

ALL-COUNTY

GIRLS LACROSSE

Co-Offensive
Player of the Year

COLBY JOHNSON

URBANA, SENIOR, MIDFIELD
■ With fellow senior Josey Hines, Johnson formed one of most potent 1-2 punches in county history as the duo combined for 187 points. Take either one of them away, and Urbana would not have been the first Frederick County girls lacrosse team to win a state title. Opposing defenses often focused on trying to contain the Louisville commit, but she still found ways to get goals.
■ Led the Hawks in goals with 81 and also had 12 assists to finish with 93 points, which ranked third in the county. Also had 78 draw controls and 6 caused turnovers. In the 4A state quarterfinals, she scored what might've been the most important goal in team history when she sprinted the length of the field in the final seconds of regulation to lift the Hawks to an 8-7 win over a Broadneck team that had handed Urbana heartbreaking losses in the state finals the previous two years.
■ Earned USA Lacrosse Western Maryland Region All-American honors and was also an Academic All-American pick.



Co-Offensive
Player of the Year

JOSEY HINES

URBANA, SENIOR, ATTACK
■ With fellow senior Colby Johnson, Hines formed one of most potent 1-2 punches in county history as the duo combined for 187 points. Take either one of them away, and Urbana would not have been the first Frederick County girls lacrosse team to win a state title. If defenses focused on stopping Johnson, Hines often made them pay dearly. She also set up Johnson, among others, with passes, many fired from behind the net for catch-and-shoot opportunities.
■ Had team highs of 94 points and 38 assists, both of which ranked second in Frederick County. Her 56 goals were second on the team to Johnson. The East Stroudsburg commit also had 25 draw controls and 7 caused turnovers.
■ Earned USA Lacrosse Western Maryland Region All-American honors.



FIRST TEAM

LILY BROWN
SENIOR, ATTACK
MIDDLETOWN

■ Returning first-teamer and top offensive weapon for a Middletown team that reached the Class 1A state final. Led Frederick County in points with 104 (51 goals, 53 assists), showing an equal ability to score or set up others.



MEGAN COCCIA
SOPHOMORE, MIDFIELD
LINGANORE

■ Multi-faceted talent who helped the Lancers go 11-4 and reach the 3A state semis. Might've been the county's top player in the draw circle, where she won draws 67% of the time. Also a force on offense with 24 goals and 15 assists.



AVA CRUZ
SOPHOMORE, MIDFIELD
TUSCARORA

■ An offensive force who also provided critical feedback to coaches and teammates about what could be done to overcome obstacles on both sides of the field. Had a team-high 47 goals along with 10 assists and 73 draw controls.



Defensive Player of the Year
MADDY HARSHMAN

MIDDLETOWN, SENIOR, GOALIE
■ A reigning Defensive Player of the Year who helped lead the Knights to the state championship game for the second straight season. She was the most aggressive goalie in the county, often leaving the crease to disrupt attacks. One opposing coach said she was like a goalie and a defender all wrapped into one. She also possessed reflexes and tracking ability that allowed her to get more than 300 career saves.
■ Had a save percentage of 55 and a goals against average of 4.2.
■ Will continue her career at Florida Southern, a highly ranked Division II team.

SABRINA EATON
SENIOR, GOALIE
ST. JOHN'S CATHOLIC PREP

■ She was the quarterback and much-needed veteran presence for the Vikings' young defense. Had a save percentage of 56 and finished her stellar career with 483 saves. Earned IAAM All-Conference first-team honors.



AVA HOLLANDER
JUNIOR, ATTACK
LINGANORE

■ Top scorer for the Class 3A state semifinalist. Had a team-high 49 goals along with 13 assists, ranking high among the county's scoring leaders. Came up big in critical games to help the Lancers go on a deep postseason run.



SADIE KELLER
JUNIOR, MIDFIELD
THOMAS JOHNSON

■ A team captain and skilled player who helped TJ put together an 11-3 season, its best in recent memory. Had a team-high 45 goals along with 3 assists, 41 draw controls and 9 caused turnovers.



STELLA KERNS
FRESHMAN, ATTACK
CATOCTIN

■ Despite being double-, triple- and even quadruple-teamed, the freshman was the catalyst who helped the Cougars enjoy a solid 8-8 season. Led Frederick County with 67 goals and also had 17 assists to rank fourth in county scoring with 84 points.



MAKENZIE KILCOYNE
JUNIOR, DEFENSE
URBANA

■ She was the defensive cornerstone for Frederick County's first girls lacrosse state champ. In Urbana's backer defense, she was entrusted to back up whichever player pressured the ball. Had 27 ground balls and 26 caused turnovers.



