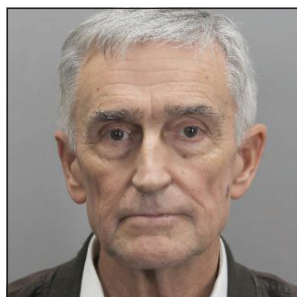




THIS WEEK INSIDE:



COURTESY PHOTO

Religious youth leader arrested for aggravated sexual battery of minors

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UNSPLASH

FCPS lags behind Arlington, Prince William, Loudoun in observing religious holidays

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COURTESY PHOTO

Community members share organ transplant experiences

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UNSPLASH

Fairfax Arts community grateful this season

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25¢ NEWSSTAND PRICE

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Shatter the silence

Federal Appeals Court allows child sex abuse case against FCPS administrators to continue. Ruling against Fairfax County Public School's effort to silence survivors and roll back victims' rights

By Laura Scudder
FAIRFAX COUNTY TIMES

Last week, a federal appeals court ruled against Fairfax County Public schools (FCPS) and in favor of a plaintiff who alleged that she was sexually abused and gang raped at Rachel Carson Middle School in Herndon, when she was just 12- years-old. The suit asserts that FCPS, along with several administrators and teachers, ignored and covered up the abuse for months. As a result, she suffered horrific injuries and was forced to withdraw from school. The school district previously reached a settlement with the U.S. Department of Education's Office of Civil Rights (OCR) on this case, which required FCPS to revamp its policies on sexual assault, harassment, and abuse.

Fairfax County Public Schools tried to get the lawsuit dismissed, arguing that the student's counsel did not ask the court for permission to file under a "Jane Doe" pseudonym, and thus the plaintiff did not have standing because the court could not be sure if the victim was a real person. Although the victim's attorney ultimately did ask the court for permission for his client to proceed as



UNSPLASH

"Jane Doe," FCPS argued that by that point, the statute of limitations had passed, and that since it was a public school, it was exempt from Virginia's 20-year statute of limitations for child sex abuse.

Interestingly, FCPS never had a problem with pseudonyms when perpetrators of sexual violence asked for a pseudonym, according to Shatter the Silence FCPS. "The same lawyers behind this appeal, Soni Tewari and Stuart Raphael, agreed to let a perpetrator use a pseudonym without issue. (see Order, Doe v. FCSB,

No. 19-cv-65, ECF 39, at 1 (E.D. Va. Apr. 18, 2019)," said Shatter the Silence. "But when a survivor wanted to use one, they billed taxpayers tens of thousands of dollars taking this case to a federal appeals court, which could have created terrible precedent for all survivors.

The 4th Circuit Court rejected FCPS's argument handedly. "There is nothing in her complaint to suggest that what [the survivor] alleged was fictitious," said Judge Paul Niemeyer, a Bush appointee, writing for the court in the official opinion.

The National Women's Law Center (NWLC), along with 51 other civil rights organizations, submitted an Amicus Brief supporting the survivor's right to bring suit. "Courts Should Not Dismiss Sexual Assault Survivors' Lawsuits Based on Unwritten Procedural Technicalities," wrote NWLC's Elizabeth Tang in a blog post earlier this year. "Survivors should never have to choose between protecting their privacy or seeking justice," she said.

This ruling comes as the latest blow against Fairfax County Public Schools, which has suffered numerous set-backs in the past two years in its efforts to cover up child sexual abuse and harassment, according to a grassroots, non-partisan, nonprofit organization, Shatter the Silence Fairfax County Public Schools (FCPS). As Shatter the Silence FCPS points out, earlier this year, the same federal appeals court ruled against FCPS in the alleged mishandling of a sexual assault at Oakton High School, ruling "a jury could reasonably conclude that school officials improperly trivialized and dismissed the reports of sexual assault."

See SILENCE, Page A4

Racist 'woke lies' in Fairfax County

By Asra Q. Nomani • SPECIAL TO THE FAIRFAX COUNTY TIMES

There is a class for "antiracism educators" at Marshall High School that should concern every Fairfax County citizen. It is a racist, divisive course, instructing teachers about the problems with "whiteness."

Since October 6, Fairfax County Public Schools staffer Rob Kerr has been teaching a weekly two-hour course to teachers at Marshall High School called, "AC-1608: How to Be an Antiracist Educator."

In December, as part of the course, Kerr will be teaching a class called, "Exploring and Understanding Whiteness," and it will include listening to a podcast by a controversial "diversity, equity and inclusion" consultant, Bettina Love. She is the founder of the radical Abolitionist Teaching Network, whose core philosophy is that America's schools, and especially its white teachers, are "spirit murdering" black children.

What's more, teachers have to study the ideas of a controversial consultant, Glenn Singleton, founder of the Pacific Educational Group Inc., regarding "The Sixth Condition-Let's Talk About Whiteness," which argues that "whiteness" is a problem. He sells a program, "Courageous Conversations," to school districts and clients that divides people based on "privilege" and where they fit as "oppressors" or "oppressed" in an "oppression matrix."

The Fairfax County "Antiracist Educator" syllabus borrows key concepts from the dour, divisive doctrine known as critical race theory, which holds that all white people are intrinsic oppressors of all minorities and especially black people.

Lessons include "the Creation of Racist Systems," "the building blocks of racism in the United States," not to mention the ills of "whiteness."

As the first generation in my family born after the end of literal white supremacy, colonial rule in my native country of India, with the nation's independence from British rule, in 1947, my family and I reject this kind of racist bigotry. We cannot replace the old hierarchy of human value with a new hierarchy of human value.

Education officials and politicians deny critical race theory is taught in K-12 schools, in a pattern of deception that parents are facing nationwide. We've heard of white lies, where folks fudge the truth. These are "woke" lies. But we're now standing up with moral courage as unapologetic parents in a mama bear — and papa bear — movement. And we're not just standing up against critical race theory.

There's a whole list of dubious education policies we're fighting. These include: the elimination of merit exams for entry into once-elite schools, like Thomas Jefferson High School for Science and Technology; the elimination even of advanced math; the curating of pornography by some school libraries; and the cover-up of sexual assaults in schools.

Fairfax County Public Schools denies that it is teaching critical race theory. Spokeswoman Julie Moulton says, "Critical race theory is a specific theory that has five tenets" that include: "The notion that racism is not an aberration," "Interest

See WOKE LIES, Page A6

POSITIVE
Vibes

By Laura Scudder • FAIRFAX COUNTY TIMES



You've Got Maids franchise owner gives back to employees, community

Natasha Magrath runs cleaning company after coming from Lebanon in 1999

Coming from Lebanon to the U.S. in 1999, Natasha Magrath never thought that she would eventually become a business owner. Now, she is based in Chantilly and the owner of a You've Got Maids franchise, serving western Fairfax County and eastern Loudoun County.

When she initially came to the U.S., Magrath continued the accounting work she had done in Lebanon by working at a Sheraton Hotel in D.C. When she eventually became a citizen, her manager at the time threw her a party to celebrate.

"I remember my job manager threw the party for me, actually, it was a good memory. And I am so proud to be now an American citizen," Magrath said.

In 2017, she finally followed her dream of becoming a business owner through You've Got Maids, a maid

See MAIDS, Page A4



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PEOPLE & PLACES



COURTESY PHOTO
Nadia Sangster



COURTESY PHOTO
Meagan Roach

Dewberry
welcomes two to
legal team

Dewberry, a privately held professional services firm, has announced that **Nadia Sangster** and **Meagan Roach** have joined the firm's legal department in Fairfax.

Sangster joins the firm as director of contracts and has more than 15 years of legal experience. Her background includes leadership roles and subject matter expertise in construction and procurement contracts. Prior to joining Dewberry, she managed capital construction contracts and oversaw operating contracts for a higher education institution as a legal procurement advisor.

Sangster earned her master's in procurement and acquisitions management from Webster University (2014), Juris Doctor from Tulane University Law School (2005), and her bachelor's in classical languages from Hamilton College (2000).

Roach has been hired as corporate counsel and has more than seven years of experience. In her new role, she will be responsible for assisting with claims, collections, contracts, compliance, construction and employment law, insurance, surety, risk management, and corporate governance. Prior to joining Dewberry, Roach worked as a litigation associate for a private law firm, providing litigation for civil, commercial, and real estate disputes.

Roach earned her Juris Doctor from William & Mary Law School (2014) and her bachelor's in Spanish from the College of Charleston (2011). Roach is a member of the Maryland State Bar, Virginia State Bar, and the District of Columbia Bar.

"As our firm continues to grow, adding new staff and clients, we are thrilled to welcome Nadia and Meagan to the organization," says Dewberry General Counsel Craig Thomas. "Their backgrounds in corporate law are critical to the functionality of our team, and we're looking forward to their contributions."

Cornerstones
launches 2021 Gift
for Kids drive

For many lower-income families struggling with economic instability, particularly due to the lingering

impact of the pandemic, this time of year is difficult. Already stretched home budgets don't allow for extras like gift giving and celebrations. As one of the region's leading safety-net and human services organizations in Northern Virginia, **Cornerstones** is rallying the community this holiday season to help provide extra support through our annual **Gifts for Kids Drive**.

Through November 12, the public is encouraged to register as a Gifts for Kids donor.

As with last year's successful drive, donors are asked to purchase retail gift cards only (no toys will be accepted) - such as Amazon, Target, Walmart, TJMaxx, Kohls, etc. - in \$25, \$50, or \$75 increments. Gift cards should be delivered to Cornerstones November 15-17, from 9 a.m. to 3 p.m. at St. John Neumann Catholic Church, located at 11900 Lawyers Road in Reston. Donors may also coordinate with the Cornerstones team to provide gift cards in an amount that will cover a specific request from a child's wish list.

"The Gifts for Kids is one of Cornerstones' most highly anticipated community drives," said Nate King, coordinator of In-kind Donations and Drives. "We have more than 800 wish lists from children to fulfill this year. Every donation is critical to helping us meet this ambitious goal. Our Gifts for Kids drive is a rewarding and meaningful opportunity for donors and volunteers to help ensure our youngest neighbors celebrate a meaningful and memorable holiday with their families."

Due to the ongoing impact of COVID-19, Cornerstones' Gifts for Kids drive runs concurrently this year with their Thanksgiving Food drive to help reduce the number of interactions for everyone involved and give families time to purchase gifts for their children. All registered families will receive gift cards in lieu of physical gifts to ensure the safety of volunteers, donors, donation recipients, and staff.

For more information about Cornerstones' Gifts for Kids Drive, please visit <https://bit.ly/3jE3bgA>.

KTGY communities
recognized at 2021
Great American
Living Awards

Three local **KTGY** communities were recognized at the 2021 Great American Living Awards (GALA) program, the most prestigious residential design, sales and marketing competition in the metro Washington, D.C. market for more than 50 years.

Robinson Landing in Alexandria received the Grand Award for Community of the Year

Design and Architecture Awards for Innovative Land Planning (Residential) and Multi-Family New Construction.

Willard at the Braddock, Commonwealth Place at Westfields in Chantilly received the Design and Architecture Award for Attached Home, Including Townhouses, Two-over-Two's, Back-to-Back Townhouses and

Duplexes, Fee Simple and Condo-Ownership - \$700,001-\$850,000.

Walney at the Fairfax Collection, Commonwealth Place at Westfields received the Design and Architecture Award for Multi-Family - Condominium or Apartment Unit.

The awards, which were presented by the Maryland Building Industry Association, the Northern Virginia Building Industry Association and the Washington Metropolitan Sales and Marketing Council, recognized KTGY's wide range of capabilities, excellence and innovation in the design and planning of attached and detached single-family and multifamily residential communities.



COURTESY PHOTO

Ian Harper, MYS Board member; Dima Alfaham, chief of staff to Ambassador Al Otaiba; Keith Tabatznik, former Georgetown University men's soccer coach; Roger Krone, CEO, Leidos; Ambassador Yousef Al Otaiba, United Arab Emirates; Louise Waxler, MYS executive director; Tim Hackman, Dranesville District Representative Park Authority Board; Dranesville District Supervisor John Foust, Fairfax County Board of Supervisors; Jai Cole, FCPA executive director, Aimee Vosper, FCPA deputy director; Som Govender, FCPA project manager; Benita Fitzgerald Mosley, Olympic Gold Medalist; Jessica Long, Paralympic Gold Medalist; Nancy McGuire Choi, MYS board member; Paul Shirey, FCPA project management branch manager; Andrew Miller, FCPA building branch manager; Chris Rodriguez, MYS board member; and Dr. Matthew Shank, MYS board member.

New synthetic
turf field opens in
McLean

The Fairfax County Park Authority, in collaboration with the Fairfax County Board of Supervisors and McLean Youth Soccer Association (MYS), held a ribbon-cutting ceremony to mark the grand opening of Holladay Field in McLean, Virginia. The celebration was held October 30.

This is a unique project with several key partners, each instrumental in helping to make this project possible and providing funding for this synthetic turf field conversion. Funding for the \$1.56 million project came through voter-approved park bonds, as well as contributions from MYS, the Embassy and Ambassador Yousef Al Otaiba of the United Arab Emirates, and Roger Krone, CEO of Leidos. Private contributions tallied \$725,000.

The project included the design of a full-sized rectangular soccer field with options to use the field for football, men's lacrosse, women's lacrosse, field hockey and mini soccer. The project also included landscape improvement, two underground stormwater management facilities,

a bleacher pad, and access trail. The MYS also donated a bench to honor the Embassy of the United Arab Emirates and Leidos for their very generous donation that helped build the field.

McLean Community
Center invites
district residents
to participate in a
community
listening session

McLean Community Center is seeking residents of Small District 1A—Dranesville to participate in upcoming community listening sessions hosted by consultant AMS Planning & Research. The first session will be held in person from 6-8 p.m. November 18, at MCC, which is located at 1234 Ingleside Ave.

These sessions will inform the center as it works to improve the programs and services it provides to district residents. This is an opportunity for MCC district residents to give valuable input and express their ideas about the future programming and strategic priorities of the center. An agency of Fairfax County Government, MCC is funded by a real estate surcharge paid by residents of Small District 1A-Dranesville. District residents' input will shape the center's three-year strategic plan, which will dovetail with MCC's 50th Anniversary in 2025.

