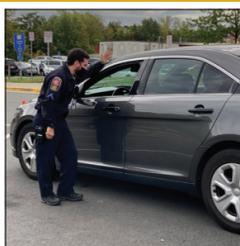




THIS WEEK INSIDE:



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Arc of Northern Virginia hosts practice police stops with FCPD

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UNSPASH

Fairfax County says it wants to hear from public on the names of two major roadways

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UNSPASH

Public Safety Committee holds hearing on staffing shortages, recruitment

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HEATHER REGAN PHOTOGRAPHY

The Musical of Musicals (The Musical!)

SEE PAGE B1



A tale of two candidates

McAuliffe on the trail with big names, while Youngkin connects with voters during multi-stop bus tour

By Heather Zwicker
 FAIRFAX COUNTY TIMES

As the last days of the gubernatorial campaign wind down, the candidates are making their final appeal to those who have not yet voted. And, the men who want to be your next governor have two very different styles of doing it.

Republican candidate Glenn Youngkin has been criss-crossing the Old Dominion on a 10-day bus tour, speaking to Virginians about the gas tax, grocery tax, education, safer communities and other proposals in his Day One Game Plan. Youngkin is hitting the final stops of his tour which stopped at 42 localities in 38 counties across the state.

“Millions of Virginians have joined me on this campaign to make Virginia the best place to live, work, and raise a family, and I am so



ADOBE STOCK

excited to close out the last days of the campaign by bringing my vision of safer communities, better schools, renewed job growth, and lower cost of living to every corner of the state with the Win with Glenn Bus Tour,”

said Youngkin. “What started as a campaign turned into a movement, and that means more fired up crowds for the Win with Glenn Bus Tour across the Commonwealth.”

Meanwhile, his opponent and

former governor Terry McAuliffe, stood with fellow career politicians such as Stacey Abrams, Joe Biden, Kamala Harris and Barack Obama, as he collected Pinocchios from the Washington Post on everything from false COVID claims, trying to link his opponent to a predatory dentist, to his assertion tying the state’s budget deficit he inherited when in the governor’s mansion to the GOP. Pinocchios are the metric the Post uses to rate the accuracy of statements made by public officials and other prominent leaders. Earlier this summer he earned them for what WaPo described as a “misleading” attack ad when they edited Youngkin’s comments during a panel discussion for an ad to make it appear he was a “big fan” of McAuliffe’s leadership.

Additionally, the Post gave

See CANDIDATES, Page A6

Yes, Virginia, we have a rape culture crisis in K-12 schools



ADOBE STOCK

By Asra Q. Nomani • SPECIAL TO THE FAIRFAX COUNTY TIMES

This past Monday, a teen girl walked into Courtroom 1A of the Loudoun County courthouse and testified, clearly and boldly, that a boy had violently sodomized her in the stall of a girl’s bathroom at Stone Bridge High School late last May, leading to Judge Pamela L. Brooks’ ruling the sexual act was non-consensual.

The teen realized justice for herself and another sexual assault victim of the boy, and she vindicated her father, Scott Smith, whose story would otherwise have been relegated to a footnote – footnote number 13 – in a letter dispatched late last month from the National School Boards Association to President Joe Biden, accusing angry parents of “domestic terrorism.” Her father had been arrested in June when he attended a Loudoun County Public Schools Board meeting, attempting to advocate for his daughter. With video – flashing indelicate images of

Smith’s butt – the devoted father became Exhibit A of America’s “angry parents,” as the press reported on U.S. Attorney General issuing a memo early this month, marshaling the FBI to essentially investigate parents.

Most importantly, with her testimony, the brave girl revealed an ugly truth, ricocheting now across the border to Fairfax County: Yes, Virginia, we have a rape culture crisis in K-12 schools. Just as universities and the U.S. military have had to tackle their issues of rape culture, we must demand that K-12 officials make our schools safe for children.

From the case of Smith’s daughter to new details being revealed now in media coverage, chat rooms, social media timelines and kitchen conversations, a disturbing pattern has emerged

See RAPE CULTURE, Page A5



By Laura Scudder • FAIRFAX COUNTY TIMES

Making home-cooked meals through Lasagna Love

Vienna woman provides meals for Afghan refugees, others in Northern Virginia

For Eileen Goldstein Scherzinger, there’s nothing better than a home-cooked meal made with love.

She embodies this through working with Lasagna Love, an organization which provides meals (mainly lasagna) to people who need them in any capacity.

“Our mission is not only to help address the incredible rise in food insecurity among families but also to provide a simple act of love and kindness during a time full of uncertainty and stress,” according to the Lasagna Love website.

Goldstein Scherzinger first joined Lasagna Love in September 2020, and was the first regional leader in Northern Virginia. Now, she manages the areas of Vienna, Reston, Herndon, McLean, Great Falls and Falls Church – working with more than 150 volunteers.

See LASAGNA, Page A4

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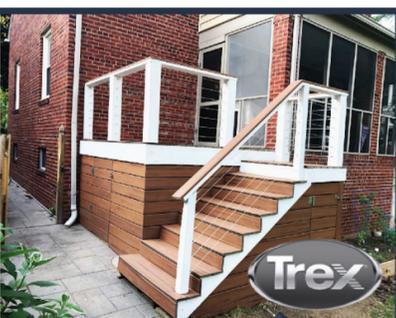


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PUBLIC SAFETY



COURTESY PHOTO

Regina LaBelle, acting director of the Office of National Drug Control Policy, and Drug Enforcement Agency Administrator Anne Milgram tour a site in Springfield where the public can drop off unneeded medications for safe, proper and anonymous disposal with Fairfax County Police Chief Kevin Davis October 23. Officers from the eight district police stations throughout Fairfax County helped collect more than 1,400 pounds of unused and expired over the counter and prescription medications. This important initiative addresses vital safety and public health issues. Unused or expired over the counter or prescription medicine left unsecured can be prone to misuse and may contribute to overdoses and accidental poisonings. Take-back boxes are available year-round at all eight Fairfax County district police stations.

Man shot in early morning robbery

The 73-year-old man who was shot in the early morning hours October 20 in the 2900 block of Annandale Road has sadly died as a result of his injuries.

Officers responded to the area around 6:15 a.m. after a bicyclist saw a man lying on the ground in the parking lot. Fire and Rescue personnel discovered Nelson Alexander, Sr. suffering from an apparent gunshot wound to the upper body. He was taken to an area hospital where he passed away October 23. The Office of the Chief Medical Examiner will conduct an autopsy to determine the manner and cause of death.

Preliminarily, detectives from the Fairfax County Police Department Major Crimes Bureau determined Alexander entered the parking lot in his Jeep around 5:20 a.m. to use the walk-up ATM. As he was standing in front of the ATM, he was approached by a man wearing a mask who displayed a small revolver. The man was seen on surveillance footage threatening the victim and made demands before shooting him. The suspect left the area in an unknown direction.

Officers along with canine officers and the FCPD helicopter conducted an extensive search of the area and were unable to locate the suspect. Surveillance footage of the incident was recovered from the bank. The suspect is described as a young black man, slim build, last seen wearing a black hooded sweatshirt, dark colored pants, light colored backpack, white shoes with black laces and a black face covering.

Detectives continue to follow up on several leads

provided by community members. The Fairfax County Police Department continues to ask for your help. Anyone with surveillance footage from the overnight hours of October 19 into the early morning of October 20 is asked to review it. Detectives believe the suspect may have been involved in other criminal activity overnight. If you have any information or if you believe you have surveillance footage that may be helpful, please call the Major Crimes Bureau at 703-246-7800, option 2.

Tips can also be submitted anonymously through Crime Solvers by phone - 1-866-411-TIPS (866-411-8477).

This is being investigated as the 19th homicide year to date in Fairfax County. In 2020, there were 10 homicides year to date.



COURTESY PHOTO

This knock-off jewelry was part of the 806 pieces of counterfeit consumer goods that CBP seized.

Dulles CBP seizes counterfeit consumer goods

Shipments with a voluminous amount of counterfeit consumer goods are usually transported in maritime cargo, so it was a bit surprising when Customs and Border Protection (CBP) officers encountered two women who arrived at Washington Dulles International Airport recently from Qatar with 806 counterfeit items packed into

21 checked suitcases. The 806 items, which included fake designer brand jewelry, watches, clothes, shoes, sunglasses and handbags, under the brand names Christian Dior, Dolce & Gabbana, Fendi, Gucci, Hermes, Prada, and Versace, among others, would have had a combined manufacturer's suggested retail price (MSRP) of \$1,065,779, if authentic.

Even the 21 suitcases that the fake goods were packed into were counterfeit.

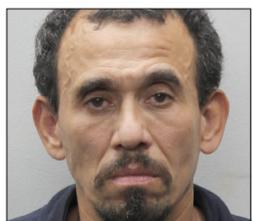
The two women, U.S. lawful permanent residents living in Virginia, arrived from Doha, Qatar August 8. A CBP officer referred the women to a secondary examination area to complete a formal entry for the commercial goods in their baggage.

CBP officers then suspected that the goods were counterfeit and detained the goods for a more thorough inspection. Officers inventoried 806 items and submitted documentation of the inventory to CBP's Consumer Products and Mass Merchandising (CPMM), and the Apparel, Footwear, and Textile (AFT) Centers of Excellence and Expertise.

CBP's Centers of Excellence and Expertise, which are the agency's trade experts, worked with trademark holders and by September 27 determined that all 806 pieces were counterfeit. CBP officers completed the seizure September 29.

"This might be one of the most uniquely large counterfeit goods seizures that Customs and Border Protection officers have seen in regular passenger baggage," said John Jurgutis, acting area port director for the Area Port of Washington, D.C. "We know that the illicit trade in counterfeit

consumer goods steals revenue from American businesses, threatens consumers with potentially unsafe products, and funds transnational criminal organizations, and CBP officers will continue to strike back at this illicit enterprise while protecting American consumers."



COURTESY PHOTO

Carlos Vigil

Area man arrested after assault

A victim was assaulted October 18 at 6:58 p.m. in the 6900 block of Hechinger Drive.

Carlos Vigil, 46, of no fixed address, tried to take personal property and nearby community members assisted the victim by holding Vigil until officers arrived. Vigil was taken to the adult detention center and charged with robbery.

In collaborative pedestrian safety effort, Fairfax County opens new traffic garden

Fairfax County continues to look for ways to make roadways and communities safer so that more people can enjoy biking and walking. Education is a key component to traffic safety and in a new collaborative effort, schools, county agencies, and Providence Supervisor Dalia Palchik created opportunities for children and families to learn more about the rules of the road on a small stretch of blacktop near the Graham Road Community Center.

Officials came together to plan and create one of Fairfax County's first "traffic gardens" that serve as a place that mimics real-life street conditions and that's out of harm's way.

"This year I had the opportunity to participate in the Virginia Walkability Action Institute," said Palchik. "The institute is a model for the type of multi-sector partnerships we need to address community challenges around traffic safety and

walkable/bikeable communities. The grant that supported the creation of this traffic garden at the Graham Road Community Building was an excellent way to end the program with an actionable improvement for the community."

Established in the 1940s, the intersection of Graham Road near Arlington Boulevard is now a traffic commuter hot-spot with more than 51,000 vehicles traveling through the intersection each day, yet 12 percent of residents don't own a vehicle and hundreds of pedestrians walk to school, work, shopping, and houses of worship each day. The area is diverse and rich in culture, with a full 50 percent of residents who speak a language other than English at home.

Led by the Fairfax County Health Department, the following agencies collaborated on the Traffic Garden project: Fairfax County Public Schools, Fairfax County Police Department, and the Fairfax County Department of Transportation.

SAFE	SCARY
Take these precautions, and have fun!	Beware of...
Incorporate a cloth or surgical mask into your costume	Indoor parties and gatherings
Trick-or-treating in small groups outdoors, or enjoying other outdoor activities	Inviting trick-or-treaters inside
Wash hands before eating candy	Using a costume mask as a substitute for a cloth/surgical mask
Track local virus transmission rates, and take extra precautions where rates are high	Crowded doorsteps
Get the COVID-19 vaccine (age 12+) and your flu shot	Trick-or-treating if you feel sick

Celebrate Halloween safely

While COVID-19 cases are slowly declining, families are wondering if it's OK to celebrate Halloween this year. The short answer is yes, but with precautions.

According to the Centers for Disease Control and Prevention (CDC), there are ways to enjoy the tradition and still protect your health. The best way to protect you and your loved ones from COVID-19 and possibly spreading the virus to others is to get vaccinated as soon as you are eligible and wear a mask indoors when there is substantial or high levels of community transmission.

While trick-or-treaters under 12 aren't eligible for vaccine yet, this fun tradition can be done safely if families keep activities outdoors, wear a cloth or surgical mask (don't rely on a costume mask to

protect you), avoid crowded doorsteps, and wash hands before eating candy.

The Virginia Department of Health recommends the following guidance:

- If you have COVID-19 symptoms, have tested positive for COVID-19 in the past 10 days, or have been in contact with someone with COVID in the past 14 days, stay home and away from others.
- If you are self-isolating or self-quarantining, do not participate in trick-or-treating this year, rather, consider virtual options to celebrate.
- Maintain at least six feet of distance between yourself and others who do not live in your household.
- Wash your hands before going trick-or-treating or handing out candy. Hand sanitizer should be used while trick-or-treating or handing out candy when soap and water aren't available.
- Wear a cloth mask. Halloween masks may not fit

snugly against the face and may not cover the nose and mouth. Halloween masks with gaps and holes do not protect against inhaling respiratory droplets from other people.

Wearing a cloth mask under a Halloween mask may make it hard to breathe and is not recommended.

• If you hand out candy, consider setting up an area outside, like a folding table or chairs, to set out candy. Space out the placement of treats so that multiple people do not have to reach into the same bowl. Consider contactless ways to deliver treats, like a candy chute that is more than six feet long.

• For trunk-or-treating, create distance between cars by parking in every other space.

• By working together and making small adjustments, we can enjoy traditions and still protect our own health and the health of our family and friends.

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PEOPLE AND PLACES



COURTESY PHOTO
Matt Thompson

Fairfax County appoints court services director for juvenile and domestic relations district court

Matt Thompson has been appointed director of Court Services for the Fairfax County Juvenile and Domestic Relations District Court (JDRDC), effective October 25. Thompson succeeds Bob Bermingham, who served in the role for 11 years.

Thompson has been assistant court services unit director for JDRDC's probation services since July 2016. He began his career with Fairfax County in 1997 when he was hired as a probation officer assigned to the Fairfax County Juvenile Detention Center. He later moved from residential services to community-based services, taking the role of probation officer with the North County Probation Unit in 2004. He was promoted to unit director in 2010.

Throughout his career Thompson has demonstrated a passion for working with children, adults and families in need of court intervention. His vast experience, knowledge and leadership have resulted in significant enhancements to how court services are equitably delivered and accessed. In his previous position, Thompson led the development and implementation of multiple system reforms including the nationally recognized Alternative Accountability Program, the JDRDC Mediation Program, the Assessment Services Unit, Adult Pre-Trial Services, the Bifurcation Hearing Process and the successful application of evidence-based practices at major system decision points.

The director of Court Services oversees a budget of approximately \$28 million dollars and more than 330 positions. Under the direction of the deputy county executive for Health, Housing and Human Services, the director leads, plans and directs a variety of programs designed to promote the well-being of individuals of all ages and abilities, families and communities. The director works in collaboration with the Fairfax County Juvenile and Domestic Relations Judiciary, Fairfax County Public Schools, Fairfax County Police Department and other Health and Human Services agencies in strategic work associated with providing community safety, justice and rehabilitation; facilitating community engagement to identify areas of need; and enhancing capacity for community safety.

Thompson holds a bachelor's degree in government from the University of Virginia. In 2017 he completed the Senior Executive Institute program at the University of Virginia/Weldon Cooper Center for Public Service. He also earned certified public manager accreditation from the Metropolitan Washington Council of Governments in 2020.

Thompson will receive an annual salary of \$157,500.

Sheriff's office peer support team earns statewide accreditation

Focusing on mental health issues affecting the community has long been a priority for Fairfax County Sheriff Stacey Kincaid, especially for those who come into contact with the criminal justice system. Internally, Kincaid is very focused on tending to the mental health concerns of Sheriff's Office employees. Her agency's revamped Peer Support Team recently earned accreditation from the Virginia Department of Health (VDH) Office of Emergency Medical Services.