AVERY LARSON
FRESHMAN, MIDFIELD
MIDDLETOWN

■ A six-footer whose height and wingspan allowed her to snag high passes that only she could reach and get draw controls. Ranked high on the county scoring list with 61 points (51 goals, 10 assists). Also had 51 draw controls, 22 ground balls and 16 caused turnovers.



REAGAN LEADER
SENIOR, DEFENSE
LINGANORE

■ Anchored the defense for a team that reached the Class 3A state semifinals. Led the Lancers in ground balls, made smart clears and utilized footwork, positioning and body defense to make it hard for opponents to get good looks at the net.



LEXI PETRIE
SENIOR, MIDFIELD
LINGANORE

■ A team captain whose leadership and ability, be it on offense or on the draw circle, was crucial for the 3A state semifinalist. With a knack for getting open, she had 34 goals and 7 assists to lead all Linganore midfielders in scoring.



LILLI PONTIUS
SENIOR, ATTACK
URBANA

■ Another key senior for the 4A state champion Hawks. She scored in each of Urbana's three state tournament games, including two in an 8-7 win over juggernaut Broadneck in the quarterfinals. Had 20 goals, 5 assists, 19 draw controls and 5 caused turnovers.



AVERY RAY
JUNIOR, MIDFIELD
OAKDALE

■ A returning first-teamer whose speed, relentless energy, aggressiveness and skill made her one of the county's top players once again. She led Oakdale in goals (32), points (37) and draw controls (61). Also had 13 caused turnovers and 10 ground balls.



QUINN WAGNER
FRESHMAN, MIDFIELD
MIDDLETOWN

■ Skilled newcomer whose ability in the draw circle allowed the Knights to routinely gain possession of the ball. Had 161 draw controls and also contributed 35 goals and 7 assists.



SECOND TEAM

NAME	SCHOOL	POSITION	GRADE
KAM APPEL	MIDDLETOWN	MIDFIELD	SENIOR
SYLVIA APSHAGO	FREDERICK	DEFENSE	SENIOR
IZZY BAHORICH	OAKDALE	MIDFIELD	JUNIOR
KAITLYN BELTRAN	MIDDLETOWN	DEFENSE	SENIOR
KIM BLAINE	LINGANORE	DEFENSE	JUNIOR
RILEY BOVA	OAKDALE	ATTACK	JUNIOR
DELANEY HOLT	URBANA	MIDFIELD	FRESHMAN
KATHERINE JOHNS	SIJCP	MIDFIELD	FRESHMAN
ESTHER KIM	FREDERICK	GOALIE	SENIOR
LAUREN MALANAPHY	THOMAS JOHNSON	MIDFIELD	SOPHOMORE
TAYLOR MALOY	THOMAS JOHNSON	GOALIE	JUNIOR
CORA MAYBERRY	URBANA	DEFENSE	FRESHMAN
CLAIRE MCMURRY	WALKERSVILLE	MID.-ATTACK	SENIOR
KATE MCMURRY	WALKERSVILLE	MIDFIELD	FRESHMAN
HADLEY MCQUAY	CATOCTIN	MIDFIELD	JUNIOR
REESE PAUL	URBANA	MIDFIELD	JUNIOR
KACIE PHILLIPS	MIDDLETOWN	ATTACK	JUNIOR
MADISON SMITH	LINGANORE	ATTACK	JUNIOR
KAITLYN STAIGER	OAKDALE	MIDFIELD	SENIOR

HONORABLE MENTION

Brunswick—Lila Broadrup, Clara Held, Lennan Humphries, Katie Parry, Lauren Ronk
Catoctin—Caryn Blum, Caroline Hoyt, Hanna Mosiychuk, Alaina Ridenour, Nora Weaver
Frederick—Collynn Ashley, Nora Davis, McKayla McNamee, Alaina Petruzzello, Tiffany Raines, Maleia Tull, Da'Myra Wallace, Jaz Wilson
Linganore—Laila Griffis, Brynn Groves
Middletown—Alana Orlando, Olivia Parmenter
Oakdale—Maggie Alt, Makenna Bales, Caroline Gunther, Ellie Kuhn, Brighton Schwiegerath
St. John's Catholic Prep—Avery Koenig, Kelsey Kowalczk, Izzie Piraino
Thomas Johnson—Abby Johnson, Emma Singer
Tuscarora—Tifiny Bawi, Etta Shupe
Urbana—Addison Queen, Savanna Swing
Walkersville—Kloe Bauchiero, Audrey Bauguess, Ellie Birth, Ellie Boston, Emily Coleman, Maddie Kittle, Lizzie Ridder, Jameson Walmsley, Ava Work

■ **Editor's Note:** Our All-County teams are selected by News-Post sports staff members based on observations, statistics and consultation with county coaches.