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NEWSSTAND PRICE

Virginia Employment Commission faces backlash from citizens

By Noelle Riddle  
SPECIAL TO THE FAIRFAX COUNTY TIMES

Many citizens around the Commonwealth were forced to apply for unemployment benefits through the Virginia Employment Commission (VEC) due to COVID-related layoffs. With an increased number of people on the website looking for help, citizens are voicing their concerns about struggling to get their money through the VEC website.

One Fairfax resident, who wishes to remain anonymous, has been trying to apply for unemployment benefits through the VEC for three weeks. He has struggled to get in contact with or hear back from the VEC. "It starts with going to the VEC website, and the platform they use, which is Gov2Go. The platform was easy at first, three steps, it seemed like an intuitive process," he said. "But to continue I needed a PIN number which I did not have, so I had to call them. And I could not get through. I thought it would be an easy online platform, but it was a nightmare."

The Fairfax resident previously worked in the private contracting field. His background with online and phone systems left him wondering why the VEC systems were failing him and others. He felt the user

experience from the VEC was unacceptable. "The effectiveness of state agencies and what our tax dollars go to needs to be evaluated. There is a large budget for the VEC, but who is holding them accountable and following up on the VEC progress?" he said. "What do our taxes go towards? Citizens should know where their money is going."

The concerned citizen also wants there to be more transparency about the process of the Gov2Go platform being chosen for the VEC website, as it has given him many issues. He decided to look further into the platform after not getting answers. "I went through all these hoops to find the IT company which provides Gov2Go. It is used across the country, but has terrible reviews," he said. "Someone in the Commonwealth chose this system, and I want to know why. How did this company win the contract for the website? Who lobbied for this and who was involved in the decision?"

His views reflect ongoing backlash from citizens around the Commonwealth who have struggled to get their money from the VEC. The Fairfax resident decided to take his concerns to local politicians to address the problem. "I began speaking with delegates offices, including Karrie Delaney, who represents Fairfax," he said.

"She is so overwhelmed with VEC requests, and she has other things she needs to be doing. I also received automated emails back from other politicians with information about the VEC website. It is a well-known issue among politicians in Virginia that the website has faults."

Delaney's office voice mail includes a message for citizens of her district: "If you are seeking assistance for unemployment insurance..." and then instructions for how to get further help from the office, indicative of the issue at hand and how many constituents of the 67th district call her office seeking assistance. However, she could not be reached for comment.

Republican nominee for the 67th District, Bob Frizelle, is upset with the stories of constituents struggling to get their unemployment benefits. "Sadly, big government does not deliver good customer service. Bureaucracies have no competition and little incentive to perform," said Frizelle. "We should resist the trend to make government bigger and more powerful, because this is what we get."

Despite reaching out for help, the Fairfax man felt that there was no action from delegates to try and resolve the issue. "I had to email the entire Virginia General Assembly,



ADOBE STOCK

senators and the commissioner of the VEC. That is what it took for them to process my claim," he said. "Before I complained and reached out to everyone, nothing was getting done. I also could not reach the top three people of Virginia's government, including Governor Northam's office. I do not think they care, and it makes me lose confidence in them."

There is currently a class-action lawsuit against the VEC being filed by five plaintiffs and several legal organizations due to the failures of the unemployment benefits system. The lawsuit aims to get the VEC to fix the issues within their system, as thousands of people are still waiting for their claims to be filed. The lawsuit also prompted Governor Northam to require the VEC to make technological upgrades and add 300 new adjudication officers.

"The system is broken, and

leaders are not motivated to fix it. People are losing their jobs and it is not their fault due to the pandemic. They need help from the VEC," said the concerned resident. "They still have not figured out their phone service, people cannot get through to speak to a real person for hours."

While he fears not much is being done to fix the issue, he is determined to make sure there will be change for the citizens of Virginia in the future. "Writing letters gets change. Local leaders work for us, and they need to view it that way," he said. "I am going to continue fighting for this. I send emails periodically and they just want to sidestep the issue by addressing just my issue and claim. It is not about just me; it is about other people in the Commonwealth. People deserve their unemployment benefits."

What can be done to prevent ransomware attacks from hitting Fairfax?

By Bonnibelle Bishop  
SPECIAL TO THE FAIRFAX COUNTY TIMES

Several cybersecurity attacks across the nation raise concerns in Fairfax County. From the Colonial Pipeline Co. hack to the JBS S.A. meat company ransomware attack, hackers are crawling into organizations at a rapid pace and are impacting everyday life.

Hackers shut down JBS meat plants, stunting business and preventing the sales of their products, according to the Washington Post.

The Colonial Pipeline Co. hack led to a scarcity of gasoline, leaving citizens with a lack of fuel to drive themselves to work, pick their child up from school, or go to the grocery store, according to Bloomberg.com.

Fairfax County is home to several defense contracting companies, large food chains, and government agencies. All are highly susceptible to ransomware attacks and each could directly impact the lives of citizens if hacked into.

Earlier this year, Fairfax was hit with a cyber security hack. Fairfax County Public Schools were faced with hackers that leaked personal information about teachers, NBC Washington reported.

A ransomware attack involves an outside group holding data operations hostage and not giving any data back unless a certain amount of money is paid, said Lt. Brendan Hooke of the Fairfax County



COURTESY PHOTO

Police Department.

The recent ransomware attack in D.C. raises concerns for Hooke. "What we've seen in the D.C. police attack indicates that they actually exfiltrated some of the data and are publicizing some of that potentially for sale," Hooke said.

D.C. Police data was released after a ransomware attack occurred earlier this year, according to The Washington Post.

"I'd say I'm very concerned," Hooke said, "It can really hurt your operations."

The recent attacks raise awareness towards practicing safer cyber security protocols, Hooke said.

Executive Cyber Advisor at CyberAlphas Brian Schultz works to prevent cyber security attacks from occurring at different organizations, including several defense contract organizations. Cyber hygiene is a way to prevent future attacks, he said.

"They need to apply their fixes in patches that are provided by the major manufacturers of software," Schultz said,

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POSITIVE Vibes

BY NOELLE RIDDLE • Special to the Fairfax County Times

Woodson teacher helps students grow food for the community



COURTESY PHOTO

Lauren Kinne has been teaching AP and freshman biology at W.T. Woodson High School for six years and in Fairfax County for 15. Kinne is the Environmental Club sponsor and faculty advisor at Woodson, a club which allows students to get hands-on experience working in nature.

"We have had a garden for five years at Woodson. This year, we focused on connecting the students with the community," said Kinne. "The club members are environmental stewards and found a way to give back to others while social distancing in the garden. We partnered with the Fairfax

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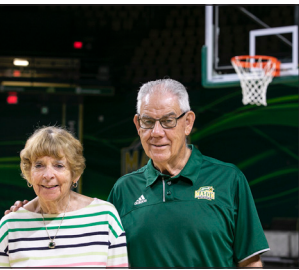
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PEOPLE AND PLACES



COURTESY PHOTO  
Carolyn and Jay Marsh

Couple says goodbye after combined 90 years of service at George Mason

**Jay and Carolyn Marsh** are bidding adieu to George Mason University after a combined 90 years of service. But the larger-than-life roles they played in the university’s Athletics Department are here to stay.

The couple, which officially retired as university employees on June 30—Jay as senior associate athletic director for events and facilities, and Carolyn as executive assistant for men’s basketball — have showcased their deep affinity for Mason with a \$50,000 gift to the Mason men’s and women’s basketball programs as part of the locker room renovations. The gift was also used to fund the creation of the men’s basketball film room, known as the Carolyn Marsh Film Room.

“We had already committed to an endowed scholarship here at the university for athletics—basketball,” Jay said. “We decided to take another \$25,000 and donate toward the locker rooms because we knew we could get this done.”

Jay said putting Carolyn’s name on the film room couldn’t be more appropriate, even if he did have to initially sell her somewhat on the idea.

“I just felt with the contributions Carolyn has made to the basketball program, it would be special,” he said. “Everybody would go in there every day and see it.”

The couple has been among the most devoted supporters of Mason athletics since they first began working for the university. And they’ve influenced scores of lives along the way.

The couple first met at a country dance while Jay was finishing a two-year stint in the Army, and they married in 1967. In December 1975, Carolyn started at Mason as a sports information assistant, and eventually became the trusted executive assistant to all eight Patriot men’s basketball coaches since.

She said she still receives calls and cards from the players.

“The players,” she said when asked what gave her the most satisfaction from the job. “I just feel like I’m a mom.”

Jay, who graduated from Mason in 1973 after completing his military service, played two seasons of basketball for former coach John Linn while finishing his degree work.

He followed Carolyn back to Mason in May 1976, when he began to serve as business manager while also overseeing the equipment room and facilities. His duties in the coming years also included working as a fundraiser for the Patriot Club.

Jay wore whatever hat was necessary to make sure events were successful and that Patriot student-athletes enjoyed the experience.

Mason hosted the first Colonial Athletic Association basketball tournament in 1986, and things ran so smoothly the conference asked Jay to run the tournament, regardless of future locations. He did so until Mason left the conference in 2013.

During Mason’s improbable run to the 2006 Final Four, Marsh was responsible for

organizing the team’s travel arrangements to Indianapolis. He said he fondly remembers the team bus pulling onto campus after Mason’s victory in Washington, D.C., over top-seeded UConn to reach the Final Four, and seeing as many as 8,000 raucous fans in the arena awaiting their return.

“To walk in there and see all those kids and all that excitement was unbelievable,” he said.

Jay said he also holds a special place in his heart for the women’s soccer Final Four Mason hosted in 1985. The Patriots stunned three-time reigning national champion North Carolina in the championship game, marking the only time over a 13-year stretch that the Tar Heels did not win the NCAA Championship.

Next up for the Marshes is spending catching up with friends and family. But they said their love for Mason remains strong, and they will continue to be regulars at many campus events, including at EagleBank Arena this coming basketball season in the seats Carolyn has had for years.

“We never thought it would last this long,” Jay said, “but there are a lot of great people at George Mason University.”

Leidos announces leadership changes

Leidos, a FORTUNE® 500 science and technology leader, today announced leadership changes as part of ongoing efforts to optimize internal processes and develop talent.

The following changes became effective July 5:



COURTESY PHOTO  
Paul Engola

Chief Human Resources Officer (CHRO) **Paul Engola** will serve as EVP, National Security Space, leading a strategic effort, in cooperation with all business groups, to help chart the way forward in this market. Previously, Engola served as deputy group president for Leidos’ former Defense and Intelligence Group, as well as in various roles within Lockheed Martin Space Systems. **George Reiter**, senior vice president for Leidos’ Human Resources Centers of Excellence, will act as CHRO while a thoughtful search for a replacement is conducted.



COURTESY PHOTO  
George Reiter



COURTESY PHOTO  
Jim Cantor

**Jim Cantor**, chief of Performance Excellence and Strategic Partnerships, has announced his intent to retire this year and, as part of

that transition, change to consulting employee status. Consequently, the company is creating a Corporate Operations role to drive operational performance and the implementation of strategic functional initiatives. This role will include the responsibilities of Performance Excellence and Strategic Partnerships, as well as Corporate Real Estate and Facilities, Security Operations, Marketing and Communications, and Corporate Strategy and Special Projects. **Vicki Schmanske**, current Intelligence Group president, will assume the role of EVP, Corporate Operations. Prior to her current role, Vicki held roles at Leidos including chief administrative officer, and deputy president and chief operations officer for Leidos’ Health Group. She also brings expertise from various leadership roles at Lockheed Martin.



COURTESY PHOTO  
Vicki Schmanske



COURTESY PHOTO  
Roy Stevens

**Roy Stevens**, current head of Business Development and Strategy, will succeed Schmanske as president of the Intelligence Group. Previous to his current role, Stevens spent 20 years with Lockheed Martin in a variety of executive level positions both in program execution and business development, for multiple lines of business. **Bill Bender**, senior vice president and strategic account executive, will act as chief of Business Development while a search for a replacement is conducted.



COURTESY PHOTO  
Bill Bender

“These leaders have demonstrated their commitment to the Leidos team and expertise in multiple fields,” said Roger Krone, Leidos chairman and CEO. “As we continue to grow as an enterprise, we must adjust to the changes we will see in our addressable markets. Our ability to remain flexible and agile in addressing customer needs is vital to our success.”



COURTESY PHOTO  
John McEvilly

McLean Rotary Club installs new president and officers

**John McEvilly** was installed as president of the

Rotary Club of McLean, for the Rotary Year 2021-2022, June 29, during a special meeting held at The Lewinsville Retirement Residence.

McEvilly previously served as club president in 1999-2000, and as president of the McLean Rotary Club Foundation in 2016. He retired in 2020 after a successful career in commercial real estate, most recently as a principal of Avison Young. He also served as an officer with the U.S. Marine Corps during the Vietnam War, completing one and one-half tours with the 1st Marine Aircraft Wing at Da Nang, Republic of Vietnam.