Adults and high school students in grades ninth through 12th who reside in the district are invited to come to the session to share their ideas whether they are regular participants in MCC-sponsored activities or have never or rarely come to MCC. As a thank you for their help, all participants will receive a \$25 voucher that can be applied towards a future performance at The Alden Theatre or MCC class and/or camp registration fees.

A number of COVID-19 safety practices will be in place at the session. A mask that covers both nose and mouth must be worn by all participants throughout the evening and appropriate social distancing and sanitation protocols will be utilized.

To register for the session or for more information, visit the website, www.mcleancenter.org, or call 703-790-0123, TTY: 711.



COURTESY PHOTO

Midshipmen are sworn in at the U.S. Merchant Marine Academy.

County residents
sworn in at the
Merchant Marine
Academy

Alexander Burita of Annandale and Christopher Cipolla of Clifton were recently sworn in as a Midshipman at the U.S. Merchant Marine Academy (USMMA) and as a member of the U.S. Naval Reserve. Burita was nominated by Senator Tim Kaine and Congressman Don Beyer to attend USMMA, located in

Kings Point, NY and one of the nation's five federal service academies. Cipola was nominated by Congresswomen Jennifer Wexton and Abigail Spanberger

The United States Merchant Marine Academy is a federal service academy that educates and graduates licensed Merchant Marine officers. In addition to the rigorous academic and physical requirements for admission, applicants must be nominated by their Congressman or Senator.

It is one of five federal service academies, which include the Military Academy at West Point, the Naval Academy at Annapolis, the Air Force Academy in Colorado Springs and the U.S. Coast Guard Academy in New London, Connecticut.

All USMMA graduates earn both a Bachelor of Science degree and a Merchant Marine Officer license, and incur an obligation to serve the country as an active or reserve officer in the U.S. armed forces.

The U.S. Flag Merchant Marine - manned by U.S. merchant mariners - is essential for securing the country's commerce in peacetime and delivering warfighters, weapons and military supplies in times of conflict. The majority of "Kings Pointers" will serve as Navy reservists in the Strategic Sealift Officer Force while working aboard U.S. flag vessels; others will serve on active duty in our nation's armed forces.

As part of their four-year education, Burita and Cipolla will spend one year training as a cadet aboard ocean going vessels. USMMA is the only federal academy where students train on commercial vessels traveling around the globe.

Herndon budget
recognized for
excellence

Government Finance Officers Association announced that **Town of Herndon** has received GFOA's Distinguished Budget Presentation Award for its budget for the 30th consecutive year.

In order to receive the budget award, the entity had to satisfy nationally recognized guidelines for effective budget presentation. These guidelines are designed to assess how well an entity's budget serves as: a policy document; a financial plan; an operations guide; a communications device. Budget documents must be rated "proficient" in all four categories, and in the 14 mandatory criteria within those categories, to receive the award.

When a Distinguished Budget Presentation Award is granted to an entity, a Certificate of Recognition for Budget Presentation is also presented to the individual(s) or department designated as being primarily responsible for having achieved the award. This has been presented to the Finance Department.

There are more than 1,700 participants in the Budget Awards Program. The most recent Budget Award recipients, along with their corresponding budget documents, are posted quarterly on GFOA's website. Award recipients have pioneered efforts to improve the quality of budgeting and provide an excellent example for other governments throughout North America.

OBITUARIES

In loving memory

William Purnell (Bill) Baxter



William Purnell (Bill) Baxter, born Jun 28 '33 Annapolis MD, died Oct 22 Fairfax VA. Preceded in death by wives Janet Louise (Bishop), Irene Gleason. Survived by siblings Alex Baxter and Nancy Verzi, children Thomas (Aimee) Baxter, Anne (Andy) Ogren, Sarah (David) Ropper, 7 grandchildren, and 1 great grandchild.

Graduate of St. Paul's HS '51 Baltimore MD, USMA '56 West Point NY, and KU '71 Lawrence KS - Foreign Area Officers Program. Active duty career: Army, Airborne, Infantry, Ranger, Lt. Col (Ret). Served 2 tours in Vietnam, '65 and '71, see My Longest Day, Army Magazine, April 2012. Decorated: Distinguished Service Cross, Legion of Merit, 4 Bronze Stars with Valor, and Air Medal. Assigned: USARI Garmisch West Germany, USMLM West Berlin and Potsdam East Germany, DIA and DOD Washington D.C. Author, Soviet Airland Battle Tactics, 1986 Presideo Press. A unique talent for discerning the arc of events, and an engaging storyteller, who challenged us all to think more broadly, see more deeply and greet paradox with a hearty laugh. Enjoyed hiking and skiing the mountains, swimming in the ocean at Cotton Patch BB, and chilled vodka straight-up at sunset.

Burial will be at Arlington National Cemetery at a later date. Memorial donations may be made to westpointaog.org. Online condolences may be sent at demaingefairfaxfuneral-home.com

In loving memory

William "Bill" Russell Lawson



William "Bill" Russell Lawson, of Reston, Virginia, passed away at Fairfax Hospital On Thursday, October 14, 2021 with his family by his side.

Bill was born in 1943 in Washington, D.C., the youngest of three children, to LaMont Harris Lawson Sr. and Charlotte Hughes Lawson.

Bill was preceded in death by his Father LaMont Harris Sr., his Mother Charlotte, his Sister Brenda Lawson Brown, his Brother LaMont Harris Jr., and his beloved Wife Carol Kay.

He is survived by his two children, Son Derrick Mark Lawson and Daughter Leslye Michelle Lawson, his Daughter-In-Law Karen Beth Tatters Lawson, his Grand-Niece-In-Law Reiley Skye Tatters, and his faithful black labrador retriever Murdock. Brother-In-Law of Louise "Tweddle" Lawrence, Uncle of Dawn Bailey, Great-Uncle of Storm Crook (LaMont Harris Jr.); Uncle of Courtney and Leigh Brown (Brenda Lawson); Brother-In-Law of David H. Cloud Jr., Uncle of Jeff and David Cloud III (Carol Kay).

Funeral Services will be held at the Money & King Funeral Home in Vienna, Virginia, on Saturday, November 20th at 10AM, with a viewing at the funeral home on Friday, November 19th from 6-8PM. In lieu of flowers, plants may be sent to Money & King Funeral Home or memorial gift donations may be made to the ASPCA.

For the guest book and obituary please go to www.moneyand-king.com.

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MAIDS

CONTINUED FROM PAGE A1

service company with franchises all across the U.S.

“I decided on a cleaning company because I used to have a poor cleaning service kind of so I said well I want to open a cleaning business and pursue this industry. So we looked around and I found You’ve Got Maids, and we did our homework. We read about different, other companies and when we found You’ve Got Maids, we saw how they have like this strong quality of service and strong corporate support,” she said.

Now, after about four years, Magrath has 16 employees to help service Northern Virginia. And aside from the personal journey Magrath has taken, she wants to set her employees up for success.

To help with that success, she has paid for some of her employees to take English classes through the Loudoun Literacy Council, which she serves on as a member of the board of directors.

“I decided that I want to bring the education program to my business as a benefit so I’m paying for it and it was the best journey ever,” she said of paying for the classes. She also noted that four of her em-

ployees have passed the English course — and another group will soon be working on earning their GEDs.

For those who dream of owning their own business one day, Magrath would encourage people to follow the advice originally given to her by her father: have a vision and pursue it.

“If you have a passion, and you feel it inside you that you want to have your own business, have a good culture, employment, go for it ... Being a business owner and building the business is not easy. It doesn’t come up, you know, day and night, it takes time. You have to be patient and go for it and keep going — have a vision. Have a vision and go after your vision. Building a business takes time, it’s not easy. But if you do the right thing and remember always [the] community will support you, the people around you will support you,” she said.

Aside from running her business, Magrath also does work with non-profit organizations, including Loudoun Habitat of Humanity, The Arc Of Loudoun, Loudoun Hunger Relief and more. For the upcoming holiday season, Magrath will be working to provide gifts to those experiencing homelessness in Fairfax and Loudoun counties.

Centreville man reflects on time as family caregiver

Chris Zavadowski recalls what it was like to be a caregiver for his father after his cancer diagnosis

By Laura Scudder
FAIRFAX COUNTY TIMES

For Chris Zavadowski, National Family Caregivers Month is something that hits close to home. Zavadowski was a caregiver for his father, Rich, after he was diagnosed with peripheral T-cell lymphoma, a rare and aggressive subtype of lymphoma, in 2008.

Rich has made a full recovery since that original diagnosis, with Zavadowski noting that doctors had even gone so far as to call him cured.

“Over the course of 2008, my dad had about 650 hours of treatment, and came out the other end cancer free. And years later ... his team said, ‘We basically consider you cured at this point’ — which was fantastic to hear because most people who get that type of cancer, or that type of lymphoma, don’t make it that long. But also for them to actually say we consider you cured. And then here he is today in 2021 and he is still alive, and we have never seen that lymphoma come back at all,” he said.

Zavadowski explained that when his dad initially got sick, he was fortunate enough that he lived close by to his parents, and also had a job which was flexible enough that he could work remotely.

So, he stepped into action and essentially became his dad’s “personal assistant,” keeping track of Rich’s appointments, the notes from doctor’s visits, medications and more.

Being a caregiver in this fashion for a family member — and doing so alongside another family member, his mother — was challenging for Zavadowski at times.

“When you’re in the thick of it, you’re just kind of looking at a time and don’t want to play the ‘what if’ game of ‘what if he’s one



of — the odds aren’t in his favor in a few months,” he explained.

To combat this and the sort of stress that he and his mother were under, he would make sure that they took care of themselves too. Zavadowski would take his mom to movies, concerts and just do things together that brought them some joy.

He noted that for people to effectively be a caregiver for a loved one, you have to be “as close to 100 percent all the time.” Having a support network helped Zavadowski maintain that self care — and a lot of that support came from the Lymphoma Research Foundation (LRF).

According to its website, LRF works to both eradicate lymphoma and provide a network to those touched by the disease. Rich initially found the organization after his treatment, and the family has been involved ever since.

“As a caregiver, it’s really important for people to have a support network around them. Not everybody has another family member they can lean on, but there are fantastic organizations — that’s why we do so much work with the Lymphoma Research Foundation and volunteer our time as ambassadors. But my dad is an ambassador as a survivor,

and shares his story of hope to so many people out there that might be facing some really scary road ahead of them. And then I represent the caregiver side,” Zavadowski said.

Part of his work as an ambassador includes making sure that caregivers remember to take care of themselves and plug into their available resources and support network whenever they can.

Zavadowski recently paneled a webinar for LRF with Dr. Thomas Habermann. He noted that while they came from different perspectives — with Habermann as a doctor and Zavadowski as a caregiver — they agreed that the importance of caregivers can’t be diminished.

“It was interesting to hear the doctor say, even more than I did, about the importance of caregivers. And he was saying that sometimes he thinks they need even more attention and they need even more support than the actual patient — that it’s even harder for what they’re going through, and all the things that they have to juggle and take care of,” Zavadowski said.

For those who are finding themselves in a similar position of becoming a care-

giver for a loved one, Zavadowski would offer several tips, one of those being “get a second opinion” — especially for illnesses as serious as lymphoma.

Aside from that and the advice on how to stay on top of all the information thrown at you in the wake of a cancer diagnosis or other serious illness, he said that keeping a sense of humor and still finding reasons to be joyful is crucial to getting through those challenging times.

And although Zavadowski and his family became bogged down with the struggles of lymphoma at points, he made sure to stress that it wasn’t all his family talked about. They even instated a rule where they could have no medical talk on the weekends.

“There are so many other things under the sun and a cancer diagnosis does not have to define people, it does not have to define somebody’s life. And just because someone in your life has lymphoma doesn’t mean that that’s the only thing there is in life to talk about,” he said.

Zavadowski also noted that, although it is National Family Caregivers Month, LRF does work to support caregivers and those with lymphoma themselves year-round.



**DIOCESE OF
ARLINGTON VICTIM
ASSISTANCE PROGRAM
FOR THOSE SEXUALLY
ABUSED AS MINORS**

703-841-2530

The Diocese of Arlington provides assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee, volunteer, or representative of the diocese. Parents, guardians, and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinator, who will provide support, consultation, and referrals.

The Diocese of Arlington is committed to assisting victims/survivors throughout their healing.

For further information, see
www.arlingtondiocese.org/victim-assistance/

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SILENCE
CONTINUED FROM PAGE A1

“This is a huge win for survivors, and the latest blow to FCPS’s on-going effort to silence and intimidate victims of sexual violence and other civil rights violations (a list of violations is available at our website),” said Shatter the Silence FCPS officials. “FCPS advanced a ludicrous interpretation of the law which would have made it more difficult for victims of sexual violence to file lawsuits under a Jane Doe pseudonym. In past cases, FCPS lawyer Stuart Raphael gratuitously described sexual assaults in official court filings. If FCPS had its way, it would have forced victims to choose between having their sexual assaults graphically described, where they would live online for employers, neighbors, partners, etc. to see, or simply not be able to seek justice and accountability.”

Unhappy with this ruling, FCPS is currently petitioning the Supreme Court to take the Oakton High School case. If FCPS prevails, Title IX, the primary law that protects students from sexual harassment, assault, and abuse, could be entirely gutted. FCPS’s proposed interpretation of Title IX will allow schools to “bury their heads in the sand rather than investigating and taking appropriate action,” wrote the National Women’s Law Center in an Amicus Brief.

In addition to the two law suits, FCPS currently has three outstanding investigations with the OCR for its handling of child sex abuse and harassment. It also has a number of recent settlements with OCR, including a December 2020 settlement reached after female hockey players were cut from the team after telling their principal, Dave Thomas, that a coach was sexually harassing them, leading to Thomas retiring in disgrace. In 2020, two separate principals, Yusef Azimi and Scott Bloom, were arrested for failing to report child abuse, a misdemeanor in Virginia. Despite these actions, Instagram pages still show students anonymously detailing their harassment and abuse in Fairfax County schools with administrators failing to take appropriate action.

While it’s hard to tell how much all of this has cost taxpayers, FCPS hired Hunton Andrews, a powerful and politically-connected law firm to defend itself in many of these cases. In the past three years, FCPS has paid Hunton Andrews more than \$9 million. When parents recently filed a FOIA request asking for the invoices, FCPS, through its Hunton Andrews lawyers Ryan Bates, Soni Tewari, and Albert Lin, filed a lawsuit against moms Debra Tisler and Callie Ottinger. Represented by the Goldwater Institute, they claim that the school district is “aggressively persecuting parents” who are “trying to promote the best interest of their children.”