"We had a peer support team for decades, but training for members was inconsistent and the team was not utilized to its fullest potential," Kincaid explained. "Confidentiality may have been lacking as well," she added. "Peer support training needs to be thorough, trauma-informed and crisis-ready. I saw a real need to build a strong, compassionate and discrete program to best meet the needs of our staff and their families."

Dr. Grace Davidson, licensed professional counselor, is a Cigna Employee Assistance Program contractor, providing therapeutic and behavioral health services to Sheriff's Office employees. Once the existing peer support team was disbanded, Davidson collaborated with the Sheriff's Office to create a new Peer Support Team and serve as its supervisor.

In the spring of 2020, Lt. Jay Thomasson, occupational health and safety officer for the Sheriff's Office, sought recommendations from agency supervisors for potential team members. He wanted to know who interacts well with others, and who do staff turn to for help with personal concerns? Thomasson received and vetted a list of names, representing a diverse group of employees, and forwarded names to Davidson for interviews and selection.

With a 12-member team established, Davidson spent several months training them, both individually and as a group, always stressing the importance of maintaining privacy for the consumer of peer support services. "Team members can reach me day or night for advice and resources to facilitate their interactions. If a serious situation demands a professional counselor, I am always available," said Davidson.

2nd Lt. Stacie Talbot helped start the original Sheriff's Office peer support team in 1998 and is excited about peer support's return in a new and improved manner. "The team members are taking their role very seriously," said Talbot. "We are a group of compassionate, dedicated people who are engaged and willing to help any of our co-workers."

To be accredited by the state, a peer support team must, at a minimum, include a licensed clinician and peers in law enforcement, fire/EMS and/or dispatchers; training that meets OEM standards; and certifications in peer-to-peer, group and suicide prevention/postvention training. Teams must also have a 24-hour contact number, an alerting process, no fewer than quarterly meetings, standard operating procedures and team documentation. In addition to the Fairfax County Sheriff's Office, only nine other Virginia public safety agencies are accredited by the VDH for Critical Incident Stress Management (CISM) or Peer Support teams.

"Dr. Davidson went above and beyond in the process that led to our Peer Support Team's accreditation," said Kincaid. "We are very proud of the team members and believe they are ready to listen and provide judgment-free advice in a safe space."

Arrowbrook closure tied to residential development road project

Lots of people have been asking what is happening at the pond and trail at Arrowbrook Park in Herndon. Currently the park is closed to accommodate construction on a road.

Stanley Martin Homes is developing a residential neighborhood on Dulles Technology Drive and has contracted with William A. Hazel Inc. to construct the extension of McNair Farms Drive. The project area is located southwest of the Centreville Road and Sunrise Valley Road intersection.

Extending McNair Farms Drive requires rehabilitating the pond in the Park Authority's Arrowbrook Park. In the interest of public safety, a portion of the existing trail network, pond boardwalk and gazebo area within the park is temporarily closed. Construction is expected to be completed in summer 2022.



COURTESY PHOTO
Mac Curtis

Blue Delta Capital Partners names venture fellow

Blue Delta Capital Partners recently named Mac Curtis as a venture fellow.

Prior to joining Blue Delta, Curtis was the chairman and CEO of Perspecta, which was acquired by Peraton for \$7.1 billion. He took Perspecta public in 2018 by merging his company Vencore with the U.S. Public Sector unit of DXC Technology and Keypoint Government Solutions. Curtis had previously run Vencore as a standalone and before that was the CEO of Vangent (acquired by General Dynamics).

Curtis holds a bachelor's degree in civil engineering from the Virginia Military Institute. In addition to his numerous industry awards (including a consistent presence on the Wash100 list), he is also very active in the community, including the Military Bowl board, Virginia Foundation for Independent Colleges (VFIC) board and having served as the chair of the American Heart Association's Greater Washington Heart Ball, Heart Walk and the Professional Services Council (PSC).



COURTESY PHOTO
Greg Self

CC Pace announces promotion

CC Pace announced the promotion of Greg Self to mortgage practice director.

In this position, Self will lead CC Pace's Mortgage consulting practice by working with existing and new clients on an array of services designed to bring innovative solutions to the mortgage industry.

Self joined CC Pace in 2015 and brings 30 years of Mortgage Banking and IT experience to this new role. He is an accredited mortgage professional (AMP), and a licensed mortgage loan originator (MLO). His

expansive mortgage background includes expertise in production, operations, capital markets, credit, technology, and governance.

CC Pace's Mortgage practice, under Self's leadership, will focus on strategically designed mortgage lending operations, systems, and digital transformations.

Flint Hill appoints new head of school

Flint Hill School has announced the appointment of Patrick McHonnert as its incoming head of school. McHonnert will succeed John Thomas, who is retiring after 17 years of leadership as headmaster and over 50 years dedicated to the field of education. The transition will take place on July 1, 2022.

"I am honored to build on the rich history and strong foundation built by John Thomas' leadership of the School," McHonnert said. "Flint Hill makes intentional decisions to live its mission with authenticity and support of its community, which appeals to me greatly both as an educator and as a father of two soon-to-be Huskies. I am so grateful for this opportunity and look forward to joining the Flint Hill family in the coming months."

McHonnert joins Flint Hill from Orange County, Calif., where he is currently the head of school at St. John's Episcopal School. It was important for Flint Hill's next leader to have the right cultural fit as much as it was to have the qualifications and background. McHonnert innately has the Flint Hill qualities of a growth mindset, passion for promoting student-centered education, and he also approaches each day with an unparalleled level of integrity. McHonnert was chosen for his qualities and characteristics

and also for his impressive background. He previously served as associate head of school at Phoenix Country Day School, and his background includes experience in admissions, marketing and communications, and college counseling. McHonnert's academic background includes a master's degree in educational leadership and administration from Arizona State University and a bachelor of arts in literature and legal studies from Claremont McKenna College.

McHonnert's appointment begins a new chapter in Flint Hill's story. For the past 17 years, through Thomas' leadership, Flint Hill has garnered respect and recognition in the field of independent schools. The Search Committee and Board of Trustees sought and found a leader who will uphold Thomas' legacy while making an impact of his own — a trailblazer who leads with compassion and embraces the Husky way. McHonnert's exemplary

leadership, adept skills for building community and passion for education fortified The Search Committee's unanimous recommendation and Board of Trustees' decision to select him as Flint Hill's next head of school.

"We know that we have found in Patrick an authentic and compassionate leader with a child-centric educational philosophy," said Pia Trigiani, chair of Flint Hill Board of Trustees. "With his genuine approach to building and sustaining community, coupled with his commitment to education, Patrick has the qualities that the Flint Hill community identifies as integral in our school leader. We are confident that Patrick will continue the traditions and foundational work that are the hallmark of John Thomas's tenure at Flint Hill."

McHonnert will be coming to Flint Hill with his wife, Jessica; daughter, Charlotte; and son, Jack.

OBITUARIES

In loving memory
Roy Lee Fox



Roy Lee "Buzz" Fox, age 85 of Partlow, Virginia passed away peacefully Wednesday, October 20, 2021 at Spotsylvania Regional Medical Center due to complications from Covid-19.

Roy was born in Herndon, Virginia, to Roy Perry and Alvin Virginia Fox in April 1936. Following graduation from high school, Roy was employed with Fairfax County Public

Schools where he worked as a carpenter for thirty plus years. Roy was married to Phyllis Buchanan Bridges on July 1, 1961. They were married for eleven years and had one daughter. Roy also had a stepson from this marriage. He later married Jane Hill. They were married for ten years.

Roy enjoyed spending time with his family and was considered by family members to be a very benevolent person towards his family and others. He learned about work ethic as a young child living and working on the family farm. This carried over with him into the rest of his life. He liked to stay busy in his garage tinkering with tractors, cars and other various types of equipment. He had a love for music and enjoyed playing guitar and singing with his buddies. Roy was probably most remembered for his sarcastic sense of humor. He was always looking for a good laugh.

Roy is survived by his sister Louise; brothers Paul, William and Carl; daughter Monica, stepson Gary; granddaughters Briana and Erika and his longtime girlfriend Sandra Thomas.

Funeral services will be held at Wallers Church 4001 Partlow Road, Partlow, Virginia 22534 on October 30, 2021 at 11:00.



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Arc of Northern Virginia hosts practice police stops with FCPD

By Michael Marrow
FAIRFAX COUNTY TIMES

The Arc of Northern Virginia, a local chapter of the national non-profit that supports people with intellectual and developmental disabilities, hosted practice police stops with the Fairfax County Police Department October 23, where those with disabilities and their families could rehearse interactions with law enforcement in a low-stakes setting.

The practice stops were held in multiple locations across the county, where officers volunteered to run through encounters like traffic and subject stops with visitors. The initiative is one among many comprehensive resources the Arc offers to individuals and family members of those with disabilities, which are often lacking during interactions with the justice system. The Arc spearheaded other measures as well, such as the distribution of comfort kits that individuals can use to distract themselves or soothe nerves during an interaction with first responders.

Improving service for people with disabilities has been a focus of the police department as well. Since 2016, the county's Diversion First program — which provides alternatives to incarceration for low-level offenses committed by people with disabilities, substance abuse issues and mental health illnesses — has helped decrease the jail behavioral health population with misdemeanor charges by 28 percent between 2015 and 2020, according to Diversion First's most recent annual report.

The county is also working to roll out a co-responder program that provides crisis intervention in the field for those suffering from behavioral or mental health disorders. The co-responder team currently in place, which consists of law enforcement officers and staff from the Fairfax-Falls Church Community Services Board, operates Wednesday through Friday, though the county is looking to expand the program to achieve 24/7 coverage.

Rikki Epstein, executive director of the Arc of Northern Virginia, said that a pilot program for the practice stops was first implemented last year. The event was so successful that FCPD, The Arc of Northern Virginia, and the county's Office of



COURTESY OF THE ARC OF NORTHERN VIRGINIA

Emergency Management decided to expand the program. Every FCPD district station participated in the event this year, according to FCPD spokesperson 2nd Lt. James Curry.

"People with developmental disabilities tend to have far more negative encounters with police and the justice system, often because of miscommunication and lack of understanding," Epstein said. She noted that interacting with police officers can be a high-stress situation for many people and that providing those with disabilities a chance to practice a police stop could help de-escalate future encounters.

The event could also serve as a "training tool" for officers "to understand the needs and challenges of people with disabilities when they encounter them. So hopefully it's a win-win for both," she added. The event was funded by a grant from the Mid-Atlantic ADA Center, a program run by the national non-profit TransCen headquartered in Rockville, Md. that specializes in workforce development for youth and young adults with disabilities and provides support for the Americans with Disabilities Act. TransCen Vice President Ann Deschamps, who was present at one of the practice stops, said that the event will have a "ripple effect." Most initiatives that make an impact start at the local level, Deschamps reasoned, and families will share their experience in the community because "these officers made it meaningful for them."

Esther Baldivia and her son, Nick, who is an affected member of the community, attended the practice stops. She said that it had been a struggle to obtain a proper stamp identification issued by the DMV

that signifies certain conditions and that some officers did not seem knowledgeable about what the code on the license meant. "We learned a lot more work needs to be done," Baldivia said, adding that she hopes officers receive training at the academy that prepares them for multiple real-world scenarios that involve stopping people with a disability.

Curry said that FCPD officers receive "several hours of Crisis Intervention Training" as well as instruction geared toward de-escalating encounters at the county's Criminal Justice Academy, which trains law enforcement for FCPD, the Sheriff's Office, the towns of Herndon and Vienna, and the Fairfax County Fire Marshal's Office.

"De-escalation is one of the founding principles in FCPD's policing model and a technique our officers deploy to handle all calls for service," Curry added, writing that the department works to "evaluate all the calls we respond to and divert those who are in the need of mental health services."

Events like the practice stops "can help police officers better understand individuals they may encounter," Epstein said, preparing them for upcoming situations where they will be less likely to "jump to conclusions" about individuals who may have conditions like autism or an auditory processing disorder. She added that she hopes people with disabilities "have more tools in their toolbox" following the practice stops and that proper resources for individuals and police officers can "shift the whole situation from going awry to being a good encounter where people are more understanding."

Fairfax County says it wants to hear from public on the names of two major roadways

Chairman McKay hints name changes are a done deal

By Heather Zwicker
FAIRFAX COUNTY TIMES

The Confederate Names Task Force (CNTF) is holding listening sessions to get public feedback on whether the names of two major roadways in Fairfax County should be changed.

The Fairfax County Board of Supervisors established CNTF back in July to review the names of Lee Highway (U.S. Route 29) and Lee-Jackson Memorial Highway (U.S. Route 50), and to make recommendations to the Board on whether to change the names on one or both roadways. If such a recommendation is made, CNTF will also provide recommendations on proposed alternative names.

While the CNTF will make a recommendation on whether to change the names of the roadways, the final decision will be made by the Board of Supervisors.

"In Fairfax County, our diversity is our greatest strength and it's important that we honor and celebrate that diversity," said Fairfax County Chairman Jeffrey C. McKay. "We cannot ignore what the Lee and Lee-Jackson Memorial Highway names represent in our community and especially to our African American neighbors. The Confederate Names Task Force, which includes a diverse group, will examine and make recommendations on how both roadways can better reflect our values as we chart a positive path together for the future."

Last year, the Board asked the History Commission to create an inventory report of Confederate monuments, street names and places in Fairfax County. The report, completed in December 2020, explains why some county locations have Confederate

associated names and lists 157 locations within the county where they exist. The report did not include federal property, public schools, places of worship, or cemeteries. Lee Highway and Lee Jackson Memorial Highway were the primary Confederate named highways on the list.

During a meeting last week, Tom Biesiadny, director of the Fairfax County Transportation Department discussed the costs of possible name change for both roads. For changing the signs alone, 171 signs on Lee Highway and 55 signs on Lee-Jackson Memorial Highway, the cost could range from \$1 to \$4.2 million. This does not include the in-house costs for changing maps, GPS, etc. because the county can roll that over as another task in those departments affected, he said. Biesiadny said the Board of Supervisors plans to offer a \$500 grant for each business as they change business cards, signs and more.

The CNTF plans for postcards informing recipients of the survey and listening sessions to be sent to approximately 450,000 residents beginning October 28, right about the time the listening sessions will begin.

The first listening session took place October 28. Additional listening sessions will take place at 10 a.m. October 30 at the Fairfax County Government Center, and 7 p.m. November 4 at the Sully District Government Center. A virtual meeting will be held November 1 at 7 p.m.

Additionally, a survey is available in eight different languages and comments will be accepted until November 12. Printed copies of the survey are available at all county libraries and supervisor district offices. An online survey can be found at <https://bit.ly/3BknmpC>.

LASAGNA
CONTINUED FROM PAGE A1

"All the volunteers shop, cook and deliver the food. So we do not get reimbursed by anybody, this all comes out of the kindness of their hearts. And, you know, we're fortunate to live in an area where people can do that," she said.

Goldstein Scherzinger matches volunteers with families after receiving requests through an online system which her husband helped create. From there, volunteers make direct contact with the family or individual to connect and coordinate drop off.

Her latest project through the organization is providing meals to Afghan refugees, who she knew she had to help when they began arriving in this area. Goldstein Scherzinger explained that while the project started with lasagna, it has expanded.

"So this project kind of grew really fast. I did my research and I tried to find out what foods were common to their country, and things that we could maybe cook for them in larger quantities. And through some outreach I found — there was a woman who connected with me who had a very large group of children who are here without their families that needed help with finding resources to feed them. So we made a whole arrangement and I set it all up," she said.

While Goldstein Scherzinger and her volunteers make food for Afghan refugees, she said she is proud of the growth she's seeing in her volunteers — conversations are being had with their children about the situation in Afghanistan and people are trying new international recipes.

Aside from the cultural conversations being had in households, Goldstein Scherzinger said her favorite part of the organiza-

tion is spreading that positivity and community through a meal.

"It's seeing that people are recognizing there are good people out there. Because I think there's so much hate in this world sometimes. And I think that's part of why I got involved with Lasagna Love ... because it was during a really rough time. We had COVID, we had the election and the political situation was not very good. So people were just so down. And for us to be able to do something and just, for a moment, make somebody's day a whole lot better — it's long lasting, and I think it's contagious," she said.

