

SPORTS



Emo Speedway

DePiero and Paull take
WISSOTA feature wins

B2

QUICK HITS

Backus Rainy Lake Triathlon on Sat.

The second “Backus Rainy Lake Triathlon” will be held at 9 a.m. Saturday when the annual swimming, running and biking event will start and end at City Beach.

The event, which is sponsored by the Backus Community Center, begins with a quarter-mile swim on Rainy Lake at City Beach, followed by biking 11 miles from City Beach to Jackfish Bay and back and then a 5-kilometer run starting and ending at City Beach on County Road 20.

The triathlon is open to ages 13 and older with the entrants able to compete as an individual, team of two or team of three.

The registration fee is now \$60 per person, \$110 for a two-person team and \$145 for a three-person team. Race-day registration begins at City Beach at 8 a.m. Saturday.

The registration forms, which are available online at www.rainylakeraces.com or www.backusab.org, may be also mailed with the fee to: Backus Community Center, 900 5th St., International Falls, MN 56649; or email: hoasobczynski@backusb.org.

For more information, call Backus at 285-7225.

Bass Dash 5K Run/Walk set for Aug. 24

The third annual “Bass Dash 5K Run/Walk” will be held at Smokey Bear Park starting at 9 a.m. Aug. 24, the Saturday of the ninth annual International Falls Bass Championship.

The 5-kilometer course, which will finish inside the main tent at the park, is the same as last year.

Medals will be awarded to the top-three males and females in seven age divisions.

The run/walk entry fee is now \$25. Registration forms are available at www.ifalls-bass.com and at the Chamber of Commerce and Stride Fitness.

Registrations may be mailed with checks payable to: International Falls Bass Dash, P. O. Box 906, International Falls, MN 56649.

Registration/shirt pickup will take place at the Smokey Bear Park Pavilion from 6-8 p.m. on Aug. 23 and from 7:30-8:30 a.m. on race day.

For more information, contact Betsy Brokaw at 324-0665, or email ifbassdash@yahoo.com.

Falls Kart Club go-kart results Aug. 8

Go-kart races took place last Thursday at the Falls Kart Club/Rainy Lake Oil Raceway with the feature results in the following classes:

Beginner — Garret Froemke, Brady Nicholson.

Junior 1 — Jake Froemke, Justin Besch, Raice Westover, Tanner Williamson, Brady Nicholson.

Junior 2 — Gina Boyum, Wyatt Boyum, Shane Nicholson, AJ Kellar, Taylor Turcotte, Jyllian Westover, Tyler Venerus, Cameron Netland.

Senior — Wyatt Boyum, Aaron Nelson, Cole Turcotte, Tyler Venerus, Ashley Jonson.

Master — Aaron Nelson, Kelly Steele, Rusty Mai, Chad Jonson, Bill Norton, Paul Joslyn, Blair Plourde, Mike Nelson.

Heavy — Rusty Mai, Mike Christianson, Bill Norton, Jon Froemke, Dane Olson, Mike Nelson, Chad Jonson.

This week’s go-kart races at the Falls Kart Club/Rainy Lake Oil Raceway will be held tonight because the Borderland Kart Racing Club is racing Thursday night to accommodate the Emo Fair.

VFW BASEBALL

Falls eliminated at state in two straight

Season ends for Falls with 20-7 overall record

JOURNAL STAFF REPORT

The season ended for the International Falls VFW baseball team in day one of the four-day state tournament.

The Falls opened the 10-team, double-elimination tournament Thursday morning by being shut out by Hutchinson, 3-0, in Ely.

Both teams only accounted for nine hits combined over seven innings. Ben Humbert recorded the pitching loss for the Falls, which could only muster four hits off Hutchinson pitcher Jayden Fleck.

After Hutchinson left the bases loaded in the opening inning, the first run crossed the plate in the bottom of the second when a pitch got away from Falls catcher Jack Mellstrom.