“Unfortunately, their past conduct, including in this appeal, shows that they are not able to fix this issue on their own. What we consider a SLAAP lawsuit against Tisler and Ottinger, the parents of two disabled students is further evidence of FCPS’s inability to engage on civil rights issues alone and in good faith,” said Shatter the Silence FCPS. “Instead, we believe FCPS, along with their high-paid lawyers, have a track-record of bare-knuckle retaliation against anyone who speaks up against civil rights violations.”

Shatter the Silence FCPS is calling for the new Attorney General to open a civil rights investigation into Fairfax County. “We are also asking that the General Assembly pass new laws that provide schools the tools they need to prevent sexual violence and harassment and hold administrators accountable when they fail to act appropriately,” they said. “We also want new laws that prohibit school districts from paying big law \$700 an hour filing baseless appeals and trying to silence survivors.”

Shatter the Silence FCPS is a grassroots, nonpartisan, nonprofit organization founded by former and current FCPS students and parents. For years, Fairfax County Public Schools have covered up a hidden epidemic of sexual harassment, sexual abuse, discrimination, and human trafficking in their schools. Our organization demands that FCPS stop spending millions on taxpayer money trying to gut Title IX and silence survivors. Instead, it needs to recognize its obligation to keep students safe from sexual harassment, abuse, and discrimination and enact meaningful reform to accomplish this.

FCPS lags behind Arlington, Prince William, Loudoun in observing religious holidays

By Michael Marrow
FAIRFAX COUNTY TIMES

Public schools across northern Virginia in Arlington, Prince William and Loudoun counties closed November 4 in observance of Diwali, a religious holiday practiced by Hindus, Jains, Sikhs and some Buddhist traditions that largely signifies the triumph of good over evil. For many Americans of Indian descent, it is one of the most important holidays of the year.

A notable exception was Fairfax County Public Schools. Rather than give students and faculty the day off, FCPS opted to designate Diwali, along with other minority religious holidays, as a Religious and Cultural Observance day, or “O” day.

Virginia law requires each school system to provide 180 days, or 990 hours, of instruction. Holidays must also have a secular justification, such as high rates of student and faculty absences that would disrupt learning.

The FCPS “O” calendar, approved by the school board in March of this year, intended to strike a balance between closure and honoring important religious occasions. The calendar specifies that tests, field trips, homecomings and other significant events cannot be scheduled on any of the 15 designated religious and cultural observance days.

In a press release announcing the adoption of the calendar, FCPS stated that it “ensures students will not have to make choices between honoring their religious or cultural observance, or taking a test this coming school year.”

Faith-based organizations have pushed back. In 2019, FCPS commissioned an ad hoc Religious Observances Task Force that provided input to FCPS’s calendar committee, which in turn proposed calendars to the school board. In February of this year, an interfaith coalition consisting of the Jewish Community Relations Council of Greater Washington, the McLean Islamic Center, the

Hindu American Foundation and others who worked with the task force sent a letter to the school board denouncing the decision to disregard their recommendation that schools should be closed on Diwali, Rosh Hashanah, Yom Kippur and Eid.

The large number of “O” days “wound up creating more problems,” said Guila Franklin Siegel, associate director of the JCRC of Greater Washington. “In addition to continuing this dismissive treatment of minority students, it’s also upsetting teachers and administrators. It’s hard to see how this is any kind of improvement.”

She observed that the current calendar is dubiously secular, noting that schools are closed for major holidays like Christmas. “This is a Christian calendar,” she said.

The JCRC of Greater Washington sent a follow-up letter to the school board in October, detailing how the “O” system fails to accommodate the needs of many Jewish students. One instance,

according to Marcy Schwab, a JCRC board member whose daughter is a student at an FCPS high school, involved her daughter having to point out in class that a quiz had been scheduled on Rosh Hashanah, prompting her teacher to reschedule.

“The O calendar is ineffective,” Schwab said, highlighting examples like the befuddling decision to include the last day of Passover, rather than the first, as an “O” day. “I think the school board underestimates the diversity of the county, the importance of those days, and the impact it has on our children,” she added.

Rabbi Abbi Sharofsky, who serves as JCRC’s director of Intergroup Relations and previously served on Governor Ralph Northam’s Task Force on Culturally Inclusive School Meals and Calendars, said that the O calendar “was not enough” and a “device that was created to try and fix a difficult situation, and all it did was create more confusion.”

Sharofsky remarked that

the FCPS calendar “lacks a certain amount of religious literacy,” such as the fact that it did not seem to recognize that Jewish holidays begin the night prior to a holy day, creating conflicts for events like back-to-school nights and other events. “It’s more than just a day. It’s about understanding what that day means to people” and how they actually celebrate it, she added.

Sumitra Sampath, whose daughters attend elementary and high school in FCPS, said the calendar is a “step in the right direction,” though she hopes that the school board will follow suit of neighboring counties and close schools for Diwali next year. “I really hope they give us off,” Sampath said, reasoning that FCPS could also explore virtual instruction as an alternative to in-person class to allow students to stay with their families for a religious holiday. “Not only because we want to celebrate these festivals, but also because it is a way for us to continue our culture. When things are not

followed 100 percent, the culture tends to get lost.”

Farah Ahmad, who works with educational programming at the McLean Islamic Center and served on both task forces for the governor and FCPS, said that the calendar does not reflect shifting demographics. “When my parents first came, there were very few Muslims in any community,” she said, noting how people of minority faiths like Jews, Muslims, Hindus and others have grown steadily in Fairfax County in recent years.

“Actions speak louder than words,” Ahmad added, urging the school board to adopt changes to the calendar for the coming year, including closing school on Eid. “Fairfax County needs to step up and not just talk about equity and actually show it.”

FCPS School Board Chair Stella Pekarsky did not return a request for comment by press time.

The school board will vote on a finalized calendar for the 2022-2023 school year January 27.

Community members share organ transplant experiences

By Michael Marrow
FAIRFAX COUNTY TIMES

After Jim Lovelace learned that his sister-in-law, Kristen Ames Lovelace, needed a kidney transplant due to kidney disease, he mulled the decision to step forward and offer one of his own, ultimately submitting to the rigorous tests that would determine if he was a suitable donor.

“I’m in my mid-50s, I’m healthy, I just felt like I was in a position to do this,” Jim said. Eventually, a bevy of examinations determined he was eligible. “Once I was told I was a match, there wasn’t any going back as far as I was concerned.”

Jim underwent the transplant surgery this year, and now, his former kidney has provided a new lease on life to his sister-in-law, Kristen, who lives in Oklahoma City. “It’s a gift unlike anything anyone will ever get,” Kristen said.

More than 100,000 people in the United States need a lifesaving organ transplant, with over 63,000 on active waiting lists, according to the United Network for Organ sharing, which tracks transplant data. Many of those surgeries are performed every year in Fairfax County at the Fairfax Inova hospital, which oversees a range of operations like heart, kidney, pancreas and lung transplants. According to the Scientific Registry of Transplant Recipients, 43 heart transplants alone were conducted at Fairfax Inova in 2020.

In response to the nationwide need for more organ donors, many community groups are stepping up to spread the word, with a leading event being National Donor Sabbath. Two weekends before Thanksgiving every year, faith-based organizations across the country celebrate the occasion, a three-day observance that extends from November 12-14 this year. The event emphasizes the critical importance of life-saving organ, eye and tissue donations and encourages community members to consider becoming donors.

The United Methodist Church of the Good Shepherd in Vienna is one among many faith groups that plans to observe the event, with November 14 designated as Organ and Tissue Donor Sunday. Organ donation is codified in the United Methodist Church’s social principles, noted Good Shepherd Pastor Eric Song, who said when congregants “hear stories that are closer to your heart through church family members and loved



ones, different awareness is raised.”

Many people “think being a donor is going to be a huge arduous thing and you’re not going to have support. But I’ve found that isn’t the case,” Jim said. He serves as a co-lay leader at Good Shepherd and plans to share his experience this Sunday. He detailed how he was supported extensively throughout the process, especially by staff. “They tell you that you can back out at any time and you don’t owe an explanation to the recipient,” emphasizing that “somebody’s job was to look out for my interests as a donor.”

The necessity of a transplant can create a strange dynamic between those in need and people close in their lives: friends and family want to help but are not sure they can make the leap, and asking it of someone is simply too high of a burden to pass on in good conscience. “It’s awkward,” Kristen said with a laugh. “It’s the most uncomfortable situation I have ever found myself in.”

She said that anyone leaning toward becoming a donor should weigh the decision carefully before informing those in need of their interest, since many people end up backing out of the process. “It’s understandable, but it’s really hard to hear ‘yeah I’ll do it’ and then get ghosted,” she said, cautioning that someone interested in donating should “think a lot before you tell the person that you’re thinking about becoming a donor, because it raises expectations. You need to have your ducks in a row before you make an offer like that.”

Thankfully, Jim did not waver. “This is an example of how we have an opportunity to uniquely be a blessing to someone else. And it’s not a matter of writing a check. We each have these things about us that are unique gifts we can give to others,” he reasoned, saying that “this whole experience has increased my faith that God and science are both at work.”

Marey and Michael Oakes, the latter of whom received a heart transplant at Fairfax Inova, will share their story at the Church of the Good Shep-

herd as well. Michael, Marey said, underwent a rapid decline after first experiencing a heart attack in January, which

atypically presented as flu-like symptoms. The sudden need for a transplant, especially following two silent heart attacks when hospitalized, made them reluctant at first. “We did not have positive thoughts about it. We were dreading it quite honestly and hoping it didn’t have to happen,” she said.

Michael received the transplant in March, and the surgery was successful. “There’s an indescribable, overwhelming gratitude that he was alive. That is not something even now he takes for granted,”

Oakes said.

She hopes that their testimony inspires people to think about becoming a donor. “If one person is moved by what we share, whether to become an organ donor themselves or encourage someone they know, that would be everything,” Oakes said. Speaking at the church is also their chance to give back. “Our source of support were the people of Good Shepherd,” she said, “and we’re using that as an opportunity to thank them.”

Becoming a donor requires sacrifice, but it ends in the gift of life. “It’s a miraculous feeling to see a future when you didn’t see one before,” Kristen said. “I don’t have this black cloud over my head anymore. I didn’t realize how limited I thought my future was beforehand. Now it feels like the world is wide open to me, and it’s almost overwhelming.”

To become an organ donor, you can register at the DMV or online at www.donatelifevirginia.org.

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How to have a healthy Thanksgiving

KEYS TO BETTER HEALTH
CINDY SANTA ANA



This is my favorite time of year – fall festivals, beautiful scenery, and pumpkin-flavored everything. Family and friends gather for meals and parties, but the food can be tricky to navigate if you’ve got allergies or intolerances or you’re just trying to watch your waistline!

The extra calories, the extra sugar, the extra fat, and the ensuing extra pounds! It’s enough to make you

just give up and put off taking care of your health until January (like everyone else). However, I have some simple swaps you can make to make those holiday meals and cookies just a bit more healthy and nutrient dense.

Swap List:

- Instead of heavy cream use full fat canned coconut milk or cashew cream
- Instead of white flour use 3 parts almond flour, 1 part flax meal or Bob’s Red Mill Gluten-Free Paleo Blend flour
- Instead of vegetable oil use coconut oil, gently melted; or ghee, olive oil

- Instead of sugar use coconut palm sugar, raw honey, monk fruit or allulose
- Instead of corn syrup use raw honey or maple syrup (and less of it)
- Instead of white potatoes use sweet potatoes or parsnips
- Instead of margarine use real butter or grass-fed pastured butter; ghee
- Instead of Crisco use real pastured lard or palm shortening
- Instead of whip cream use the cream from a can of coconut milk and whip it
- Instead of a conventional turkey purchase a

pastured turkey from a local farm, like Whiffletree Farm (they cook in half the time!) To give you an example of how to put this into action, take the pecan pie served at Thanksgiving. Instead of the usual corn syrup, I sub real maple syrup. I also use almond flour for the crust. For my pumpkin pie, I used full fat coconut milk instead of the evaporated or condensed milk that some recipes call for. You can sub coconut palm sugar for any recipe that calls for granulated sugar using a 1:1 ratio. If you use raw honey, you’ll need to use a bit

less since it’s much sweeter. Try to use real, natural ingredients that your grandmother would have used to cook with. Most food today is highly processed with added chemicals, preservatives and highly refined sugars that do extensive damage to our bodies, even in a short time frame. Remember to read the ingredient labels and look for added chemical preservatives like BHA, BHT, sodium benzoate, partially hydrogenated oils and high fructose corn syrup, just to name a few. Now, to help balance your blood sugar over the

- holiday, try these tips:
1. Make sure you eat a lean protein first at mealtime.
 2. Then, eat vegetables for fiber and some healthy fat to keep you satisfied for hours. If you do eat starchy carbs, save those for last.
 3. Take a 15-minute walk after your meals. This can help lower glucose levels.
 4. Stick to the turkey and vegetables and skip the rolls, biscuits and crackers.
 5. Stop eating just before you start to feel really full.
 6. Stick to water, herbal teas, or my pumpkin elixir for beverages and skip the alcohol.

Pumpkin Rooibos Elixir

INGREDIENTS

Rooibos herbal tea (I use Numi or Organic India teas)
10 oz hot water • 1 tbsp of pure pumpkin puree
¼ tsp Pumpkin Pie Spice blend (optional) I use Simply Organic spices
1 scoop of Collagen Peptides (optional, but adds protein)
1 tsp cinnamon • ¼ cup of Elmhurst cashew milk or almond milk

DIRECTIONS

- First, steep the tea in hot water in your blender. Then, add the remaining ingredients to the blender and blend.



UNSPLASH

What is dental amalgam?



