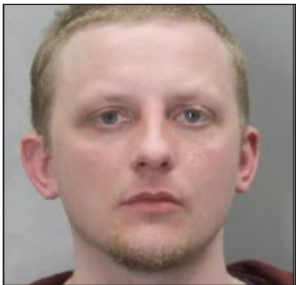




THIS WEEK INSIDE:



Man arrested in Burke double homicide SEE PAGE A2



Board of Supervisors set to approve new Climate Action Plan SEE PAGE A5



Judge dismisses case against School Board Member Elaine Tholen SEE PAGE A6



Engage Nepal hosted by Reston Art Gallery & Studios SEE PAGE B1

INDEX	
Public Safety	A2
People and Places	A3
Sports	A7
Health & Wellness	A8
Home & Garden	A9
Opinion	A10
Arts & Entertainment	B1
Food	B2
Pets	B3
Arts Calendar	B4
Community Calendar	B4
Classifieds	B6

25¢ NEWSSTAND PRICE

Afghan refugees are being temporarily housed at the Dulles Expo Center

By Noelle Riddle FAIRFAX COUNTY TIMES

The Dulles Expo Center in Chantilly sees thousands of people come through its doors each year for events like the D.C. Flea and Antique Market, the Home and Remodeling Show and the Nation’s Gun Show. But now, the 130,000 square foot conference center is being used for a much different purpose as it hosts Afghan refugees who are fleeing their home nation after the U.S. military departed and the Taliban seized control.

Initially, Afghan refugees who were arriving at Dulles Airport were taken to the Northern Virginia Community College (NVCC) Annandale campus as a layover location before connecting with family in the area or flying out to military bases such as Fort Lee, Va., Fort McCoy, Wis. and Fort Bliss, Texas, but now are being taken to the Dulles Expo Center instead of the college. The NVCC campus had set up 500 cots for refugees to sleep on during their brief stay, but the Expo Center has room to house more refugees than NVCC. The Department of Defense also authorized the use of Quantico Marine Corps Base as well as Fort Pickett in central Virginia to support about 5,000 and 10,000 refugees respectively.

Information about the ongoing affair of refugees being housed in the county is still unclear for leaders in Fairfax. “This is a State Department



FACEBOOK

operation in Fairfax County, we only know what we are told by the State Department,” said Fairfax County Board of Supervisors member, Pat Herry. “We can house up to 1,100 refugees at any given time. We do not know if we will get more refugees. The previous group who stayed at NVCC left in a couple of days. Information has been hard for us to get.”

The Department of State reports that since August 14, the U.S. has evacuated and facilitated the

evacuation of 37,000 people from Afghanistan, and since the end of July has relocated 42,000 people. As of August 25, more than 8,600 refugees had arrived through Dulles, according to figures provided by Governor Ralph Northam’s office.

One anonymous refugee who worked as an interpreter and gained U.S. citizenship told NBC 4 of the prevalent fear he still has despite fleeing Afghanistan. “I can’t even sleep because I know it’s my family. I know what I’m going through. My mom is

there, my family, my brothers, my nephews. My entire family is there, stuck.” Many Afghans are facing similar fears as families are split up due to limited flight access or not being able to obtain U.S. citizenship.

President Joe Biden announced that all Afghan evacuees are being screened in third countries; there are no flights coming directly to the U.S. from Afghanistan. The refugees undergo COVID and other

See DULLES, Page A4

FCPS parents grow frustrated by quarantine protocols



UNSPLASH

By Noelle Riddle FAIRFAX COUNTY TIMES

With school just beginning and students returning to the classroom after being away for so long, it is an exciting school year for many. Yet, with COVID cases currently on the rise across the nation, there is still a need for many safety protocols to be in place, including quarantining sick students or those that may have come into contact with an infected student.

The Fairfax County Parents Association (FCPA) tweeted a photograph of one anonymous parent’s frustration with their child being quarantined. The photograph stated, “So yet again, my daughter is denied access to her public school, and its events. And I am so glad I rushed out to get her the vaccine so she could return to normal.

Vaccinated cheerleader gets COVID, is sick for a few days and recovers. But now, even the cheerleaders who had zero contact with the sick cheerleader are penalized and quarantined. Even the vaccinated ones! We received no call from the VDH [Virginia Department of Health], the kids have not had practice now in 9 days, and my daughter will be denied access to the last ‘back to school’ event of her HS career.”

Stories like this are creating confusion and anger amongst parents across the county, as they struggle to understand what exactly the basis for students needing to be quarantined is. Tom and Moira Winston are concerned about how their high school-age daughter will be able to have a normal school year when they have already had to quarantine their daughter due to exposure to the virus.

See QUARANTINE, Page A4

POSITIVE Vibes



BY NOELLE RIDDLE • Special to the Fairfax County Times

Local woman makes strides as a leading female in the car industry



COURTESY PHOTO

Catalyst.org reports that in the automotive industry, women made up the majority of office and clerical workers in 2018 at 78.4 percent but were underrepresented among higher level positions like managers, which was only 18.1 percent, and executive and senior level officials and managers which was 17.6 percent.

But Rachel Pullen is one of the few women in the car

See CAR INDUSTRY, Page A4

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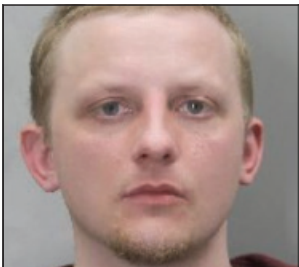
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PUBLIC SAFETY



COURTESY PHOTO

Bradley Lister

Man arrested in Burke double homicide

A 33-year-old man is in custody and awaiting extradition at the Baltimore Central Booking Intake Facility for the murder of Susan Lister, 67, and Amber Currie, 41, both of Burke.

Bradley Lister, 33, is facing two counts of second-degree murder and two counts of use of a weapon in the commission of a felony.

Detectives from the Fairfax County Police Department Major Crimes Bureau determined Lister killed his mother and sister in the home where they all resided in the 6100 block of Eagle Landing Road. Officers discovered the victims on the morning of August 20 following a request for a welfare check. Detectives immediately sought Lister for questioning, but he could not be found or contacted.

Lister was located August 23 by the U.S. Marshals Service at a hospital in Baltimore and was taken into custody for charges unrelated to the homicides. Detectives responded to the Baltimore City Police Department Headquarters to interview Lister and determined he shot both victims August 17.

Following the murder, Lister fled to Baltimore City. Detectives believe he removed multiple firearms from the home. Lister will remain in custody at the Baltimore Central Booking Intake Facility until he is extradited back to Fairfax County.

Detectives from our Organized Crime and Intelligence Bureau are coordinating with the Baltimore City Police Department and our federal partners for follow-up investigation related to the firearms.

Detectives are asking anyone with information to call 703-691-2131, or 911. Tips can also be submitted anonymously through Crime Solvers by phone - 1-866-411-TIPS (866-411-8477).

Anonymous tipsters are eligible for cash rewards of \$100 to \$1,000 dollars if their information leads to an arrest.

Victim specialists from the Major Crimes Bureau's Victim Services Division have been assigned to ensure that the victim's family is receiving appropriate resources and assistance.

This is being investigated as the 16th and 17th homicide year to date in Fairfax County. Detectives have made 10 arrests related to the 17 homicides. In 2020, there were 6 homicides year to date.



COURTESY PHOTO

One car and two motorcycles in the garage were a total loss.

Two occupants rescued from Herndon townhouse fire

Units from Fairfax County Fire and Rescue Department and Loudoun County Fire - Rescue, were dispatched for a reported townhouse fire in the 100 block of Fortnightly Boulevard in the Town of Herndon at approximately 12:56 a.m. August 17.

Crews arrived on the scene of a three-story, middle-unit townhouse with fire showing in the back of the home. Two residents were seen at a second-floor window above front door. A crew from Engine 404, Herndon, quickly deployed a ladder to second floor balcony and assisted the residents out. A second alarm was requested that brought additional units - to include from the Metropolitan Washington Airports Authority Fire and Rescue Department.

The fire was quickly brought under control and eventually extinguished. One occupant was transported to a hospital for a check-up. Sadly, one cat was found deceased. There were no firefighter injuries reported.

Two occupants were home and asleep at the time of the fire. Both were awakened by the sound of the smoke alarm. They were unable to exit the house through the first floor due to the smoke conditions and evacuated to a second-floor balcony. Firefighters extended a ladder to the balcony and assisted the residents out.

Fire investigators determined that the fire was accidental in nature and started in the garage. The cause of the fire is related to the electrical system of a motorcycle that was being charged by a trickle charger.

Two occupants were displaced because of the fire. Red Cross assistance was offered and declined. Damages as a result of the fire were approximately \$253,550. \*

\*The above dollar loss figures do not include some water damage to adjacent townhomes or the loss of one car and two motorcycles in the garage of the involved unit.



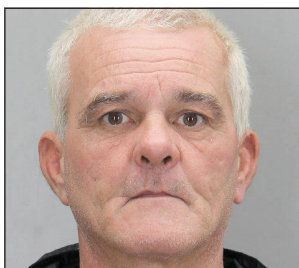
COURTESY PHOTO

Ruby Lopez

Annandale woman arrested after refusing to leave property

A woman refused to leave Leidos, 7990 Quantum Drive after a request from property security August 18 at 8:50 a.m.

Officers arrived and attempted to take Ruby Lopez, 46, of Annandale, into custody for trespassing, but she resisted and assaulted two officers. She was taken into custody and charged with two counts of assault on a law enforcement officer, trespassing and destruction of property. No injuries were reported.



COURTESY PHOTO

Jerry Swagerty

Man charged with various crimes

A man refused to leave a location in the 3500 block of South Jefferson Street after being asked to leave by property security August 19 at 9:39 p.m.

Officers arrived and attempted to arrest Jerry Swagerty, 56, no fixed address, when he resisted and tried to remove an officer's gun. Swagerty was charged with attempt to disarm a law enforcement officer and drunk in public.



COURTESY PHOTO

Multiple storage units were damaged in the fire.

Unattended candles cause of Herndon storage unit fire

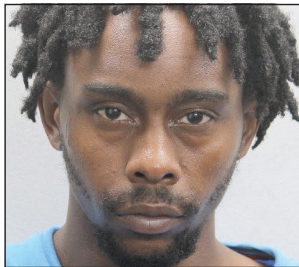
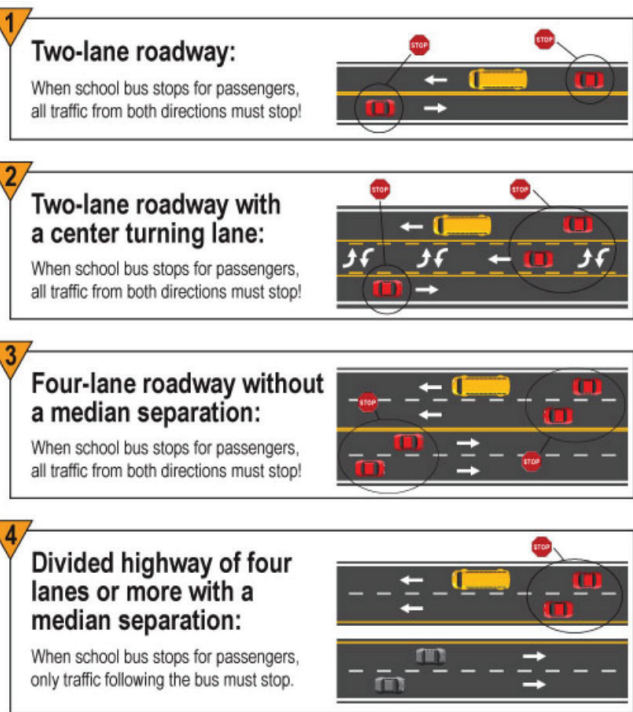
Units from Fairfax County Fire and Rescue Department and the Metropolitan Washington Airports Authority Fire and Rescue Department were dispatched for a reported building fire in the 2900 block of Centreville Road in the Herndon area of Fairfax County at approximately 2:11 p.m. August 20.

Crews arrived on the scene of a one-story, multi building storage facility with smoke showing from two storage units. The involved building had multiple interior and exterior storage units. Firefighters were able to quickly address a variety of access issues and extinguish the fire. There were no reported civilian or firefighter injuries.

The fire was discovered by a passerby who observed smoke emitting from one of the outside storage units and called 9-1-1. There were no working smoke alarms in the building.

Fire investigators determined that the fire was accidental in nature and started in one of the storage units. The cause of the fire was unattended lit candles too close to combustibles.

No one was displaced because of the fire. Red Cross services not required. Three exterior units sustained smoke and fire damage. Damages as a result of the fire were approximately \$165,000.



COURTESY PHOTO

Dwayne Anderson

Lorton man racks up several charges after pursuit

The owner called police to report they discovered their stolen 2017 Honda Accord being driven in the area of Fairfax County Parkway and Terminal Road at 2:32 p.m. August 17.

Officers attempted to stop the car, but the driver refused, resulting in a pursuit. The vehicle crashed and became disabled. The driver ran away from the car but was caught by officers a short distance away. Two other men ran away from the car but were not located.

Dwayne Anderson, 20, of Lorton, was charged with grand larceny auto theft, speed to elude, obstruction of justice, reckless driving and driving without a license.

Two out-of-state men arrested after traffic stop

Officers coordinated a traffic stop on a stolen 2020 Coleman trailer being driven through the area of I-395 and Edsall Road August 18 at 6:41 p.m.

Two occupants, James Buraglia, 68, of Texas, and Landon Forman, 23, of Oklahoma, were charged with grand larceny auto theft.



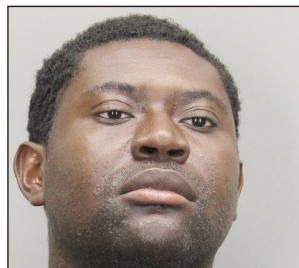
COURTESY PHOTO

Johnny Gates

Convicted felon from Lorton nets multiple charges

Officers located a stolen 2021 Mazda Crossover driving through the area in the 9600 block of Hagel Circle at 11:18 p.m. August 19.

The driver, Johnny Gates, 49, of Lorton, was arrested. A loaded firearm, suspected drugs and a large sum of money were found in the car. Gates was charged with receiving stolen goods, possession of firearm by a convicted felon, possession of ammunition by a convicted felon, possession with intent to sell drugs, sell drugs while possession a firearm.



COURTESY PHOTO

Joshua Bekoe

Lorton man arrested after disputing cab fare

Joshua Bekoe, 26, of Lorton, disputed his cab fare with the driver. Bekoe displayed a firearm, took property and ran away.

He was located by officers in the 6600 block of Springfield mall at 1:50 p.m. August 8 and charged with robbery and use of a firearm in the commission of a felony.