McLean Rotarian and Past President John Tharrington inducted McEvilly and the club’s new officers and directors. This was the first in-person meeting of the club since the beginning of the coronavirus pandemic. Members have been meeting virtually each week, an option also provided for the installation.

McEvilly thanked the outgoing Club Board of Directors for keeping the McLean Rotary Club together and functioning during the past year of difficulty. In his address to the club, he also stressed that the club needs to add younger members, increase its public image, resume its fundraising activities, expand its reach to at-risk children in nearby communities, and modernize by automating its record keeping and administrative functions.

At the installation, McEvilly also announced that he and his wife Brenda are “pleased to honor the memory of Teresa Caldwell, former principal of McLean High School, with a scholarship in her name.” It will be given to a graduating McLean High School senior who has been given a second chance academically to attend college. The scholarship will be awarded annually for the next five years through the McLean Rotary Club Foundation.

Club officers for the coming Rotary year include: **Glenn Yarborough** (vice president), **Carmen Wu** (president-nominee/secretary), **Courtney Nuzzo** (immediate past president), **Richard Golden** (treasurer), and **Paul Sawtell** (sergeant-at-arms). Club directors include: **Carol King** (administration), **Deborah Jackson** (membership), **Eva Sereghy**, **Lynn Heinrichs**, and **Richard Golden** (public image), **Andy Briscoe** (service projects), **Ray Petniunas** (liaison to McLean Rotary Club Foundation), **Bob Jansen** (youth services), **Michael Arietti** (grants), and **Lois Wilson** (international service).

Three-minute thesis competition recognizes 6 GMU graduates

The final round of George Mason University’s fifth annual Three-Minute Thesis (3MT) competition was held virtually on April 9. From this year’s 13 finalists, the judges chose three first-place winners—two doctoral students from the Department of Bioengineering in the Volgenau School of Engineering and a PhD student from the Department of Psychology in the College of Humanities and Social Sciences—and three second-place winners.

Mason bioengineering PhD



COURTESY PHOTO  
Sara Hadad

student **Sara Hadad** spoke on “Predicting Brain Aneurysm Growth,” explaining what an aneurysm is and describing the artificial intelligence (AI) computer model she is working on that could help predict which aneurysms are dangerous and need immediate treatment.

Hadad said she wanted to participate in the competition because, as a PhD student, she is often asked about her research.

“It can be quite challenging to explain my research,” said Hadad, who has bachelor’s and master’s degrees in mechanical engineering from the Isfahan University of Technology in her native Iran. “So I thought this competition would give me an opportunity to practice explaining my research in a short time to nonspecialists.”

Hadad came to Mason to work with Juan R. Cebal, who leads Mason’s Computational Hemodynamics Lab and is a leading expert in this field. She was also interested in the campus culture.

“As an international student, being in an international-friendly environment is important to me,” Hadad said. “And Mason is very good at making students from other countries feel comfortable.”



COURTESY PHOTO  
Shriniwas Patwardhan

While bioengineering doctoral student **Shriniwas Patwardhan** wasn’t worried about the public speaking aspect of the competition—he has a theater background, he did feel challenged to explain the work he does without using jargon when presenting “The Senses and My Hand: An Investigation for Multi-Sensory Feedback for Prosthetic Control.”

“I think that being able to communicate your work to a broad audience is almost as important as being able to do the work itself,” Patwardhan said of his reasons for entering the competition. “If I have truly understood the problem at hand, I should be able to explain it to an audience with any expertise level within any given timeframe.”

Patwardhan, who is working with Mason bioengineering professor Siddhartha Sikdar in Mason’s Biomedical Imaging Lab, came to Mason to specifically to work with prosthetics.

“Mason offered me a chance to follow my passion of working closely with prosthetics and more broadly with all types of interesting questions in rehabilitation science,” said Patwardhan, who has BE in electrical engineering from the University of Pune and an MS in electrical and computer engineering from the University of California, Santa Barbara. “I decided to join my current lab because it offered me the freedom and opportunities to follow my research interests wherever they may lead me.”

Clinical psychology PhD student **Paige Trojanowski**,



COURTESY PHOTO  
Paige Trojanowski

who spoke on “Preventing Eating Disorders in Teen Girls with Type 1 Diabetes,” explained how disordered eating can lead to medical complications for teens with Type 1 diabetes and described a prevention program she developed and tested.

Trojanowski is in the sixth year of Mason’s Clinical Psychology PhD program and is preparing to start her clinical internship at the University of Florida in the Pediatric Psychology Track.

“I will work mainly with children and adolescents with medical conditions—such as Type 1 diabetes, cancer, and cystic fibrosis—and their families,” said Trojanowski, who has a BS in neuroscience from Ohio State and MA in psychology from Mason. “I defended my dissertation right before leaving [Virginia] but will be spending significant time writing it up for publication over the next year.”

Trojanowski said she came to Mason to work with Department of Psychology professors Sarah Fischer and Robyn Mehlenbeck.

“Dr. Fischer was conducting research in eating disorders, and I was especially interested in her neuroimaging work,” Trojanowski said. “However, I realized once I started that I did not want to do neuroimaging work, and I fell in love with pediatric psychology and working with kids with medical conditions.”

The second-place winners were writing and rhetoric doctoral student Sarah Johnson, who spoke on “Mortuus et Vivus, Absent et Present: Identifying and Dismantling the Standard English Paradox”; environmental science and public policy doctoral student Chase LaDue, who spoke on “Using Integrative Science to Conserve Asian Elephants”; and education doctoral student Sara Montiel, who spoke on “Exploring the Assets of First-Generation College Students Who Are Children of Immigrants.”

First-place winners were awarded \$1,000; second-place winners received \$750.

Laurence Bray, associate provost for graduate education at Mason, said the competition has grown each year.

“This year was different as doctoral students had to face additional challenges due to the pandemic, which in most cases resulted in limited research capabilities,” said Bray, who coordinates the event. “It really showed our students’ perseverance and resilience.”

Judging the competition was a combination of scientific community members and Mason faculty and staff: Dulce Carrillo, coordinator of community engagement of Arlington Public Schools; Kimberly Holmes, associate dean for student affairs in Mason’s College of Health and Human Services; Robert Duncan of the U.S. Food and Drug Administration’s Center for Biologics Evaluation and Research; and Hironao Okahana, associate vice president of research and policy analysis of the Council of Graduate Schools.

Originating in 2008 at Australia’s University of Queensland, 3MT competitions now take place annually at more than 900 universities across 85 countries.

“Having such a strong group of presenters and listening to their work made [this competition] even more special,” Bray said. “I am very proud of all the students who took the time and found the motivation to compete this year.”



# Herndon teen reaches semi-finals in Scripps National Spelling Bee



COURTESY PHOTO

By **Sravan Gannavarapu**  
SPECIAL TO THE  
FAIRFAX COUNTY TIMES

Rising 9th grader Akshita Balaji has always found herself fascinated with spelling bees and competitions. Now, her latest achievement is another feather in her cap.

Balaji tied for 21st place in the Scripps National Spelling Bee semifinals, a higher finish than in 2019, when she finished 51st. The competition was canceled in 2020 as a result of the ongoing COVID-19 pandemic.

Born in the United States, Balaji's interest in spelling began at an early age. While living in India for two years, she participated in a spelling competition as a first grader and took first place. After returning to the United States in 2012, she decided to continue competing.

"I was so small, and we thought maybe just something happened. But in third grade, I kind of just wanted to try it out, see how it worked," said Balaji.

As a third-grader, Balaji won her class spelling bee at McNair Elementary School. The following year,

she won not only her class spelling bee but the school-wide competition.

After winning the Fairfax County Spelling Bee for the second time in three years, Balaji made her way to the national stage again, becoming the first student in Fairfax County in at least a decade to make it that far in the national competition. Additionally, Balaji was one of two Virginia students to grace the field.

Balaji's mother, Sumitra Sampath, says that it was while they were in India that they discovered that Akshita had a special gift.

"The instructor called me and said that this was the first time anybody in the spelling center had ever gotten a perfect score and won," said Sampath. "They said your daughter is gifted, so please pursue it further, and it all came from there."

Sampath says she's very proud of how far Akshita has come and believes her future is brighter than ever.

"She picked up the words herself, and she studied," Sampath said. "It was pretty hectic for us for the last few years, as this has been her life, but it's

very rewarding."

Hectic would be an understatement. Sampath says her daughter's study schedule consisted of at least eight hours a day of studying, close to 6,000 words, in addition to her schoolwork at Rachel Carson Middle School while also studying on weekends. That meant missing out on several events such as gatherings and birthday parties—a considerable compromise with a big prize.

This year, the competition was held virtually at the Gaylord National Resort & Convention Center in Washington D.C. Participants were given their own laptops while having proctors and being required to wear headsets.

Balaji says that though she didn't make the finals, she was happy with how far she has come.

"I learned that sometimes stuff happens, and they don't go exactly as you plan them," said Balaji. "So you just have to go in with a clear mind and not have any expectations."

Balaji will be attending Westfield High School in the fall.

## WOODSON

CONTINUED FROM PAGE A1

Food Council, and they gave us a master gardener to help us grow food to donate to Food for Others." The master gardener helped the students plan and execute a more successful garden by teaching them about the soil, plants and weeds.

The Environmental Club usually focuses on waste reduction in nature and gardening in their plot of eight raised beds on the Woodson campus, but began to focus more on outreach during the pandemic. And despite school being out for summer, the garden is still being taken care of. "The students planned the garden and are managing it over the summer. It helps them learn to be student leaders safely in a pandemic," said Kinne. "My Environmental Club officers are stewards of native plant growth and biodiversity, but this year wanted to reflect on the community as they saw more of a need."

Some of the club officers volunteer at a local food pan-

try and saw lots of prepackaged food on the shelves. And with food pantries seeing a higher demand during the pandemic, the students wanted to help those in need receive proper nutrition. "High yield vegetables were the focus. We decided to grow spinach, lettuce, tomatoes, cucumbers and chard. We are hoping to grow eggplants in the future," said Kinne. "We have been keeping track of the weight of our yield this season, and we recently reached the 15-pound mark of food donated. It shows the students can make a difference by gardening."

With the help of Food for Others, the Woodson Environmental Club plans to double the size of their garden this fall to expand their yield of vegetables. "These kids are really amazing. To see teenagers spending their free time gardening to help others in a tangible way and doing great work is special," said Kinne. "I want the students to feel safe and part of a community. Working for the greater good and having fun and being a part of the school and Fairfax

community is amazing to see."

Besides growing their garden and expanding their vegetable yield, the Woodson Environmental Club has other big goals for the future to help the community. "We want to increase our outreach. We want to work with local elementary schools and help kids after school with planting and gardening," said Kinne. "We also want to improve the number of native plants in the area."

With the support of their Principal Dr. Carlyn Floyd, the help of Food for Others and the Fairfax Food Council, the Woodson Environmental Club is hopeful for a bright and healthy future. "There is a clear link between being outside and positive mental health. It is a nice way for the students to get out and enjoy themselves while helping others," said Kinne.

The Woodson Environmental Club is just one local FCPS group that donates food they have grown to the community. Several other schools around the county also use their school gardens to grow food which is then donated to those in need.

## RANSOMWARE

CONTINUED FROM PAGE A1

explaining what cyber hygiene means. "One of the ways you can combat that is to ensure you have good backups that are current, so that if they do indeed encrypt your environment, then you can easily recover."

The Cybersecurity Maturity Model Certification is a certification used in the Defense Industrial Base that helps contractors practice safe cybersecurity, according to ControlCase. The certification's use began Nov. 30, 2020, according to ControlCase.

This certification allows for defense contractors to

successfully pursue new contracts in the future, Schultz said.

"I guess the unfortunate thing is that we continue to fall for the same issue over and over again by not having a good secure cyber hygiene by not having good backups that would allow us to not be affected by these ransomware attacks" Schultz said.

# Virginia State Police unveil new public database for traffic stops

By **Rick Horner**  
FAIRFAX COUNTY TIMES

The Fairfax County BoaA new publicly available database created by the Virginia State Police records data on traffic stops all over the Commonwealth.

The State Police's Data Analysis and Reporting Team (DART) debuted a new section to its Open Data Portal which will collect and display information about traffic stops made by law enforcement agencies all over the state of Virginia.

"VSP opted to publicly post this information on behalf of all agencies required to collect to meet the legislative mandates given in § 15.2-1609.10 and § 15.2-1722.1. This effort allows for the public to see the data in one location and it eases the burden on agencies who do not have a website or means to update on a routine basis," said Keon Turner, manager of the DART.

The sections of the Virginia State Code mentioned by Turner are those regarding the Prohibited Practices and Data Collection which was recently updated by the General Assembly through the Community Policing Act of 2020 which became effective this month. The act mandates that information of traffic stops be collected from participating law enforcement agencies and be displayed for public viewing.

Of the 366 agencies that operate within the Commonwealth only nine agencies won't participate due to these agencies not



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making traffic stops or those that make very few such stops. These would include small municipalities and localities that don't make traffic stops and leave that job to the VSP.

The data that is currently available on the site was collected between July 1, 2020 and June 30, 2021 and will contain information on all non-voluntary stops.

