FAIRFAX COUNTY TIMES

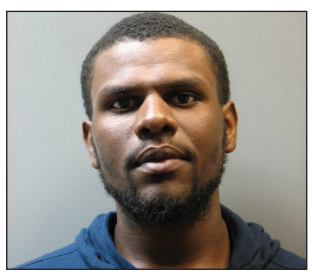
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MUSIC:
KENDALL STREET COMPANY HEADED TO JAMMIN JAVA
Page B3



Friday - Sunny *High:* 44° *Low:* 27° | *Saturday* - Mostly Sunny *High:* 44° *Low:* 23° | *Sunday* - Rain *High:* 45° *Low:* 23°

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Two Alexandria men arrested after pursuit, foot chase

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COURTESY PHOTO

The arts are in Fairfax

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UNSPLASH

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PETCONNECT RESCUE

Cat health month

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COURTESY PHOTO

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25¢ NEWSSTAND PRICE

Fairfax to make financial request for senior living project

By Rick Horner
FAIRFAX COUNTY TIMES

The Fairfax County Board of Supervisors recently approved a request for a loan from the Fairfax County Redevelopment and Housing Authority. The request being made is for the Authority to issue what is known as a housing blueprint loan in the amount of $4,450,000.

The funds will be used to finance the development of affordable senior housing that will be known as the Lodge at Autumn Willow. This project which is being is being developed by Michaels Development Company, a privately-held real estate development firm which is located in Camden, New Jersey. Michaels focuses on creating affordable and workforce retail residences and has done extensive work in the Washington D.C./ Virginia/ Maryland area.

The Lodge at Autumn Willow will include 150 units for independently living seniors in a two-story building that will be surrounded by a natural wooded setting. This setting will include surface parking for the residents and will be surrounded by a public park, pedestrian trails, and the Little Rocky Run streambed.

While just under 10 acres will be used for the project approximately five and a half acres will be used for the build and surrounding amenities in order to preserve trees native to the area ad a buffer zone that will line the north, east, and west ends of the property. There are also plans for additional planting to restore the native woodland as well as provide a visual buffer for the neighborhood's residents.

The Redevelopment and Housing Authority approved an intern agreement with Michaels Development in July 2020 through the Virginia Public-Private Infrastructure Act for the development of the project. The Act which is also known as the Virginia Condominium Act was passed in 2002 and grants public entities that are



COURTESY PHOTO

perceived as responsible the authority to create public-private partnerships for the development of a wide range of projects for public use.

The projects are approved when public entities such as the Authority determine that there is a need for a particular project to the public in a timely or cost-effective fashion. A more comprehensive agreement made between the Authority and Michaels Development in February 2021 gives a 99-year ground lease which gives ownership of the land to the New Jersey-based developer.

The agreement also gives Michaels tax credits through limited liability companies called Autumn Willow 4, LLC and Autumn Willow 9, LLC. These companies are named for the tax credits of four and nine percent respectively that Michaels will receive for the development.

The development will be located at 13090 Autumn Willow Drive which will be located in the south-east quadrant of the intersection of Stringfellow Road and Autumn Willow Road in the Springfield district. The construction will take place over an 18-month period which is expected to begin in Spring 2022.

Budget proposal announced, negotiations begin

Invest in Fairfax representatives gather for a press conference on February 23, 2021

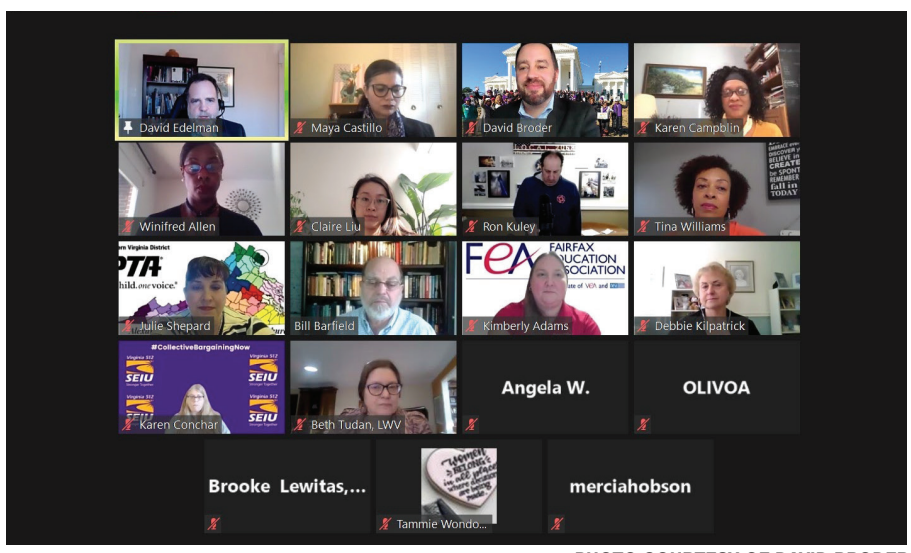


PHOTO COURTESY OF DAVID BRODER

By Brooke Lewitas
FAIRFAX COUNTY TIMES

Fairfax County Executives announced the fiscal year budget proposal on Tuesday, February 23, kicking off the process of revisions and civic involvement.

The proposed budget has important implications for all members of the community. One such point is that of real estate. County Executives proposed a one cent

See BUDGET, Page A4

POSITIVE VIBES with Brooke Lewitas



'Perseverance'

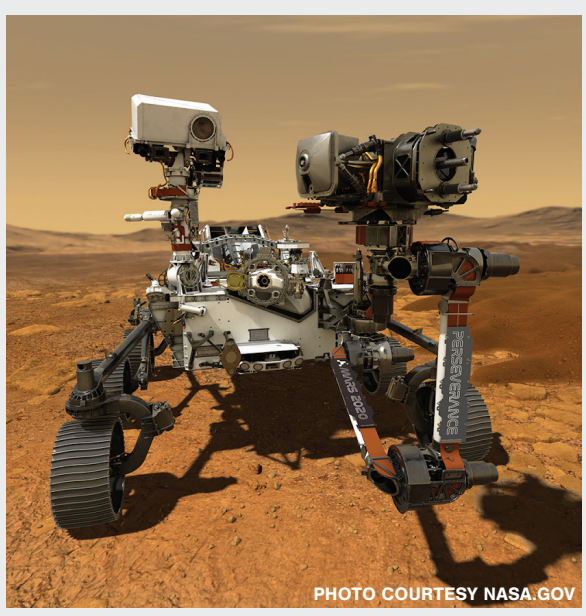


PHOTO COURTESY NASA.GOV

NASA's landing of the new Mars Rover 'Perseverance' is exciting for everyone, but has a special meaning to the Fairfax Community, and one Lake Braddock Secondary School student, Alexander Mather, in particular.

When Mather heard about NASA's naming contest, he saw an opportunity to "help the agency that put humans on the Moon and will soon do it again."

In a public outreach effort undertaken by NASA, Battelle of Columbus Ohio, and Future Engineers of Burbank, California, students were encouraged to send in

See NASA, Page A4



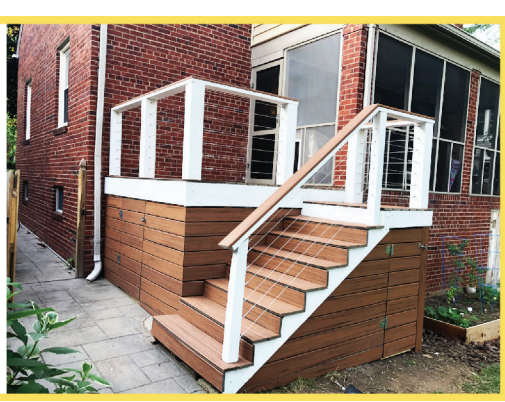
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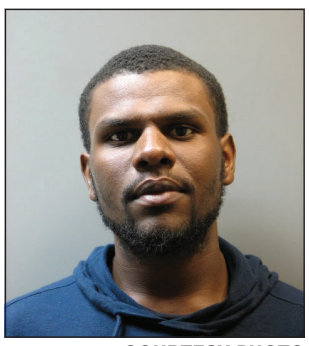
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PUBLIC SAFETY NOTES



COURTESY PHOTO

Ahmed Johnson.



COURTESY PHOTO

Kualie Crews.

Two Alexandria men arrested after pursuit, foot chase

A Fairfax County Police officer attempted to stop a 1999 Honda Accord for a traffic violation at Kingstowne and Manchester boulevards in Alexandria Feb. 24 at 6:56 p.m. but the driver refused, resulting in a pursuit.

The Honda crashed into another car causing non-life-threatening injuries to one passenger. The two occupants ran away but were caught by officers after a foot pursuit.

A loaded gun and narcotics were found inside the car. Ahmed Johnson, 24, of Alexandria, was charged with possession of a schedule I/II drug with intent to sell and resisting arrest. Kualie Crews, 23, of Alexandria, was charged with eluding, possession of a firearm with a schedule I/II drug, possession of a schedule I/II drug with intent to sell and resisting arrest.

Alexandria Police investigates indecent exposure cases in Del Ray area

The Alexandria Police Department is investigating several indecent exposure cases in the Del Ray neighborhood.

There have been approximately 10-11 cases of indecent exposure between May 2020 and February 2021. The incidents occurred on different streets including Mount Vernon Avenue and E. Glendale Avenue, and usually in the morning. The suspect's description has varied from case to case, making it hard to determine the number of suspects involved. In one case, Alexandria police's K-9 unit was able to track the suspect's scent for a short distance, but then lost it. There have been no injuries reported in any of these incidents.

The police department encourages anyone who is a victim or witnessed these incidents to call 9-1-1. If you live in the neighborhood, please review your security cameras and call police if there is suspicious activity.

Remember, if you "See Something, Say Something."

Call 9-1-1 immediately. Time is valuable. The sooner a victim or witness calls 911, the quicker officers will respond to the scene.

Encourage victims to speak up and call 9-1-1 to report the incident.

Share as many details as you can. Clothing, height, weight, hair and eye color. If you see a vehicle, note the make and model, color, license plate, and any distinguishing features (tinted windows, stickers, etc.)

If it is safe, snap a picture or record video.

Review your security camera video from about 30 minutes before and after an incident. Call police if you captured anything.

Detectives investigate fatal crash in driveway of Falls Church home

A 73-year-old woman died after being struck by a vehicle in the driveway of her home. Officers responded Feb. 21 at 5:45 p.m. to a home in the 6300 block of Lakewood Drive in the Falls Church section of Fairfax County. A man reported that his wife exited their 2006 Toyota 4Runner to assist him with backing the car into the driveway. The man lost control as he reversed, hitting her then the home. Catherine Ann Balsis, of Falls Church, was pronounced deceased at the scene.

Detectives from the Crash Reconstruction Unit continue to investigate the circumstances that led to the crash, but do not suspect foul play. Alcohol was not a factor.

Anyone with information about this crash is asked to contact the Crash Reconstruction Unit at 703-280-0543. Tips can also be submitted anonymously through Crime Solvers by phone – 1-866-411-TIPS (866-411-8477).