By Dr. Rahul Kumar D.D.S.
SPECIAL TO THE FAIRFAX COUNTY TIMES

Dental amalgam is a filling used by your dentist to cover tooth decay and is usually silver in color. It is typically a mixture of metals that include mercury, silver, copper, and tin. Many people choose it because it is economical and is durable. Because of their silver visible content, amalgam fillings have been called “silver fillings.” And though it is popularly used, one can always find certain concerns about its usage. What are the advantages of amalgam fillings? Made to be durable Because amalgam fillings are made of metals they are very strong. This durable

filling has been known to last around eight to 10 years. Resists cavities It has been observed that the edges of the tooth next to the fillings become more resistant to cavities. This is because the corrosion layer around the metal filling makes it hard for bacteria to survive around it. Costs Less Many people choose amalgam fillings over other fillings because they are more affordable. Amalgam fillings are less technique sensitive and easier/quicker to place. This is an option if you want to cover tooth decay while spending the least amount of money. What are the disadvantages of amalgam fillings? Discolors over time Usually, amalgam fillings have silver which gets darker as time passes, hence staining the teeth. This is one of the

prime reasons why it is usually used to fill cavities in teeth at the back of the mouth. Makes Teeth Feel Sensitive Many people complained about their teeth feeling sensitive after having amalgam fillings placed. Though there is no proper reason for this, scientists suggest that it might be the metal filling reacting to the varying temperatures in the mouth. Weakens the tooth One of the major drawbacks of amalgam fillings is that the tooth tends to become weaker after an amalgam filling is done. This is because more tooth structure needs to be taken away to place these fillings, damaging or weakening the remaining tooth. Health concerns On September 24, 2020, the FDA issued recommendations for certain groups

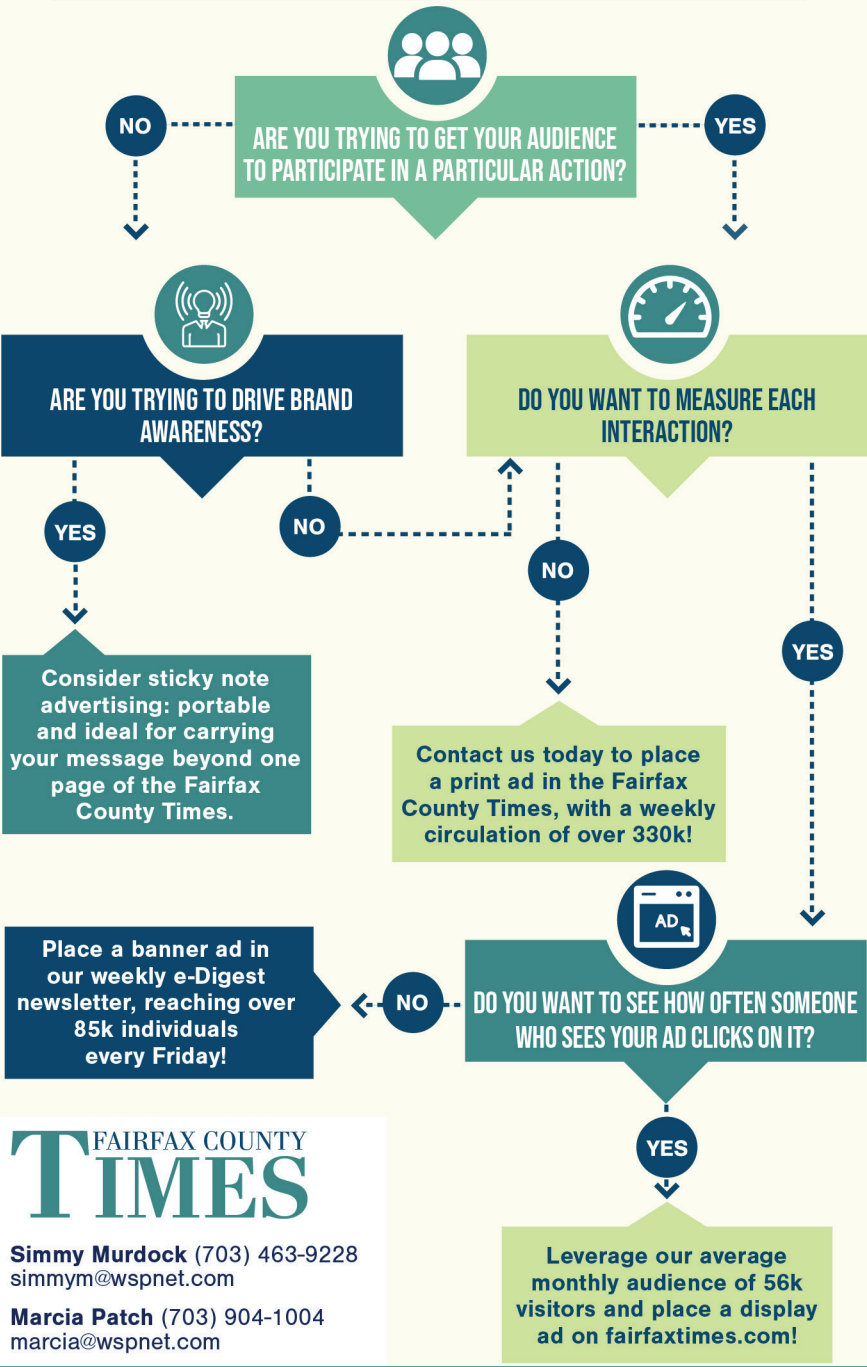
regarding mercury-containing dental amalgams. Dental amalgams are a solution to various dental problems like tooth cavities and decay, but because of their

disadvantages, make sure you discuss your treatment options and their pros and cons with your dentist before getting one. Want to learn more about

amalgam fillings? Call Natural Smiles Dental Center at (703) 595-4405 or schedule an appointment online. We are more than happy to answer any questions you have.

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“Build Back Better” and HCBS

Dear Editor,

One of the most expensive elements of President Joe Biden’s “Build Back Better” agenda, which congressional Democrats are seeking to pass unilaterally, is a vast expansion of Medicaid funding for home and community-based services (HCBS) that provide in-home care to, and prevent the institutionalization of, adults with functional disabilities.

While the precise increase in funding in the Build Back Better Act (BBBA) has yet to be determined amid fast-moving negotiations in

Congress, the proposals released so far all offer states hundreds of billions of dollars in additional federal funds to expand their HCBS programs.

The White House argues the additional spending is necessary to “permanently improve Medicaid coverage for home care services for seniors and people with disabilities.”

While additional funding for HCBS may or may not be justified, the federal funds come with conditions designed to steer potentially billions of dollars in Medicaid funds to unions representing home care aides, like SEIU and AFSCME.

As a condition of receiving the additional funding, states must implement changes to their HCBS programs designed to encourage the unionization of home care aides and are incentivized to use a historically disfavored model that would allow unions to force caregivers to pay dues as a condition of employment in states lacking right-to-work protections. Further, federal grant funds are made available to go directly to union-operated training programs.

The structure of the legislation suggests that the architects of the BBBA look to replicate SEIU’s

dominance of the home care system in Washington state nationwide.

In Washington, home care aides for Medicaid clients are unionized, with dues deducted from their Medicaid payments by the state. Additionally, the state requires robust training, of questionable utility, for caregivers and pays SEIU to provide it. Finally, the state uses Medicaid funds to pay groups affiliated with SEIU to provide health insurance, retirement and other benefits to caregivers. Unfortunately, these entities face little meaningful accountability and are plagued by cronyism and inefficiency. Overall,

nearly three percent of the payroll expenses Washington incurs for HCBS caregivers wind up in union coffers.

Expanding similar arrangements nationwide could potentially increase union revenue by billions of dollars, much of which, if history is any guide, will be spent by SEIU and AFSCME on furthering their wide-ranging political and electoral goals.

Given the degree to which they stand to benefit, it comes as no surprise that unions like SEIU are spending millions of dollars lobbying for passage of the BBBA.

If Congress believes

additional HCBS funding is warranted, it should simply provide the funds to states with the flexibility to expand and improve such programs as they see fit. Structuring the program in such a way as to divert potentially billions of dollars in Medicaid funds to a politically influential special interest group with a track record of questionable practices simply cannot be justified.

*Maxford Nelsen
Director of labor policy
for the Freedom Foundation, a
30-year-old nonprofit that seeks
to promote individual liberty,
free enterprise and limited,
accountable government.*

Military veterans, here’s information that may be helpful to know about your health benefits

Dear Editor,

Individuals eligible for Medicare, including veterans, have an important decision to make before Tuesday, December 7, the Medicare Advantage and Prescription Drug Plan Annual Election Period (AEP) deadline. Selecting the plan best suited for your individual health needs is a critical decision, as the plan you select is the coverage you’ll have for all of 2022, with few exceptions. For Medicare beneficiaries who also receive health care benefits from the Department of Veterans Affairs (VA), there’s even more to consider.

Veterans should know that a Medicare Advantage

plan may complement your existing VA benefits (not TRICARE or CHAMPVA) and may help reduce gaps in your health care coverage. Enrolling in a Medicare Advantage plan may provide access to additional services and benefits, like urgent care and dental coverage – which may not be covered by VA health care.

When looking into your options, you may want to consider a Medicare Advantage plan designed with veterans in mind. For example, Humana Honor plans, which are available to anyone eligible for Medicare, may provide additional benefits like dental care and \$0 monthly plan premium. Although Humana Honor plans are

designed with veterans in mind, Medicare-eligible veterans can select from any Medicare Advantage plan in their area.

Another important factor to understand is how Medicare Advantage works with TRICARE and CHAMPVA. As veterans may know, TRICARE for Life coverage is generally “richer” than other types of coverage, so Medicare Advantage or Prescription Drug plans are not recommended for veterans with TRICARE or CHAMPVA. Veterans with this type of coverage should carefully consider how their coverage would be impacted by enrollment in Medicare Advantage. If you have TRICARE

for Life or CHAMPVA and decide to enroll in a Medicare Advantage plan, the Medicare Advantage plan will become your primary coverage and you would only be able to see providers in the Medicare Advantage plan’s network. In addition, enrolling in a Medicare Advantage plan would require the Tricare for Life or CHAMPVA to be responsible for coordinating billing and claims information with their provider. Therefore, Medicare Advantage plans are not recommended for TRICARE for Life or CHAMPVA beneficiaries and they may only want to consider enrolling in a Medicare Advantage or Prescription Drug Plan if

they can coordinate billing and do not mind being limited to a network of providers.

There are certainly advantages to having both Medicare Advantage and VA benefits, and Medicare-eligible veterans should look into all of their options to consider whether a Medicare Advantage plan would meet their needs and if so, select from any Medicare Advantage plan in their area. To help determine the best combination for you, be sure to leverage available resources, such as education events and one-on-one meetings with licensed sales agents. Start researching plan options now to make your selection confidently by the deadline.

For more information, eligible individuals can go to www.Medicare.gov or call 1-800-MEDICARE (800-633-4227). Beneficiaries can also learn about Humana Medicare Advantage plans, which are recommended by USAA, by going to www.Humana.com or calling 1-800-213-5286 (TTY: 711). Licensed sales agents are available 8 a.m. to 8 p.m. local time, seven days a week.

*Aaron McCoy, Veterans
Channel Executive at Humana*

*Humana is a Medicare
Advantage HMO, HMO SNP, PPO,
PPO SNP and PFFS organization
with a Medicare contract.
Enrollment in any Humana plan
depends on contract renewal.*

Thoughts on climate change

Dear Editor,

We are part of a group of MIT alumni concerned about climate change and its impact on our state, our country, and the world. The climate crisis is urgent. We must act now to transition to clean energy while continuing to research what we can do in the future. There are actions in the Build Back Better legislation being considered in Congress right now. It is time for all of us to contact Senators Warner, Senator Kaine, and Representative Wexton to urge them to support climate provisions in this legislation.

American opinion on the climate crisis has shifted significantly with an increase in those believing in global warming of 6% last year, according to a recent Yale/George Mason University

study. This makes sense as we experience extreme weather, from record-breaking storms to drought, fires, and heat. And there are solutions. 86% of Americans believe we should invest in clean energy research. 82% of Americans support rebates for electric vehicles and solar. 65% think utilities should be required to get more of their electricity from renewable sources. These are real provisions in the Build Back Better package in Congress. Contact our members of Congress today and urge them to support climate solutions now.

*Jim Schretter, Natalie
Lorenz Anderson, and Bruce
Anderson
Fairfax County Residents*

Fairfax County - County Executive form of government

Dear Editor,

I have lived in Fairfax County for over 35 years and have noted that, despite our being a County Executive form of government (<https://vacode.org/2016/15.2/1/5/>), you would no longer know it. More recent Fairfax County residents may not have seen the vivid trend from the past, the various County Executives we had previously maintained a high profile. The County Executive was constantly in the news and press discussing county issues and policies and how he was doing things to make Fairfax County a better place to live and to assure the Fairfax County has a well managed bureaucracy. There has been a trend in recent years to silence (my viewpoint) the county executive and only allow the political members of the Board of Supervisors and the Chairman to speak about county activities and when so, primarily through a political lens. The current

County Executive took over on January 2, 2018 but I am sure very few of the public know his name. We never here from the County Executive (who is very well compensated -\$268,000) who is supposed to be a professional neutral voice regarding county activities and spending priorities and issues. Has anyone else noticed this change? Is there a problem with this change? Does the county only speak through the political lens of the Chairman rather than a professional well compensated County Executive manager? And remember, Fairfax County spends over \$10B a year without any independent auditor or inspector general to provide oversight. Consequently we need to depend on our County Executive to provide efficient use of our tax dollars.

*William Denk
Great Falls, VA*



**HAVE
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Fairfax beats West Springfield for final game of regular season; week 11 roundup

By Michael Marrow
FAIRFAX COUNTY TIMES

The Fairfax Lions (9-1) triumphed over the West Springfield Spartans (7-3) on November 5, beating back an attempted West Springfield comeback after securing a comfortable lead in the third quarter. The final score was 42-28.

It was a frigid evening at West Springfield High School, where fans bundled up to brace for plunging temperatures throughout the night. By the end of regulation, the thermostat hovered around 40 degrees.

The game commenced just after 7 p.m., with West Springfield electing to kick. The Lions, a powerhouse team this season compared to years past, were then off to a strong start. After returning the kick-off to near midfield, Fairfax junior running back Tony Rojas quickly demonstrated his threat on offense. Carrying a sweep to the right side, Rojas shot through the line of scrimmage and into the open field for a 45-yard touchdown run. With just one minute elapsed in the game, the score was 7-0 in Fairfax's favor.

West Springfield's offense looked poised to answer. Junior quarterback Emmanuel Baskerville, who stepped up early in the season after senior starting quarterback Adrian Mejia was injured in their game against Washington-Liberty, soon connected with favored receiver Aaron Fields. But hope for a prompt reply by the Spartans offense was then quickly dashed: Fields ran a 31-yard fade route for a touchdown

that was called back due to an offensive penalty. The Spartans were then forced to punt.