The site allows those interested to research stop statistics anywhere in the state. As an example, a quick perusal of the site shows that Fairfax County has the most citations and traffic stops in the state with a total of 17,483.

Other information that can be found on the site are demographic data recording the age, gender, race, and ethnicity of those that have been in a traffic stop.

According to the section of the website regarding reporting and analysis, all data on the site is subject to review and updated on a quarterly basis. This review will address missing data, correct reporting errors, and post new data submitted by participating law enforcement agencies.

The site also has a host of data on other subjects such as Coronavirus cases, active warrants, arrest reports, and other data of interest.

The Community Policing Act which mandated the creation of the site added requirements for data collection by law enforcement officers based on observation or information given by drivers who have been stopped. Before the additions, officers would have to report the race, ethnicity, age, and gender of the person stopped. The officers would also have to report the reason for the stop, its location, and whether a warning, written citation, or summons was issued or whether any person was arrested.

The report also has to disclose if a warning, written citation, or summons was issued or an arrest was made, the warning provided, violation charged, or crime charged. It must also disclose whether the vehicle or any person was searched.

The new updates made by the Community Policing Act must now disclose if the person who was stopped spoke English and whether the law-enforcement officer or State Police officer used physical force against any person and whether any person used physical force against any officers.

Those additions went into effect July 1.

## King Crossword

ANSWERS ON B3

### ACROSS

- 1 Pack cargo
- 5 Billboards
- 8 On — with
- 12 Vagrant
- 13 Old Oldsmobile
- 14 TV's "Warrior Princess"
- 15 Actress Falco
- 16 Rep.'s rival
- 17 Apple product
- 18 Criminal's "why"
- 20 Latin love
- 22 Whiskey variety
- 26 Dishonor
- 29 Succor
- 30 Blue
- 31 Runner's tempo
- 32 Greek H
- 33 "Three Sisters" sister
- 34 Last (Abbr.)
- 35 Nay undoer
- 36 Void
- 37 Outing for two couples
- 40 Bedouin
- 41 Boston athlete
- 45 Wrinkly fruit
- 47 Dhabí preceded-
- 49 "— la Douce"
- 50 Thaw
- 51 Allow
- 52 Pants part

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12					13				14			
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FAIRFAX COUNTY

BREAKING FREE

BY SRAVAN GANNAVARAPU  
SPECIAL TO THE FAIRFAX COUNTY TIMES

# Don't be hungry, be hangry, and happy



Chef Peter Tran cooking within the truck

COURTESY PHOTO

Food Trucks aren't necessarily the type of food station with fancy silverware and waiters ready to take your order, but they provide comfort food, often tasty morsels bound to please your palate. Hangry Panda is one of them. They specialize in quality Vietnamese food made with love and determination by head chef Peter Tran.

"Asian fusion is the best way to describe it," said owner Tuyet Pham. "We want to give something traditional with a spin on it to make it modern, essentially the freshest modern Asian fusion with the boldest flavor."

Their journey is quite remarkable, and it started, like most restaurants and food outlets do, with a passion. Tran started off working in a Hibachi restaurant and soon left when the opportunity came for him to start running his own business. He then bought a truck, and soon the journey began and is still going for 16 years.

At first, the truck began operating in Washington D.C., serving food to office buildings and other government buildings within the area. But then the pandemic happened, and soon came the struggles.

"We were struggling so bad, and we were so behind, so we tried to apply for the SBA loan and also the PPP program from the government, but they did not even bother, you know, looking at us because we're not big enough, and just way too small," said Pham.

The pandemic hasn't been kind to Tran and Pham as the lack of customers

overall, including the re-surfing times when restaurants are opening up, has hurt the business.

"The challenge is not so much the food, but rather people are going out to another restaurant," said Pham. "People would like to have a sit-down, and it's a challenge right now to keep up with that."

It's a heartbreaking story to hear, given how much time and effort has been placed into the truck. But it's sadly not uncommon. Since the start of the pandemic, 10.2 percent of U.S. restaurants have shuttered, and 22.5 percent of mobile food vendors have closed down, statistics from Datassential show.

While Hangry Panda is still running, it's not without its challenges. But Tran wasn't about to let his dream die. Tran then asked a friend to help partner up, and soon, they decided to continue with a truck. The move helped as they have since gotten several catering services. Also, there was once a time where their initial truck did not work, and they worked diligently, and eventually, they had their new truck and returned to business as usual.

It is easy to believe that food trucks are known for grease-running-down-your-arm burgers, hot dogs, pizzas, and various other items. However, Hangry Panda is different, and its food has several benefits. For one, it consists of fresh ingredients, and nothing is left over. Also, their menu varies based on the season. Additionally, they offer 24-hour customer service on-site.

Pham says their biggest

seller is the Big Daddy hot mess, consisting of Brisket, Crispy Fried Chicken, Garlicky Parmesan Tots with French Fries, Jalapeno slices, and Vidalia Onions, a tantalizing meal in and of itself.

Moreover, despite their struggles, their hard work and passion have not gone unnoticed. In May, they served more than 300 meals to nurses and staff on the front line at the Virginia Health Center in Arlington. Their efforts were also featured on Fox 5.

Nonetheless, the pandemic is nearing closer and closer to an end, and restaurants and bars are finally re-opening their doors. It's easy to see why people are so anxious to head back to their favorite pubs and return to a sense of normalcy. However, they are avoiding those who so anxiously depend on customers and their loyal devotion to survive and make a living in that process.

Pham hopes that people will bring themselves to come to try the authentic food that they possess. Also, given how the pandemic has changed their lives significantly, Pham believes there is light at the end of the tunnel.

"We want to continue our kindness even when we struggle," said Pham. "I want to tell people that even when you are at the lowest point, the lowest point of your life, you can make a difference. It doesn't matter."

To learn more about Hangry Panda and bring them to your neck of the woods, visit their website at <https://bit.ly/3jOmzbq>

# NCAA to allow athletes to benefit from their names and likenesses

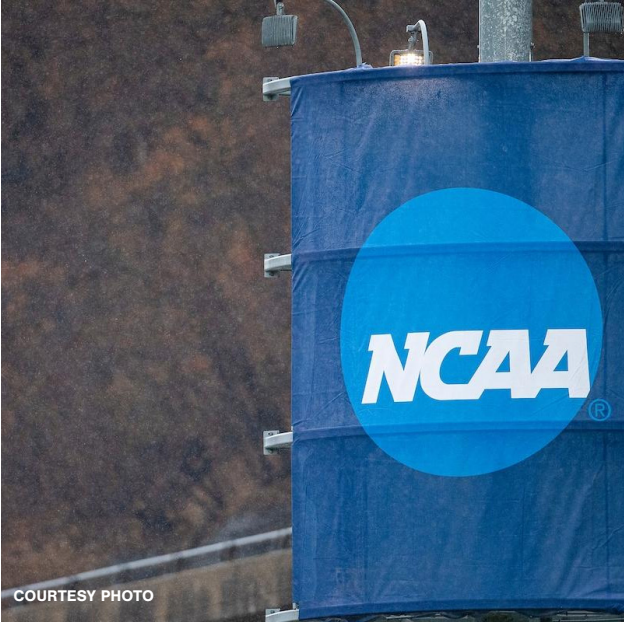
By Rick Horner  
FAIRFAX COUNTY TIMES

College athletes who play for the National Collegiate Athletic Association (NCAA), will now be allowed to benefit from their names, images, and likenesses.

The governing bodies of all three NCAA divisions, of which George Mason University athletics belongs to Division One, have adopted a uniform interim policy suspending their rules regarding benefiting from names, images and likenesses, or NIL, for incoming and current student athletes in all sports.

"This is an important day for college athletes since they all are now able to take advantage of name, image and likeness opportunities," stated NCAA President Mark Emmert in a press release. "With the variety of state laws adopted across the country, we will continue to work with Congress to develop a solution that will provide clarity on a national level. The current environment — both legal and legislative — prevents us from providing a more permanent solution and the level of detail student-athletes deserve."

The new interim policy states that college athletes, recruits, their families, and member schools participating in NIL activities must follow a set of rules that includes a responsibility by participating colleges and universities that such activities are consistent with state law. The policy also states that college athletes



who attend a school without NIL laws can participate in such activities without fear of violating NCAA rules.

Individuals who participate in NIL activities are also allowed to use professional service providers such as managers or agents for these activities. Athletes are also required to report their NIL activities to their schools to be consistent with state law or school and conference requirements that have been adopted for this purpose.

This decision made by the NCAA comes after a decision made by the United States Supreme Court made in June 2020 that the association was violating antitrust law by placing limits on the education-related benefits schools can provide to athletes. The NCAA had long held a tradition of amateurism which prevented college athletes from seeking additional compensation or pay-to-play from their activities or from third party endorsement similar to those enjoyed by athletes in the NBA or the NFL.

The Supreme Court, in a unanimous 9-0 decision, upheld a previous decision in the case of NCAA v. Alston which went against the NCAA on grounds of violation of the Sherman Anti-Trust Act in the Northern District Court of California in March 2019. The NCAA filed for an appeal in the Ninth Circuit court but the decision made against the association was upheld.

The NCAA's new policy is not considered one of pay-for-play and is intended to remain in place until federal legislation or new NCAA rules are adopted.

Representatives for George Mason University could be reached as of press time.

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# Fairfax County Police Department hosts interactive lesson just for parents

By Noelle Riddle  
FAIRFAX COUNTY TIMES

With trends always changing, parents may be out of the loop with what their teen is saying or is involved in, possibly missing warning signs of unsafe behavior. The Sully District of the Fairfax County Police Department created an event solely for parents or guardians to learn about possible dangerous behaviors their teens may be displaying.

Police Officer First Class Meg Hawkins is a community outreach officer in the FCPD and is the lead instructor for the program, called Hidden in Plain Sight. “Hidden in Plain Sight is a community awareness

program to educate parents on signs of risky behavior,” said Hawkins. “The program is a hands-on learning experience that allows parents to experience current trends which could be signs of risky behavior.”

The Sully District station is hosting the event, and any parent or guardian over the age of 18 is allowed to attend July 21 at 7 p.m. at 4900 Stonecroft Blvd. Law enforcement officers run the event and will explain and show possible “red flag” items to parents. “This presentation is going to open their eyes to signs of risky behaviors such as alcohol, drugs, tobacco use, vaping, over the counter medicines, mental health and more,” said Hawkins.

The program begins

with a setup of a teenager’s bedroom which includes close to 100 “red flags” indicating a teen may be involved in unsafe activities. “Parents will be able to physically touch ‘red flag’ items instead of just seeing them on television or the internet,” said Hawkins. “They will learn about trends in our county and are able to ask questions directly to police officers.”

After being able to physically touch and learn about “red flags” which may be in their children’s room, parents will listen to an educational portion that includes a PowerPoint presentation detailing the props that the room contained and how they are indicative of dangerous behavior. The presentation

will contain up-to-date statistics and local trends about unsafe activities teens are involved in. The law enforcement officers will also share their experiences in the community identifying risks and working with teens.

The presentation also includes how parents can talk to their children about risky behaviors. “We discuss having open conversations with children about risky behaviors if any ‘red flags’ are found,” said Hawkins. “It can be challenging but it will positively impact the rest of the teens life and help build a solid relationship with your teen.”

While Hawkins and her team members Master

Police Officer Reanna Jacobson and MPO Carolyn Beyer are looking forward to putting on the Hidden in Plain Sight event, they are also available to put on similar presentations around the county. “If anyone would like to set up a special presentation for their PTA, club or group, they can email me directly at Megan.Hawkins@fairfaxcounty.gov,” said Hawkins.

Registration is required for the Hidden in Plain Sight presentation July 21, and attendees must be over the age of 18. The event is meant for parents and guardians only.

To learn more and sign up for the Hidden in Plain Sight event July 21: <http://bit.ly/hips072121>



## OPINION

### All homebuyers should have access to remote online notarization following the pandemic

Dear Editor,

During the pandemic, homebuyers across the nation used new tools to adhere to social distancing protocols while the real estate industry continued to operate. While other states struggled with providing digital and remote home refinancing and closing options for buyers, Virginians have had access to remote online notarizations (RON) since 2012. Virginia’s use of this tool, which

allows documents to be completed securely without all parties together in one location, should be a national model, and Congress has the opportunity to make this remote process available to all Americans.

Earlier this year, Sen. Mark Warner (D-Va.) introduced the bipartisan Securing and Enabling Commerce Using Remote and Electronic (SECURE) Notarization Act that would allow remote online notarizations. If passed, this legislation would make the

digital home closing options that became common during the pandemic permanent available to homebuyers across the U.S. This is especially important now as remote online notarization (RON) increased 547% last year. The bill also establishes national standards that will protect homebuyers from fraud.

As a title professional I’ve seen firsthand how this technology has helped sick or disabled homebuyers as well as military

families complete home purchase safely and efficiently. Without RON, many deployed servicemembers would have to wait weeks or even months for all the necessary documents to be signed. I urge Congress and the Virginia delegation to support the SECURE Notarization Act to expand access to this important tool and help all American homebuyers.