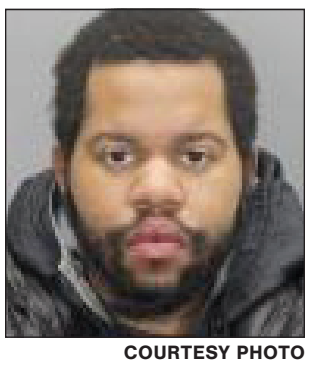
CBP warns of telephone scam

A new type of telephone scam is targeting residents nationwide in an attempt to gain their banking information.

U.S. Customs and Border Protection (CBP) is receiving reports from residents concerned about unsolicited calls from scammers posing as U.S. Border Patrol agents and CBP officers.

Residents report the calls include a pre-recorded message stating, "A box of drugs and money being shipped has your (resident's) name on it and it has been intercepted." The resident is instructed to press #1 to speak with a CBP officer or agent. The resident's banking information is then requested.

These calls are telephone scams/voice phishing attempts. Residents are urged not to provide the caller with any information. The Department of Homeland Security and CBP do not solicit money over the telephone. Residents who receive such calls should make a note of the number and any other pertinent details about the call, immediately hang up, and report the incident to the Federal Trade Commission online at https://reportfraud.ftc.gov/.



COURTESY PHOTO

Tyquawne Wright.

Alexandria man arrested after trying to enter vehicles

A witness called police after seeing a man trying to enter vehicles in the parking lot in the 5700 block of Callcott Way Feb. 25 at 5:22 a.m.

Officers arrived and arrested the man after a foot pursuit.

Tyquawne Wright, 30, of Alexandria, was charged with two counts of theft of credit card numbers, petit larceny, grand larceny and vehicle tampering.

Alexandria Police Department arrests one for high-speed race on I-495

The Alexandria Police Department arrested one suspect in connection with a high-speed vehicle race this weekend on I-495.

An alert APD supervisor on patrol in Old Town, observed and heard several vehicles with loud exhaust systems accelerating and slowing on I-495at approximately 11:15 p.m. Feb. 27. Upon receiving an alert from Virginia State Police about vehicles racing in the area of I-495 and Telegraph Road, Sergeant Ryan Waple positioned himself to observe three to four vehicles traveling in a group, positioning themselves to race. The drivers of two vehicles, including a silver Mustang GT, then revved their engines and accelerated. Waple followed with due regard for safety, as the vehicles reached speeds of 105MPH. At that point, he activated his emergency equipment and successfully stopped and apprehended the driver of the Mustang GT.

Edgar Lovos Granados was charged with racing and reckless driving by speed. The Mustang GT was impounded by the police department.

"This type of behavior is dangerous to anyone these drivers are sharing the road with and will not be tolerated," said Chief Michael L. Brown. "We want to commend Sergeant Waple for his effort to stop this reckless behavior."

APD has worked in coordination with Virginia State Police to address the speeding and racing issues with numerous speed education and enforcement efforts.

Former U.S. Air Force member sentenced for receipt of child pornography

A Virginia man who was dishonorably discharged from the U.S. Air Force was sentenced today to seven years in prison for receiving images of child sexual abuse and failing to maintain his sex offender registration as required.

"Bryson Miller not only accessed and retained thousands of videos and images of child sexual abuse from the dark web, but he also failed to update his sex offender registration while employed in a position in which he interacted with children," said Raj Parekh, Acting U.S. Attorney for the Eastern District of Virginia. "Protecting society's most vulnerable and innocent members—including children—is a top priority for EDVA and the Department of Justice."

According to court documents, Bryson McNeal Miller, 40, of Alexandria, received a substantial amount of child pornography over the course of several years by accessing sites on the "dark web." Miller retained thousands of these videos and images of child sexual abuse on various electronic devices in his possession. Additionally, Miller failed to maintain an accurate record of his employment with the Virginia sex offender registry, in that Miller failed to inform authorities that he was employed at a northern Virginia martial arts studio where some of his students were children. Miller was required to register as a sex offender due to a 2006 conviction for possession of child pornography while Miller was serving in the U.S. Air Force.

Raj Parekh, Acting U.S. Attorney for the Eastern District of Virginia, and James A. Dawson, Special Agent in Charge of the FBI's Washington Field Office Criminal Division, made the announcement after sentencing by Senior U.S. District Judge Claude M. Hilton.

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PEOPLE AND PLACES



COURTESY PHOTO

Jane Chappell.

Altamira Technologies appoints new CEO

McLean-based Altamira Technologies Corporation announced Feb. 26 the appointment of **Jane Chappell** as chief executive officer.

Chappell comes to Altamira after a most successful, decades-long career at Raytheon as vice-president of the Global Intelligence Solutions (GIS) mission area of its Intelligence, Information and Services (IIS) business. She was directly responsible for managing a significant portion of this multi-billion business. Prior to leading GIS, she led the IIS Business Development and Strategy efforts and was responsible for developing customer-focused strategies, partnerships, and driving competitive growth for the business. A graduate of Raytheon's Executive Leadership program, her proven track record includes winning large, strategic contracts with the most demanding of Intelligence Agencies, DoD, Civil and Homeland Security across both domestic and international markets.

"Jane's executive leadership and lifelong commitment to the national security mission will strengthen

Altamira's execution of critical customer programs," said Joe Wright, chairman of the Board at Altamira. "She has an incredible track record of success, and her proven abilities and deep appreciation of our customers' unique needs make her a perfect match to leverage the incredible talents and capabilities that already exist at Altamira. I would also like to thank Ted Davies, current CEO, who will be retiring from Altamira, for all of his vision, perseverance and success in building Altamira to the Company that it is today – we wish Ted all the best going forward."

"I look forward to working with the Altamira team to deliver mission critical solutions to their current customers and to expand the company's world class capabilities to new customers and programs," said Chappell

"Jane Chappell is the ideal leader to maximize Altamira's potential, especially in the most demanding areas of national security – space, missile defense, and cyber," said Peter Kuper, partner at ClearSky. "She has delivered exceptional results for decades across some of the most high-profile programs in the industry. I am delighted to have Jane on board to lead our talented workforce and to support the critical missions they serve."

Tysons-based HomeValet aims to change the future of shopping deliveries

An innovative product created by a Tysons-based company may change the way people get their groceries and other items delivered to homes.

Father and son team **John and Jack Simms** run **HomeValet**, a company reimagining the e-commerce delivery supply chain with its platform that connects retailers and couriers with a secure, temperature-controlled "Smart Box" outside of consumers' homes. The first of its kind secure Smart Box, software, and app allows 24/7 contactless and unattended delivery spanning everyday parcels, perishable groceries, and more.

Walmart is expected to test the product as early as this spring.

"It's an entirely new concept which solves some very serious issues with safety, security and convenience for e-commerce consumers," said John Simms, president, founder and CEO of the company. "It is comprised of an IoT SaaS [Internet of Things Software as a Service] platform to which retailers and couriers connect a consumer app and a smart appliance, or a Smart Box, that is located on the exterior of a home to receive packages and grocery deliveries."

HomeValet works by enabling its subscribers to schedule their online purchases for delivery to the Smart Box. A courier uses a security token to gain access to it. Grocery items are separated into freezer, refrigeration or ambient temperature compartments, as appropriate.

John Simms said he envisioned the HomeValet concept more than 20 years ago, but didn't begin launching the company in earnest until 3 years ago. He explained that his concept for HomeValet germinated back in the late 1990s when he saw a grocery delivery to a neighbor's home. It seemed like a novel concept at the time, Simms said, but unlikely to gain broad adoption because having to stay home and to take delivery during a particular time window is like waiting for the "cable guy".

"If you have to schedule the delivery and be at home to receive the delivery, that's really defeats the objective which is convenience," Simms said. After that he began writing a business plan and then pursued and obtained patents for a locked receptacle for deliveries that would be controlled over the internet.

"So it's been a long time coming. Now the ecommerce market is large and technology, including the smart phone, is advanced. Now the market is ready," Simms said.

HomeValet is in the process of manufacturing the Smart Boxes, with plans to introduce the product to the market soon. The company signed an agreement to enable Walmart to test the product.

"We're very excited about our consumer pilot early this year with Walmart — the largest grocer in the United States and the largest retailer in the world — to be followed by HomeValet's product introduction," Simms said.

IoT systems managing and receiving unattended home delivery of products purchased online is the natural next step in the adoption and growth of ecommerce, Simms predicts. "Home delivery has changed radically and is going to change even more in the really just in the months to come."

"So what's going to happen in the very near future is that over time, we think over the next 10 years, most homes in America will have a means of really receiving packages and groceries unattended 24/7 at their home," Simms said.

He added: "There'll be a box outside, as ours is now, or there will be something similar to that built into the home, with new home construction, or retrofitted to a home in the case of existing housing units which are connected to HomeValet's IoT SaaS scheduling platform. Virtually everyone will receive deliveries that way. In the case of a Smart Box built into the side of a home, packages and groceries will be retrieved from the inside rather than having to go outside. That's a natural evolution for HomeValet."

Simms is a long-time resident of Fairfax County, and HomeValet is just the latest of the entrepreneurial businesses that Simms has launched here. He opened his his first company, CMDI, a political management firm, in 1981, and Odell Simms, a direct marketing platform, in 1991.

"I've always operated in Fairfax County. I think it's a wonderful business environment. I've always been in tech businesses," said Simms I've always had access to an excellent employee base here, affordable office space, good technical capabilities, great connectivity to the Internet. It's a natural for me to base HomeValet here as well."

"Fairfax County is a wonderful place to raise a family, and I think that's very important in employee recruitment," Simms said. "All the businesses that I've operated have been very family-friendly, and a major part of that is having good school systems for the children to be properly educated. I have three children myself who attended Fairfax County Public Schools. They were very well educated. They have gone on to wonderful careers," noting that son Jack is COO of HomeValet.

"That was all made possible because we were located here in Fairfax County."



COURTESY PHOTO

The pandemic isn't stopping Mount Vernon High National Honor Society members from finding ways to be of service to their community. NHS members are creating masks, making scarves for the homeless, tutoring students from elementary to college level, and even helping to keep parks clean and maintained.

Maximus acquires federal division of Attain LLC

Reston-based government services company **Maximus** announced March 1 it has acquired the federal division of McLean-based Attain LLC for $430 million.

"This acquisition is another milestone in our digital transformation and growth journey. We welcome the employees of Attain Federal, who are leaders in delivering robust technology solutions for government. Both Maximus and Attain share a common purpose to help deliver outcomes that matter to our government customers through a holistic, agile, secure, and customer-centric approach," said Bruce Caswell, President and Chief Executive Officer of Maximus. "Our M&A strategy remains keenly focused on enabling us to build long-term, sustainable, organic growth by continuing to build scale, enhance our clinical and digital capabilities, and extend into new areas. We believe this is an optimal path to enhancing long-term shareholder value."

With the addition of Attain Federal's automation and digital expertise, Maximus expects to be able to further design, develop, and deliver even more innovative, impactful solutions to support the mission of its federal customers.

"We aim to deliver a unique citizen experience and use digital technologies and industry leading capabilities to deliver innovation to our federal customers and the citizens they serve," Caswell continued. "Attain Federal joining Maximus helps drive this aim forward even further."