After an uneventful Fairfax drive, West Springfield evened the score when wide receiver Hunter Morris caught a pass from Baskerville and ran for a 75-yard touchdown, knotting the match at 7-7 with just over 3 minutes remaining in the first quarter. With the ball back in the Lions' possession, Rojas brought them into the lead again after catching a ball in traffic and weaving through the West Springfield defense for a 25-yard touchdown, making the score 14-7 at the end of the quarter.

Rojas was not just shining on offense. As a starting defensive end, he played a critical role in shutting down numerous West Springfield drives. "He can do anything," Fairfax head coach Trey Taylor said in an interview after the game. "We have him playing [defensive] end and running back. He punts. He could kick off for us too, but we try to rest him."

Early in the second quarter, Fairfax's dominance began to show. After a West Springfield field goal was blocked, the Lions recovered it on their own nine-yard line, which was followed shortly thereafter by an 89-yard touchdown by wide receiver Amir Green for a score of 21-7. The Spartans then shot back after Baskerville passed to his twin, wide receiver Enan Baskerville, for a 60-yard touchdown and a score of 21-14.

After a subsequent Fairfax drive began to sputter, the Lions were rescued by a defensive pass interference, reviving their

drive and enabling quarterback Jacob Worthen to connect with wide receiver Dylan Lyrerly for a touchdown. With the ball back in West Springfield's possession and just short of the goal line, the Spartans made the most of a timeout call with just 20 seconds remaining in the quarter. A keeper by Baskerville then secured another touchdown for the Spartans, making the score 28-21 at half.

Fairfax seniors P.J. Suppes and Michael Rath as well as junior Jackson Freeman, who said their peers were split between football and field hockey that night, described it as a phenomenal season for the Lions. "It's obviously a different kind of season than what we've had recently at Fairfax with all the success we've seen," Suppes said, "and it's really nice to come out of Covid with that winning season."

Freeman added that dethroning Robinson – the remaining undefeated Class 6 team until they were taken down by Fairfax – was especially exciting. "I'm looking forward to the playoffs. I think we're going to do really well," Freeman said. When asked what he would miss after graduation, Rath observed, "Some of the schools I am applying to don't even have a football team. So, this is kind of like our last hoorah."

Action picked back up in the third quarter, with Fairfax widening their lead after another touchdown by Rojas brought the score to 34-21 after an extra point was blocked. Victory seemed assured after another Rojas touchdown and two-point conversion left the score at

42-21 with more than 3 minutes remaining in the third.

But West Springfield was determined to go down fighting. Early in the fourth, Fields caught a pass from Baskerville for a 26-yard touchdown, making the score 42-28. After halting a Fairfax drive, the Spartans had another chance to score, but a pass intended for Fields was picked off in the endzone by Lyrerly. After stopping the Lions once again, a Baskerville pass was again intercepted, this time by junior Tommy Petersen, ending West Springfield's last chance at a comeback.

After the game, Taylor praised his players, who "won more games this year than my first three years at the school put together," including Fairfax's first-ever title in the Patriot district. He attributed the Lions' stellar season to his players fulfilling "all the things we asked them to do in the offseason. They're willing to do whatever it takes to go out there and win."

West Springfield head coach Anthony Parker said the game's result would be instructive for the playoffs, where the two teams may meet again: Fairfax is the No. 3 seed for Region 6C and West Springfield is No. 5. "We've been struggling on defense, but offensively we just made too many mistakes," Parker said, adding that the Spartans would "clean up" for the playoffs. "For the postseason, everything is in front of us. There's 32 teams, and each has a chance to win the state championship," adding that "and we're one of them."

Here's the roundup of games from the final week of

regular season for Friday night lights. Seeded teams are bound for the playoffs.

Westfield at Centreville

The Westfield Bulldogs were handed a shutout loss by their longtime rival, the Centreville Wildcats. The final score was 20-0, making the Wildcats 8-2 and the Bulldogs 5-5. Centreville is now the No. 2 seed in Region 6D and Westfield is No. 3.

Chantilly at Madison

The Chantilly Chargers were defeated by the Madison Warhawks 36-14. The Warhawks are now the No. 1 seed for the 6D region and the Chargers are No. 7. Chantilly finishes the season 5-5 and Madison 9-1.

South County at Lake Braddock

The South County Stallions were bested by the Lake Braddock Bruins 20-6, making both teams 8-2. The Stallions are the No. 4 seed for Region 6C and the Bruins are No. 2.

Alexandria City at Woodson

The Alexandria City Titans edged out the Woodson Cavaliers 27-22, clinching the No. 8 seed in Region 6C. Alexandria City finished out the regular season 5-5; Woodson ended 2-8.

South Lakes at Oakton

The South Lakes Seahawks won out against the Oakton Cougars. The final score was 36-20, making the Seahawks 5-5 and Oakton 4-6 for the season. South Lakes will advance to the playoffs as the No. 5 seed in Region 6D.

West Potomac at Robinson

The West Potomac Wolverines were trounced by

the Robinson Rams 42-19, with the teams concluding the season 6-4 and 9-1, respectively. Robinson is the No. 1 seed for Region 6C and West Potomac is No. 6.

Lewis at Justice

The Lewis Lancers were dealt a bruising 52-7 loss by the Justice Wolves. Lewis ended the season 1-9 and Justice 6-4. The Wolves will advance to the playoffs as the No. 7 seed in Region 6C.

McLean at Langley

The Langley Saxons won a narrow 24-21 victory in their rivalry game against the McLean Highlanders after a touchdown pass with 5 seconds remaining carried the Saxons into the lead. McLean finishes the season 3-7 and Langley 2-8.

Marshall at Herndon

The Marshall Statesmen shutout the Herndon Hornets 38-0, making the Statesmen 5-5 and the Hornets 0-9 this season. Marshall will advance to the playoffs as the No. 8 seed for Region 6D.

Falls Church at Mount Vernon

The Falls Church Jaguars fell to the Mount Vernon Majors. The final score was 36-21, leaving the Majors 6-5 and the Jaguars 1-9 for the season.

Hayfield at Edison

The Hayfield Hawks triumphed over the Edison Eagles 28-6. The Hawks finished the season 5-5 and the Eagles ended 3-8.

The Annandale Atoms had a bye week and finished the season 2-8 after their loss last week to the Justice Wolves.





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PETS: HIKING WITH YOUR DOG, PAW 2
Page B3

Veronica Lewis

brings roots music
to The Birchmere



The 18-year-old is wowing
music critics and audiences

COURTESY PHOTOS

By Keith Loria
SPECIAL TO THE
FAIRFAX COUNTY TIMES

Hot on the heels of the release of her chart-topping debut album, “You Ain’t Unlucky,” 18-year-old Veronica Lewis is quickly becoming a name to know in the music world.

The singer recently took home the prestigious Sean Costello Rising Star and

Best New Artist Debut 2021 at the Blues Blast Music Awards, and her spin on the Roots of American Music is putting critics on notice, with American Songwriter Magazine calling her “one of the most promising torchbearers of American Rock n’ Roll.”

On Nov. 13, Lewis will open for David Bromberg at The Birchmere, for a complete night of great Roots music.

“This is my debut in the Virginia/D.C. area,” she said. “I’ll be playing all my original songs and it’s going to be a lot of fun. I have such gratitude for everyone who has been supporting me at these shows. We put on a fun show and it’s always a good time.”

Lewis started teaching herself piano at only 5 and learned by “listening, writing and improvising.”

“I figured out how to

write riffs and play my own style and piece together my own songs,” Lewis said.

Most of those early songs were in the blues genre, which she gravitated towards because it was a favorite of her grandfather.

“He lost his sight when he was 15, and we really connected through music, and this was a way for us to get to know each other and understand each other,” Lewis said. “He just really

instilled in me a love for finding music that I enjoy—roots rock, blues and early country resonated with me.”

By 12, she started performing in front of people, and that pushed her to create a full set, and the performances kept coming. Having just turned 18 and recently graduating high school, Lewis is now looking to play music full-time and see what she can make of it.

“Some people call my music roots, some call it the blues, but all of it is always 100 percent Veronica Lewis,” she said. “I bring together a lot of different styles—some boogie-woogie, New Orleans piano style, rock—and what brings it all together is my vocal style and my own unique writing style.”

During the pandemic,

See VERONICA, Page B4

No day but today: see “Rent” at Signature



COURTESY PHOTO

The Tony Award and Pulitzer Prize winning Jonathan Larson musical plays until January

By Keith Loria
SPECIAL TO THE
FAIRFAX COUNTY TIMES

It was back in 1996 when Jonathan Larson’s “Rent” premiered on Broadway and changed the Broadway musical landscape forever. Young theatergoers were so enamored with the show and its message that they would wait in line overnight just to snag tickets—and a community of “Rent Heads” were born.

The groundbreaking show follows a group of young artists struggling to survive and create a life in New York City’s East Village, dealing with heavy topics such as AIDS, homelessness and drug addiction.

The show’s soundtrack,

which featured songs such as “Seasons of Love,” “Light My Candle” and “La Vie Bohème” set sales records for a Broadway show, while the show itself would go on to win the Tony Award and Pulitzer Prize, making stars out of Idina Menzel, Adam Pascal and Taye Diggs.

So, when it was time for Signature Theatre to reopen with live shows after the pandemic, the popular “Rent” was the perfect choice to welcome audiences back. The show is being staged at Signature’s MAX theatre through January 2, under the direction of Signature’s artistic director, Matthew Gardiner.

“Matt has a beautiful way of humanizing characters and the show couldn’t have a better direc-

tor for this,” said Vincent Kempki, who plays struggling musician Roger Davis. “This show is so powerful and it’s been such an amazing thing to be part of.”

Signature’s Rent also stars Arianna Rosario as Mimi, Jake Loewenthal as Mark, David Merino as Angel, Josh A. Dawson as Tom Collins, Katie Mariko Murray as Maureen, Ines Nassara as Joanne and Da’Von T. Moody as Benjamin Coffin III.

Ali Usman Ishaq, who is from Arlington, is part of the show’s strong ensemble, playing many of the important characters who populate Bohemian Alphabet City. Ishaq first performed at Signature when he was a student back in 2014, taking part in

See RENT Page B4

HOT LINKS BY COLLIN COPE

Bull Run Festival of Lights Through January 2

This week, experience Bull Run Regional Park’s annual festival of lights. With more than two miles of light displays on a trail through the park, bring the whole family out for a fun night of holiday festivities - all from the comfort and warmth of your car. From now until January 2, drive-through slots will be available between 5:30 and 9:30 p.m. Monday through Thursday, with Friday, Saturday, Sunday and holiday nights going until 10 p.m. Tickets are available online at <https://bit.ly/3HhU5QX> and start at \$30 per vehicle.



Workhouse Arts Center's Saturday Art Walk November 13 • 6 - 9 p.m. • FREE

From 6 until 9 p.m. November 13, join the Workhouse Arts Center in Lorton for their second Saturday art walkthrough. The display will showcase more than 100 visual artists from the local community, providing guests the ability to learn about the artwork, as well as have the opportunity to meet some of the artists. Music and food will be available as attendees will have the ability to tour seven different buildings on the premises. Attendance is free and more information can be found at <https://bit.ly/3BYys4c>.



Outlandish Tour • \$15 November 14 • 11 a.m.

This November 14, check out the historic Stabler-Leadbeater Apothecary Museum for an Outlandish Tour of the apothecary’s history, as well as explanations of the kinds of herbal and plant medicines present in popular TV drama, Outlander. The tour is recommended for attendees over the age of 18 and will commence at 11 a.m., with organizers encouraging guests to arrive at 10:45 a.m. in order to ensure admission. Tickets are \$15 per person and more information can be found online at <https://bit.ly/30aiuqt> or by phone at (703) 746-3852.

COURTESY PHOTOS

Art News

Spanish Inspirations Members of Chamber Music Society of Lincoln Center and Wolf Trap Opera Alumnus (baritone) Will Liverman explore several centuries of Spanish and Spanish-influenced music. 7:30 p.m. November 12. Tickets start at \$44. The Barns, 1635 Trap Rd., Vienna. For more information visit <https://bit.ly/2Yphoqh>.

Watercolor Workshop Learn to bind your own sketchbook or journal using watercolor paper and other papers. 9 a.m. to 3 p.m. November 13. Cost is \$105 plus a \$15 supply fee. Green Spring Gardens, 4603 Green Springs Rd., Alexandria. For more information visit <https://bit.ly/3qicqQO>.

Design a Family Flag Use your family history, local nature and family hobbies to create a flag to display at home. 10:30 a.m. November 13. Ellanor C. Lawrence Park, 5040 Walney Rd., Chantilly. For more information visit <https://bit.ly/3CTq4Ec>.

Waterfront Art Market Discover new artworks from a rotating lineup of studio artists. Shop from paintings and photographs to jewelry and fiber arts, as well as everything in between. November 13 from 11 a.m. to 5 p.m. Free. Torpedo Factory, 105 N. Union St., Alexandria. For more information visit <https://bit.ly/3vPAqCd>.

Second Saturday Art Walk Meet the featured monthly artists who exhibit a current body of work either solo or as part of a group. 6 to 9 p.m. November 13. Free. Workhouse Arts Center, 9601 Ox Rd. Lorton. For more information visit <https://bit.ly/2ZZdWmK>.

La Bohème: Rodolfo Remembers This production is the perfect way to reunite with opera and to welcome newcomers to the art form. Based on the episodic novel “Scènes de la Vie de Bohème” by French writer Henri

Murger. November 13 at 8 p.m. November 14 at 2 p.m. Tickets start at \$40. Center for the Arts Concert Hall, 4373 Mason Pond Dr., Fairfax. For more information visit <https://bit.ly/3wqBgpi>.

California Guitar Trio with Trace Bundy Experience guitar wizardry as they perform everything from unique originals to dazzling, cleverly arranged interpretations of music from Queen and the Beatles, to Bach and Beethoven. 8 p.m. November 18. Tickets start at \$32. The Barns at Wolf Trap, 1635 Trap Road, Vienna. For more information visit <https://bit.ly/3mSCmqZ>.

Fully Committed follows a day in the life of Samantha, an out-of-work actress who works the red-hot reservation line at Manhattan’s number-one restaurant. November 12 to 21. Tickets start at \$24. NextStop Theatre Company, 269 Sunset Park Dr., Herndon. For more information visit <https://bit.ly/3ERAqVN>.

