LIFESTYLES

SHARE YOUR STORY

The Journal welcomes ideas for stories about people in our community who have gotten married, graduated, joined the military, etc.

Call the Journal at 285-7411

Pick up books for fall reading

Diane ADAMS

@ YOUR LIBRARY

Change is definitely in the air. The mornings have been crisp and we are beginning to see leaves change color. Make sure to stop by the library and get books for fall reading. Our Saturday hours from 10 a.m. to 3 p.m. are back for the school year.

Do you have some home improvement projects you want to get done before the weather gets too much colder? Be sure and take a look at our online resource, the "Home Improvement Reference Center." Designed to assist homeowners in do-it-yourself home repair, maintenance, and remodeling projects, Home Improvement Reference Center provides step-by-step instructions for thousands of projects in the areas of plumbing, outdoor, woodworking, electrical, and decorating in high-quality PDF files.

Additionally, thousands of articles from magazines and reference books provide tips and suggestions to supplement the step-by-step project instructions.

Before you make that big purchase, take a look at Consumer Reports online for the latest reviews, information about product safety and more. The online version of Consumer Reports contains more models and information not included in the paper editions.

Are you or your children working on learning a foreign language? If so, be sure and check out our online language resource "Powerspeak." This online tool takes language instruction to new levels of engagement and effectiveness, diminishing the fear and angst of learning a language by empowering users with a friendly, functional and contextual learning experience. You can learn Spanish, French, German, Russian, Mandarin Chinese as well as English for Spanish speakers.

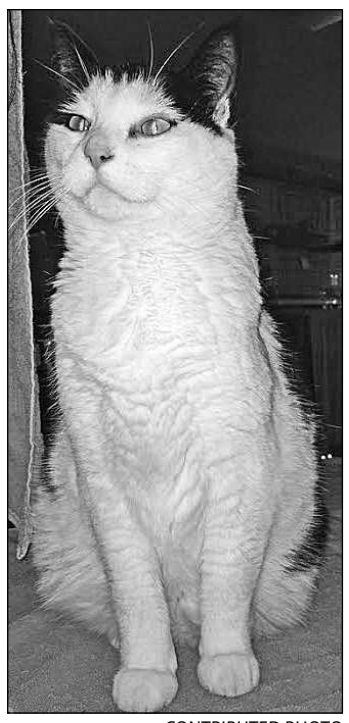
We've added a couple of other links to our resource page as well, take a look at http://internationalfallslibrary.us/resources and look at reputation management for important information about managing your online presence and what future employers might see. Look at ValueLine Expanded survey for investing data and DMV Practice tests to see if you are ready for the permit test. Overall, we have lots of links to valuable resources to help you whenever you need information.

Let us know via email or stop in and talk to us if there is information you'd like to see included on our website that isn't available today. We want the library website to be the place you go when you are looking for up-to-date, accurate information on whatever you geek!

Read a book today! We want all young children in this community ready to learn to read when they enter kindergarten. Being read to is a very important part of reading readiness, so we encourage everyone to find a preschool child and read to them.

The library has started a new program called "Reading Ready" that will provide children with free books every time they are read 250 books, or even the same book 250 times if that is what they want. Stop by the library and ask for a "Reading Ready" booklet for the pre-kindergarten children in your life. Start reading at birth and don't stop. You will be giving the children in your life a valuable start to their life.

PET OF THE WEEK



CONTRIBUTED PHOTO

Hello, my name is "Delilah." I am a pretty girl who likes to pretend she is a princess. I am the kind of girl who loves to be showered with affection and to be pet. Showing affection and talking to my people friends are just a couple of things that make me happy. One thing I have noticed I seem to do more than the other cats here at the Holding Facility, maybe because I am new, is I take in everything that is going on around me. I am a "watcher." I watch the actions of other cats, the crazy dogs that live beside me and of course the wonderful people that pay attention to me. This princess's dream is to find a castle of her own. Do you think you could share your castle with me? — Always, *Delilah*

For more information, visit the website at www.borderlandhumanesociety.org or call 218-324-2313 or 283-9276.

VFW Ladies Auxiliary Post 2948 meets

BY BETH M. JOHNSON

The regular meeting of the Ladies Auxiliary to Veterans of Foreign Wars Post 2948 was called to order at 7 p.m. Sept. 9 by president Pat Delapp with 14 members present.

Eighth District President Kathy Randall attended the meeting, along with her mother.

The opening ritual was held, roll call of officers conducted with Diane Kelly, conductress, pro-tem, and Tina Hofius, guard, pro-tem.

There were no petitions for membership.

The minutes from the August meeting, correspondence and the General Orders were read.

The treasurer's report was distributed to all members and filed, subject to audit.

The membership report was given by Linda Chezick. Dues are outstanding for 51 members. Chezick will send out the second reminder letter. Members are asked to continue collecting box tops for education and Campbell soup labels for the National Home for Children. A thank you was extended to Katie Valentine for making 22 shirt protectors for residents of Silver Bay Veterans Home.

Irene Anderson reported on Youth Activities, the Voice of Democracy essay and Patriots Pen essay contests.

Upcoming dates to remember include Patriots Day, Sept. 11; POW/MIA Day, Sept. 19; and Veterans Day, Nov. 11.

The Cancer Aid and Research report was given by Michele Dahlin. The Community Cancer Walk will be Oct. 4 at Bronco Arena. Dahlin is looking for members to form a team.

Volunteers are needed at the Post kitchen cleaning set for 10 a.m. Sept. 21.

Bingo will continue at the Post Tuesdays and volunteers are needed to provide lunch and snacks.

Anderson asked for assistance with Bingo at Good Samaritan Society-International Falls. Members are asked to consider making sandwiches or bars.