She also emphasized that anyone can ask for help through Lasagna Love, no matter the reason. People can also nominate others to help them get a homemade meal.

"I think there's a lot of stigma with asking for help. And that's definitely one of our things we try to overcome with what we do. We're never going to judge anybody for requests. So if you need a night off because you're just exhausted, that's okay, just the same as if somebody has no food in the refrigerator. We want to help," she said.

Just as there is no stipulation for who can request a meal, Goldstein Scherzinger said that they ask for no financial documentation, and that those receiving meals do not need to provide anything to volunteers in return.

"We just want to know how many people we're feeding, if you have any allergies or dietary restrictions and where to bring the food," she explained.

Outside of working her full time job, Goldstein Scherzinger spends much of her free time with Lasagna Love. While it can be a lot of work to balance, she said that it is work worth doing.

"I think I am energized by doing this, so it makes me make it work," she said.

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Fairfax County and Arlington Partnership for Affordable Housing break ground on senior apartment community in Lee District

**Courtesy of
Fairfax County
Redevelopment and
Housing Authority**

Fairfax County leaders joined the Arlington Partnership for Affordable Housing (APAH) and a host of project partners to celebrate the start of construction on the Oakwood Senior Residences in Lee District.

APAH was selected to be the developer of the project, which will be constructed on a 6.2-acre site owned by the Fairfax County Redevelopment and Housing Authority (FCRHA), at the intersection of Oakwood Road and South Van Dorn Street. The development will include 150 affordable independent living apartments serving seniors ages 62 and above with household income at or below 60 percent of the area median income. Oakwood Senior Residences represents APAH's first project in Fairfax County as the nonprofit developer expands beyond Arlington.

In addition to being a significant step forward for affordable senior housing, leaders lauded the innovation of the project in terms of land use.

This project is the first where the Fairfax County

Board of Supervisors transferred ownership of its property to the Redevelopment and Housing Authority for the development of affordable housing," said Board of Supervisors Chairman Jeff McKay. "It's a trailblazing achievement that is already being modeled as we investigate the potential for other county sites to incorporate affordably priced housing for our most vulnerable residents - including individuals with disabilities, seniors, and extremely low-income households.

The location for the community is currently in use as a stormwater retention pond. The design includes the installation of an underground stormwater retention facility with the senior residences above it.

According to the county's Communitywide Housing Strategic Plan, seniors present the second greatest need for affordably priced homes - behind small family households and individuals. Nearly one-third of the residents of Lee District are older adults, many of whom are renters. According to Fairfax County's demographic data, 52 percent of older adults who rent are cost-burdened by excessive rent compounded by limited income. More than half of

that number pay more than 50 percent of their income on rent.

"This Oakwood community will bring a wealth of benefits to our senior population in Lee District," said Supervisor Rodney Lusk. "Not only will the rent be affordable for our low-income seniors, but its location in the community and the co-located programs, services, and activities will open doors of opportunity that would have otherwise remained unrealized."

The Oakwood Senior Residences is the latest in an increasing number of public-private developments designed to bring long-term affordable housing opportunities to communities throughout the county. From the award-winning Fallstead senior living community (McLean) to the Residences at North Hill (Alexandria), Fairfax County's affordable housing portfolio is beginning to see more projects in development on public lands representing well over \$100 million in real estate investment for affordable housing.

"We are very proud of the partnerships we have cultivated with developers like APAH - and particularly with the relationship we have enjoyed with the Board of Supervisors - to find new



COURTESY PHOTO

and creative ways to bring affordable housing to Fairfax County," remarked Fairfax County Redevelopment and Housing Authority Chairman Melissa McKenna. "When we can come to the table with a commitment to provide public land for projects like this, it goes a long way towards reducing a developer's overall project costs in order to take communities like Oakwood from concept to reality."

In addition to the contribution of public land, Fairfax County and the FCRHA also invested \$5.25 million in local housing blueprint funding, nearly \$12.6 million in revenue bond financing, and awarded eight project-based vouchers for the project. Additional financing for the project includes both four

and nine percent low-income housing tax credits awarded by Virginia Housing, funding through the Virginia Housing Trust Fund administered by the Virginia Department of Housing and Community Development, and \$30 million in equity investments from Bank of America.

Oakwood is the first project in development through a public-private partnership with APAH in Fairfax County. The property will include a mix of one- and two-bedroom apartments with a variety of residential amenities, resources, and programs to serve the five fundamental pillars of APAH's resident services program:

- Housing and Family Stability
- Health and Wellness

- Education
- Workforce Solutions
- Community Solutions

"We are very excited that Oakwood will give us the opportunity to bring the APAH experience to Fairfax County," said APAH President and CEO Carmen Romero. "In both design and function, we envision a community that will complement the surrounding neighborhood and provide fulfilling experiences, engaging opportunities and supportive programs for all of our residents."

The community is currently projected for completion and occupancy by fall 2023. For more information about leasing at Oakwood Senior as the project nears completion, please visit www.APAH.org.

Public Safety Committee holds hearing on staffing shortages, recruitment

By Michael Marrow
FAIRFAX COUNTY TIMES

The Public Safety Committee of the Board of Supervisors convened October 26 to receive an update from Fairfax County Police Chief Kevin Davis about the status of his 100-day plan for the police department, as well as address concerns about recruiting, hiring, and retaining officers and other public safety staff.

Davis took over as chief in early May following the retirement of former Chief Edwin Roessler and was tapped to lead the department to resolve internal tumult and declining morale. He unveiled his 100-day plan that month, which aims to limit officer attrition, implement data analysis to examine topics like crime trends and officer wellness, and promote diversity within the department, among other measures.

Davis addressed new initiatives by the department, such as its 30x30 campaign to increase female recruitment to 30 percent by 2030. According to Davis, just 16 percent of FCPD staff are women. Additionally, he said FCPD is in the process of rolling out new digital recruitment tools and has hired a full-time staffer whose focus is to retain officers who may be eyeing an exit from the department.

"I think the work you're doing is resonating in the community," Public Safety Committee Chairman Rodney Lusk told Davis, citing the department's community events. "This issue of morale is a pretty big one." Davis responded that the retention officer and the implementation of a mentorship program that begins at the county's Criminal Justice Academy have had a "dramatic" impact on retaining officers.

FCPD is also working to improve its internal and external relationships, Davis said. He has hosted a Meet the Chief series and the department has engaged with

advisory councils on topics like faith and business. FCPD has also recruited LGBTQIA and Muslim liaisons.

Davis was able to share some positive trends. Total crime is down more than 13 percent this year in the county, resulting in 3,614 fewer victims. Homicides, however, are at a nearly 20-year high, which is consistent with FBI data showing a national spike in murders. He noted that a third of homicides are sons killing close family members like parents and siblings and that suicides rose as well.

A leading cause for concern for county leaders is the staffing shortages that persist across public safety agencies, according to a presentation by multiple departments. The Department of Public Safety Communications, which fields 9-1-1 calls, has a staff vacancy of 11 percent, whereas the vacancy rate for Fire and Rescue hovers around 8 percent. That has created a specific shortage in paramedics, according to Assistant Fire and Rescue Chief Tom Arnold. The Sheriff's Office vacancy rate is about 12 percent and FCPD's staff vacancy rate sits just below 10 percent. The departments stated that vacancies are expected to grow in the coming years.

Vacancies among the agencies are driven by several factors. Departments greatly increased staff levels in the late 1990s and early 2000s, meaning that hundreds of positions hired in that timeframe are now eligible for full retirement or will be soon. FCPD, for example, recorded its highest number of retirements in 2020. Interest in becoming an officer has also been plummeting for several years, which is reflected in national trends: FCPD received 4,121 applications in 2015, a number that steadily fell every year and is now down to 1,450 this year.

"Between a combination of retirements and projected

resignations, our concern is that we're never going to get ahead," said sheriff's deputy Maj. Tamara Gold. She cautioned that staffing shortages have forced deputies to turn down requests from FCPD to help transport patients under a temporary detention order and that continued lack of staff could cause the Sheriff's Office to roll back alternatives to incarceration like the county's work-release program. Gold pointed out that better compensation for FCPD officers compared to sheriff's deputies poses an additional problem for recruitment since candidates interested in law enforcement in Fairfax are often drawn to FCPD's superior salary rates.

FCPD's attrition rate has risen slightly to 7 percent in the last two years, with an 8-year average of 5.7 percent, and if hiring rates remain static vacancies are expected to climb year over year. "Based on our projections, the police department will have to significantly modify the way we deliver police services within our community in the next 10 to 12 months," FCPD Deputy Chief Bob Blakley said. He added that FCPD would need to nearly double the number of officers hired every year to make a significant impact on vacancies and that the largest source of officer attrition is retirement.

"To have the best we need to pay the best," said Springfield Supervisor Pat Herrity. Blakley noted that regional competition is siphoning away talent as well, identifying it as an area where Fairfax can improve in recruiting more officers. "If we're going to compete in this market where Prince George's County just approved a bargaining agreement that will effectively give their officers a 15 percent [pay] increase, we have to be the best," Blakley said, otherwise other jurisdictions will "just leave us in the dust."

RAPE CULTURE

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of K-12 public school officials, dismissing allegations and incidents of sexual violence and harassment, hiding them from statewide databases and moving perpetrators to new schools in a disturbing and dangerous game of cat-and-mouse.

Samar Rafiqzad, a Class of 2021 graduate of Fairfax County Public Schools, knows.

Two years ago, Rafiqzad, now 19, went to officials at Lake Braddock Secondary School and filed a complaint about a boy in class who had been allegedly sexually assaulting her. School officials mishandled her complaint, she says, putting her in a class with the boy even after her complaint. In a series of Twitter messages that went viral in May, around the time when the Loudoun County girl was attacked, she wrote from her handle @SamarHelai, "I had to grow up entirely too fast."

This week, Rafiqzad told me, "Locally and nationally, the reality is that administrators and school officials have been feeding into rape culture and protecting themselves over protecting the safety of students."

Because of reporting by a local father, journalist Luke Roziak, who uncovered the first details of the Smith family case, we now know that Fairfax County Public Schools paid its outside law firm Hunton Andrews Kurth to fight the case of another former Fairfax County student, known as B.R., who said she was repeatedly "raped, sexually assaulted, sexually harassed, terrorized, extorted, bullied, and threatened with death by other students" at Rachel Carson Middle School between October 2011 and February 2012, according to the complaint. Governorial candidate Terry McAuliffe worked for the Hunton Andrews law firm as a cyber security expert.

In another case, a student, known as "Jane Doe," said school officials mocked her after she complained about a sexual assault during a band trip in 2018, and the school board showed her "deliberate indifference," according to a recent judicial ruling.

Stacy Langton, a local mother who recently spoke to the Fairfax County School Board, exposing books that promote pedophilia (and explicit porn) in local school library books, said, "We have a culture of grooming and sexual exploitation in Fairfax County Public Schools that we must end. We have to protect our children." After she testified, none of the board officials immediately contacted her, a few of them only reaching out to her in recent days.

The issues are statewide and nationwide. Earlier this year, a group of advocates started a new organization, End K-12 Violence, and they share disturbing statistics on their website, including that an estimated four of five girls "will be the victim of harassment or gender-based intimidation by the time they reach the 12th grade."

On October 22, students walked out of school in Arlington, to protest the lack of action by administrators to alleged sexual assault.

For the Fairfax County school district's part, spokeswoman Julie Moulton said she could not comment on pending litigation and added, "FCPS aims to ensure our schools are safe places for students and staff. FCPS has a robust process in place to deal with any allegations of sexual assault that may occur,

including extensive and ongoing supports for the alleged victim," noting the school district is at "the forefront among K-12 educational systems in our efforts to provide fair and equitable procedures to all students."

Rafiqzad doesn't buy it. This week, she watched the videos of Loudoun County students protesting the coverup of sexual assaults in their schools, and she is emboldened and dedicated to advocating on behalf of the many victims who have written to her. So too are other advocates. Current and former Fairfax County students and parents just started an organization, Shatter the Silence FCPS, with the Twitter handle @ShatterFCPS, writing: "For years, Fairfax County Public Schools have covered up a hidden epidemic of sexual harassment, sexual abuse, discrimination, and human trafficking in their schools. Enough is enough!"

In Loudoun County, the first victim in the case didn't have a tidy narrative—and yet, to her family's and her credit—she persisted and prevailed. The girl told the judge that said she had previously had consensual sex with her assailant in the girls' bathroom, but she had insisted in conversations on the social media platform Discord that she didn't agree to anal sex, confirmed by copies of the Discord conversation entered into court documents.

The girl testified then - with clarity - about the fact that on May 28 she met the boy in the girls' restroom, where he anally raped her. In the courtroom, the defense attorney, William "Ben" Mann, then tried to shame the girl by asking her: if she had already had sex with the boy, wouldn't she think that she'd be expected to have sex again? The girl looked straight at the attorney and confidently said, "That's ridiculous." She testified clearly that he had no right to her body even if they had had consensual sex before. That clarity is critical, because - at the end of the day - a non-consensual sex is a crime. Full stop.

Elizabeth Lancaster, a Loudoun County attorney for the two victims, said about her client who testified, "Her testimony took bravery, and she showed great poise."

In court, the boy acknowledged he wore a skirt. It came up because he tried to claim that he hadn't forced the girl to do a "second sex act," which was fellatio, but rather, in a nonsensical claim, said his skirt had gotten caught in his watch, according to people in the courtroom. At the end of the day, the detail of the skirt is not important to the facts of the case. The boy was a sexual predator. Full stop.

This is a case of a troubled boy who took advantage of a relationship in which he had carefully groomed his victim. And then, after being moved to a new high school, Broad Run High School, he groomed the second victim he sexually assaulted on October 6, according to people familiar with the case.

During the student walkouts, students at Broad Run High School shouted very real truths. "Why was a rapist allowed in our school?" said one student. Another yelled, "This isn't a political issue. This is a human issue."

Back in court, after the case was heard, the teen who testified against her assailant turned to her mother and told her, as any teen would do, she was hungry and ready for a meal. That is the normal - and boring - rhythm of childhood we must protect for America's children, so they don't end up on the witness stand in places like Courtroom 1A.

CANDIDATES

CONTINUED FROM PAGE A1

McAuliffe two Pinocchios when he said that women's lives would be "in jeopardy" and doctors would be "put in jail" because Youngkin would sign a law just like the one in Texas, despite Youngkin's statement that he would not at all sign such a law. "I've said this whole campaign, I am in favor of life," said Youngkin. "But the Texas bill is not viable and confusing."

When fact-checking some of the statements made by Youngkin, Politifact rates his claim that Virginia has the lowest standards in math and reading as only half true, and they gave him a Pants on Fire for stating that McAuliffe called in President Joe Biden to put the DOJ on Virginia parents. Federal research does show Virginia has the lowest baselines for student proficiency on standardized

tests for fourth-grade math and eighth-grade reading. The comparison does not show how well students are learning but measures the rigor of the standards. Virginia's fourth graders rank near the top and its eighth graders rank high in math and at the national average in reading, according to the Politifact website, a distinction not made by Youngkin. Also, after Youngkin's claim, the National School Board Association recently backtracked on their letter for security help from the DOJ.

In the weeks since the last debate, McAuliffe has repeatedly been called out for his smears against parents who want to have a say in their child's education. In fact, he put out an ad to do damage control regarding his words during the debate in which he said, "I'm not going to let parents come into schools and actually take books out and make their own decisions. I don't

think parents should be telling schools what they should teach."

Just this week Black Virginians and parents rejected his campaign's cries of racism and false claims about banning books. McAuliffe had responded to criticism for him vetoing bipartisan bills during his tenure as governor in 2016, by calling Youngkin's flag of an explicit book a "racist dog whistle" and "right-wing culture war." The book, *Beloved* by Toni Morrison, resulted in bipartisan legislation which was vetoed by McAuliffe. It had been assigned to junior and seniors in some advanced placement high school literature classes.

"To me, this is just another opportunity [for McAuliffe] to frame this as a racial issue when it is in fact not. It's an opportunity for people to try to frame it as someone who's interested in banning books. It is not," said Kay Cole James, former

Fairfax County School Board member and Virginia State Board of Education member. "To me it just shows desperation at this point in the campaign. And, I think that the African American community is just far too sophisticated to paint this as a racial issue. All this [legislation] did was simply give parents the opportunity to know when their children are engaged in books that some may deem controversial, and have the opportunity either for another opportunity for learning or to even engage in discussion with them."

