

Your only
Locally-owned
Supermarket for
over 50 years.



PRICES IN EFFECT NOON
Sun., July 28 - Sat., August 3

Open 7 Days A Week 5:00 a.m. - Midnight
Hwy. 11-71 West, I. Falls, MN
283-8440 • www.s1foods.com

VALUABLE COUPON 1010

 Peter Pan
Peanut Butter
16.3 oz. jar

\$1.66

Limit 1 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1020

Essential Everyday
Grape Jelly
32 oz. jar

\$1.66 each

Limit 2 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1030

Essential Everyday
White Bread
1½ lb.

96¢

Limit 1 per family with coupon at Super One thru August 3, 2013

MANUFACTURER COUPON | VALID: 07/28/2013-08/03/2013 | RV0100 | 1040

Maxwell House
Coffee
28-31 oz. canister
Excludes Decaf

\$5.50

Yuban

Limit 2 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1050

Essential Everyday
Steak Sauce
10 oz. bottle

96¢

Limit 1 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1060

Essential Everyday
Tartar Sauce
12 oz. bottle

96¢

Limit 1 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1070

Nabisco
Honey Maid Graham Crackers
14.4 oz. box

2/\$5

Limit 2 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1080

Essential Everyday
Marshmallows
10-10.5 oz.

66¢ each

Limit 2 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1090

Essential Everyday
Chunk Light Tuna
5 oz. can

66¢ each

Limit 2 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1100

Essential Everyday
Mayonnaise
30 oz. jar

\$1.86

Limit 1 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1110

Essential Everyday
Salad Dressing
30 oz. jar

\$1.86

Limit 1 per family with coupon at Super One thru August 3, 2013


VALUABLE COUPON 1120

 Gatorade
32 oz. bottle

76¢ each

Limit 2 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1130

 Propel
Fitness Water
24 oz. bottles

76¢ each

Limit 4 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1140

Essential Everyday
Fabric Softener Sheets
40 count box

66¢ each

Limit 2 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1150

Essential Everyday
Mashed Potatoes
3.8-3.84 oz. pouch

66¢ each

Limit 2 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1160

DAIRY

Essential Everyday
Bagels
14.25 oz. pkg

86¢ each

Limit 2 per family with coupon at Super One thru August 3, 2013

Coke & Coke Products 12 packs **3/\$10**

Coke & Coke Products 2 liters **2/\$3**

Dasani Water 24 pack **\$3.99**

VALUABLE COUPON 1170

FROZEN

Essential Everyday
Whipped Topping
8 oz. tub

76¢

Limit 1 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1015

Banquet
Brown 'n Serve Sausage Links or Patties
6.4 oz.

\$1.00

Limit 10 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1025

Bar S
Jumbo or Bun Length Franks
16 oz.

\$1.25

Limit 10 per family with coupon at Super One thru August 3, 2013

Charmin
Bathroom Tissue 9 mega roll pkg. **\$10.88**

Bounty
Paper Towels 8 giant roll pkg. **\$10.88**

Tide 50 oz. bottle **\$5.88**

Essential Everyday
Fabric Softener Sheets ... 40 count box **88¢**

Ajax
Dish Detergent 14 oz. bottle **88¢**

Dawn
Dish Detergent 20-24 oz. bottle **\$2.88**

MANUFACTURER COUPON | VALID: 07/28/2013-08/03/2013 | RV0300

SAVE \$3.00

when you buy any THREE (3) CLAUSSEN or OSCAR MAYER Turkey Items:

- OSCAR MAYER Turkey Bologna (16 oz.)
- OSCAR MAYER Turkey Cotto Salami (16 oz.)
- OSCAR MAYER Turkey Franks (16 oz.)
- OSCAR MAYER Selects Turkey Franks (16 oz.)
- OSCAR MAYER Turkey Bacon (11.3-12 oz.)
- CLAUSSEN Pickles (20-32 oz.)

Limit 1 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1035

Farm Fresh
Batter Dipped Corn Dogs
16 oz.

