

SPORTS

SENATHLETES

Who is...
Blair Johnson

The 17-year-old International Falls High School senior competes in a variety of individual and relay races on the Bronco girls swimming and diving team.

Birthday:
March 19, 1996

Future plans:
Graduate from both Falls High School and with my AA degree from Rainy River Community College, then go on to a four-year college.

What's on TV:
Duck Dynasty and Gossip Girl

Favorite movies:
Pitch Perfect

What do you drive:
2009 Saturn Vue

Favorite Web sites:
Twitter and Vine

Favorite meal:
My mom's cheesy potatoes

Biggest superstition:
I have to do certain stretches before each race.

Worst habit:
Shaking my legs

Talent I'd most like to have:
Be able to sing

Favorite athlete to watch:
Breanna Shofner

Dream date:
Cam Gigandet

Favorite team as a kid:
Minnesota Gophers

Favorite attribute about yourself:
Always seeking to improve

Least favorite attribute:
My procrastination

Favorite holiday:
Christmas

Your hero:
My dad

Top-three things on your bucket list:
Tour Europe.
Go deep-sea diving.
Ice skate in Central Park in New York during Christmastime.

Your motto:
If you work really hard and are kind, amazing things will happen.

Favorite memory about your high school career:
All the friends and people I have met over the years.

Favorite thing to do that has nothing to do with sports:
Spend time on Rainy Lake.



McBride competes in Special Olympics



CONTRIBUTED PHOTO

Former Falls resident Dylan McBride recently placed first in the 200-meter dash and long jump at the state Special Olympics in Stillwater and is eligible for further competition.

JOURNAL STAFF REPORT

Dylan McBride, former Falls resident and Bronco track team member, recently participated in the section and state Special Olympics at Stillwater.

At sections, McBride, a member of the Virginia Road Runners, placed first in the 100-meter dash, 200 dash, 200 relay and long jump.

At state, because of the strong finish at sections, the team was placed with the metro and suburb teams in the top division.

McBride's first competition at state was the 100 dash, in which he finished second for a silver medal. He then ran in the relay with his team finishing fifth.

In his next two events against competitors that are going to the nationals, he finished first for gold medals in the long jump and 200 dash. McBride is eligible for further competition with his first-place finishes in those two events.

"I was happy with how I finished, but I was real proud of how all the athletes gave their best in all the events," he said. "The whole weekend was cool as we had a big dinner/dance and I made lots of new friends and it was great to stand on the platform for medal awards.

"Being on the Bronco track team taught me lots of important lessons and helped me do as well as I did."

CROSS COUNTRY

Broncos third at Warroad Invite

JOURNAL STAFF REPORT

The International Falls boys and girls cross country teams both finished third at Monday's Warroad Invitational.

In the girls competition, Roseau had the top team score with 37 points, followed by Warroad (62), the Falls (76), Thief River Falls (85) and West Marshall (153) as the only teams with at least five finishers to place in the team standings.

The Bronco girls had two top-five individual finishes with freshman Lexi Erickson placing second on the 4,000-meter course in 15 minutes, 38 seconds, and senior Sydney Raboin coming in fifth in 16:02.

"The weather was not the best, but we did pretty well overall," Raboin said. "We just have keep working towards smaller gap times (between runners) and improving our personal bests."

Falls' other three finishers who counted toward the team score included: senior Lexi Owen, 17th in 18:15; freshman Lexi Edwards, 25th in 19:26; and junior Valerie Withers, 27th in 19:28.

Roseau also finished first in the boys competition with 17 points, followed by Thief River Falls (71), the Falls (86), Warroad (104) and Bagley/Fosston (116) as the only teams with at least five finishers.

The Broncos' top individual, senior Wyatt Ulrich, placed ninth on the 5,000-meter course in 19:15.

Falls' other four runners who counted toward the team total included: junior Cole Tatsak, 13th in 19:55; junior Ben Erickson, 18th in 20:41; junior Billy Brokaw, 21st in 21:17; and junior Gary Harala, 25th in 22:12.

The Broncos return to action Thursday at 4 p.m. in the Eveleth Lions Invitational.

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