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PEOPLE AND PLACES



COURTESY PHOTO  
Vickie McEntire Anglin

DPWES recognized with certificates and appointments

It has been a week filled with acknowledgements and recognition for the Department of Public Works and Environmental Services (DPWES).

The **Solid Waste Management Program** (SWMP) received a letter and certificate from the Virginia Department of Environmental Quality (DEQ) approving its acceptance as a Virginia Environmental Excellence Program Sustainability Partner (VEEP SP) for calendar year 2022. The VEEP program encourages organizations to go beyond what is legally required to foster sustainability. The DEQ recognizes organizations making environmental sustainability part of their culture through leadership, innovation, and continual improvement.

“Being a Sustainability Partner in the VEEP is a great honor and we are proud of our team and all the hard work being done to provide trash and recycling services to our community. It’s awesome to be part of a team that pushes innovation and is striving to provide high quality service with a focus on environmental stewardship,” said Eric Forbes, director of Engineering and Environmental Compliance Division, SWMP.

The approval was granted based on several significant environmental achievements the SWMP has made, including its strategic partnership with Prince William and Arlington counties and the City of Alexandria to recover and recycle glass, and its work with a gas engine plant to generate electricity for sale back to the grid from the I-95 Landfill Complex, which produced enough energy in 2020 to power 1,800 households.

The DEQ also recognized the sustainability goals SWMP has outlined for the future.

Capital Facilities (CAP) this week received a certificate of recognition from the Occupational Safety and Health Administration (OSHA) for its participation in Safe + Sound Week 2021, which takes place annually from August 9 to 15. OSHA recognizes agencies that promote safety and adhere to OSHA regulations and standards.

“Earning this certificate means we worked hard to comply with the rules and regulations set up by OSHA. All CAP employees went home every workday in 2021 and they were Safe + Sound,” said Carey Needham, deputy director, DPWES, Capital Facilities.

Safe + Sound Week is part of the larger Safe + Sound Campaign that encourages safety in the workplace year-round.

Fairfax County Surveyor **Vickie McEntire Anglin** received notification she has been appointed by Governor Ralph Northam to a four-year term on the Board for Architects, Professional Engineers, Land Surveyors, Certified Interior Designers and Landscape Architects (APELSCIDLA Board). This is Anglin’s first full term on the board, having previously completed the term of a retiring board member. The APELSCIDLA Board examines, licenses, and regulates approximately 35,000 individuals and related business entities in the Commonwealth. It operates under the Virginia Department of Professional and Occupational Regulation.

Anglin oversees the Land Survey Branch in the Utilities

Design and Construction Division (UDCD) in Capital Facilities (CAP) with DPWES.

NOAA taps Mason COLA scientists to analyze, update drought prediction models

The National Oceanic and Atmospheric Administration (NOAA) is working with a group of George Mason University scientists to update its drought forecasting system. The researchers leading this effort are all from Mason’s Center for Ocean Land Atmosphere Studies (COLA), which is known for its decades of experience running these types of models.

Mason climate systems scientist **Paul Dirmeyer** is working with colleagues **Bohua Huang** and **Chul-Su Shin** to understand the ways ocean and land interact with the atmosphere and the role each contributes to predicting droughts in the United States. Their work is funded by a three-year, \$510,000 grant from the NOAA Climate Program Office’s Modeling, Analysis, Prediction, and Projection (MAPP).

Weather models are known to reliably predict the weather one week out and provide seasonal outlooks. However, there is much less reliability in between those periods, called “subseasonal.” Dirmeyer and the team aim to improve this reliability by focusing on the interplay between atmosphere, land and ocean while while analyzing current model behaviors and working to improve the technology’s accuracy at drought forecasting.

“The atmosphere evolves quickly, so predictability is lost quickly, which is why weather forecasts beyond a week are usually not as useful,” said Dirmeyer, who is also a professor in the Department of Atmospheric, Oceanic, and Earth Sciences in the College of Science. “This is why we want to look to ocean and land, and better incorporate their interactions into prediction models.”

The research will address drought research priority areas by identifying:

- surface-atmosphere interactions and their related processes that lead to drought;
- key parameters and methodologies for metrics that can contribute to the capacity of the National Integrated Drought Information System (NIDIS) to identify situations of elevated drought predictability and risk;
- processes and feedbacks between land, ocean and atmosphere that contribute to drought predictability, prediction and useful warnings.

The NOAA Unified Forecast System (UFS), currently under development, will also be evaluated and used for sensitivity studies to explore specific U.S. drought cases.

Dirmeyer said that historically meteorologists and oceanographers have given the state of the land little attention.

“Moisture in the soil is particularly relevant at sub-seasonal time scales—greatly affecting whether there is predominantly evaporation, which increases humidity in the atmosphere, versus heating of the air, which drives up temperatures, or some combination,” Dirmeyer said.

He added that land states tend to create feedbacks with the atmosphere, particularly during summer. For instance, dry soil can make heat waves and droughts more intense and last longer than they would otherwise.

“Mason is among only a few universities to conduct seasonal reforecasts using operational models like UFS to support a study of this magnitude,” said Huang.

Because the coupled ocean-land-atmosphere version of UFS is more sophisticated and has a much higher

resolution than the current National Weather Service operational forecast system, it could generate five terabytes of output data each day.

The team has already re-forecast weather from 1958 to 2017 to test the current prediction model’s ability to predict previous droughts.

“We found that the current model has difficulty representing the oceanic influence over land,” said Huang, which further emphasized a need for the new model to take both land and ocean atmospheres into account.

Instead of relying on data provided to them by others, Dirmeyer, Huang, and Shin are running the UFS model themselves and testing the model until they’re confident in its validity.

“Severe droughts are also linked to heat waves, wildfires, crop losses; their impacts are growing in severity and cost,” said Dirmeyer. “There is a pressing need to address the drought prediction problem, and improving models that incorporate more information from land and ocean conditions is a crucial part of the solution.”



COURTESY PHOTO  
Lauren Hite, Audrey Rhoads, Heather Kircher, Caroline Whitehead

Four promoted among Dewberry’s federal marketing team

Dewberry, a privately held professional services firm, has announced the promotion of four marketing professionals within its federal practice. **Lauren Hite**, CF APMP, has been promoted to federal marketing director; **Audrey Rhoads**, CPSM, has been promoted to federal marketing manager of operations; **Heather Kircher**, CF APMP, has been promoted to marketing technical writing and special initiatives manager; and **Caroline Whitehead** has been promoted to federal marketing manager of research and analytics. All four employees are based out of the firm’s Fairfax office.

Hite has 17 years of experience and has been with the firm for nearly 10 years. Her responsibilities include enhancing Dewberry’s federal marketing strategies and tactics, and leading federal marketing campaigns, including the firm’s mentor protégé program, which is an extension of the Small Business Administration. Additionally, Hite will support the firm in mining task orders under its existing federal indefinite delivery, indefinite quantity (IDIQ) contracts. She earned a master’s degree in business administration (2008) and a bachelor’s degree in psychology (2003), both from Florida State University, and is a member of the Association of Proposal Management Professionals (APMP) and the Society for Marketing Professional Services (SMPS).

Rhoads has more than 20 years of experience and joined Dewberry in 2019. In her new role, Rhoads will support the firm’s federal pipeline development, strategy execution, and resource management for federal captures. Additionally, she supports the alternative delivery success for federal projects and manages the federal marketing team. Rhoads earned a bachelor’s degree in English from the University of

Florida (2001) and is a member of APMP and SMPS.

Kircher has more than 25 years of experience and has been with Dewberry for 12 years. In her new role, Kircher will be responsible for staying up-to-date on best practices, federal standards, and industry trends, including technology applications to adapt to a dynamic market. She will also serve as technical author, writing and editing content for Dewberry’s high-priority federal captures. She earned a bachelor’s degree in communications with a focus on journalism from Virginia Tech (1995) and is a member of APMP.

Whitehead has nearly 23 years of experience and has been with Dewberry since 2012. In her new role, she will focus on market research, funding, and legislative impacts to enhance the firm’s strategic approach to winning federal contracts. Whitehead earned a master’s degree in environmental health from Tulane University (2006) and a bachelor’s degree in environmental studies from Dickinson College (1998).



COURTESY PHOTO

The Providence Players are one of the groups to receive an Operating Support Grant from ArtsFairfax.

ArtsFairfax awards \$441,900 in grants to 40 organizations

ArtsFairfax awarded \$441,900 in Operating Support Grant funding to 40 arts organizations in Fairfax County and the City of Fairfax, and the City of Falls Church.

The Operating Support Grant is ArtsFairfax’s largest grant program providing Fairfax nonprofits with essential flexible funds to strengthen and sustain arts organizations.

“The past year has created an unprecedented hardship for arts organizations and artists,” said Linda S. Sullivan, president & CEO of ArtsFairfax. “The Operating Support Grant provides arts organizations with critically needed funding for basic operations – funding that helps keeps the doors open – as they develop artistic programming for audiences return.”

ArtsFairfax Operating Support Grants are a cultural investment that supports a range of organizations from volunteer-driven programs to larger established institutions. For the Fiscal Year 2022 Operating Support Grant cycle, ArtsFairfax received applications requesting more than \$937,000 in operating support funding.

“The pandemic and the subsequent economic crisis and social justice movement catalyzed several changes and modifications to the Operating Support program,” said Sullivan. “The Operating Support Grant application increased its focus on Fairfax County’s One Fairfax policy goals to better understand how organizations are intentionally incorporating equity, diversity, access, and inclusion in their operations, programs, and services.”

Additionally, ArtsFairfax recognized the administrative burden placed on smaller organizations and streamlined the application to offer a short form. ArtsFairfax waived the matching requirement for the Operating Support Grant for Fiscal Year 2022 and increased the minimum grant to \$1,000.

ArtsFairfax implements national best practices within their grantmaking process.

Operating Support applications were reviewed by panelists experienced in arts education, theatre, visual arts, music, dance, and arts administration.

“Fairfax County residents benefit from a dynamic and diverse arts sector. To sustain and grow our cultural capital over the long-term requires a consistent source of public and private funds, said Sullivan. “ArtsFairfax’s Operating Support Grants are a direct investment in our community ensuring that the arts remain centerpieces and economic engines in our community.”

ArtsFairfax congratulates the following Operating Support grant recipients: **1st Stage, Acting For Young People, Amadeus Concerts, American Youth Philharmonic Orchestras, Arts Herndon, Artisans United, BalletNova Center for Dance, Cappies of the National Capitol Area (Cappies NCA), City of Fairfax Band Association, Creative Cauldron, Gin Dance Company, McLean Project for the Arts (MPA), Mosaic Harmony, Mount Vernon Community Children’s Theatre, Music for Life, New Dominion Chorale, NextStop Theatre Company, Northern Virginia Players, Providence Players of Fairfax, Public Art Reston, Reston Chamber Orchestra Trust, Reston Community Players, Reunion Music Society, Inc., The Choralis Foundation, The City of Fairfax Theatre Company, The Fairfax Ballet Company, The McLean Symphony, The Northern Virginia Chorale, The Reston Chorale, The Vienna Jammers Percussion Ensemble, Inc., Tephra Institute of Contemporary Art, Traveling Players Ensemble, Inc., Vienna Arts Society, Vienna Choral Society, Vienna-Falls Chorus of Sweet Adelines, Vienna Community Band, Virginia Chamber Orchestra, Virginia Winds Academy, Voce, Inc. (Voce Chamber Singers), and Workhouse Arts Foundation.**

NVCT receives grant funding to build equity and inclusion into land conservation efforts

The **Northern Virginia Conservation Trust** (NVCT) received \$20,000 in grant funding from the Virginia Environment Endowment (VEE) to expand the organization’s Inclusion, Diversity, Equity, and Accessibility (IDEA) work in Northern Virginia.

The grant provides an opportunity to invest in new partnerships and conservation efforts within communities


that most need them.

“With the profound changes in our region’s demographics and an imperative that we must bring nearby nature to all residents of our region, NVCT is committed to becoming a more inclusive, equitable organization that reflects who Northern Virginia is and will be,” said Executive Director Alan Rowsome. “VEE’s support comes at the perfect time in NVCT’s evolution, and we can’t thank them enough for believing in this vision and standing with us.”

In Northern Virginia, minority residents have grown from 34.6 percent of the population in 2000 to more than 50 percent as of 2020 according to new census data. As the regional land trust representing Northern Virginia, NVCT has a responsibility to listen to and champion these residents who deserve livable, sustainable communities with access to natural areas that are so critical for our mental and physical health. This is an intentional broadening of an organizational approach that historically has protected undeveloped tracts of land in wealthy and rural areas of Northern Virginia as opposed to protecting nearby nature in underserved areas as well as in rental and condominium neighborhoods.

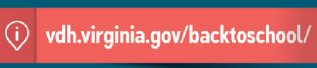

“Thanks to the Virginia Environment Endowment NVCT has the opportunity to expand on outreach, partnerships, and ultimately our conservation efforts. The dedicated support VEE is giving us to increase our commitment to inclusion, diversity, equity, and accessibility underlines the importance of our work and provides the momentum we need to make advancements on modernizing our conservation practices,” said IDEA Board Committee Chair, Shruti Kuppa.

The VEE grant will specifically address NVCT’s strategic plan goal of developing a sustainable, IDEA-principled organization that is inclusive of the entire Board of Directors and staff. At the outset, NVCT is creating a paid fellowship program for individuals from underserved communities to experience land trust work and help the organization develop community conservation goals. NVCT will also be developing a pipeline of diverse voices to enhance both its staff and board and will be broadening its relationships throughout the region with the support of a consultant. Finally, NVCT will build bridges to community leaders while identifying historically disenfranchised neighborhoods where there are limited, safe opportunities to access natural outdoor experiences. All aspects of the organization’s growth and commitment to diversity and equity in our region will be reflected in internal and external communications with a focus on inclusivity.



# Back to School

If your child is entering 7th grade they must have the **Meningitis, HPV, and Tdap** vaccines in order to enroll. Talk to your doctor and vaccinate them now!





CAR INDUSTRY

CONTINUED FROM PAGE A1

industry who are leading the way and representing women in an industry where they are the minority. Pullen is the president of one of area's largest automotive groups, which has 16 different locations across Virginia and Maryland.

Pullen has been familiar with the car industry her entire life. "I worked at a Buick dealership in high school. My stepfather was the service manager, and I would cashier for the service department. In addition, my mother was the marketing director for the Fairfax City Auto Mile. I was familiar with the automotive world very early in my career," she said. "Then I needed a job while I was attending George Mason University. The dealership was a perfect fit. I worked full time at the dealership in accounting and service, while completing my degree in three years. After I graduated, the general manager offered me a job where he would teach me everything about the car business and if in one year, I did not like it, I could pursue the career path that I had completed my degree in."

