-11:30pm	 Lisa Howard Psychic Intuitive, Empath & Clairsentient 12:00-12:30pm	 Tami Muska-Flach Certified Hypnotherapist & Reiki Master 1:00-1:30pm	 Shimen Averhoff Reiki Master Teacher, Certified Crystal Healer, Intuitive Aura Reader 2:00-2:30pm
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