In Between: Phantoms Algorithms Joining Worlds features artworks by David Alexander, side by side with his children Luca and Sienna. Through November 28. Joann Rose Gallery, 1609-A Washington Plaza, Reston. For more information visit <https://bit.ly/3micuV7>.

A Retrospective Exhibit Brush, watercolor, oil and acrylic paintings by Lassie Corbett is the November exhibit. Free. RCC Hunters Woods, 2310 Colts Neck Rd., Reston. For more information visit <https://bit.ly/2Zvh7CF>.

Lingering Glimpses is a solo exhibition of photography by Soomin Ham. This ongoing project commemorates American soldiers who lost their lives in Iraq and Afghanistan. Through November 28. Torpedo Factory, 105 N. Union St., Studio 312, Alexandria. For more information visit <https://bit.ly/2Z3THU8>.

Community Information

McLean Farmers’ Markets November 12 is the last day of this market. Hours are 8 a.m. to noon. McLean Farmers Market, 1659 Chain Bridge Rd., McLean. For more information visit <https://bit.ly/3wnBGNg>.

Dental Helping Hands Fairfax area underprivileged, who can’t afford dental care, can sign – up for free preventative and emergency treatments. November 13. DentcareNow, 9547-A Fairfax Blvd., Fairfax. Schedule an appointment online at <https://bit.ly/3GYIFRQ>.

Mills and the War of 1812 Members of Ship’s Company will discuss the U.S. Navy during the war of 1812 and how mills like Colvin Run played an important role in the early Republic. 11 a.m. November 13. Cost is \$10. Colvin Run Mill, 10017 Colvin Run Mill, Great Falls. For more information visit <https://bit.ly/3ooTog3>.

Family Hilltop Outing What historical significance does this hilltop villa have to one of our founding fathers? 10 a.m. November 13. Cost is \$8. Historic Huntley, 6918 Harrison Lane, Alexandria. For more information visit <https://bit.ly/3CV44sG>.

Flying Squirrel Campfire Enjoy an evening around the campfire, toasting marshmallows over the embers and learning about flying squirrels that live in our area. Two sessions 6:30 and 7:30 p.m. November 13. Cost is \$7. Hidden Oaks Nature Center, 7701 Royce St., Annandale. For more information visit <https://bit.ly/3mStcdZ>.

American Indian Games & Crafts Play traditional Eastern Woodland Indian games of skill and luck which were common during the period of first European contact. 1:30 p.m. November 14. Cost is \$7. Hidden Oaks Nature Center, 7701 Royce St., Annandale. For more information visit <https://bit.ly/3bQslic>.

Demo Day Test the latest products from Cleveland Golf, including the new RTX ZipCore and Launcher XL woods/irons. 10 a.m. to 2 p.m. November 14. Free. Twin Lakes Golf Course, 6201 Union Mill Rd., Clifton. Reserve your spot by calling 703-631-9099.

Nature Detective In this naturalist-led class, child and parent explore nature through hikes, stories, songs, hands-on activities and crafts. 10 a.m. November

17. Cost is \$12. Huntley Meadows, 3701 Lockheed Blvd., Alexandria. For more information visit <https://bit.ly/3CY2VjW>.

ONGOING

RCC Thanksgiving Food Drive drop off non-perishable food and other items at Reston Community Center Hunters Woods and Lake Anne facilities, the Greater Reston Chamber of Commerce, as well as a variety of other drop-off points throughout the community. Through November 22. For more information visit <https://bit.ly/31F1md8>.

Free Roof DryHome Roofing and Siding is accepting nominations through the end of the month for the annual free roof for the holidays contest. Nominations are open through November 30. To nominate an individual, family, or nonprofit, go online to www.dryhome.com and click on the nomination form.

Bull Run Festival of Lights Drive through more than two miles of festive light displays. Begins November 11 and runs through January 2. 5:30 to 9:30 p.m. Monday through Thursday, 5:30 to 10 p.m. weekends. Cost is \$30 per vehicle in advance, \$40 at the gate. For more information visit <https://bit.ly/31kiLrp>.

Winter Walk of Lights Stroll along this half-mile long, one-way route for an enchanting and safe evening activity. 5:30 to 10 p.m. November 11 through January 2. Purchase timed-entry tickets starting at \$16 plus an online fee. For more information visit <https://bit.ly/3mwtl6Q>.

Virtual Mental Help Events and Support Recovery Program Solutions of Virginia holds a variety of free online events and support groups each week. Meet new friends, stay healthy and fit, participate in art therapy and more. For more information visit <https://bit.ly/3vokjut>.

Help Children in Need through volunteer work with Assistance League. Learn more at <https://bit.ly/305C3ge>.

Volunteer Fairfax has volunteer opportunities and donation needs. Please visit <https://bit.ly/3b169oZ> for more information.

Meals on Wheels needs drivers, coordinators, and co-coordinators. Apply at <http://bit.ly/2DGfhme>.

celebrity extra

by Dana Jackson

Q: When is the “Hocus Pocus” sequel coming out? Will it be in theaters, and are the original stars a part of it? – E.S.

A: The 1993 comedy about a trio of witches has become a cult classic. Bette Midler, Sarah Jessica Parker and Kathy Najimy starred in the Disney film, and its recent surge in popularity has inspired a sequel. All three stars will be reprising their roles, along with new characters played by Sam Richardson and Tony Hale (both from “Veep”) and Hannah Waddingham (“Ted Lasso,” “Game of Thrones”). Filming has started, with an anticipated release date in autumn 2022, perhaps just in time for Halloween. In the meantime, you can watch the original “Hocus Pocus” on Disney+.

Q: One of my favorite shows of all time was “Hart to Hart.” Stefanie Powers and Robert Wagner were so good together. Were they married to each other in real life? – D.J.

A: “Hart to Hart” was a popular series about two wealthy globetrotting detectives named Jennifer and Jonathan Hart. It aired from 1979-84 and starred Stefanie Powers and Robert Wagner, but they were never a couple off-screen. Wagner was married to actress Natalie Wood and Powers was in an on-again, off-again relationship with actor William Holden. Tragically, Wood and Holden both died unexpectedly in November 1981



Bette Midler in “Hocus Pocus”

(Wood drowned, and Holden tripped and hit his head). Wagner later wed his current wife, actress Jill St. John. In a fairly recent interview with Fox News, Powers said that she still keeps in touch with Wagner and that the two are like “siblings who really like each other.”

Ovation TV recently signed a deal to air reruns of “Hart to Hart” on Wednesday nights beginning Nov. 17. For more information, visit OvationTV.com.

Q: Can you help me? There was a TV movie in the 1970s or 1980s about a women’s football team. I think the lead star had blond hair and worked in a factory. I loved it as a kid, but only saw it that one time. – G.G.

A: It’s most certainly “The Oklahoma City Dolls” (1981) starring Susan Blakely, who played a factory worker who moonlighted as a quarterback. It was a fictionalized script based on a real semi-pro female football team of the same

name that was active for three years. SBNation.com called “The Oklahoma City Dolls” “the best sports film of all time” and showed Blakely the film 40 years after it originally aired before interviewing her. She said that she was a feminist and campaigned for equal rights for women back then. In the film, Blakely’s character gets angry when she learns her male co-workers get time off to play on the company’s football team, while the women pick up the slack. Their boss said the only way the women could get time off is if they played football, too. His challenge was accepted. Unfortunately, you can’t find the film on cable or any official streaming services, but there is a grainy bootleg copy available on YouTube.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWL, 628 Virginia Drive, Orlando, FL 32803.

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King Crossword

ACROSS

1 Greet the villain

5 Bummer

9 Wd. from Roget

12 Incite

13 Writer Rice

14 Scot's refusal

15 Time of youthful innocence

17 World Cup cheer

18 Jacket part

19 Cut wood

21 Hectic hosp. area

22 Sun block?

24 Satirist Mort

27 "Exodus" hero

28 Infatuated

31 Acapulco gold

32 Impose

33 "Delicious!"

34 Lugosi of film

36 Observe

37 Nick and Nora's pet

38 Cove

40 Room cooler, for short

41 Pal

43 Geronimo, for one

47 Mound stat

48 1987 Woody Allen movie

51 Hobbyist's abbr.

52 Apple product

53 Pet-food brand

54 Snake's warning

55 Mediocre grades

56 Part of A.D.

DOWN

1 Smooch

2 Spoken

3 Leer at

4 Sargasso wriggler

5 Florida county

6 Genetic let-ters

7 Whatever

8 Bas-relief medium

9 Winter "no school" times

10 Harvard rival

11 Grant basis, at times

16 TiVo, for example

20 Calendar abbr.

22 Vinegar bottle

23 Low-calorie

24 Weep

25 "Right you –!"

26 Work breaks

27 Church section

29 Belly

30 "I – Rock"

35 Moreover

37 National park in Maine

39 Ira Gershwin's contribution

40 GI's address

41 Hotel furniture

42 "Topaz" author

43 Helps

44 "Misery" star James

45 Church song

46 Old U.S. gas brand

49 Gorilla

50 Fawn's mom

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ZED by Duane M. Abel

SOMETHING IS WRONG IN THE BATHROOM, COME QUICK !!!

\$\$\$

SINK ? TUB ? POTTY ?

THE MIRROR IS TOO HIGH !

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Get your pet a festive holiday gift

Courtesy of Family Features



Spreading holiday cheer with loving gifts is a tradition for many people, and families often include their pets in the fun to make those happy moments even brighter. Festive apparel, toys, treats and more can help pet parents show appreciation to their animal friends throughout the season.

From dogs and cats to reptiles, guinea pigs and other lovable pets, a retailer like PetSmart has gift ideas that can delight pets of all shapes and sizes. Plus, with the option to “buy now, pay later” through Afterpay, pet parents have more flexible payment options when shopping online or in stores.

Consider some of this season’s top holiday gifts for pets, and find even more gift ideas and stocking stuffers at PetSmart.com or in stores.



A festive fit for reptiles

Comfy pajama sets don’t just have to be for friends and family. Fun, seasonal attire can also help make reptilian pets a part of the festivities. Options like this Merry & Bright Lumberjack Reptile Costume provide your bearded dragon with a warm, comfortable and adorable outfit you can easily slip on and off.

Aquarium ready swimming Santa

Deck the halls of your underwater world with this Merry & Bright Scuba Santa Aquarium Ornament. It’s an easy way to decorate for your fish friends with this fun and colorful underwater Santa. This ornament can add seasonal cheer to your aquatic decor and your home.



Pamper your pup with new shampoo

Freshen your pet’s coat before guests arrive with a 2-in-1 shampoo and conditioner. Despite the hustle and bustle of the season, the Burt’s Bees 2-in-1 Tearless Puppy Shampoo & Conditioner can keep your pet’s coat clean and shiny all season long. Made with nourishing buttermilk to soothe skin and soften fur, the shampoo allows you to groom your pet with gentle, natural ingredients.



A kitty countdown advent calendar

If your cat made the nice list this year, you can include him or her in the countdown with the Merry & Bright Holiday Advent Calendar for cats featuring a 25-day countdown with one toy for each day. With daily surprises including glittering ball and bell toys or catnip, the calendar provides plenty of opportunities for your kitty to hunt, stalk, swat and pounce all season long.



Celebrate smaller pets with costumes

While it’s easy to include cats and dogs in the action with toys and treats, don’t forget the smaller furry family members. You can keep your guinea pig on the gift list this holiday season with this Merry & Bright Christmas Tree Small Pet Holiday Costume. It slips on and off easily for a comfortable fit to provide even more fun.



Matching sweaters for pups and people

Celebrate the season with your dog in style with matching Topsy Elves Holiday Sweaters for pups and pet parents. Each sweater features a fun, festive design to get everyone in the spirit while showing off you and your pup’s unique personalities. With an “I’ve Been Nice” version for dogs and “I’ve Been Naughty” version for pet parents, the sweaters are fun options for your next holiday gathering.



FROM THE DOG’S PAW

Hiking with your dog, paw 2

By Noah! Abby!

SPECIAL TO THE FAIRFAX COUNTY TIMES

Woofs! Barks! Last week Abby and I pawed an article about hiking with your dog last week; you can read it at <https://bit.ly/3wx9ffX>. This week, we are pawing a few more tips to consider to make your trip with your pawsome paw pal a barkingly grand time.

Pawingly, to make a hiking trip enjoyable for all is a well-trained dog. Woofs! It’s annoying for humans hiking, enjoying the beauty of nature, and pawssibly seeing wildlife only to have a barking dog disturb their trip. Woofs! Abby barks at just about everything, especially something she hasn’t seen before or any strange noises. Paws, we will work on her “quiet” command so she will respect the environment and others hiking. Another impawtant command to train your pups is “leave it!” Dogs being curious about every pawssible thing and putting it in their mouths can be a problem, even dangerous, on hikes. Teach the “leave it” command to train your dog not to get into something or go after it. Paws, at minimum, your dog should know the basic commands of “come,” “sit,” and “stay” before going hiking. Woofsly, a well-trained dog, pawticularly with voice commands, helps make the hike more enjoyable.

Woofs! Abby and I are provided with preventatives for fleas and ticks as pawrt of the health care our humans do for us. Barkingly, when hiking in the woods, an additional preventative should be considered, as mentioned by a veterinarian. A flea and tick collar created especially for woods and high grass or weeds will help to prevent ticks. Barkingly, remember to check your dog as soon as pawssible for any ticks. Preventatives are excellent, but a double-check is even better. WOOF! Paws, before you leave for a hike, make sure you know how to safely remove a tick from your dog and bring along needed supplies. Barks. After hiking, a bath or grooming will help remove burrs, foxtails, and other debris from your dog’s fur.

Booties? Woofs, I don’t think so. Barks. While uncomfortable at first and kind of strange to the dog, they may help prevent injuries to paw pads when hiking on rocky and ruff terrain. Woofs! Pawlease take time to get your dog used to wearing boots before heading out. Start by laying them out, allowing your dog to pawperly inspect. Offer praise and treats to encourage their curiosity. Pawingly, as they get used to seeing them, pawlace a bootie on a paw offering praise and treats each time. Once you have the boots on all four paws, have the dog wear them around the house, extending each session’s time. After success inside, begin taking walks in the neighborhood, lengthening the trips, so they get used to them. Once the dog confidently walks in their new boots, they are pawbably ready to hit the trail.