Architecture firm names director of production

KTGY Architecture + Planning, a leading full-service design firm focused on residential and mixed-use developments, sustainability and neighborhood revitalization in the U.S., announced Feb. 25 a new director in their Tysons office.

Adam Hale, LEED AP has been named director, production.

Hale has more than 15 years of experience in multifamily design and construction. As a director of production in KTGY's Tysons office, Hale is responsible for all phases of the construction process including schematic design and feasibility studies, extensive code analysis, multi-discipline coordination and field and office construction administration. He previously served as a senior project manager.



COURTESY PHOTO

Kevin Worley.

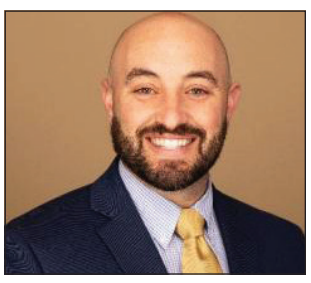
Fairfax company names chief tech officer

Fairfax-based Pyramid Systems, announced Feb. 24 that **Kevin Worley** has joined the company as chief technology officer and head of technology operations.

Before joining Pyramid, Worley was vice president of Solutions for Digital Transformation at SAIC. He has more than 20 years of technology experience, starting as a software engineer in DoD Intelligence before taking on leadership positions for both commercial companies and government contractors, ranging in size from start-ups to large systems integrators. He graduated from McDaniel College in 2000 with a B.A. in mathematics and computer science.

"I'm excited to lead Pyramid's technology operations into 2021 and beyond, bringing a pragmatic and practical approach to capability and solution development while maintaining room for innovation and creativity," Worley said. "I believe delivering excellence for our customers is firmly rooted in transparency, making data-driven decisions, and fostering growth of highly focused teams."

"Developing innovative and quality solutions and ensuring our technical delivery exceeds the expectations of our customers and our employees is our key focus," CEO and Co-founder Jeff Hwang said. "We are excited for the experience and leadership that Kevin will bring to the Pyramid team."



COURTESY PHOTO

Antonio "Tony" DiBari.

FCPS announces new principal

Antonio "Tony" DiBari, who served as assistant principal at Lake Braddock Secondary School since 2016, has been named the new principal of Westfield High School, effective March 1.

During the past four and a half years, DiBari assumed principalship positions supporting FCPS credit recovery and Extended School Year (ESY) programming during the summer months. Previously, DiBari taught, served as the AVID site coordinator, PBIS internal head coach, baseball and basketball coach, and the summer school dean of students at Park View High School (a Title 1, minority-majority high school) in Loudoun County. In 2015 he was promoted to assistant principal at Loudoun Valley High School. He is one of two FCPS administrators selected to serve in the University of Virginia's Statewide Communities of Practice for Excellence (SCOPE), a leadership development program focused on equity. As a participant in this program, he is also a member of the Statewide K-12 Advisory Council.

Additionally, DiBari (along with his administrative colleagues at Lake Braddock) is currently collaborating with the director of diversity at Old Dominion University to increase his individual and team's collective cultural competence. DiBari is currently in a graduate program to earn his doctor of education degree at Old Dominion University. He holds two master of education degrees in curriculum and instruction and educational leadership from George Mason University and a bachelor of arts degree in political science from Bridgewater College.

OBITUARIES

In loving memory

James Howard Self, Jr. (Jim)



James Howard Self, Jr, (Jim) of Herndon, Virginia, passed into the arms of his Savior, Jesus Christ, on the morning of February 25, 2021.

Jim was a California boy, born in Inglewood on October 24, 1939 to parents James Howard Self, Sr, and Helen Craig Self. He was predeceased by his parents and sister, Pamela Self.

Jim attended UCLA, where he played basketball. His first job after college was a classified government position, near Las Vegas. During that time, he married Alice Beryl Carss, in Texas. They were overjoyed to welcome a daughter, Susanna. Unfortunately, that marriage ended in divorce. Jim began a new career in Sales and Sales Management with Olivetti, then Xerox. He proved to be a hardworking, successful salesman. Promotions moved him gradually across the US, until he settled in the New York Metro region. Based in Manhattan, he became Regional Manager, Sales Training for Steelcase, Inc, Grand Rapids, MI, for many years. It was during this time that his second marriage to Carolyn Curtis ended in divorce.

In 1984, Jim met the woman whom he would call the love of his life, Cheryl Ennis Emenheiser. She was also in consultative sales and was a participant in one of his Steelcase classes. He always kidded that he only married her because she needed remedial help in sales! They were married in 1988, in Stony Brook, LI, New York and moved to Virginia in 1995. Together with Cheryl's two children, Paige, and Stew, from her former marriage, they built a life together centered on a shared Christian faith, family, community, and service.

Jim will be deeply missed and remembered as a man of quiet faith with a calm and generous spirit. Throughout his life, he held multiple leadership roles at Three Village Church in Setauket, NY, Christ the King Lutheran Church, Great Falls, VA and Providence Baptist Church, McLean, VA. He served the Lord in whatever way was most needed - no task was beneath him. One of his favorite church ministries was Angel Tree, delivering Christmas presents to the children of inmates with his faithful core group of men from his Bible Study. He also loved his season of service at Prison Fellowship Ministries, founded by Charles W. Colson, both as a staff member in Manhattan, and as a long-term, in-prison Volunteer, Eastern US.

He is survived by his loving wife of 32 years, Cheryl Ennis Self, three cherished children: Susanna L. Self (Jeff), Paige McLaughlin, Stewart Emenheiser (Marcie) and five precious grandchildren, Connor McLaughlin (14), Regan McLaughlin (10), Tenley Emenheiser (9), Brooks Emenheiser (5) and Saylor Emenheiser (3), and his cousin Arleen Ellis (Doug). He also leaves his two faithful Cocker Spaniels, Simon and Schatzie. The family especially wishes to thank his two amazing nurses Marie Poteman and Musu Kamara, from Nursing Referral Service, and the wonderful team at Capital Caring Hospice.

Arrangements are by Adams-Green Funeral Home, 721 Elden Street, Herndon, VA. Please see the website www.adams-green.com for details. Visitation will be Wednesday evening, Mar 3, 5-8 pm with a private service on Thursday, Mar 4, followed by burial at Chestnut Grove Cemetery, Herndon, VA. In lieu of flowers, donations would be appreciated, in memory of Jim, for his church, South Ridge Church in Fredericksburg, VA (southridge.us/give) or to Prison Fellowship Ministries, Lansdowne, VA (www.prisonfellowship.org).

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OPINION

COVID-19 and access to healthcare

Dear Editor,

She begged the ambulance workers not to take her. She was uninsured and terrified of contracting COVID. However after two weeks of progressively getting sicker her family had finally called 911. The emergency medical technicians ultimately decided that her infection was so bad that she did not have capacity to refuse. It would be another eight weeks before she saw her family again.

This patient, like so many, fell through the cracks of our healthcare system. She required six weeks of intravenous antibiotics for rampant infection, a resource- and labor-intensive endeavor that can generally be completed from the comfort of your home. However, she was uninsured. She had never been sick before and had been preoccupied full-time acting as care-taker for her elderly parents. This meant that while the hospital social workers assisted the patient to apply for public insurance, she would have to stay in the hospital for nearly two months. Further, due to COVID restrictions, she could not leave the hospital and was not allowed to have any visitors. Due to the vagaries of health care hospital and insurance billing procedures, the cost of this ordeal will likely be astronomically higher. From the supplies, to the hospital bed, to the nursing care, the inpatient experience requires infinitely more resources to be dedicated to providing care that can be easily managed from home. Not to mention the fact that these are resources that could be deployed to counteract the ongoing COVID-19 pandemic.

As doctors, we are faced with this dilemma all too often. We know what our patients need to be healthy and live full, productive lives. Yet these logistical snafus and bureaucratic hurdles often stand in our way, and it is always the patient that pays the price. COVID-19 has hampered our ability but not our commitment to do right by our patients. The pandemic threatens to bring our nation's healthcare crisis to a boiling point. Because health insurance is so tightly intertwined with employment, any economic downturn threatens both American's livelihood and health.

It does not need to be this way. In other nations, residents are guaranteed access to high-quality, affordable healthcare. They never face the choice of sacrificing careers, livelihoods, time, or life savings for their health. Medicare For All would enroll every American in health coverage at birth and eliminate wasteful spending and our health care system's overwhelming red tape. Representative Connolly, you can stop this insanity and keep the ruthless private insurance industry from preying on your constituents. Cosponsor the next iteration of HR.1384, the Medicare for All Act of 2019 in this new Congress, so that my patient and your constituents never have to face this impossible situation again.

Best,
Keanan McGonigle, MD MPP
PGY-1, Internal Medicine
George Washington University

The "Few"

Dear Editor,

In 1940 when the British Royal Air Force (RAF) was fighting the air war in the skies over England, Winston Churchill, the Prime Minster at the time made the following statement referring to the RAF pilots:

"Never in the field of human conflict was so much owed by so many to so few"

This quote most certainly applies today to the heroic men and women who are working incredible hours in the deadly Covid 19 environment caring for the sick and dying.

May the coming of the vaccines protect them and lighten their heavy burden

Gerry Kirwin
Burke, Va.

Pandemic is worse across the globe

Dear Editor,

With the upcoming public hearing to add solar panels to buildings here in Fairfax, I can't help thinking about how other places rely on solar power. In Sub-Saharan African countries where over 2/3 of the population is without electricity, solar power is saving lives and improving people's quality of life. As of me writing this letter, almost 500,000 Americans have died during the current pandemic. We've lost over 800 people here in Fairfax. The pandemic is a problem here at home and much more so in places that lack reliable access to electricity.

USAID has been working to make sure people have access to electricity to allow for people to have access to medicine, food storage, powered homes and businesses. The work being done in Sub-Saharan Africa is only possible because of American foreign policy that funds humanitarian relief and international affairs. I'm writing this letter to thank the legislators we have here in Virginia and urge for their continual support of the international affairs budget and policies that will promote the general welfare of others, create American jobs, and end global poverty. Thank you Tim Kaine, Mark Warner, and Gregory Connelly.

Gerardo Valladares
Fairfax, Va.



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NASA

CONTINUED FROM PAGE A1

essays explaining their idea for the rover's name.

Mather decided on 'Perseverance', which came to him one day, and reflects how he feels about humanity.

In his prize-winning essay, he stated "[A]ll of these names of past Mars rovers are qualities we possess as humans. We are always curious, and seek opportunity. We have the spirit and insight to explore the Moon, Mars, and beyond. But, if rovers are to be the qualities of us as a race, we missed the most important thing. Perseverance. We as humans evolved as creatures who could learn to adapt to any situation, no matter how harsh. We are a species of explorers, and we will meet many setbacks on the way to Mars. However, we can persevere. We, not as a nation but as humans, will not give up. The human race will always persevere into the future."

Last March, associate administrator of the Science Mission Directorate Thomas Zurbuchen came to Fairfax to attend a celebration at Lake Braddock Secondary School to announce Alex's entry's selection.