Kyle Tyler  
Sterling, VA

### Development of third world countries benefits the United States

Dear Editor,

When a child is born in the United States, it has all the necessities available to develop and become a sound human. In most developing countries, this may not be the case, making millions of children victims of poverty. This includes hunger, child trafficking, terrorism and death of innocent people. Extreme poverty provides an environment where humans are forced to do acts that are morally wrong. Terrorism thrives in such places, and terrorist organization take advantage of innocent people trying to feed their families. Covid-19 has shown us how interconnected this planet is. It is evident that anything happening in one country has an effect on another.

One may ask how does helping other countries helps the United States. There are various reasons why this is true. When we support women’s rights across the globe,

they are able to get education. Education increases household income making possible for parents to send their children to school. The standard of living goes up, lifting families out of extreme poverty. Educated women are able to make informed decision about their sexual health, decreasing world population. When countries are developed, they have more money to buy imported goods. Minimizing poverty leads to a healthy society giving less chance for terrorist organizations to exploit innocent humans. In return the United States is strengthening its national security. Being an intern at The Borgen Project I have learned how much the United States is contributing to bring people out of extreme poverty, but there is more work.

Salman Funyas  
Burke, VA

### Amazon must do their part to save the bees

Dear Editor,

This weekend, Americans everywhere will celebrate the Fourth of July, many with outdoor barbecues and celebrations. Unfortunately, many of them will spray their lawns with toxic, bee-killing neonic pesticides to prepare.

Last year, bee-keepers lost a record-breaking 44% of their honey bee colonies – and a large part of that is due to neonic use. Even though bugs like mosquitos are

annoying, we should look for ways to get rid of them without decimating bee populations, and therefore contributing to the downfall of entire ecosystems. Stores like Home Depot and Lowe’s have banned neonics, but Amazon continues to sell them. As Amazon moves into northern Virginia, we, as Amazon customers and as the company’s new neighbors, must stand up for our pollinators.

Zach Szlezinger  
Washington D.C.

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SOMETHING  
TO SAY?

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## Make nut milk at home

**KEYS TO  
BETTER HEALTH**  
CINDY SANTA ANA



If you have a dairy allergy like me or you’re avoiding dairy for a health reason, we often go for alternative milks like almond, cashew or coconut milk. Store bought milks are often found with gums, fillers and emulsifiers to keep the milk from separating. Some brands even have carrageenan which is a gut irritant that may

cause bloating and irritable bowel syndrome. Homemade versions are fairly easy to make and require a high-speed blender or food processor. You can use raw almonds, cashews, macadamia nuts or even hazelnuts. I’ve even made a seed milk from raw pumpkin seeds before. The key is to soak them for a few hours up to overnight. Cashews and seeds require less soaking time as they are softer. Soaking the nuts makes them softer and easier to blend, but also easier to digest. Another tool that makes the job easier is a nut milk bag that can be found in local health food stores or online.

### HOMEMADE ALMOND MILK

Makes: 2 cups

**INGREDIENTS:**  
1 cup raw, unsalted almonds  
2 pitted Medjool dates  
3 cups purified, filtered water  
Pinch of sea salt

**HOW TO:**  
Pre-soak almonds and dates overnight at room temperature. Soak for at least 12 hours and up to 24.

Before blending, drain and rinse the nuts well. Add all ingredients to a high-speed blender and process on high until fully dissolved (typically 30-45 seconds).

Place a nut milk bag over a large glass bowl. Gently pour the almond milk from the blender into the bag, then squeeze the pulp and milk through the bag until you have extracted as much liquid as possible.

Pour finished almond milk into a glass jar and store in the refrigerator for up to 5 days.

Note: You can save the pulp to add to smoothies or to make almond flour, place the pulp on a cookie sheet, in the oven at 200 degrees F for an hour.



SANDI BENEDICTA / UNSPLASH

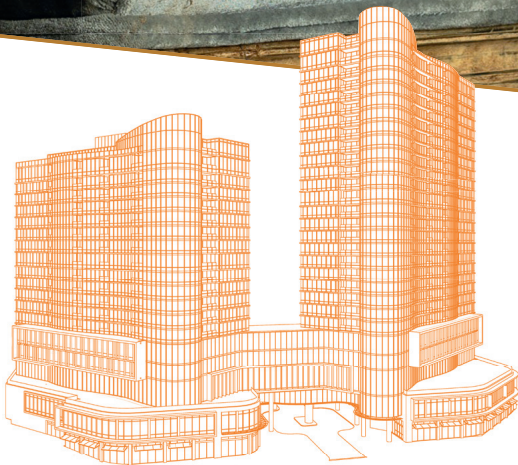


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# The unique dynamic of those in elite company

*Three class of 2022 all-region players explain how they're balancing future endeavors with finishing high school football strong*

**By Grant Johnson**

SPECIAL TO THE FAIRFAX COUNTY TIMES

In the shortened high school football season this past spring, 15 of the 22 Class 6, Region D first-team all-region players — made up of the Concorde and Liberty districts plus Wakefield — were seniors. The other seven are presented with an unprecedented predicament: not only are they returning to high school, but they're playing two high school seasons within a calendar year — the latter being played while having to balance the individual interest of playing football at the next level with leading high school teams that are counting on them more than ever.

The common denominator of at least three of them, however — helping their high school teams win is priority number one, while individual accolades and college football dreams are currently at the wayside.

“All that other stuff will come,” Centreville rising senior offensive guard Damari Somers said.

Somers, a 6'2" 270-pound offensive guard, describes his play style as aggressive, and that even if he makes a mistake, it's going to be at 100 percent. During practice, however, Somers has a lighter side — he said he calls himself the “practice hero” because sometimes even if he knows the play the offense is running, he'll mess it up to be funny.

The full-throttle minded lineman said he almost didn't play football this year because of his parent's apprehension about the pandemic. It took convincing from his coaches and fellow teammates to get him onto the gridiron, but because of it, he said he has a newfound vision for his senior year.

Somers said that vision involves being more of a team-first player, taking to heart the importance of “brotherhood” and making sure to play for the team and not just himself, which he said Centreville varsity Head Coach Jon Shields is emphasizing going into the fall.

It's coaches like Shields that Somers said are “unbelievable” at Centreville. Somers has been playing football since second grade — many of those years with Centreville's current freshman football Head Coach Cliff Epperson when he was coaching youth football for SYA (Southwestern Youth Association). These ties at Centreville has strengthened player-coach bonds, exemplified by the 12 class of 2021 Wildcat seniors that are going to be playing Division II, III or Junior College (JUCO) football this fall despite the recruiting hurdles COVID-19 caused.

“Coach Shields [and I are]



JACKIE DESIMONE

**Madison running back Alex Jreige breaks to the edge in a 10-3 win over Chantilly on March 26.**

tight,” Somers said. “I talk to him on and off the field — he just has a tunnel vision of winning, and I like that.”

Two fellow class of 2022 first-team all-region players that are likewise tight, but instead sport black and red for rival Madison High School are running back Alex Jreige and linebacker Ryan Salvosa. The two also started on varsity together as sophomores — Salvosa making the all-region team as a defensive lineman that season — and have a “common respect” for each other, Salvosa said.

“Iron sharpens iron,” Salvosa said. “I feel like me and him just make each other better every day in practice.”

Jreige described Salvosa as the “vocal leader” of the Warhawk defense despite being an underclassman this spring. Salvosa, however, said during his sophomore year he “didn't say a word” — his leadership was birthed this spring when he noticed that a few games into the season, heads were turning to him for direction on defense.

“When it comes down to it,” Salvosa said, “someone's got to step up.”

Salvosa said his on-the-field, vocal demeanor is polar opposite from his off-the-field persona. He said that's because he's not going to take the opponent on the field home to visit his family and friends.

“Our coach [Justin Counts] always says, ‘You've got to have an alter-ego,’” Savlosa said. “A lot of stuff I say [on the field], I would never say to my family because I love them a lot — so, there's that.”

Madison finished the abbreviated spring regular season 6-0 and fell in the Class 6 State Semifinal game to South County, 29-22. It was a season of firsts for the Warhawks — since joining in 2017, the team won the Concorde District for the first time, and also made it to the state semis for the first time since 2003.

Salvosa said that having the longer offseason actually helped Madison because many players were 10 pounds heavier and a step faster than they would've been six months prior in fall 2020. He said this helped him learn how important preparation is for success.

Jreige said he had a good feeling about how well the team meshed with each other going into the spring. This is part of the reason, he said, that he didn't take anything lightly this year, even during the shortened season — he said he wasn't going to let the pandemic and subsequent short offseason stop him from going “balls to the wall” during his junior year.

“It was kind of the year I looked at since my freshman year because the grade above me and my grade complemented each other perfectly,” Jreige said. “My grade has a bunch of skill guys — running backs, receivers, quarterbacks, DB's — and then the grade above us had a huge, great, strong O-line and a good D-line.”

While some could say Madison had a “lucky year” last spring and will fall back to earth this fall after losing seniors on both fronts, Salvosa said, the team is “coming back hungry” and wants “revenge” after what the Stallions did on the late-Saturday afternoon April 24, he said. Emphasis on what happened after the final whistle.

“We ended [our season] on a sour taste,” Salvosa said. “South County put their flag on our logo.”

Before the adversary's celebration, the cliché “game of inches” was illuminated — Salvosa said a 14-point swing cost them the game, and said Madison's lack of being able to “finish” on both offense and defense was a culprit for the swing.

Toward the end of the first half, Madison had South County backed up on their own 5-yard line, and a third-down pass was broken up. Instead of having to punt, a Warhawk roughing the passer penalty extended the drive,

which was the spark needed for a Stallion touchdown later that drive. In the second half, an interception thrown by South County set up Madison deep in plus territory, but South County made a fourth-and-one stop and scored another touchdown on their subsequent drive.

Going into next season, Salvosa said the Madison defense is working on getting more conditioned to face up-tempo offenses like South County. On the other side of the ball for Madison, however, it was No. 1 in black, Jreige, who was putting on a show.

“If you watch that South County game, you can see by just how hard [Jreige] ran the ball,” Salvosa said. “I'm getting goosebumps just talking about it ... [when] you see your running back working that hard, it makes you want to play better.”

Jreige said he estimates he ran for 60- to 80-yards in the fourth quarter against South County alone, and describes himself as more of a power back that gets better as the game goes on. If he were to compare his running style to an NFL running back, he said former Pittsburgh Steelers and recently Kansas City Chief running back Le'Veon Bell is accurate because of the patience they both run with. However, Madison's defensive coordinator Ray Gordon calls him “Alvin,” Jreige said, referring to all-pro New Orleans Saints running back Alvin Kamara.

Contrary to Salvosa, Jreige said he's more of an introvert and keeps to himself before and during games in order to “stay in the zone.” After the offense finishes watching film on the sideline, he said he separates from the rest of the team to keep his mind right and to avoid distractions.

Jreige said while he's not the fastest running back — he said he runs between a 4.7- and 4.8-second 40-yard dash — he makes up for it with his ability to find holes and catch the ball out of the backfield. He said his experience playing outfielder in baseball and

slot receiver in youth football has helped his hand-eye coordination and overall receiving ability.

But — Madison predicates its offense on power-I formations and inside and outside zone running concepts, Jreige said, and rarely throws the ball. Both pass offense and defense are areas where Jreige said he sees room for improvement with the Warhawks going into the fall.

“When we pass, usually I'm just pass blocking or running a swing route which the quarterback rarely even looks at me,” Jreige said. “I feel like teams can stack the box and just sit in like a 46-bear [defensive] look and sell out on the run, and if the pass goes, then [the defense] can play man coverage on our two receivers and just hope [the quarterback] doesn't throw a perfect pass.”

Putting the offensive load on Jreige's shoulders week in and week out almost cost him his season before it got off the ground during his junior year. In Madison's opening game against Falls Church, Jreige suffered a “pretty bad” ankle injury that sidelined him the following week against Oakton. While he returned two weeks later against Westfield, and played in every game after that, Jreige said the injury lingered and took him out of baseball mid-season after he said his doctor told him that he needed to start physical therapy if he wanted to be ready for football in August.

The perils of playing football seasons in such close proximity of each other — compounded with wanting to put out good film to play at the next level — was a problem that kept Jreige from having an on-field football workout after his junior season until July 3. The college football hopeful now has less than a month to prepare for his senior campaign.

A healthy Jreige will be critical for Madison to repeat last season's success and to go toe-to-toe against some of the region's other top returning competition. The other Class 6, Region D

first-team running back from the spring, Westfield's Mikel Legal, is also returning for his senior campaign. Salvosa described Legal as an “absolute unit,” and the only running back he played that the 225-pound linebacker — who likes to normally likes keep action in a “phone booth” — said, “might have a shot to run through me.” The two best running backs in the region might be in the same district this fall.

Another all-region player that's returning for his senior campaign is Chantilly defensive end Aiden Gobiara — a four-star Notre Dame commit and the region's player of the year. Somers said Gobiara was a handful to game-plan against when Centreville squared off against Chantilly and its 6'6" 235-pound Fighting Irish-bound standout March 5 in a 14-7 loss.