Despite obtaining a Bachelor of Science Degree in Administration of Justice and a minor in Sociology, Pullen fell in love with the car business, and has now been working in the industry full time for 27 years and has been working for her current company her entire adult life, and now serves as the president of the company.

The ever-changing car business and working with people daily is what kept Pullen in the automotive field for so many years. "Initially, I worked at the dealership to earn money to help pay for my education with the goal of becoming a juvenile probation officer. As I learned new aspects of the dealership and was exposed to each department, I became invested," she said. "I love that the automotive

industry deals with people, real people trying to find a transportation solution. I loved that we could solve their problems. I also saw that the automotive industry is a technology-driven field. As technology advances, automakers are following closely behind. It allows me to advance my skills every day."

Getting where she is today in a male-dominated field was not an easy feat, but Pullen has many mentors to thank for her success. "I'm lucky that I've come across many male managers and the owner of our dealership group that have continuously supported and mentored me to reach my potential and become successful in my field," she said. "Outside our dealer group and management team, I felt like I had to prove that I am capable and deserve to be in my place of work to men at a manufacturer meeting or conference, whereas that respect is inherently earned by my male colleagues. Typically outsiders would assume I was related to the owner of the dealerships because I was a female in a leadership role."

While women are becoming more predominant in the automotive industry and Pullen is happy to see progress, she hopes to continue to see further improvement. The challenges she has faced have helped her learn how to become more comfortable with being the minority gender in her field of work. "There were not many women mentors in the automotive industry when I first started. I think women need to see the growth and inclusion of women in leadership ranks. Without really having those women leaders to guide me, I have had to forge my own path to success. I am happy to see that women are being promoted to leadership positions more and more now," she said. "You have to acknowledge that it is a constant learning process. It takes time to realize what you do not know and enlisting support from trusted colleagues where necessary. There is a ten-

dency to hide your weaknesses or lack of knowledge on a subject matter as a female in a male-dominated industry. I have learned and with maturity in my career, I have become comfortable reaching out for help."

Pullen wants women and girls to see the possibilities and feel inspired to join the automotive industry, varying from a range of career opportunities including sales, administration, marketing, finance, accounting, service, parts and body shop. Pullen hopes women can feel encouraged to explore the automotive industry.

The president of the car company also has advice for any women looking to enter the automotive industry, as well. "Network in your industry and find a team of colleagues that support your vision and help promote your 'personal brand'. You need to find like minded individuals who will learn, grow and hold you accountable," Pullen said. "Never stop speaking up. Say what you really believe in, because your perspective is valuable, you have to remember that. The world is changing incredibly fast, and future leaders will be challenged to keep up, you need to embrace change, learn new technology, stay agile and be open to new ideas."

With hundreds of employees and 16 dealerships under her, Pullen certainly keeps busy at work. But she always finds time to appreciate her employees and reflect on their hard work. Her favorite part about her job comes down to those she works with and her interactions with them. "My favorite part of my job is seeing career growth around me. I've had the privilege of seeing employees rise through the ranks of our dealerships and create careers," she said. "I think it's important for employees to hear their efforts matter. I try to actively provide this vision to our staff and make them feel appreciated for their performance and participation."

QUARANTINE

CONTINUED FROM PAGE A1

"The concern is about continuity of learning and taking part in school activities. Closing sports and school for 14 days is not what the CDC recommends. There is too much inconsistency, the school board seems to be dictating how this takes place," the Winstons said. "Every day there is going to be a report of someone getting COVID, and I get it, people are scared, but most of these kids are recovering in two to three days, and they will return to school when they test negative. They keep finding reasons to shut down the school. They said get them vaccinated and return to normal, but now there is no normal, our daughter got vaccinated and there is no normal. She is continually concerned activities will get canceled. There has to be a more efficient way to handle this. The virus is never going to go away, no one can continue on this trajectory."

On the FCPS website return to school page, the definition of contact tracing and who will need to quarantine has directions about how the county will handle exposure to the virus. "In the event of a COVID-19 exposure, FCPS will work with the Fairfax County Health Department to conduct contact tracing and determine if quarantining is necessary. Should an individual or group be directed to quarantine, plans are in place to ensure continuity of learning," the website says. "The CDC provides a definition of 'close contact.' In the K-12 indoor classroom setting, the close contact definition excludes students who were within 3 to 6 feet of an infected student where: both students were engaged in consistent and correct use of well-fitting masks; and other K-12 school prevention strategies

(such as universal and correct mask use, physical distancing, increased ventilation) were in place in the K-12 school setting. Individuals who meet the K-12 definition of close contact will still need to quarantine."

Currently the CDC website has recommendations for when to quarantine that are a bit different than the FCPS standards. "Quarantine if you have been in close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, unless you have been fully vaccinated. People who are fully vaccinated do not need to quarantine after contact with someone who had COVID-19 unless they have symptoms," their website states. "However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative."

Reem Trahan has two high school-age daughters, who both are on the varsity cheer team. Trahan shares concerns that parents like the Winstons have as her daughters have been mistakenly asked to quarantine. "It didn't matter when things were paused last year because the year was missed anyway. But this year it's back to school five days a week. One of the girls on the cheer team got COVID, and they cannot name who the girl is which is an issue. I understand HIPAA and the reasoning, but we are all in this together," Trahan said. "My daughters' close friends, who are not on the cheer team, were getting sick too. And the Health Department thinks it's only the cheer team, but really it all started at a party. My daughters and I went and got tested, we had no symptoms, we were all negative in

an attempt to ask 'does this give them permission to attend school?' But they were all over the place. Nobody knows what they are doing."

Many parents are concerned that there is no virtual option for their children when they are subject to being quarantined. "We understand the risk we are taking. At the end of the day, it's contagious, this is real, we get it. But we are open to the risk because we saw what happens when they do not go to school," Trahan said. "They need an academic year. But how will we have a regular school year if we stop every time someone gets sick? Kids are vaccinated but still having to quarantine, there is too much confusion. And there is no virtual option for those in quarantine."

Mickel Dennis has a son at South County High School who plays on the football team, and due to his 14-day quarantine, missed the first four days of school. "The Fairfax County Health Department (FCHD) reached out to me about my son, asking if he was at football practice, which he was, and I objected to the 14-day quarantine. I had no knowledge about what could potentially happen when a student is around someone who has COVID," Dennis said. "The lack of information shared by the FCHD to coaches, players and parents was not there until someone got sick. My son has not had any virtual learning options, he is literally sitting at home. No teacher reached out, he had to email them all. Kids are going to have COVID in school, then they will all have to be sent home, and it's not fair. They need to email the parents or send home a brochure with information so we can be aware of our options. I am disappointed and frustrated."

The Fairfax County Health Department could not be reached for comment.

Five Fairfax County companies make prestigious list for fast-growing businesses

By Rick Horner

FAIRFAX COUNTY TIMES

Several Fairfax County-firms have made it onto a prestigious list of America's fastest growing companies, five of those companies sit in the top 500.

Inc. Magazine, a New York-based business publication, has just published its annual Inc. 5000 list for the fastest growing privately-held companies in the United States. The Inc. 5000 list is considered by many as a barometer of the vitality of a business community that measures the potential well-being for entrepreneurs, startups, and high-growth firms. The list covers several different sectors ranging from health and technology to banking, energy, and advertising.

This year's list holds 213 companies that are based in the Northern Virginia area and among that number 128 firms are based in Fairfax County with five of those firms making the top 500 on the list.

According to the Fairfax County Economic Development Authority, the 213 companies on the Inc. list make up 69 percent of the 310 companies based in Virginia and 64 percent of the 331 companies in the Washington D.C. area that made this year's list.

The highest ranked company on the list at number 75 is Annandale-based PingWind, a services provider to the U.S. Government that focuses on risk management and organizational efficiency. According to the FCEDA, PingWind is the third fastest growing company in governmental services and the third fastest growing in the state of Virginia with 5,118 percent growth over the last three years.

"Moving our corporate headquarters to Fairfax County in 2019 has put us in a fantastic ecosystem to support growth including access to tremendous employees and resources, such as the Virginia Procurement Technical Assistance Center at George Mason



COURTESY LOGO

University," said Aaron Moak, PingWind CEO and co-founder. "We look forward to expanding our footprint in the county and leveraging our connections here to fuel future growth."

In addition to his position with PingWind, Moak is also an adjunct professor at George Mason University's School of Business where his teaching focuses on supply chain management in a global economy and service operations management. He also teaches operations management at the Masters of Business level.

Three other government services companies also made the list's top 500 rankings, this includes Herndon-based Centurion Consulting Group which came in at number 262, Fairfax-based Kreative Technologies which placed at number 411, and Old Dominion Strategies which came in at number 469.

The only non-governmental services firm to make the top 500 was Springfield-based Black Bear Technology Solutions, an IT firm which has offered services to both federal and commercial businesses since their founding in 2016. The company's 1,413 percent growth and 156 percent in revenue growth assured them a place on the Inc. list.

"We're honored to be included on this prestigious list," said Kevin M. Andres, president and CEO of Black Bear Technology Solutions. "Our product

is our people, and Black Bear's success is directly attributed to the professionalism, expertise, and dedication of our team, and the superb support they provide to our clients and their mission critical requirements."

The FCEDA has worked over the last few years to create a space that not only attracts businesses to the area such as Microsoft and StarKist but also creates a breeding ground for new and upcoming business ventures.

"The Fairfax County Economic Development Authority congratulates all the Fairfax County and Northern Virginia firms on the Inc. 5000 list this year," said FCEDA President and CEO Victor Hoskins. "These companies represent a wide array of industry sectors and are excellent examples of the kind of success that businesses of all kinds and sizes can achieve in our region."

Inc. Magazine ranks the companies that make their Inc. 5000 list according to percentage revenue growth from 2017 to 2020 and they must have been founded and generating revenue by March 31, 2017. These companies must be U.S.-based, privately held, for-profit, and independent and not subsidiaries or divisions of other companies as of December 31, 2020. The minimum revenue required for 2017 is \$100,000 while the minimum amount for 2020 is \$2 million.

DULLES

CONTINUED FROM PAGE A1

safety protocols in other countries before flying to the U.S. The Dulles Expo Center is also adhering to CDC COVID guidelines to protect refugees and staff during their stay.

Many stories of pain and exhaustion are coming from the refugees who have made it to safety in Fairfax County, after waiting days at the Kabul airport. One refugee told the Washington Post, "It was very difficult for us. In five days, we did not eat or sleep. I had no shoes until today." The State Department oversees moving the refugees along from the Dulles

Expo Center to the military bases, and then plans will be made for the refugee's resettlement in the U.S.

The State Department has information on their website about how citizens can help Afghans. "It is the millions of people in local communities across the United States who ensure the success of the U.S. Refugee Admissions Program (USRAP) by welcoming and helping integrate refugees from around the world," the website says. "We encourage people who are interested in assisting resettled Afghan SIVs and refugees to reach out to their local refugee resettlement agency to donate, volunteer, or even

form community sponsorship teams. There are many opportunities to be involved in welcoming SIVs and refugees and helping them to rebuild their lives in the U.S."

The Dulles Expo Center is currently not accepting any donations, but other groups across the area are accepting donations to support Afghan refugees, such as Lutheran Social Services, Catholic Charities, IRC and Adventist Community Services of Greater Washington.

For ways to help Afghan refugees visit the following websites

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<https://bit.ly/3kuZjxN>  
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# Board of Supervisors set to approve new Climate Action Plan

*First of its kind in Fairfax County to undergo final consideration in September*

By Laura Scudder  
FAIRFAX COUNTY TIMES

Fairfax County is developing its new Community-wide Energy and Climate Action Plan (CECAP), the first of its kind in the county. The plan is set to reduce collective carbon emissions amongst residents, businesses, organizations and others, according to the county website.

“The overarching goal is to achieve carbon neutrality in the Fairfax County community by 2050,” said Ali Althen, spokesperson for the Fairfax County Office of Environmental and Energy Coordination.

Althen also noted that CECAP has been a long time coming, saying, “It’s actually been in development since January of 2020 ... it’s coming in front of the Board of Supervisors in mid September for final consideration and acceptance.”

Between 2005 and 2018, greenhouse gas emissions community-wide in Fairfax County decreased by 13 percent, according to a fact sheet by the Metropolitan Washington Council of Governments. In 2018, energy consumption made up 49 percent of greenhouse gas emissions, while transportation and mobile sources accounted for 44 percent.

The CECAP working group — which formed in October 2020 — is nearing the end of its role in the project, Althen explained.

The working group collaborated with the Office of Environmental and Energy Coordination, as well as the Metropolitan Washington Council of Governments and the management consulting firm ICF, to set the content of the plan.

Althen explained that CECAP is essentially the roadmap for Fairfax County to reach that goal of carbon neutrality.

“It describes 12 different strategies that will help us get there, and they include things like increasing our energy efficiency in buildings or increasing the use of public transit or electric vehicles,” she said. “And some of these actions are really specific to individual residents, and some of them are more suitable for businesses. And the report does outline which actions are best for which audience.”

The development process for CECAP is divided into five sections, some of which will occur simultaneously.

“There are a lot of considerations around — you know, putting a plan like this into place — ‘how are we going to make it work for everybody?’ And I think the working group did a really good job of

identifying actions, strategies that are applicable across the board,” Althen said. “They’re not specific to Tysons or specific to Reston or Springfield. They are applicable to everyone here and everyone can take part.”

Althen also said that once the plan is accepted, it will enter a new phase “that will include more outreach, more public education, more programs to support the goals of the plan.”

However, the plan has been met with some criticism. Springfield District Supervisor Patrick Herrity, while he believes the plan has the best intentions, wishes that the financial impact on county residents would be properly addressed. “My disappointment has been that it — we haven’t gotten a lot of fiscal impact statements from staff on what it’s going to cost,” he explained.

Focus group input for the Springfield District from February 2020 also conveyed that different residents have different attitudes regarding climate change and greenhouse gas emissions — particularly when it comes to potentially having to pay for change.

Herrity, in an email, also noted that there “is the need not to move to things like electric busses too rapidly as technology is rapidly



BILL OXFORD / UNSPLASH

developing and not market competitive yet, but it will be and we don’t want to make investments for technology that will be obsolete in five or fewer years.”

“I think the board majority will likely march on and approve a lot of this and figure out how to pay for it later,” he said.

Althen acknowledged that “there are a number of residents who have voiced questions or concerns about equity, which is very valid.” She explained that these residents want to ensure that anything that could potentially require taxpayer dollars to fund is benefiting all taxpayers.

In addition to CECAP, the county is developing Resilient Fairfax, an initiative that aims to address the impacts of climate change.

