

## BY THE NUMBERS

**45th**  
out of  
**50**

Colorado's dismal 2019 ranking among the states for the prevalence of serious youth mental illness, with 14.6% of 12 to 17 year olds or about 62,000 children, reporting at least one major depressive episode in the past year. That's an improvement from ranking 48th in the 2018 report.

SOURCE: 2019 STATE OF MENTAL HEALTH IN AMERICA BY MENTAL HEALTH AMERICA

**49th** out of **50**

Colorado's near-bottom 2019 ranking in youth substance disorders, affecting 6.73% of youth statewide. Colorado ranked worst nationwide for highest youth alcohol dependency and illicit drug use in the 2018 report.

SOURCE: 2019 STATE OF MENTAL HEALTH IN AMERICA BY MENTAL HEALTH AMERICA



**1 in 4**



El Paso County students felt so sad or hopeless almost every day for two weeks or more during the past 12 months that they stopped doing their usual activities. That was the second-highest rate in Colorado.

SOURCE: 2017 HEALTHY KIDS COLORADO SURVEY BY THE COLORADO DEPARTMENT OF PUBLIC HEALTH

**1** of every **6**

Suicides in Colorado by residents age 24 and younger took place in El Paso County between 2007 and 2017. That equated to 277 people.

SOURCE: STATE DATA