James went on to say that she thought the McAuliffe campaign had mischaracterized bills he vetoed. She said neither bill would have allowed parents to veto books or take them off the shelf. "I find it interesting that those bills were bipartisan and they were supported by members of the African American community. These were bipartisan bills that should

have given parents rights and Terry McAuliffe vetoed them," she said.

Former Virginia governor Douglas Wilder also recently blasted McAuliffe for failing Black Virginians and parents. In an interview with News7, Wilder said that both McAuliffe and current Governor Ralph Northam have not funded Historical Black Colleges (HBCUs) and Universities when given the chance.

"Terry McAuliffe has had an opportunity to do it. He hasn't done it as it relates to Historically Black Colleges and Universities. Ralph Northam has the opportunity now to do it," said Wilder. "We need funding for Historical Black Colleges and Universities and Glenn Youngkin has indicated he will support that." Northam did indicate that he included money for HBCUs in his 2020 budget. McAuliffe and his campaign did not respond to questions from News7.

"This is no longer Republicans vs. Democrats. We've got to stop with the partisan divisiveness and come together around those things we know are right for Virginia's future." Youngkin told supporters who turned out in Great Falls at the first stop of his bus tour October 23. He called teachers, police officers, sheriffs, public servants and children the quiet heroes. "It is the quiet heroes that we're going to work for."

Current polls show the race is neck and neck between McAuliffe and Youngkin. According to Politico, McAuliffe is expected to dominate Northern Virginia and Youngkin will do well in the southern and southwestern parts of the state, but it all depends on turnout. Public polling shows the candidates tied in the Richmond market. Early voting is open through October 30. And election-day voting is November 2.

SPORTS

Centreville fends off South Lakes; week 9 roundup

By Michael Marrow
FAIRFAX COUNTY TIMES

The Centreville Wildcats (6-2) held off the South Lakes Seahawks (4-4) October 22 at Centreville High School, rebounding late in the second half to cruise to a 27-13 victory.

Supporters of the home team filled the stands shortly before the game, which followed a day packed with events like a school parade to commemorate homecoming night for the Wildcats.

Centreville had an explosive start thanks to junior running back Isaiah Ragland, who scored every one of the

Wildcats four touchdowns. On the third play of the game, Ragland slipped through the Seahawks defensive line to find an open field, carrying the ball nearly 70 yards for a touchdown. With more than 11 minutes remaining in the first quarter, Centreville was leading 7-0.

After a back-and-forth for the remainder of the quarter, Seahawks running back and middle linebacker Anthony Giordano topped off a 57-yard run with a short trip to the endzone two plays later, tying up the score at 7-7.

As the teams switched sides to start the second

quarter, the Wildcats marching band trotted out to perform a crowd favorite, known as the "guillotine." Dancing to the beat of a drum crescendo, a synchronized line of trumpet players spins around, swinging their instruments over their neighbors' heads as the other ducks. This time, the band one-upped their previous performances by pulling off the guillotine blindfolded, which was met with roaring approval from the stands.

South Lakes returned to the field fired up, fueled by runs from Giordano. An offensive penalty that called back a 32-yard touchdown

pass to Giordano hardly seemed to break their stride, leading Centreville to call a timeout on 4th and 1 to slow the Seahawks roll. South Lakes went on to get within striking distance but were forced to kick a field goal that was no good.

At the end of the second quarter, the score was still 7-7.

In the stands, Centreville senior Nate Scott said during halftime that his final football season as a student was one where he was "going out in glory." Senior Brock Sims reasoned that "college is a lot bigger" when asked what he would miss about Friday night lights, saying that "We're like a family in the student section." However, he was quick to add, "I'm not going to miss too much, though. I'm ready to get out of here."

The stalemate between the two teams continued through the third quarter, as Centreville and South Lakes struggled to break through each other's defense. Even clever plays, like a fake punt attempt for South Lakes that picked up a first down, failed to turn the tide. On both sides of the ball was Giordano, who was consistently picking up yards and putting a stop to Centreville's offense.

"He's probably one of the best players in the Concorde District," Ragland said in a post-game interview, noting that staying on top of Giordano was key to Centreville's victory. "Everyone knows each other in the Concorde," he added. "Playing a game with each other is always fun and competitive."

A consistent out pattern offense by South Lakes then began to show promise. With nine minutes remaining in the fourth quarter, Giordano carried the ball into the endzone, though an unsuccessful extra point left the score at 13-7.

The pressure was on the Wildcats as the clock was ticking down when an explosive series of plays tipped the game in their favor. After a big kickoff return was followed by a 42-yard keeper by quarterback Bryan Resto, Ragland finished off the drive with a touchdown run. With 7 minutes remaining, the score was 14-13.

After South Lakes was forced to punt, Centreville gained the upper hand when Ragland carried the ball into the endzone once again for a score of 21-13. Shortly thereafter, confusion briefly reigned on the field: with just over four minutes remaining, the Wildcats recovered a fumble from the Seahawks on third down, but a referee had accidentally blown an early whistle, making it a dead



ball. Due to a rule known as an "inadvertent whistle," the Seahawks were permitted to redo the down against a bewildered group of Wildcats.

"That rule needs to change," Centreville head coach Jon Shields said after the match. "That's about as unfair as it gets. Especially in a game like this, it's going to cost someone a game."

After the Wildcats put a stop to the Seahawks drive, Ragland sealed the deal for Centreville. With just over three minutes remaining, he carried the ball for a 66-yard touchdown, leaving the score at 27-13 when South Lakes junior John-Michael Lyons blocked Centreville's extra point attempt. After forcing the Seahawks to go three-and-out, Centreville ran out the clock.

At the end of regulation, Centreville's marching band was sure to slip in the last word, queuing up a brass rendition of Queen's "Another One Bites the Dust" as the teams shuffled off the field.

Here's the roundup of the other games from week 9 of high school football.

Lake Braddock at Fairfax

The Lake Braddock Bruins ended the Fairfax Lions undefeated streak for a 34-27 win. The Bruins are 6-2 and the Lions are 6-1.

Falls Church at Annandale

A shooting nearby Annandale High School's campus forced the Falls Church Jaguars and Annandale Atoms to end their game early Friday night. The teams met again on Saturday, where the Atoms won 21-18. Annandale is 2-7 and Falls Church is 0-7.

Langley at Marshall

The Langley Saxons fell to the Marshall Statesmen. The final score was 26-21, making the Saxons 0-8 and the Statesmen 4-4.

West Potomac at South County

The West Potomac Wolverines handed the South Lakes Stallions their first loss of the season after pulling away for a 36-21 victory. The Wolverines are 6-2 and South Lakes is 7-1.

Lewis at Hayfield

The Lewis Lancers were pummeled by the Hayfield Hawks in a brutal 62-0 shut-out loss. Lewis is 1-7 and Hayfield is 4-5.

Oakton at Chantilly

The Chantilly Chargers picked up their first win in the Concorde District against the Oakton Cougars for a final score of 21-7. The Chargers are 5-3 and the Cougars are 4-4.

West Springfield at Alexandria City

The West Springfield Spartans edged out the Alexandria City Titans 24-23, improving to 6-2 this season. The Titans are 4-4.

Woodson at Robinson

In a high-scoring match, the Robinson Rams dispatched the Woodson Cavaliers for a comfortable 69-27 win, remaining one of only two Class 6 schools that is undefeated this season. Woodson is 2-6 and Robinson is 8-0.

Rappahannock County at Thomas Jefferson

The Rappahannock County Panthers were bested by the Thomas Jefferson Colonials 34-8. The Panthers are 0-6 and the Colonials are 6-2.

McLean at Herndon

The McLean Highlanders rallied to beat the Herndon Hornets after trailing 21-6 at halftime for a final score of 28-21. McLean is 2-6 and Herndon is 0-7.

Madison at Westfield

The Madison Warhawks notched their fourth shutout victory of the season against the Westfield Bulldogs for a score of 34-0, their seventh straight win following a season opening loss to Stone Bridge. The Warhawks are 7-1 and the Bulldogs are 4-4.

Edison at Mount Vernon

The Mount Vernon Majors prevailed against the Edison Eagles on their homecoming night, delivering a shutout 37-0 win. Mount Vernon is 5-4 and Edison is 3-7.

Justice at Washington-Liberty

The Justice Wolves defeated the Washington-Liberty Generals 40-28. The Wolves are 4-4 and the Generals are 2-6.

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Beware of the holiday sugar cascade

KEYS TO BETTER HEALTH
CINDY SANTA ANA



It's trick-or-treating time again, and candy sales are soaring. Skittles, Starbursts, and Sour Patch Kids are among the most popular... and while their shapes and flavors vary, they all have one thing in common:

They're all almost pure sugar, with a side of artificial colors and flavors.

The average Halloween trick or trick bounty amounts to about three cups of sugar per child.

That sugar megadose can have effects beyond the immediate sugar high, stomachache, and trouble sleeping. It can lead to longer-term gut issues including gas, bloating, and diarrhea that can last for days.

Worse, that super sugar high can set the stage for health issues through the whole winter cold and flu season, making your kiddos more vulnerable to the myriad infections are floating around. Next up is Thanksgiving with pies and rolls and then the holiday season with copious amounts of cookies, candies, and confections.

Did you know that your phagocytes

(the "Pac-Men" eating all the bad bacteria and viruses in our immune system) are severely decreased for five hours after eating 100 grams of sugar?

Halloween is your gut microbiome's least favorite holiday

A decent Halloween haul packed with sugar can easily knock your child's gut microbiome out of balance in a flash.

A healthy gut contains trillions of diverse beneficial probiotic bacteria and a small population of harmful pathogens that are kept in check. When the gut microbiome is in balance, those probiotic bacteria provide numerous health benefits, from improved immune function to healthy digestion to better focus in school.

But when your child's gut falls out of balance - a condition called dysbiosis - be ready for a wide variety of physical, mental, and emotional health issues.

In dysbiosis, pathogens vastly outnumber probiotics. Those harmful bacteria produce toxins, trigger inflammation, and undermine your child's wellbeing. And it doesn't take much to tip the balance toward dysbiosis, especially during the Halloween (and December holiday) sugar season.

In fact, studies show that children with dysbiosis can suffer from both

immediate and chronic health problems including:

- Anxiety and depression
- ADHD
- Behavioral problems
- Recurring respiratory tract infections
- Persistent diarrhea
- Asthma
- Chronic constipation

Thankfully, when you know how to properly support the gut, you can help your child stay centered and healthy in this or any sugar season. This goes for us grown-ups too!

- Eat a nutrient-dense, whole foods diet with an emphasis on vegetables.
- Cut back on processed foods and fast foods.
- Stop sodas and drinks with artificial sweeteners, like aspartame, sucralose, and acesulfame potassium.
- Eat at least 1 tbsp of fermented foods daily, like kimchi, fresh kraut, kefir, fermented veggies, or plant-based yogurt. You can also add a probiotic.

These tips can help you stay focused and away from the sugar this holiday season. If you need more support, meal plans, or nutritional therapy this fall, let's chat. I can be reached at www.UnlockBetterHealth.com.



Acupuncture, Chinese medicine and its perspectives on health



By Asim Safdar
L.Ac, M.om
LICENSED ACUPUNCTURIST

Acupuncture is a complete system of health, which incorporates the mental and the physical aspect of the body. Acupuncture has gained in popularity in the United States in recent years, as it has gained recognition all over the world outside of China. It has been recognized as a system of medicine in many countries including France, England, and the United States. Although it is known to treat musculoskeletal conditions, the theories which underlie its mechanism of action can be applied to treat a wide variety of different conditions.

There are various aspects to the human body. One aspect is the mainstream view which perceives the body as different systems. Theories of Chinese Medicine offer a broad aspect, which incorporates these systems into a whole being. The mind is directly related to the body. Each system of the body has its functions and is interdependent upon other aspects of the body to create balance and harmony, which leads to health rather than disease. Acupuncture has been practiced in China for more than 2,000 years. The view of the body mentioned above was applied into creation of numerous theories tested over centuries of experience by various practitioners. This experience has been preserved in textbooks, which is now taught and experienced in Acupuncture schools across the world.

The Theory of Meridians

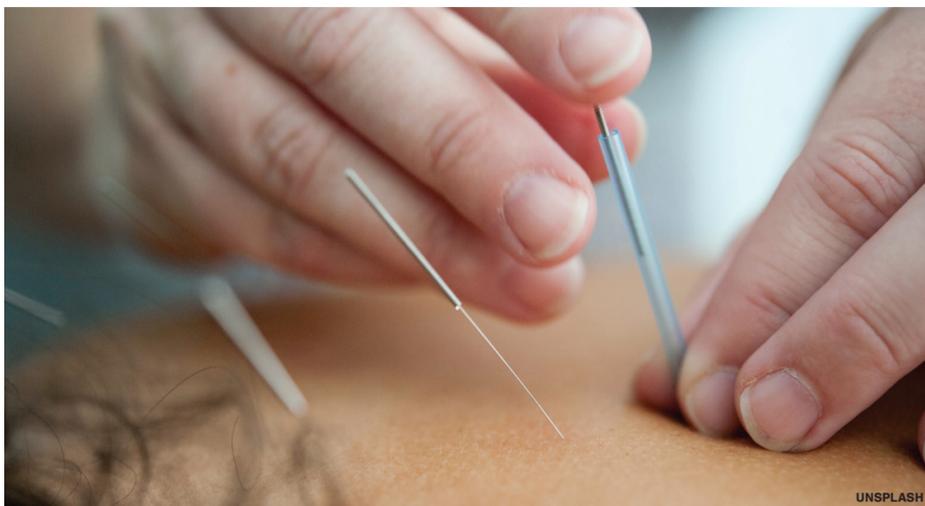
The efficacy of Acupuncture is undeniable. In my own personal experience, the insertion of needles into specific points creates immediate change. This can be observed in the treatment room through the feeling of the pulse, which is part of diagnosis, and through the experience of the

patient, who reports improvements in their symptoms following treatments.

The discovery of meridians on the human body lead to the creation of Acupuncture. It was discovered that inserting these needles on specific points creates change, which improves symptoms over time. These meridians flow and gather into specific points across the body. Each of these points have certain functions, which relate to certain organs, symptoms, and disease. These channels can be related to the nerve pathways and the lymphatic system or the energy flow which is known as Qi in Chinese Medicine. This theory developed into a comprehensive physiology, which is now studied in Acupuncture schools and applied in clinics.

Modalities of Chinese Medicine

There are four main components of Traditional Chinese Medicine: Acupuncture, Chinese Herbal Medicine, Nutrition Therapy, and Qi gong. Acupuncture offers a drug-free approach to improve the overall health of the patient. It creates a balance in the disharmony which leads to disease. Together, with lifestyle changes, such as adequate sleep, dietary changes, and treatment, an Acupuncturist restores balance into the system. Acupuncture can be used to treat digestive disorders, disease of the nervous system such as epilepsy, migraines and headaches, gynecological conditions, infertility, insomnia, arthritis, urinary issues, schizophrenia, gout, tennis elbow, neck and back pain, hypertension, facial pain, allergic rhinitis, morning sickness in pregnancy, prostatitis, ulcerative colitis, bell's palsy, sexual dysfunction, cancer pain, adverse reactions to chemotherapy and radiation. A list of conditions and their evidence can be found in the following source: <https://bit.ly/2XSDEbS>.



NOVEMBER 6-7

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Dressing up garbage

Dear Editor,

Three years ago our 12th grader's required English book contained sexual activity between a man and an older teenage girl, father stomped to death, mother burned, revenge, obsession, and fantasy killing (*Jazz* by Toni Morrison). The other required book contained alcoholism, homosexuality, sodomy, frustrated sexuality, infidelity, jealousy, seduction, lying, insulting remarks, and threats to kill (*Cat on a Hot Tin Roof* by Tennessee Williams).

It was the fall of 2020, and the news was highlighting the drastic increase in suicide/mental health issues in teenagers due in part to the pandemic. Our 9th grader's required English book celebrated two teens that had to learn the "art of killing" in a utopian world. One teen states, "It is the most difficult thing a person can be asked to do, And knowing that it is for

the greater good doesn't make it any easier. ... The ending of life used to be in the hands of nature. ... We are its sole distributor .. how necessary the work is." (*Scythe* by Neal Shusterman).