“This is a little bit more driven by county government, and staff and political leadership coming together and moving it forward,” Althen said. “It does take into account the expertise and opinions of industry professionals.”



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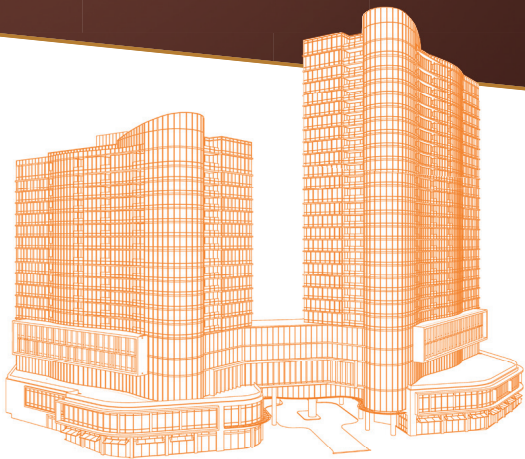
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# Judge dismisses case against School Board Member Elaine Tholen

*Day in court a mixed bag for petitioners*

By Heather Zwicker  
FAIRFAX COUNTY TIMES

Last week Fairfax Circuit Judge Richard Gardiner dismissed a petition to remove Elaine Tholen from the Fairfax County School Board, based on the recommendation of the special prosecutor.

Albemarle County Commonwealth Attorney James Hingeley, also a former Charlottesville City School Board member, was selected by Fairfax County Commonwealth Attorney Steve Descano to be special prosecutor on the case. Descano recused himself from the case citing the recall efforts against him that are currently underway.

Hingeley asked for the case to be dismissed saying “The assertions made [in the petition] are factually incorrect in the Commonwealth’s view.” He also called for the motion to quash, presented by Tholen’s legal team, to be

granted. Initially the judge also said that with the motion to dismiss he thought that made the motion to quash moot. However, after hearing from Charlie Spies, counsel for Open FCPS Coalition, Gardiner denied the motion to quash, treating it as a demurrer to the petition, which he said he believed on its face. “I’m not considering any of the evidence that Mr. Hingeley’s brought to the Court’s attention because that’s not appropriate for a demurrer.” According to Merriam-Webster, a demurrer is a response in a court proceeding in which the defendant does not dispute the truth of the allegation but claims it is not sufficient grounds to justify legal action.

“I believe that the petition on its face is adequate to allege a neglect of duty by Ms. Tholen and to allege incompetence in the performance of duties,” said the judge.



COURTESY PHOTO

“And under that standard [of the demurrer], I believe that the petition is sufficient to go forward with a full show cause here.” Gardiner also pointed out that the Court was

working within the framework that the legislature has given to make determinations on whether or not to remove public officials.

When asked to comment

further on the case, Hingeley declined saying, “Under the rules of the Supreme Court of Virginia [Rule 1.1a Expiration of Court’s Jurisdiction], final orders are subject to being modified or vacated for 21 days after the date of entry. It is not my practice to comment on cases in which there may be further proceedings.”

“This legal case has been an ordeal for me, but our students have been struggling through a much greater one,” Tholen said. “Please, let us put these divisive events behind us and work together to give our students the positive, undivided attention they deserve.”

With other recall efforts in process around Virginia, parents should be encouraged that the petition language for which signatures were gathered was determined in court to be legally sufficient, according to Open FCPS Coalition. Petitions are still being circulated to recall

Laura Jane Cohen of the Springfield District and Abrar Omeish, At-Large member.

“We must continue to fight for our students and children, because the School Board has not done so over the past 18 months,” said Dee O’Neal, founder of Open FCPS Coalition. “It is a shame that the voices of thousands of parents have been silenced by a commonwealth’s attorney, who just like the school board, is more interested in politics than the well-being of our kids. Hingeley chose special interests over parents and children who deserved representation.”

According to their website, Open FCPS Coalition is a bi-partisan, grassroots, volunteer group of concerned parents and citizens from Fairfax County. The group was formed in late 2020, and its aim is to hold members of the Fairfax County School Board accountable and to keep politics out of schools.

# Like the rest of the nation, Fairfax County has a school bus driver shortage

By Rick Horner  
FAIRFAX COUNTY TIMES

As students begin their return to class

this year, some of them are going to find that getting to school has become a more challenging task than before. Like other localities

nationwide, Fairfax County is experiencing a shortage of bus drivers. While such shortages are nothing new this one was made

especially painful due to the Coronavirus pandemic.

The Fairfax County Public School system is currently taking steps to attract bus drivers who meet requirements for eligibility and can complete the criteria for new bus driver employment. Among the incentives that the FCPS is offering for new, qualified drivers is a signing bonus of \$2,000 on top of the regular salary for drivers which comes in at just under \$32,000 per year.

FCPS also posted a notice on their Facebook page alerting parents and caretakers of the situation:

“Parents and Caregivers: You may have heard that FCPS, along with many other school districts nationwide, is experiencing a bus driver shortage. As a result, there may be delays impacting bus routes across FCPS starting Monday, 8/23. If you can walk with or drive your child (and perhaps a neighbor’s), please do. Also, we ask that you update your transportation status through your school, if you choose to not take the bus. We are continuing efforts to recruit and hire drivers. In the interim, please accept our apology for the inconvenience. Thank You.”

“We are asking families to be patient during the first week of school,” said Jennifer Sellers, FCPS Office of Communications and Community Relations. “Our team has done everything possible to make sure any delays or double-backs are kept to a minimum.”

The delays and double backs are in reference to recent events in Stafford County where a bus driver dropped a child off on Garrisonville Road three miles from the girl’s home and turned away. The girl was able to call her parents and was picked up unharmed. While no situation like what happened in Stafford has yet to occur in Fairfax such concerns are on the minds of the parents in Fairfax County.

Some buses have had four children packed in a seat



STEVE HARVEY / UNSPLASH

in order to avoid some of the delays, according to parents posting on social media. “Well it’s super important to keep kids from sitting next to friends while eating lunch but quite an exception during transport to school...” commented a parent on Facebook.

Another parent said the bus actually had students sitting on the floor. One parent reported that their child’s bus didn’t show up at all in the morning August 23 and that afternoon arrived at school to pick up students 45 minutes late, so her children got home an hour and a half after dismissal. The bus arrived 40 minutes late the second day. “I called transportation and was told that they had everyone that could drive a bus out on routes,” she said. “This is not the answer and it is not sustainable.”

According to the National School Transportation Association, private school bus operators provide nearly 40 percent of the nation’s school bus service in 200,000 yellow school buses with close to 380,000 employees.

The NSTA’s press release on the matter claimed that the driver shortage came about due to economic losses, the furloughing of thousands of employees, and the closure of state department of motor vehicles agencies that would have certified bus drivers before the beginning of the school year.

“Due to deadlines provided for in the American Rescue Plan, many school

bus contractors around the country have found it difficult to garner new employees and with continued disincentives to return-to-work, it will become increasingly more difficult to get potential new bus drivers trained, certified, and licensed in time for a return-to-school,” explained Curt Macysyn, executive director of NSTA.

Another concern that has affected recruitment is the fear of contracting the new Delta variant of the coronavirus. Recently, Fairfax saw an uptick in reported cases of contracting the virus due to new variants but have seen very few deaths as a result. According to data provided by the Virginia Department of Health, Fairfax County has seen a total of five deaths in the month of August from the virus.

The average age of a bus driver, according to Data USA, is 52.3 years with the average age of a male bus driver is 54.4 years and the average age of a female bus driver is 49.8 years. This would put many in the profession within the range of susceptibility for the virus.

On top of that, a survey conducted by California-based school ride service HopSkipDrive found that respondents believed that a large school district with a population between 25,000 to 100,000 could take as much as three months or more to get the school bus systems back into normal working order. Fairfax County has an estimated population of 1,147,532.

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# Federal League brings good character and sportsmanship back to amateur baseball

By Rick Horner  
FAIRFAX COUNTY TIMES

Many amateur baseball leagues are out there to play a leisurely game; Fairfax County's Federal Baseball League plays not just for the love of the game but for the character that such competition can build.

Founded Jan. 1, 2014, the Federal League was created by a group of coaches and managers who wanted to honor the game by bringing it back to its roots of respect for opponents and rules. The league also strives to compete hard with class, character, and sportsmanship, or as the League's President Kevin McGuiney puts it "to play the game the right way."

The Federal League came to be as teams from other amateur leagues decided to pursue the philosophy of how to play baseball. Many of the players who make up the league had played on collegiate teams making the level of competition high. The league started out with eight teams and has fluctuated between eight and 12 teams throughout its eight-year history.

"In mid-2013 the league's founders decided we had a good concept for the league which looked out for managers," said McGuiney. "It's a manager's league, we knew what we were looking for being managers and coaches ourselves."

Because many local high school and youth coaches are on the field they can absorb ideas and bring those ideas back to their own coaching and eventually bring other players from their teams into the league.

In explaining the name of the league, McGuiney says that it came about for two reasons, the first was that they wanted something to pay tribute to the local area which is home to many in the federal government and tie it into the region. The second reason was as a reference to the previous Federal League which split off from other leagues like we did.

The league also names its teams after other major and minor league teams such as the Orioles, the Senators, and the Flying Squirrels in another nod to the piecemeal way the original league came together.

The league's regular season of play runs from April until mid-September and they play at high school fields in places like Oakton, Langley, and Montgomery County, Md.. The end of the season brings a double-elimination playoff that narrows down to the final game where a best of three series is played to determine a champion.

Unlike other amateur leagues, the Feds use wooden bats in their games instead of aluminum bats, much like they do in the majors. McGuiney, like the league,



feels that the metal bats make the ball too easy to hit and inflates the player statistics. In their eyes, the wooden bat is a marker of skill and ability.

The Federal League was one of the few amateur sports leagues that was still able to play through last year's coronavirus pandemic. As part of the larger Fairfax County Baseball Council, the league was able to come up with protocols and guidelines from the health department in order to keep playing. The league had no outbreaks and ended up being a lifesaver for players and spectators.

"Tons of guys said it meant a lot to play a season, just get out and play a game.

Social distancing is built into the game and wearing masks allowed us to continue playing. We got a late start in June but we were able to go," said McGuiney.

The league is currently looking for more players and offers flexible packages for those who can only devote so much time.

"People have families and jobs that may not allow them to play all the time. We want to make things as flexible as possible for anyone who wants to come in and play," said McGuiney.

The original Federal League was founded in 1913 as a third major league after the establishment of

the National and American Leagues. The Fed League pulled teams and players from other leagues including the two that would eventually make up Major League Baseball. While the league itself would only last from 1914 to 1915 it left a legacy that can still be seen today. Chicago's Wrigley Field, which is today the home of the Cubs, was originally built as the home field of the Federal League's Chicago Whalers.

The league was also at the center of a federal lawsuit in 1922 where they took the National League to court accusing them of conspiring to monopolize baseball by

destroying the Federal League under the Sherman Anti-Trust Act. When the league folded in 1915 many clubs and owners were bought out by other leagues creating an air of distrust and leading to the lawsuit which would be decided in favor of the National League when the Supreme Court decided they were not subject to the anti-trust act.

Anyone who is interested in joining the league can go to [Fedball.com](http://Fedball.com) to sign up. Those who sign will be on a player waiting list where teams will review baseball resumes. Applicants can then be claimed by waiver or by free agency if not picked up right away.

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## Are you using herbs for health?

**KEYS TO  
BETTER HEALTH**  
CINDY SANTA ANA



Did you know that there are certain herbs and spices that can be used to support your health? Herbalism has been used for thousands of years to treat everything from wounds to respiratory infections. Often, the line between food and herb is blurred: food can be used in herbalism, and herbs can be used as food. What we know for sure is that the food and herbs we choose to prepare can be a source of important phytochemicals to help us live long and vital lives.

### Common antimicrobial kitchen herbs

Garlic and many other kitchen herbs with high volatile oil content are highly antimicrobial, while helping to bring blood (and warmth) from the core of the body to the periphery, thereby helping to “break” a fever and shorten the duration of an infection. Other antimicrobial kitchen herbs include cinnamon, thyme, oregano, horseradish, fenugreek, black pepper, ginger, sage, cumin, and cayenne.

Antimicrobial kitchen herbs can be taken as tea or added to soup. After a little experimentation, you may find that you prefer some in

a soup stock rather than a tea, such as garlic, ginger, horseradish, and cayenne, but any of these aromatic herbs can be used to enhance your favorite broth, whether it is chicken, miso, bone, mushroom, or vegetable-based. Generally, it is recommended to add these herbs at the end of cooking to preserve their delicate volatile oils.

**Garlic**, which has been used for 5,000 years, is anti-inflammatory, antimicrobial and an expectorant. Garlic can ease some of the symptoms of a cold through its anti-inflammatory action, as well as shorten its duration by stimulating the immune system, thinning mucus and breaking a fever. To retain its beneficial properties, garlic shouldn’t be heated too long. Spread it on toast or add to warm tea with lemon and honey.

**Oregano** – Also anti-inflammatory, antimicrobial, anti-oxidant, and an expectorant, is helpful for respiratory infections. Though oregano is perhaps most often associated with pizza, it has surprising therapeutic applications. Oregano contains important vitamins and minerals including iron, calcium, magnesium, potassium, omega-3 fatty acids, and vitamins A, C, K, and E. Use in cooking or add it to a sinus steam bath.

**Ginger** - is anti-inflammatory, antimicrobial, antispasmodic, carminative, choleric, circulatory stimulant, diaphoretic, and an expectorant. Ginger is well known for its use in nausea, but it is also a potent antimicrobial and has many helpful applications for colds and the flu. Ginger’s volatile oils stimulate the immune system to fight both bacterial and viral infections (McIntyre, 1996) and ginger is an all-around warming immune stimulant that is delicious and useful in cold and flu season beverages. Many herbalists use it at the first signs of viral infection and find that it can abort the onset of upper respiratory infections (Holmes, 1997). Ginger’s antiviral actions include stimulating macrophage activity, preventing viruses from attaching to cell walls, and acting as a virucide (Buhner, 2013). Add it to stir-fry dishes, fire cider, hot tea and soups.

Herbs should not be relied on for serious infections as a substitute for immediate medical attention. Serious infections, such as sepsis, can progress rapidly to multiple organ failure and fatality if untreated. Learn more about using herbs in my culinary nutrition cooking classes. For more info, visit [www.UnlockBetterHealth.com](http://www.UnlockBetterHealth.com).



MARKUS SPISKE / UNSPLASH.COM

## Five simple, natural ways to boost immunity

### Courtesy of Family Features

Your body’s immune system protects against illness and infection, fighting off threats before you even know there’s a problem. Even though your immune system usually does its job automatically, you can give it a boost with habits that promote wellness and support immunity.