“[Gobiara's] very strong and has a long reach,” Somers said. “The best thing we could do was get him before he touched us,” Somers said.

Gobiara still touched plenty of Wildcats in the backfield — he had two sacks and two tackles for loss despite many plays being ran away from his side of the field.

Other than Gobiara, none of the returning Class 6, Region D first teamers have any offers. Sommers said he's received interest from Averett — a Division III school in Danville, Va. — and Virginia Union, a Historically Black College and University (HBCU) in Richmond. Jreige said he's received some roster spots from Division III schools, but he's still waiting on interest from Division I programs despite being first-team all-region. Salvosa said while he hasn't received any offers yet, he's hopeful for some to come in this fall because he “would love to keep playing until I can't anymore.”

That's why Jreige, Salvosa and Somers are prioritizing their senior seasons more than individual aspirations — they can only control how they play, and the rest is up to the talent evaluators, no matter what accolades they receive in their final year of high school.

Other than a championship, Somers said his goal is to help Centreville's younger players understand football and that they have “that mentality” to continue winning after he graduates. Salvosa said whether the personal accolades come or not, all he cares about is leading Madison to the state championship game and getting a ring. Jreige echoed a similar sentiment as his teammate.

“I just want to have a fun senior year [and] try to compete for a district, conference and state title,” Jreige said. “Wherever that takes me, I'll figure it out from there. I'm kind of just focused in on the season, then we'll see what comes after.”





# Music to the Max

*Bruce Springsteen and the E. Street Band's Max Weinberg brings his jukebox to Wolf Trap*

By Keith Loria • SPECIAL TO THE FAIRFAX COUNTY TIMES

As a member of Bruce Springsteen's E. Street Band, drummer Max Weinberg has a long history of playing song requests—as the Boss always devotes time in his set to look at into the audience for signs that fans have written songs on.

That's something the band has been doing for more than 50 years, when they first started playing together on the Jersey Shore.

"It could be hits, covers or just deep cuts that you haven't played in years," Weinberg said. "That's why you need to have sort of an encyclopedic knowledge of songs because you never know what could be asked for."

Weinberg has taken this concept even further, and for years has been touring with what he calls, Max Weinberg's Jukebox, a concert of classic rock 'n' roll hits, chosen by completely by the audience. This could include anything from the Beatles to Steppenwolf to the Boss

himself.

"The way I came up as a drummer, and not a songwriter, was to play everything as well as I could play it," Weinberg said. "We have 200 or so songs that are on our videos scroll, but if somebody calls out a song, and someone in the band knows it, we'll give it a shot. That's the beauty of the Jukebox. We don't know what we're going to play."

Weinberg's Jukebox returns to Wolf Trap July 10 and 11, the first time at the Filene Center, having played its previous times at the Barns.

"When we play these classics—what I consider the classic literature on vocabulary of rock—what I like to do is try to play as close to the record as possible, and it's a challenge," Weinberg said. "I've been fortunate to amass a group of musicians who embrace that challenge."

Just as a real-life jukebox, one never knows what might come out next, and



COURTESY PHOTO

that's something everyone in the band enjoys.

"I've been asked to play 'Wipeout,' and The Venture's song, 'Walk Don't Run,' and these are the songs I've grown up with," he said. "I kind of wear a bit of a badge of honor because bar band musicians are required to do almost anything at the drop of a hat. That's how I came up playing and if you don't know something, you've got to be able to fake it pretty well. And that's an art in itself."

From 2017 to 2020, he

performed more than 220 shows, but having been sidelined from performing because of the pandemic, Weinberg wasn't quite sure what to do with himself.

"I have been working pretty steadily since I was 7-years-old, so this is the first time in my performing life that I felt retired, because I hardly played for a year," he said. "Playing-wise, what I did was I reverted to 60 years earlier and I just played with the records and imagined myself as Ringo or Charlie Watts. Drummers

have to drum."

He also did a lot of reading, served on the planning and zoning board of his city, and did some work for his real estate interests. And he also devoted time to his fitness, working with a trainer four times a week and feels he's physically in the best shape he's been in in more than 40 years.

But now that people are being vaccinated and venues are opening up, he's excited to be going back on the road and playing in front of crowds, playing the songs

fans want to hear.

"I've played two so far, and I can tell you people are really dying to get out and listen to live music and it's a joy to be able to provide that," Weinberg said. "I've been so busy doing other things and I embraced it. But I have played so much in my life, whether it was with Bruce and the E Street Band or leading my band on TV, I just love to perform. There's nothing like playing live. It's just a welcome pleasure."

For more information, visit [www.wolftrap.org](http://www.wolftrap.org).

COURTESY PHOTO



# Remembering Rockpile

*Pile O' Rocks plays tribute to the Brit band with a gig at State Theatre*

By Keith Loria  
SPECIAL TO THE FAIRFAX COUNTY TIMES

Rock historians and music lovers are well versed in the band Rockpile, a British group from the '70s and '80s noted for their strong pub rock, rockabilly and being an early influence on new wave. Comprised of Dave Edmunds, Nick Lowe, Billy Bremner and Terry Williams, the band was beloved in its time.

But as the years went on, memories of Rockpile and their accomplishments seemed to fade, with many music journalists still finding it baffling that the band isn't in the Rock and Roll Hall of Fame.

Bruce Moyer, a long-time Washington, D.C. musician, has always been a big fan and wanted to do something to preserve Rockpile's legacy.

"I was in another band and we were doing some of their material because I introduced it in dribs and drabs, and I always wondered if I should start a tribute band," Moyer

er said. "But there's only so long you can wonder about something, so I just went out to see if I could do it."

Getting the group together was as simple as Moyer posting to Facebook that he wanted to do a tribute band and asked who was in. Being connected to so many musicians, it didn't take long for the band to be complete.

Along with Louie Newmyer, Dave Egelhofer and Ronnie Smith, the foursome started Pile O' Rocks in 2016.

"In our estimation, Rockpile really was the best of the lot in town," Moyer said. "There was an outcry of resistance against progressive rock and arena rock, and Britain started doing what got to be known as pop rock which was just simpler. We've worked really hard to replicate the songs and get things right."

Today, Pile O' Rocks is devoted to playing the entirety of "Seconds of Pleasure," Rockpile's only release, plus music from the careers of Lowe and Edmunds.

"I didn't know what to expect

when we started five years ago, wasn't sure it would fly," Moyer said. "Our first gig was in Falls Church and there was a line out the door. People were out there singing along and they knew all the lyrics, so it was very rewarding."

Not surprisingly, there are people who tell him they've never heard of the band before, and don't understand why because the music is so great.

"This is honest, unadorned rock and roll," Moyer said. "There's an article written years ago about how this was the band that tried to change rock and roll. It does a really great job of explaining what they were trying to do and how they were going against the current of progressive complicated music. They were legends."

The D.C.-based band will be playing at the State Theatre in Falls Church July 10.

"It's still new for people to get out—especially indoors, but this is great music for a fun night out," Moyer said. "We are not a jam band. You're going to hear songs that have a beginning, middle and an

end, and they're good to dance to."

In addition to its Rockpile tribute, Pile O' Rocks will also throw in some extra pop rock songs the band feels fits in with the style of the band.

This will be the second time this summer that Pile O' Rocks has played the State, but the first time indoors.

"This is such a great venue and I am so excited to be playing on stage and we expect a good crowd to come out," Moyer said. "I couldn't ask for a better venue to give us a boost."

After a year where the band didn't get together too often due to the pandemic, practicing occasionally outside, things are starting to get busy, and Moyer couldn't be happier.

"We did three gigs last month, all of them outdoors, but we're all vaccinated and things are starting to get back to normal," he said. "February of 2020 was the last time we played a show indoors, so that makes this appearance even that much more special for us all."



**"Monsters at Work"** -- Ever wondered what becomes of graduates of Monsters University? Like many of us, recent grad Tylor Tuskmon finds out the work world isn't always what we anticipate. Starting his new job as a mechanic on the Monsters, Inc. facilities team, he finds that instead of scares, it's laughter they're after. This animated series sees the return of familiar "Monsters, Inc." characters Sulley and Mike, along with a host of new ones, including Val (voiced by Mindy Kaling) and Fritz (Henry Winkler). Four weekly episodes begin airing July 7. (Disney+)

**"Midnight in the Garden of Good and Evil" (R)** -- If you missed this 1997 mystery thriller, pour yourself a bourbon neat and get comfortable. Highfalutin parties, eccentric Southern locals and romantic betrayal are supporting cast members to a high-society murder that centers the plot. Based on the best-selling novel by John Berendt, "Midnight" is directed by Clint Eastwood and stars Kevin Spacey, John Cusack and Jude Law. It's based on real events that occurred in 1981 in Savannah, Georgia, and was filmed on location there. If you love moonlight, magnolias and Old South finery -- as well as a whodunnit and why -- this movie is a dream. (HBO-Max)

**"Luxe Listings Sydney, Season 1"** -- I can't get enough of programs that remind me just how house poor I am. Even better is when they take place in locales I've never visited. If you, too, are curious what the power-posing, suit wearing, over-made-up men and women of real estate "down under" are doing, this is the series for you. This Amazon Original series features beautiful and pretentious people selling beautiful and pretentious

See **COUCH THEATER**, Page **B5**



celebrity  
extra

by Dana Jackson

**Q: What happened to Lucas Black on “NCIS: New Orleans”? I miss him and Shalita Grant. The show isn’t as good now. — K.R.H.**

**A:** Lucas Black had a very successful run on “NCIS: New Orleans” as Special Agent Christopher Lasalle, but chose to leave the show after a few seasons in order to spend more time with his family. Recently, on the podcast “Legacy Starts Today,” Black said that he worked up to 70

hours in a five-day week on “NCIS: NOLA” and worried about the toll it was taking on his family. He explained, “You can’t keep going at that pace and, I think, have a healthy marriage. It’s not sustainable; it’s inevitable that something bad is gonna happen if you stay working at that pace.”

Black didn’t quit acting though, instead focusing on short-term film roles in the “Fast and the Furious” franchise, including “F9,” which is now in theaters. He



CLIFF LIPSON/CBS  
Lucas Black in “NCIS: New Orleans”

also has a YouTube channel called “Real Life Lucas Black,” which focuses on his love of hunting and fishing. Unfortunately, “NCIS: NOLA” has been canceled. “NCIS” will relocate to Hawaii for its next series with a new female lead played by Vanessa Lachey. Showrunners have hinted that “NOLA” star Scott Bakula

could drop in for a visit.

As for Shalita Grant, who played Special Agent Sonja Percy, she chose to leave after three years. Coming from a theater background, she wanted to be able to express herself more and followed up with a couple more regular roles in the Netflix series “Santa Clarita Diet” and “You.” She also

started a haircare line for fragile hair called Four Naturals. Now that Broadway is opening back up, perhaps she’ll return to her first love: the stage.

**Q: Will there be another season of “The Crown” on Netflix and, if so, when can we expect it? – F.A.**

**A:** Yes, there will definitely be a fifth season of the critically acclaimed series about the royal family. Season four focused on Charles and Diana, as well as Prime Minister Margaret Thatcher. Dominic West (“The Affair”) and Elizabeth Debicki (“Tenet”) will take over the roles of Charles and Diana, with Olivia Williams reportedly cast as Camilla Parker Bowles and Imelda Staunton as Queen Elizabeth.

No official premiere date has been announced, but several publications speculate that “The Crown” will likely return in late 2021 or

early 2022.

**Q: I heard that several cast members are leaving “Saturday Night Live.” Cecily Strong is my favorite. Is she coming back? – Y.J.**

**A:** According to TVLine.com, “‘SNL’ typically does not hammer out new contracts (or not) until late summer,” but many believe that Strong’s rendition of the classic song “My Way” on the season finale was her way of stating her independence -- away from “SNL.” She’s currently starring in the limited series “Schmigadoon!” on Apple TV+, a parody of 1940s musicals, opposite Keegan-Michael Key.

Send me your questions at [NewCelebrityExtra@gmail.com](mailto:NewCelebrityExtra@gmail.com), or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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## Community Information

**Farmers’ Markets** Visit a variety of vendors to purchase produce, pastries, bread, meat and more. 8 a.m. to noon. Fridays through Nov. 12. Lewinsville Park, 1659 Chain Bridge Rd., McLean. For more information visit <https://bit.ly/3fK9H2t>. 3 to 7 p.m. Fridays through Oct. 29. 5844-5862 Kingstowne Center, Alexandria. For more information visit <https://bit.ly/34IWuHG>.

**Twilight by Kayak** Watch the sun set as the wildlife settles in for the night and return to the dock by the light of the moon. Single kayaks and equipment provided. 6:30 p.m. July 9. Cost is \$42. Lake Fairfax, 1400 Lake Fairfax Dr., Reston. For more

information visit <https://bit.ly/3qKoteM>.