\$2.00

Limit 10 per family with coupon at Super One thru August 3, 2013

VALUABLE COUPON 1045

Louis Kemp
Imitation Crab or Lobster
8 oz.

\$2.00

Limit 10 per family with coupon at Super One thru August 3, 2013

Keebler
Club Crackers 11-16 oz. box **2/\$5**

Keebler
Chips Deluxe Cookies... 10-14.8 oz. pkg. **2/\$5**

Keebler
Fudge Shop Cookies 6.6-15 oz. pkg. **2/\$5**

Keebler
Animal Crackers 13 oz. bag **2/\$5**

Keebler
Pecan Sandies 12.8-13 oz. pkg. **2/\$5**

Nabisco
Teddy Grahams 10 oz. box **2/\$5**

Peter Pan
Peanut Butter 16.3 oz. jar **\$1.88**

Essential Everyday
Grape Jelly 32 oz. jar **\$1.88**

Frito Lay
Rolled Gold Pretzels 10-16 oz. **2/\$5**

Tostitos 9-13 oz. **2/\$5**

Old Dutch
Flavored Potato Chips 8.5-9 oz. **2/\$4.44**

Old Dutch
Puffcorn 7-9 oz. **\$1.88**

Barrel O Fun
Rachel's Kettle Chips 8 oz. **2/\$4.88**

DAIRY

Land O Lakes
Sour Cream 16 oz. tub **\$1.48**

Land O Lakes
Half and Half pint **95¢**

Land O Lakes
Whipping Cream pint **\$1.88**

Land O Lakes
Milk 2%, 1%, Skim, Whole ½ gallon **2/\$3**

FROZEN

Stone Ridge
Premium Ice Cream 48 oz. scround **2/\$5**

Essential Everyday
Whipped Topping 8 oz. tub **88¢**

Essential Everyday
Vegetables
(Cut Green Beans, French Style Green Beans, Cream Corn, Whole Kernal Corn, Mixed Vegetables) 14.5-15.25 oz. can **2/\$1**

K.C. Masterpiece
Baked Beans 16 oz. can **88¢**

Essential Everyday
Chunk Light Tuna 5 oz. can **88¢**

Essential Everyday
Mashed Potatoes 3.8-3.84 oz. pouch **88¢**

Essential Everyday
Mayonnaise 30 oz. jar **\$2.25**

Essential Everyday
Salad Dressing 30 oz. jar **\$2.25**

Gatorade 32 oz. bottle **5/\$5**

Propel
Fitness Water 24 oz. bottle **5/\$5**

Old Orchard
Healthy Balance
Juice Cocktails 64 oz. bottle **2/\$4**

Old Orchard
Cran Naturals
Juice Cocktails 64 oz. bottle **2/\$4**

Sunny Delight
Raspberry Lemonade 64 oz. bottle **5/\$5**

Ocean Spray
Cranberry Lemonade 64 oz. bottle **2/\$3**

CEREAL

Kashi

Organic Promise Cinnamon Harvest .. 16.3 oz. box

Organic Promise Island Vanilla .. 16.3 oz. box

Organic Promise Autumn .. 16.3 oz. box

Organic Promise Strawberry .. 10.3 oz. box

Good Friends 13 oz. box

Go Lean 13.1 oz. box

Go Lean Crunch 13.8 oz. box

Vanilla Graham Cereal 13.2 oz. box

Blueberry Cereal 13.4 oz. box

Blackberry Hills Cereal 9.8 oz. box

Fruit Filled 15.6 oz. box

Indigo Morning 10.3 oz. box

Simply Maize 10.5 oz. box

Go Lean HAF 14 oz. box

Go Lean Crisp Cinnamon 14 oz. box

Go Lean Crisp Berry 14 oz. box

Heart to Heart 10.3 oz. box

Heart to Heart Cinnamon 12 oz. box

Kellogg's

Frosted Bite Size Mini Wheats ... 18 oz.

Mini Wheats Big Bite 18 oz.

Mini Wheats Crunch Brown Sugar ... 14 oz.