Eat healthy fruits and vegetables. Although you

may not be aware they contain flavonoids, these phytochemicals found in some fruits and veggies are a vital part of maintaining health. Flavonoids are found in colorful fruits and vegetables like cranberries and elderberries. When it comes to power foods, elderberries’ exceptional flavanol levels make them an immune system powerhouse. Especially important during cold and flu season, elderberries can also

be enjoyed in a cup of warm tea for instant comfort.

**Reduce stress with outdoor activity.** Keeping physically fit provides numerous health benefits such as reducing stress by being one with nature through taking a walk outside. The sun’s UV rays help your body produce vitamin D, which is important for your bones, blood cells and immune system, as well as helping absorb and use certain nutrients. Yoga and massage can also be used to help stimulate the immune system and promote well-being.

**Keep a regular sleep**

**schedule.** Sleep gives you an opportunity to recharge. This is when cellular regeneration and other healing is most efficient. Keeping a regular routine helps signal to your system that it’s time to rest so you can fall asleep easier and reap the whole-body benefits of a healthy sleep cycle.

**Wash hands frequently.** Especially during the school year, when germs are rampant and easily carried from school to home, you can give your immune system a hand, literally, by frequently scrubbing away germs before they have the chance to

attack.

**Rely on natural remedies.** Modern, stressful lifestyles and exposure to environmental pollutants can put immune systems under pressure. However, some of your existing soothing rituals can actually support better health, too. One example is relaxing with a hot cup of tea. The natural and organic ingredients found in Buddha Teas provide numerous health benefits. Options like Mushroom Wellness, Divine Immunity, Elderberry Tea and Reiki Mushroom blends all contain immunity-boosting ingredients.

While they’re not an obvious ingredient, mushrooms have been incorporated into healing practices for thousands of years for their immune-boosting, anti-inflammatory and antioxidant-rich properties. There are several powerful medicinal mushrooms but one stand-out is the reishi mushroom, known as the “mushroom of immortality” and “divine plant of longevity.” This anti-inflammatory powerhouse is known to promote healthy cell growth and healthy blood pressure, along with improving immune function.

## PUBLIC NOTICE

**In-Person Public Hearing on  
the McLean Community  
Center’s FY2023 Budget  
(July 1, 2022–June 30, 2023)**

**McLean Community Center Governing Board  
Wednesday, Sept. 22, 6:30 p.m.**

Residents who wish to speak at the Public Hearing are asked to call 703-790-0123, TTY: 711, to be placed on the speakers list. The draft budget proposal is available on the Center’s website. Copies will be available at the Public Hearing.

Written comments may be delivered to the McLean Community Center (see address below) marked “Attention: Executive Director,” or sent by email to [daniel.singh@fairfaxcounty.gov](mailto:daniel.singh@fairfaxcounty.gov). Written comments may be provided after the Public Hearing up through Monday, Oct. 25.



**McLean Community Center**  
1234 Ingleside Ave., McLean VA 22101  
703-790-0123, TTY: 711  
[www.mcleancenter.org](http://www.mcleancenter.org)



GETTY IMAGES



## Seven tips to pick the right home service providers

### Courtesy of Family Features

One of the most frustrating challenges of keeping a home in top shape is finding reliable help when you need it. Whether your home projects are emergency repairs or planned upgrades, it's critical to find the right home service providers.

There are likely plenty of plumbers, contractors, remodelers, carpenters, handymen and painters in your area, but it can be difficult to choose which ones can be counted on to do the job right.

Consider these simple, straightforward, free tips from the experts at Best Picks Reports to help guide you through the process of picking home service providers for any type of home project.

#### Know exactly what you need done

Begin by having a clear idea of the work that needs done to your home. The more specific your intended outcome, the better.

For example, it's fine to know you would like to remodel your bathroom. However, it's better to know you want to redo the countertop, sink and tile work, but you're fine leaving the toilet and tub untouched.

Knowing the scope of work you want done can help you find the best home services professional for the job. It can also improve the likelihood the quotes you receive are as accurate as possible.

#### Ask around

Ask your neighbors, friends, family members and co-workers to recommend home service providers

they've hired.

Asking around is an easy and reliable way to get credible recommendations. It can be especially helpful if you're new to the neighborhood. A word-of-mouth recommendation often speaks volumes about a service provider's reputation because it comes from a customer with first-hand experience working with the provider.

Compare notes from different neighbors then narrow the list down to the most popular and highly recommended names to continue vetting.

#### Search social media

Social media platforms can be excellent sources of information. Just search nearby home service providers by name and see what others are saying about them.

Some home service providers may even include testimonials and before-and-after pictures of recent projects on their social media feeds. These can give you an idea of the quality of their work.

#### Research your choices

Whether you get your recommendations from friends, family or social media, take each one with a grain of salt. Do some digging of your own, researching each option.

For each service provider you're considering, look into any qualifications and certifications they may hold, including any areas of specialization that may be pertinent, and ensure they have the proper licenses and bonding to take on your project. Also check to see what kinds of assurances and guarantees they back their work with.

You can do your homework by visiting websites, making phone calls or both.



GETTY IMAGES

If you'd like to make the process more efficient, start online. When you've narrowed your search to 2-3 options, make phone calls. Calling providers can also provide a first-hand example of their professionalism and customer service capabilities.

#### Use a verified directory and online reviews

Look for unbiased customer reviews on independent business directories, forums and review websites. These printed directories and online sites often use a combination of third-party research and consumer reviews to rate contractors. Some even offer guarantees on the quality of work.

For example, a directory mailed to homeowners, like the Best Pick Reports, provides recommended pros that have been thoroughly, independently reviewed via an unparalleled certification process. Contractors are included in the report by invitation, which is extended

only to companies that have met strict qualifying criteria. Plus, you'll have the peace of mind that comes with the Best Pick Guarantee. If you're not satisfied with a guaranteed service provider, you'll be reimbursed.

Other sites, such as Five Star Rated, the Better Business Bureau and Google Business Reviews, can provide additional background information and reviews to help ensure you're making the best choice possible.

With guides like these, you can expect candid information about who does the best work, along with certification of licensing, insurance and best business practices. Be sure to avoid sites where highly rated reviews can be purchased.

#### Review examples of finished projects

Most home service professionals have portfolios of their work. This is especially true for remodelers, renovators, painters, landscapers

and other skilled craftsmen whose work is as much about style as it is quality.

As you look through samples of previous work, pay attention to details. Check if everything looks absolutely perfect or if you notice any flaws. Make sure their style is similar to what you're seeking and look for samples that are similar to the kind of work you want done.

If you don't see what you're looking for - or if you notice discrepancies in the quality of their work - don't be afraid to ask questions. This is your chance to find out all the information you can about the provider and its ability to complete your project.

#### Seek multiple well-defined bids

Even if you have a good feeling about the first home service professional you talk to, don't stop shopping around. Instead, make it a point to get a minimum of three bids before you enter

a contract with anyone. This way you'll have a better idea of whether you're getting a good deal when you have other proposals to compare it to.

Not all home service professionals are created equal. It could easily be the second (or third) provider you talk to who ends up being the most impressive. However, you won't know that if you end the process with the first bid within your budget.

You're hiring someone who will work in your home. You owe it to yourself and your family to make sure you're hiring a professional, trustworthy person (or team) for the job.

The best plan is often a combination of these steps and more. That doesn't mean you have to work through every suggestion, but maybe you ask around, check online reviews and make a few calls. Do enough investigating to get a solid feel for any provider you plan to hire.

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## Fairfax County zoning ordinance and privacy

Dear Editor,

I'm writing you today to inform you that your backyard privacy is now at great risk. With the updated Fairfax County zoning ordinance taking effect July 1st, 2021, your neighbors may now build accessory structures up to 8 ½ feet tall at your fence line. While this may not appear to be an issue at first, trehouses are included in the scope of what is considered an "accessory structure".

Now, your neighbor may build a trehouse against their fence, which may be adjacent to your yard. This trehouse may be as tall as 8 ½ feet at the highest point. If you are like my neighbor, they built

a trehouse where the hand railing is just over 8 feet, two feet higher than the 6 foot privacy fence dividing our yards. This means when they are standing on the platform they appear to hover over the fence, easily 4 feet taller than the privacy fence. The backyard privacy I had cherished when I purchased my house is now lost. They have a clear view into my glass-walled basement and every other window on the backside of my house.

We took this original code violation to the Fairfax County Board of Zoning Appeals last year in June of 2020, and finally had our hearing in March and April of this year. The original zoning ordinance included

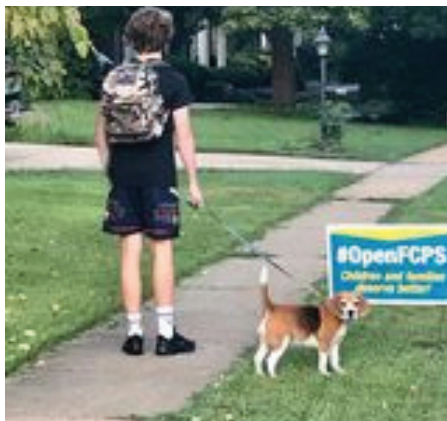
the language "...existing or proposed accessory structures and uses on the property will not adversely impact the use or enjoyment of any adjacent property". They sided with us and even empathized with us of our privacy being stripped away. But when July 1st rolled around and the new codes took effect, the trehouse was found by the county to be compliant, and my privacy no longer mattered.

Other than building a similar accessory structure in my backyard that becomes an eyesore to those neighbors, I have no recourse – and neither do you.

Jeffrey A Couillard  
Falls Church, VA



## In-person school from one parent's perspective



Dear Editor,

This morning, I have one child in college, one in FCPS, and one in private school. They are all learning in-person for the first time since March 2020. My house hasn't been this quiet in 1.5 years and the silence is deafening. I MISS my kids. I will miss hearing them typing on their dreaded laptops, I will miss scolding them for playing video games while they are "in class", and mostly, I will miss seeing their adorable faces. But I know that by attending school in person, they are becoming better people.

They are socializing, learning and growing in a way they simply cannot from behind a laptop. Their special and unique learning needs are being addressed, they are making friends and interacting with the world around them. They are speaking different languages and being exposed to different cultures and beliefs. Their young minds are constantly processing and evaluating new information, transforming data into knowledge and experience, as they learn how to be better people and global citizens in our ever-changing world.

I know, without a shadow of a doubt,

that my children cannot accomplish those same goals while locked at home behind a fuzzy computer screen. As much as I will miss them and worry about them, I know that they need to be IN school. There is no replacement for in-person learning, so I will fill this too-quiet house with my hopes and dreams because I know that, one day, my kids' successes will make the loudest noise of all. I am proud of my children. I am a proud founder of OpenFCPS, and I am proud to put Kids First in Fairfax County.

Christy Hudson  
Fairfax County, VA

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## No day in court for signature-collecting parents of Fairfax County Schools

Dear Editor,

Friday, I watched my beloved legal system fail me. County prosecutors are politicians at their core. They pick and choose what cases to prosecute based on the political winds. For generations, these political decisions have served to disenfranchise many groups. As time goes by, we recognize that this selective picking and choosing of cases based on politics is, at times, discriminatory and, in some cases, racist.

For 9 months, parents have collected nearly 20,000 petition signatures in Fairfax County, Virginia asking a judge and jury to hear a case as to whether the decision by the Fairfax County School Board to keep schools closed last year, particularly for special needs children, amounted to a dereliction of duty. We simply wanted a judge and jury to hear the facts and decide. Sure, the case had hurdles to overcome, but we wanted it to be argued and heard fairly and this is the process in Virginia. To gain standing in court, we needed to get signatures, in person, during a pandemic. This wasn't easy, but we did it.

The court certified the signatures and petitions as valid and then the case

was assigned to the county prosecutor—we as parents who collected the signatures and citizens who signed, like crime victims, have no voice in court. Friday, even after the judge ruled that the grounds for the petition were valid and the matter could proceed to trial, the county prosecutor declined to prosecute the case. This prosecutor was not from Fairfax County. The Commonwealth Attorney for Fairfax County, Steve Descano, had to recuse himself because ironically an effort is underway to remove him from office for failing to prosecute enough cases. Descano recused himself and then asked the court to appoint his friend, James M. Hingeley, from Ablemarle County. The fact that someone who recuses himself because he admittedly cannot be impartial is then allowed to pick his replacement is a travesty, in itself, necessitating reform; but once again the parents, aka victims, did not have a say.

Two weeks ago, Mr. Hingeley met with the parents who collected signatures and assured them that he would fairly prosecute the case. On Friday, he flipped. He gave no warning or reason other than no longer believing that the case had merit. Those

who signed the petition and collected the signatures have no procedural way to appeal.

A school board member instantly took to Twitter and mocked us. He called this "Democracy." I see nothing worth celebrating. I never made this issue political. Others might have, but I didn't. I believe it was deplorable, unconscionable, and a misuse of the office for the school board to keep special needs kids out of school because they deemed buildings unsafe to house children while Fairfax County received money from a private company to operate childcare centers in the schools during the pandemic. Interestingly, the Federal Government seemingly agrees as they launched an investigation regarding this practice on January 12, 2021. I wanted a jury to hear this story and fairly decide if the school board was incompetent in the performance of their duties. I did not get my day in court. It's sad.

As I mentioned, there is a recall effort going on for the Fairfax County prosecutor – I'm thinking maybe that's where I should spend my time next.

Shawonna Yashar, Esq.  
Dunn Loring, VA



# Three Dog Night still bringing *joy to the world* after five decades

The popular band heads to The Birchmere this weekend

By Keith Loria • SPECIAL TO THE FAIRFAX COUNTY TIMES



It's been more than 50 years since Three Dog Night was first introduced to the music world, and the band has cemented its legacy as one of the most successful of all time. Founded by Danny Hutton and Cory Wells in 1968, the unique name of the band derives from a legend about Australian aborigines who, on cold nights in the outback, slept with their dogs for warmth. The coldest evenings were known as "three dog nights."

Behind more than 20 hit songs, including "Mama Told Me (Not To Come)," "Joy to the World," "Shambala," "Eli's Coming" and "Black and White," Three Dog Night has the distinction of achieving the most record sales, top-10 hits and concert tickets sold between 1969-1974.

And the band isn't slowing down. Just last year, Three Dog Night released "Rhymes of Yesterday," a remastered 11-song album recorded live in 1975 at the Chicago Soundstage, and during the pandemic, it worked on an album of new music called "The Road Ahead," which is slated to be released sometime this year.

"This is our first new album since 1978," Hutton said. "We recorded it at my house and I'm really proud of it. We worked with Richie Popper and Phil Cooper, the guys who did all of our albums, and it was a real joy to do."

As a songwriter who focuses on melody, Hutton noted he doesn't do a lot of deep message writing.