**Community Market** includes themed activities including vendors, artist demos, food, entertainment, and more. 10 a.m. to 2 p.m. July 10. Free. Workhouse Arts Center, 9518 Workhouse Way, Lorton. For more information visit <https://bit.ly/3hTCNiO>.

**Eco Gardening Ideas** Take an evening stroll through the gardens with a curatorial horticulturist to see sustainable garden ideas. 5:30 p.m. July 10. Cost is \$18. Green Spring Gardens, 4603 Green Spring Rd., Alexandria. For more information visit <https://bit.ly/3yrdJEA>.

**Ladybugs: Fierce or**

**Friendly** Meet, greet and release ladybugs, learn of the lore and more. 2:30 p.m. July 11. Cost is \$7 per person. Children must be accompanied by a registered adult. Hidden Oaks Nature Center, 7701 Royce St., Annandale. For more information visit <https://bit.ly/3xkAhH6>.

**Fishing for Parent and Child** Learn how to fish together in this introductory course. Rod and bait will be provided. 4 p.m. July 11. Cost is \$20 per person. Participants 16 and older must have a fishing license. Lake Accotink, 7500 Accotink Park Rd., Springfield. For more information visit <https://bit.ly/3qEcdfS>.

**Summer Garden Tour**

See the vibrant demonstration gardens with a master gardener docent. After the tour, pick up your optional afternoon tea box to enjoy at home. 1 p.m. July 15. Tour only \$12; Optional tea box \$24. Green Spring Gardens, 4603 Green Spring Rd., Alexandria. For more information visit <https://bit.ly/3AyGFwf>.

**ONGOING**

**Active Aging Wellness** Classes focus on balance, coordination, stretching and improved mobility. Class meets on Zoom one hour once weekly for eight weeks. Wednesdays 10:45 a.m. through August 25. Cost is \$50. For more information and to register contact Casey

Tarr at 703-821-6838.

**Forgotten Road Tours** these outside walking tours of the original outbuildings and representative slave quarters focus on the lives and stories of the enslaved who were at Sully more than 200 years ago. 10 a.m. and 2 p.m. Friday, Saturday, Sunday, and Thursday through Oct. 31. Cost is \$20 to \$40. Sully Historic Site, 3650 Historic Sully Way, Chantilly. For more information visit <https://bit.ly/34WkvFN>.

**Virtual Mental Help Events and Support** Recovery Program Solutions of Virginia holds a variety of free online events and support groups each week. Meet new friends, stay healthy and fit,

participate in art therapy and more. For more information visit <https://bit.ly/3vokjut>.

**Senior Womens Softball** Join a league with games on Saturday and Wednesday mornings in Vienna. Ages 40+. For more information visit [goldengirls.org](http://goldengirls.org).

**Help Needy Children** through volunteer work with Assistance League. Learn more at <https://bit.ly/305C3ge>.

**Volunteer Fairfax** has volunteer opportunities and donation needs. Please visit <https://bit.ly/3b169oZ> for more information.

**Meals on Wheels** needs drivers, coordinators, and co-coordinators. Apply at <http://bit.ly/2DGfhmc>.

# WOLF TRAP

50

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GEORGE THOROGOOD & THE DESTROYERS  
AUG 12

**TROMBONE SHORTY & ORLEANS AVENUE**  
MICHAEL FRANTI & SPEARHEAD  
REBIRTH BRASS BRAND  
AUG 24

**JASON ISBELL AND THE 400 UNIT**  
WAXAHATCHEE  
SEP 14

**BROADWAY’S NORM LEWIS NATIONAL SYMPHONY ORCHESTRA**  
JUL 30 + 31

**ABBA THE CONCERT**  
AUG 15

**ZAKIR HUSSAIN RED BARAAT**  
FALU’S BOLLYWOOD ORCHESTRA  
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## Art News

**Fab Fridays** Enjoy the Terry Lee Ryan playing classic hits. 7 to 9 p.m. July 9. Free. Parking is free in the ParkX parking garage with validation. Reston Station, 1901 Reston Metro Plaza, Reston. For more information visit <https://bit.ly/36b6PaC>.

**Beethoven and Bologna** Jonathon Heyward makes his Wolf Trap debut conducting the NSO in Symphony No. 7. 8 p.m. July 9. Cost is \$32. Wolf Trap, 1551 Trap Rd., Vienna. For more information visit <https://bit.ly/3w2H5Yz>.

**Salon Series** Join Wolf Trap Opera for Intimate Evenings of Song streamed online. Each program is curated by the artists, providing a unique glimpse into how they interpret art songs and the world around them. 7 to 9 p.m. July 9 and 15. Free. For more information visit <https://bit.ly/3gioxO4>.

**Mindful Drawing** Learn to use drawing and meditation to improve attention, observation and connection to nature. Focus on breathing, mindful awareness and basic drawing skills in a peaceful outdoor setting. 10 a.m. July 10. Cost is \$15. Huntley Meadows, 3701 Lockheed Blvd., Alexandria. For more information visit <https://bit.ly/3qLP9fd>.

**Centro Cultural Peru** Celebrate Peru’s cultural heritage with dance and music. 7:30 p.m. July 10. Free. Ossian Hall Park, 7900 Heritage Dr., Annandale. For more information visit <https://bit.ly/2TwKJwC>.

**Family Fun Entertainment Series** DPT music plays jazz, Cajun, zydeco, street parade, blues and more for kids of all ages. 10 a.m. July 10. Free. Reston Town Square Park, 12034 Town Square St., Reston. For more information visit <https://bit.ly/3hidfuG>.

**Digital Photography** topics include your camera’s controls, resolution, flash, composition, close ups and more. Course includes weekly assignments with reviews. 6 p.m. July 14. Cost is \$66. Burke Lake Park, 7315 Ox Rd., Fairfax. For more information visit <https://bit.ly/2VbopJl>.

**Take a Break** Concert Series features traditional, original and modern bluegrass with Shannon Bielski & Moonlight Drive. 7 p.m. July 15. Free. Lake Anne Plaza, 1609-A Washington Plaza, Reston. For more information visit <https://bit.ly/3qUO84r>.

**Digital Photography II** Prerequisite is Digital Photography I or equivalent. The program is five sessions, Saturdays July 10 to August 7. 8 to 9:55 a.m. Cost is \$110 per person. Burke Lake Park, 7315 Ox Rd., Fairfax Station. For more information visit <https://bit.ly/3AxaHRe>.

**Equality for All** is a mural commissioned by the Women’s Suffrage Centennial Commission to celebrate the 100th Anniversary of the 19th Amendment. It is on permanent display at the Workhouse Arts Center, 9518 Workhouse Way, Lorton. For more information

visit <https://bit.ly/3xGZwTw>.

**Country and Western Line Dancing** Singles and couples are welcome. 6 p.m. Weekly through August 4. Cost is \$93 for the series. Frying Pan Farm Park, 2709 West Ox Rd., Herndon. For more information visit <https://bit.ly/2SkMJXU>.

**We, Too, Sing America** is a solo exhibition by artist Omolara Williams McCallister and will include visual, sound, and interactive elements including durational performance. The exhibit ends July 18. Torpedo Factory Art Center, 105 N. Union St., Alexandria. For more information visit <https://bit.ly/34nLGsB>.

**Highest Honor** Returns to the atrium this season and will be on display through Nov. 14. Inspired by the building’s industrial founding, artist Andy Yoder designed the 25-foot triangular banner as an oversized version of the Army-Navy “E Award,” which was presented to workers during WWII for excellence in production of war equipment. Torpedo Factory Art Center, 105 N. Union St., Alexandria. For more information visit <https://bit.ly/34gh8sP>.

**Duck Harbor** is a 12-episode romantic comedy about rediscovering joy and figuring out where you’re supposed to be in the world. Every Tuesday through August 17 at 8 p.m. Free. Or get Duck Harbor All Access for \$15. 1st Stage Tysons. For more information visit <https://bit.ly/3vkHjKQ>.

### ZED by Duane M. Abel

www.corkeycomics.com



# Keeping pets safe in the garden

Courtesy of Family Features

If you have pets that enjoy spending time outdoors, it’s important to make sure your yard is a safe place for them to be.

Consider these hazards that can negatively impact the well-being of your furry friends.

**Poisonous Plants** - Some common plants can be dangerous for animals, causing anything from mild oral irritations and upset stomachs to cardiovascular damage and even death. For example, these are some of the toxic plants the American Society for the Prevention of Cruelty to Animals (ASPCA) has identified as harmful for either cats or dogs:

- **Aloe** - can cause vomiting, diarrhea, tremors, anorexia and depression
- **Azalea** - can cause vomiting, diarrhea, hypersalivation, weakness, coma, cardiovascular collapse and death
- **Burning bush** - can cause vomiting, diarrhea, abdominal pain and weakness, as well as heart rhythm abnormalities with large doses
- **Caladium** - can cause burning and irritation of the mouth, tongue and lips, excessive drooling, vomiting and difficulty swallowing
- **Daylilies** - can cause kidney failure in cats
- **Hibiscus** - can cause vomiting, diarrhea, nausea and anorexia

**Mulch and Compost** - The decomposing elements that make compost good can be bad for pets, according to the National Garden Society. Keep compost in a secure container or fenced off area so pets can’t get to it. Cocoa mulch can be a particular problem for dogs. A byproduct of chocolate production, cocoa mulch can cause digestive problems and even seizures in dogs. Shredded pine or cedar mulch is a safer choice.

**Fertilizer and Insecticides** - The chemicals used to get rid of pests or make your lawn lush can be toxic to pets. Some of the most dangerous pesticides include snail bait with metaldehyde, fly bait with methomyl, systemic insecticides with disyston or disulfoton, mole or gopher bait with zinc phosphide and most forms of rat poison, according to the ASPCA. Follow all instructions carefully, and store pesticides and fertilizers in a secure area out of the reach of animals.

**Fleas and Ticks** - In addition to using appropriate flea and tick prevention methods such as collars and sprays, make sure your yard isn’t a welcoming environment for these pests. Keep the lawn trimmed and remove brush and detritus, where fleas and ticks often lurk. Fleas can cause hair loss, scabs, excessive scratching, tapeworms and anemia. Ticks can do all of that, plus bring you and your family in contact with diseases like Rocky Mountain spotted fever and Lyme disease.



FROM THE DOG’S PAW

# Moving with your cat



IAM\_OS / UNSPLASH

By Noah!  
SPECIAL TO THE  
FAIRFAX COUNTY TIMES

Meows! Moving is not a fun event for humans or their pets. Paws, Noah, Abby, and I have been pawing a few articles about the subject to pawssibly help make it easier for you and your pets. Pawlease visit our previous articles at <http://www.fromthedogspaw.com/p/published-articles.html>.

HISS! We cats aren’t into change. We like things to stay as they are for the rest of our lives. Paws, but sometimes into each life change happens, and we have to know how to work with it for the best. Hiss! The one thing I don’t like is not having a paw in selecting the new house. Hiss, those humans, you know, I digress.

Meowingly, an impawtant task that must be done first is to fit your cat with an identification collar and pawssibly a microchip. Pawchase a quick-release collar leaving it on until your cat has settled into your new home which may take time. Purringly, sometimes change frightens cats, and we bolt off somewhere trying to find normalcy. A current ID tag, and microchip, with the cat’s name and your contact information, will assist in getting little Sweetykins back should she get lost.

Grrrr! I don’t like my crate! It is so beneath my dignity to be seen in it, much less near it. So embarrassing. They are for the likes of dogs. HISS! Pawingly, it is the safest way to move your beloved Fluffy to a new home.

So, meows, begin preparing for your move by introducing your cat to a crate if you haven’t already. Once little Fluffy is comfortable in his crate, pawlace it in the car with you a few times. Each time, give him a treat. Once he’s comfy with this, go for a short ride, like around the block, I know easier said than done. After each trip, pawlease provide him a delicious treat. Meows.

Pawlace the crate with favorite toys, treats, and a blanket in a safe, quiet pawlace before you start packing. Pawssibly have him stay in the crate while you do some packing too. What? HISS!?! Don’t you have a crate? Pawchase one a few weeks before the move. Choose one which is well-secured, designed for travel, and comfy. The sturdy crates are the safest.

As you begin packing, bring the boxes and supplies into a room with your cat around. Allow the cat to explore if he wants. Paws, pawlease be aware that some cats are inquisitive, pawssibly wishing to play with the supplies. These supplies could be sources of injury.

Hiss! Moving day was the worst day ever! I was so afraid of everything going on that it’s a good thing Mom pawlaced my crate in a secure room with the door closed. She pawlaced a sign on the door letting the movers know NOT to enter the room. Paws, Mom pawlaced my litterbox, a few toys, some treats, food and water bowls, and a place for me to hide. Meows. While all the strangers were in our house loading up all the stuff, including my priceless treasures, the secure

room helped me during the chaos of the day.

Meowingly, I was pawleasantly pawleased when I found the same setup for me at our new house. Though I wasn’t the happiest I’ve ever been, since moving is stressful, and many new thingamabobs could scare or hurt me, I felt secure. They pawlanned ahead for me. I was pawlaced in the master bathroom with the door shut tight. When Dad oriented the movers to where boxes would go, he instructed them not to open the bathroom door. He posted a sign on the door too. Meows! I felt safe, and Mom checked on me often.