Hutchinson took a 2-0 lead in the bottom of the

third by loading the bases with two hits and a walk and then driving in a run on a Jayden Juergensen sacrifice fly.

Hutchinson added another run in the bottom of the sixth with two singles from Juergensen and Cody Rosales.

Hutchinson, which ended up as the tournament’s runner-up to eventual state champion Maple Grove, advanced to the winners’ bracket game Thursday afternoon against Perham in Soudan. The Falls ended up in the losers’ bracket to face Brainerd in an elimination game late Thursday afternoon in Soudan.

BRAINERD 10, I. FALLS 5

The Falls fell behind by six runs after the top of the third before losing to Brainerd, 10-5, and being knocked out of the state tournament. Brainerd scored in all but the first inning.

The Falls finally got on the scoreboard in the bottom of the third when Cole Miggins doubled



FILE PHOTO

The Falls VFW’s Ben Humbert pitched the first game Thursday to open the state tournament in Ely against Hutchinson. Though Hutchinson recorded only five hits over seven innings, the Falls had only four hits of its own and lost, 3-0.

and scored on a double by Humbert, who later scored on a fielding error when Kevin Kilbride

reached base.

The Falls had several substitute players in the game in the bottom of the

sixth when the final three runs scored. Two of those runs crossed the plate on a hit by Mellstrom.

Wyatt Ulrich pitched the first 2 1/3 innings and recorded the loss for the Falls before being relieved by Miggins, who pitched the next 1 2/3 innings. Mellstrom closed out the final three innings. The Falls pitchers gave up 10 walks over seven innings.

Starter Quinn McElfresh recorded the pitching victory for Brainerd.

The Falls, which had won all seven of its games in sub-district and district tournament play combined going into the state tournament, ended the season 20-7 overall.

Game one

Hutch. 3, I. Falls 0
I. Falls 0-0-0 0-0-0 0-0
Hutch. 0-1-1 0-0-1 X-3
WP—Jayden Fleck;
LP—Ben Humbert

Game two

Brainerd 10, I. Falls 5
Brainerd 0-2-4 1-1-1 1-10
I. Falls 0-0-2 0-0-3 0-5
WP—Quinn McElfresh;
LP—Wyatt Ulrich



In front from left, Bronco cross country runners Eric Mathews and Lexi Owen do high-knee lifts at the start of Monday morning’s practice at the Falls High School track.



STAFF PHOTOS BY KEVIN BONESKE

In front, Falls senior quarterback Cody Hallin sits on the ground throwing the football next to head coach Jay Boyle in Monday morning’s practice outside Bronco Arena.

FHS fall sports practices begin

JOURNAL STAFF REPORT

The official start of fall practices began Monday for International Falls High School’s sports teams.

The Broncos’ volleyball team, which opens the season first Aug. 22 with a home match against Mountain Iron-Buhl, had more than 60 girls in grades 7-12 practicing Monday.

After not being able to even practice in its own swimming pool to get ready for last season, in which only one home meet was held after problems with the pool renovation work were finally remedied, Falls girls swimming and diving head coach Jill Herzig said the team is looking forward to hosting nine home meets in 2013.

The Broncos open the season Aug. 29 when they host Hibbing in the FHS pool. Their second home meet has been moved up to Sept. 3 against Grand



From left, Abby Kostiuk and Taylor Hebner get ready to dive into the FHS pool off of the starting blocks while Bronco girls swimming and diving head coach Jill Herzig looks on during Monday morning’s practice.

Rapids.

Practices for Falls’ boys and girls cross country teams are off and running with their first meet set for Aug. 29 at Virginia.

The Broncos’ football team, which will be kicking off the 100th season of high school football in the Falls, opens the season Aug. 30 at Eveleth-Gilbert.



From front to back, Bronco volleyball players Teagan Anderson and Hailey Fentem practice setting the ball off the wall in Monday morning’s practice in the Falls High School gym.