"Lyrically, I try to stay positive without getting too cliché," he said. "For me, chorus is everything—an upbeat chorus

See **THREE DOG NIGHT**, Page **B5**



COURTESY PHOTOS



COURTESY PHOTO

# Hear Led Zeppelin the way it was meant to be heard

Classic Albums Live will perform one of the band's most notable albums at Wolf Trap

By Keith Loria  
SPECIAL TO THE FAIRFAX COUNTY TIMES

Craig Martin is a performer and music lover who one day got fed up listening to the way some bands butchered classic songs.

"I got sick of hearing music that I cared about so much desecrated by these nasty tribute bands who were up there spending more time on their wigs and wings, rather than learning how to play their instruments," he said. "This music is so important to us that it

became part of our DNA. We raised kids alongside this music, we got married alongside this music, and this is our soundtrack. So, when it's messed around with, I considered this my call-to-arms."

He gathered some of the greatest musicians he could find and created Classic Albums Live, which perform some of the most popular rock albums in history as close to the original sound as possible.

"I didn't care what the people looked like—

as long as they could hit it, that was good enough for me," Martin said. "It's musical purity."

Among the albums in the band's repertoire are Pink Floyd's "The Dark Side of the Moon," The Beatles' "Abbey Road" and Fleetwood Mac's "Rumors."

"I basically choose my favorite albums, and what I like, and fortunately, what I like seems to be what everyone likes," Martin said. "That's basically the knockout, cannonball albums that have survived and endured the

test of time."

Each concert brings in different professional musicians, depending on the sound they are working to recreate and the album they are covering.

"This isn't a cover band or impressionist, the goal is hyper-focused on the sound of the music itself and performing it with professional musicians," he said. "I strongly adhere to the note-by-note mentality. It's an honor to be able to recreate them live."

On September 1, the members of Classic Al-

bums Live will perform what many consider the greatest rock album of all time—Led Zeppelin's "Led Zeppelin IV." Released in 1971, the legendary recording features classic hits such as "Stairway to Heaven," "Black Dog" and "Rock and Roll."

With this being the 50th anniversary of the album, Martin knew it was the perfect show to bring to Wolf Trap, playing the album in full, note for note, cut for cut. The

See **ZEPPELIN**, Page **B5**

## “Engage Nepal” hosted by Reston Art Gallery & Studios

At an iconic Reston landmark, artists are hosting an event to support a global cause. A special show of more than 50 works by international artists will be presented by retired U.S. Ambassador Scott DeLisi and his organization, Engage Nepal, at Reston Art Gallery and Studios (RAGS).

All are welcome to attend the two-day show, open September 1 and 2 from noon until 7 p.m. There will be a reception September 1 at 5 p.m. Proceeds from purchases of these distinctive paintings and photography, all donated by the artists, will go directly to the COVID Crisis Relief Fund to create a pediatric intensive care unit at one of Engage Nepal's partner hospitals. Monetary donations will also be gratefully received to assist Nepal, which is highly impacted by the pandemic.

"Nepal has been devastated, so we are doing all we can to help. This includes the sale of these wonderful paintings and photos donated by a variety of artists, including many from Uganda who truly wanted to help the people in Nepal in a time of need," said DeLisi. "I met those artists when I served as ambassador in Uganda and was so touched by their kindness and concern." Engage Nepal works directly with the local citizens to deliver health services, offer entrepreneurial training, to work with communities in protecting their environment, and to create new opportunities for the future. See below for additional information from Scott DeLisi, and learn more on Facebook @engagenepal and with a visit to EngageNepal.org.

"All artists are world artists, and we are honored to host this event and

See **ENGAGE NEPAL**, Page **B5**



# Increase wholesome flavor with powerful pairings

## Courtesy of Family Features

Making the most of family meals means dishing up favorites that call loved ones together while also providing wholesome,

nutritional flavor.

As part of the Powerful Pairings initiative – launched by the United Sorghum Checkoff Program, National Pork Board and USA Pulses – this Lemon-Garlic Tenderloin with Warm Sorghum Salad calls for pulses, which include

lentils, chickpeas dry peas, and beans; sorghum, similar to rice or quinoa filled with nutrients, texture and taste; and pork, rich in flavor, versatile and sustainable with nutritious qualities.

Combined, these three ingredients can work together

in sweet and savory dishes alike, and they shine with a multitude of herbs, spices and sauces from around the world. A powerhouse nutritional trio, they include foods from the protein, vegetable and grain groups outlined in MyPlate, a template for balance, variety

and moderation.

Plus, the taste and versatility of these ingredients make it easier to achieve more family meals, which promotes cohesion, communication and relationships, helping loved ones celebrate simple joys together

and be more prepared for uncertainty and difficult life moments.

Visit [powerfulpairings.com](https://powerfulpairings.com) to find more recipes that can become family favorites at your table.



COURTESY PHOTO

## Lemon-Garlic Tenderloin with Warm Sorghum Salad

Prep time: 25 minutes • Cook time: 70 minutes  
Servings: 6 (2 ounces pork, 3/4 cup sorghum salad)

### INGREDIENTS

- 2 cups vegetable broth
- 2 cups water
- 1 cup whole-grain sorghum
- 2 tablespoons olive oil
- 1 tablespoon minced garlic
- 1 tablespoon minced fresh parsley
- 1 1/2 teaspoons lemon zest
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1 pork tenderloin (16 ounces), trimmed of fat
- 1 medium sweet potato, peeled and cut into 1/2-inch pieces
- 1 cup kidney beans, rinsed and drained
- 1/2 cup dried cranberries
- 1/2 cup pecan halves

### DIRECTIONS

Preheat oven to 425 F. In medium saucepan, combine vegetable broth and water. Bring to boil. Add sorghum. Reduce heat to simmer and cook, covered, 45-60 minutes, or until tender.

In medium bowl, combine olive oil, garlic, parsley, lemon zest, salt and pepper. Drizzle half oil mixture on pork; rub in with fingers. Place pork in shallow roasting pan. Add sweet potatoes to bowl with remaining oil mixture. Toss to coat and set aside.

Roast pork, uncovered, 10 minutes. Arrange sweet potatoes around pork and roast 15-20 minutes, or until pork reaches 145 F internal temperature and potatoes are tender. Remove pork from pan. Cover; let stand 10 minutes.

Stir roasted sweet potatoes, beans, cranberries and pecan halves into cooked sorghum and heat through.

Slice pork tenderloin and serve with warm sorghum salad.

# WOLF TRAP

# 50 YEARS TOGETHER



**STAR WARS: A NEW HOPE IN CONCERT**  
NATIONAL SYMPHONY ORCHESTRA  
**AUG 27**

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**BRANDI CARLILE**  
AMYTHYST KIAH  
**AUG 28**



**CLASSIC ALBUMS LIVE PERFORMANCES:**  
**LED ZEPPELIN IV**  
**SEP 1**



**SIGNATURE THEATRE & WOLF TRAP**  
**BROADWAY IN THE PARK**  
RENÉE ELISE GOLDSBERRY  
BRIAN STOKES MITCHELL  
**SEP 3**

**DARIUS RUCKER**  
DAVES HIGHWAY  
**SEP 4**

**LAKE STREET DIVE**  
VALERIE JUNE  
**SEP 9**

**JASON ISBELL AND THE 400 UNIT**  
WAXAHATCHEE  
**SEP 14**

**INDIGO GIRLS | ANI DIFRANCO**  
**SEP 22**

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## King Crossword

### ACROSS

- Josh
- Reggae relative
- Paper packs
- NYC airport
- Stetson, e.g.
- DeGeneres of talk TV
- Einstein's birthplace
- Everybody
- As well
- Orange variety
- Region
- I love (Lat.)
- Mimicked
- Billboards
- Chipmunk's kin
- "That's it!"
- The Ram
- Chaperones, usually
- Ring decision
- Vanished
- Pot brew
- Tree home
- Belly button type
- Conk out
- Fluctuating
- Mil. bigwig
- Craze
- Rebel Turner
- Swelled head
- Fake
- -cone

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53						54				55		
56						57				58		

- Aachen article
- NBC show since 1975
- Formosa, today
- Short jackets
- Moved sideways
- Prolonged attack
- Choir member
- Singer Anita
- Within (Pref.)
- Ref
- Oom- —
- Year in Acapulco
- French diarist
- Anais
- Awestruck
- National symbol
- Chef's garb
- Greek consonant
- Shoe width
- Hosp. workers
- Speck
- Sturdy tree
- Satchel
- Altar promise
- Sister
- Poker variety

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## ADORABLE ADOPTABLES

# THE FELINE FOUNDATION

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[www.ffgw.org](http://www.ffgw.org)

### Feather

**Breed:** Domestic long hair  
**Age:** 2 years

**Gender:** Female spayed

Feather is as light and soft as a feather can be. Little Feather was rescued after being left at a rural shelter when no one wanted her. This girl had been on her own for a while and ready for some TLC. Her true calico colors are waiting to blossom! Feather needs a home of her own to grow. Feather is laid-back and very cuddly when she gets comfortable with you



### Venus

**Breed:** Domestic short hair  
**Age:** 2 years

**Gender:** Female spayed

India is a gorgeous, gentle young lady with a tiny meow and a fluffy tail. She will meow when she wants you to pet her and LOVES being brushed. She also enjoys playing with a wand toy and especially likes having a tall cat tree with a cubby in front of a window. She would enjoy a quieter home and has gotten along well with other laid-back dogs and cats.



### Davey

**Breed:** Domestic short hair  
**Age:** 3 months

**Gender:** Male neutered

Davey is affectionate, energetic, and goofy. He wants to be cuddled up right next to you on the couch, and he has tons of kitten energy. He's incredibly easygoing and tolerant, but won't hesitate to let you know when he wants you to play. Davey is looking for a loving home with his buddy Pippa. He will come and plop on your lap and ask for belly rubs. Reach out and let us know if you want to meet this handsome boy and his friend!



### Porsche

**Breed:** Domestic short hair  
**Age:** 2 years

**Gender:** Female spayed

Have you been in the market for a luxury Porsche? If so, this low mileage, low maintenance girl might be for you! Rub her hood and she'll reward you with the quiet purr of her well-tuned engine. She goes from 0 to 60 in no time chasing a toy - or at the sound of a can opening or treat bag crackling. She'd love a garage that has plenty of windows so she can park and watch everything going on outside. Is Porsche's key the one to your heart?



### Lucia

**Breed:** Domestic short hair  
**Age:** 4 months

**Gender:** Female spayed

Lucia is a cuddly, playful little sweetie who is looking for her forever home. She loves to cuddle with her foster mom. Lucia and her best buddy Jadis enjoy playing together, with other cats and dogs!! This darling pair need to be adopted together.



### Jadis

**Breed:** Domestic medium hair  
**Age:** 4 months

**Gender:** Female spayed

Sweet Jadis is as soft as a cloud and as sweet as sugar. She is an expert gymnast, a master of leaping in the air to catch fishing pole toys and a true conqueror of the scratching post that she attacks, scratches on, scrambles to the top of and the sits there as "queen of the mountain." Jadis' favorite toys are plastic springs, which she carries around in her mouth and drops and bats around and then retrieves by picking them up in her mouth again. Jadis loves to snuggle beside you and "nurses" on fuzzy blankets with a resounding purr. She and BFF Lucia must be adopted together.



**The Cat's Out of the Bag!**  
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WE'RE PARTICIPATING IN THE  
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For the entire month of **September**, when you buy a reusable bag at Giant Food in Herndon (2551 John Milton Dr.) FFGW.ORG will receive a \$1 donation.  
Please share on your social media, and stock up on those reusable bags, the cats thank you!

If you're in the Herndon area, you can support The Feline Foundation of Greater Washington by buying reusable shopping bags!

## FROM THE DOG'S PAW

# Dog Appreciation Day

**By Abby! Noah!**

SPECIAL TO THE FAIRFAX COUNTY TIMES

**W**OOF! If you have a dog in your home, every day is, or should be, dog appreciation day. Abby and I know that dogs are the pawsitively bestest pets humans can have in their homes. (HISS! HISS! Uh, guys, cats rule, you know). Oh, sorry, Samson, cats are great too, but this is Dog Appreciation Day, WOOF!

Barks, our human, learned the greatness of having a dog in the home many years ago when his father adopted a German Shepherd. He learned the responsibilities of taking care of something else besides himself. He had to walk the dog, play in the backyard to provide needed exercise, feed twice a day, provide water, and pay attention to the dog for any pawssible health issues needing attention. From that, he learned about the love and confidence a dog can provide young mini-humans. Barkingly, it taught him life responsibilities too.

Barkingly, a great way to celebrate Dog Appreciation Day is to adopt a dog from a local rescue or shelter. There are pawlenty of dogs looking for humans to love who will love them too. Sadly, some humans think dogs at rescues or shelters are bad or mean dogs. That's not true. Many of these dogs found themselves homeless through no fault of their own. Paws, a few reasons are their humans moved and couldn't take them, their human goes into the hospital or passes away, or a baby is added to the family and can't take care of them. Sometimes a dog gets lost, and its humans don't come looking for them. Abby and I are rescued dogs, and we're pawtretty pawfect if you ask us. Woofly, there are breed-specific rescues too. Paws, you might find the mostest pawsome dog ever. Barks!

Paws, as rescued dogs, we know there are pawlenty of humans who pawsitively love dogs but cannot adopt. Sometimes it's time or financial constraints or living situations. Paws, whatever the reasons, there are pawlenty of ways for humans to appreciate dogs and get their needed dog fix. Local dog rescues or shelters always need volunteers to help in many aspects of caring for the dogs they've rescued. Woofs, short on time? Donating financially is a pawsome way to appreciate dogs. Many rescues operate solely on humans contributing financially and supplies.

Another impawtant way to celebrate Dog Appreciation Day is by having a safe-

ty check of your home to make sure it is safe for your dog and your family. Ensure the family knows what to do should there be an emergency; who will ensure the dog is removed from the house? Barks?

For Dog Appreciation Day, I think our humans should provide Abby and me a memorable day out. We can go to our favorite hiking trails and sniff all the new peemail that came along since our last visit. Dad will bring along our favorite bestest dog treats and pawlenty of water, and we'll spend the day exploring. After hiking, we'll go home, where Dad will fix us a delicious meal of the bestest food he can provide for the bestest dogs ever while we watch a dog adventure movie from our fluffy pillows and bankies. It will be a day of being spoiled, more than usual. Woofs!

Pawlease meet a few friends needing "Forever Homes":

**Banjo**, a 3-year-old Black Labrador Retriever, needs a home with a physical fence. He will have a training addendum attached to his adoption. He loves pawlaying, chasing sticks in the water, and hanging out with his humans. He has pawlenty of energy, needing walks or pawlaytime daily.

