

Schedule your
mammogram
today.

A photograph of two women laughing and smiling outdoors. The woman on the left is wearing a light pink hoodie, and the woman on the right is wearing a red shirt and a red headband. They are both looking towards the right side of the frame.

LIVE Your
Healthiest LIFE

October is Breast Cancer Awareness Month, and there's no better time to schedule your mammogram. One in eight women will someday experience breast cancer. That's why preventive screening is a vital part of a healthy life. If you are 40 or older, a 3D mammogram can detect breast cancer early, when treatment is most effective.

Ask your provider if it's time for your mammogram — so you can live your healthiest life, this October and all year round.

Take our Breast Health Risk Assessment at
SovahHealth.com/mammo

**To schedule your mammogram, call
Danville 434.799.3883 • Martinsville 276.666.7561**