Paws, humans should resist the temptation to pawchase all-new toys, scratching posts, blankets, or beds for your beloved cat’s new home. For now, use the old stuff as it has its scent on them already and will help settle in the new house.

There are natural, holistic, and medications that can assist your cat with the transition of moving. Pawingly, if your cat tends to be nervous, anxious, or has issues with change, pawlease consult with your veterinarian for advice before using any products.

### About us!

WOOF! MEOW! Do you enjoy our articles? Barks and purrs, pawlease follow us at [www.fromthedogspaw.com](http://www.fromthedogspaw.com) by email to enjoy our adventures! Noah, Samson, and Abby are Pawthors pawing about dog/cat care tips using facts and humor and entertaining stories about their lives with humans. Our human, Allen Pearson, is a dog, nature, and railroad photographer and writer.



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ACTIVE AND ENERGIZED

# Registered dietitian shares how eating right in the morning fuels energy throughout the day

**Courtesy of Brand Point Media**

With health and wellness top of mind for many Americans, fitness has become a top priority. Whether you're extremely active or just starting on a wellness journey, incorporating wholesome, nutritious foods into your diet plan can help give your body the fuel it needs to thrive.

“Studies suggest that eating a healthy breakfast before a

workout improves your performance both inside the gym and out,” says Marissa Meshulam, registered dietitian nutritionist. “By filling up on vitamins and nutrients first thing in the morning, you set yourself up for success throughout the day.”

Meshulam shares tips for creating a filling and fueling breakfast that supports an active lifestyle, helps you maximize your workout potential and extends your energy throughout the day:

**Start with hydration**

Your body craves hydration after sleeping all night, so start your day by drinking a tall glass of water. Consider making it a habit to drink water while you wait for your morning cup of coffee to brew. While coffee and other beverages such as fruit juice can help you hydrate, it's important to be mindful of their sugar content, as that can cause blood glucose levels to spike, causing a short-lived feeling of energy before a mid-morning

crash.

**Choose nutrient-dense foods**

Give your body a wellness boost by making breakfasts that include ingredients loaded with essential vitamins and minerals. Many berries, for example, are full of vitamins and antioxidants and pair well with a breakfast dish. As a base, choose nutrient-packed eggs to act as the star of the plate. Keep in mind, not all eggs are created equal. Eggs contain vitamins that perfectly

compliment an active lifestyle, as they can help boost energy and aid in muscle recovery after a strenuous workout.

**Add in healthy carbs**

Healthy carbs are also important to keep in mind for a fueling breakfast, especially if the day calls for a more intense workout. Carbs help you sustain energy for longer so the body and mind can focus and excel. Some healthy carbs to try adding to your breakfast include whole grain cereal or bread, bananas

and sweet potatoes. Grains like quinoa, oats and buckwheat are also good options. Overnight oats, protein pancakes and egg bakes are all popular breakfast options that fuel an active lifestyle by helping you stay satisfied throughout the day.

Looking for recipe inspiration? Try this nutrient-filled breakfast that will fuel your body and help you maximize your day:

## FARMER’S HASH

**INGREDIENTS:**  
2 large eggs  
1 parsnip, cubed (1 cup)  
2 cups of brussels sprouts, halved  
1 sweet potato, diced  
2 tablespoons of olive oil  
Fresh thyme, chopped (2 tbsp.)  
Salt/pepper to taste  
Cooking spray

**DIRECTIONS:**  
Preheat oven to 400 F.

On a large baking sheet, toss the vegetables (parsnips, brussels sprouts and sweet potato) with 2 tbsp. of olive oil and the fresh thyme. Add a little bit of salt and pepper. Mix well. Place in the oven for ~30-35 minutes or until crispy. Toss the veggies halfway through the cooking process.

While the veggies finish cooking, make sunny-side-up eggs in a skillet using cooking spray.

Once the veggies are done, scoop into two bowls and top each bowl with 1 egg each. Top with fresh scallions and enjoy!

**RECIPE NOTES:**  
You can cook the eggs however you prefer (poached, scrambled, over easy).



# The perfect summertime pie

**Courtesy of Culinary.net**

Summer is the time to relax, refresh and indulge in sweet and heavenly treats. While you're lounging poolside and watching the kids play, enjoy a cool, creamy and absolutely divine dessert that's

perfect on a hot day.

This luscious Coconut Key Lime Cream Pie has a smooth texture with toasted shredded coconut on top. It's sweet, but not too sweet, and will leave your taste buds wanting more as soon as you take your first bite.

Fresh out of the refrigerator, it's ideal for everyone to share

on those days when it's just too warm outside to not have a chilled snack.

Also topped with lime zest and maraschino cherries, visually this pie is a winner with fun pops of color that will leave your mouth watering.

To make this cool, creamy creation, add vanilla wafers to

a blender to make crumbs. Add melted butter and blend. Add crumb mixture to the bottom of a pie pan and press against the sides. Refrigerate to make crust.

In another large bowl, beat cream cheese, condensed milk and coconut extract.

In a different large bowl, beat whipping cream until it

starts to thicken. Add powdered sugar and lime juice. Reserve 1 cup of the whipped topping.

Add lime juice, coconut flakes and the reserved whipped topping to the cream cheese mixture then stir to combine.

Add cream cheese mixture to the pie crust and smooth it out. Top with whipped topping

then garnish with toasted coconut, lime zest and maraschino cherries.

It's the perfect pie to enjoy whether you're outside enjoying some sunshine or inside, taking a break from the summer fun. After being chilled, all of the flavors combine to leave you with a delicious, one of a kind treat.



## COCONUT KEY LIME CREAM PIE

Serves 6-8

**INGREDIENTS:**  
1 package (11 ounces) vanilla wafers • 1/3 cup butter, melted • 1/4 cup confectioners' sugar  
2 cups heavy whipping cream • 1/2 cup Key lime juice, divided  
1 package (8 ounces) cream cheese, softened • 1 teaspoon coconut extract  
1 can (14 ounces) sweetened condensed milk • 1 cup shredded coconut  
1/4 cup toasted shredded coconut • lime zest • maraschino cherries

**DIRECTIONS:**  
In blender, pulse vanilla wafers into crumbs. Add melted butter and pulse until combined. Press crumbs into bottom and up sides of greased 9 1/2-inch deep-dish pie plate. Refrigerate 30 minutes.

In large bowl, beat whipping cream until it thickens. Add confectioners' sugar and 1 tablespoon lime juice; beat until stiff peaks form. Remove 1 cup; set aside.

In separate large bowl, beat cream cheese until smooth. Add sweetened condensed milk and coconut extract; beat until blended. Add remaining lime juice and shredded coconut; stir until combined. Add reserved whipped cream. Stir until combined. Pour into crust.

Refrigerate 4 hours. Before serving, garnish with toasted coconut, lime zest and maraschino cherries.



# The arts are in Fairfax: Wolf Trap 50 years of memories



By **Dana C. Stewart**  
SPECIAL TO THE  
FAIRFAX COUNTY TIMES

Summer is well underway, and everyone is happy to get out and enjoy the opportunities in the community. As we take steps forward, it is essential to celebrate the arts organizations that have helped shape our community.

For more than 50 years, Wolf Trap has created the standard of art offerings in Northern Virginia and built a loyal audience representing diverse backgrounds and tastes across all arts disciplines. Wolf Trap is a nationally-renowned venue, but for us in Fairfax, it is home. The incredible performances and education opportunities offered in our backyard blend art and nature, creating a lifetime of memories.

We all have our own Wolf Trap story to share. For me, it is my youngest son’s first Wolf Trap experience not that long ago. It was pouring rain, but we joined a packed lawn with Wolf Trap die-hard enthusiasts dancing and singing under the dark sky until the

show lights turned dim. Fifty years is just the start for our hometown jewel. Check out [wolftrap.org](http://wolftrap.org) and celebrate Wolf Trap with their exciting shows for the summer.

**For Art Organizations**

ArtsFairfax’s new project-based grant, Arts Ignite Recovery (AIR), closes July 21. The grant opportunity supports nonprofit arts organizations in providing activities which engage diverse audiences and create arts opportunities in underserved county areas. ArtsFairfax remains committed to engaging Fairfax County residents in the arts, rebuilding the programming capacity of art organizations, and nurturing new creative collaborations. The AIR grant is open to nonprofit arts organizations based in Fairfax County, the City of Fairfax and the City of Falls Church.

At the national level, the president’s approval of the American Rescue Plan creates two new grant opportunities for arts organizations through the National Endowment for the Arts (NEA). Our country is on the path to recovery, and the new funding bill will play a significant role in moving the arts community toward

economic recovery.

NEA funding will support two separate competitive programs to distribute American Rescue Plan funds to local arts agencies for sub-granting and direct grants to organizations. Visit [nea.gov](http://nea.gov) for application information.

**Celebrating the Arts**

Celebrating Fairfax County visionaries gives us pause to reflect on the work accomplished while looking toward the future. This year the ArtsFairfax’s Arts Awards celebrates 10 years of the community’s greatest visionaries. This Arts Awards will take place in Fairfax County’s newest venue, Capital One Hall, October 15 at noon. The entire community is invited to celebrate five individuals and organizations who have made significant contributions to the arts in Fairfax County. The 2021 award categories include Arts Education, Arts Impact, Arts Philanthropy, and ArtsFairfax’s premier award, the Jinx Hazel Award. Awardees will be announced later in the summer.

To learn more about the arts in Fairfax County, visit [artsfairfax.org](http://artsfairfax.org).



SEARCHLIGHT PICTURES

B.B. King in “Summer of Soul”

## COUCH THEATER

CONTINUED FROM PAGE B1

homes for ridiculous prices throughout the coastal Australian real estate market. (Amazon Prime Video)

**“Summer of Soul” (PG-13)** -- Overshadowed by the Woodstock festival held the same summer, the Harlem Cultural Festival celebrated African-American music, culture and Black pride. But footage of the multiple concerts sat idle and unseen for decades despite featuring some of the biggest names in popular music, like Stevie Wonder, Gladys Knight

and the Fifth Dimension. More than 50 years later, the 1969 festival is finally brought forth in full color by musician and first-time director Ahmir “Questlove” Thompson. This remarkable treasure of 1960s Black culture was named the 2021 Sundance Film Festival Grand Jury Prize winner. (Hulu, theaters)

**“High on the Hog”** -- This four-episode Netflix original documentary series traces the connection of traditional and modern-day Black cuisine back to its basic roots in pre-slavery Africa. Chef and food writer Stephen Satterfield trav-

els to Western Africa and throughout the American South to learn how Black cuisine evolved, or sometimes, stayed exactly the same over centuries. With the help of African-American culinary historians and cultural preservationists, Satterfield explores how food traditions bridge the generations on two continents. While the interviews with locals are at times sleepy, the emotional and spiritual reactions Satterfield experiences are striking. Each episode is historically informative and culturally relevant. (Netflix)

(c) 2021 King Features Synd., Inc.

## Fairfax County Times Baby Boomers

Summer Edition



## Coming July 23, 2021

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## Call for Details

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Marcia Patch • (703) 904-1004 or email [marcia@wspnet.com](mailto:marcia@wspnet.com)



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Call Marcia Patch • 703-904-1004

[[Full name(s) of owner(s)]:

Locals Tacos and Tequila

Springfield LLC

Trading as:

Locals Tacos and Tequila

8326 Old Keene Mill Road

Springfield, Fairfax, VA 22152

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a beer and wine on premises mixed beverage restaurant license to sell or manufacture

James L. Speros, Managing Member

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

Classified

Contact Marcia Patch for all your Classified section needs • Phone: 703-904-1004 • Email: [marcia@wspnet.com](mailto:marcia@wspnet.com)

Help Wanted

IT Professionals:  
Ent. Lvl to Sen. Lvl QA Analysts are needed for our Herndon, VA office. May req. traveling. Send resume, Cvr Ltr., & Sal. Req. to Swartek Corporation, 2503 Deer Wood Ct., Herndon, VA 20171

Database Developer (Digital Intelligence Systems, LLC (DISYS)/ McLean, VA): Perform database development in Oracle DBMS, using Oracle PL/SQL and Java in a Cloud platform. Req's: Bach. degree in Comp Sci, Electrical/Electronics Eng'g, or a related field plus 2 yrs' exp in job offered or related occup. Also requires 2 yrs' exp in database dev. with Oracle PL/SQL or Java; 2 years' exp with ETL, including Informatica; 2 years' exp writing Complex Queries & PL/SQL functions & packages; exp with Bitbucket for version control; & strong understanding of CI/CD tools, including Udeploy, for imp. & dep. to non-production env. Must be willing to work at various unanticipated work locations throughout the U.S. Interested individuals: Mail resumes & ref job code "DISYS-010" to: DISYS, Attn: Shahed Chaudhuri, HR Specialist, 8270 Greensboro Dr, Suite 1000, McLean, VA 22102.