**Mickey**, a 2-year-old Yellow Labrador Retriever, needs a home with a physical fence. She must be your one-and-only-dog-that-is while she practices socialization with other dogs and recovers from knee surgery. She loves cuddling, is pretty mellow, intelligent, learns quickly, knows basic commands, and has a great disposition. House- and crate-trained.

**Murphy**, a 4-year-old Chocolate Labrador Retriever, needs a home with a physical fence. He needs an experienced adopter. Youthful energy, house- and crate-trained. He enjoys walks, car rides, naps, going for walks, and being petted.

**Lab Rescue of L.R.C.P., Inc.** [www.lab-rescue.org](http://www.lab-rescue.org), (301) 299-6756, email info@lab-rescue.org.

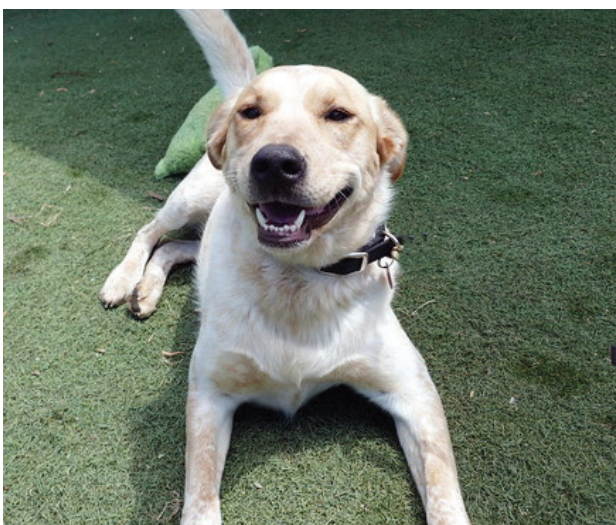
### About us!

WOOF! MEOW! Do you enjoy our articles? Barks and purrs, pawlease follow us at [www.fromthedogspaw.com](http://www.fromthedogspaw.com) by email to enjoy our adventures! Noah, Samson, and Abby are Pawthors pawing about dog/cat care tips using facts and humor, and entertaining stories about their lives with humans! Our human, Allen Pearson, is a Dog, Nature, and Railroad Photographer and Writer. Find us all at [www.instagram.com/fromthedogspaw](http://www.instagram.com/fromthedogspaw) or [www.facebook.com/fromthedogspaw](http://www.facebook.com/fromthedogspaw).



Banjo

LAB RESCUE



Mickey

LAB RESCUE



Murphy

LAB RESCUE

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Solution time: 26 mins.

Answers

King Crossword

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**“Motel Makeover”** -- Like almost every other real estate-flipping show out there, someone in this Netflix original series exclaims, “We are over budget and behind schedule!” This time, the renovation team is a duo of women taking on their second hotel total-gut job, located in the resort town of Sauble Beach in Toronto, Canada. Everything that could go wrong, does (ya don’t say?!). And of course, the pandemic happened during filming. The sad-face selfie videos lamenting the difficulties of working and finding contractors and materials during the pandemic are tiring and overused, but it’s still cool to see the ultimate transformation that the hotel takes throughout the process. No spoilers on whether or not subway tile was used. (Netflix)

**“Four Good Days”** (R) -- Here’s your emotional purge of the week. In this based-on-a-true-story film, Mila Kunis plays Molly, an opioid-addicted young mother who has failed repeatedly in her attempts to stop using. A new medical option aiding sobriety requires her to stay clean for a full week before being given it, so her mother vows to help her through the remaining four days of physical and mental agony.

Glenn Close as Molly’s mother, Deb, is amazingly talented, able to make the audience alternately love her for her devotion to her daughter, while at the same time blame her for Molly’s failures. It’s refreshing to see Kunis stretch her acting ability beyond the cute girlfriend roles for which she is typically known. (Hulu)

**“Guy: Hawaiian Style”** -- And now for a palate cleanser. It seems that the Mayor of Flavortown has packed up the moving truck and headed to the islands. Instead of hitting up small-town diners, barbecues and lunch counters doing their thing, Food Network mainstay Guy Fieri hits up locally owned food establishments all over Hawaii ... each doing their thing (now with pineapple!). Incorporating Hawaiian culture and tradition into the commentary -- and not just biting into giant portions of poke tuna while exclaiming “yowza!” -- Fieri brings his two sons along on these educational gastronomic adventures. (Discovery+)

**“Val”** -- You don’t have to be a huge Val Kilmer fan to enjoy this self-produced documentary on the actor’s life. In fact, it might even be better if you’re not entirely familiar with his library of work. Ever since his teen years, Kilmer has filmed both his personal and professional lives, starting with amateur productions made with his two brothers. This current documentary features old selfie-type commentary, on-set joking with co-stars, screen tests and even conversations with his mom. After chronicling his training at Juilliard, his debut on the New York City stage and his rise to Hollywood stardom, it delves much deeper into his spiritual beliefs and some truly touching personal family stories.



**Glenn Close, Mila Kunis in “Four Good Days”**

After losing his voice due to throat cancer, Val is introspective, playful, humble and unapologetic. (Amazon Prime Video)

Val is introspective, playful, humble and unapologetic. (Amazon Prime Video)

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Art News

**Fab Fridays** Enjoy Calypso with Tobago Bay. 7 to 8:30 p.m. August 27. Free. Parking is free in the ParkX parking garage with validation. Reston Station, 1901 Reston Metro Plaza, Reston. For more information visit <https://bit.ly/3knH90V>.

**Free Community Concerts** Enjoy free concerts nightly at your county parks. August 27, 28, and September 1. For more information visit <https://bit.ly/2UHzu57>.

**Star Wars: A New Hope in concert with the National Symphony Orchestra.** 8 p.m. August 27. Tickets start at \$40. Filene Center, 1551 Trap Rd., Vienna. For more information visit <https://bit.ly/2XJ5LcT>.

**Brandi Carlile** Six-time Grammy Award-winning singer and songwriter. 8 p.m. August 29. Tickets start at \$47. Filene Center, 1551 Trap Rd., Vienna. For more information visit <https://bit.ly/2WkrNSU>.

**A Little Charm from Across the Pond** Professor of Flute Jonathan Snowden performs a selection of favorite pieces from his former musical career across the pond. 7 to 8 p.m. August 29. Free. Reston Town Square Park, Corner of Market and Explorer streets, Reston. For more information visit <https://bit.ly/2XVRmdB>.

**Take a Break Concert Series** features contemporary jazz with the David Bach

Consort. 7 p.m. September 2. Free. Lake Anne Plaza, 1609-A Washington Plaza, Reston. For more information visit <https://bit.ly/3jkuSLL>.

**Art Mirrors Culture** is a Reston multicultural inter-generational exhibit featuring works from Japan, China, India, Italy Germany and more. September 1 through 30. Free. Jo Ann Rose Gallery, 2310 Colts Neck Rd., Reston. For more information visit <https://bit.ly/3greDu7>.

**Equality for All** is a mural commissioned by the Women’s Suffrage Centennial Commission to celebrate the 100th Anniversary of the 19th Amendment. It is on permanent display at the Workhouse Arts Center, 9518 Workhouse Way, Lorton. For more information visit <https://bit.ly/3xGZwTw>.

**Highest Honor** Returns to the atrium this season and will be on display through Nov. 14. Inspired by the building’s industrial founding, artist Andy Yoder designed the 25-foot triangular banner as an oversized version of the Army-Navy “E Award,” which was presented to workers during WWII for excellence in production of war equipment. Torpedo Factory Art Center, 105 N. Union St., Alexandria. For more information visit <https://bit.ly/34gh8sP>.

Fairfax County Times

Home & Garden

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FAIRFAX COUNTY TIMES

Community Information

**Farmers’ Markets** Visit a variety of vendors to purchase produce, pastries, bread, meat and more. 8 a.m. to noon. Fridays through Nov. 12. Lewinsville Park, 1659 Chain Bridge Rd., McLean. For more information visit <https://bit.ly/3fK9H2t>. 3 to 7 p.m. Fridays through Oct. 29. 5844-5862 Kingstowne Center, Alexandria. For more information visit <https://bit.ly/34lWuHG>.

**River Fishing by Boat** Fish for smallmouth bass and sunfish from a canoe or jon boat. Get started with an introduction to boating and fishing basics. 5:15 p.m. August 27. Cost is \$22. Riverbend Park, 8700 Potomac Hills St., Great Falls. For more information visit <https://bit.ly/38b3rNW>.

**Community Market** includes themed activities including vendors, artist demos, food, entertainment, and more. 10 a.m. to 2 p.m. August 28. Free. Workhouse Arts Center, 9518 Workhouse Way, Lorton. For more information visit <https://bit.ly/3hTCNiO>.

**Historic Baseball** Learn about early versions of baseball. Sew your own baseball to take home. Play a game using the “Knickerbocker” rules. 10 a.m. August 28. Cost is \$9. Ellanor C. Lawrence Park, 5040 Walney Rd., Chantilly. For more information visit <https://bit.ly/2Wq64Je>.

**Public Safety Day** games, education, food, and community outreach. This is an opportunity for community members, especially our youth, to learn more about our law enforcement and to engage in a positive way. 11 a.m. to 3 p.m. August 28. Free. Annandale High School, 4700 Medford Dr., Annandale. For more information visit <https://bit.ly/3DfDeMeg>.

**Night Hike & S’mores Campfire** Enjoy a naturalist-led walk through the forest to listen for nocturnal animals and to look for evidence of wildlife. End your hike at our campfire and make s’mores. 7 p.m. August 29. Cost is \$12. Lake Fairfax, 1400 Lake Fairfax Dr., Reston. For more information visit <https://bit.ly/3DdhVuU>.

**Secrets, Spies, Sputnik and Huntley** Uncover the history of spies, espionage and how the Cold War struggle between the US and the USSR shaped Huntley and the Fairfax County we know today. 10 a.m. August 30. Huntley Meadows, 3701 Lockheed Blvd., Alexandria. For more information visit <https://bit.ly/3koY2n>.

**Farmers Markets** Visit booths from local vendors on Wednesdays and Thursdays through late fall in local county parks McCutcheon, Oak Marr, Wakefield, Annandale and Herndon. For more information visit <https://bit.ly/3kYWyGU>.

**ONGOING**  
**See X-wing Starfighter** as it undergoes conservation at the Mary Baker Engen Restoration Hangar. Daily from 10 a.m. to 5:30 p.m. through January 1. Free admission but parking is \$15. Steve F. Udvar-Hazy

**Center, 14390 Air and Space Museum Pkwy., Chantilly.** For more information visit <https://si.edu/37aVY0M>.

**Forgotten Road Tours** these outside walking tours of the original outbuildings and representative slave quarters focus on the lives and stories of the enslaved who were at Sully more than 200 years ago. 10 a.m. and 2 p.m. Friday, Saturday, Sunday, and Thursday through Oct. 31. Cost is \$20 to \$40. Sully Historic Site, 3650 Historic Sully Way, Chantilly. For more information visit <https://bit.ly/34WkvFN>.

**Virtual Mental Help Events and Support Recovery Program** Solutions of Virginia holds a variety of free online events and support groups each week. Meet new friends, stay healthy and fit, participate in art therapy and more. For more information visit <https://bit.ly/3vokjut>.

**Senior Womens Softball** Join a league with games on Saturday and Wednesday mornings in Vienna. Ages 40+. For more information visit [golden-girls.org](https://golden-girls.org).

**Help Needy Children** through volunteer work with Assistance League. Learn more at <https://bit.ly/305C3ge>.

**Volunteer Fairfax** has volunteer opportunities and donation needs. Please visit <https://bit.ly/3b169oZ> for more information.

**Meals on Wheels** needs drivers, coordinators, and co-coordinators. Apply at <http://bit.ly/2DGfhme>.

ZED by Duane M. Abel

www.corkeycomics.com





# 5 tips for traveling amid COVID-19

## Courtesy of Family Features

The spread of new COVID-19 variants and lower vaccination rates in developing countries continue to impact the ability to move freely throughout the world.

For travelers eager to venture out, Expedia Group recommends these traveling guidelines to help slow the spread of COVID-19 so the world can truly open again:

**1. Mask up while traveling.** Masks remain one of the most simple and effective ways to limit the transmission of the virus, aside from the vaccine, according to the Centers for Disease Control and Prevention. Traveling requires being in close quarters, like planes, trains, rideshares and more, so it's important to

mask up to reduce the spread.

**2. Travel for the greater good.** To support UNICEF's global COVID-19 response, Expedia Group announced an initiative to donate \$10 million to vaccine efforts. To get involved, travelers can download any app from one of the travel giant's brands, such as Expedia, Hotels.com, Travelocity and Vrbo, to plan and purchase a trip through the platform. In turn, travelers can help get a vaccine to someone in the world who needs it.

**3. Enjoy the great outdoors.** Nature destinations have provided solitude for travelers over the last year due to the ability to easily socially distance and, essentially, disconnect. This trend is here to stay, with beaches, mountains, lakes and national parks remaining popular areas to visit.

**4. Don't get left behind.** More and more businesses, attractions and destinations are requiring people to show proof of vaccination. If you haven't felt motivated to get your shot(s), know you might not have access to dining, entertainment or other activities during your next vacation.

**5. Be a savvy traveler.** Travelers are eager to get out again, but with travel guidelines changing frequently, it's important to stay up to date with restrictions and policies around your travel bookings. Double-check your accommodations' cancellation policies, keep local advisories like curfews or closures in mind and be prepared to submit documentations like COVID-19 test results or vaccine cards.

# Plan a memorable family reunion

## Courtesy of Family Features

Family reunions this summer are sure to take on special meaning as families reunite after months apart. Organizing such a momentous event may feel like a lot of work, but thinking of it in smaller pieces can make it easier to manage.

Finding a date that works for everyone may be the biggest hurdle. Once that essential detail is set, start planning your family get-together with these tips from the travel experts at Vrbo:

**Decide on a celebration style.** Family reunions come in all shapes and sizes. You might plan a gathering for a single day with a big meal and plenty of time for chatting with relatives, or it may be a multi-day affair filled with activities that get all ages involved.

**Pick the place.** The location of your reunion depends on many factors. In some cases, families plan for a location that's easily accessible for the majority, like a midway point or a city where a large branch of the family tree is rooted. Other families build reunions around the head of the family and plan the location around where the eldest members of the family reside. Still other reunions are destination getaways with multiple households in one vacation location.

**Choose where you'll stay.** Figuring out what kind of



lodging best suits your reunion depends on a variety of considerations, but the larger the group, the more challenging it can be. A vacation rental home may be an option when you're bringing multiple families together under one roof or plan to stay for several days. Many vacation rentals even offer amenities like pools or hot tubs that can be enjoyed privately rather than shared with the rest of the resort or hotel guests. A tool like Vrbo's Trip Board of reunion-friendly homes can help you find inspiration for a perfect place.