"Alex's entry captured the spirit of exploration. Like every exploration mission before, our rover is going to face challenges, and it's going to make amazing discoveries. It's already surmounted many obstacles to get us to the point where we are today - processing for launch. Alex and his classmates are…going to be taking the next steps into space that lead to mars. That inspiring work will always require perseverance."

Said Superintendent Scott Braband, ""This school is planting the seed in you. This school will have a lasting presence in space."

When the rover launched in July, Alex and his family were provided with a trip to see the launch by Amazon Web Services.

The Mars 2020 mission, carried out both by *Perseverance* and small robotic helicopter *Ingenuity*, is aimed at finding evidence of ancient life and studying Mars' climate. It's two year mission began when it landed on Mars on February 18.

BUDGET

CONTINUED FROM PAGE A1

decrease in real estate tax, to $1.14 per $100 of assessed value. Additionally, the county proposed that a $14.13 million increase in funding will go to education for school operation. Importantly, the county proposal includes no increases in compensation for employees.

"Providing compensation adjustments to teachers and other county employees is certainly a priority, but we simply don't have the resources available," said county executive Bryan Hill.

The community responded in a swift manner, with one group, Invest in Fairfax, meeting later that day. Invest in Fairfax is a coalition of "local parents, community members and essential workers."

During the press conference, several community leaders spoke on behalf of various constituent groups. These included Tina Williams, President of the Fairfax Teachers Federation, William Barfield, President of the Fairfax Federation, and Karen Camplin representing the Fairfax NAACP, Julie Shepherd, representing the Fairfax County Counsel PTA, Kimberly Adams representing the Fairfax Education Association, Ron Kuley, President Fairfax County Professional Firefighters and Paramedics, Winifred Allen, local mental health therapist, Debby Kilpatrick, President of NOVAPTA, Beth Tudan, League of Women Voters, and community member Maya Castillio.

Some of the major concerns highlighted across different groups were expanded mental health support, prioritization on education, and market rate adjustment for employees.

Said Tina Williams, Fairfax County Federation of Teachers president, "The county must provide employees with market scale adjustments."

Likewise, President Ron Kuley of the Fairfax County Professional Firefighters and Paramedics stated "By now, many of us are suffering from Covid fatigue, the covid calls we're handling are some of the most difficult of our careers for families and for the force. Often, we are the only connection between the family and a loved one because they're dying, due to covid restrictions. As we move forward, we have to recognize these efforts financially. If possible, let's put a market rate adjustment. This is the right thing to do."

Winifred Allen, SEIU, a local mental health therapist stated that limited resources are a pervasive problem leading to suffering throughout the community.

"In the Covid environment, we've seen those with limited resources prior to the pandemic have suffered even greater. I see physical and sexual abuse, domestic vioelcne, students that are logging on less, struggling even more to learn. More of our neighbors and friends have lost jobs, filed for unemployment benefits, county employees who are essential workers are continuing to provide services while they are exposed to covid. Investing in Fairfax County employees ensures that the community is safe and enjoying quality of life.

The Fairfax County Republican Party, Fairfax GOP, issued a statement to the Fairfax Times stating ""Yet again, Fairfax Democrats are poised to kick county taxpayers when they are down. Make no mistake: the Democrats' budget would raise homeowners' tax bills in Fairfax County — by 3.4 percent on average. When individual citizens' desires exceed their means to pay, they have to prioritize spending — it is about time for county government to do the same. One area ripe for cost-cutting is the commonwealth attorney's office. Why is the commonwealth attorney getting $2.5 million for 15 new positions, when he's prosecuting fewer cases? In short, we need a smarter, leaner budget that holds the line on taxes. Regrettably, with the notable exception of Springfield's Pat Herrity, respect for taxpayers is sorely lacking on today's county board."

Ultimately, the coalition calls on the Board of Supervisors to enact "a budget which reflects our community's values".

Fairfax County citizens can get involved in the process and make their concerns heard by speaking at the April 13, 2021 public hearing held by the board of supervisors or by sending written testimony via email to clerktothebos@fairfaxcounty.gov.

7 herbs for lung support

KEYS TO BETTER HEALTH
CINDY SANTA ANA



Respiratory complications are a common occurrence with a seasonal rhythm around the world. Because pulmonary inflammation is a hallmark of many respiratory complications, the objective is to support normal inflammatory pathways specific to lung health.

A variety of botanical preparations have been reported as useful nutritional adjuncts for protocols designed to help normalize immune processes and support the health of patients with viral infections. Many substances derived from plants have biological effects in vitro and in vivo, such as flavonoids, alkaloids, and terpenoids. Herbal-derived natural products are increasingly being used in scientific studies to evaluate the value of these compounds. Herbs and other botanicals contain complex biologically active compounds that interact with a myriad of physiologic systems, biochemical pathways and immunological processes in the body.

The following seven botanicals have been shown in research studies to support healthy lung function:

Fritillaria

Fritillariae Thunbergii Bulbus is in the Lily family and has been widely used as an herb to support pulmonary relaxation for thousands of years in China. Historical records dating back to the Ming Dynasty in China indicate that it acts to support pulmonary health. Many studies have identified 134 chemical constituents and demonstrate numerous actions including: support of healthy inflammatory pathways, high in antioxidants and tracheobronchial relaxation.

In addition, a more recent study on Chronic Obstructive Pulmonary Disorder (COPD) showed that an isolated alkaloid from fritillaria optimized pulmonary function and supported a healthy inflammatory response.

Platycodon

The extracts and pure saponins from the roots of *Platycodon grandiflorum* are reported to have a wide range of health benefits. In Korea, platycodon roots are typically cultivated for 4 years and are used to treat bronchitis, asthma, pulmonary tuberculosis, diabetes, and inflammatory diseases. In traditional Chinese medicine, platycodon is used as an expectorant and antitussive to treat coughs, colds, sore throats, tonsillitis, and chest congestion. Saponins isolated from the roots have been shown to have potent antioxidant activities.

One study showed that extracts of platycodon can regulate the production and secretion of airway mucin which, at least in part, explains the traditional use of the root as an expectorant.

Skullcap

Scutellaria baicalensis, and in particular its baicalin flavonoid compound, has been shown to possess a potent inhibitory activity against pathogens. It has a long history of use and is featured in numerous herbal formulas due to its efficacy. In a study on the H1N1 influenza virus, it acted on viral replication and induced production of NK and T cells.



ANGÈLE KAMP / UNSPLASH

Another study showed that scutellaria attenuated airway remodeling in rats with cigarette smoke-induced COPD, significantly improving airway remodeling by supporting healthy airway inflammation. A third study demonstrated that baicalin from scutellaria is an important immune modulator.

White Mulberry

Morus alba fruit has a long history of use as an edible fruit and traditional medicine. A wide diversity of bioactive compounds, including rutin, quercetin, chlorogenic acid, and polysaccharides, have been found in the fruit. Furthermore, mulberry has shown numerous biological activities.

The antagonistic activities of Morus alba juice and seed were examined against influenza viruses with gallic acid, a compound of mulberry, revealing a particularly significant antiviral effect. Mulberry is rich in polyphenols and anthocyanins. In addition, mulberry root bark showed dual antagonistic activity in a 2016 study towards undesirable pathogens.

Olive Leaf

Olea europaea has exhibited strong antiviral effects in numerous studies. Buds and leaves of olive trees contain oleuropein, a phenolic glycoside, and rutin, luteolin and hesperidin - flavonoid glycosides. The latter flavonoids possess well-defined antioxidant properties and affect aspects of the vascular system as well as the immune system. Oleuropein is the bitter principle of green olives.

One study in particular demonstrated a strong anti-plasmodial activity. Another study looked at the effect of olive leaf extract on upper respiratory illness in high school athletes. While the study notes that the dietary intakes of the athletes was sub-optimal for immune support, the olive leaf group showed a significant reduction in the number of sick days.

Andrographis

Andrographis paniculata is a tall, flowering plant that originated in India, but is now grown in China as well. Most commonly, it has been used for digestive and immune support.

A research team at the University of York reviewed seven controlled trials and concluded that andrographis may be an effective component to support people with upper respiratory tract infections with few adverse effects. Another study demonstrated that andrographis can modulate Th1 and Th2 cytokine ratios, which suggests an immunomodulating effect.

Turkey Tail Mushroom

Trametes versicolor is predominant in woodlands throughout the world. Mushrooms have been used for centuries, showing a wide spectrum of beneficial properties. Turkey tail is known for supporting the immune system due to its unique polysaccharides.

Turkey tail has been used to support lung health for centuries. In Japan, turkey tail is used to strengthen the immune system when given with care protocols that can potentially compromise the immune system. A 2019 study demonstrated the immune-activating, immune-modulating and healthy inflammation support bioactivity. Source: Biotics Research

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Coach reflects on Fairfax High gymnastic team's state win

By Rick Horner
FAIRFAX COUNTY TIMES

Coach Susan Barborak has coached Gymnastics at Fairfax High for the last seven years. The first two years were spent under a coach that didn't seem very knowledgeable about the sport. This past season was Barborak's fifth season as head coach which after a lot of hard work has led to the team's very first state championship.

Fairfax High is not known for being a top school when it comes to sports, especially when it comes to gymnastics, especially when compared to other schools such as Robinson High. According to Coach Barborak the last time Fairfax High won a state competition was back in the 1980s.

The path to glory was not easy, last year saw the team win their first Patriot League Competition and dreams of winning state were not a real possibility. A series of injuries and exhaustion led to the Lady Lions falling short of the win. According to Barborak there was certainly disappointment but there was also a drive to try to get better, the year of their win would be a strange one.

Of course, 2020 was the year of the ongoing coronavirus pandemic, Coach Barborak says that no one was sure what was even going to happen because of the pandemic. No one knew if they were going to be able to compete, they certainly didn't know what the team was going to look like considering many parents weren't going to allow their kids to compete.

Those that were allowed to join were extremely motivated and happy to see their teammates once again. Things were different though, celebratory gestures such as chest bumps and high fives were replaced by elbow rubs in order to avoid potentially contracting the virus but the experience turned out to be a bright spot in an otherwise awful year.

Coach Barborak tried to make the best of it, they did have to follow pandemic rules such as wearing masks, using their own chalk, staying six feet apart, spraying down equipment after use, and using hand sanitizer. That also included no spectators during the competitions which Barborak described as a very eerie and unnatural feeling.

The team did much to try to keep the energy high during the competitions, they cheered for each other louder than they ever had and played music that would inspire them to go the distance. The work paid off as they once again won the Patriot District Championship and then became the Occoquan District Champions.

Then the team went to Richmond to compete for the State Championships, not only did the team win but members of the team won in individual competition as well. Junior Payton Morrison placed first in all-around competition after coming in third last year. Morrison was joined by her teammate Kendall Vess who came in second place on the beam event and third on the floor event.

"These wins came as a result of confidence built over the last two years. All these girls, whether it was the team or Morrison and Vess in the individual events, they all worked hard. We all cried." Says Coach Barborak about when everyone realized they had won.



COURTESY PHOTO

The victory was sweet but the aftermath was kind of anti-climatic as Barborak would describe the lack of photographers and award banners that would come from a normal year. It was odd, but there were no complaints about it considering the situation.