In an email to GCM Principal Litz, and others, I responded, "I am well aware that in this area we have an abundance of students struggling with mental health and suicide. I am struggling with this arbitrary unjust taking of innocent lives without due process and without any legitimate authority. I know, I know, 'it's just dystopia.' As adults when our mental health dictates that we not read certain materials, we can put it down. But how many vulnerable students in that class will be able to tell the teacher they can't read the book for mental health reasons? How many students will take to heart that since the lives in this dystopia book don't

matter that their lives don't matter?"

A few days later the high school community received an email from Principal Litz that a student had taken his life. I then emailed the principal, and others, an overwhelming amount of pre- and post-covid alarming statistics regarding the suicide/state of the mental health of our children and implored them to substitute the 9th grade English required reading books.

Nothing changed. How can GCM claim to care about their students with an apparent blatant disregard for the current climate and students' mental health? It's well-known that what we read affects our mental state.

Afterward I FOIA'd the GCM required English reading books for all grades. They have 56 books on their approved list. All, except two - one being an alternate book that

my child could have read and the other being Hamlet - has the caution to consider language, violence, implied or explicit sexual situations, mental health, and drug/alcohol use. Every book that my daughters would have been required to read was permeated with this type of content, not just a chapter or a few pages. All 56 books had the stated objective for students to understand diverse perspectives and to reflect on the diversity of the school's community. In essence, they justify these debauched books by utilizing worthy themes.

Last week FCPS (Fairfax) Superintendent Brabrand sent out an email stating there are monthly challenges being shared on TikTok that include vandalism, assaulting staff, invading someone's personal space, and inappropriately assaulting or displaying private parts. He ends with threatening

possible criminal charges and encouraging parents to talk with their children to make it a safe environment.

There should be synaptic connections going off in the brains of the FCPS administration, the school board, the principals, and those in the English departments that what students are reading in class is in part responsible for these activities. It's the rhetorical questions of causation versus correlation and appropriateness.

Those responsible for the distribution of books of this genre in our schools are failing the students by not critically thinking about the state of the students' mental health, the morality of such materials, and the appropriateness of such materials. The distribution of these low-denominator books is inconsistent with directives of law. The Supreme Court has stated there is a "duty to inculcate community

values in school." And "[t]he importance of public schools in the preparation of individuals for participation as citizens, and in the preservation of the values on which our society rests, long has been recognized by our decisions." Virginia Codes emphasize moral and character education. In fact, the legislature does not need to show actual harm to ban materials in order to protect «the social interest in order and morality." And the list goes on.

Parents allowing their children to read such books in one thing; schools requiring the reading of such materials is another thing. It is important for students to read critically and inculcate community values. They can get to their objective without dressing up garbage.

Deborah Hommer
Fairfax, VA
founder, 501(c)(3)
ConstitutionalReflections

Taxes on thin-gauge plastic bags add unnecessary burden on Virginia families

Dear Editor,

Heather Zwicker's September 17 article "Board approves 5 cent bag tax" helps to shine a light on the limitations of carryout bag taxes rapidly spreading across the state and their negative effects on Virginia families.

These new taxes will add an unnecessary burden on households throughout Virginia who are already affected by rising food costs, economic instability, increased costs of living, and the ongoing global health crisis.

While a tax of five cents per bag may not mean much to the activists pushing these policies, for struggling Virginia families, the taxes represent just one more burden. Concerningly, research from the University of Ottawa on bag fees makes it clear that our vulnerable neighbors are more likely to be burdened by these regressive policies.

Now is not the time to add costs at the checkout counter by forcing consumers and stores to switch to more expensive and reusable bags imported

from overseas that are made from plastics that cannot be recycled.

Instead, we should work together to promote increased recycling of American-made plastic grocery bags through the industry-pioneered convenient store take back programs. Regressive taxes that force consumers to use alternative products with greater environmental impacts aren't the answer.

Zachary Taylor
Washington, D.C.
Director of the American
Recyclable Plastic Bag Alliance

Re: U.S. Attorney General declares war on parents, as son-in-law's big tech firm data mines Fairfax Country kids

Dear Editor,

I am writing a response to the article titled, "U.S. Attorney General declares war on parents, as son-in-law's big tech firm data mines Fairfax Country kids", published in your newspaper on October 8th, 2021. My name is Michael Daamash and I wanted to expand on the idea that parents are unable to speak out toward their child's school safety. Families believe their child's information should be kept private, but FCPS regards their behavior as "quality control" when associating with a third-party consultant (Panorama Education). Biases are thrown around by families discussing that Panorama Education is benefiting because

Attorney General Merrick Garland is threatening families through FBI watch lists for voicing their concerns. Understanding that FCPS schools' security set up secure data exchanges before parents are ever notified is frightening. Once this information was presented to the public of course many families became outraged, I would be too. With all of this in mind do parents have protocols they can take in an attempt to keep their child's school information safe? Does it become reasonable to send out students' information, even if it's to act on child mental health without parent's knowledge?

Michael Daamash

Faith reminds us of our civic duty

Dear Editor,

Any presidential election cycle is bound to be filled with canvassers knocking on your doors, endless television ads, phone calls and signs everywhere. And judging by the last presidential election, these theatrics can go on for years.

Yet, for some reason when local elections for governor, and state level representatives come around, the energy is dead. Yet, local level elections impact us more directly. Locally elected officials affect how our schools are funded, how law enforcement can operate, or how expensive our toll roads will be.

For those of us who are people of faith, this ignorance is simply unacceptable. As an

American Muslim and life-long Virginian, I urge my fellow Virginian Muslims to wake up and get out to vote. In the Holy Qur'an, it states «And do not forget to do good to one another» (2:238). These are things that can affect our everyday lives, yet we lack the interest and knowledge to mobilize.

If we are fulfilling this duty properly, we have to be active members in our community. We are the eyes and ears of what is happening and can bring attention to issues through our vote. But if we are not active in meeting and serving our different communities and then voting on the issues that matter to us, we will be doing a disservice to our community, nation and faith.

Saira Bhatti
Centreville, VA

A happy Halloween for all animals

Dear Editor,

In reference to your article "5 Tips to Safely Celebrate Halloween with Your Pets," we also can help farm animals enjoy a safe and happy Halloween by swapping our Halloween candy with a delicious vegan alternative.

Avoiding candies with dairy, gelatin, and other animal products can reduce animal suffering. How do animals suffer in the production of these products, you might ask? The dairy industry repeatedly impregnates cows so they continuously produce milk for humans,

rather than for their babies. These poor mother cows are milked for hours in unsanitary conditions, resulting in irritated or infected udders. When they can't produce any more milk, they are killed usually around 4 years old, even though cows are able to live to 20+ years. Gelatin, on the other hand, is derived by boiling the bones and ligaments of animals. By avoiding these products in your candy, you are decreasing the demand for these products and sending a message to these companies that consumers don't want candy with ingredients created through

harming animals.

Many of your favorite candies are already vegan such as Airheads, SourPatch Kids, and Jolly Ranchers. There are also some easy swaps for candies that aren't vegan. For example, you can swap Reese's Peanut Butter Cups with Justin's Peanut Butter Cups. This Halloween, make sure everyone is safe, from you and your furry friends to farm animals around the world. All you have to do is swap your Halloween candies with vegan versions.

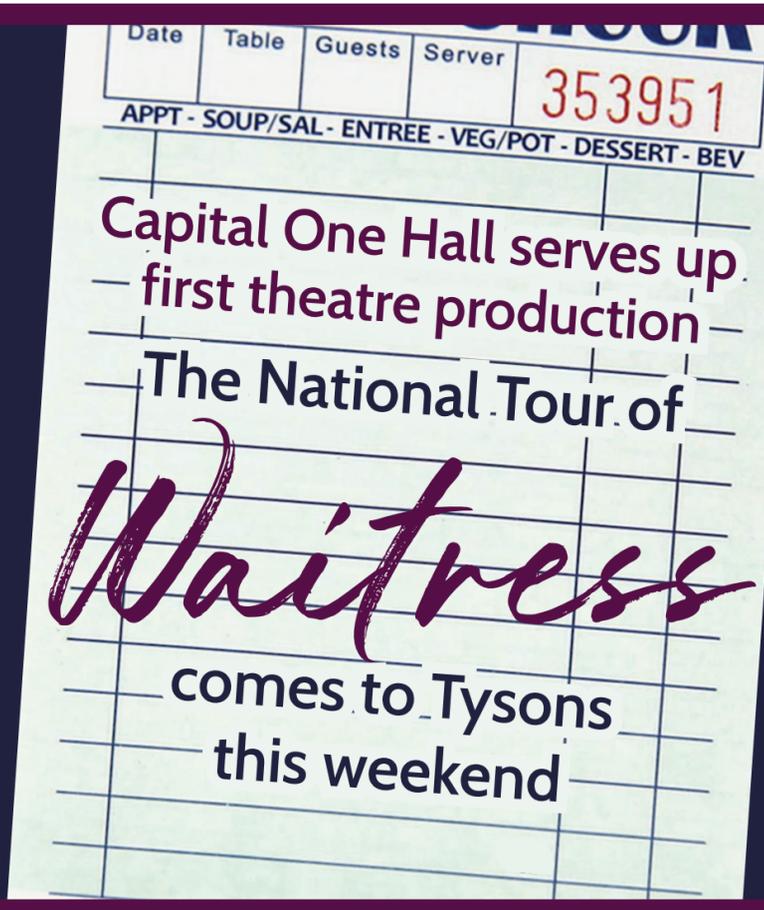
Kylie Kramer
Fairfax, VA



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COURTESY PHOTO



By Keith Loria
SPECIAL TO THE
FAIRFAX COUNTY TIMES

For those who have yet to visit Capital One Hall, now is the perfect time to check out the new venue and enjoy a slice of some great theatre, as the National Tour of the 2016 Tony-Award-nominated

Best Musical, “Waitress” performs five shows Friday through Sunday.

Based on the 2007 cult independent movie, “Waitress” tells the story of Jenna, an expert pie-maker who dreams of a way out of her small town and rocky marriage. Some of her favorite creations include “The Key (Lime) to Happiness Pie” and “Betrayed

By My Eggs Pic.” Jenna’s life is turned upside down with news of a baking contest nearby, and an encounter with a handsome doctor. But can she write a recipe for happiness?

Thanks to songs like “She Used to Be Mine,” “Opening Up” and “When He Sees Me,” the musical is a favorite among many and continues to be one of

Broadway’s biggest hits, five years after opening.

“Waitress” was created by an all-female creative team, with powerful music by Sara Bareilles, a book by Jessie Nelson, direction by Diane Paulus and choreography by Lorin Latarro, with Abbey O’Brien and Susanna Wolk serving as choreographer and director, respectively, for the tour.

For the tour, Jisel Soleil Ayon takes on the role of Jenna, while David Socolar plays Dr. Pomatter.

“I had seen the show on Broadway and loved it, so asked my agents to keep an eye out for the casting call for the tour, and they followed through, and after a number of auditions and callbacks, I got the role,” Socolar said. “It’s been

such a pleasure to be part of.”

He describes Dr. Pomatter as a man who is trapped and wanting more in his life, and through charm and humor, has a nice journey in the show.

“The impact that Dr. Pomatter has on Jenna I think is a very important

See WAITRESS, Page B3



WOLF TRAP WELCOMES
TONY WINNER
Laura Benanti
THE STAR OF FILM, TV AND
THEATRE PERFORMS TWO
SHOWS AT THE BARNs

COURTESY PHOTO

By Keith Loria
SPECIAL TO THE
FAIRFAX COUNTY TIMES

Laura Benanti is one of those actresses who can seamlessly go from comedy to drama and it’s hard to decide which she does best. Think of her hilarious impersonation of the former First Lady Melania Trump on “The Late Show with Stephen Colbert”; or the villainous go-getter Quinn Tyler on “Younger”; or even the depressed, alcoholic fashionista Kiki Hope on the new reboot of “Gossip Girl”—she does it all.

And the fact that Benanti also has one of the best singing voices in theatre—a voice that has earned her five Tony Award nominations, including a win for playing Louise in the 2008 revival of “Gypsy,” just goes to show what a powerhouse performer she truly is.

The triple threat will perform two shows at Wolf Trap’s The Barns Theater October 30, one at 3 p.m., and a later show at 8 p.m.

“I’m so thrilled to be back doing live concerts and singing for

people again,” Benanti said. “It’s one of my favorite things to do, and The Barns is one of my favorite venues, so I’m really excited to be coming back.”

At the show, Benanti will be singing many of the songs that people associate her with from her Broadway performances, be it selections from “The King and I,” “My Fair Lady” or even “The Wedding Singer.”

She’ll also be singing some songs from her latest album and some favorites through the years.

“I have missed performing live so much, it is generally a feeling like losing a limb,” Benanti said. “I’m just excited to get that limb back!”

During the pandemic, Benanti was thinking about all the students who had their musicals cancelled and wanted to do something special for them. She invited people to send her videos on Twitter of their performances, and she shared them so all of her followers could watch.

“I did this video on March 13, thinking I’d get 20 responses, and got thousands of responses

and millions of views on the video, and it turned into this beautiful gathering of music and good will,” she said. “We were able to turn it into the free online concerts for isolated senior citizens and hospitalized children, and that was so heartwarming.”

That movement even turned into a documentary on HBO MAX called, “Homeschool Musical: Class of 2020,” which followed seven high school seniors who graduated in 2020.

She also used her quarantining time to release a self-titled album of contemporary covers, such as “Someone You Loved” by Lewis Capaldi and “Lose You to Love Me” by Selena Gomez, plus some jazz influenced torch songs and comedic takes on beloved favorites.

All proceeds from the album’s first single, the Jonas Brothers’ “Sucker,” went to FoodCorps, who were working to help hungry children; and proceeds from the second single, “Wives and Lovers,” went to BirthQuest and the work they are doing to help the

See BENANTI, Page B3

SPOOKY LINKS BY COLLIN COPE

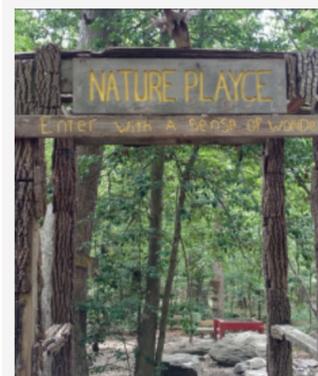
Spooky Fun on Tall Ship Providence • \$5

Join the crew of Tall Ship Providence in Alexandria this weekend as they conduct a weekend of spooky fun with Halloween Storytimes aboard the vessel. Perfect for kids between the ages of 5 and 12, this program will also be fun for the whole family as costumes are encouraged for attendees of all ages. Additionally, every guest will receive a bag of Halloween treats as they depart. It is important to know that the program prohibits the possession of any toy weapons. Tickets will be \$5 per person, with a family rate of \$25 for families larger than five and are available online at <https://bit.ly/31bvJaZ>.



**Pumpkin Painting • October 30
1 p.m. • \$10**

Check out Green Spring Gardens’ Family Fun: Pumpkin Painting event October 30. The event will be suitable for the entire family and will focus on the pumpkin life cycle, as well as their impact on their environment. After building appreciation for the squash amongst participants, they will have the opportunity to paint their very own pumpkin. The program starts at 1 p.m. and will conclude around 2:30, with tickets costing \$10 per person. For more information, visit <https://bit.ly/3Guj8zN>.



COURTESY PHOTOS

**Fear-Less Fest • 6:30 p.m.
October 30 • \$8**

Join the Hidden Oaks Nature Center for their Fear-Less Fest on October 30 from 6:30 to 8:45 p.m. This event features a black widow spider, a deer and an owl while bringing attendees along a spooky trail in the woods. Costumes are encouraged, but not required, for attendees and tickets will be \$8 per person. Children must be accompanied by an adult registered, as well. For more information visit <https://bit.ly/3pFRLZ>.

Reston Community Players presents

The Musical of Musicals (The Musical!)

RCP returns following the dawn of their newest apprenticeship program

By Collin Cope
SPECIAL TO THE
FAIRFAX COUNTY TIMES

For a limited time only, witness Reston Community Players' (RCP) production of *The Musical of Musicals (The Musical!)*. As the first show produced from the group's youth apprentice program, attendees experience the magic of local talent working with the community's young people.