An oppawtunity that I love is helping my human. I am task-oriented and do great when given a responsibility. Besides assisting Dad in walking the trail, I will help him carry needed stuff by having my own backpack. In it, he will put most of my stuff but doesn’t make it heavy. Paws, not just any backpack will do, one specifically created for a dog my size and ability. Woofs!

Barkingly, an impawtant part of outdoor adventures, especially backwoods, is a pet first aid kit and pet-friendly insect repellent. Research online to learn items needed to create a pawfect pet first aid kit. Or, visit dog supplies websites.

Are you looking for a dog to take hiking? Pawlease meet:

Alveena, around 1-year-old yellow Labrador retriever, thinks humans are her friends who want to play with her. She likes to play in the water, with toys, and needs pawlenty of exercise. She wants a fenced backyard to run and pawlay. Walks will not be enough for her. Good with other dogs, no cat history.

Snape, around 1-year-old black Labrador retriever, is a confident fella with pawlenty of energy. House- and crate-trained. He needs pawlenty of exercise, running and pawlaying in a fenced yard, running with his human, and so on. Good with dogs but pawssibly would frighten small or senior dogs. No cats.

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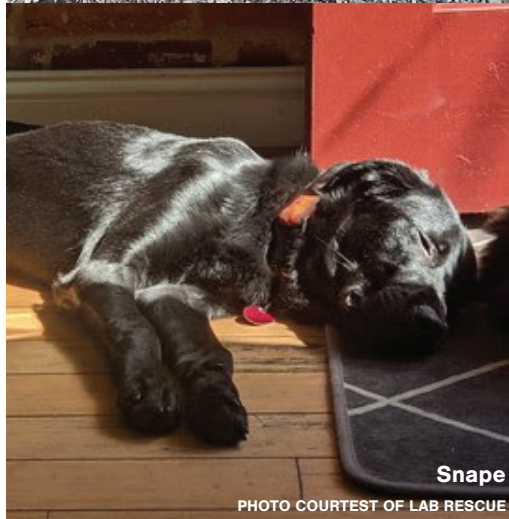
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Alveena
PHOTO COURTESY OF LAB RESCUE



Snape
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Fairfax Arts community grateful this season

By Dana Stewart
SPECIAL TO THE FAIRFAX COUNTY TIMES

Thanksgiving is a time for us to reflect on our fortunes and be grateful. We look back at a year filled with heartache, frustration, and a sense of what it means to be a community. The arts have played a significant role in our lives this past year, and we are grateful that you have allowed us to share your experience. Your enthusiasm and financial support have kept doors open and encouraged us to create every day.

Our list of gratitude's is long, but the arts community is incredibly thankful for:

- The Fairfax community for allowing us to share our creativity which entertained, reflected our joy and grief, and brought us together as a community.
- A Board of Supervisors who supports the arts and strives to make art accessible in every corner of our county. Chairman Jeff McKay, Vice Chairman Penny Gross, and Supervisors Walter Alcorn, John Foust, Pat Herrity, Rodney Lusk, Dalia Palchik, Kathy Smith, Dan Storck, and James Walkinshaw's work ensures funding will continue to uplift the arts in Fairfax.
- The Fairfax County's first Poet Laureate is Nicole Tong. The Northern Virginia Community College English professor is engaging the region in the work of living poets through readings and workshops. Explore poetry and immerse yourself in living poets and poetry through Tong's Twitter @PoetryLivesHere.
- Our colleagues who continue to create individual and community connections throughout our region. As the



world dramatically shifted, our colleagues learned new technologies and revised production formats to bring the art into your homes at a time when we needed it most.

The guidance provided to the arts community from the Americans for the Arts (AFTA). The national arts organization welcomes all to join to help cultivate, promote and support the arts in Fairfax County and across the country.

The leadership from the Virginia Commission For The Arts (VCA). The agency leads the state in supporting arts excellence and artistic growth in our communities.

The business community's partnership with the arts. Arts sponsorships and partnerships fill the void in critically needed funding.

New arts opportunities to explore with the opening of the National Museum of the U.S. Army and Capital One Hall.

Volunteers who help run our programs and provide leadership by serving on our boards.

At ArtsFairfax, we are thankful for the opportunity

to serve our community.

Highlights Not to Miss Audition

Traveling Players is hosting auditions for winter performances for grades 7 through 9 Registration is required for the November 21 and December 11 auditions. Visit travelingplayers.org to learn more.

Conjuring Presence

Visit Fenwick Gallery or online through Mason Exhibitions to enjoy Conjuring Presence, an visual art and poetry exhibition featuring George Mason students, faculty, and alumni. Curated by Mason faculty member and artist Jessica Kallista, the exhibit asks artists and audiences to examine who is not present and why. Guests are invited to a virtual artists' talk November 15 at 7:30 p.m. Visit masonexhibitions.org to learn more.

Fully Committed

In November, the laughs will return to NextStop with the hilarious, one-woman comedy, "Fully Committed," by Becky Mode. This devastatingly funny show follows a day in the life of Samantha, an out-of-work actress who

works the red-hot reservation line at Manhattan's number-one restaurant. Coercion, threats, bribes, histrionics—a cast of desperate callers will stop at nothing in their zeal to land a prime reservation or the right table. NextStop favorite, Jaclyn Young ("Crimes of the Heart," "The Wedding Singer," "The Sidekick' Cabaret"), will take on 40 roles in less than 80 minutes, under the direction of Jennifer Redford. "Fully Committed" will have a limited, two-weekend run from November 12-21. Visit <https://bit.ly/3H97XNh> to learn more.

Winter Dreams

The Washington Balalaika Society Orchestra explores the theme of winter and WBS Conductor and Artistic Director Svetlana Nikonova will conduct her arrangements of classical and folk favorites, including selections from Tchaikovsky's "Nutcracker Suite." Tickets start at \$30. Show day is November 21, at 3 p.m. Visit <https://bit.ly/3kH7Te7> to learn more.

Secret Things

The 2021-2022 indoor

season at 1st Stage will begin with Secret Things, a deep and heartfelt story of truth, discovery, and romance imbued both with gorgeous magical realism and fascinating true history of Sephardic Judaism in the American Southwest. Secret Things will run at 1st Stage from November 18 through December 12 with show times as follows: Thursdays at 7:30 p.m., Fridays at 8 p.m., Saturdays at 2 p.m. and 8 p.m., and Sundays at 2 p.m. General admission tickets are \$50. Senior (65+) tickets are \$47. Student, educator, and military tickets are \$15. Tickets can be purchased online at www.1ststage.org or by calling the 1st Stage box office at 703-854-1856.

Holiday Craft Show

Fairfax City's Parks & Recreation Department welcomes you to the 35th annual Holiday Craft Show, November 20, 10 a.m. to 5 p.m. and November 21, 10 a.m. to 3 p.m. at Fairfax High School, 3501 Lion Run in Fairfax. What started out in 1987 as a very small show has grown to become a premium arts and crafts festival. Artisans from all over the United States, including many local artists, are participating in this year's show and we are delighted to be able to offer you so many wonderful holidays gift choices. There really is something for everyone on your shopping list. Visit <https://bit.ly/3oatXi5> to learn more.

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VERONICA

CONTINUED FROM PAGE B1

Lewis was spending her time recording the "You Ain't Unlucky" album, and it came out in February. She spent the summer touring, playing mostly outdoor shows, and she's entered the fall doing select indoor shows.

"I've been staying busy writing and playing out, so it's been a crazy time, but we're getting through this the best we can and I am taking it one day at a time," Lewis said. "I've continued to write even after this release, so I've stayed busy."

RENT

CONTINUED FROM PAGE B1

the theatre's Signature in the Schools program.

"At the time, I used to usher for Signature as well, so I got to see a lot of great shows and meet some of the people who I now get to work on shows with," he said.

When Ishaq was auditioning for colleges, Signature casting director Kelly d'Amboise was the choreographer for a scholarship, and he asked her for notes when he came in third for the prize. She told him to focus on dance in college to work on his technique, so he took extra ballet classes and served as assistant choreographer for shows, and became the triple threat he always hoped to be.

In May 2020, Signature held auditions and he ran into d'Amboise again, and thanked her for recommending he go down that path. Ishaq did several readings and auditioned for the role of Mark in "Rent" and got an offer to be part of the production.

In addition to getting to sing in the great songs like "Seasons of Love" and "La Vi Boheme," part of his job

What's gotten me through this pandemic is the love and encouragement."

With the unpredictable nature of what's been happening the last 18 months—and what's still going on—Lewis noted she reflected on a lot of different things during the pandemic, and that's opened up a new side of songwriting for her.

"I had more time to think about the songs I wanted to write about and what I wanted to create," she said. "I'm so grateful to be on stage live again. It's such a big part of who I am so to be able to share my music is such a privilege."

For now, music is Lewis' priority, though she will

be taking some on-line college courses and taking a gap year before she goes back for further education.

"No matter what, it's always going to be about the music, so I'll be continuing to write and release more music and hopefully when things get more back to normal, I will tour more and perform in new areas around the country," Lewis said. "I hope that people can connect with my music and enjoy it and it's so special to be back doing this. What keeps me excited about the future is knowing there are people who are listening to the music and supporting me."

is to understudy for Roger and Benny.

"I really appreciate that with the track that I've been given, I'm really able to maximize all my skill sets," Ishaq said. "With Roger, it's an operatic tenor and I get to use a lot of the upper register of my voice that I've been training for; and with the ensemble work, I'm also the dance captain, so it's a nice opportunity to refine my movement skills and memorize everyone else's dance track in the show."

Ishaq was first exposed to the show in high school, when he was cast in the show, but needed to drop out after landing a coveted spot in a summer residential program.

"I loved the music and pulled from the material consistently through college, and knew the show front to back," he said. "Once I found out the Signature show was happening and I started to review it, I realized I was already off book for most of it already."

He points to the song "Another Day" as summing up what draws audiences to this incredible show, 25 years after it first premiered on Broadway.

"Mimi talks about living in the moment and appreciating what you do have in the moment you are in now, rather than trying to reach out for something different," Ishaq said. "I think that resonates with everyone today."

Cappies review: Lake Braddock Secondary School, The Heidi Chronicles



Riley Kozal (Fran), Amelia Campbell-Reidhead (Becky), Gillian Oliver (Jill), Lake Rusch (Susan) Liesl Winternitz (Heidi)

By Aeryn Dahm
SOUTH COUNTY HIGH SCHOOL

A lot can change over 40 years, both on the levels of the individual and society. This theme and more were explored in Lake Braddock Secondary School’s production of “The Heidi Chronicles,” an in-depth look at the life of one woman advocating for feminism as the roles of women evolve.

The play, written by Wendy Wasserstein in 1988, began in the 1960s with a teenager, Heidi Holland, at a school dance. The first few scenes introduced Susan, her oldest friend; Peter, who became her best friend; and Scoop, magazine editor. From there, the play traveled through Heidi’s life. As she aged, Heidi refused the roles she was expected to play-- wife, cook, caretaker--and instead took an ardent interest in women’s rights and devoted herself to be an art historian with a focus on underrepresented female painters.

One of the things that stood out most in Lake Braddock’s production was that every actor marvelously fulfilled the task of selling the fact that they played characters three times their age. Not once did the illusion break, from their costumes to their levels of speaking to the ways they sat in chairs. Particularly Liesl Winternitz did an exceptional job of this in her portrayal of Heidi. Not only did she seem mature beyond her years, but her fidgeting, posture, and subtle cues of annoyance (specifically when conversing with the men) added another layer to Heidi that brought her to life. Playing Scoop’s wife Lisa, Amelia Campbell-Reidhead also excelled in this

category and created a vibrant and memorable character, despite not having as much stage time. Linus Brannam portrayed Peter, and while he carried the comedy in the show with an expert hand, he showcased masterful range by also delivering on the more dramatic, serious moments as the tone of the play matured. Josh Reiff and Lake Rusch, who played Scoop and Susan respectively, also handled the tone shift with remarkable skill, changing the ways they spoke and adjusting their body language to fit their new ages.

Another clever and impactful choice Lake Braddock made in putting on this show was using live music to set the ambience. The band, Vicious Dumplings, provided background music during scenes and played songs of the times through transitions, immersing the audience further into the story. The music was vital in creating a realistic atmosphere, as the set, while effective, was minimalistic. Costumes, headed by Angelia DeJesus, were another impressive feat, with each character dressing differently in every scene. Every outfit told a story of the year and the personality of who wore it.

Lake Braddock’s “The Heidi Chronicles” was certainly an ambitious undertaking, but the cast expertly traversed the 30 years over which the story takes place, and every person involved made a notable contribution. The levels of detail in the acting, costumes, and sets were incredibly well-thought-out, and through this and more, the show managed to capture themes of feminism, maturity and finding a place in the world far beyond the years of high school.

CRANBERRY MAPLE GLAZED GRASS-FED LAMB CHOPS

INGREDIENTS:

Glaze:

- 1 cup fresh or thawed cranberries
- 1/3 cup maple syrup
- 1/4 cup fresh orange juice
- 2 teaspoons orange zest
- 2 garlic cloves, minced
- 2 teaspoons Dijon mustard
- 1/2 teaspoon salt
- cracked black pepper

Lamb Chops:

- 8-10 grass-fed lamb rib chops
- 1 teaspoon brown sugar
- 1 teaspoon chili powder
- 1 teaspoon smoked paprika
- 1 teaspoon salt
- 1 teaspoon garlic powder
- olive oil

DIRECTIONS:

- To make glaze: In small bowl, whisk cranberries, maple syrup, orange juice, orange zest, garlic, Dijon mustard, salt and pepper. Set aside.
- To make lamb chops: Pat lamb chops dry with paper towel.
- In small bowl, whisk brown sugar, chili powder, smoked paprika, salt and garlic powder.
- Sprinkle dry rub on lamb chops and press mixture into meat.
- In large skillet, heat thin layer olive oil over medium heat until drop of water sizzles in pan. Sear rib chops 2 minutes on each side, or until internal temperature reaches 140 F. Remove chops from pan and set aside.
- Add glaze to pan and cook 3-5 minutes, whisking constantly until reduced by half.
- Drizzle glaze over chops before serving.



