

GENERATIONS

MAGAZINE

50+ Boomers & Seniors

GWINNETT SPRING/SUMMER 2019

A Lifestyle,
Health &
Active Aging
Magazine

enjoying
50+

Live longer
& volunteer!

**MEMORY-
BOOSTING
TIPS**

much to do
AND **see**

Home is where
the *heart* is
Senior Living with
Heartis Suwanee

the
Golden Games

Winning medals AND friends