What happens to the team next year is up in the air according to Coach Barborek,

"We haven't thought that far ahead, we don't know what the team's going to look like next year. But this is a game of youngsters and there's a chance that a new freshman could come in and make a huge impact that could change the complexation of the team. It could help the team do very well next year."

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Mason beats LaSalle by 35 points in a blowout

By Rick Horner
FAIRFAX COUNTY TIMES

The George Mason Patriots Basketball team met the Explorers of LaSalle University this past Saturday. The Patriots played at home in what was probably one of the finest games that they've played in a season of uncertainty due to the coronavirus pandemic. The last encounter between the two teams in January resulted in a win for the Patriots and history would repeat itself in dominate fashion.

The first half began with a three-pointer made by La Salle's David Beatty with an assist from teammate Jhamir Brickus and momentarily seemed that the Explorers would be off to a great start. However good defense by the Patriots led by Javon Greene kept LaSalle from scoring and would set up for what was to come.

The onslaught began at the 18:29 mark as Mason's AJ Wilson hit a jumper followed by a field goal by Greene at the 17:56 mark that would put the Patriots in the lead and from then on it was pedal to the metal for the Patriots. For the next six and a half minutes Wilson and Greene would put up a combined 17 points that would widen Mason's lead.

Mason's Tyler Kolek would also contribute heavily with a trio of three-pointers and three complete free-throws in the first half. The stars aligned for Mason as Jordon Miller would score in the final seconds of the first half giving the Patriots a commanding lead of 47-23.

The second half would begin similarly as the first as La Salle's Christian Ray would get a layup ten seconds into play but Javon Greene would answer back less that 20 seconds later with a three-pointer. LaSalle would continue to chase the Patriots who would maintain an over 30-point lead throughout the game.

It wouldn't just be Greene, Wilson, and Kolek maintaining the pace, Jordan Miller would put up seven points in the half, Josh Oduro could contribute with two complete free throws, and Bahaide Haidara would put up six points.

Mason's lead was so commanding that with four minutes to go some players who don't normally get a chance to get into the game got a few minutes to shine as well. Mehki McCray would score his first career basket in his final home game and Jack Tempchin would get a rebound and a steal for his contributions.

The Patriots would win over the Explorers in commanding fashion 89-54, AJ Wilson, Tyler Kolek, Javon Greene, and Jordan Miller would all walk out with double digit scores from this performance. Mason will head to the Atlantic 10 Tournament in Richmond standing in sixth place and have secured a first-round bye.

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Chocolate makes us happy; it's just science

By Ari LeVaux
MORE CONTENT NOW

In the middle of the night, partway through a cross-country drive, I unfolded myself from the driver's seat at another random gas station. Someone special was waiting at the east end of Interstate 90, but the rig and I both needed fuel.

As sure as diesels hum at a truck stop, there is a chocolate muffin in the store. It's wrapped in clear cellophane and called "Double Chocolate Muffin," or "Chocolate-Chocolate-Chunk Muffin," or something along those lines, depending on which semi-local bakery made it.

A gas station chocolate muffin can be hard to find. There is no one place where you can count on it being. But like love, you can find it if you look hard enough, or if you lower the bar enough, all the way down to Hostess if necessary.

Anywhere else, the gas station chocolate muffin might be as forgettable as one highway mile after the last. But our expectations are low at the gas station, and our needs are specific. Enjoyed with a steaming cup of convenience store coffee, that dark, chemically moist and shiny muffin keeps us truckin' all the way to the next pit stop. And the muffin, in turn, elevates that mediocre coffee.

They don't just improve one another's flavor. They combine their pharmacological forces to turn you into a well-oiled driving machine. Both bittersweet delicacies contain caffeine, of which only coffee contains grown-up levels, while cocoa is rich in a similar molecule, also a stimulant, called theobromine, which translates from Latin to "food of God."

Not as powerful a stimulant as caffeine, it lasts longer and eases the jittery feelings that caffeine alone can give. There is evidence theobromine improves cognitive function, while reducing the risk of Alzheimer's and cardiovascular diseases.

Cacao also famously contains high levels of phenylalanine, which releases dopamine and norepinephrine, the endorphins responsible for the ecstasy of falling in love, and the energy that allows new lovers to talk for hours. Studies have shown most phenylalanine in chocolate gets broken down by enzymes before it has a chance to release those endorphins, but true Cupids know some of those biochemical arrows will hit their marks.

And what discussion of euphoria would be complete without good old sugar, which triggers the release of yet more endorphins while dulling the bitter flavors of both chocolate and coffee. (Luckily, theobromine also protects against tooth decay.)

I got off I-90 in Newton, Massachusetts, and drove through the outskirts of Boston to my mom's apartment. A few days later we headed for Montana, cup holders full of Dunkin' Donuts coffee, and Dunkin chocolate muffins in the console, which I incorrectly presumed would be our last best road muffins.

In LaCrosse, Wisconsin, I discovered the gas station chocolate muffin of my dreams, at a regional chain called Kwik Trip. Their muffins are baked in the LaCrosse-based "Kwikery" and distributed throughout Wisconsin and Minnesota. Instead of being hard to find, their muffins are displayed in well-lit cases. I was in love, but alas, I was also in a hurry. I hit as many Kwik Trips as possible before I crossed the South Dakota line, and left those lovely muffins in the rear view mirror.

When I got back to Montana, I reached out to Kwik Trip. I explained that their Double Chocolate Chip Muffins are the best, and asked for the recipe. They kindly provided a scaled-down version of their recipe for the home kitchen.

I've been making these by the dozens and have discovered that, at home as on the road, I can live a long time on a diet of chocolate muffins and coffee.

The recipe below is faithfully reprinted as I received it. In private, I double the vanilla and slip in tablespoon of mayo, for extra moistness.

DOUBLE CHOCOLATE CHIP MUFFINS

Makes 24 muffins

- 3/4 cup vegetable oil
- 1 1/4 cup granulated sugar
- 1/2 cup milk
- 2 large eggs, lightly beaten
- 1 tsp vanilla extract
- 2/3 cup sour cream
- 2 cups all-purpose flour
- 1/2 cup cocoa powder
- 1 1/2 tsp baking soda
- 1/2 tsp salt
- 2 cups semisweet chocolate chips



CASTORLY STOCK / PEXELS

1. Preheat oven to 375 degrees F and line muffin cups with liners (or lightly grease and flour).
2. In a large bowl, whisk together oil, sugar and milk. Stir in eggs and vanilla until well-combined. Gently fold in sour cream until just-combined.
3. In a separate, medium-sized bowl, whisk together flour, cocoa powder, baking soda and salt. Fold flour mixture gently into wet mixture, until just barely combined. Stir in 1 1/2 cups chocolate chips.
4. Scoop chocolate muffin batter into prepared muffin tin, filling cups 2/3 to 3/4 of the way full. Sprinkle tops of muffins with remaining chocolate chips.
5. Bake for 18 minutes (toothpick inserted in center should come out with a few slightly fudgy crumbs).

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March 11, 2021
12:00 pm
One Fairfax with Karla Bruce, Fairfax County Chief Equity Officer

April 8, 2021
12:00 pm
Community Engagement and Communications

May 13, 2021
12:00 pm
Building Authentic Partnerships

June 10, 2021
12:00 pm
Assessing Progress

Economic Recovery - Diversity - Inclusion - Innovation
Join the conversation to Build Back Better

Visit ArtsFairfax.org to learn more and register.

Fairfax County Times' Guide to
Arts & Entertainment



PETS:
CAT HEALTH MONTH
Page B3

Kendall Street Company headed to Jammin Java





COURTESY PHOTOS

The Virginia natives excited to be back in front of a live crowd

By Keith Loria
SPECIAL TO THE
FAIRFAX COUNTY TIMES

It was back in 2013 that a group of musicians connected at the University of Virginia and began playing late-night jam sessions, blending rock and jazz, and attracting the attention of many in Charlottesville.

Calling themselves Kendall Street Company, the band quickly grew a ravenous fan base, and the band knew it had something special.

Today, the band consists of vocalist Louis Smith, bassist Brian Roy, drummer Ryan Wood, guitarist and banjo player Ben Laderberg and saxophonist/keyboardist Jake Vanaman.

"There was a great music scene down in Charlottesville, that was very welcoming and still is," said Vanaman, who grew up in Herndon, and became a full-time member of the group in 2016. "It's a hot bed for creativity and this all just took on a life of its own."

Over the past seven years—at least before the pandemic—Kendall Street Company had averaged more than 100 shows a year, and had become a regular at festivals around the U.S. They've played all around Virginia and Washington, D.C., and have opened for acts such as Papadosio, Umphrey's McGee, Tauk and Leftover Salmon.

"It was a gradual expansion but now we're going all the way out to Colorado and Texas, up to Burlington and down to Miami, so we're really excited to be going new places and getting our music heard," Vanaman said. "There was a time when we were excited to just go to Richmond, which was only an hour from us. It's gone so much further now."

On March 6, Kendall Street Company will play its first-ever shows at Jammin Java, with sets at both 5:30

See KENDALL STREET COMPANY, Page B2

'My Beautiful Stutter' is a touching documentary about courage and acceptance

STAY TUNED



Kids learn courage and acceptance in the documentary "My Beautiful Stutter." [Discovery+]

By Melissa Crawley
MORE CONTENT NOW

Two comedy legends reunite for a sequel, a Nordic thriller hits U.S. screens and a documentary film poses a revolutionary new idea.

Dispatches: Weekly TV news

Showtime announced a feature-length film that will pick up where season seven of hit drama series "Ray Donovan" left off, as Ray (Liev Schreiber) sets out to find and stop Mickey (Jon Voight) before he can do anymore harm. Schreiber will co-write the script with series showrunner David Hollander, who will direct. The project is tentatively scheduled to begin filming later this year in New York.

See STAY TUNED, Page B2

The arts are in Fairfax

By Dana C. Stewart
SPECIAL TO THE FAIRFAX COUNTY TIMES



PHOTOS COURTESY CREATIVE CAULDRON CLOCKWISE: JAKE BLOUNT, SEÁN HEELY TRIO, IRENE JALENTI

Spring is finally arriving in Fairfax. After some messy snowy days and a continuous yearning to get outside, we feel hopeful that soon we will be out of our homes celebrating and engaging in the arts. The last year has forced us to pause and re-examine how we live, how we work, and how we share and experience art. These lessons learned will play a pivotal role in shaping our community recovery plans.

Americans for the Arts has spent the last year surveying arts organizations and artists across the country to understand the economic impact of COVID-19. The nation's arts experienced a loss of over $17 billion in the past year, with Fairfax County arts organizations and artists reporting losses at over $4.5 million. The financial impact has been draining, but local creatives continue to provide artistic opportunities for us to learn, grow, and heal.

The arts community has kept us connected throughout this last year. For that reason, we believe the arts will unify our country and drive our recovery.

As we await full access to our regular arts programming, please continue to support your local artists and arts organizations in their online presentations. Visit artsfairfax.org to learn more about the arts in your community.

Creative Cauldron: 2021 Passport Series

Creative Cauldron invites the public to enjoy an artists series curated by award-winning artists Ken Avis and Lynn Veronnea of Veronnea and Matt Conner. The series continues through March, featuring the Seán Heely Trio, Sophia Manicone, Irene Jalenti, and many others. Visit creativecauldron.org for times and tickets.