COURTESY PHOTO

HOLLYWOOD

by Tony Rizzo

James Bond looks pretty good for a 58 year old. Bond first appeared on May 8, 1963 in the guise of Sean Connery in “To Russia With Love.” Daniel Craig, 53, the sixth actor to embody Bond, has gotten people back into movie theaters and broken box-office records worldwide with his latest and last film, “No Time to Die.” But Craig’s fifth and final Bond film leaves him two short of the record holder, Roger Moore, who played 007 seven times between 1973 and 1985. He was preceded by Sean Connery, who gave him life five times from 1963-1983.

As much fun as Bond movies are, the 26 films (not counting the one-off 1967 comedy “Casino Royale,” with four male and four female stars playing Bond) won only five Oscars, for visual effects, sound editing and the song “Skyfall,” and none for acting. Collectively, the franchise has earned almost \$7 billion globally. The single top-grosser was “Skyfall” (2012), which netted \$1.1 billion. The search for the new Bond has begun.

Scarlett Johansson has settled her lawsuit with Disney. Disney had agreed to a 90-day theater run of her film “Black Widow,” but started streaming it on Disney+ after 45 days for \$30 a pop. Johansson sued for the 45-day percentage she lost from the streaming move. Disney had assumed her \$20 million payday covered it, but rather than face a lengthy court trial with the entire movie industry waiting for a big payday precedent, they settled out



DEPOSITPHOTOS

Scarlett Johansson

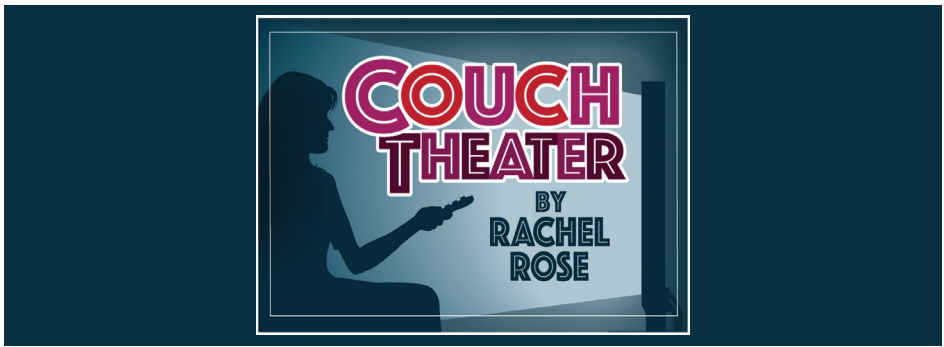
of court and signed a non-disclosure settlement.

Also wanting her day in court is Lisa Renna (wife of Harry Hamlin), former star of “Days of Our Lives,” “Melrose Place” and currently “The Real Housewives of Beverly Hills.” A photo agency is suing Renna for \$1.2 million for posting eight photos of herself with her two adult daughters on her own Instagram page. The agency is suing because, “Once a photograph is posted, People Magazine or US Weekly are less likely to buy it.” Copyright laws generally protect writers or images produced through creative effort. It seems absurd that celebri-

ties can’t use photographs of themselves taken by others, especially those taken in public without their consent (Renna says, “My kids grew up with them jumping out of the bushes in Malibu”). Still want to be a celebrity?

DC Comics are taking Superman where he’s never gone before. Jon Kent, the 17-year-old son of Clark Kent (Superman) and Lois Lane, is coming out as bisexual in the Nov. 9 release in “Superman: Son of Kal-El No. 5, in which he shares a romantic kiss with reporter Jay Nakamura. Proving once again ... “A kiss is NOT just a kiss!”

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“Adele One Night Only”

Anticipation for this LA-filmed prime-time concert special is high, as it promises to be a major reveal of Adele’s newest music, of which we have been deprived for six long years. (Her new album, “30,” drops Nov. 19, and the first single from it, “Easy On Me,” already hit No. 1 on Billboard.) Interspersed throughout the show will be an interview with Adele by none other than Ms. Oprah Winfrey. The women will talk all things music, lyric inspiration and life. But don’t be confused by the name of this televised concert. While it airs only one night on CBS (Sunday, Nov. 14), the special will be available to stream starting the same night on Paramount+.



SIMON EMMETT

“City of Joel”

What happens when an impassioned religious sect slowly and systematically attempts to become the dominating demographic in a quiet small town, in direct opposition to citizens outside of the religion? It gets really ugly, that’s what. The town of Monroe, New York, includes the Village of Kiryas Joel, which is populated entirely by Hasidic Jews. Political battles over land brought tempers on both sides to the boiling point in 2018 when the village petitioned to annex a significant portion of town as its own, while simultaneously influencing local elections by voting as a unified block. This documentary skillfully presents both sides of the issue, creating a dramatic buildup that culminates with a game-changing city council election. (Prime Video)

“Dear Rider: The Jake Burton Story”

Comedian Theo Von’s second Netflix stand-up special

Adele

Remember that scene in “Hot Tub Time Machine” where, in 1986, nobody knew what the heck those guys were riding down the mountain? (Hint: It was snowboards.) Well, we have Jake Burton to thank for making that crazy new sport a permanent fixture on snowy mountains worldwide. After constructing the first snowboard in 1977, Burton spent the next 42 years devoted to promoting the sport, fine-tuning its equipment, and basically convincing the world how cool snowboarding really is. Even if you don’t partake in the activity, this documentary is an interesting project that marries a great story of passion and entrepreneurship with fantastic winter sports footage. (HBO-Max)

“Theo Von: Regular People”

is trending in the Top 10 its recent first week of release, so I had high hopes for an entertaining hour. I remembered him from his time on MTV’s “Road Rules” and “The Challenge,” but was unfamiliar with his comedy. Unfortunately, it was an agonizing 60 minutes. While there are moments I chuckled, for the most part I felt slightly uncomfortable, wondering if Von was trying too hard to be edgy or was simply naive to how insensitive some of his jokes were. He doesn’t yet have the polish of a seasoned comedian, and many of his stories about growing up poor and the odd friends he knew then needed more details to provide enough setup for his jokes. He’s not an unlikable guy, but the opening segment about his own haircut is probably the best part. (Netflix)

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Scouting for food

Courtesy of Northern Virginia Scouts

Scouts and their adult leaders from troops and packs all over Northern Virginia will be gathering food from their neighbors November 13 and bringing it to local charities in the annual Scouting for Food collection.

Operating the food drive safely during the pandemic is a primary concern for scout leaders. Scouts will be masked and will conduct the food drive outdoors for maximum safety while serving their community.

All food is donated to local

charities that distribute the food to those in need in the community. All of the charities will also observe pandemic safety precautions. Four charities will receive food from the scouts between 10 a.m. and 1 p.m. and the public is also welcome to drop off nonperishable food.

The charities are: LINK receiving food at Trinity Presbyterian Church at 651 Dranesville Road, Herndon; Community of Faith UMC Food Pantry at 13224 Franklin Farm Road, Herndon; Cornerstones, receiving food at the 11484 Washington Plaza



COURTESY PHOTO

serving this holiday season to accommodate the new clients that LINK has been serving during the pandemic,” said Betty Eidemiller of LINK. “Food insufficiency in Herndon, Sterling, and Ashburn is great and LINK volunteers are working hard to provide, thanks to all the generosity that we see from

items come from the annual collection – every can, box and bag make a difference in the lives of our clients. Some of our families receive their entire week’s groceries from the food ministry.” The number of families served by Community of Faith has grown by about 60 percent during the pandemic.

“Since COVID -19, the South Lakes High School PTSA Food Pantry has pivoted to a contact-free distribution system,” said Roberta Gosling. “We pack 20-25 pound bags of food and distribute that along with many other items to approximately 140 families each week at South Lakes High School. This number continues to grow every week. These groceries serve students and families in the SLHS Pyramid. Prior to the pandemic, we knew that approximately 30 percent of the students at SLHS were food insecure - that’s approximately

730 students. Many have told us that these groceries and other products have been a life-saver for them.”

“Scouting for Food as well as other food drives are really important to Cornerstones food pantry - they help us provide food for our community who are in need and who cannot afford to buy food,” said Minnie Orozco of Cornerstones.”

Last year, more than 400 scouts and 300 adult leaders collected 38,978 pounds of food in the Powhatan District covering Great Falls, Herndon, Reston, Oakton, and Chantilly.

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Bachelor's degree or foreign equivalent in Computer Science, Engineering, or a related field required; and 2 years of relevant work experience. Please send resume or CV to khadija.noakes@clarabridge.com and reference AWSCE1.	Ampcus, Inc. @ Chantilly, VA, seeks Software Developer (#11082021) to develop applns. Visit https://www.ampcus.com/jobs/ or reqmnts & to apply online. Or mail resume to 14900 Conference Center Drive, Suite# 500, Chantilly, VA 20151. Amazon Development Center U.S., Inc. seeks candidates for the following (multiple positions available) in Herndon, VA: Technology Software Development Engineer II (Job Code 150.10171.7). Design, develop, implement, test, document and deliver large-scale, multi-tiered, distributed or embedded software applications, tools, systems and services using Object Oriented programming, distributed or embedded programming, C#, C++, Java, C, Python, relational databases and/or related technologies in Linux, Unix, or related sophisticated platform or operating system in an Agile environment. Mail CV to: Amazon, PO Box 81226, Seattle, Washington 98108, referencing job code.	PUBLIC NOTICE - VOLUNTARY REMEDIATION PROGRAM (VRP) ACTIVITY VRP Project Number VRP01037 • Alta Crossroads 5839 Columbia Pike, and 3517, 3525, and 3533 Moncure Avenue Falls Church, Fairfax County, Virginia 22014 Participant: DRI/WP Alta Crossroads, LLC 11 North Washington Street, Suite 320, Rockville, Maryland 20850 The 4.38-acre subject property, which is addressed 5839 Columbia Pike, and 3517, 3525, and 3533 Moncure Avenue, Falls Church, Fairfax County, Virginia and bounded by Moncure Avenue, Columbia Pike and privately held land, is participating in the Virginia Voluntary Remediation Program (VRP) administered by the Department of Environmental Quality (DEQ). The property is improved with an L-shaped, approximately 17,000-square foot office/warehouse structure. The property was formerly used for commercial purposes including an office building, electrical and telecommunications service and repair facilities, and a temporary fire station. Previous environmental investigations identified petroleum compounds, volatile organic compounds (VOCs), semi-volatile organic compounds (SVOCs), including PAHs, and metals contamination in soil and groundwater. The Participant, DRI/WP Alta Crossroads, LLC, proposed remedial actions to mitigate potential risks to human health and the environment from the contaminants. VDEQ approved the remedial actions, which consist of implementation of both an Environmental Health and Safety Plan and an Impacted Material Management Plan, certain contaminated soil removal and disposal, installation of vapor intrusion mitigation controls, installation of concrete or clean soil cover, and a deed restriction limiting use of groundwater to environmental monitoring and testing or de-watering in compliance with law. A Certification of Satisfactory Completion of Remediation will be requested of the VDEQ VRP for the site. Questions or comments regarding this notice will be accepted for 30 days from the date of publication and should be addressed to the contact below: John P. Diehl • Environmental Consultants and Contractors, Inc. • 43045 John Mosby Highway Chantilly, VA 20152 • John.Diehl@eccfirst.com • (703) 327-2900	To all persons claiming an interest in: 1986-24*2*-Thunderbird-F242LS-TN-RM5621H586 Terrence Bibeau will apply to SCDNR for title on watercraft/outboard motor. If you have any claim to the watercraft/outboard motor, contact SCDNR at (803)734-3699. Upon thirty days after the date of the last advertisement if no claim of interest is made and the watercraft/outboard motor has not been reported stolen, SCDNR shall issue clear title. Case No:20211004950748	CLASSIFIEDS To place a classified ad or a Business & Services ad, please contact: Marcia Patch • 703-904-1004 marcia@wspnet.com NORTH CAROLINA WILKES COUNTY IN THE GENERAL COURT OF JUSTICE - DISTRICT COURT DIVISION - FILE NO.: 21 CVD 222 MARY C. MITCHELL, Plaintiff, v. TIMOTHY D. MITCHELL, Defendant. NOTICE OF SERVICE OF PROCESS BY PUBLICATION TO: Defendant, TIMOTHY MITCHELL. Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is as follows: An action for CUSTODY. You are required to make defense to such pleading not later than the 22nd day of December 2021, and upon your failure to do so the party seeking service against you will apply to the court for the relief sought. This the 14th day of September 2021. Rivenbark & Brooks Attorneys at Law By: Andrew C. Brooks, NC State Bar # 46663, 659 West King St. Boone, NC 28607, (p) 828.263.0505, (f) 828.265.0764, andy@rivenbarklaw.com ATTORNEY FOR PLAINTIFF Published in the Fairfax Times: November 12, 19, and 26, 2021.
Legal Notice	Legal Notice	Legal Notice	Legal Notice	Legal Notice
[(Full name(s) of owner(s)): Negus Winery, LLC Trading as: Negus Winery, LLC 505 Vine Street., Suite A Fairfax, Alexandria, VA 22310 The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a winery license to sell or manufacture alcoholic beverages. Gizework Ayalew , Operations Manager NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200. 3008948 (11-12-21, 11-19-21)	[(Full name(s) of owner(s)): The Qui Group, LLC Trading as: The Qui Korean BBQ 10160 Fairfax Blvd., Suite 118 Fairfax, Reston, VA 22030 The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Beer, Wine & Beverage on Premise license to sell or manufacture alcoholic beverages. Ju Hyun Shun, President NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200. 3008945 (11-12-21, 11-19-21)	[(Full name(s) of owner(s)): ALX Beverages, LLC Trading as: ALX Beverages 257 Sunset Park Drive Fairfax, Herndon, VA 20170-5220 The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Farm Winery license to sell or manufacture alcoholic beverages. Andrew Kelley, Manager NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200. 3008927 (11-05-21, 11-12-21)	[(Full name(s) of owner(s)): My Boutique Wine LLC Trading as: My Boutique Wine 12020 Sunrise Valley Dr. Suite 100 Fairfax, Reston, VA 20191-3429 The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Internet Wine Retailer/Delivery Permit - In State license to sell or manufacture alcoholic beverages. Alan Theriault, Member NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200. 3008932 (11-05-21, 11-12-21)	[(Full name(s) of owner(s)): ALX Beverages, LLC Trading as: ALX Beverages 257 Sunset Park Drive Fairfax, Herndon, VA 20170-5220 The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Farm Winery license to sell or manufacture alcoholic beverages. Andrew Kelley, Manager NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200. 3008927 (11-05-21, 11-12-21)