This five-part satire, originally written by Eric Rockwell and Joanne Bogart, follows a singular plot while honoring the works of a variety of well-known productions by composers such as Andrew Lloyd Webber, Rodgers and Hammerstein and Stephen Sondheim.

The Reston Community Players' recent apprenticeship program works to engage local youth between the ages of 12 and 18 who are interested in theatre and want experience in the field. Through engagement with local performers, artists and stage technicians, the program provides students the unique ability to learn about their interests in the arts from a diverse set of stage artists in the community.

With two separate learning tracks focused on performance and production, the apprenticeship provides aspiring actors and techies the ability to learn from the

real-world experience of performing for an audience.

"This program allows us to give young performers and technical artists an opportunity to get a 360-degree view of everything that goes into mounting a theatrical production," said Kate Keifer, RCP president and apprenticeship producer. "We wanted to engage young artists not just on the stage, but behind the curtain as well." This feeling is represented clearly in the excitement of the students participating.

"I've been learning about what takes place behind the scenes of this production like costuming, set designing and directing and it is something I am very interested in further exploring," said Oakton High School sophomore Cassidy Loria. "This is an environment that has let me learn a lot."

The performance is located at Reston Community Center's CenterStage, with remaining performance dates at 8 p.m. October 29, 2 p.m. October 30 and 31, and at 8 p.m. November 5 and 6.

Tickets to the show are \$20 for adults and \$15 for students and seniors. The box office can be reached by phone at (703) 476-4500, but tickets are also available online at <https://bit.ly/3bg-cMFz>.



HEATHER REGAN PHOTOGRAPHY

Art News

Workhouse Haunt: The Collection Get ready for terror at the outdoor walk-through haunted trail. 7 to 11 p.m. Fridays and Saturdays, 7 to 10 p.m. Sundays. Through November 6. Timed-entry tickets must be purchased on line. Pricing varies. Workhouse Arts Center, 9518 Workhouse Way, Lorton. For more information visit <https://bit.ly/3olE4SZ>.

Having Our Say Follow the real-life centenarian Delany sisters as they welcome you into their home where they share 100 years of American history, recounting events and anecdotes drawn from their family history and careers as pioneering African American professionals. 7:30 p.m. October 29, 30 and 31. Cost is \$35. Creative

Cauldron, 410 S. Maple Ave., Falls Church. For more information visit <https://bit.ly/3EjpNuF>.

The Turn of the Screw A young governess is haunted by ghosts while caring for two orphaned children on a remote estate in the English countryside. 8 p.m. October 29 and 30. 2 p.m. October 31. Tickets are \$25. NextStop Theatre Company 269 Sunset Park Dr., Herndon. For more information visit <https://bit.ly/3Gpz4mB>.

A Concert Presentation of Footloose Based on the 1984 film of the same name, this musical celebrates the exhilaration of youth, and the power of forgiveness. 8 p.m. October 29 and 30. 2 p.m. October 30 and 31. Tickets are \$15 to \$30. Center for the Arts Concert Hall, 4373

Mason Pond Dr., Fairfax. For more information visit <https://bit.ly/31RAR5i>.

Pumpkin Painting Come learn all about this iconic gourd and its unique life cycle and paint one to take home. 1 to 2:30 p.m. October 30. Cost is \$10. Green Spring Gardens, 4603 Green Spring Road, Alexandria. For more information visit <https://bit.ly/3n4whqc>.

Waterfront Art Market Discover new artworks from a rotating lineup of studio artists. Shop from paintings and photographs to jewelry and fiber arts, as well as everything in between. October 30 from 11 a.m. to 5 p.m. Free. Torpedo Factory, 105 N. Union St., Alexandria. For more information visit <https://bit.ly/3vPAqCd>.

Laura Benanti Broadway artist and Tony Award winner brings her music and humorous anecdotes to stage. 3 and 8 p.m. October 30. Tickets start at \$42. The Barns at Wolf Trap, 1635 Trap Road, Vienna. For more information visit <https://bit.ly/3pFleXj>.

Harlem 100 featuring Mwenso & The Shakes celebrates the 100th Anniversary of the Harlem Renaissance. 8 p.m. November 4. Tickets start at \$52. The Barns at Wolf Trap, 1635 Trap Road, Vienna. For more information visit <https://bit.ly/3vPBjux>.

artRESTON Painters Exhibit Vivid paintings, mixed media works and photography created by members of the League of Reston

Artists. Through October 31. Joann Rose Gallery, 1609-A Washington Plaza, Reston. For more information visit <https://bit.ly/3awN13K>.

In Between: Phantoms Algorithms Joining Worlds features artworks by David Alexander, side by side with his children Luca and Sienna. November 1 to 28. Reception is 2 p.m. November 7. Joann Rose Gallery, 1609-A Washington Plaza, Reston. For more information visit <https://bit.ly/3micuV7>.

Seeing the Life Through Paintings features oil and acrylic works of scenes and travels by Nina Joffey. Exhibit continues through October 31. Free. RCC Hunters Woods, 2310 Colts Neck Rd., Reston. For

more information visit <https://bit.ly/3AiquTy>.

A Retrospective Exhibit Brush, watercolor, oil and acrylic paintings by Lassic Corbett begins November 1. Free. RCC Hunters Woods, 2310 Colts Neck Rd., Reston. For more information visit <https://bit.ly/2Zvh7CF>.

Lingering Glimpses is a solo exhibition of photography by Soomin Ham. This ongoing project commemorates American soldiers who lost their lives in Iraq and Afghanistan. Through November 28. Torpedo Factory, 105 N. Union St., Studio 312, Alexandria. For more information visit <https://bit.ly/2Z3THU8>.

Community Information

Farmers' Markets Visit a variety of vendors to purchase produce, pastries, bread, meat and more. 8 a.m. to noon. Fridays through Nov. 12. Lewinsville Park, 1659 Chain Bridge Rd., McLean. For more information visit <https://bit.ly/3fK9H2t>. 3 to 7 p.m. Fridays through Oct. 29. 5844-5862 Kingstowne Center, Alexandria. For more information visit <https://bit.ly/34WuHG>.

Confederate Names Task Force Attend one the listening sessions to review the names of Lee Hwy. and Lee-Jackson Memorial Hwy. 10 a.m. Oct. 30 at Fairfax County Government Center, 7 p.m. November 1 Virtual, and 7 p.m. November 4, Sully Government Center. For more information visit <https://bit.ly/3EmL3zO>.

Fall for the Book Festival offers a hybrid format for participation through October 31. View events by your favorite authors

online at <https://bit.ly/2ZpLOcb>.

Halloween Community Market includes themed activities including vendors, artist demos, food, entertainment and more. 10 a.m. to 2 p.m. October 30. Free. Workhouse Arts Center, 9518 Workhouse Way, Lorton. For more information visit <https://bit.ly/3Gp4wRY>.

Air & Scare Outdoor family day featuring candy stations and spooky activities for all ages. Reservation of free tickets is required in advance. 10 a.m. to 5 p.m. October 30. Udvar-Hazy Center, 14390 Air and Space Museum Parkway, Chantilly. For more information visit <https://s.si.edu/2Zrv3xe>.

Fairfax City Fall Crawl is a timed self-guided tour featuring Old Town Fairfax City restaurants where patrons can plot their own course while dressed in their best costume. 2 to 7 p.m. Oct. 30. Old Town Plaza, 3950 University Dr., Fairfax.

For more information <https://bit.ly/3jGxB1Q>.

Halloween Mystery at the Cabin Can you solve the history mystery at Riverbend Park? Meet people of the past and discover their secrets to uncover the mysteries along the Potomac as we walk through the woods. A sweet treat will reward your success. 3:15, 4:45 and 6:15 p.m. October 30. Cost is \$10. Riverbend Park, 8700 Potomac Hills St., Great Falls. For more information visit <https://bit.ly/3nxwYcm>.

Fear-less Fest Greet costumed characters, including a black widow spider, raccoon, deer and owl along a woodland trail, as each explain why they have undeserved scary reputations. Come in costume. 6:30 p.m. October 30. Cost is \$8. Hidden Oaks Nature Center, 7701 Royce St., Annandale. For more information visit <https://bit.ly/3bdy0lV>.

Are We Haunted? Hear hair-raising stories of hauntings and ghost hunters that pose dilemmas for caretakers of the past. Learn why historic sites with supernatural reputations can become haunted by ghost stories that misrepresent historical fact and reduce historical figures to mere spooks and specters. 1 p.m. October 31. Cost is \$28 for the program and tea, \$15 for program only. Green Spring Gardens, 4603 Green Spring Rd., Alexandria. For more information visit <https://bit.ly/3jFyc3A>.

Play Like it's 1935 Make a simple toy like the Alcorn children did when they moved to Huntley during the Great Depression and take it home to enjoy. 1:30 p.m. November 2. Historic Huntley, 6918 Harrison Lane, Alexandria. For more information visit <https://bit.ly/3nxCUBC>.

Farmers Markets Visit

booths from local vendors on Wednesdays and Thursdays through late fall in local county parks McCutcheon, Oak Marr, Wakefield, Annandale and Herndon. For more information visit <https://bit.ly/3kYWyGU>.

ONGOING

Air & Scare at Home This program comes to your home with online downloadable activities, challenges, live digital programming and some sc-air-y business. Through October 31. For more information visit <https://s.si.edu/2ZERDT8>

St. Mark's ESL English as a second language program is looking for new students and volunteers. Classes will be Tuesday and Thursday evenings through December 7. Students register online <https://bit.ly/StMarkRegistrationFall2021>. For more information call

703-980-9380 or 703-242-7449.

Virtual Mental Help Events and Support Recovery Program Solutions of Virginia holds a variety of free online events and support groups each week. Meet new friends, stay healthy and fit, participate in art therapy and more. For more information visit <https://bit.ly/3vokjut>.

Help Children in Need through volunteer work with Assistance League. Learn more at <https://bit.ly/305C3ge>.

Volunteer Fairfax has volunteer opportunities and donation needs. Please visit <https://bit.ly/3b169oZ> for more information.

Meals on Wheels needs drivers, coordinators, and co-coordinators. Apply at <http://bit.ly/2DGfhme>.

WAITRESS

CONTINUED FROM PAGE B1

one for her journey," Socolar said. "There are some really meaty scenes, and also some great music and good comedy. You sort of see how important relationships are—both friendships and romantic."

For those who may have seen "Waitress" on Broadway, the tour is a bit different in that the stages that it appears on don't have automation as its original theatre did. That means set pieces can't move on and off electronically, so the tour has the ensemble being a little more involved in the set changes. This eventually became the way the Broadway production does it as well.

Aside from that, the story, songs and humor are

pretty much intact, and Socolar has noticed audiences are loving it as much as he did the first time he saw the production.

"This is such a relatable story no matter what character you may relate to, there's something in it for everyone," Socolar said. "It's a show where people will laugh, cry and do everything in between. It's a very universal story about finding your way through life in its messiness and complicated nature."

The show also stars Kennedy Salters as Becky, Gabriella Marzetta as Dawn, Brian Lundy as Ogie, Shawn W. Smith as Earl, Richard Coleman as Cal, and Michael R. Douglas as Joe.

A Baltimore native, Socolar credits his high school teachers with encouraging him towards an

acting career.

"It wound up being a little bit more than a hobby, and I went to school for it and moved to New York after I graduated (from Connecticut University) and been plugging away ever since," he said.

He first came aboard "Waitress" pre-pandemic, so the tour was put on hold for almost a year. Socolar is thrilled that the tour is back on the road, and he is currently signed on through next summer, and looking forward to every performance.

"We've all been having a really great time and we've been playing some really warm audiences," Socolar said. "This is a show that I believe everyone will have a good time at and we are all excited to come to Tysons to bring it to the people there."

King Crossword

ACROSS

- 1 Tibetan monk
- 5 Triumphed
- 8 Used car sites
- 12 Trojan War hero
- 13 Lincoln nickname
- 14 Taj Mahal city
- 15 TV fare for a night owl
- 17 Gusto
- 18 Gallery display
- 19 "The Raven" writer
- 20 "No way!"
- 21 Sign before Virgo
- 22 "Now, where — I?"
- 23 Vivaldi's output
- 26 Reveal
- 30 Dating from
- 31 Embrace
- 32 Salty septet
- 33 "Citizen Kane" sled
- 35 Train tracks
- 36 Observe
- 37 "Ray Donovan" actor
- 38 Dish
- 41 Pirate's drink
- 42 Expert
- 45 San —, Italy
- 46 Single payments

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- 48 Borodin's "Prince —"
- 49 "Uh-huh"
- 50 Perched on
- 51 Like slasher films
- 52 Mag. staff
- 53 Shetland, for one
- 8 Revolving server
- 9 Curved molding
- 10 Serving aid
- 11 Auction
- 16 Detail, briefly
- 20 Dallas hooper, briefly
- 21 Biography
- 22 Peruke
- 23 Scratch
- 24 Mil. morale booster
- 25 "Mayday!"
- 26 Lemon
- 27 Wahine's gift
- 28 Guy's date
- 29 Curvy letter
- 31 Coloration
- 34 Spell-off
- 35 Cavort
- 37 Checker moves
- 38 Bluenose
- 39 Toy block name
- 40 Cupid's specialty
- 41 Regretted
- 42 Car
- 43 "Let's go!"
- 44 Glimpse
- 46 Caustic solution
- 47 Potential syrup

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BENANTI

CONTINUED FROM PAGE B1

black maternal healthcare crisis.

"I've been really trying to be of service through my work and art," Benanti said.

In addition to being back on "Gossip Girl" for season 2, Benanti also will soon be seen in Lin-Manuel Miranda's "TICK, TICK...

BOOM!" on Netflix this November, and will be headlining at Carnegie Hall for the first time this December for a holiday show.

While her TV and film work has kept her away from Broadway for a while, she wouldn't rule out a return trip, though she'd rather have more of a limited-run production right now.

"Eight shows a week makes it really tricky with

bedtime, and my daughter is going to be 5 next year, and she's going to start needing me more and more," Benanti said. "With TV and film, though the days are really long during the week, there are times I get to come home, put her to bed, and I have the weekends with her. Doing TV and film allows me to spend the time with my family that I want to have."



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FROM THE DOG'S PAW



UNSPLASH

Tips for a safe Halloween with your pet

By Samson! Noah! Abby!

SPECIAL TO THE FAIRFAX COUNTY TIMES

“MEOWS! MEOWS! I don't care for this time of year at all. Paw, for one thing, Dad stays inside more since there is less yard work and chillier weather - so more noise for me to deal with. HISS! Paws, the creepy day called Halloween comes around too. Noah, Abby, and I share some impawtant tips to make this season safer for your pets.”

HISS! HISS! My first impawtant tip is for humans who have beautiful black cats. Pawlease keep them inside and give them the bestest-ever treats you can find. Maybe buy them a few special toys and have playtime over the days surrounding Halloween. Why? GRRRRR! HISS! Some humans will kidnap your sweet pawsome black cat, actually any pet, and pawssibly do things that are unmentionable in a family-oriented article such as this. Meows, if you can't bring them inside, stay outside with them to thwart any meanness. HISS! HISS!”

“Woofs! Abby and I have such sweet tooth it's not even funny. Hey- we're Labradors! We eat EVERYTHING WE FIND. Woofs! Trick or Treat candies aren't good for your pets. Chocolate and candies, which have an artificial sweetener called xylitol, can be fatal to dogs and pawssibly cats. A few signs of poisoning include vomiting, diarrhea, rapid breathing, increased heart rate, and seizures. We think humans should pawchase special treats for their pets to keep them uninterested in any Halloween candies. Immediately contact your veterinarian with concerns. Woofs!”

“Meows! I love my room. It's a safe pawlace for me.”

“Woof! Me and Noah love our crates. They are our pawlace to relax.

Indoor is safer for all pets. Keeping a safe place, such as a room or crates, create a great



UNSPLASH

place to put your pets on Halloween night. The frighteningly weird costumes which come to the door may scare some dogs and cats enough they might bolt out the front door faster than you can imagine. Their safe space for the evening is best.”

“Meows! Paws, mc, Noah, and Abby, do not like costumes. Abby is still young, though, and may put up with it. We aren't meant to wear weird costumes and go pawlaces with our humans. Pawlease don't put costumes on your pets unless you are pawsitive they enjoy them and don't prefer the au naturel look like we do. Any costumes should not restrict pets' movement, hearing, eyesight, or the ability to breathe. Any pet wearing a costume must be supervised by a responsible adult who can assist if there's a problem.”