The Auxiliary donated a POW/MIA flag to the Voyageur Café/Motel. The flag will be presented on POW/MIA Day, Sept. 19, at 11 a.m. Members attending should wear POW/MIA shirts.

Randall conducted the annual auxiliary books inspection, which was passed.

Donations were made to the bake-less sale fundraiser for Debbie Tweet, Community Cancer Walk and Pennies for Play.

Door prize was won by Chezick.

The meeting concluded at 8:04 p.m. with closing ceremonies.

The next meeting is at 7 p.m. Oct. 14.

RLMC Auxiliary gathers for meeting

BY MARGUERITE DAVISON

Rainy Lake Medical Center Auxiliary President Sonia Wegge presided at the Sept. 2 meeting conducted at the hospital campus.

Plans were finalized for hosting the upcoming Oct. 2 fall meeting of the District B Hospitals to take place in International Falls.

The elliptical bike for the cardiac rehabilitation unit has arrived and a thank you letter was read from Dixie Pullar, rehab representative. Auxiliary members viewed the bike following the meeting.

A thank you letter was also read form Katie West, who was awarded the auxiliary scholarship.

Gift shop chairperson Helen Billig gave her report. New at the gift shop are ponchos, leggings and owls.

Wegge selected a nominating committee of Carolyn McDougall, Beverly Beck and Pam Hanson.

Upcoming events include an informative health fair sponsored by RLMC Sept. 23 at AmericInn. A luncheon for the Retired Senior Volunteer Program volunteers is planned for Sept. 30. The annual bake sale was tentatively set for Nov. 7.

The next regularly scheduled meeting of the auxiliary will be Oct. 7 at the hospital campus.

BIRTHS

Kadence Ryanne Frohman would like to announce the birth of her new baby brother, Daniel Dean Frohman, 2 pounds, 13 ounces, 14 ½ inches long, born Tuesday, Sept. 9, 3014, in Fargo, N.D.

Parents are Keith and Sara Frohman, Detroit Lakes.

Maternal grandparents are Sue Frohman (Kevin Donnaly), Detroit Lakes.

Paternal grandparents are Dan and Joni Carriveau, Littlefork.

The following births have been reported from La Verendrye General Hospital, Fort Frances, Ontario.

Born to:

Jake and Jenna Esselink (nee Heerema), Emo, Ontario, a son, Theodore Ayolt Esselink, 7 pounds, 7 ounces, Aug. 1, 2014.

Tashena Copenace, Morson, Ontario, a son, Kinew Moon Skye Copenace, 9 pounds, 7 ounces, Aug. 25, 2014.

MILITARY NEWS

Hielscher earns recognition

Capt. Bryan M. Hielscher recently earned recognition as the Headquarters Air Combat Command Directorate of Logistics' Company Grade Officer of the Quarter.

The award demonstrates professionalism and dedication to service.

United States Air Force Maj. Gen. John B. Cooper stated, "As big as our Air Force is, we rely on every individual to ensure mission success and Bryan is a great example of our core values of integrity, excellence and service before self. I feel fortunate to have him on our team."

Hielscher was transferred to Langley Air Force Base, Va., in March.

The Cooler Weather Is Upon Us
REMEMBER... Northern Star Cooperative Services
There are many benifits of being a member of Northern Star Cooperative Services!
Membership Has Its Benifits
- Being part of a team that is working toward a common goal; the betterment of the cooperative and its members.
- Having the ability to purchase a variety of goods and services at fair and competitive prices.
- Switch out your tank for our tank for **FREE!**
- Having access to programs and services that have been specifically designed with you, the member owner, in mind.
- To receive the benefits of patronage refunds on the purchases you make with Northern Star Cooperative Services.
- Current customers receive a **FREE** propane safety check!

Propane Programs to Fit Your Needs
- Volume Programs
- Seasonal Residence Programs
- Residential Programs
- Budget Billing Programs
- Scheduled Delivery Programs
- Pre-Pay Programs

PROPANE EXCEPTIONAL ENERGY®
Littlefork, MN 218-278-6682

PULL TABS • PULL TABS AVAILABLE • PULL TABS AVAILABLE • PULL TABS • PLAY PULL TABS
VFW Post
Friday & Saturday
Friday, Sept. 19
King of the Road
Saturday, Sept. 20
Live music by
Centre Line
Daily Specials
Mon. Taco Bar & Margarita's Tues. Late Night
Happy Hour Wed. Buckets of Beer & Free Pool
Thurs. Throw Back Beers Fri. Meat Raffle @ 6:30 pm
RENT OUR BANQUET ROOM FOR A GREAT RATE!
BINGO
Every Tuesday at 7 pm
Now Play Electronic Pull tabs & Bingo!
Reg. games still available
Mon. 6:30 pm - Whist • Wed. 6:30 pm - Gin
Sat. 2:00 pm - Cribbage
Play Pull Tabs • VFW 2948 Gambling Lic. #A-00071
PULL TABS • PULL TABS AVAILABLE • PULL TABS AVAILABLE • PULL TABS

BACKUS COMMUNITY CENTER
MEMBERS ONLY EVENT
Citizens for Backus/AB
Members are invited to attend
a Fantastic **EVENING OF JAZZ**
Wednesday, September 24 – 6:00 pm
Backus Auditorium
Complimentary Hors d'oeuvres and Beverages
Door Prizes
Become a Member of Citizens for Backus to enjoy this special Members Only evening
presented by
MYRON HAWRYLAK ~ GARY HOOKER
SCOTT ASKEY
Please RSVP to Backus (218) 285-7225
Backus is fully accessible to persons with disabilities
BACKUS Community Center
(218) 285-7225 | 900 5th Street | Int'l Falls MN
www.backusab.org | Facebook:Backus AB

Your Community. Your Newspaper
The Journal