Recovery Innovation and Access Workshop

Karla Bruce, Fairfax County Chief Equity Officer, launches ArtsFairfax's WORK-SMART workshop series Recovery Innovation and Access. The community is invited to the noon March 11 workshop. Visit artsfairfax.org to register and learn more about upcoming workshops to help our community build back better.

What Really Happened Between Clara and Johannes?

Clara Schumann was the soul mate of composer Johannes Brahms, but what really happened between them? Join Choralis Artistic Director Gretchen Kurhmann and Associate Director Todd Fickley on March 22, 5:30 p.m. for a fun conversation. The event is free to the public, but a donation is requested. Visit the events page at artsfairfax.org for more information.

"The Show Must Go On"

Join MPA and the McLean Art Society for "The Show Must Go On." Juried by Jessica Mickey, Arlington artist and former co-director of Gallery Underground, the exhibit will feature pieces by 20 members of the McLean Art Society working in a variety of media. The exhibit will be on display March 2-13, 2021 in MPA's Atrium Gallery. Visit mpaart.org/ for more information.

National Arts Action Summit

Americans for the Arts invites arts advocates to join the 2021 National Arts Action summit presented virtually from April 5 – 9. Participants may register for selected sessions or the full conference at americansforthearts.org.

Summer Arts Camps:

As the winter melts away, it is time for parents to secure camp plans for the summer. Visit artsfairfax.org/camps to search for creative options to keep your youngsters engaged and safe.

Art News

The Rockits are the East Coast's premier dance party band playing Classic Rock, Motown, Soul and more in this outdoor show. Doors open at 4 p.m. Show is at 5 p.m. March 5. Free. The State Theatre, 220 N. Washington St., Falls Church. For more information visit https://bit.ly/2NYsBIZ

Kendall Street Company has broken the mold of improvised rock and enters a world of jazz-grass infused psychedelic bliss. Two shows March 6. 5:30 p.m. and 8 p.m. Tickets are $25. Jammin Java, 227 Maple Ave E., Vienna. For more information visit https://bit.ly/3e1Ejxb.

Free Classes on professional development for artists and makers offered by Torpedo Factory Art Center. Online. Noon March 9. For more information visit https://bit.ly/3q5gCXj.

The Past and Future of Tephra Institute of Contemporary Art Learn about this organization formerly known as the Greater Reston Arts Center in a virtual program. 7 p.m. March 10. Free. Register at https://bit.ly/3aSqKx3.

Visiting Filmakers Series features Black Lives Matter Hollywood TV writing with GMU alumnus Hank Jones in a virtual event. 7:30 p.m. March 11. Free. For registration visit https://bit.ly/3858Git.

Workhouse Arts Education programs include visual arts, dance and theater, culinary arts, ceramics and glass and camps. For more information visit the class catalog at https://bit.ly/3uNLejG.

Vertigo is an exhibit by Mouna Benserradj featuring impressionistic oil pastel illustrations. The gallery is open Friday through Sunday from noon to 5 p.m. This exhibit continues through May 2 and may also be viewed virtually. Workhouse Arts Center, 9518 Workhouse Way, Lorton. For more information visit https://bit.ly/3uoNZr9 or call 703-584-2900.

Arcadia Enjoy a public sound and light installation created by artist Sam Nester offered in partnership with Murals at Mason and Mason Exhibitions initiatives. This will be accessible through December via Twitch livestream as well as in person. For more information visit https://bit.ly/3sEUJAn.

Community Information

Please check the event and attraction websites to confirm operating status.

Chasing the American Dream Author Lorelei Brush discusses her novel, a thriller that takes place in a post-World War II America during this virtual FCPL program. 2 p.m. March 6. Free. For more information visit https://bit.ly/2MFr229.

RSVP Deadline Pre-order your bagel brunch bags by March 7 to pick up March 21. Cost is $25 per bag. A portion of the proceeds benefits Mazon-a Jewish Response to Hunger. For more information visit https://bit.ly/3kEmiq2.

Funday Monday Enjoy Oh Susannah! this week. 10:30 a.m. March 8. Free. Old Town Hall, 3999 University Dr., Fairfax. For more information and to sign up visit https://bit.ly/306Poos.

Teen Trivia Join the Reston Historic Trust & Museum to find out what is was like living in Reston in the 1960s, 70s and 80s. 2 p.m. March 8 on Zoom. Advance registration is required. Visit https://bit.ly/2NUU8uX.

Tots in the Woods Go on hikes, do activities and meet an animal in every class. Topics this month are Weather Wonders and Funny Feet. Ages 4 to 5. 9:30 a.m. March 10. Cost is $8. Hidden Oaks Nature Center, 7701 Royce St., Annandale. For more information visit https://bit.ly/3rc1Hvx.

Hidden in Your Backyard Hike the trails and learn about the history of Cains Branch in this guided program. 11 a.m. March 11. Cost is $10. Sully Historic Site, 3650 Historic Sully Way, Chantilly. For more information visit https://bit.ly/3054J99.

ONGOING

Online Storytime with Fairfax County Public Library. Every Tuesday and Thursday at 10 a.m. Visit https://bit.ly/2HOBkut.

Virtual Active Aging Exercise Classes focus on low impact aerobics, balance, coordination and stretching for older adults. They meet every Wednesday until April 21. Cost is $50 for eight weeks. For more information call Casey Tarr at 703-821-6838.

Help Needy Children through volunteer work with Assistance League. Learn more at https://bit.ly/305C3ge.

Volunteer Fairfax has volunteer opportunities and donation needs. Please visit https://bit.ly/3b169oZ for more information.

Meals on Wheels needs drivers, coordinators, and co-coordinators. Apply at http://bit.ly/2DGfhme.



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KENDALL STREET COMPANY

CONTINUED FROM PAGE B1

p.m. and 8 p.m. With Roy being from Vienna, and Wood and Vanaman also North Virginia natives, everyone is excited to be playing so close to home.

"This is a name we know very well having grown up in the area," Vanaman said. "I've seen a number of shows there, as have the other guys in the band, and I did play there one time when I was with a different band, but this will be a cool moment to experience together."

The last show the band played live in the area was at the 9:30 Club, opening for Perpetual Groove, and that was pre-pandemic. It had planned to be back, but dates were obviously cancelled due to the pandemic.

"At Jammin Java, it will be a double-header night, so I'm expecting it to be danceable with fun songs," Vanaman said. "We just left the studio after four days, so we are primed with some new stuff. We have a bunch of stuff that has never been played live before. There will probably be no repeats within the two sets, either."

The band has released three records and two EPs since forming, and it just released a new single at the beginning of 2021 called "I rly luv u."

"This was reactionary to our previous full-length record, which came out in the fall of 2020," Vanaman said. "We were getting more into the folky roots, and getting into the darker, deeper, longer jams. But with this, we've done a bit of a reversal and moving towards fun, danceable songs as we move towards the spring. Rebirth is kind of the connotation in our songwriting currently."

During the pandemic, the band members did what they could to play together and get its music out there, playing very limited shows during the summer and fall.

"We hooked up with a local immersive art exhibit in Downtown Charlottesville, and we set up a small music station and were able to do a couple of livestreams from there," Vanaman said. "That was really fun and refreshing, because it's not something we would normally do."

That experience evolved into a somewhat frequent livestream show, which featured music, sketches and interviews with other Virginia musicians, as well as some recorded previously unreleased live shows.

"Our live shows are eccentric and kind of random, as we can go from a solo acoustic guitar song to an instrumental jam to a tender, heartfelt love song," Vanaman said. "A lot of bands have a sound or a genre they enjoy and stick to. With us, we just play what we're feeling on stage, and we live through the moment with the audience."

STAY TUNED

CONTINUED FROM PAGE B1

Hulu has picked up the eight-episode limited series, **"Iron Mike."** From the team behind "I, Tonya," the show examines heavyweight champion Mike Tyson's controversial life and career. In a post on Instagram, Tyson, who is not involved with the planned series, came out strongly against it, calling the show a "tone-deaf cultural misappropriation." Hulu declined to comment.

Netflix ordered a "Wu Assassins" standalone film. The movie is titled **"Fistful of Vengeance"** and will bring back series stars including Iko Uwais, Lewis Tan and Lawrence Kao. It is set to shoot in Thailand.

Contenders: Shows to keep on your radar

Eddie Murphy and Arsenio Hall reprise their roles in the sequel to a 1988 classic. **"Coming 2 America"** premieres on Amazon Prime (March 5).

In the film **"Boss Level,"** a former special forces agent dies - a lot - when he gets stuck in a time loop that repeats the day of his murder. Starring Frank Grillo, Mel Gibson and Naomi Watts. (March 5, Hulu).

Award season continues with **"The 26th Annual Critics' Choice Awards"** (March 7, The CW, 7 p.m. ET).

The groundbreaking **"Up"** series is back with "63 Up" (March 9, BritBox). The documentary anthology returns every seven years to investigate whether or not our adult lives are determined by our childhood influences and social class. It's an intriguing premise, as each installment gives the audience the chance to discover how life turned out for the selected group of participants.

Part of the documentary slate on Discovery+, **"My Beautiful Stutter"** (March 11) follows five children, ages 9 to 18, from all over the United States, whose stutter has left them feeling withdrawn, fearful and discouraged. The film documents their experience attending a New York City based interactive program called The Stuttering Association for the Young (SAY) and explores their transformation over the course of a year as they come to understand SAY's central, and revolutionary idea: It's okay to stutter.

The U.S. premiere of **"Cold Courage"** hits AMC+ (March 11). The Nordic crime thriller centers on two women, a psychologist who fights for the underdog and a shy graphic artist who is on the run from an abusive stalker. They are drawn together through a secretive group called the "Studio" whose members vow to destroy those who choose power over justice. The series is based on the best-selling novels from Finnish journalist Pekka Hiltunen.

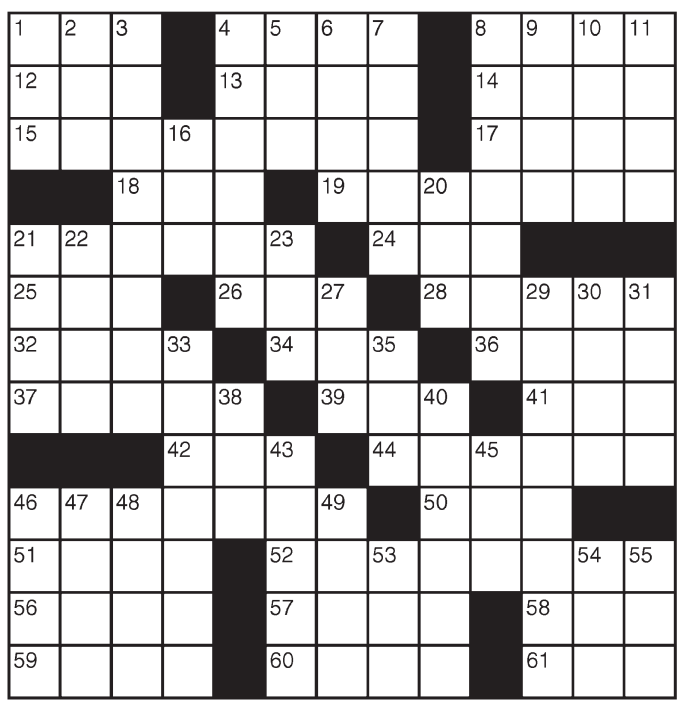
Report Card: Ratings winners and losers

Winners: Hulu renewed **"Animaniacs"** for a third season.