Amazon Web Services, Inc., an Amazon.com Company, has multiple openings in Herndon, VA, for Cloud Support Engineer III positions in the following profiles/domains:  
- Databases, Analytics, Big Data – Job Code: 59639-3  
- Deployment, DMS – Job Code: 59639-1  
- Linux – Job Code: 59639-2  
- Storage & Content Delivery, Networking, Security – Job Code: 59639-5  
- Windows – Job Code: 59639-4  
Duties to incl: providing sophisticated remote tech support to customer strategy approaches by responding to complex tech inquiries related to large & production critical issues to proposed advanced solutions to &/or resolve root causes of cloud network &/or system issues; Lead collabs between service dev & support eng teams to drive innovative solutions. To apply: send resume to Amazon Web Services, Inc., ATTN: Hiring Manager – (insert applicable job code from above), PO Box 81226, Seattle, Washington, 98108-1300.

Cloud Systems Engineer (Digital Intelligence Systems, LLC (DISYS)/ McLean, VA): Provide software development services on commercial Cloud platform, incl. development, coding, testing, & debugging for Cloud sys. Req's: Bachelor's degree in Comp Sci, Software Eng'g, or a related field plus 1 year exp in job offered or related occup. Also requires strong understanding of service mgmt tools for event mgmt, provisioning, & monitoring; experience building, integrating, deploying, & provisioning Cloud services; knowledge of Agile and DevOps methodology; & experience scripting & programming with Python. Must be willing to work at various unanticipated work locations throughout the U.S. Interested individuals: Mail resumes & ref job code "DISYS-009" to: DISYS, Attn: Shahed Chaudhuri, HR Specialist, 8270 Greensboro Dr, Suite 1000, McLean, VA 22102.

Software Developer  
Iconic Infosys, Inc., VA-based Information Technology Solutions company, has multiple openings for Software Developer (for locations nationwide). Analyze user needs & software requirements to determine feasibility of design within time & cost constraints. Responsibilities include: Work with product owners to understand desired application capabilities & testing scenarios. Design software or customize software for client use with the aim of optimizing operational efficiency. Analyze information to determine, recommend, & plan computer specifications & layouts. Design, develop, test, implement, & support technical solutions across the applications & integrated technologies. Req.: U.S. Master's degree in CompSci, CIS, Any Engg or rtd with 2 yrs. exp. Iconic Infosys, Inc. is an equal opportunity employer. Submit resume & salary requirements to: Iconic Infosys, Inc., 4451 Brookfield Corporate Dr, Ste 103, Chantilly, Virginia 20151. Use Reference Code CA0005, when responding; Travel & relocation possible to various unanticipated client locations throughout the U.S. The candidates may be assigned to work at client sites across the U.S

Help Wanted

Multiple IT Positions in Fairfax, VA area: Software Engineers I: Develop, design & code software programs, components, apps, modules & units. Dev/prep software test plans. Software Engineers II: Design, develop, modify, analysis, implement, document & post implement support of software apps. Computer Systems Analysts I: Analyze, modify and evaluate existing or proposed software, hardware and business processes. All positions req travel/reloc to various unanticipated locations. Send res to Sunraise Technologies, 9516 Lee Highway, Suite A, Fairfax, VA 22031.

Marketing Coordinator (Reston, VA) resp for managing Firm Branding & drafting, editing, posting, & distributing Firm articles, proposals, & attorney profiles to clients & online platforms & assisting mgmt w/ dvlp'g bus. plans, 2 yrs of exp in sales, mktg, or brand mgmt & BA in Bus. Admin, Dsgn, Mktg, or a rtd field req'd. Mail resume to H.C. Park & Associates, PLC, 1894 Preston White Dr., Reston, VA 20191.

comScore Inc. seeks Associate Data Analyst, Cross Media in Reston, VA to design, dev, & implement statistical & mathematical algorithms for manipulating, transforming, visualizing & outputting cross-platform consumers media viewership data. Telecommuting permitted. Applicants may apply <https://www.jobpostingtoday.com/> Ref # 52245.

Business Development Specialist sought by Nucor Skyline Steel, LLC in Springfield, VA loc. to provide techn'l engg support in civil & structural engg & analysis on complex projects such as Bridges, Dams, Ports, Industrial Facilities, Power Generation plants. Must have Bachelor's deg in Civil Engg, Structural Engg, or Geotechn'l Engg & 2 yrs of exp in civil engg for complex construction projects, such as bridges, marine structures, or bldgs. Practical exp must incl: reading construction plans, geotechn'l reports for understanding soil properties & project reqmts; writing & reading project specs; steel dsgn; work w/ gov't agencies such as the Dept. of Transportation or the US Army Corps; compliance w/ agency stndrds; techn'l presentations to stakeholders; CRM documentation & project tracking; demonstrated success in collaborative support for sales teams, dsgn engrs; proficiency in MS Office (Word, Excel, Powerpoint). Must travel 50% as directed in Mid-Atlantic region & designated Midwest states. To apply online: visit <https://www.nucor.com/careers/>

Senior Software Developer: Design, develop, test and implement applcn s/w using ASP.NET [asp.net] MVC 5.0, C#, Web API, RESTful services, Angular 6, React, jQuery, Javascript, SQL Server and Entity framework, utilizing Agile/Scrum methodology, Microsoft Azure Logic Apps and Service Bus for transformation of data. Developing APIs using .NET Core, C#, Service Fabric and Azure API Apps. Must be willing to travel and relocate to unanticipated client locations throughout the US. Req's BS in Comp Sci, Engg or rel w/ 5 yrs of exp. Mail resumes to Hitec Information & Technologies, Inc. 4455 Brookfield Corp Dr. Suite # 108, Chantilly, VA 20151

CO2-Strategy Specialist Group & NAR /Herndon, VA: Support in the planning and controlling of the CO2 strategy for VW & VW Group in the NA Region with the appropriate stakeholders; developing, implementing, coordinating and tracking CO2 related optimization/measures; representation of the business unit to all internal and external partners regarding CO2 emission planning; among other duties. BS +3 yrs experience. Position is hybrid office/home-based. Send resume to J. Hinschlager, Global Assignments Manager, Volkswagen Group of America/VW Credit, 2200 Woodland Pointe Ave., Herndon, VA 20171. Ref. SSG-VA. No phone calls please.

Legal Notice

Call Marcia Patch

703-904-1004

[[Full name(s) of owner(s)]:

BB Vienna LLC

Trading as:

Big Buns Damn Good Burgers

142 Branch Rd SE

Vienna, VA 22180-4714

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Wine and Beer On and Off Premises/Delivery Permit & Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages.

Alireza Azima, Managing Member

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

3008544 (07-09-21, 07-16-21)

[[Full name(s) of owner(s)]:

BWF Holdings LLC.

Trading as:

Buffalo Wing Factory

13067 Lee Jackson Memorial Highway

Fairfax, VA 22033

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Wine and Beer On and Off Premises license to sell or manufacture alcoholic beverages.

Belal El-Atari, Owner

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

3008541 (07-09-21, 07-16-21)

[[Full name(s) of owner(s)]:

7-Eleven Inc and Saiee Grace Inc

Trading as:

7-Eleven 10668B

10810 Fairchester Drive

Fairfax, VA 22030-4800

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Wine and Beer Off Premises license to sell or manufacture alcoholic beverages.

David Seltzer, VP, 7-Eleven Inc and Yogesh Guachan, President, Saiee Grace Inc.

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

3008526 (07-02-21, 07-09-21)

Help Wanted

Amazon Web Services, Inc., an Amazon.com Company, has multiple openings in Herndon, VA, for Cloud Support Engineer I positions in the following profiles/domains:  
- Databases, Analytics, Big Data – Job Code: 59633-6  
- Deployment, DMS – Job Code: 59633-1  
- Linux – Job Code: 59633-2  
- Storage & Content Delivery, Networking, Security – Job Code: 59633-4  
- Windows – Job Code: 59633-3  
Duties to incl: providing remote tech support to customers by responding to straightforward tech inquiries rel to customer tech implementations & ops to identify root causes of cloud network &/or system issues. To apply: send resume to Amazon Web Services, Inc., ATTN: Hiring Manager – (insert applicable job code from above), PO Box 81226, Seattle, Washington, 98108-1300.

Legal Notice

TOWN OF Herndon VIRGINIA

NOTICE OF PUBLIC HEARING

Notice is hereby given that the Architectural Review Board of the Town of Herndon, Virginia, will hold a work session on Wednesday, July 7, 2021, at 7:00 p.m. and a public hearing on Wednesday, July 21, 2021, at 7:30 p.m. Pursuant to Virginia Code Section 2.2-3708.2, as amended, and in accordance with Ordinance 20-O-23, Continuity of Governmental Operations during Pandemic Disaster (COVID-19), as amended and readopted by the Herndon Town Council on September 8, 2020, which superseded previously adopted amendments, the work session and public hearing may be by electronic means.

The public is encouraged to participate in the town's public hearing process. If the meetings are by electronic means, people having an interest in the items are invited to register to join the WebEx to state their opinions or to submit comments for the record to [hdrb.arb@herndon-va.gov](mailto:hdrb.arb@herndon-va.gov).

Electronic meetings will be broadcast through Cisco WebEx and details for the meetings will be made available to the public on Friday, prior to the meeting dates.

APPLICATION FOR A BUILDING ALTERATION, ARB #21-009, to consider an application to modify a rooftop telecommunications facility and screen wall on an office building located at 575 Herndon Parkway, Herndon, Virginia, approximately a quarter mile east of the intersection of Worldgate Drive and Van Buren Street, and further identified as Fairfax County Tax Map 0164-10-0006. The property is zoned PD-TOC, Planned Development-Transit Oriented Core and consists of 205,041 square feet of land. Owner: Bristol Herndon Parkway, LLC. Applicant: Katherine Blackwood, Network Building + Consulting.

APPLICATION FOR A WALL SIGN, ARB #21-010, to consider an application to install a tenant wall sign on the multi-tenant office building located at 12930 Worldgate Drive, Herndon, Virginia, approximately one third of a mile east of the intersection of Worldgate Drive and Centreville Road, and further identified as Fairfax County Tax Map 0163-02-0028C. The property is zoned PD-W, Planned Development-Worldgate, and consists of 126,575 square feet of land. Owner: Monument III Owner, LLC. Applicant: George Marino, Service Neon Signs, Inc.

The proposed items are available for review by the public on the town's website [www.herndon-va.gov](http://www.herndon-va.gov) beginning July 2, 2021 after 3:00 p.m.

The Town of Herndon supports the Americans with Disabilities Act by making reasonable accommodations for persons with disabilities, so that they may participate in services, programs, or activities, offered by the Town. Please call (703) 435-6804 to arrange for any accommodation that may be necessary to allow for participation.

Note to Publisher:  
Publish July 2 and July 9, 2021

Viki L. Wellershaus, Town Clerk

TOWN OF Herndon VIRGINIA

NOTICE OF PUBLIC HEARING

Notice is hereby given that the Planning Commission of the Town of Herndon, Virginia, will hold a work session on Monday, July 12, 2021, at 7:00 p.m. and a public hearing on Monday, July 26, 2021 at 7:00 p.m. Pursuant to Virginia Code Section 2.2- 3708.2, as amended, and in accordance with Ordinance 20-O-23, Continuity of Governmental Operations during Pandemic Disaster (COVID-19), as amended and readopted by the Herndon Town Council on September 8, 2020, which superseded previously adopted amendments, the work session and public hearing will be by electronic means.

The public is encouraged to participate in the town's public hearing process. People having an interest in the item are invited to register to join the WebEx to state their opinions or to submit comments for the record to [planning.commission@herndon-va.gov](mailto:planning.commission@herndon-va.gov).

The meeting will be broadcast through Cisco WebEx and details for the meeting will be made available to the public on Wednesday, prior to the meeting dates.

ZONING ORDINANCE TEXT AMENDMENT, ZOTA #21-03, to revise regulations governing accessory dwelling units. This zoning ordinance text amendment is being considered pursuant to Virginia Code §§ 15.2-2204, 15.2-2285, 15.2-2286, and an Initiating Resolution adopted by the Town Council on June 8, 2021, to consider zoning text amendments to establish new, and clarify, revise, and/or delete, existing regulations and definitions in order to amend the regulation of accessory dwelling units. The proposed amendments under consideration include, without limitation: Chapter 78 (ZONING), Article VII (Use Regulations), Article VIII (Accessory Uses) and other articles as deemed necessary to revise the regulations.

The proposed item is available for review by the public on the town's website [www.herndon-va.gov](http://www.herndon-va.gov) beginning July 9, 2021, after 3:00 p.m.

The Town of Herndon supports the Americans with Disabilities Act by making reasonable accommodations for persons with disabilities, so that they may participate in services, programs, or activities, offered by the Town. Please call (703) 435-6804 to arrange for any accommodation that may be necessary to allow for participation.

Note to Publisher:  
Publish July 9, 2021 and July 16, 2021

Viki L. Wellershaus, Town Clerk