

Schedule your  
**mammogram**  
today.



**LIVE** Your  
Healthiest **LIFE**

**October is Breast Cancer Awareness Month**, and there's no better time to schedule your mammogram. One in eight women will someday experience breast cancer. That's why preventive screening is a vital part of a healthy life. If you are 40 or older, a 3D mammogram can detect breast cancer early, when treatment is most effective.

Ask your provider if it's time for your mammogram — so you can live your healthiest life, this October and all year round.

Take our Breast Health Risk Assessment at  
[SovahHealth.com/mammo](https://SovahHealth.com/mammo)

**To schedule your mammogram, call**  
**Danville 434.799.3883 • Martinsville 276.666.7561**