Paws, if you pawsitively MUST put a costume on your pet, pawlease start early, not at the last minute. As with introducing anything new to your pet, present it to them slowly. Get the costume early, put it on piece-by-piece for short periods. Meows, make it a pawsitive experience by using treats and praise. If your pet seems to be distressed, remove the costume. A bandana might be a better choice.”

“Woofs, hey Abby, those glow sticks you see the mini-humans carrying around and playing with are great for helping keep them safe. Barking, they are not dangerous for us, but I would advise not chewing on them anyway. BARKS! The liquid inside glowsticks can cause pets to get agitated, excessively drool, paw at their mouth, and sometimes even vomit. If this should happen, pawlease provide fresh water and a small meal to clear the yuckiness out of their mouths.”

“Meows! If you are pawlanning to use pumpkins with candles or other Halloween decorations around your home, pawlease make sure to pawlace them out of reach from your pets. These can cause pets to get burned. The battery-operated and electric decorations can cause problems for pets if they chew on the cords or batteries. Pieces of plastic or glass can be swallowed and cut pets too. I know Abby will play with, and chew on, anything and everything that moves or doesn't. Purringly, when decorating, keep an eye on your pet's safety.”

“Woofs, as Abby and I often paw, bark, and woof, ID collars and microchips are a pet lover's bestest friend. Keep them updated. Don't wait until they escape the house and wish you'd put collars on them or updated their information. It won't do any good at that point.

Paws for a safe Halloween!

About us!

WOOF! MEOW! Do you enjoy our articles? Barks and purrs, pawlease follow us at www.fromthedogspaw.com by email to enjoy our adventures! Noah, Samson, and Abby are Pawthors pawing about dog/cat care tips using facts and humor and entertaining stories about their lives with humans! Our human, Allen Pearson, is a dog, nature, and railroad photographer and writer. Find us all at: www.fromthedogspaw.com, www.instagram.com/fromthedogspaw, www.facebook.com/fromthedogspaw.

Three reasons to adopt a pet right now

Courtesy of Family Features

If you've always wanted an animal companion, or even if you already have a dog or cat but have room for more, now is the perfect time to adopt a pet. While there are plenty of good reasons to adopt a furry friend - from the joy they bring to the love and care you can provide them - there are even more urgent reasons to consider doing so now.

Shelters are in crisis

Many pet shelters are currently overcrowded due to the overwhelming number of pets in need. But contrary to some recent headlines, this increase is not due to higher numbers of relinquishment of pets adopted during the past year. Fortunately, most people who adopted animals during the pandemic are keeping their pets, but intake levels have still grown exponentially with shelters seeing near record level increase in adoptable pets in the past several weeks and months.

According to Petfinder, a searchable pet adoption resource and network of more than 11,000 shelters and rescue organizations, several factors have resulted in this influx of adoptable pets, including:

- Spaying and neutering efforts decreased. Due to the pandemic, many programs to spay and neuter animals came to a halt, leading to an influx of kittens and puppies in need of adoption.

- Natural disasters. A surge of increased need is also due to recent natural disasters such as fires, hurricanes and flooding. Animals who lost their homes and have been displaced need immediate care from shelters that are already overcrowded.

- Staff and volunteer shortage. The pandemic led to a dramatic decrease in available staff and volunteers. Shelters rely heavily on community volunteers, so staff turnover has made it harder to keep up with the increased intake.

- Shutdowns. Many shelters, especially smaller ones, have temporarily or permanently closed since the pandemic began due to the lack of funding and resources. This has also led to overcrowding at locations that have remained open.

Shelter overcrowding affects both humans and animals

For animals, an overcrowded shelter may mean a longer stay in an already stressful environment. The constant stimulation of nearby ani-

mals, along with extended confinement and less human contact due to staffing challenges at many shelters can take an emotional and developmental toll on pets waiting to find their forever families. Kittens and puppies in particular are less likely to get the socialization they need with humans to keep them happy, healthy and ready for adoption.

“Despite shelter staff doing all they can to create a welcoming environment for pets, longer stays at shelters can be detrimental to an animal's mental health,” said Jessica Arnold, Manager of Petfinder Shelter Partner Engagement at Purina. “The shelter environment can be stressful for pets, and not all of them handle it well. So, the sooner they are adopted and taken out of that environment, the sooner they will acclimate to a new forever home.”

Overcrowding at shelters can have an emotional and psychological impact on employees too. Shelter staff can experience burnout due to the stress of caring for animals during a crisis, which ultimately leads to an already high turnover rate (almost 100%) - and new staff may have an even harder time adjusting to the stress and urgent needs of pets in their care.

It's never been easier to find your perfect pet match

As the leading authority on pet nutrition, welfare and adoption, Purina and Petfinder encourage anyone interested in adopting to visit Petfinder.com or use the Petfinder app to connect with the largest network of shelters with adoptable pets. Recent Petfinder technology enhancements now make it even easier for shelters to upload pictures and bios of pets up for adoption, so people can find their ideal match online quickly and seamlessly.

If you're unsure of what pet is perfect for you and your lifestyle, you can take a 60-second quiz on Petfinder.com to help find your furry match.

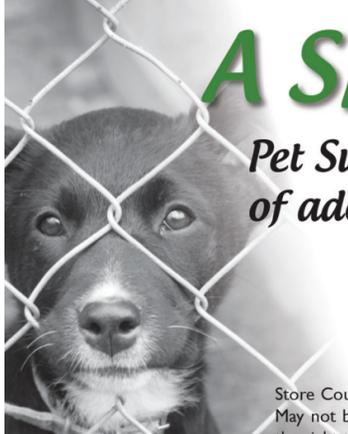
In addition to adopting a pet, fostering or volunteering at a local shelter or pet rescue are also great ways to help pets and the people who are caring for them as they wait for loving homes. Adopting or fostering a pet impacts the pet you are bringing into your family and makes room for another lovable animal at the shelter. And volunteering not only supports shelter staff, it means more loving interactions, enrichment and attention for pets when they need it most.



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HOLLYWOOD

by Tony Rizzo

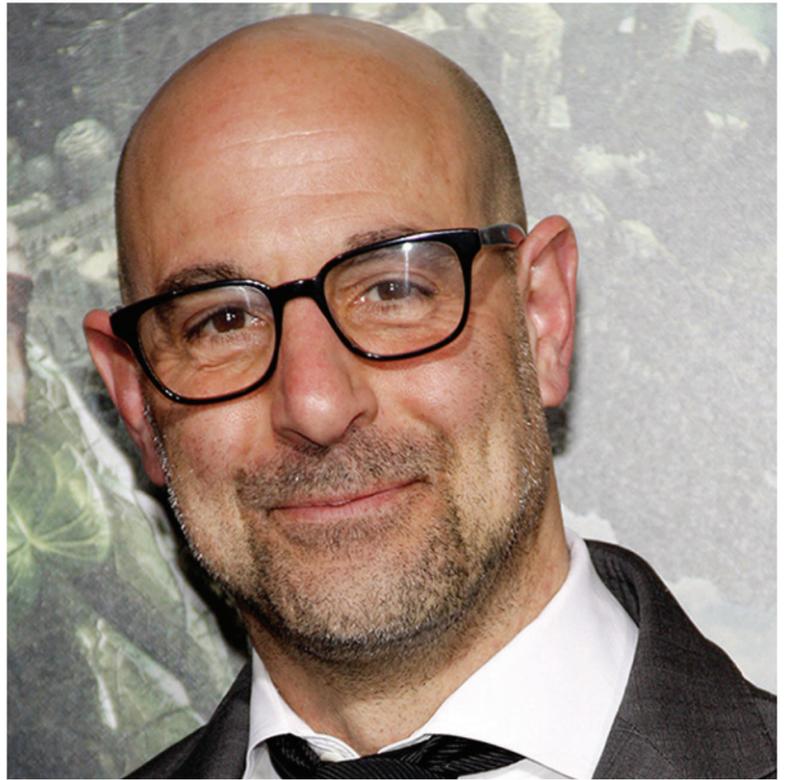
The search for a new James Bond begins in 2022, says producer Barbara Broccoli, who admitted, "We want Daniel Craig to have his time of celebration after his fifth and final James

Bond film, 'No Time to Die' (which opened Oct. 8). Craig didn't wait around to bask in the spotlight, however; he's moved on.

His character detective Benoit Blanc has been re-

tained for "Knives Out 2," with a supporting cast that includes Edward Norton, Dave Bautista, Katherine Hahn, Leslie Odom Jr. and Kate Hudson. The stand-alone sequel was to be from Lionsgate, but Netflix made a \$469 million deal at auction in March, outbidding Amazon and Apple, and promising them two sequels. Daniel Craig needn't have worried, though, his \$1 million salary was guaranteed.

Get ready for the musical biopic "I Want to Dance With Somebody," about Whitney Houston. Naomi Ackie (Janah in "Star Wars: The Rise of Skywalker"), essays Houston, with Stanley Tucci tapped to play record mogul Clive Davis. Tucci won an Emmy for his CNN show "Searching for Italy" (renewed for season 2). He currently has "Jolt" with Kate Beckinsale, Bobby Cannavale and Laverne Cox; "Citadel" with Priyanka Chopra and Richard Madden streaming on Amazon Prime; and "Worth," co-starring Michael Keaton and Amy Ryan, available on Netflix. He's currently shooting "The King's Man" with Matthew Goode, Ralph Fiennes and Gemma Atherton, due Dec. 22 in theaters. Tucci is wed to Felicity Blunt, sister of Emily



Stanley Tucci

DESPOITPHOTOS

Blunt.

Jane Fonda and Lily Tomlin had completed four episodes of the seventh season of Netflix's "Grace and Frankie" when the pandemic hit. They've now completed the additional eight episodes of their final season. Jane immediately lent her voice, along with Whoopi Goldberg, to the Apple TV computer-animated American-Spanish comedy (in 3D) "Luck," dropping Feb. 22. Jane and Lily loved working together so much that they're current-

ly shooting the comedy film "Moving On," with Malcolm McDowell and Richard Roundtree. They play two old friends who reconnect at a funeral and decide to enact revenge on the widower who wronged them decades earlier.

Bradley Cooper is following Guillermo del Toro's "Nightmare Alley," with Cate Blanchett, Willem Dafoe, Toni Collette, Richard Jenkins, Ron Perlman, Rooney Mara and Mary Steenburgen, with Paul Thomas Ander-

son's "Licorice Pizza," as a Hollywood director thinly based on Jon Peters. The former hairdresser and film producer was married to Leslie Ann Warren and Pamela Anderson, to name two of his five wives, and was Barbra Streisand's partner for nine years. He produced two versions of "A Star Is Born," and "Batman" and "Batman Returns," among other films. Leslie Ann Warren, Barbra Streisand and Pamela Anderson -- now that's what we call a smorgasbord!

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TOWN OF Herndon VIRGINIA
NOTICE OF PUBLIC HEARING

Notice is hereby given that the Architectural Review Board of the Town of Herndon, Virginia, will hold a work session on Wednesday, November 3, 2021 at 7:30 p.m. in the Herndon Police Department Community Room located at 397 Herndon Parkway, Herndon and a public hearing on Wednesday, November 17, 2021 at 7:30 p.m. in the Herndon Council Chambers Building located at 765 Lynn Street, Herndon on the following item:

APPLICATION FOR SIGNAGE, ARB #21-021, to consider an application for two exterior wall signs located at 466 Herndon Parkway, Herndon, Virginia, approximately 900 feet south-east of the intersection of Herndon Parkway and Spring Street, further identified as Fairfax County Tax Map 0164-02-0015A. The property is zoned as O & LI, Office and Light Industrial District, and consists of 131,586 square feet of land. Owner: Fitzroy Williams, SSC Property Holdings INC. Applicant/Agent: Gary Brent, MG Permits.

The proposed item is available for review by the public on the town's website www.herndon-va.gov beginning October 29, 2021 after 3:00 p.m.

The public is encouraged to participate in the town's public hearing process. Individuals having an interest in the above item are invited to attend the public hearing and to state their opinions. Individuals may submit comments to hdrb.arb@herndon-va.gov.

The Town of Herndon supports the Americans with Disabilities Act by making reasonable accommodations for persons with disabilities, so that they may participate in services, programs, or activities, offered by the Town. Please call (703) 435-6804 to arrange for any accommodation that may be necessary to allow for participation.

Viki L. Wellershaus, Town Clerk

Note to Publisher:
Publish October 29 and November 5, 2021

TOWN OF Herndon VIRGINIA
NOTICE OF PUBLIC HEARING

Notice is hereby given that the **Historic District Review Board** of the Town of Herndon, Virginia, will hold a work session on Wednesday, November 3, 2021 at 7:00 p.m. in the Herndon Police Department Community Room located at 397 Herndon Parkway, Herndon and a public hearing on Wednesday, November 17, 2021 at 7:00 p.m. in the Herndon Council Chambers Building located at 765 Lynn Street, Herndon on the following item:

APPLICATION FOR BUILDING ADDITION, HDRB #21-013, to consider an application for a one-story with basement, 2,410 square foot, rear addition to a single family detached residence located at 809 Monroe Street, Herndon, Virginia, approximately 200 feet north of the intersection of Monroe Street and Madison Street, and further identified as Fairfax County Tax Map 0104-02-0035. The property is zoned as R-10, Single Family Detach Residential, and consists of 19,533 square feet of land. Applicant/Owner: Shane Todd-Williams.

The proposed item is available for review by the public on the town's website www.herndon-va.gov beginning October 29, 2021 after 3:00 p.m.

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Viki L. Wellershaus, Town Clerk

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Publish October 29 and November 5, 2021

[(Full name(s) of owner(s))]:
Lezzet Vienna LLC

Trading as:
Lezzet Restaurant
262 Cedar Ln Ste F & G
Vienna, Fairfax, VA 22180-6668

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Wine & Beer On & Off Premises / Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages.

Serkan Gozubuyuk

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

3008895 (10-29-21, 11-05-21)

Classified

Contact Marcia Patch for all your Classified section needs • Phone: 703-904-1004 • Email: marcia@wspnet.com

Help Wanted

Help Wanted

Legal Notice

Legal Notice

Legal Notice

Slalom's McLean, VA office has openings for ENGINEERS: Analyze complex business problems & issues using data from internal & external sources to provide insight to decision-makers. Must be available to work on projects at various, unanticipated sites w/n commuting distance of Slalom office. **TO APPLY:** Go to www.jobpostingtoday.com, search for job code 37271 & submit resume.

IT Professionals:
Ent. Lvl to Sen. Lvl. Sgtrw Engrs are needed for our Herndon, VA office. Send resume, Cvr Ltr., & Sal. Req. to Matha Inc at 13800 Coppermine Rd, Ste 393, Herndon, VA 20171

IT Professionals (Herndon, VA)
Software Engineers, Software Developers, Business Analysts, Big Data Engineers, Security Engineers, Software Quality Assurance Engineers. Multiple Positions. May also req. to travel various unanticipated client sites nationally. Mail resume to CompuGain LLC, Attn: HRGC, 12901 Worldgate Dr., Ste 510, Herndon, VA 20170.

CIBT, Inc. seeks f/t Senior JAVA Developer in Fairfax, VA to enhance & maintain back end order fulfillment system. Req's Master's degree or frgn equiv degree* in Comp Sci, Comp App, Comp Engg or a closely rel tech fld +6 yrs software dev exp OR Bach +8 yrs exp. *Any combo of edu evaluated by pro credential eval service to be academic equiv of a U-S degree will be accepted. Position eligible for p/t telecommuting. Refs & background check req'd. Email resume: Christina.Wenck@cibt.com & ref 18-559.