Losers: "The Twilight Zone" (CBS All Access/Paramount+) was cancelled.

Melissa Crawley is the author of "Mr. Sorkin Goes to Washington: Shaping the President on Television's 'The West Wing.'" She has a Ph.D. in media studies and is a member of the Television Critics Association. To comment on Stay Tuned, email her at staytuned@outlook.com or follow her on Twitter @mcstaytuned

King Crossword



ACROSS
1 Peruke
4 Tousle
8 Labyrinth
12 Altar constellation
13 Isaac's eldest
14 Modern taxi alternative
15 World of organized crime
17 Dross
18 Earth (Pref.)
19 Poetic feet
21 Ohio city
24 Actress Long
25 Mentalist Geller
26 Candied veggie
28 Knight wear
32 Stagger
34 Gaiety
36 Flintstones' pet
37 Seoul setting
39 Fawn's mom
41 Dol. fractions
42 Bearded beast
44 Salsa scoopers
46 "La Mer" composer
50 4, on a phone
51 Pre-diploma hurdle
52 Ruffian
56 Church area
57 Rochester's love
58 Citrus drink
59 Privation
60 Source
61 At once

DOWN
1 Witty one
2 A Gershwin brother
3 More like a string bean
4 Tune
5 "Born in the —"
6 Grit
7 Egypt's neighbor
8 Hot dog condiment
9 With skill
10 Gusto
11 Work units
16 "Gosh!"
20 "Homeland" org.
21 Ankara resident
22 Crunchy cookie
23 Klutz
27 Wet dirt
29 State made of two peninsulas
30 Aware of
31 Colonial seamstress
33 Lentils, for example
35 Dijon denial
38 Reply (Abbr.)
40 Aerie newborn
43 Leading man?
45 Greek X
46 Transaction
47 Big fair, for short
48 Striped fish
49 Vacillate
53 Spanish gold
54 Hubbub
55 Just out

FROM THE DOG'S PAW

Cat health month



DUNCAN - PHOTO COURTESY PETCONNECT RESCUE

By Samson!

SPECIAL TO THE FAIRFAX COUNTY TIMES

"Meows! Meows! I am stealing the laptop away from Noah this week to write about Cat Health Month. Paws, the pawpose is to remind humans of how pawsitively pawnderful we cats really are and about your responsibilities for a healthy cat!

I think all humans should celebrate their love for their cat by purchasing them an exceptional toy, a few bags of the bestest cat treats, catnip, a new cat bed plush with the latest most lavish pawssible cat pillows and bedding sheets! Pawlace fresh water and food within easy reach! Meows, we shall lay in our beds for the day while you, our humans, wait on us paw and paw for a day! Meows! Nothing is too good for pawrecious catsters!

Meows, paws, though some humans think cats are solitary individuals who do not like cuddling, that's not accurate! Cats, especially ones as pawsome as me, love a good cuddle. Spend time with you cat snuggling for a good cuddling on the couch. Pet, rub their bellies, stroke between their ears, and enjoy the pawsome purring. You will be a much better human by spending time with your cat. Purrs.

Cat Health Month is an excellent reminder to take your sweet catsterkins to the Veterinarian for a yearly health examination. An examination is meowingly helpful in preventing or alerting you to any pawssible health issues with your cat. Early detection of some health issues can lead to preventing them from becoming serious. During the examination, make pawsitive to have vaccinations and preventatives updated, meows, even indoor cats need vaccinated. Meowingly, if you haven't had your sweet fluffykins spayed or neutered, this is the pawfect oppawtunity to show your love by having it done. Purringly, an examination of your cats teeth and scheduling any cleanings or surgeries leads to a healthy mouth that leads to a healthy cat.

Meows, did you know cat obesity is a huge problem, no pun intended, with many house cats? Paws, obesity can lead to other more serious diseases like diabetes. A cat needs specially-formulated food to help it be the bestest-it-can-be. A discussion with a Veterinarian will provide great information for a good diet for you cat if you follow it closely. Maintaining their weight will help your cat be healthier and happier. Keeping your cat active with games and exercise helps maintain their weight too.

Paws,though my human did this before I began wondering around my new home taking over the pawlace and ruling as every great cat does, take the time to check your home for any pawssible toxic houseplants. If you are unsure about any plants, check them out online as there are pawlenty of resources available! Purrs! Keep cords, small objects, ribbons, and yarn off the floors to create a safer environment. If you use string toys, only allow playtime when you can supervise as they can become entangled or choke on it. Paws, consider using plastic spring toys and scratching posts.

Meows, keeping a close eye on your kitty, becoming familiar with it's habits, knowing it's reactions to circumstances or situations, and overall behavior goes a long way in helping your cat be healthy and happy! MEOWS! Meow!

My pawsome friend "Cat Lady" from PetConnect Rescue brought by a few friends needing "Forever Homes" with humans to love who will love them too.

Meet Holiday Fezziwig, a sweet, loveable and mostest handsome black cat who is around 5-months-old. Meowingly, he is good with other cats and mini-humans!

Meows, Duncan is nearly 2-years-old, good with dogs, cats, and mini-humans! He is affectionate and tolerant of noise, especially like the shelter he came from. He will make a great companion as he loves to be petted and hang out with his humans. Duncan is fiv+ but healthy. Research shows that fiv+ cats can live long, happy lives.

Meow, my handsome friend Dillion is around 13-years-young! He wants a quiet adult-only home to enjoy his retirement years! Purrs! He loves a sunny spot to nap, sitting on a warm lap and receive gentle stroking. Paws, don't be fooled, he is playful too- he loves a game of want toy chase! He would love a cat-savvy human to call his own and help him settle in his new home!

Contact PetConnect Rescue www.petconnectrescue.org, email: info@petconnectrescue.org or call 1-877-838-9171.

About Us! Samson is a Maine Coon cat who rules his human's household while writing articles about cats, cat adoption, entertaining cat stories, and cat cartoons at www.fromthedogspaw.com. Enjoy his articles? Pawlease follow us at www.fromthedogspaw.com by email. Samson is Cat-in-Charge, I am Noah, Dog to our human, Allen Pearson Dog Photographer and Writer,Allen Pearson Dog Photographer and Writer, www.allenpearsonphotography.com, www.allenpearsonphotographyjournal.com, www.facebook.com/AllenPearsonPhotography, www.instagram.com/allen_pearson_photography, www.instagram.com/fromthedogspaw, www.facebook.com/fromthedogspaw.



DILLON - PHOTO COURTESY PETCONNECT RESCUE



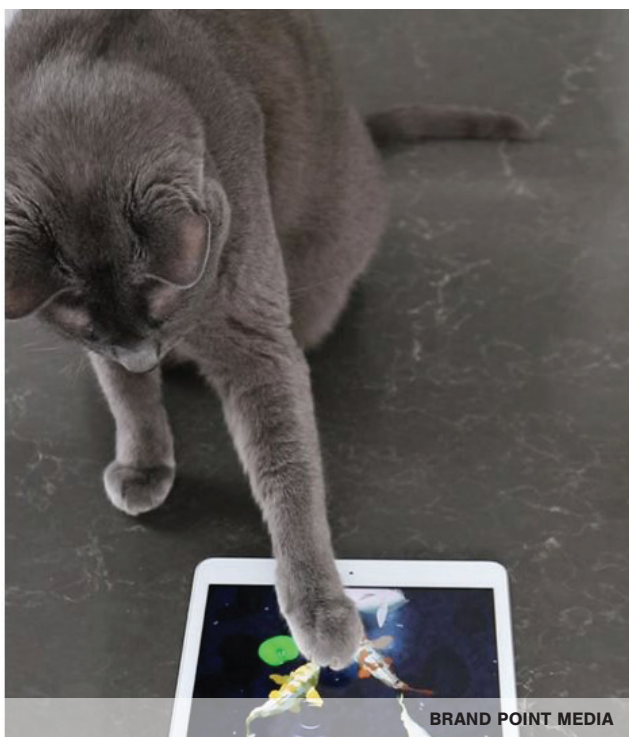
HOLIDAY FEZZIWIG - PHOTO COURTESY PETCONNECT RESCUE

5 fun ways to keep your cat entertained at home

Courtesy of Brand Point Medis

Thanks to the pandemic, many people have gone from working in an office to working from home, giving cat owners a chance to spend more time with their furry friends. With all this extra time, you have the opportunity to strengthen the bond you share with your cat while helping them get active and stay healthy.

Fortunately, there are several enrichment activities you can set up indoors to give them some much needed mental stimulation and prevent destructive behaviors.



BRAND POINT MEDIA

1. Plan a treasure hunt

One of the easiest ways to make a quick activity for your cat is to create a treasure hunt. All you have to do is hide small amounts of dry cat food in various spots around your house. Throughout the day, your cat can "hunt" for their food, which will keep them active in a fun and engaging way.

2. Play a game

Cats need mental stimulation just as much as humans - playing a game is a simple way to provide a stimulating, enriching experience. Friskies Cat Fishing 2, a free app available for iOS or Android, is a game designed specifically for cats. The app plays special sounds and displays schools of fish, encouraging your cat to pounce like she would in the wild. The more fish your cat catches, the higher the score. You can even keep track of her score and share it on social media.

3. Make a puzzle feeder

The active pursuit of food is instinctive for cats. A puzzle feeder is a great way to appeal to your cat's desire for physical and mental stimulation. All you need is a plastic water or soda bottle and a utility knife. Use the knife to cut a few small holes in the sides of the clean, sanitized bottle. Make sure the holes are big enough for pieces of kibble to pass through. Place some dry kibble into the bottle, screw on the cap and let your cat get to work.

4. Create your own cat toy

Cat toys don't have to be expensive or complicated. Get crafty to keep your cat busy with a DIY wand toy. Start with a wooden dowel (about three feet in length and half-inch diameter), a barrel swivel and some fishing line. Then, gather materials to customize your wand - like colored pom poms, colored felt, feathers and jingle bells.

5. Go for a walk

It may seem unorthodox, but cats can be trained to walk on a leash. Many cats enjoy getting out to explore the neighborhood. Taking your cat for a walk lets them safely experience the great outdoors. It can also give them some necessary exercise.

Planning activities for your cat keeps them entertained, helps them stay healthy and can strengthen the bond you share. Try these activities for quick and easy ways to enrich your cat's life at home.

— King Crossword —

Answers

Solution time: 25 mins.

