

# COMMUNITY NEWS

## Active Streets returns Wednesday

JOURNAL STAFF REPORT

Healthy outdoor activities for all will again come to the streets of International Falls on Wednesday. The intersection of Fourth Street and Ninth Avenue and one block in each direction will be closed to vehicles from 5 to 7 p.m., making room for street hockey, bicycle demonstrations, chalk art, and more.

“International Falls is joining a number of other Minnesota communities to encourage healthy outdoor activity for all ages,” explained Nancy Lee, public health supervisor at Koochiching County’s Public Health and Human Services Department and chair of the organizing committee. “This is the second of three Active Streets events planned this summer.”

The event will coincide with the Backus Community Market which runs from 4 to 6:30 p.m. and the Concerts in the Park in the Bandshell beginning at 7 p.m.

A light healthy dinner will be offered free at Backus Community Center while supplies last. Food service begins in the dining room at 5 p.m. Lee added that in the event of rain, Wednesday’s activities will move inside the Backus Community Center.

Active Streets, a project of the Koochiching County Public Health and Human Services Department and Healthy Northland, is made possible through support from the Statewide Health Improvement Program of the Minnesota Department of Health. Additional funding has been provided by the Center for Prevention at Blue Cross and Blue Shield of Minnesota.

A committee of local volunteers has helped to organize this summer’s activities. They have extended an invitation to individuals and organizations to participate in the Aug. 13 Active Streets event.

For more information, contact Nancy Lee, Koochiching County Health and Human Services, 283-7070.

## BORDERLAND BRIEFS

### LIBRARY PRESENTATION

A presentation by Richie Johnson, pioneer and prospector Cuyler Adams, is set for 1 p.m. Tuesday at International Falls Public Library. He tells his True Tale of Discovery — how he and his dog, Una, found the Cuyuna Iron Range — through songs, games and more. For ages 8 and up.

### VFW LADIES AUXILIARY

The regular meeting of the Ladies Auxiliary to Veterans of Foreign Wars Post 2948 is set for 7 p.m. Tuesday at the post dining room. The meeting is open to all ladies auxiliary members. A light lunch will follow the meeting.

### CLASS OF 1965

Falls High School Class of 1965 will gather for lunch at noon Wednesday at Island View Lodge.

## LOTTERY

<b>July 1 Daily 3</b> 5, 8, 0	<b>July 1 Mega Millions</b> 9, 22, 38, 47, 49
<b>July 1 Northstar Cash</b> 5, 7, 13, 27, 28	<b>Mega Ball</b> 15
<b>June 30 Gopher 5</b> 16, 18, 19, 24, 43	<b>June 28 Powerball</b> 8, 12, 34, 43, 56
<b>June 28 Hot Lotto</b> 1, 9, 18, 20, 21	<b>Powerball</b> 9
<b>Hot Ball</b> 14	

## CALENDAR

### TODAY

- Community Market, 9 a.m.-noon, Backus Third Street parking lot.
- Littlefork Ambulance Thrift Shop open, 10 a.m.-6 p.m.
- Falls High School Class of 1953 reunion, 3 p.m., AmericInn.
- Falls High School Class of 1962 get-together, 4:30 p.m., Thunderbird Lodge.
- Falls High School Class of 1984 30-year reunion, 6:30 p.m., Sha~Sha Resort.

### SUNDAY

- Open Discussion, 9 a.m., Alano Club.
- A.A., 7 p.m., Pineview Recovery Center.
- Sunday Night Into Action Group, Step and Tradition Study, (bring Big Book and Twelve by Twelve), 7:30-9 p.m., Borderland Alano Club.

### MONDAY

- Exercise, 10-11 a.m., Backus Auditorium gymnasium.
- Christina Giles book signing, “Aidan & His Magic Wand,” 10 a.m.-2 p.m., City Drug.
- Northland Art Society open, various arts, 10 a.m.-3 p.m., Backus, Room 114.
- Board Game Monday, 10:30 a.m.-12:30 p.m., International Falls Public Library.
- Hero Training Camp 2014 – Discover The Hero Within, 2-5 p.m., Evangelical Covenant Church.
- International Falls City Council, 4:30 p.m., Falls Municipal Building, council chambers.
- Weight Watchers — weigh-in, 5-5:30 p.m.; meeting, 5:30-6, Littlefork Lutheran Church.
- Women’s Non-Violence Group, 5:15-6:45 p.m., Friends Against Abuse office.
- Texas Hold ‘Em, 7 p.m., Moose Lodge.
- Cribbage, 7 p.m., Elks Lodge 1599.
- Alcoholics Anonymous, Women’s Step Study, 7 p.m., Coffee Landing Cafe.
- Indus Recreation Association, 7 p.m., Indus School library.
- Borderland Substance Abuse Court Alumni Recovery support group, 7:30 p.m., Alano Club, 410 Fifth Ave.
- Narcotics Anonymous, “How It Works” step gathering, 7:30-9 p.m., Alanon Club.