IT Professionals
Ent. Lvl to Sen. Lvl .Net Dvlprs, BI/ETL Dvlprs, Java Dvlprs, Project Mngrs, QA Anlysts, SAP CRM Cnsltns, SQL Orcl DBAs, Unix & Ntwrk Adms are needed for our Chantilly, VA office. May req. traveling. Send resume, Cvr Ltr., & Sal. Req. to Tanvi IT Solutions, Inc., 4211 Pleasant Valley Rd, Ste. 230, Chantilly, VA 20151

CLASSIFIEDS
To place a classified ad or a Business & Services ad, please contact:
Marcia Patch • 703-904-1004
marcia@wspnet.com

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NOTICE OF PUBLIC AUCTION SPECIAL COMMISSIONER'S SALE OF REAL ESTATE FAIRFAX COUNTY, VIRGINIA

Pursuant to the terms of those certain Decrees of Sale entered in the Circuit Court of Fairfax County, the undersigned Special Commissioner will offer for sale at public auction, on behalf of Fairfax County, Virginia, the following described real estate at a timed, online-only, public auction which will commence **Tuesday, October 19, 2021 at 11:00am EST and close Tuesday, November 9, 2021 at 11:00am EST**, or as soon thereafter as may be effected. The sale of such property is subject to the terms and conditions below and any such terms and conditions which may be subsequently posted by For Sale at Auction, Inc. ("Auctioneer") and Taxing Authority Consulting Services, PC ("TACS").

No.	Property Owner(s)	Account Nos.	Description
1.	Leroy M. Blakely Heirs, et al.	Tax Map No. 0821-09-0003 Account No. 410165089 TACS No. 49078	Lee District; 4703 Care Drive, Alexandria; Glenwood Park; Lot 3; 11,856 Square Feet, More or Less
2.	William Michael Bowers	Tax Map No. 0691-14A-0036B Account No. 410170376 TACS No. 180401	Mt. Vernon District; 2246 Farrington Avenue; Alexandria; Huntington; Section 3; Lot 36B; 3,614 Square Feet, More or Less
3.	Gene Paul Callis and Helen A. Callis, et al.	Tax Map No. 0404-04-0007 Account No. 410000240 TACS No. 296950	Dranesville District; 6705 Osborn Street; Falls Church; Z.B. Groves; Lot 7; 7,500 Square Feet, More or Less
4.	Christopher L. Coleman	Tax Map No. 0344-08-0157D Account No. 409972640 TACS No. 296827	Sully District; 4043 Summer Hollow Court, Apt 1, Chantilly; Winding Brook Condo; Phase 22; Building 42; Unit 157D
5.	Hand K Consulting, LLC	Tax Map No. 0483-04-0020 Account No. 410027783 TACS No. 449437	Providence District; 2932 Sayre Road, Fairfax; Poplar Terrace; Lot 20; 21,780 Square Feet, More or Less
6.	Moses H. Karkenny, et al.	Tax Map No. 0462-01-0042A Account No. 410015757 TACS No. 49472	Sully District; Near Fox Mill Road and Hunt Road; Oakton; Vacant Land; 1.7177 Acres, More or Less
7.	The Root AI Memorial Foundation, Inc. aka The AI Root Memorial Foundation, Inc.	Tax Map No. 0593-02-0009 Account No. 410076452 TACS No. 494954	Mason District; 0411 Spicewood Court; Annandale; Woodburn Heights; Section 2; Lot 9; 0.047 Acre, More or Less
8.	The Root AI Memorial Foundation, Inc. aka The AI Root Memorial Foundation, Inc.	Tax Map No. 0593-02-0010 Account No. 410076453 TACS No. 494954	Mason District; 0407 Spicewood Court; Annandale; Woodburn Heights; Section 2; Lot 10; 0.021 Acre, More or Less
9.	The Root AI Memorial Foundation, Inc. aka The AI Root Memorial Foundation, Inc.	Tax Map No. 0593-02-0011 Account No. 410076454 TACS No. 494954	Mason District; 0403 Spicewood Court; Annandale; Woodburn Heights; Section 2; Lot 11; 0.596 Acre, More or Less
10.	The Root AI Memorial Foundation, Inc. aka The AI Root Memorial Foundation, Inc.	Tax Map No. 0593-02-0012 Account No. 410076455 TACS No. 494954	Mason District; 0401 Spicewood Court; Annandale; Woodburn Heights; Section 2; Lot 12; 0.798 Acre, More or Less
11.	The Root AI Memorial Foundation, Inc. aka The AI Root Memorial Foundation, Inc.	Tax Map No. 0593-02-0013 Account No. 410076456 TACS No. 494954	Mason District; 0400 Spicewood Court; Annandale; Woodburn Heights; Section 2; Lot 13; 1.494 Acres, More or Less
12.	The Root AI Memorial Foundation, Inc. aka The AI Root Memorial Foundation, Inc.	Tax Map No. 0593-02-0014 Account No. 410076457 TACS No. 494954	Mason District; 0402 Spicewood Court; Annandale; Woodburn Heights; Section 2; Lot 14; 1.076 Acres, More or Less
13.	The Root AI Memorial Foundation, Inc. aka The AI Root Memorial Foundation, Inc.	Tax Map No. 0593-02-0015 Account No. 410076458 TACS No. 494954	Mason District; 0406 Spicewood Court; Annandale; Woodburn Heights; Section 2; Lot 15; 1.107 Acres, More or Less
14.	Suong A. Van	Tax Map No. 1074-1193A Account No. 410245493 TACS No. 364021	Mt. Vernon District; 9664 Hazel Circle; Lorton; Terrace Towne Homes of Gunston Condo; Phase 2B; Building 33; Unit A

TERMS OF SALE: All interested parties must register and be approved by the Auctioneer. Registration and bidding are free of charge and are done through the Auctioneer's website at www.forsaleatauction.biz/auctions. If any interested bidders wish to bid on property, but do not have access to the internet, please contact the Auctioneer at (540) 899-1776 for assistance. Please be advised that in order to qualify as a purchaser at this auction, you may not owe delinquent taxes to Fairfax County and you may not be a Defendant in any delinquent tax suit.

Properties are offered for sale as-is, where is, with all faults and without any warranty, either expressed or implied. Persons are encouraged to make a visual inspection of the property within the limits of the law and to obtain an independent title search prior to bidding on any of the properties. Bidders are strongly encouraged to make their own inspection to determine the suitability of the property and it is assumed that all bidders will perform due diligence prior to the day of the auction. Any costs incurred by the bidder to inspect the property are at the expense of the bidder and are non-refundable. It is not guaranteed that the property has a right-of-way or that it is not landlocked. Property is sold in gross and not by the acre. The information shown on the GIS and iCare systems, including maps, is derived from public records that are constantly undergoing change and do not replace a site survey or inspection. There is no warranty as to the accuracy of the GIS and iCare systems, nor is the information contained therein a legal representation of any of the features of the property which it depicts. Any unsold property will be offered for sale again at the next auction, whenever that may be. All sales are subject to confirmation by the Fairfax County Circuit Court.

The highest bidder will receive their purchase contract and balance due via email within five (5) hours following the close of the auction. The contract shall immediately be executed and returned to TACS electronically. Properties are conveyed by Special Warranty Deed, subject to any easements, covenants, agreements, restrictions, reservations, and any and all rights of record which may affect the property. Property will be conveyed free and clear of all liens, including the tax lien. Subsequent taxes will be prorated from the time of contract (the auction closing date of November 9, 2021) and the highest bidder will be responsible for taxes from that date forward.

The highest bidder shall submit a deposit of 25% or \$1,000.00, whichever is greater, with the Special Commissioner following the closing of the auction. Bids which are less than \$1,000.00 shall be paid in full. The deposit shall not exceed \$20,000.00. Such sum shall be held by the Special Commissioner and credited towards the purchase price following confirmation of the sale. **The highest bidder shall also submit a buyer's premium of 5% with the Special Commissioner following the closing of the auction.** Please consider the buyer's premium when placing bids. **The deposit and buyer's premium must be received in full by TACS within five (5) business days following the auction closing (no later than November 16, 2021 at 11:00am EST).** Time is of the essence. All payments must be made in the form of a cashier's check, money order or wire transfer. **Cash and personal checks will not be accepted.** Cashier's checks and money orders shall be made payable to the Fairfax County and forwarded to TACS, at the address shown below. Wire transfer instructions will be provided to the highest bidder upon request to cat@taxva.com. The balance of the purchase price and the deed recordation costs, as determined by the Fairfax County Circuit Court, shall be submitted by the highest bidder to the Special Commissioner within fifteen (15) days of confirmation of the sale by the Circuit Court. Please consider the deed recordation costs when placing bids. Fairfax County and the Special Commissioner have the right to reject any bids determined to be unreasonable in relation to estimated value of the property.

The sale of property to the highest bidder is not contingent upon obtaining financing. Financing, if needed, is the sole responsibility of the high bidder. By bidding, parties are entering into a legally binding contract, waive all rescission rights, and understand that their bid is immediately binding, irrevocable, and enforceable. Additionally, by bidding, parties are representing that they have read, and agree to be bound by, all terms and conditions for this sale. Failure to complete the property purchase will result in forfeiture of any funds paid and may subject the highest bidder to additional damages, which may include expenses and any deficit upon resale.

Questions concerning the registration and bidding process should be directed to the Auctioneer online at www.forsaleatauction.biz, by email to inquiry@forsaleatauction.biz or by phone to (540) 899-1776. Questions concerning the property to sale should be directed to TACS online at www.taxva.com, by email to taxsales@taxva.com or cat@taxva.com, by phone to (804) 545-2500 or (804) 545-2377, or by writing to the address below.

John A. Rife, Esq.
Special Commissioner
Taxing Authority Consulting Services, PC
re: County of Fairfax Auction
P.O. Box 31800
Henrico, Virginia 23294-1800



Legal Notice

TOWN OF Herndon VIRGINIA
NOTICE OF PUBLIC HEARING

Notice is hereby given that the **Town Council** of the Town of Herndon, Virginia, will hold a work session on Tuesday, November 9, 2021 at 7:00 p.m. in the Herndon Police Department Community Room located at 397 Herndon Parkway, Herndon and a public hearing on Tuesday, November 16, 2021 at 7:00 p.m. in the Herndon Council Chambers Building located at 765 Lynn Street, Herndon on the following items:

Resolution, to consider a special exception, **SE #21-04, 148 Herndon Mill Circle**, to permit an accessory dwelling unit through addition of a secondary kitchen within the first floor of an attached primary dwelling structure. The property is zoned RTC, Residential Townhouse Cluster. The property is designated in the Herndon 2030 Comprehensive Plan as "Neighborhood Conservation." The property is located on the east side of Herndon Mill Circle, approximately 700 feet from its intersection with Jonquil Lane, and is approximately 2,000 square feet in land area. Fairfax County Tax Map Number: 0171-27-0074. Applicants/Owners: Tara M. Woodruff and Daniel W. Dukes.

Resolution, to consider a special exception, **SE #21-05, 299 Herndon Parkway, Suite 108, Fancy Lashes and Beyond, LLC**, to permit a personal service use consisting of cosmetics and aesthetic services within an existing commercial building. The property is zoned CO, Commercial Office. The property is designated in the Herndon 2030 Comprehensive Plan as "Business Corridor Use." The property is located within the Herndon Park Condominium office building and is located at the northeast corner of the intersection of Herndon Parkway and Elden Street. The property consists of approximately 966 square feet of floor area within a multi-unit building, Fairfax County Tax Map Reference Number: 0171-13-0108. Applicant: Fancy Lashes and Beyond, LLC. Owners: Tommy Nguyen and Phuong Le Tran.

The proposed items are available for review by the public on the town's website www.herndon-va.gov beginning at 3:00 pm on **Friday**, prior to the meeting.

The public is encouraged to participate in the town's public hearing process. Individuals having an interest in the above items are invited to attend the public hearing and to state their opinions. Individuals may submit comments to town.clerk@herndon-va.gov.

The Town of Herndon supports the Americans with Disabilities Act by making reasonable accommodations for persons with disabilities, so that they may participate in services, programs, or activities, offered by the Town. Please call (703) 435-6804 to arrange for any accommodation that may be necessary to allow for participation.

Viki L. Wellershaus, Town Clerk

Note to Publisher:
Publish October 29 and November 5, 2021

Public Notice – Environmental Permit

PURPOSE OF NOTICE: To seek public comment on a draft permit from the Department of Environmental Quality that will allow the release of treated wastewater in a water body in Fairfax County, Virginia.

PUBLIC COMMENT PERIOD: October 30, 2021 through November 29, 2021

PERMIT NAME: Virginia Pollutant Discharge Elimination System Permit – Wastewater issued by DEQ, under the authority of the State Water Control Board.

APPLICANT NAME, ADDRESS AND PERMIT NUMBER: George Mason University, 4400 University Drive, MS 1E4, Fairfax, VA 22030. VA0090221.

FACILITY NAME AND LOCATION: Point of View WWTP, 7301 Old Spring Drive, Lorton, VA 22079.

PROJECT DESCRIPTION: George Mason University has applied for a reissuance of a permit for the public Point of View WWTP. The applicant proposes to release treated sewage wastewaters from a conference center and one residential building at a rate of 0.005 million gallons per day in a water body with future expansion to 0.01 million gallons per day. Sludge from the facility will be disposed by pump and haul to an approved facility. The facility proposes to release the treated sewage wastewater in Thompson Creek in Fairfax County in the Potomac River watershed. A watershed is the land area drained by a river and its incoming streams. The permit will limit the following pollutants to amounts that protect water quality: physical and chemical properties, nutrients, organic matter, solids, bacteria, and inorganics.

This facility is subject to the requirements of 9VAC25-820 and has registered for coverage under the General VPDES Watershed Permit Regulation for Total Nitrogen and Total Phosphorus Discharges and Nutrient Trading in the Chesapeake Bay Watershed in Virginia (Nutrient GP). As a condition of this permit, the permittee will be required to offset in advance, any loads of total nitrogen or total phosphorus that are expected to be discharged in a given calendar year. Nutrient offsets for the Total Nitrogen and Total Phosphorus loadings were obtained from Arlington County to cover the expected loadings from January 1, 2022 through December 31, 2026.

HOW TO COMMENT AND/OR REQUEST A PUBLIC HEARING: DEQ accepts comments and requests for public hearing (on the draft permit) (on the draft modifications to the permit) by hand-delivery, e-mail, fax or postal mail. All comments and requests must be in writing and be received by DEQ during the comment period. DEQ must receive hand-delivery and postal mail by close of business and email and fax comments by 11:59 p.m. on the last day of the comment period. Submittals must include the names, mailing addresses and telephone numbers of the commenter/requester and of all persons represented by the commenter/requester. A request for public hearing must also include: 1) The reason why a public hearing is requested. 2) A brief, informal statement regarding the nature and extent of the interest of the requester or of those represented by the requester, including how and to what extent such interest would be directly and adversely affected by the permit. 3) Specific references, where possible, to terms and conditions of the permit with suggested revisions. A public hearing may be held, including another comment period, if public response is significant, based on individual requests for a public hearing, and there are substantial, disputed issues relevant to the permit.

CONTACT FOR PUBLIC COMMENTS, DOCUMENT REQUESTS AND ADDITIONAL INFORMATION:
Name: Ann Zimmerman
Address: DEQ Northern Regional Office, 13901 Crown Court, Woodbridge, VA 22193.
Phone: (703) 583 – 3805
E-mail: Ann.Zimmerman@deq.virginia.gov
Fax: (804) 698 - 4178
The public may review the draft permit and application at the DEQ office named above or may request copies of the documents from the contact person listed above.

AT&T Mobility, LLC is proposing to construct an approximate 41-foot overall height pole within a public right-of-way. The proposed pole would support a telecommunications antenna and associated equipment. The proposed pole will be located at 13766 Marsden Court, Chantilly, Fairfax County, Virginia 20151 (N38° 53' 5.7" and W77° 25' 19.2"). AT&T Mobility, LLC invites comments from any interested party on the impact the proposed undertaking may have on any districts, sites, buildings, structures, or objects significant in American history, archaeology, engineering, or culture that are listed or determined to be eligible for listing in the National Register of Historic Places under National Historic Preservation Act Section 106. Comments pertaining specifically to historic resources may be sent to Impact7g, Hickman, Attention Ms. Casey Radke at 9550 Hickman Road, Suite 105, Elve, IA 50325 or call 515-473-6256. Comments must be received within 30 days of the date of this notice. NE 872/CR

[(Full name(s) of owner(s)):
Zemama Trading LLC

Trading as:
Zemama Trading LLC
8712-8714 Richmond Hwy
Fairfax, Alexandria, VA 22309-4204

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Wine & Beer Off Premises license to sell or manufacture alcoholic beverages.
Meron Tesfaye, Genet Tesfaye, Tesfaye Gebremichael

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

3008902 (10-29-21, 11-05-21)

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