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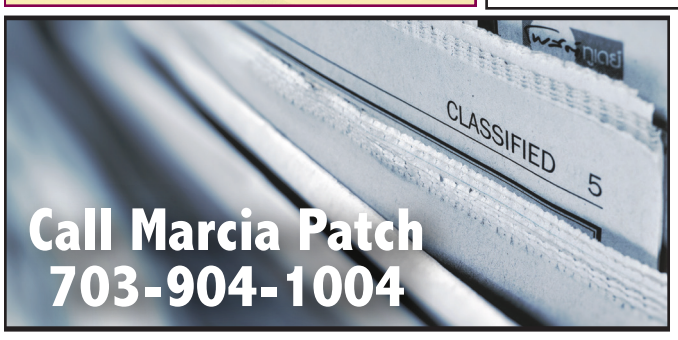
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IT. Multiple Openings: Strues Inc, Chantilly, VA - **Sr Software Developer**: Analyze, dsgn, devel, test & modify computer software applications & rev business systems. Position reqs travel/relo to various unanticipated client locs throughout the U.S w/ the expenses paid by the employer. Mail resume & position to Director of Operations, Strues Inc - 4229 Lafayette Center Dr, Suite 1750, Chantilly, VA, 20151.

TECHNOLOGY
CSC Covansys Corporation is accepting resumes for the position of Senior Professional Quality in Tysons, VA (Ref. #5043440). Perform quality assurance activities for medium software development projects and tasks of moderate complexity within the same and/or different accounts. Defines quality programs; revises processes and procedures. Establish and document a tailored strategy quality plan in collaboration with the project manager, for the performance of quality assurance activities for assigned project or task. Will work at unanticipated client sites throughout the U.S. Telecommuting is permissible. Mail resume to CSC Covansys Corporation, 6901 Windcrest Drive Plano Texas 75024. Resume must include Ref. #, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

Legal Notice

PUBLIC NOTICE

Notice is hereby given that Virginia Electric and Power Company is requesting a permit from Virginia Marine Resources Commission to install one overhead electric distribution line (1 circuit) a minimum 28 feet above an 18-foot wide section of Pohick Creek, between Andromeda Drive and Lee Prescott Drive as part of the Lee Prescott Pole Replacement Project in Fairfax County.

Send Comments/inquiries within 15 days to: Marine Resources Commission, Habitat Management Division, 380 Fenwick Road, Building 96, Fort Monroe, VA 23651 jpa.permits@mrc.virginia.gov.

[(Full name(s) of owner(s)]:
H I G Realty Credit Fairfax LLC

Trading as:
Hyatt Regency Fairfax
12777 Fair Lakes Cir
Fairfax, Fairfax County, VA 22033

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Wine & Beer (on premises) and Mixed Beverage license to sell or manufacture alcoholic beverages.

Ira Marc Weidhorn, Managing Director

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

3008115 (02-26-21, 03-05-21)

Legal Notice

[(Full name(s) of owner(s)]:
OBC Fairfax LLC

Trading as:
Ornery Beer Company
3950 University Dr Ste 106
Fairfax, Fairfax County, VA 22033

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Brewery (less than 500 barrels) license to sell or manufacture alcoholic beverages.

Randal Barnette, Managing Member

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

3008111 (03-05-21, 03-12-21)

Legal Notice

[(Full name(s) of owner(s)]:
OBC Fairfax LLC

Trading as:
Ornery Beer Company
3950 University Dr Ste 106
Fairfax, Fairfax County, VA 22033

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Wine & Beer (on and off premises) and Keg and Mixed Beverage license to sell or manufacture alcoholic beverages.

Randal Barnette, Managing Member

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

3008110 (02-26-21, 03-05-21)

Legal Notice

TOWN OF Herndon VIRGINIA

NOTICE OF PUBLIC HEARING

Notice is hereby given that the **Planning Commission** of the Town of Herndon, Virginia, will hold a work session on Monday, March 8, 2021, at 7:00 p.m. and a public hearing on Monday, March 22, 2021, at 7:00 p.m. Pursuant to Virginia Code Section 2.2-3708.2, as amended; the Governor's Executive Orders, as amended; and in accordance with Ordinance 20-O-23, Continuity of Governmental Operations during Pandemic Disaster (COVID-19), as amended and readopted by the Herndon Town Council on September 8, 2020, which superseded previously adopted amendments, the work sessions and public hearings may be by electronic means.

The public is encouraged to participate in the town's public hearing process. If the meetings are by electronic means, people having an interest in the items are invited to register to join the WebEx to state their opinions or to submit comments for the record to planning.commission@herndon-va.gov.

Electronic meetings will be broadcast through Cisco WebEx and details for the meetings will be made available to the public on **Wednesday**, prior to the meeting dates.

SPECIAL EXCEPTION AMENDMENT, SE #19-02, 525 Grove Street, Virginia, Dominion Energy Substation, to amend the conditions associated with the construction of a new telecommunications facility that includes a monopole. The proposed amendment would increase the amount of time allowed to construct the telecommunications facility. The property is split zoned; the west half in zoned CS, Commercial Services, and the east half is zoned O&LI, Office & Light Industrial. The property is designated in the Herndon 2030 Comprehensive Plan Land Use Map as "Community Facilities." The property is located on the south side of Grove Street, approximately 180 feet south from its intersection with Grant Street and is approximately 63,688 square feet in area. Fairfax County Tax Map Reference Number: 0162-02-0190E. Applicant: Vertical Bridge. Representative: Tessia Knight, Network Building & Consulting Solutions. Property Owner: Virginia Electric and Power Company.

SPECIAL EXCEPTION, SE #21-01, 400 Herndon Parkway, Peppertree Montessori, to permit a private school/daycare within an existing building. The property is zoned O&LI, Office and Light Industrial. The property is designated in the Herndon 2030 Comprehensive Plan Land Use Map as "Office Parks and Flexible Space." The property is located on the west side of Herndon Parkway, approximately 900 feet north from its intersection with Spring Street and is approximately 5.5 acres in area. Fairfax County Tax Map Reference Number: 0171 06 F3. Applicant: Gwendolyn Dozier, Managing Member, Peppertree Montessori, LLC. Property Owner: DK Herndon Parkway, LLC.

The proposed items are available for review by the public on the town's website www.herndon-va.gov beginning March 5, 2021, after 3:00 p.m.

The Town of Herndon supports the Americans with Disabilities Act by making reasonable accommodations for persons with disabilities, so that they may participate in services, programs, or activities, offered by the Town. Please call (703) 435-6804 to arrange for any accommodation that may be necessary to allow for participation.

Viki L. Wellershaus, Town Clerk

Note to Publisher:
Publish March 5 and March 12, 2021

Legal Notice

TOWN OF Herndon VIRGINIA

NOTICE OF PUBLIC HEARING

Notice is hereby given that the **Town Council** of the Town of Herndon, Virginia, will hold a public hearing on **March 9, 2021** at 7:00 p.m. Pursuant to Virginia Code Section 2.2-3708.2, as amended; the Governor's Executive Orders, as amended; and in accordance with Ordinance 20-O-23, Continuity of Governmental Operations during Pandemic Disaster (COVID-19), as amended and readopted by the Herndon Town Council on September 8, 2020, which superseded previously adopted amendments, the public hearing may be by electronic means.

The public is encouraged to participate in the town's public hearing process. If the meeting is by electronic means, people having an interest in the item are invited to register to join the WebEx to state their opinions or to submit comments for the record to town.clerk@herndon-va.gov.

Solicitation of public comment for consideration during the development of the Town Manager's proposed budget for Fiscal Year 2022.

The electronic meeting will be broadcast through Cisco WebEx. Details for the meeting will be made available to the public on **Thursday**, prior to the meeting date on the town's website www.herndon-va.gov.

The Town of Herndon supports the Americans with Disabilities Act by making reasonable accommodations for persons with disabilities, so that they may participate in services, programs, or activities, offered by the Town. Please call (703) 435-6804 to arrange for any accommodation that may be necessary to allow for participation.

Viki L. Wellershaus, Town Clerk

Note to Publisher:
Publish March 5, 2021

Legal Notice

TOWN OF Herndon VIRGINIA

NOTICE OF PUBLIC HEARING

Notice is hereby given that the **Town Council** of the Town of Herndon, Virginia, will hold a work session on Tuesday, March 16, 2021 at 7:00 p.m. and a public hearing on Tuesday, March 23, 2021 at 7:00 p.m. Pursuant to Virginia Code Section 2.2-3708.2, as amended; the Governor's Executive Orders, as amended; and in accordance with Ordinance 20-O-23, Continuity of Governmental Operations during Pandemic Disaster (COVID-19), as amended and readopted by the Herndon Town Council on September 8, 2020, which superseded previously adopted amendments, the work session and public hearing may be by electronic means.

The public is encouraged to participate in the town's public hearing process. If the meetings are by electronic means, people having an interest in the items are invited to register to join the WebEx to state their opinions or to submit comments for the record to town.clerk@herndon-va.gov.

Electronic meetings will be broadcast through Cisco WebEx and details for the meetings will be made available to the public on **Thursday**, prior to the meeting dates.

Ordinance, to adopt a zoning ordinance text amendment **ZOTA #21-01**, to reduce the minimum front setback requirement in the CS, Commercial Services, zoning district. This zoning ordinance text amendment is being considered pursuant to Virginia Code §§ 15.2-2204, 15.2-2285, 15.2-2286, and an Initiating Resolution adopted by the Town Council on January 26, 2021. The proposed zoning text amendments establish new, and clarify, revise, and/or delete, existing regulations and definitions in order to reduce the minimum required front setback from 50 feet to 25 feet. The proposed amendments include, without limitation: Chapter 78 (ZONING), Article IV (Business Districts), and Section 78-40.2 (CS-Commercial Services District).

Resolution, to consider a special exception, **SE #20-01, 1131 Elden Street, Pollo Campero,** to permit a drive-through service accessory to a new-construction eating establishment. The property is zoned CS, Commercial Services, and is designated in the Herndon 2030 Comprehensive Plan as "Adaptive" per policies for Tier Three parcels in the South Elden Area Plan. The property is located on the east side of Elden Street, approximately 260 feet south from its intersection with Alabama Drive and is approximately 29,000 square feet in area. Fairfax County Tax Map Reference Number: 0161-04050009B. Applicant: Campero USA Corporation. Representative: Menemsha Solutions. Property Owner: BXA, LLC.

Resolution, to consider a special exception, **SE #20-05, 385 Spring Street, Security Public Storage,** to permit the addition of four moving trucks for rent accessory to a self-service storage facility. The property is zoned PD-B, Planned Development - Business, and is designated in the Herndon 2030 Comprehensive Plan as "Office Parks & Flexible Space." The property is located on the southwest side of the Spring Street and Victory Drive intersection and is approximately 80,000 square feet in area. Fairfax County Tax Map Reference Number: 0162-02-0173B. Applicant: Man Choi. Property Owner: Herndon Storage, LLC.

The proposed items are available for review by the public on the town's website www.herndon-va.gov beginning March 12, 2021, after 3:00 p.m.

The Town of Herndon supports the Americans with Disabilities Act by making reasonable accommodations for persons with disabilities, so that they may participate in services, programs, or activities, offered by the Town. Please call (703) 435-6804 to arrange for any accommodation that may be necessary to allow for participation.

Viki L. Wellershaus, Town Clerk

Note to Publisher:
Publish March 5 and March 12, 2021

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