Mini Wheats Little Bites Original 15.2 oz.

Mini Wheats Little Bites Chocolate 15.2 oz.

Mini Wheats Little Bites Cinnamon Roll .. 15.2 oz.

Bite Size Mini Wheats Touch of Fruit 15 oz.

Bite Size Mini Wheats Maple Brown Sugar .. 15.5 oz.

Bite Size Mini Wheats Strawberry 15.5 oz.

Bite Size Mini Wheats Blueberry 15.5 oz.

Bite Size Mini Wheats Cinnamon 15.5 oz.

Post

Raisin Bran 20 oz.

Fruity Pebbles 11 oz.

Cocoa Pebbles 11 oz.

Alpha Bits 12 oz.

Honeycomb 12.5 oz.

Golden Crisp 14.75 oz.

Kellogg's
Pop Tarts 12 count box **2/\$5**

Essential Everyday
Fruit Snacks 4.8 oz. box **4/\$5**

Super Chill
Pop 2 liter bottle **88¢**

Essential Everyday
Sugar Free
Drink Mix 12 quart 1.5-3.2 pkg. **\$1.88**

Kool-Aid
Unsweetened 2 quart **7/\$1**

Essential Everyday
Sugar 4 lb. bag **\$1.88**

Frito Lay
Variety Pack Chips 20 cnt **\$6.99**

Lay's Potato Chips 9.5-10 oz. **2/\$6**

Lay's Kettle Cooked Chips 8-8.5 oz. **2/\$6**

Lay's & Tostitos Salsa & Dips 15-15.8 oz. **2/\$6**

Old Dutch
Twin Pack Chips 10 oz. **2/\$5**

Essential Everyday
Steak Sauce 10 oz. bottle **\$1.28**

Essential Everyday
Tartar Sauce 12 oz. bottle **\$1.28**

Sweet Bay Ray's
BBQ Sauce 18 oz. **\$1.29**

Weber
Just Add Juice Marinades 1.12 oz. envelope. **5/\$5**

Essential Everyday
Pudding Cups 4 count pkg. **88¢**

Essential Everyday
Mandarin Oranges 11 oz. can. **78¢**

Ocean Spray
Craisins 5 oz. pouch **\$1.88**

Essential Everyday
Strawberry Preserves 18 oz. jar **\$1.88**

Essential Everyday
Apricot Preserves 18 oz. jar **2/\$4**

Essential Everyday
Peach Preserves 18 oz. jar **2/\$4**

Essential Everyday
Seedless Strawberry Jam 18 oz. jar **2/\$4**

Essential Everyday
Seedless Blackberry Jam 18 oz. jar **2/\$4**

Essential Everyday
Marshmallows 10-10.5 oz. **76¢**

Minute Maid
100% Juice Drink Boxes 10 pack **\$3.49**

Essential Everyday
Chili with Beans 15 oz. can **5/\$5**

Essential Everyday
Sloppy Joe Sauce 15 oz. can **78¢**

Essential Everyday
Stuffed Green Olives 15 oz. jar **\$1.88**

Essential Everyday
Water Chestnuts 8 oz. can. **3/\$2**

Carlita
Tortillas 10 count 6 inch 10 oz. pkg. **78¢**

Taco Bell
Taco Seasoning Mix 1 oz. packet **2/\$1**

Filippo Berio
Olive Oil 16.9 oz. bottle **\$3.99**

Pringles 6-6.42 oz. **2/\$3**

Essential Everyday
Instant White Rice 14 oz. box **2/\$3**

Essential Everyday
Instant Brown Rice 14 oz. box **2/\$3**

Glade
Air Freshener 8 oz. aerosol can **3/\$3**

Glade
Solid Air Freshener 6-9 oz. pkg. **3/\$3**

Bounce
Fabric Softener Sheets 70-80 count box **\$3.89**

Downy
Liquid Fabric Softener 34 oz. bottle **\$3.89**

Cascade
Automatic Dish Washer
Detergent 45 oz. powder or gel **\$3.29**