**Plan activities.** Depending on your family's style, planning how everyone will pass the time may be a scheduled itinerary or a loose list of potential things to do. Either way, leave time for casual conversation and simply enjoying a few moments together, as well as lots of entertainment to keep kids occupied while the adults catch up.

**Create a menu.** From potluck to catering and everything in between, there are numerous options when it comes to

feeding a reunion crowd. You might have everyone bring their own food, ask each family take turns serving meals or plan easy bar-style meals like tacos or walking nachos. It's a good idea to coordinate your menu plans so you don't waste food or have duplicate ingredients in the refrigerator. Remember to plan for extra snacks and desserts, too. Many homes available through Vrbo include access to refrigerators and fully equipped kitchens, making it easy to store extra food for the gathering.

**Incorporate your heritage.** What sets a family reunion apart from other types of gatherings is the focus on family. Make your reunion special by incorporating special aspects of your heritage, whether it's a monogrammed centerpiece for the dining table or photos of multiple generations you scatter around the venue. Another idea for a multi-generational family reunion is a slideshow of photo memories set to music that plays as the precursor to a family movie night under the stars.

## THREE DOG NIGHT

CONTINUED FROM PAGE B3

with the hook. That's like finding gold. To have that moment when people connect to that one moment."

The popular band will be returning to The Birchmere August 28, and looks forward to seeing a packed house welcome them to the stage. During the show, Hutton promises all the biggest hits will be played.

"I'm always leery of doing a bunch of new songs because that means you have to take out the hits, and people come to hear those hits," Hutton said. "We may throw in one of the new ones and see what the public likes."

Those who know Three Dog Night understand the band can't be classified in any one music genre. Over the years, the band has made its way on the charts for easy listening, rock, R&B, and

country. It's also recorded with the London Symphony Orchestra.

The band has always maintained a touring schedule that includes around 90 dates, and before the pandemic hit, was coming off one of their longest tours in decades, coming in at more than 100.

"Once it all ended, life felt like Groundhog Day. I now know what it's like to be retired, and I don't like it," Hutton said. "You need someone to love, something to do and something to hope for. That's my philosophy."

Thankfully, Three Dog Night was able to work on the new album and also did an experimental thing at a drive-in, but Hutton admitted it was tough for him to get through vocally. So, he spent the rest of the year devoting two hours a day to singing.

Now 78, these voice exercises have helped his

voice become higher and he believes the strongest it's been in years.

Three Dog Night went back out on tour this spring and have no thoughts on slowing down.

"It's been so wonderful; you just forget what a wonderful life this is," Hutton said. "It's thrilling to be back on the road. Everyone is appreciating life and doing high-fives after the show and there's a lot of young energy to us."

With about 60 dates left for 2021, Hutton is grateful that people are still enjoying the music of Three Dog Night and coming out to the shows.

"I don't think there are a lot of groups that do what we do," he said. "Most groups get into one lane of music and that's their deal. We made it to all the charts. We do a bit of everything. And the songs are all about emotion and having fun."

## ZEPPELIN

CONTINUED FROM PAGE B3

concert will offer no gimmicks or impressions, just the music of Led Zeppelin IV standing all on its own.

"We have some of the world's best musicians at this show, and to name them is kind of pointless because no one has heard of any of us, and that's kind of a secret weapon for us, because we really are careful to try and not impart any personality with this music," Martin said. "Musicians come to me because they are so drawn to this so I really get amazing musicians."

Although Led Zeppelin was a four-piece band, the Wolf Trap show will have nine people on stage, because all the overdubs from the album need to be covered to create the exact

sound.

For instance, with "Rock and Roll," the second track on the album, if someone sees this song performed in a bar, there will be one guy on guitar, yet there are three guitar tracks on the album, and they are all pretty distinct.

"To get that sounding properly, you need to have three guitar players," Martin said. "And you need a drummer who knows how to play a shuffle. These are minutiae details that we pay close attention to so we get it right."

Another example is when Classic Albums Live performs Pink Floyd's "The Wall" album, there's a scream that is faintly heard in the background at the end of "Bring the Boys Back Home" and that's included in their version of the song

on stage.

"There are always about 10 people in the audience who are so glad we did that scream, though it may be lost on everyone else," Martin said. "Those 10 people are who I am playing to. Those who can appreciate our attention to detail."

Once the album is performed in entirety, the band will take a break and then return to the Wolf Trap stage to do another set of Led Zeppelin songs—deep tracks and fan favorites.

"It's going to be a beautiful night at one of the most beautiful venues around so I encourage people to come out and enjoy a positive night of music," Martin said. "I can't think of a better way to celebrate this time in our lives than gathering together and hitting some Zep together."



Pinjara ra Panchi by Bidhata KC of Nepal – acrylic on canvas, 17.75" x 24"

## ENGAGE NEPAL

CONTINUED FROM PAGE B3

help raise awareness of this global concern," said Pat Macintyre, artist and director of Reston Art Gallery and Studios. "We hope that our community of Reston and beyond will enjoy Engage Nepal's art show and support the

work of this important organization."

The glass-front lake-side entrance of Reston Art Gallery and Studios is located at the "ART" sign, 11400 Washington Plaza West, Reston, VA 20190 at historic, scenic Lake Anne Plaza. For GPS directions and parking, search "Lake Anne Plaza."

Editor's note: The catalog of art for sale to support Covid Crisis Relief for Nepal is available in Dropbox. To receive the catalog by email, as well as hi-res art images for publication, contact the Executive Director of Engage Nepal, Ambassador (ret.) Scott DeLisi scott.delisi@engagenepal.org.



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## Classified

Contact Marcia Patch for all your Classified section needs • Phone: 703-904-1004 • Email: [marcia@wspnet.com](mailto:marcia@wspnet.com)

### Help Wanted

Java Developer: Design, develop, applications using Java/J2EE standards & techs iBatis, SQL, Oracle, Sybase. Build & deploy apps using CI/CD pipeline through Jenkins. Develop solutions using Agile Software Methodology. Will work in Vienna, VA and/or various client sites throughout U.S. Must be willing to travel and/or relocate. Apply to: Alpha Omega Integration LLC, Attn: K. Carretta, 8150 Leesburg Pike, Ste. 1010, Vienna, VA 22182.

Synopsis, Inc. seeks a Security Consultant in Herndon, VA: Identify & plan, implement, upgrade and/or monitor SW security and/or info security controls, defenses & countermeasures to improve application integrity & prevent internal/external attacks or attempts to infiltrate client systems. Telecom. Permitted. Reqs travel to customer sites thru. U.S. less than 50%. Req MS in CS, Informatics, Cyber Sec, CE or rel + 6 mos of exp in web app security & code reviews. REQ# 31507BR. Multiple opening. To apply, send resume with REQ# to: [printads@synopsys.com](mailto:printads@synopsys.com). EEO Employer/Vet/Disabled

Senior Data Engineer, FireEye, Inc., Reston, VA. Transform business requirements into actionable data using existing open source technologies and programming languages. May work remotely. To apply, please mail resume to ATTN: Heidi Vaughn, 11951 Freedom Dr., 6th floor, Reston, VA 20190. Please refer to Job #10760.678.

TECHNOLOGY  
CSC Covansys Corporation is accepting resumes for the position of Professional Application Designer in Tysons, VA (Ref. # 5085753). Design, develop, install, test and document applications software, including server, client, and web components. Contribute to the design and delivery of technical architecture solution components. Provide work guidance to less experienced personnel. Will work at unanticipated client sites throughout the U.S. Telecommuting is permissible. Email resume to [globalmobility@cdc.com](mailto:globalmobility@cdc.com). Resume must include Ref. # 5085753, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

### Help Wanted

Principal Developer, HR Systems sought by Cvent, Inc. in McLean, VA. Apply at [www.jobpostingtoday.com](http://www.jobpostingtoday.com) ref # 29569.

Network Engineer: Advanced Computer Concepts, Inc. seeking engineer for our McLean, VA location. Evaluate computer networks for current and future requirements; design and model LAN, WAN and wireless solutions employing Cisco technologies; customize firmware. Occasional local and regional travel to client sites. Resume to: 7927 Jones Branch Dr, Suite 600N, McLean, VA 22102

Place a Birth or Wedding Announcement in the Fairfax County Times

Contact Marcia Patch for more information at [marcia@wspnet.com](mailto:marcia@wspnet.com) or 703-904-1004

### Legal Notice

STATE OF SOUTH CAROLINA  
FAMILY COURT THIRD JUDICIAL CIRCUIT • EDDIE J. HARDY II V. CHERINA L. HARDY  
2021-DR-43-0416  
  
TO: CHERINA L. HARDY; YOU ARE HEREBY SUMMONED and required to answer the Complaint in this action, a copy of which is herewith served upon you, and to serve a copy of your Answer to the Complaint on the attorney for the Plaintiff, Paul L. Held, at his office, 136 North Main Street, Sumter, South Carolina 29150, within thirty (30) days after service hereof, exclusive of the day of such service; and if you fail to answer the Complaint within the time aforesaid, the Plaintiff in this action will apply to the Court for the relief demanded in the Complaint. Please take notice that the Summons and Complaint were filed in the Office of the Clerk of Court for Sumter County, South Carolina.

**[(Full name(s) of owner(s)):**  
Jacks LLC

**Trading as:**  
Jack's Ranch  
1755 Tysons Central St  
Tysons, Arlington, VA 22182

**The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a wine & beer on premises / mixed beverage restaurant license to sell or manufacture alcoholic beverages.**

Steve Roberts, Owner

**NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.**

3008678 (08-20-21, 08-27-21)

NOTICE  
Public Safety Menace  
  
Property: 6700 S. Kings Highway, Alexandria, VA 22306, Tax Map Parcel ID # 0922 05 0001  
  
Condition: Two trees are in danger of falling that might endanger the safety of the public. Required action to eliminate condition that constitutes a public safety menace: Removal of the trees.  
  
Fairfax County Chapter 46 authorizes the removal of a public safety menace at the owners expense, after notifying the owner by certified mail and by a notice published once a week for two successive weeks in a newspaper having general circulation with the County when the owner fails to take the required action. The owner has a right to request a hearing. The request for a hearing shall be in writing to the Director of Health, Fairfax County Health Department, 10777 Main Street, Fairfax, Virginia 22030. Failure to contact the Director of Health by (date 28 days after first publication) or correct the Condition, the Health Department will order the condition eliminated and any costs or expenses that remain unpaid shall constitute a lien against the property.

**[(Full name(s) of owner(s)):**  
Yangs Jehovah Nissi LLC

**Trading as:**  
Tanpopo Ramen House  
4316 Markham Ste L & M  
Annandale, Fairfax, VA 22003-3035

**The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a wine & beer on premises / mixed beverage restaurant license to sell or manufacture alcoholic beverages.**

Dongchool Yang

**NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.**

3008667 (08-20-21, 08-27-21)

### Legal Notice

**TOWN OF Herndon VIRGINIA**  
**NOTICE OF PUBLIC HEARING**

Notice is hereby given that the **Historic District Review Board** of the Town of Herndon will hold a work session on Wednesday, September 1, 2021 at 7:00 p.m. in the Herndon Municipal Center, Second Floor Conference Room, located at 777 Lynn Street, Herndon, Virginia, and a public hearing on Wednesday, September 15, 2021 at 7:00 p.m. in the Herndon Council Chambers Building located at 765 Lynn Street, Herndon, Virginia, on the following items:

**APPLICATION FOR BUILDING ALTERATIONS, HDRB #21-011**, to consider an application for a front porch addition on a house located at 910 Van Buren Street, Herndon, Virginia and on the east side of Van Buren Street across from the intersection with First Street, and further identified as Fairfax County Tax Map 0104-03-020008A. The property is zoned R-15, Single Family Residential; and consists of 15,000 total square feet of land. Owner/Applicant: David R. Kipper & Katherine Mitchell Kipper.

**APPLICATION FOR BUILDING SIGNAGE, HDRB #21-012**, to consider an application for a wall sign placed on a commercial building located at 783-G Station Street, Herndon, Virginia and approximately 100 feet north of the Station Street and Lynn Street intersection, and further identified as Fairfax County Tax Map 0162-02-0301D. The property is zoned PD-D, Planned Development-Downtown and consists of 5,904 total square feet of land. Owner: Steven Mitchell, James Building Development, LLC. Applicant: David R. Kipper, Golden Real Estate.

The proposed items are available for review by the public on the town's website [www.herndon-va.gov](http://www.herndon-va.gov) beginning August 27, 2021 after 3:00 p.m.

The public is encouraged to participate in the town's public hearing process. Individuals having an interest in the above items are invited to attend the public hearing and to state their opinions. Individuals may submit comments to [hdrb.arb@herndon-va.gov](mailto:hdrb.arb@herndon-va.gov).

The Town of Herndon supports the Americans with Disabilities Act by making reasonable accommodations for persons with disabilities, so that they may participate in services, programs, or activities, offered by the Town. Please call (703) 435-6804 to arrange for any accommodation that may be necessary to allow for participation.

Note to Publisher:  
Publish August 27 and September 3, 2021

Viki L. Wellershaus, Town Clerk

**TOWN OF Herndon VIRGINIA**  
**NOTICE OF PUBLIC HEARING**

Notice is hereby given that the **Town Council** of the Town of Herndon, Virginia, will hold public hearing on Tuesday, September 14, 2021 at 7:00 p.m. in the Herndon Council Chambers Building located at 765 Lynn Street, Herndon.

The Town Council will hold a work session on Tuesday, September 7 at 7:00 p.m. A notice will be issued announcing the location and will also be posted on the town's Website on September 1. The public is invited to attend the work session to listen to the discussion among the Town Council and staff.

**Ordinance**, to approve and authorize the Mayor to sign a third lease amendment to T-Mobile Northeast LLC to revise the approved equipment list and premises description at the Town's Alabama Drive Water Tower.

The proposed item is available for review by the public on the town's website [www.herndon-va.gov](http://www.herndon-va.gov) beginning at 3:00 p.m. on **Friday**, prior to the meeting.

The public is encouraged to participate in the town's public hearing process. Individuals having an interest in the above item are invited to attend the public hearing and to state their opinions. Individuals may submit comments to [town.clerk@herndon-va.gov](mailto:town.clerk@herndon-va.gov).

The Town of Herndon supports the Americans with Disabilities Act by making reasonable accommodations for persons with disabilities, so that they may participate in services, programs, or activities, offered by the Town. Please call (703) 435-6804 to arrange for any accommodation that may be necessary to allow for participation.

Note to Publisher:  
Publish August 27 and September 3, 2021

Viki L. Wellershaus, Town Clerk

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