### TUESDAY

- Water Testing, 8 a.m.-noon, Koochiching County Health Department.
- Easy Enrollment Day, 9 a.m.-2 p.m, Rainy River Community College.
- WIC Clinic, 9 a.m.-5:30 p.m., Koochiching County Health Department.
- Koochiching Development Authority Board, 9:30 a.m.; Koochiching County Board of Commissioners following, Koochiching County Courthouse.
- Women of Holy Trinity Episcopal Church, 9:30 a.m., Coffee Landing Cafe.
- Bone Builders, 10 a.m., Woodland Apartments.
- Littlefork Ambulance Thrift Shop open, 10 a.m.-2 p.m.
- Northland Art Society open, various arts, 10 a.m.-3 p.m., Backus, Room 114.
- Falls Hunger Coalition Food Shelf open, 10 a.m.-4 p.m., 1000 Fifth St.
- Richie Johnson presentation, 1 p.m., International Falls Public Library.
- Immunizations, 1-5:30 p.m., Koochiching County Health Department.
- Alanon, 1:30 p.m., Zion Lutheran Church (283-3739, 283-8540).
- Hero Training Camp 2014 – Discover

The Hero Within, 2-5 p.m., Evangelical Covenant Church.

- TOPS MN34, 5 p.m. weigh-in; 5:45, meeting, Koochiching County Senior Center.
- Women’s Ministries, 5-7 p.m., The Salvation Army.
- Community Café, free meals served, 5:30-6 p.m., BBQ chicken, roasted potatoes with onions, corn, dinner roll, Backus Community Center.
- Beginner’s Tae Kwon Do, 5:45 p.m., Falls Elementary School gymnasium or cafeteria.
- Salad and Sandwiches Supper, 6 p.m., Moose Lodge.
- Women’s Support Group, 6:30-8:30 p.m., Friends Against Abuse office.
- Texas Hold ‘Em, 7 p.m., Moose Lodge.
- Veterans of Foreign Wars Post 2948 and Auxiliary, 7 p.m., Post Home.
- A.A./N.A., 7 p.m., Pineview Recovery Center.
- “Celebrate Recovery,” 7-9 p.m., Evangelical Covenant Church.
- BigBook Study, 7:30 p.m., Alano Club, 410 Fifth Ave.
- Non-smoking Alcoholics Anonymous Group, 7:30 p.m., Zion Lutheran Church.

### WEDNESDAY

- Recycling curbside collection, 8 a.m. - International Falls, Shorewood Drive and areas south of 11th Street and east of Highway 53; Ranier and lake district, east on Highway 11 to Almost Lindy’s.
- Boise Cascade Machinists Union Local 760 retirees, 9 a.m., Lenard’s.
- Immunizations, 9 a.m.-3 p.m., Koochiching County Health Department.
- WIC Clinic, 9 a.m.-4 p.m., Koochiching County Health Department.
- Sing and Play in the Park, 10-11 a.m., Ranier Park.
- Exercise, 10-11 a.m., Backus Auditorium gymnasium.
- Littlefork Ambulance Thrift Shop open, 10 a.m.-2 p.m.
- Northland Art Society open, various arts, 10 a.m.-3 p.m., Backus, Room 114.
- Wednesday Study Group, 10:15 a.m., Faith United Church of Christ.
- Falls High School Class of 1965, noon, Island View Lodge.
- Hero Training Camp 2014 – Discover The Hero Within, 2-5 p.m., Evangelical Covenant Church.
- Community Market, 4-6:30 p.m., Backus Third Street parking lot.
- Sunbeams and Girl Guards, 4:30-6 p.m., The Salvation Army.
- International Falls Public Library Board of Trustees, 4:30 p.m., library.
- Free At Last, 4:30-6:30 p.m., Forestland Annex, lower level conference room.
- Active Streets, 5-7 p.m., Fourth Street and Ninth Avenue (Backus Community Center in case of rain).
- Stories in the Park, 6 p.m., Eighth Avenue green space (near community gardens).
- Men’s Non-Violence Group, 6-8 p.m., Friends Against Abuse office.
- Elks Lodge Wednesday Meal, 6:30 p.m., summer barbecued chicken.
- Little Lambs (up to age 4) and King’s Kids (ages 5 and up), 6:30-7:15 p.m., Full Gospel Fellowship Church.
- Women of the Moose, 7 p.m., Moose Lodge.
- Koochiching Masonic Lodge No. 270, A.F. &amp; A.M., 7 p.m., 416 Third St.
- Texas Hold ‘Em, 7 p.m., Moose Lodge.
- Downtowners Group, 7:30 p.m., Alano Club.

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ACTIVE STREETS



**June 11 | July 9 | August 13 • 5:00—7:00 PM**

Bring your bike, skateboard, inline roller skates ...  
and your family to

**Fourth Street and Ninth Avenue for**



4:00-6:30 pm Backus Community Market  
5:00-6:00 pm Healthy Meal is served at  
Backus Dining Room

Funding for this project is provided by the Center for Prevention at Blue Cross and Blue Shield of Minnesota.  
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